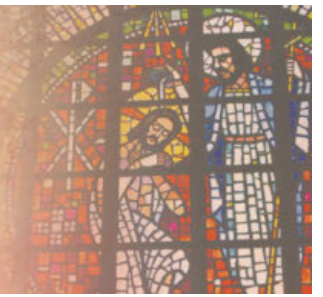
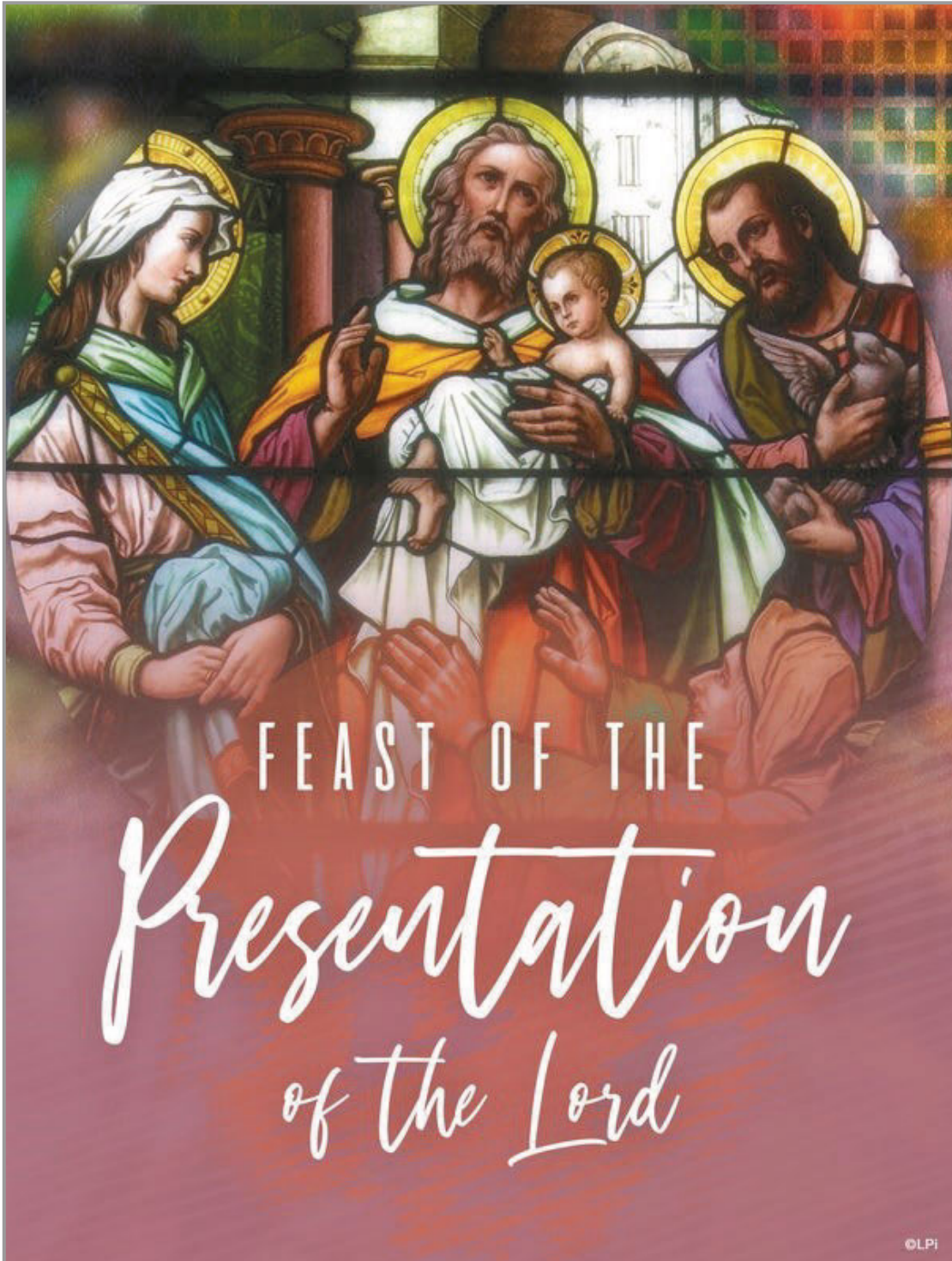




HOLY SPIRIT FREMONT



SUNDAY, FEBRUARY 2, 2025 | THE PRESENTATION OF THE LORD



FEAST OF THE
Presentation
of the Lord

WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm (except on Holy Saturday)
Thursday before First Friday: 3:30 pm (except if it falls on Holy Thursday)
Weekdays: call for an appointment

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: March 1, 2025

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.
Next Mass: February 7, 2025

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or stop by the Parish Office.

