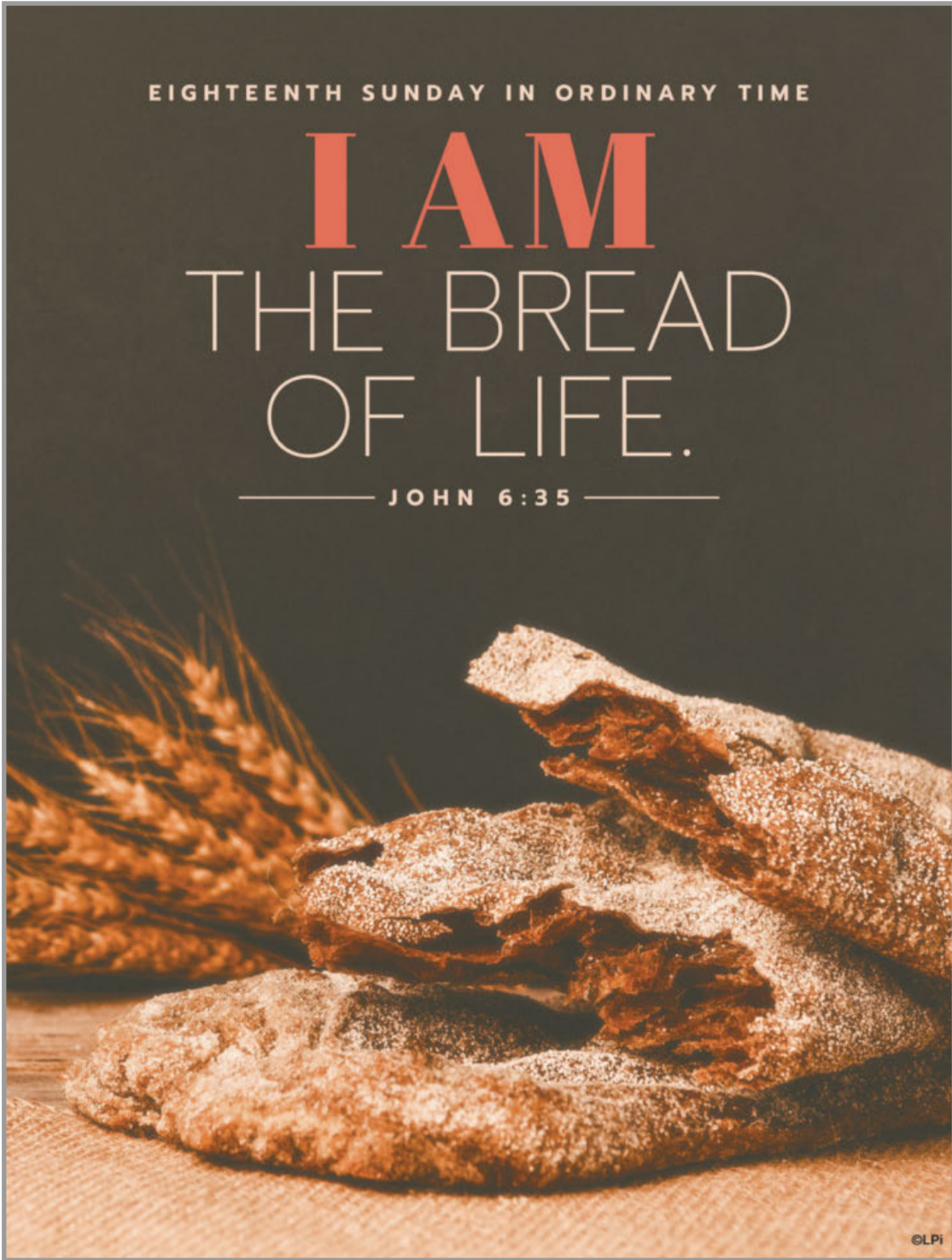




SUNDAY, AUGUST 4, 2024 | 18TH SUNDAY IN ORDINARY TIME



### WELCOME

With joy we welcome all who have gathered here with us to worship God.

*“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)*

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

### CONTACT

37588 Fremont Blvd.  
Fremont, CA 94536  
Parish: 510.797.1660  
School: 510.793.3553  
Preschool: 510.793.2013  
info@holyspiritfremont.org  
holyspiritfremont.org

### MASS SCHEDULE

#### Weekend

Saturday: 7:00\* & 8:15 am  
Saturday Vigil: 5:00 pm  
Sunday: 7:15 am  
9:00 am\* | 10:45 am\*  
12:30 pm | 5:00 pm

#### Weekday

Mon.-Fri.: 7:00\* & 8:15 am  
Wednesday: 6:30 pm  
First Friday: 6:30 pm

\*Masses are livestreamed on our Facebook page and YouTube channel.

