



HOLY SPIRIT FREMONT

SUNDAY, JUNE 16, 2024 | ELEVENTH SUNDAY IN ORDINARY TIME



11th SUNDAY IN ORDINARY TIME

“To what shall we compare the kingdom of God, or what parable can we use for it? It is like a mustard seed that, when it is sown in the ground, is the smallest of all the seeds on the earth. But once it is sown, it springs up and becomes the largest of plants.”- Mk 4:30-32b

Excerpts from the Lectionary for Mass © 2001, 1998, 1970 CCD.

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WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm (except on Holy Saturday)

Thursday before First Friday: 3:30 pm (except if it falls on Holy Thursday)

Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.

Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.

Next Mass: July 6, 2024

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.

Next Mass: July 5, 2024

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or stop by the Parish Office.

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, JUNE 16 | ELEVENTH SUNDAY IN ORDINARY TIME

Ez 17:22-24/Ps 92:2-3, 13-14, 15-16 (see 2a)/2 Cor 5:6-10/Mk 4:26-34

5:00 pm (Vigil Mass)	† Betty Bondie & Elizabeth Theisen, † Sebastian & Concetta Manzitto
7:15 am	Cecila Balajadia, † Rogelio Malonzo Tulao
9:00 am	Maryann Carlin, Diana Del Rosario, † Mariano Bautista, † Tony Paiva, † Agustin de Miguel
10:45 am	Espiritu Family, † Francis & Mila Mesia, † Ned Barrett Sr. & Bill Hinds, † Julio Bruno
12:30 pm	For the People of Holy Spirit Parish
5:00 pm	Tania Carbajal Romero, Nenita Calalo, † Felipe Villegas, † Sr. Mary My Le

MONDAY, JUNE 17 | MONDAY OF THE ELEVENTH WEEK IN ORDINARY TIME

1 Kgs 21:1-16/Ps 5:2-3ab, 4b-6a, 6b-7/Mt 5:38-42

7:00 am	Natasha Palamuttam, † Dominic Bang Dinh
8:15 am	Matthew & Midji Rovetta, † Angela Gomes

TUESDAY, JUNE 18 | TUESDAY OF THE ELEVENTH WEEK IN ORDINARY TIME

1 Kgs 21:17-29/Ps 51:3-4, 5-6ab, 11 and 16/Mt 5:43-48

7:00 am	Joe Zowin Family, † Rita Kane Hylle, † Germano De Pinna
8:15 am	Johnny Vu, † Maria Hoc Nguyen

WEDNESDAY, JUNE 19 | WEDNESDAY OF THE ELEVENTH WEEK IN ORDINARY TIME

2 Kgs 2:1, 6-14/Ps 31:20, 21, 24/Mt 6:1-6, 16-18

7:00 am	† Robert Ong, † Fausto Gatmaitan
8:15 am	Brenton, † Constanca Rivera, † Delia Novena
6:30 pm	Nash Aguas & Mika dela Cruz

THURSDAY, JUNE 20 | THURSDAY OF THE ELEVENTH WEEK IN ORDINARY TIME

Sir 48:1-14/Ps 97:1-2, 3-4, 5-6, 7/Mt 6:7-15

7:00 am	† Benjamin Gatmaitan
8:15 am	† Edmundo Palao

FRIDAY, JUNE 21 | MEMORIAL OF SAINT ALOYSIUS GONZAGA, RELIGIOUS

2 Kgs 11:1-4, 9-18, 20/Ps 132:11, 12, 13-14, 17-18/Mt 6:19-23

7:00 am	† Larry & Julia Davilla, † Christopher A. Flack
8:15 am	† Teresita Solomon Angsucu

SATURDAY, JUNE 22 | SATURDAY OF THE ELEVENTH WEEK IN ORDINARY TIME

2 Chr 24:17-25/Ps 89:4-5, 29-30, 31-32, 33-34/Mt 6:24-34

7:00 am	Efren Araza, Alice Garcia, † Jo-ann "Jay" Labrador
8:15 am	For the People of Holy Spirit Parish

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF SR. ANNETTE...

We are all very familiar with today's parable of Jesus comparing heaven to "a mustard seed ... the smallest of all the seeds ... spring[ing] up and become[ing] the largest of plants." However, inspired by the reading from Ezeiel where God says, "I will take from the crest of the cedar ... a tender shoot, and plant it on a high and lofty mountain; ... It shall put forth branches and bear fruit", and the responsorial psalm – "The just one shall flourish like the palm tree, like a cedar of Lebanon shall he grow ... they shall bear fruit even in old age; vigorous and sturdy shall they be," I would like to remember our fathers on this Father's Day.

