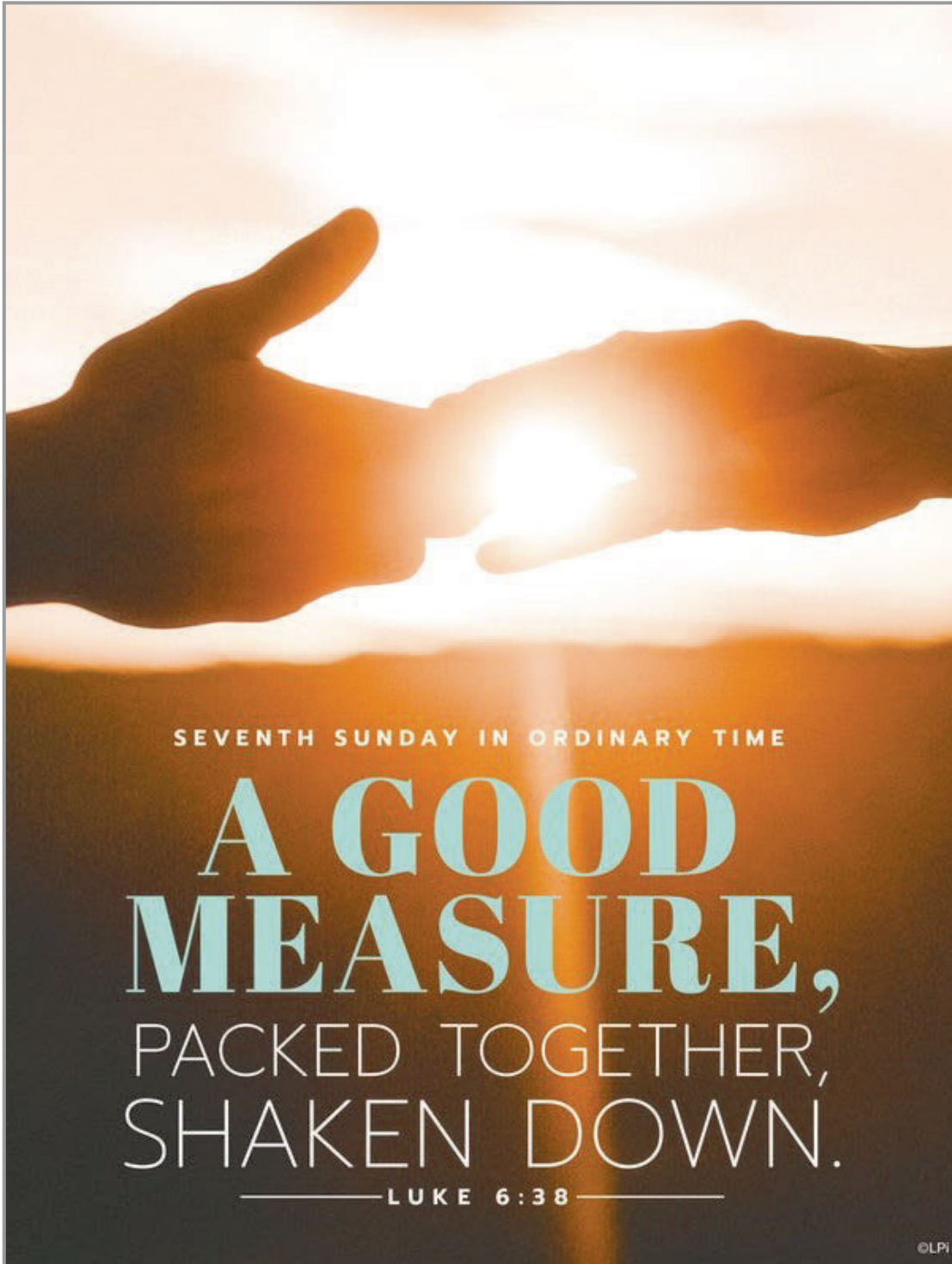




HOLY SPIRIT FREMONT

SUNDAY, FEBRUARY 23, 2025 | SEVENTH SUNDAY IN ORDINARY TIME



SEVENTH SUNDAY IN ORDINARY TIME

A GOOD MEASURE,

PACKED TOGETHER,
SHAKEN DOWN.