**BE SPIRIT FILLED AND MAKE DISCIPLES!**



# WORSHIP

## OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

### Confession

Saturday: 3:30 pm (except on Holy Saturday)  
Thursday before First Friday: 3:30 pm (except if it falls on Holy Thursday)  
Weekdays: call for an appointment

### Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.  
Hours: 6:00 am to 6:00 pm daily

### Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.  
Next Mass: September 7, 2024

### Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

### First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.  
Next Mass: September 6, 2024

### Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or stop by the Parish Office.

### New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

### Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

## SUNDAY, AUGUST 4 | 18TH SUNDAY IN ORDINARY TIME

Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54 (24b)/Eph 4:17, 20-24/Jn 6:24-35

5:00 pm (Vigil Mass)	† Robert & Joyce Goveas, † Fr. James Kyrie, † Carol Ann & Tony D Mello, † Al & Yvonne Fernandes
7:15 am	Jedikai Saenz, † John Sr. & Irma Healy, † Maria Loida Guevarra, † Larry Rogers
9:00 am	Jennifer Dietrich, Alanna Avila, Heredina "Didi" Padlan Ylarde, † Rosario Ramada
10:45 am	Espiritu Family, Cessar V. Ramirez, Lucille Ubando, Jean Holt, † Primo Mina
12:30 pm	Cristina T. Concepcion, † Maria Lopez, † Nestor Angeles
5:00 pm	For the People of Holy Spirit Parish

## MONDAY, AUGUST 5 | MONDAY OF THE 18TH WEEK IN ORDINARY TIME

Jer 28:1-17/Ps 119:29, 43, 79, 80, 95, 102/Mt 14:13-21

7:00 am	† Alex Dela Cruz, † Juan Cabangangan, † Nestor Angeles
8:15 am	Emily Tess Cruzada, Nona Eidelberg, † Renato Diokno

## TUESDAY, AUGUST 6 | FEAST OF THE TRANSFIGURATION OF THE LORD

Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9/2 Pt 1:16-19/Mk 9:2-10

7:00 am	† Malcolm Dominic, † Maria Luong Mun, † Joshep Qang Dinh, † Eddie P. & Judy Mae Mahusay
8:15 am	Oliver Pat Cruzada, Susana G. Fuertes, † Meetje & Dachlan Tan, † Saturnino P. Mahusay, Jr.

## WEDNESDAY, AUGUST 7 | WEDNESDAY OF THE 18TH WEEK IN ORDINARY TIME

Jer 31:1-7/Jer 31:10, 11-12ab, 13/Mt 15:21-28

7:00 am	For the People of Holy Spirit Parish
8:15 am	† Corazon Rivera
6:30 pm	For the People of Holy Spirit Parish

## THURSDAY, AUGUST 8 | MEMORIAL OF SAINT DOMINIC, PRIEST

Jer 31:31-34/Ps 51:12-13, 14-15, 18-19/Mt 16:13-23

7:00 am	Emil Lundqvist, † Ramona Dote Esteves, † Teodora Jacaban
8:15 am	Rachel & Dylan Mesia, HS Grandparents Club, † Leonidez Sandoval

## FRIDAY, AUGUST 9 | FRIDAY OF THE 18TH WEEK IN ORDINARY TIME

Na 2:1, 3; 3:1-3, 6-7/Dt 32:35cd-36ab, 39abcd, 41/Mt 16:24-28

7:00 am	Rolly & Marina Salazar, Zach & Marissa Cervantes, † Regina Isabel Saenz
8:15 am	Marta Cuellar Rinetti, Felix Lee Lerma

## SATURDAY, AUGUST 10 | FEAST OF SAINT LAWRENCE, DEACON AND MARTYR

2 Cor 9:6-10/Ps 112:1-2, 5-6, 7-8, 9/Jn 12:24-26

7:00 am	Mike & Norma Tamayo, Lorenzo Miranda
8:15 am	Calvin Suva, † Jean & Jean-Pierre Leon, † Gregorio R. Singson

*Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.*



## FROM THE DESK OF FR. KEN ...

The Theme of the Readings: Bread from Heaven

Our Responsorial Psalm sets the theme for this Sunday's readings: "The Lord gave them bread from Heaven."

In the First Reading, the children of Israel grumbled that God was not meeting their needs on their exodus out of Egypt and journey to Canaan.

