



SUNDAY, SEPTEMBER 1, 2024 | 22ND SUNDAY IN ORDINARY TIME

TWENTY-SECOND SUNDAY IN ORDINARY TIME

THE THINGS THAT COME FROM WITHIN ARE WHAT DEFILE.

MARK 7:15



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm (except on Holy Saturday)

Thursday before First Friday: 3:30 pm (except if it falls on Holy Thursday)

Weekdays: call for an appointment

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.

Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.

Next Mass: September 7, 2024

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.

Next Mass: September 6, 2024

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or stop by the Parish Office.

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, SEPTEMBER 1 | 22ND SUNDAY IN ORDINARY TIME

Dt 4:1-2, 6-8/Ps 15:2-3, 3-4, 4-5 1a/Jas 2:1-5/Jas 1:17-18, 21b-22, 27/
Mk 7:1-8, 14-15, 21-23

5:00 pm (Vigil Mass)	† Antonius & Rita Lumenta, † George Julius, † Annie T. Koshy, † Hilarion Cajucum
7:15 am	† Rodrigo & Rizalina Viray, † Marina Concepcion
9:00 am	† Evangeline Marquez, † Joshep Nay Nguyen, Lourdes & Fred Pisco, † Sik Shing (Assunta) Fung Lai
10:45 am	For the People of Holy Spirit Parish
12:30 pm	Espiritu Family, † Kuncheria Puthenpurackel, † Lydia A. Soriano, † Albertina Sousa
5:00 pm	† Ruperto Capili, Sr., † Luis Corrales

MONDAY, SEPTEMBER 2 | MONDAY OF THE 22ND WEEK IN ORDINARY TIME

1 Cor 2:1-5/Ps 119:97, 98, 99, 100, 101, 102/Lk 4:16-30

7:00 am	Ronald Jose, Jeanette Guerrero, † Juliana Solsoloy Pasion
8:15 am	† Edgar Bernardo, † Bernardo & Genoveva Viray, † Rodolfo Ballelos

TUESDAY, SEPTEMBER 3 | MEMORIAL OF SAINT GREGORY THE GREAT, POPE AND DOCTOR OF THE CHURCH

1 Cor 2:10b-16/Ps 145:8-9, 10-11, 12-13ab, 13cd-14/Lk 4:31-37

7:00 am	† Ben Camacho, † Manuel De Pinna, † Domingo Marquez
8:15 am	Lola Seli-Gerson, † Ben Camacho, Mollie Eastwood

WEDNESDAY, SEPTEMBER 4 | WEDNESDAY OF THE 22ND WEEK IN ORDINARY TIME

1 Cor 3:1-9/Ps 33:12-13, 14-15, 20-21/Lk 4:38-44

7:00 am	† Michael Keily & Dennis Nagle, Ofelia Marquez, † Tracy Carolino
8:15 am	† Teresa Son Nguyen, Marina Ladrillono, † Lourdes Carranceja
6:30 pm	Florante Asis, † Anunciacion Padua, † Meyou Santos

THURSDAY, SEPTEMBER 5 | THURSDAY OF THE 22ND WEEK IN ORDINARY TIME

1 Cor 3:18-23/Ps 24:1bc-2, 3-4ab, 5-6/Lk 5:1-11

7:00 am	† Gerson Miranda, † Justiniano Regidor, Fr. Peter Lawongkerd
8:15 am	Orlando Lingad, † Butch Azurin, † Lita Guevarra

FRIDAY, SEPTEMBER 6 | FRIDAY OF THE 22ND WEEK IN ORDINARY TIME

1 Cor 4:1-5/Ps 37:3-4, 5-6, 27-28, 39-40/Lk 5:33-39

7:00 am	Benica Tulio, † Evangeline Marquez, † Nelda & Lydia Viray
8:15 am	Levi Eidelberg, † Rosario Ramada
6:30 pm	Michael Oblena, † Rufino Trinidad

SATURDAY, SEPTEMBER 7 | SATURDAY OF THE 22ND WEEK IN ORDINARY TIME

1 Cor 4:6b-15/Ps 145:17-18, 19-20, 21/Lk 6:1-5

7:00 am	† Agripina Mendoza Goce, Rudy & Gloria Neria
8:15 am	† James Curcuro, Sr., † Perla Martin
12:00 pm	† Heidi P. Evangelista, Graciela O. Montes

NOURISH



FROM THE DESK OF DN. STEVE ...