LUKE 6:38

©LPI

WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm (except on Holy Saturday)

Thursday before First Friday: 3:30 pm (except if it falls on Holy Thursday)

Weekdays: call for an appointment

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.

Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.

Next Mass: March 1, 2025

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.

Next Mass: March 7, 2025

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or stop by the Parish Office.

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, FEBRUARY 23 | 7TH SUNDAY IN ORDINARY TIME

1 Sm 26:2, 7-9, 12-13, 22-23/1 Cor 15:45-49/Lk 6:27-38

5:00 pm (Vigil Mass)	Gabrielle Poma, † Rudy Liska, † Jose Florencio Salgado
7:15 am	Melissa Miranda, † Maria Loida Guevarra
9:00 am	Paulina Acosta, Debbie Longarini, † Justin Thomas Martinez Malvas, † Placida Cabusas, † Consuelo Valerio
10:45 am	Leny Banta & Family, † Zahn Family, † Erlinda De Guzman, † Ruperto & Lourdes Tankeh, † Carlos Iniguez
12:30 pm	Remedios B. Camacho, Redentora C. Lim, † Belinda V. Austria, † Lydia A. Soriano, † Maria Elisa M. Datu
5:00 pm	† Chuckie Arca, † Eugenia Fuertes, † Rodolfo & Aurora Marcia, † Elena Velasco

MONDAY, FEBRUARY 24 | MONDAY OF THE 7TH WEEK IN ORDINARY TIME

Sir 1:1-10/Ps 93:1ab, 1cd-2, 5/Mk 9:14-29

7:00 am	† Vilarmina Paje, † Jose Cayabyab, † Piedad Castro
8:15 am	Katherine Blanton, † Vincenza Aguila, † Ruben Vasquez Aguilar

TUESDAY, FEBRUARY 25 | TUESDAY OF THE 7TH WEEK IN ORDINARY TIME

Sir 2:1-11/Ps 37:3-4, 18-19, 27-28, 39-40/Mk 9:30-37

7:00 am	Lynn Pisco, † Jaime Rivera, † Demetrio Timbreza, Sr .
8:15 am	† Matea Lopez, † Aquilina Agbuya, † Wilma Cabantac

WEDNESDAY, FEBRUARY 26 | WEDNESDAY OF THE 7TH WEEK IN ORDINARY TIME

Sir 4:11-19/Ps 119:165, 168, 171, 172, 174, 175/Mk 9:38-40

7:00 am	† Antonio Yabut, Jr., † Richard Herrero, † Alegria Ercilla Caranto
8:15 am	† Cesar Buan, † Florence & Joseph A. Fisher, † Alfredo Pesto
6:30 pm	† Wilfrido Trias

THURSDAY, FEBRUARY 27 | THURSDAY OF THE 7TH WEEK IN ORDINARY TIME

Sir 5:1-8/Ps 1:1-2, 3, 4 and 6/Mk 9:41-50

7:00 am	Dexter D'sa, † Rodolfo Mariano, † Fernando Faial
8:15 am	† Jose R. Calo

FRIDAY, FEBRUARY 28 | FRIDAY OF THE 7TH WEEK IN ORDINARY TIME

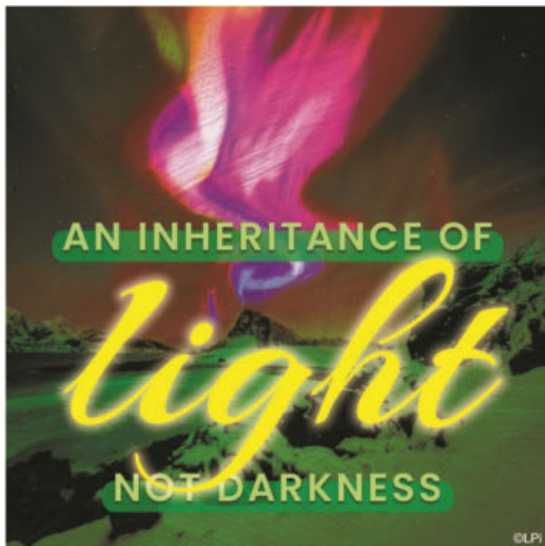
Sir 6:5-17/Ps 119:12, 16, 18, 27, 34, 35/Mk 10:1-12