To show them that He was ready and able to care for their needs, God gave the children of Israel manna, bread from Heaven, to nourish them on their journey to the Promised Land. This miracle foreshadowed the "bread from Heaven" Christ makes possible in the "Thanksgiving" sacred meal we call the Eucharist, from the Greek word for "thanksgiving," Eucharistia, the Greek translation of Toda, the Hebrew word for the sacred "thanksgiving" communion meal of the Old Covenant (Lev 7:11-15/7:1-5; Num 15:9-10).

Our Psalm Reading recalls the history of the past generations of the Israelites and God's gracious deeds on their behalf. First, He nourished them on their journey out of Egypt by feeding them manna, the "bread of angels." Then, Yahweh took them to His holy mountain at Mt. Sinai, where He elevated the children of Israel above all other peoples on earth, making them His holy covenant people.

God is gracious in the same way by continuing to provide for the needs of His New Covenant people. He feeds us the "living bread" from Heaven, the Body, Blood, Soul, and Divinity of God the Son in the Eucharist. He provides this miracle feeding to nourish us spiritually in the exile of this earthly life as we journey to God's Sanctuary in the Promised Land of Heaven.

In the Second Reading, St. Paul reminds the faith community of Christians at Ephesus that their lives are spiritually transformed and configured to Christ in the Sacrament of Baptism, through which Jesus calls Christians to a life of holiness. Acknowledging our transformed lives, we must commit to leaving behind our old sinful lives of selfish desires and self-deception. Paul's message is that a life of sin will only alienate us from God. Instead, Christians receive a divine calling to live in the image and the likeness of our Holy Savior, Jesus Christ.

And in the Gospel Reading, Jesus begins His "Bread of Life Discourse" the day after the miracle feeding of 5,000 men. God the Son promises to meet the needs of everyone who has faith in Him and submits in obedience to Him in the Sacrament of Baptism (Mk 16:16).

He will take care of His covenant children just as Yahweh fed the children of Israel on their exodus out of Egypt. God the Son will nourish them on their journey through the perils of their earthly lives. As promised in His Bread of Life Discourse, Jesus provides the heavenly bread of the Eucharist to everyone who accepts Him as Savior and Lord on their exodus from this life while making their journey to the Promised Land of Heaven.

"And the Word was made flesh...and dwelt among us."

Peace and Blessings,

Fr. Ken



**FORMED** Pick of  
the Week

**FORMED**

[18th Sunday in Ordinary Time \(Year B\): Miracles and Whispers](#) with Dr. Scott Powell (8m, 1s)



# SERVE

## St. Joseph the Worker: Sister Parish Dispatch

Fr. Ken and Fr. Frank visited our Sister Parish in June.

On the way to Africa...



Arrived!



## Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week?

Then join our Holy Spirit Parish Office Ministry as a volunteer receptionist. Contact Josephine at 510.797.1660 or info@holyspiritfremont.org

## Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

We thank our donor(s):  
July 29 ... In Memory of Mitsue I. Kamei

## St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Breakfast Cereal
- ⇒ Canned Fruit
- ⇒ Pork & Beans

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

## Second Collection: Parish Maintenance & Improvements Fund August 3-4, 2024

This weekend's Second Collection is for our Parish Maintenance & Improvement Fund.

Restricted funds collected will be used for the maintenance and improvements of our facilities and deferred maintenance, and repairs such as plumbing issues, roof leaks, campus lighting and improved security, just to name a few.

For more information, please contact Eric Hom at eric@holyspiritfremont.org.

## Charitable Gift Giving

In sharing your financial resources, you help our parish make the Body of Christ a visible and effective presence in our community and our world.

There are several gift giving opportunities, and through thoughtful planning, you can choose the option that works best for you and your loved ones.

Visit our parish website at <https://holyspiritfremont.org/give/> for more information.



Giving

Corner

Sunday, July 7

\$33,570

Second Collection coming up:  
Holy Spirit School | August 25

Our pledged weekly amount (excluding special collections):  
\$33,201

### PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

# PRAY



## 2025 Mass Intentions

We are now accepting 2025 Mass Intention requests starting August 1, 2024.

Please go to our website and download the request form or pick up a form at the Parish Office then return via:

**1. Email:** Submit the completed form to [ricardo@holyspiritfremont.org](mailto:ricardo@holyspiritfremont.org) and attach the receipt of your Mass intention stipend donation made via online giving.

**2. Mail:** Send the completed form with check donation to: **37588 Fremont Blvd, Fremont, CA 94536**

**3. Drop-off:** Stop by the Parish Office and drop off the completed form with check donation in the mail slot.

Make all checks payable to **"Holy Spirit"**.

The Mass Intention Request form must be filled out completely. Incomplete information/requirements may delay the processing of requests. Requests received without stipend offering will not be processed.