This weekend we learn the life lesson of not getting caught in the weeds of tradition. We seem to overlook the reason

why we are here in this life. By focusing on and listening to the word of God, we learn the importance of Jesus' teachings versus what have we become through our own inherited traditions.

We all have human traditions. We learn them from our family and culture, and these traditions may go back many generations.

We watch, we accept, and we continue these traditions. Many of us have no idea where these traditions came from. Passed down from generation to generation, we carry on traditions without question. We assume that it must be right; if it was good for them, it is good for me. I will continue the family tradition; it is up to me.

But depending on the traditions, some can be good, while some are not.

Traditions can lead to prejudices against other cultures or with our brothers and sisters, standards that puts us over others. These traditions can close our minds and hearts from helping our brothers and sisters in their time of need.

Just as we learned traditions from watching our family, we need to understand God's teachings, God's wisdom, and God's love. We need to allow God's word and laws to guide us to know right from wrong.

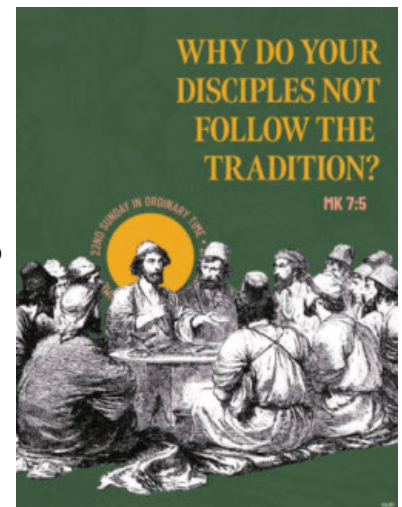
We should follow the commandments, live out the beatitudes, read the Mass readings each day, pray and ask God to help us grow our faith from the inside. By leading our newfound faith, we become examples for others through our actions.

Wise decisions and good actions come from the hearts that have soaked themselves in God's wisdom and love.

Expand our development of who we have become and what the word of Jesus is teaching us. Let us be above the weeds; instead, serve and listen to our God and follow Jesus' ways for each other.

May God continue to bless you. Amen.

Dn Steve and
Annette



PARISH OFFICES
CLOSED
FOR LABOR DAY



SERVE

St. Joseph the Worker: Sister Parish Dispatch

During his trip to Africa and our sister parish, Fr. Ken visited with Bishop Rogath Kimaryo, CSSp,



of the Diocese of Same.

Eucharistic Ministers Needed

We are in need of new Eucharistic Ministers for the 5:00 pm Mass on Sundays. Contact Dee Francisco at dee@holyspiritfremont.org if interested in joining this ministry.

Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. You may drop off your donation at the Parish Office or send by mail.

For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

We thank our donor(s):

- 08/25 - Rollie & Marina Salazar
- 08/31 - Michael Trinidad & Nina Torres

From our Youngest Stewards
I helped someone, I prayed,
I studied my lessons:

Abbey • Ellie • Noah • Grace

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Chili
- ⇒ Macaroni & Cheese
- ⇒ Ramen Soup—Chicken

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Second Collection for Maintenance & Improvement Fund August 31-September 1, 2024

This weekend's Second Collection is for our Parish Maintenance & Improvement Fund. Restricted funds collected will be used for the maintenance and improvements of our facilities and deferred maintenance.

Did you know that we replaced the air conditioning unit in the church A/V Room to keep the equipment cool? We also installed a new AC unit in the Parish Office.