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, FEBRUARY 2 | FEAST OF THE PRESENTATION OF THE LORD

Mal 3:1-4/Heb 2:14-18/Ps 24:7, 8, 9, 10/Lk 2:22-40 or 2:22-32

- 5:00 pm (Vigil Mass) Sonia Mathew, † Cresencio & Remedios Salindong, † Elizabeth Nirza, † Jaime Noguera
- 7:15 am Cervantes Family
- 9:00 am † Remedios Manrique, † Souls in Purgatory, † Jaime Rivera, † Douglas Kramer
- 10:45 am For the People of Holy Spirit Parish
- 12:30 pm Nancy Tenoso, † Lydia A. Soriano, † Maximina C. Barlaan, † Maria Pureza Bernales
- 5:00 pm John & Dee Francisco, Verna Noronha

MONDAY, FEBRUARY 3 | MONDAY OF THE FOURTH WEEK IN ORDINARY TIME

Heb 11:32-40/Ps 31:20, 21, 22, 23, 24/Mk 5:1-20

- 7:00 am Ofelia Marquez, † Domingo Marquez, † Jaime Rivera
- 8:15 am † Joan Sanchez

TUESDAY, FEBRUARY 4 | TUESDAY OF THE FOURTH WEEK IN ORDINARY TIME

Heb 12:1-4/Ps 22:26b-27, 28 and 30, 31-32/Mk 5:21-43

- 7:00 am † Remedios Carreon, † Rudy M. Neria, † Jaime Rivera
- 8:15 am † Thomas Glenchur

WEDNESDAY, FEBRUARY 5 | MEMORIAL OF SAINT AGATHA, VIRGIN AND MARTYR

Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a/Mk 6:1-6

- 7:00 am Ben Bajet, Flor Miranda, † Jaime Rivera
- 8:15 am Ma. Carissa Aguilar, † Rosario Ramada, † Manuel B. Orias
- 6:30 pm Mr. & Mrs. Ignacio Yumena

THURSDAY, FEBRUARY 6 | MEMORIAL OF SAINT PAUL MIKI AND COMPANIONS, MARTYRS

Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9, 10-11/Mk 6:7-13

- 7:00 am Bobby & Cez Reyes, Santiago, † Claude & Pirely Ratcliff
- 8:15 am Richelle Sibal, † Luz L. Fortaleza, † Angel M. Sanchez

FRIDAY, FEBRUARY 7 | FRIDAY OF THE FOURTH WEEK IN ORDINARY TIME

Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc/Mk 6:14-29

- 7:00 am † Raymunda Yankiling, † Prospero Ong, † Ora & Orris Ratcliff
- 8:15 am Letty R. Aguirre, † Cecil Marzan
- 6:30 pm † Souls in Purgatory

SATURDAY, FEBRUARY 8 | SATURDAY OF THE FOURTH WEEK IN ORDINARY TIME

Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6/Mk 6:30-34

- 7:00 am † Juan Cabangangan, † Maria Luisa Aguilar, † Cleotilde Moreno
- 8:15 am For the People of Holy Spirit Parish

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF DN TIM...

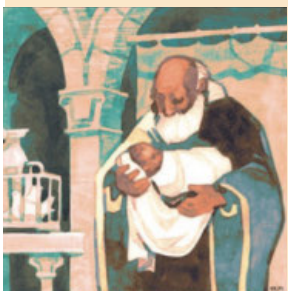
The Presentation in the Temple is one of my favorite scriptures in the Bible. I love the story of Mary and Joseph arriving in the temple to present Jesus to God according to Judaic tradition and their encounter with Simeon and Anna as they entered the temple. Being a mama's boy like Jesus, my mom thinks I walk on water (*spoiler alert – I do not*). While all parents think their children are amazing – and they should – just imagine, Jesus as an infant was recognized in His Divinity.