7:00 am	For the People of Holy Spirit Parish
8:15 am	† Severina & Epifanio Macalma, † Josefina Del Mar

SATURDAY, MARCH 1 | SATURDAY OF THE 7TH WEEK IN ORDINARY TIME

Sir 17:1-15/Ps 103:13-14, 15-16, 17-18/Mk 10:13-16

7:00 am	† Natividad Beech, † Amando de Guzman, † Dub Ogi
8:15 am	Sara Ferreyra, † Ken Clark, † Jan & Agatha Zawartika
12:00 pm	For the People of Holy Spirit Parish



Gospel Meditation

Encourage Deeper Understanding of Scripture

One of my favorite new singers/songwriters is Noah Kahan. I'm a little biased because, like me, he is originally from Vermont. In a fine song entitled "Stick Season," he sings of his hope to "cancel out the darkness I inherited from dad." This lyric articulates his painful recognition of a dark spiritual "inheritance" from his father, and his hope to be free of it. We all inherit some degree of evil from our earthly forebears. It's easy to feel doomed to repeat their darkneses.

But we're not so doomed, thank God. This week's Gospel proclaims this. Whatever good or bad we received from our parents, we have a more definitive and perfect inheritance in God. Jesus commands us, **"Be merciful just as your Father is merciful"** (Luke 6:36). We have a perfect Father in heaven and are destined to inherit and reflect that perfect and merciful love. We have an inheritance of light, not darkness, and thus a whole new possibility of magnanimous love. Like any inheritance, this is a free gift to us.

What are we destined to repeat? Not the darkness of our earthly parents. We are destined to be a reflection of God's life. Jesus liberates us from the inevitability of repeating whatever evils and imperfections are in our familial or cultural upbringings. It's time to claim that perfect inheritance.

— Father John Muir

Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

First Reading:

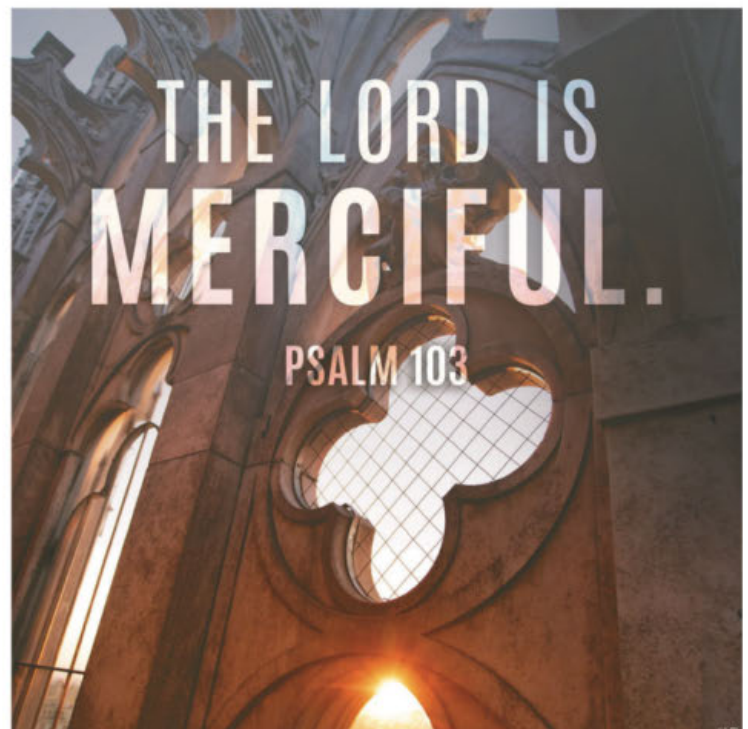
King David exercised great restraint in sparing the life of Saul. Can you think of a time when you had to take the high road with a friend or co-worker?

Second Reading:

Paul speaks of present-day believers as one day bearing the image of Christ (the "heavenly one"). How often do you think about your future life in heaven?

Gospel:

Jesus presents his followers with some very challenging morals: love your enemy, do not retaliate, and always be willing to forgive. Does this high moral standard seem possible for you personally?