For more information, please contact Eric Hom at eric@holyspiritfremont.org.

Vocations Crucifix Program

Parishioners are encouraged to host the Vocations Crucifix for one week and pray for the men and women discerning to enter the priesthood or religious life.

The Vocations Crucifix box will be presented at the end of Mass to families, individuals, or even groups of friends. Yes! Gather your friends and family together in person or on Zoom to pray for an increase in vocations.

To participate in this important prayer ministry, please contact the parish office at 510.797.1660.



Giving

Corner

Sunday, August 11

\$31,715

Second Collection coming up:
St. Vincent de Paul Society | September 29

Our weekly collection goal (excluding special collections):
\$34,210

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

PRAY



Feast of Our Lady of Velankanni

Novena | Aug. 30 to Sept. 7, 2024

You are invited to pray the Novena to our Blessed Mother Mary with us, immediately after the 7:00 am daily Masses and the 7:15 am Sunday Mass.

Mass | Sept. 8, 2024 | 5:00 pm

To mark the Feast of Our Lady of Velankanni and the Nativity of Mary, join us for Mass.

Refreshments will be served immediately after Mass, provided by the Holy Spirit Indian Society.

Confessions Before First Friday

Tuesday, September 3, 2024

Confessions will be available immediately after the 8:15 am Mass—8:45 to 9:30 am—and at 3:30 to 4:30 pm.

Please note: There will be **NO** Confessions on Thursday, September 5th, as our clergy and parish staff will be away on retreat.

Blue Mass

Sept. 11, 2024 | 7:00 & 8:15 am

As we mark Patriot Day, a day of remembrance, we invite police and fire personnel, and first responders to join us for Mass.

Feast of San Lorenzo Ruiz

Novena | Sept. 19-27, 2024

Join us in praying the Novena and Rosary after the 7:00 am daily Masses and Sunday 7:15 am Mass.

Mass | Sept. 28, 2024

Join us for the 5:00 pm Mass, followed by a reception sponsored by the Holy Spirit Filipino Society.



Our Lady of Fatima Mass & International Rosary

October 14, 2024 | 6:30 pm

Join us for Mass in honor of Our Lady of Fatima. Bring your images of our Blessed Mother to be blessed.

Immediately after Mass, join us as we pray the International Rosary.

If you would like to participate in the Rosary and recite the Hail Mary in your native language, please contact: Marina at 510.207.6395 or Bella at 510.791.6121.

2025 Mass Intentions

We are accepting 2025 Mass Intention requests. Please go to our website and download the request form or pick up a form at the Parish Office. Due to our large prayerful community here at Holy Spirit, it is absolutely **FIRST COME, FIRST SERVED!** Requests are processed according to the date the application was received.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

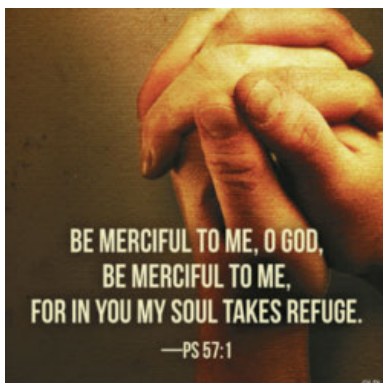
- Julia Matza
- Jeff Albright
- Amer Sifuentes
- Anthony Alvarez
- Thomas Alvarez
- TS Cheng
- Melissa Camacho
- Maria Chavez
- Purita Topacio
- Carol Robinson
- William Robbins
- Tara Riefler
- Alexander Lee

Pray for Our Recently Departed

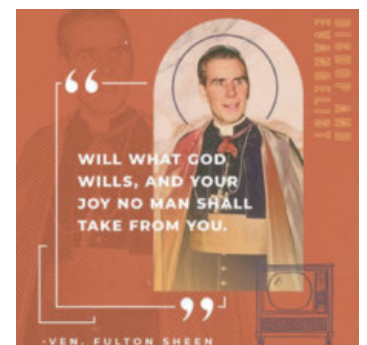
- Aida Borja Chanco
- Bienvenido Gonzales
- Pedrito Estrada, Sr.
- Eustaquia Bagchi
- Vincent Baytion
- Jhaziel Jimenez
- Justito Medalla
- Lesli Griffiths
- Danny LeSueur