Due to our large prayerful community here at Holy Spirit, it is absolutely **FIRST COME, FIRST SERVED!**

Requests are processed according to the date the application was received.

## Solemnity of the Assumption of the Blessed Virgin Mary August 15, 2024

On this day of obligation, Masses are at 7:00 am, 8:15 am, 11:00 am (school), and 6:30 pm.

*"The Immaculate Mother of God, the ever-virgin Mary, having completed the course of her earthly life, was assumed body and soul into heaven."*  
(Pope Pius XII, *Munificentissimus Deus*)



## Women Gather August 17, 2024

Join us for the next in-person Women Gather meeting at Casa Julie in Fremont. Come early to meet the others before we begin prayer at 10:00 am. This is followed by potluck lunch and an afternoon of service. Please contact Sr. Annette at 408.390.7184 to RSVP or for more information, address or other details.

## Confessions Before First Friday Tuesday, September 3, 2024

Confessions will be available immediately after the 8:15 am Mass—8:45 to 9:30 am—and at 3:30 to 4:30 pm.

**Please note:** There will be **NO** Confessions on Thursday, September 5th, as our clergy and parish staff will be away on retreat.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

## Pray for Our Sick

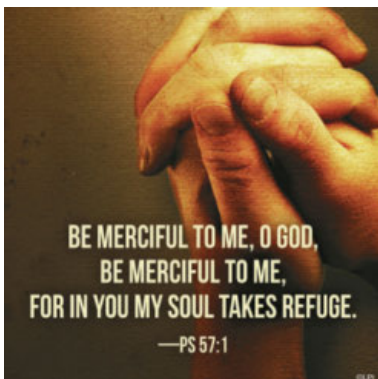
- Monica May Villanueva
- Junaid Safi
- Lyn Castillo
- John Payne
- Edward Silva

## Pray for Our Recently Departed

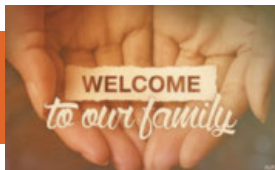
- Glen Whittle
- Dominador Miranda
- Juliana Bacod Dacanay

## Birthday Blessings

- John Francisco
- Alanna Avila



**For those who are hurting, suffering, afflicted, or marginalized, that they may receive healing and grace through the Holy Eucharist, let us pray to the Lord...**



# INVITE



## Maintenance Technician Needed

Holy Spirit Parish & School is seeking a qualified individual as our temporary, long-term Maintenance Technician. This is a part-time position (20 hours/week).

The successful candidate will be responsible for providing routine maintenance work, janitorial support and facility use setups for the parish and school buildings and grounds including semi-skilled carpentry and plumbing along with other minor repair work.

For details of qualifications and responsibilities, please visit the Announcements page of our website. Send resume with cover letter to our Business Manager, Eric Hom, via email at [eric@holyspiritfremont.org](mailto:eric@holyspiritfremont.org).

## Teachers Needed

Holy Spirit School is a vibrant Catholic school dedicated to developing the whole child, while providing a quality Catholic education in a safe and caring environment by fostering a community grounded in the teachings of Jesus Christ.

We are seeking passionate and dedicated teachers to join our team. The ideal candidates will have a strong commitment to Catholic education and the ability to create a positive and engaging learning environment.

Our current openings are for Second Grade Teacher and Grades 6-8 Science Teacher. Visit the Announcements page of our website for more information. Interested applicants should send their resumes to Holly Marsh at [hmarsh@csdo.org](mailto:hmarsh@csdo.org).

## Filipino Society \$5 Meal Deal

August 4, 2024

*It's a Meal Deal Throwback!*

In gratitude for our parish community's continued support, the Filipino Society is hosting their \$5 Food Sale after the morning and 12:30 pm Masses in the Peace Center.

Join us for fellowship and a great meal—at a great deal!

## Ministry Lead Meeting

August 20, 2024

Please join us for our in-person meeting at 6:30 pm in the de Sousa Theater. The meeting should last approximately 45 minutes.

If the lead member(s) are unable to attend, kindly request a representative to take your place.

## 3rd Annual Paint & Wine

August 25, 2024

2:00-5:00 pm | de Sousa House

Join us for an afternoon of painting and fellowship.



"The Angelus" by Jean-Francois Millet

Proceeds go towards the educational expenses of our seminarians in the Oakland Diocese.

Register by August 19th. \$20/person. Includes materials and refreshments. Minors (17 yrs. and under) must be accompanied by a parent.

Contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or 510.797.1660.



