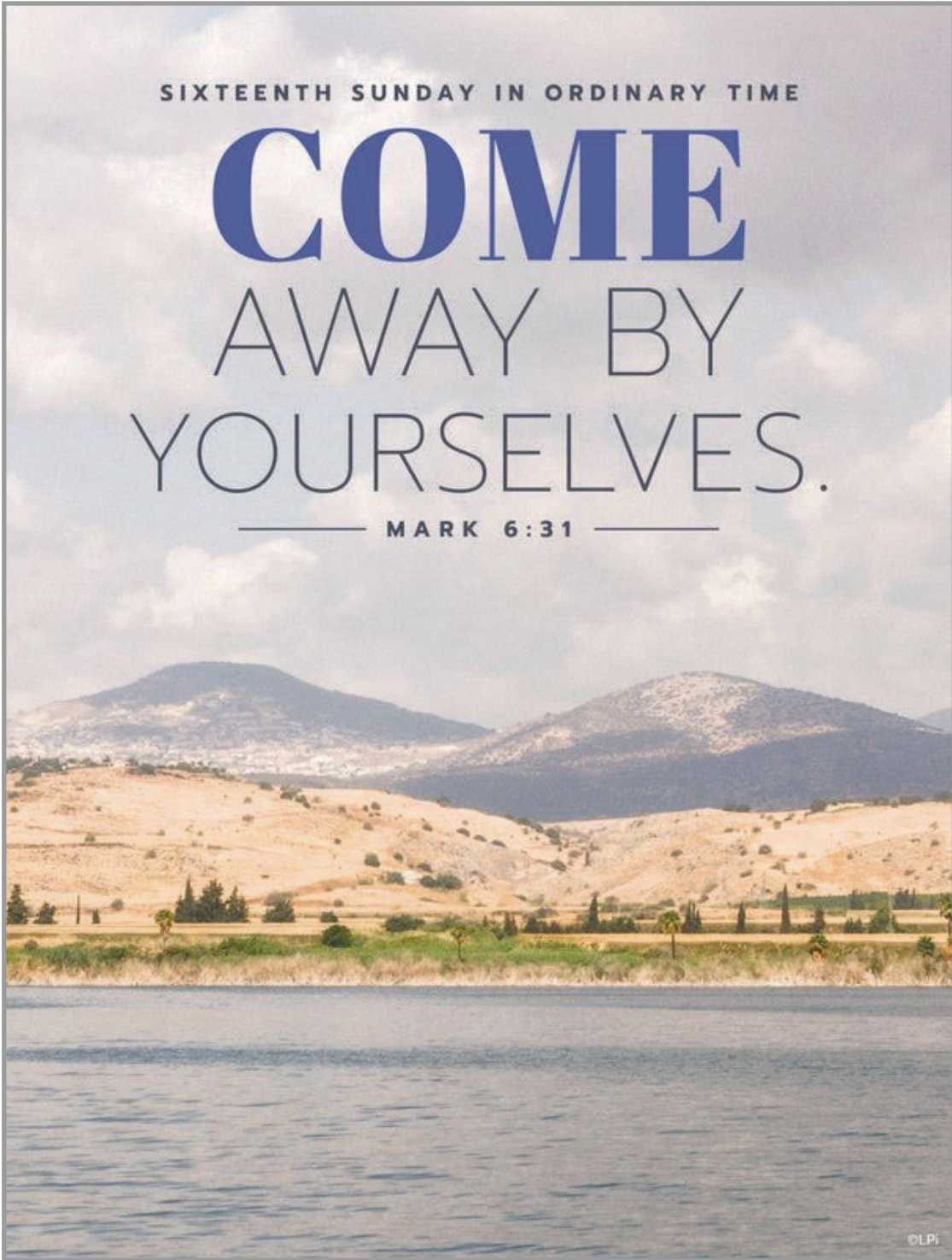




SUNDAY, JULY 21, 2024 | SIXTEENTH SUNDAY IN ORDINARY TIME



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm (except on Holy Saturday)

Thursday before First Friday: 3:30 pm (except if it falls on Holy Thursday)

Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.

Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.

Next Mass: August 3, 2024

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.

Next Mass: August 2, 2024

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or stop by the Parish Office.