This story says a lot about Jesus' Divine nature, but it also says a lot about the faith of Simeon and Anna. Simeon and Anna, I can say, are "discipleship goals". These two must have seen thousands of babies, each one, I am sure, equally adorable. But when Mary and Joseph arrived with Jesus, they automatically recognized Jesus as the Messiah. We are left with the question as we reflect on this story: "Do I recognize God's presence in the midst of my

life?" How did Simeon and Anna know this was the Messiah? Simeon boldly proclaimed he can now die in peace for he had seen the salvation of the world in Jesus Christ. It was not a healing, not a parable, not a miracle by Jesus; instead, it was merely Jesus' presence that assured Simeon he was witnessing Divinity. Anna spread the word of the redemption of Jerusalem through Jesus Christ.

Simeon and Anna lived in the Spirit of God. They were obedient and faithful. They were able to quiet the external noise of their lives to listen to the Spirit move in them. It was this Spirit that revealed God to them in the infant Jesus. It is this same Spirit that reveals God to us. The Spirit helps us to see the true presence of Christ in the Eucharist, God as true love and mercy in the Sacrament of Reconciliation, and God incarnate in the poor, broken, wounded, and vulnerable. When we encounter God in these moments, do we recognize it like Simeon and Anna? May we quiet the external noises of our lives to hear the Spirit move in us and pray for the strength to respond like Simeon and Anna. Happy Feast of the Presentation of the Lord!

“Behold, this child is destined for the fall and rise of many in Israel, and to be a sign that will be contradicted—and you yourself a sword will pierce—so that the thoughts of many hearts may be revealed.”



(Luke 2:34-35)

FORMED PICK OF THE WEEK



The Presentation | Episode 5 | Mysteries of the Rosary: The Joyful Mysteries
Watchformed.org

St. John Paul II tells us that in the midst of The Joyful Mysteries, the 4th and 5th decades point to the drama yet to come. The Presentation is already foreshadowing the Cross. The offering Mary makes at the Presentation in the Temple becomes manifested and reaches its fulfillment at Calvary. It's the initiative of God the Father to offer His one and only Son for our salvation. Mary willingly makes the gift of the Son with the Father. She participates in this gift of salvation. In the face of Jesus, Simeon sees this salvation before his very eyes. The Messiah has come, returned to the temple and is the temple. Representing Israel and all of humanity, Simeon's long wait is over. Jesus satisfied the greatest longing of the human heart.



SERVE

Second Collection for Maintenance & Improvement Fund

February 1-2, 2025

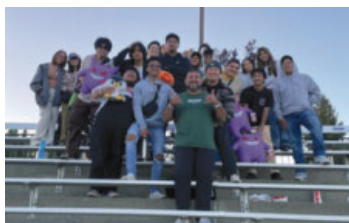
This weekend's Second Collection is for our Parish Maintenance & Improvement Fund.

Restricted funds collected will be used for the maintenance and improvements of our facilities and deferred maintenance, and repairs such as plumbing issues, roof leaks, campus lighting and improved security, just to name a few.

For more information, please contact Eric Hom at eric@holyspiritfremont.org.

Join the Altar Society

We are in need of volunteers to help with the upkeep and maintenance of the sanctuary and care for altar linens. If interested, contact our Art & Environment Ministry via text at 510.378.1933.



Holy Spirit Youth & Young Adult Ministry

February 15-16, 2025

The next second collection is for our Holy Spirit Youth and Young Adult Ministry. Proceeds go towards programs such as tuition and retreat assistance, continuing education and leadership development. Thank you for your generous support.

From our Youngest Stewards
I helped someone, I prayed,
I studied my lessons:

Abbey • Ellie

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Corn
- ⇒ Chili
- ⇒ Ramen Soup—Chicken

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672



Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary.

You may drop off your donation at the Parish Office or send by mail.

For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

We thank our donors:
January 28 ... In memory of Tom Kameit

Vocations Crucifix Program

Parishioners are encouraged to host the Vocations Crucifix for one week and pray for men and women discerning the vocation of priesthood or religious life.

The Vocations Crucifix is presented during Mass to families, individuals, or even groups of friends. Yes! Gather your friends and family together in person or on Zoom to pray for an increase in vocations.

To participate in this important prayer ministry, please contact the parish office at 510.797.1660.