Thomas Merton says, "A tree gives glory to God by being a tree. ... It is expressing an idea which is in God ... a tree imitates God by being a tree. The more a tree is like itself, the more it is like Him. ... No two created beings are exactly alike. And their individuality is no imperfection. ... This particular tree will give glory to God by spreading out its roots in the earth and raising its branches into the air and the light in a way that no other tree before or after it ever did or will do." (New Seeds of Contemplation)

A man imitates God uniquely when he becomes a father. His fatherhood, rooted in the parenthood of God the Father, grounds and stabilizes him, as he constantly reaches out to cherish his wife, and to embrace, protect and comfort his children. As a sapling grows, he learns to be true to himself, and

develops the qualities and characteristics needed to be the best he can be. "The just one shall flourish ... like a cedar."

He develops a resilience as he faces each day--welcoming the gentle breeze or remaining steady when buffeted in times of trouble--"vigorous and sturdy shall [he] be." By using the gifts freely given to him like sunshine and rain, he works to provide shelter and nourishment for his family. In fidelity, imitating his Creator, he bears "the fruits of the Spirit: love, joy, peace, patience, kindness, generosity, faithfulness, gentleness and self-control." (Galatians 5: 22)

Clearly, this description is an ideal; we recognize that the fathers we have been given are human. We all have shortcomings. In our experience, we have a wide variety of relationships with our fathers and not all of them are good or perfect. Yet somehow, we still owe them a debt of gratitude. So, as we remember our fathers and grandfathers on this day, let us thank them, forgive them, love them, honor them, and pray for them. Whether they are still here with us now or with our loving God, we ask God to bless, encourage, and gift each of them in the ways they most need.

May all our fathers be loved and forgiven!
May all our fathers give glory to God!
And may all our fathers be blessed abundantly!

Happy Father's Day!





SERVE

Vocations Crucifix Program



We are looking for parishioners to host the Vocations Crucifix and pray for men and women discerning to enter the priesthood or religious life.

Twice monthly on the second and fourth weekend of the month, families or an individual are presented with the Vocations Crucifix and invited to pray for two weeks.

To participate in this prayer ministry, please sign up on Flocknote or contact the Parish Office at 510.797.1660.

Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary.

For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

Charitable Gift Giving

In sharing your financial resources, you help our parish make the Body of Christ a visible and effective presence in our community and our world.

There are several gift giving opportunities, and through thoughtful planning, you can choose the option that works best for you and your loved ones.

Visit our parish website at <https://holyspiritfremont.org/give/> for more information.



St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Soup
- ⇒ Dry Pinto Beans—1-lb. bags
- ⇒ Tuna

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Eucharistic Ministers Needed

We are in need of new Eucharistic Ministers at ALL Masses on Sundays.

Please contact Dee Francisco at dee@holyspiritfremont.org if interested in joining this ministry.

Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week?

Then join our Holy Spirit Parish Office Ministry as a volunteer receptionist.

Contact Josephine at 510.797.1660 or info@holyspiritfremont.org

Ladies in Stitches

The Ladies in Stitches Ministry meets on the second Friday of the month, 2:00-4:00 pm in the Fireside Lounge.

We knit and crochet, and all of our handmade items are sold or donated. The money raised from sales is donated to different charitable organizations.

If you are interested, come and join us! If you cannot join us, but enjoy knitting or crocheting, drop off your handmade items at the Parish Office and we will pick them up.



Giving

Corner

Sunday, May 26

\$25,425

Second Collection coming up:

St. Vincent de Paul Society | June 30

Our pledged weekly amount (excluding special collections):
\$33,201

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

PRAY



Prayer for Father's Day

Dear God,
 Thank you for the gift of fatherhood.
 We pray for all fathers and those hoping to
 become fathers.
 May You give them the strength to be a
 vessel of Your love.
 Amen.

Alpha

Wednesdays Through August 14
 7:00 pm | de Sousa House 4-Plex

Alpha provides guests an opportunity to connect with one another while sharing thoughts, ideas, and opinions in a safe and caring environment. It is a space for honest conversation around some of life's biggest questions, while providing the chance to encounter Jesus.

Join us for dinner. Bring a friend. Please contact Rosalyn@holyspiritfremont.org for more information.

Priesthood Evenings of Discernment

St Michael's Parish, Livermore

Join Fr. Carl Arcosa and Fr. Matthew Murray for an evening of Prayer and Reflection for vocations to the Priesthood.

Schedule begins at 3:00pm and includes coffee & chat, testimony & prayer, Mass, and dinner:

- June 22, 2024
- August 24, 2024
- December 28, 2024

Women Gather

June 22, 2023

Would you like to meet with other women to share your faith and be supported in your spiritual journey?

Join us for the next in-person Women Gather meeting at Casa Julie in Fremont. We begin with prayer at 10:00 am followed by potluck lunch and an afternoon of service.

Space is limited. Contact Sr. Annette at 408.390.7184 to RSVP or for more information, address or other details.