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, JULY 21 | SIXTEENTH SUNDAY IN ORDINARY TIME

Jer 23:1-6/Ps 23:1-3, 3-4, 5, 6 (1)/Eph 2:13-18/Mk 6:30-34

- 5:00 pm (Vigil Mass) Patrick & Marvi Bajet, † Veronica Corazon Macainan
- 7:15 am † Jose Luis Fagundes
- 9:00 am † Lydia Soriano, † Rowena U. Limjap, † Kai O. Wesener, † Michael Sanchez, † Justin Thomas M. Malvas
- 10:45 am For the People of Holy Spirit Parish
- 12:30 pm Keiko & Kat Ladrillono, Rufina Gacula, Espiritu Family, † Cimino Family
- 5:00 pm † Sarah Suzanne Maya, † Arianne Reyes

MONDAY, JULY 22 | FEAST OF SAINT MARY MAGDALENE

Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6, 8-9/Jn 20:1-2, 11-18

- 7:00 am Sunil Kunju, Evelyn Vidya
- 8:15 am Renita Castaneda

TUESDAY, JULY 23 | TUESDAY OF THE SIXTEENTH WEEK IN ORDINARY TIME

Mi 7:14-15, 18-20/Ps 85:2-4, 5-6, 7-8/Mt 12:46-50

- 7:00 am Mike & Irma Scholz, † Milagros Alducente, † Luke Mullen
- 8:15 am † Carolina De Dios

WEDNESDAY, JULY 24 | WEDNESDAY OF THE SIXTEENTH WEEK IN ORDINARY TIME

Jer 1:1, 4-10/Ps 71:1-2, 3-4a, 5-6ab, 15 and 17/Mt 13:1-9

- 7:00 am † Adoracion L. Lu
- 8:15 am † Rodolfo & Purita Comandante, † Justin Thomas M. Malvas
- 6:30 pm Ignacio F. Yumena, † Gregory & Lowell Tumamos, † Federico Cruz

THURSDAY, JULY 25 | FEAST OF SAINT JAMES, APOSTLE

2 Cor 4:7-15/Ps 126:1bc-2ab, 2cd-3, 4-5, 6/Mt 20:20-28

- 7:00 am † Dante Ramirez
- 8:15 am Wee Doctor-Palao, † Armando Amable, † Francis, Augustine & Christine

FRIDAY, JULY 26 | MEMORIAL OF SAINTS JOACHIM AND ANNE, PARENTS OF THE BLESSED VIRGIN MARY

Jer 3:14-17/Ps 19:8, 9, 10, 11/Mt 13:18-23

- 7:00 am † Mike Brand
- 8:15 am Jose-Letty Aguirre & Family, Joel Gacusan, Sr., † Norma Morales Tumang

SATURDAY, JULY 27 | SATURDAY OF THE SIXTEENTH WEEK IN ORDINARY TIME

Jer 7:1-11/Ps 84:3, 4, 5-6a, and 8a, 11/Mt 13:24-30

- 7:00 am Ton & Grace Ogi - Robbins † Lillian & George Legier
- 8:15 am For the People of Holy Spirit Parish

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF DN. CHUCK ...

Let's Get Away From It All

It's another hot summer day. The morning has started like all summer days. You want to do your daily chores before it gets too hot. But with the children home from school, they also have needs. You finally make it through the morning. But then it's time to prepare lunch. No matter what you prepare, someone isn't happy with the choice. About 2pm, the littlest ones are down for a nap and the older ones are quietly playing in their rooms. Taking this as a sign, you grab your book for a few moments of peace and quiet. You prop your feet up on the footstool and get settled in. The next sound you hear is, "MOMMY" or "DADDY".

You know you need time to rest and recuperate but those around you don't always recognize that. Jesus understood that very same thing. He tells the Apostles to come away to rest. They load up in the boat and head for a deserted place, but they notice a crowd of people following their progress.

Jesus knows the Apostles need rest. He takes on the crowds by Himself and allows the Apostles to have some "me" time. He protects them. They rest and decompress. They take

the time to just relax. Soon, they will face trials and tribulations, and they will need all the stamina and energy they can gather.

We don't all decompress in the same way. There is a comic strip called "Rose is Rose". When life starts getting to her, Rose Gumbo goes to her "let things be" tree. She leans against the tree and just lets things be. When Rose's husband, Jimbo, takes the garbage out, he takes the time to enjoy the night and the stars. It is important to have these spots, the "let things be" tree or the nightly garbage can contemplation. Whatever works for you. Because no matter how we decompress, there is one thing we all have in common. We need rest to be able to fulfill our life vocations to the best of our ability.