Give to Holy Spirit Parish

A wonderful way for you to support Holy Spirit Parish is to leave a bequest in your will. Your gift to our parish can make a meaningful impact on our mission. If you have included or are considering including a gift to the parish as part of your estate plan or in the form of another gift, please let us know. We would like to recognize you for your support.



SERVE

St. Joseph the Worker: Sister Parish Dispatch

Fr. Elipenda Mboya with parishioners, schoolchildren and youth.



Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. You may drop off your donation at the Parish Office or send by mail. For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week? Then join our Holy Spirit Parish Office Ministry as a volunteer receptionist. Contact Josephine at 510.797.1660 or info@holyspiritfremont.org.

Join the Altar Society

We are in need of volunteers to help with the upkeep and maintenance of the sanctuary and care for altar linens.

If interested, contact our Art & Environment Ministry via text at 510.378.1933.

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Corn
- ⇒ Chili
- ⇒ Ramen Soup—Chicken

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Vocations Crucifix Program

Parishioners are encouraged to host the Vocations Crucifix for one week and pray for men and women discerning the vocation of priesthood or religious life.

The Vocations Crucifix is presented during Mass to families, individuals, or even groups of friends. Yes! Gather your friends and family together in person or on Zoom to pray for an increase in vocations.

To participate in this important prayer ministry, please contact the parish office at 510.797.1660.



Second Collection for Maintenance & Improvement Fund March 1-2, 2025

Next weekend's Second Collection is for our Parish Maintenance & Improvement Fund.

Restricted funds collected will be used for the maintenance and improvements of our facilities and deferred maintenance, and repairs such as plumbing issues, roof leaks, campus lighting and improved security, just to name a few.

For more information, please contact Eric Hom at eric@holyspiritfremont.org.

Giving

Corner

Sunday, February 2

\$33,075

Second Collection coming up:

Parish Maintenance & Improvements Fund | March 2

Our weekly collection goal (excluding special collections):
\$34,000

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



Rite for the Burning of the Palms

March 2, 2025 | St. Francis Plaza

Join us immediately after the 12:30 pm Mass for the Rite for the Burning of the Palms.

Please bring palms from previous years before March 2nd and place them in the baskets near the church entrances. The ashes from burnt old palms will be used for Ash Wednesday.



Ash Wednesday

March 5, 2025

Join us for Mass as we mark the beginning of the Lenten season. Mass times are:

- 7:00, 8:15 and 11:00 am
- 12:30, 4:00, 6:00 and 8:00 pm



Stations of the Cross

Fridays During Lent

First Friday

March 7

12:00 pm - Stations

5:30 pm - Exposition and Adoration of the Blessed Sacrament

6:30 pm - Mass immediately followed by Stations

Stations

March 14, 21 & 28

April 4 & 11

12:00 & 6:30 pm



Parish Lenten Mission

Save the Date | March 22, 2025

Join us immediately after the 8:15 am Mass for prayer and reflection, and an opportunity to deepen your faith.

This year, our retreat moderator is Reverend Jerome Magat, S.Th.D. Fr. Magat is the Vice-Rector of St. Patrick's Seminary & University and Director for the M.Div. Program. He has worked in seminary formation for 12 years and has served on four different seminary faculties.

More details to follow.



24 Hours for the Lord

Exposition & Adoration of the Blessed Sacrament

March 28, 2025, 8:45 am to

March 29, 2025, 6:45 am

Bishop Michael C. Barber, SJ, invites all the faithful in the Diocese of Oakland to observe 24 Hours for the Lord.

Join us in the church, to pray and reflect, to spend time in the presence of Jesus in the Blessed Sacrament. (During this time, the Adoration Chapel will be closed.)



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

- Donna Alcantara
- Dylan Abello
- Denise Kashyup
- Anthony Alvarez
- Lucy Alvarez

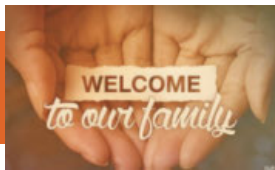
Pray for Our Recently Departed

- Christina Quezada
- Joan O. Para
- Elisea De Guia
- Irene Garces
- Gloria Sanchez
- Emelie Regan

Birthday Blessings

- Aislyn Letona
- Pauline Tanael
- Justin Loo





INVITE

Filipino Society Food Sale

February 23, 2025 | Peace Center

The Filipino Society is hosting their \$10 meal deal after the morning and 12:30 Masses. Join us for a great meal and fellowship. We thank you for your support. Proceeds benefit parish special projects.