Aylin • Cody  
Caleb • Auden Levi  
Nicholas • Cassandra

## Bishop's Ministries Appeal 2024

The Bishop's Ministries Appeal supports the 70+ ministries that serve our diocese faithful as well as the greater communities where our parishes are located.



This includes faith formation and evangelization, CYO sports, formation of priests to serve parishioners, care of the retired priests, parishes in action programs, and meeting the unexpected needs of schools and parishes.

To learn more about how your support makes a difference, and donate in a way that works for you—be it a recurring gift, a one-time gift, or a pledge—go to <https://oakdiocese.org/bishops-ministries-appeal>

Parish Goal \$99,400  
To date: Total Receipts \$56,082; Percent of Goal Achieved 56.4%

# AROUND THE PARISH



## Filipino Society Annual Camping Trip August 30 - September 2, 2024

Join Fr. Ken and the Filipino Society during the Labor Day Weekend at Lake Don Pedro in La Grange. Come for the day or for the whole weekend!

For more information, please contact Danny Zenarosa at 510.468.7980.

## RCIA - Rite of Christian Initiation of Adults

Are you looking to join the Catholic Church? Would you like to complete the Sacraments of Initiation – Baptism, Eucharist, and/or Confirmation?

Visit our website for more information and to register now.

## Holy Spirit CYO Cross Country

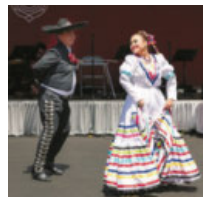
Cross Country Season is just around the corner and registration is now open! All Kindergarten thru 8th graders are welcome - no experience necessary! Please contact Tom Fezler at tfezler@ampf.com for details.

## Middle School Group and High School Confirmation Year 1 & 2

Classes are available for continuing formation and Sacramental preparation. Registration is now open for the 2024-2025 year. To register or for more information, visit our website.

## Thank you, Ballet Folklorico!

We wish to thank Ballet Folklorico for performing at our parish festival and for sharing the beautiful gift of dance with us. Classes offered for all ages. Contact 510.686.0335.



## Parish Office

Mondays to Fridays  
9:00 am to 5:00 pm  
Saturdays  
9:00 am to 12:00 pm  
Sundays  
9:00 am to 2:00 pm

## Parish Gift Shop

Sundays  
8:30 am to 2:30 pm

## Parish Library

Sundays  
9:00 am to 12:30 pm

## Clergy

Fr. Kenneth L. Sales, Pastor  
510.456.4964  
Fr. Edilberto Castañás,  
Parochial Vicar  
510.456.4965  
Fr. Hoa Binh Ha  
Parochial Vicar  
510.797.1660  
Fr. Frank Kuwornu  
In Residence  
Dn. Chuck Glover,  
Pastoral Care  
510.789.8652  
Dn. Steve Lewellyn, RCIA  
510.797.1660  
Dn. Bernard Liwanag,  
Sick & Homebound  
510.797.1660  
Dn. Tim Roberto, RCIA  
510.598.7408

## Departments

### Business Operations

Eric Hom  
510.456.4970

### Faith Formation & Evangelization

Rosalyn Jose  
510.456.4971

### Safe Environment

Peter Scampavia  
510.456.4995

### Facilities Scheduling

Peter Scampavia  
510.456.4995

### Youth & Young Adult Ministry

Mario Castellanos  
510.456.4975

### Music

Paul Orella  
510.673.3873

## Distribution of the Precious Blood at Holy Communion (Update)

We have begun offering Holy Communion under both species (bread and wine) during our daily Masses here at Holy Spirit.

We will start distributing the Precious Blood during our Vigil/Sunday Masses on the weekend of August 17th and 18th.

Please be patient should we run out of the Precious Blood before you come to receive. We will adjust the amount of wine that is consecrated at each Mass as we gain experience with the number of people who seek to receive it.

Each of us should follow our own prudent judgment when it comes to receiving one or both species. If you are immunocompromised, have respiratory symptoms, or may have been exposed to COVID or flu, it may be best to receive only the host.

Please note: One does not need to receive Holy Communion under both species to receive the full grace of the sacrament. The Catechism of the Catholic Church states: "Since Christ is sacramentally present under each of the species, communion under the species of bread alone makes it possible to receive all the fruit of Eucharistic grace." (CCC, No. 1390)



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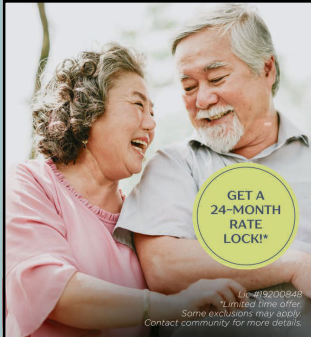
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