The Apostles relied on Jesus to give them the chance to rest. To make the most of our own down time, we also need to rely on Him. Just as He protected the Apostles' rest time, having Him with us will protect our rest and recovery.

By taking the time to rest and recharge with Jesus, by making Him the center of your life, He will create within you the ability to tackle life and do what needs to be done. Because after all, there is always more to be done.

Dn. Chuck & Sherry

When he disembarked and saw the vast crowd, his heart was moved with pity for them, for they were like sheep without a shepherd; and he began to teach them many things. (Mk 10:34)





SERVE

Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week?

Then join our Holy Spirit Parish Office Ministry as a volunteer receptionist.

Contact Josephine at 510.797.1660 or info@holyspiritfremont.org

Ladies in Stitches

The Ladies in Stitches Ministry meets on the second Friday of the month, 2:00-4:00 pm in the Fireside Lounge.

We knit and crochet, and all of our handmade items are sold or donated.

The money raised from sales is donated to different charitable organizations.

If you are interested, come and join us!

If you cannot join us, but enjoy knitting or crocheting, drop off your handmade items at the Parish Office and we will pick them up.

Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary.

For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

We thank our donor(s):

• **July 14 ... Our Lady of Mercy Lay Carmelite Community**

From our Youngest Stewards

I helped someone, I prayed,
I studied my lessons:

Noah • Abbey • Ellie

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Chef Boyardee / Canned Pasta
- ⇒ Spam
- ⇒ White Rice

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Mission Cooperative Plan: Order of St. John Paul II July 20-21, 2024

This weekend's Special Collection benefits the Order of St. John Paul II, on behalf of the Kenema Diocese in Sierra Leone, Africa, one of the poorest dioceses in the Catholic Church.

The Kenema Diocese has 22 priests and serves 90,000 Catholics in 19 parishes. The diocese operates 230 primary schools and 20 secondary schools, most of which, along with many of the



parishes, need major repairs.

The Kenema Diocese is not self-sufficient. At the

height of the COVID pandemic, the national government closed all churches and public gatherings, eliminating collection support for the priests and parishes. Until the Sierra Leone government lifted restrictions, there were no funds to pay priests.



We will be joined by Dr. Terry Rees at all the Masses. Dr. Rees is the founder, Superior General and Executive Director of the Order of St. John Paul II.

Please be generous towards our Special Collection. Your support is appreciated!



Giving

Corner

Sunday, June 23

\$26,533

Second Collection coming up:

Parish Maintenance & Improvements Fund | August 4

Our pledged weekly amount (excluding special collections):
\$33,201

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

PRAY



Vocations Crucifix Program

We are looking for parishioners to host the Vocations Crucifix and pray for men and women discerning to enter the priesthood or religious life.

Twice monthly on the second and fourth weekend of the month, families or an individual are presented with the Vocations Crucifix and invited to pray for two weeks.

To participate in this prayer ministry, please sign up on Flocknote or contact the Parish Office at 510.797.1660.

Masses in Honor of Our Lady of Fatima Through October 2024

In honor of our Blessed Mother Mary, join us:

- Tuesday, August 13 @ 6:30 pm
- Friday, September 13 @ 6:30 pm
- Monday, October 14 @ 6:30 pm (Mass to be followed by International Rosary)

Priesthood Evenings of Discernment

St Michael's Parish, Livermore

Join Fr. Carl Arcosa and Fr. Matthew Murray for an evening of Prayer and Reflection for vocations to the Priesthood.

Schedule begins at 3:00pm and includes coffee & chat, testimony & prayer, Mass, and dinner:

- August 24, 2024
- December 28, 2024



2025 Mass Intentions

We will be accepting 2025 Mass Intention requests starting August 1, 2024.

Please go to our website and download the request form or pick up a form at the Parish Office then return via:

1. Email: Submit the completed form to ricardo@holyspiritfremont.org and attach the receipt of your Mass intention stipend donation made via online giving.

2. Mail: Send the completed form with check donation to: **37588 Fremont Blvd, Fremont, CA 94536**

3. Drop-off: Stop by the Parish Office and drop off the completed form with check donation in the mail slot.

Make all checks payable to **"Holy Spirit"**.