Maintenance Technician Lead Needed

Holy Spirit Parish & School is seeking a qualified individual as our part-time, 23 hours per week, Maintenance Technician Lead. For responsibilities and job classifications, visit the Announcements page our parish website. Go to <https://holyspiritfremont.org/announcements/>. Interested candidates should send their cover letter and resume to Eric Hom at eric@holyspiritfremont.org.

Catholic Relief Services Rice Bowl

As part of our Lenten practice of prayer, fasting, and almsgiving, we encourage the faithful to participate in CRS Rice Bowl. Your support changes lives globally and in our own community. Rice Bowls are available in the church beginning Ash Wednesday.

In lieu of coins, please consider writing a check made out to "Holy Spirit Church" and note on the memo line "CRS Rice Bowl".

Please note: While these are "rice bowls", please do not place rice in the box. The rice bowls are intended for monetary donations.

Annual Parish Raffle

Tickets are now on sale for our 2025 Parish Raffle. The Grand Prize is now \$5000! Second and Third Prizes are \$1500 and \$750 respectively. Additional prizes include a variety of gift baskets. \$10/ticket or \$45/five (5) tickets. Purchase tickets at the Parish Office or through our various parish ministries. Many thanks for your support!

Knights of Columbus Friday Fish Fry

March 7 & 21 and April 11 | 5:00 to 7:00 pm*

Join us in the Parish Center for a sit down dinner and fellowship. **Adult Meal/\$20 & Kid's Meal/\$10.** Meals include 8-10 oz. of fried fish, pasta, tater tots, green beans, and coleslaw.

*On First Friday, March 7th, meals will be served until 8:00 pm.

Pilgrimage to France

August 17-29, 2025

Join Fr. Ken Sales on a faith-filled pilgrimage. Visit holy sites in Lourdes, Toulouse, Lyon, Lisieux, and Paris! The cost of \$5290 (dbl. occ. / additional \$680 for single occ.) includes round trip airfare (from SFO), accommodations, Holy Mass, guided tours, and breakfast and dinner daily. Registration forms and brochures are available in the Parish Office and on the Announcements page of our website. \$600 deposit is required with your registration and the final balance is due by May 10th. For more information, contact Alex Paras at 510.509.0585 or allerrparas68@gmail.com.



"Investing in our Faith, Investing in our Future, Creating Hope"

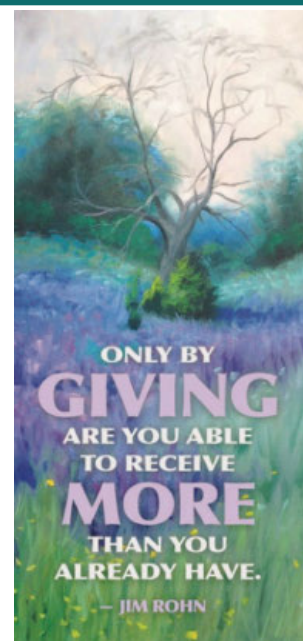
This week you will receive a brochure introducing our "Investing in our Faith, Investing in our Future, Creating Hope" Program. I'm proud to be part of the Holy Spirit Catholic Church community. On Commitment Weekend, March 1 & 2, I invite each of you to participate in this important program and help us respond to God's great gift of love. I ask that you please review this brochure and prayerfully consider how you and your family can help Holy Spirit Catholic Church by financially supporting our ministries, furthering our mission, and reinforcing our future.

We ask that all faithful parishioners complete a Commitment Card. A card will be included in the brochure mailing for you to:

- mail to the church using the pre-addressed envelope included in this mailing.
- or bring your card to Mass next Sunday.
- or you may visit our parish website at www.holyspiritfremont.org and complete an electronic Commitment Card.