Giving

Corner

Sunday, January 12

\$31,792

Second Collection coming up:

Holy Spirit Youth & Young Adult Ministry | February 16

Our weekly collection goal (excluding special collections):
\$34,000

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

PRAY



World Day of Prayer for Consecrated Life February 2, 2025

In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. It is a day to thank God for the gift of consecrated life and to promote the value of consecrated life.

This year, because World Day of Prayer for Consecrated Life falls on a Sunday, stop by St. Francis Plaza after all the (Sunday) Masses for a "Meet & Greet". This is an opportunity to meet our local Sisters in person.

Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.



The Chosen: An Interactive Bible Study

Mondays
6:30 to 8:30 pm

de Sousa House Theater

Join Dn. Steve and Annette Lewellyn on Mondays in reflection and study on the life of Jesus as portrayed in the groundbreaking series.

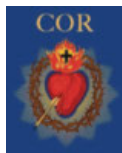
Stop by the Parish Office to register. Purchase the study guide for Season 4 through [Amazon](https://www.amazon.com).

National Marriage Week February 7-14, 2025

The observances of National Marriage Week (Feb. 7-14) and World Marriage Day (Sunday, Feb. 9) are an opportunity to focus on building a culture of life and love that begins with supporting and promoting marriage and the family. This year's theme is "**Marriage: Source of Hope, Spring of Renewal. Pursue a Lasting Love!**"

For resources, visit www.foryourmarriage.org.

We invite all married couples to download and take part in the At-Home Couples Retreat—go to www.foryourmarriage.org/celebrate-national-marriage-week



Knights of Columbus—COR 2nd Saturdays of the Month | 11:00 am

de Sousa House | St. Mark Room

The men of Knights of Columbus Council No. 2692 are excited to introduce Cor, a new formation and fraternal opportunity for the men of Holy Spirit Parish.

Cor exists to form and strengthen Catholic men in faith and virtue as missionary disciples by drawing them into a deeper relationship with Jesus Christ through prayer, formation, and fraternity.

Come join your brothers for coffee and donuts, prayer and fraternity. For more information, contact Justin Jatiram at justinjatiram@yahoo.com.

Next fellowship: February 8, 2025



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

- Anthony Convento
- Adrian Javier
- Ann David
- Ruth Carrillo

Pray for Our Recently Departed

- Steven Hinds
- Fr. Bill Johnson
- Rolly Agustin
- Teresita B. Manalaysay

Birthday Blessings

- Dion Mendes
- Christina David
- Raymond Quilalang
- Pat Griffiths
- Ophelia Cate

Anniversary Blessings

- John & Dee Francisco (32 yrs)

Prayer for Married Couples

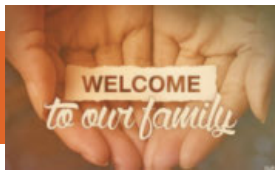
Almighty and eternal God,

You blessed the union of married couples so that they might reflect the union of Christ with his Church: look with kindness on them.

Renew their marriage covenant, increase your love in them, and strengthen their bond of peace so that, with their children, they may always rejoice in the gift of your blessing.

We ask this through Christ our Lord. Amen.





INVITE



Blessing of Candles February 1-2, 2025

On the Feast of the Presentation of the Lord, it is customary to bless candles to be used throughout the liturgical year.

On this day, also known as Candlemas, which may be thought of as a festival of light, we are reminded that Christ is the Light. The candlelight is an outward and visible sign of Christ who illumines our heart.

We invite you to bring candles which you will be using in your own homes to be blessed at Mass.

Blessing of the Throats February 3, 2025

On the Feast Day of St. Blaise, our clergy will confer the blessing at the 7:00 am and 8:15 am Masses.



Valentine's Day Parents Date Night February 14, 2025 | 5:00-9:00 pm

Parents of children ages 4-12 yrs. are invited to drop off their children at de Sousa House for a fun movie, crafts and pizza night while parents enjoy an evening out.



Scan the QR code for pricing and to reserve your spot! Hosted by Holy Spirit Faith Formation.

Women Gather February 15, 2025



Women Gather is an opportunity to pray, share faith and support one another. We begin at 10:00 am followed by potluck lunch and an afternoon of service. Space at Casa Julie is limited. Please RSVP to Sr. Annette at 408.390.7184 or for more information.

Pilgrimage to France August 17-29, 2025

Join Fr. Ken Sales on a faith-filled pilgrimage. Visit holy sites in Lourdes, Toulouse, Lyon, Lisieux, and Paris!