The Mass Intention Request form must be filled out completely. Incomplete information/requirements may delay the processing of requests. Requests received without stipend offering will not be processed.

Due to our large prayerful community here at Holy Spirit, it is absolutely **FIRST COME, FIRST SERVED!**

Requests are processed according to the date the application was received.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

- Nisar Safi & Family
- Yolanda
- Deven Decena
- Marmolil Ocampo
- Junaid Safi
- Edgar Rodriguez
- Lesli Griffiths
- Sebastian Belo
- Donna Alcantara

Pray for Our Recently Departed

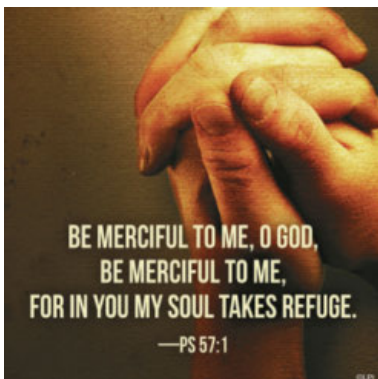
- Thelma Regner
- John Coons
- Rogelio Oreo
- Francisco Perania Canieso
- Nestor Bag-ao

Birthday Blessings

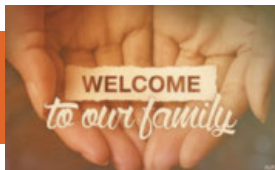
- Kim Le
- Katherine Borromeo

Wedding Anniversary Blessings

- Joseph & Angie Cimino (70 y)



For the Church, may she respond to the presence of Jesus in the Holy Eucharist with greater love and devotion, let us pray to the Lord...



INVITE

St. Vincent de Paul Backpack Drive July 20-21 and July 27-28, 2024

St. Vincent de Paul Society is collecting school backpacks for distribution to families in need. Your contribution will help children be prepared for the upcoming academic year.

We will also accept monetary donations (cash or check). Make checks payable to **St. Vincent de Paul**.

To drop off your donations, see one our St. Vincent de Paul members in St. Francis Plaza before or after Mass on Saturday 5:00 pm, Sunday 7:15 am, 9:00 am, 10:45 am, and 12:30 pm.

Indian Society Food Sale July 21, 2024

The Indian Society will be hosting their food sale next Sunday after the morning and 12:30 Masses in the Peace Center. The menu includes chicken tandoori, samosas, and mango lassi, and new items have been added—vindaloo (pork stew) and beef stew (not spicy).

All proceeds will go towards church projects. Thank you for your support.

Holy Spirit School is Hiring!

Holy Spirit School is a vibrant Catholic school dedicated to developing the whole child, while providing a quality Catholic education in a safe and caring environment by fostering a community grounded in the teachings of Jesus Christ.

We are seeking passionate and dedicated teachers to join our team. The ideal candidates will have a strong commitment to Catholic education and the ability to create a positive and engaging learning environment.

Our current openings are for Second Grade Teacher and Grades 6-8 Science Teacher. Visit the Announcements page of our website for more information. Interested applicants should send their resumes to Holly Marsh at hmarsh@csdo.org.

Filipino Society \$5 Meal Deal August 4, 2024

It's a Meal Deal Throwback!

In gratitude for our parish community's continued support, the Filipino Society will be hosting their \$5 Food Sale after the morning and 12:30 Masses in the Peace Center.

Join us for fellowship and a great meal—at a great deal!

3rd Annual Paint & Wine August 25, 2024 | 2:00-5:00 pm de Sousa House

Join us for an afternoon of painting and fellowship. Proceeds go towards the educational expenses of our seminarians in the Oakland Diocese.



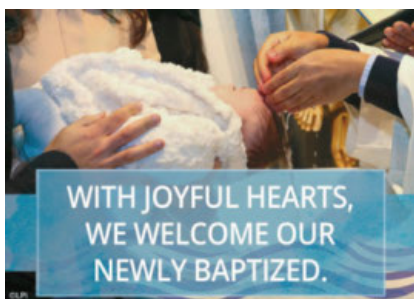
"The Angelus" by Jean-Francois Millet

Register by August 19th. \$20/person. Includes materials and refreshments. Minors (17 yrs. and under) must be accompanied by a parent. Contact us at info@holyspiritfremont.org or 510.797.1660.