The back of the Commitment Card has a place for you to include any prayer intentions you wish to share. We welcome all intentions and they will be prayed for collectively over the next few weeks. If you would like to speak to a priest, please indicate so on your card and we will be in contact with you.

Our goal is 100% participation! Thank you for your generosity and support of Holy Spirit Catholic Church!



AROUND THE PARISH



Holy Spirit School Crab Feed

March 1, 2025

Join us for Holy Spirit School's annual Crab Feed & Auction. Scan the QR code or go to <https://my.cheddarup.com/c/holy-spirit-crab-feed-2025/items?cart>.



Holy Spirit Indian Society Food Sale

March 2, 2025

The Indian Society is hosting their food sale after the morning and 12:30 pm Masses. Enjoy Samosas, Chicken Tandoori, Roast Beef (non-spicy), Pork Vindaloo, and Mango Lassi. \$5 and \$10 meal options available. All proceeds will help fund church projects.

Marriage Convalidation

Couples who bring their marriage into the Church welcome God's grace and special blessings upon their marriage. If your vows were exchanged in the presence of ministers from other religious traditions or civil officials, we invite you to bring new meaning to your relationship by embracing the vocation of marriage. This year's Group Convalidation will be on Saturday, September 20.

Registration is open through May 30, 2025.

For more information, contact us at 510.797.1660 or info@holyspiritfremont.org

Vacation Bible School

Save the date! It'll be here before you know it! Our Summer Vacation Bible School will be on June 16-20, 2025. More details to come.

Parish Office

Mondays to Fridays
9:00 am to 5:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Edilberto Castañás,
Parochial Vicar
510.456.4965
Fr. Hoa Binh Ha
Parochial Vicar
510.797.1660
Fr. Frank Kuwornu
In Residence
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Jubilee 2025: Pilgrims of Hope

Every 25 years the Catholic Church declares a "Holy Year of Jubilee". The Pope opens special "Holy Doors" in the four major basilicas in Rome: St. Peter, St. John Lateran, St. Mary Major, and St. Paul. Pilgrims come to Rome to process through the Holy Doors, confess their sins, receive the Eucharist, and pray for our Pope's intentions. By making the spiritual pilgrimage, the faithful may gain a Plenary Indulgence: remission of the temporal punishment due to their sins.

In the Oakland Diocese, the Cathedral of Christ the Light in Oakland and Mission San Jose in Fremont have been designated as permanent sites for every day of the 2025 Jubilee Year. In addition, the following parishes are "Designated Pilgrimage Sites" for one day only:

- **January 19: Cathedral of Christ the Light, Oakland** (Holy Year Opening Mass)
- **February 7: Saint Bonaventure, Concord**
- **March 7: Corpus Christi, Piedmont**
- **April 11: Mission San Jose, Fremont**
- **May 13: Saint Perpetua, Lafayette**
- **June 22: Monastery of Discalced Carmelite Nuns, Kensington**
- **July 3: Saint Anthony, Oakley**
- **August 1: Saint Joseph Basilica, Alameda**
- **September 12: Saint Isidore, Danville**
- **October 7: Cathedral of Christ the Light, Oakland**
- **November 7: Saint Felicitas, San Leandro**
- **December 28: Cathedral of Christ the Light, Oakland** (Holy Year Closing Mass)

On these designated days, these parishes will celebrate a morning Mass, followed by exposition of the Blessed Sacrament all day, and offer extended hours for confessions. [Please check with individual parishes for exact times.](#)

In order to gain the Jubilee Plenary Indulgence, pilgrims need to: make a pious pilgrimage by visiting a designated site • receive Holy Communion • go to Confession • pray for the intentions of our Holy Father. (You may receive Holy Communion and make your confession during a 'grace period' of 20 days before or after your visit to a pilgrimage church.) For more information, go to <https://oakdiocese.org/jubilee-2025>



Departments

Business Operations

Eric Hom
510.456.4970

Faith Formation & Evangelization

Rosalyn Jose
510.456.4971

Safe Environment

Peter Scampavia
510.456.4995

Facilities Scheduling

Peter Scampavia
510.456.4995

Youth & Young Adult Ministry

Mario Castellanos
510.456.4975

Music

Paul Orella
510.673.3873



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