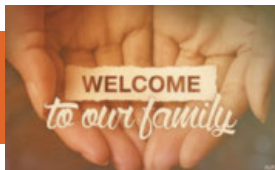
Birthday Blessings

- Ellie Boyle
- Riley Cofano
- Mary Ellen Meade
- Robert Meade



For all essential workers who work in the agricultural, manufacturing, and public service sectors, that they are provided safe working conditions and access to affordable healthcare. We pray to the Lord...





INVITE



Welcome Back, Dn. Tim & Lily Roberto!

Bishop Michael C. Barber, SJ, gave his approval and has re-assigned Dn. Tim and Lily Roberto to Holy Spirit Parish!

Their assignment begins officially on September 1, 2024.

We are so happy to welcome them home and look forward to seeing them around our campus.

RCIA - Rite of Christian Initiation of Adults

Are you looking to join the Catholic Church? If you are of a different faith tradition and have been joining us for Mass, we invite you to complete the Sacraments of Initiation.



Are you a baptized Catholic and would like to receive the Sacraments of Holy Eucharist and Confirmation?

To register, scan the QR code or visit our website for more information.

Faith Formation Registration

Registration for the 2024-25 Faith Formation year for children and youth is now open.

Classes are available for continuing formation and Sacramental preparation.

To register or for more information, visit our website.

Filipino Society Meal Deal September 8, 2024

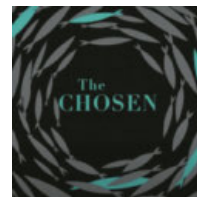
The Filipino Society is hosting their \$10 meal deal after the morning and 12:30 Masses in the Peace Center. Join us for a great meal and fellowship.

For large orders, please send an email by Thursday, September 5th at hsfs.communications@gmail.com.

We thank you for your support. Proceeds benefit parish special projects.

The Chosen: An Interactive Bible Study

Mondays starting Sept. 9, 2024
6:30 to 8:30 pm
de Sousa House Theater



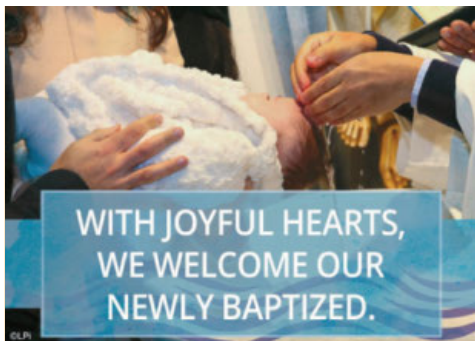
Join Dn. Steve and Annette Lewellyn in reflection and study on the life of Jesus as portrayed in the groundbreaking series.

Stop by the Parish Office to register. Purchase the study guide for Season 3 through [Amazon](https://www.amazon.com).

Request for Bibles

Holy Spirit Faith Formation Department is accepting donations of brand new **Catholic** bibles (with *imprimatur* notice) in different languages, Braille included (no children's bibles, please).

Drop off your donations at the de Sousa House or Parish Office through September 22nd during regular business hours. For more information, contact Rosalyn@holyspiritfremont.org or 510.456.4971.



Carissa • Aubrey
Ariana • Elizabeth

Bishop's Ministries Appeal 2024

The Bishop's Ministries Appeal supports the 70+ ministries that serve our diocese faithful as well as the greater communities where our parishes are located. This includes faith formation and evangelization, CYO sports, formation of priests to serve parishioners, care of the retired priests, parishes in action programs, and meeting the unexpected needs of schools and parishes.