Holy Spirit CYO Cross Country

Cross Country Season is just around the corner and registration is now open! All Kindergarten thru 8th graders are welcome - no experience necessary!

Please contact Tom Fezler at tfezler@ampf.com for details.



Dolores • Celine
Aiden • Aliana
Juliette • Armando

Bishop's Ministries Appeal 2024

The Bishop's Ministries Appeal supports the 70+ ministries that serve our diocese faithful as well as the greater communities where our parishes are located. This includes faith formation and evangelization, CYO sports, formation of priests to serve parishioners, care of the retired priests, parishes in action programs, and meeting the unexpected needs of schools and parishes.

To learn more about how your support makes a difference, and donate in a way that works for you—be it a recurring gift, a one-time gift, or a pledge—go to <https://oakdiocese.org/bishops-ministries-appeal>



Parish Goal \$99,400
To date: Total Receipts \$56,082; Percent of Goal Achieved 56.4%

AROUND THE PARISH



We Are Hiring! Maintenance Technician

Holy Spirit Parish & School is seeking a qualified individual as our temporary Maintenance Technician. This is a part-time position (20 hours/week).

The successful candidate will be responsible for providing routine maintenance work, janitorial support and facility use setups for the parish and school buildings and grounds including semi-skilled carpentry and plumbing along with other minor repair work.

For details of qualifications and responsibilities, please visit the Announcements page of our website. Send resume with cover letter to our Business Manager, Eric Hom, via email at eric@holyspiritfremont.org.

Filipino Society Annual Camping Trip August 30 - September 2, 2024

Join Fr. Ken and the Filipino Society during the Labor Day Weekend at Lake Don Pedro

in La Grange. Come for the day or for the whole weekend! For more information, please contact Danny Zenarosa at 510.468.7980.

July 4th Parade Winners Circle

We won! There were over 60 parade entries and eight (8) categories in this year's City of Fremont Independence Day Parade.



Holy Spirit Parish & School placed first in the "Novelty Marchers" category.



We thank everyone who represented our parish and participated in the parade, as well as those who came out to support us along the parade route.

Come and march with us next year!

Parish Office

Mondays to Fridays
9:00 am to 5:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Edilberto Castañas,
Parochial Vicar
510.456.4965
Fr. Hoa Binh Ha
Parochial Vicar
510.797.1660
Fr. Frank Kuwornu
In Residence
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Departments

Business Operations

Eric Hom
510.456.4970

Faith Formation & Evangelization

Rosalyn Jose
510.456.4971

Safe Environment

Peter Scampavia
510.456.4995

Facilities Scheduling

Peter Scampavia
510.456.4995

Youth & Young Adult Ministry

Mario Castellanos
510.456.4975

Music

Paul Orella
510.673.3873

Return to Distribution of the Precious Blood at Holy Communion

Beginning the weekend of August 3-4, 2024, we will once again offer Holy Communion under both species (bread and wine) here at Holy Spirit Parish.

Bishop Michael C. Barber, SJ, released a statement in May 2023 allowing the distribution of the Precious Blood, at the discretion of each pastor. The decision to reintroduce the offering of the chalice post-pandemic here at Holy Spirit has not been made lightly, and we are buoyed by the fact that, according to the CDC, we have "...more tools and resources than ever before to better protect ourselves and our communities."

Each of us should make our own decision when it comes to receiving one or both species. If you are immunocompromised, have respiratory symptoms, or may have been exposed to COVID or flu, it may be best to receive only the host.

We will begin by offering four chalices at each Vigil/Sunday Mass. Please be patient should we run out of the Precious Blood before you come to receive. We will adjust the amount of wine that is consecrated at each Mass as we gain experience with the number of people who seek to receive it.

Please note: One does not need to receive Holy Communion under both species to receive the full grace of the sacrament. The Catechism of the Catholic Church states: "Since Christ is sacramentally present under each of the species, communion under the species of bread alone makes it possible to receive all the fruit of Eucharistic grace." (CCC, No. 1390)



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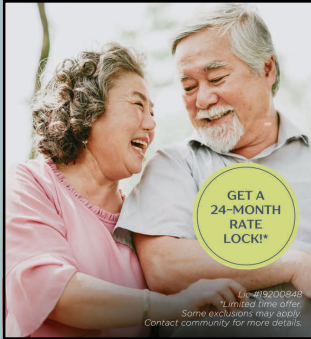
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