The cost of \$5290 (dbl. occ. / additional \$680 for single occ.) includes round trip airfare (from SFO), accommodations, Holy Mass, guided tours, and breakfast and dinner daily. Registration



forms and brochures are available in the Parish Office and on the Announcements page of our website. \$600 deposit is required with your registration and the final balance is due by May 10th.

For more information, contact Alex Paras at 510.509.0585 or alerrparas68@gmail.com

Maintenance Technician Lead Needed

Holy Spirit Parish & School is seeking a qualified individual as our part-time, 23 hours per week, Maintenance Technician Lead. For responsibilities and job classifications, visit the Announcements page our parish website. Go to <https://holyspiritfremont.org/announcements/>.

Interested candidates should send their cover letter and resume to Eric Hom at eric@holyspiritfremont.org.



Kira • Meagan

“Investing in our Faith, Investing in our Future, Creating Hope” Program

Over the next few weeks, you will be hearing about the upcoming “Investing in our Faith, Investing in our Future, Creating Hope” Program at Holy Spirit Catholic Church. This effort is very important as we move forward with the mission and vision of Holy Spirit Catholic Church. We, as a parish family, have changed so many lives in our community! In order to continue our mission and ministries, we encourage all parishioners to spend time in prayer and discussion with your family reflecting on the work we do. Our special Commitment Weekend will be celebrated on March 1 & 2. If you have any questions regarding the “Investing in our Faith, Investing in our Future, Creating Hope” Program, please contact the parish office at info@holyspiritfremont.org.



AROUND THE PARISH



Old Palms Needed

Please bring last year's palms by Sunday, March 2nd, and place them in the baskets near the church entrances. The ashes from burnt old palms will be used for Ash Wednesday.



Girl Scouts Cookie Sales

February 8-9 &

Girl Scouts March 15-16, 2025

Our Girl Scout Troops #31674 and #30056 are selling their famous cookies after all the Masses in St. Francis Plaza.

Please support our young girls' fundraising efforts.

Vacation Bible School

Save the date! It'll be here before you know it!

Our Summer Vacation Bible School will be on June 16-20, 2025. More details to come.

Holy Spirit School Crab Feed March 1, 2025

Save the date! Holy Spirit School is hosting its annual Crab Feed & Auction. There will be lots of food, fun and fellowship.

For tickets, scan the QR code or go to <https://my.cheddarup.com/c/holy-spirit-crab-feed-2025/items?cart>.



For more information, contact HSSCrabFeed@gmail.com

CYO Track & Field

CYO Track & Field registration is now open for all athletes, regardless of experience. Kinder to 8th Graders welcome.

Registration is \$100 for the Spring 2025 season. Go to HolySpiritCYO.com to register.

Please contact Tom Fezler at Crosscountryathleticdirector@holyspiritcyo.com for more information.

Parish Office

Mondays to Fridays
9:00 am to 5:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Edilberto Castañás,
Parochial Vicar
510.456.4965
Fr. Hoa Binh Ha
Parochial Vicar
510.797.1660
Fr. Frank Kuwornu
In Residence
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Departments

Business Operations
Eric Hom
510.456.4970
Faith Formation & Evangelization
Rosalyn Jose
510.456.4971
Safe Environment
Peter Scampavia
510.456.4995
Facilities Scheduling
Peter Scampavia
510.456.4995
Youth & Young Adult Ministry
Mario Castellanos
510.456.4975
Music
Paul Orella
510.673.3873

WORLD DAY OF THE SICK 2025

FRANK LAROCCA'S
MESSE DES MALADES

CATHEDRAL CHOIR CONDUCTED BY JEFFREY PAROLA

FEBRUARY 8
SATURDAY@11AM

THE CATHEDRAL OF CHRIST THE LIGHT
2121 HARRISON ST, OAKLAND

To register visit
worlddayofthesick.eventbrite.com

Respect Life Corner

"A society is all the more human to the degree that it cares effectively for its suffering members, in a spirit of fraternal love. Let us strive to achieve this goal, so that no one will feel alone, excluded or abandoned."

-Pope Francis, Message for the 29th World Day of the Sick 2021

Intercession for Life

For the sick, especially those nearing life's end: May they be cared for with tenderness and compassion as they prepare to enter eternal life.

We pray to the Lord...





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