To learn more about how your support makes a difference, and donate in a way that works for you—be it a recurring gift, a one-time gift, or a pledge—scan the QR code or go to <https://oakdiocese.org/bishops-ministries-appeal>

Parish Goal \$99,400
To Date: Total Receipts 64,017 | Percent of Goal Achieved 64.4%



AROUND THE PARISH



Cub Scout Popcorn Sale September 15, 2024

Cub Scout Popcorn is coming! Our Cub Scout Pack 154 is selling their famous popcorn after the morning and 12:30pm Masses in St. Francis Plaza. Prices range \$15-\$25. Support the Cub Scouts from Holy Spirit in their next adventure!

Deanery Grief Support September 15-November 3, 2024 2:30-3:30 pm

Are you dealing with the death of a loved one or other life-altering changing loss?

Our deanery grief support group will meet on Sundays in the Fireside Lounge. Meet others walking the same path.

Information shared is strictly confidential. For more information, please contact Helen Campbell at 510.795.7958.

CFC Handmaids of the Lord September 21, 2024 | 1:30 pm De Sousa House | St. John Room

The CFC Handmaids of the Lord invites all women to join us for a Christian Life Program. Admission is free.

To reserve your spot, please text or leave a voicemail message for: Cynthia Bautista, 510.378.2083; Aurora Drona, 510.305.6778; Myriek Montejó, 510.303.8545; or Wildie Velasquez, 510.209.8149.

Women Gather September 21, 2024 | 10:00 am

You are invited to join our next in-person Women Gather.

Our prayer beginning at 10:00 am is followed by lunch and an afternoon of service.

Space at Casa Julie is limited. Please RSVP to Sr. Annette at 408.390.7184 or for more information/details.



Ice Cream Social September 29, 2024 St. Francis Plaza

*I scream,
You scream,
We all scream for Ice Cream!*

Join us after the 5:00 pm for our Ice Cream Social, hosted by our parish clergy and staff. Enjoy fellowship and a delicious treat!

St. Patrick's Seminary & University Tour October 5, 2024 | 9 am - 3 pm

All single Catholic male youth and adults are invited to visit St. Patrick. Take the opportunity to meet seminarians and seminary formators.

To register, contact: Fr. Carl Arcosa, carcosa@oakdiocese.org or Fr. Matthew Murray, mmurray@oakdiocese.org.

St. Patrick is located at 320 Middlefield Road in Melo Park.

Parish Office

Mondays to Fridays
9:00 am to 5:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Edilberto Castañás,
Parochial Vicar
510.456.4965
Fr. Hoa Binh Ha
Parochial Vicar
510.797.1660
Fr. Frank Kuwornu
In Residence
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Departments

Business Operations

Eric Hom
510.456.4970

Faith Formation & Evangelization

Rosalyn Jose
510.456.4971

Safe Environment

Peter Scampavia
510.456.4995

Facilities Scheduling

Peter Scampavia
510.456.4995

Youth & Young Adult Ministry

Mario Castellanos
510.456.4975

Music

Paul Orella
510.673.3873

Give to Holy Spirit Parish

A wonderful way for you to support Holy Spirit Parish is to leave a bequest in your will. Your gift to our parish can make a meaningful impact on our mission. If you have included or are considering including a gift to the parish as part of your estate plan or in the form of another gift, please let us know. We would like to recognize you for your support.



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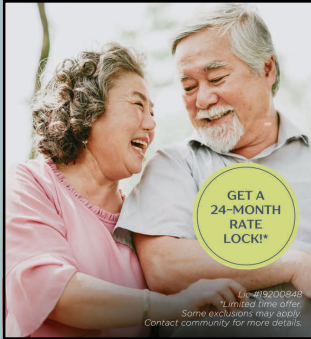
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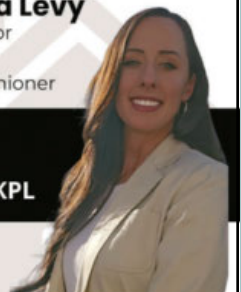
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