Masses in Honor of Our Lady of Fatima Through October 2024

In honor of Blessed Mother Mary, join us:

- Friday, July 12 @ 6:30 pm
- Tuesday, August 13 @ 6:30 pm
- Friday, September 13 @ 6:30 pm
- Monday, October 14 @ 6:30 pm (Mass to be followed by International Rosary)

Spiritual Direction

Have you ever wondered how God might be working in your life? Do you have questions about discernment? Do you have special concerns about your prayer experience? Are you looking for a spiritual director?

Sr. Annette Burkart, SND is a spiritual companion who may be able to aid you in finding answers or direction. For more information, please contact Sr. Annette at 408.390.7184.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

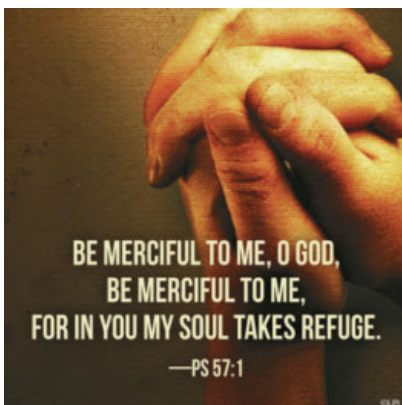
- Ramon Leo M. Climaco

Pray for Our Recently Departed

- Maura A. Fernando
- Willy Presa
- Juan Elias Villacorta

Birthday Blessings

- Alexi Letona
- Fr. John Carillo



Lord, we pray that through Vacation Bible School, the children in our community will grow in their relationship with You. We pray You remove any barriers that prevent their young hearts from receiving Your love and learning the truth about who You are. May they experience the overwhelming love You have for each of them. May the impact of VBS last a lifetime. Amen.



INVITE

Holy Spirit Preschool - Now Enrolling!

Come and join our preschool family! We are accepting applications for our 2024-2025 school year.

Our preschool offers a variety of opportunities for your child to learn!

For more information, Contact Ms. C.C. at 510.793.2013 or email hspreschool@csdo.org.

Filipino Society Food Sale June 23, 2024

The Filipino Society will be hosting their \$10 meal deal next Sunday after the morning and 12:30 Masses in the Peace Center. Join us for a great meal and fellowship.

For large orders, please email us by Thursday, June 20, at hsfs.communications@gmail.com.

Proceeds benefit parish special projects. Thank you for your support!

St. Queen Isabella Ministry

We're excited to announce our reimagined St. Queen Isabella Ministry, which is youth-driven and service-oriented.

For information on how young women and men grades 9-12 can participate, or to apply to be the next Queen Isabella, please scan the QR code.

You may also contact Mario Castellanos at mario@holyspiritfremont.org.



VBS Volunteers Needed

July 1-3, 2024

Volunteers are needed to decorate De Sousa House and the Parish Center in preparation for our July Vacation Bible School series. Please contact Rosalyn@holyspiritfremont.org for more information.

July 4th Parade

10:00 am to 12:00 pm



Our parish will be participating in this year's City of Fremont Independence Day Parade. Come and join us!

Arrive at the staging area by 9:00 am in the parking lot of the Fremont Main Library (2400 Stevenson Boulevard).

Show up with your ministry (red) banner, sport the Holy Spirit t-shirt and any patriotic accessories, and let's have fun!

Don't forget to wear comfortable shoes (we'll be doing a lot of walking!) and drink lots of water.

Mandatory Training for Eucharistic Ministers

July 9 & 16, 2024 | 6:30 pm | Church

All current and new Eucharistic Ministers must attend one of our training days. We are especially in need of new members as we will once again be offering Holy Communion under both species (bread and wine) beginning in August.

For any questions or if you would like to join our ministry, please contact Dee Francisco at dee@holyspiritfremont.org.



Amari
Adelyn
Carter

Vacation Bible School

Basic Elements

July 8-12, 2024 | 8:00 am-3:00 pm



Science Inspired, Christ Focused. Explore the world of science – from launching rockets to squishing slime — while walking through BASIC elements of faith. Believe, Ask, Serve, Impact, Celebrate.

VBS is open to students entering Grades 1-6 in the fall. Scan the QR Code to register.

Contact Rosalyn Jose at Rosalyn@holyspiritfremont.org for additional information.

Volunteers needed! Youth in Grades 7-12 and adults are welcome!



AROUND THE PARISH



Catholic Night at the Alameda County Fair

June 22, 2024 | 6:30-10:00 pm
Alameda County Fairgrounds

Love and Responsibility Bay Area, which seeks to promote healthy authentic relationships, invites all young adults for a night at the fair. Meet at the Farmhouse Bar/Lounge next to Grandstand. It will be a night of fellowship, explore grounds, and finish with Drone Show. To register, go to <https://forms.gle/yH5wfUPZTAujuPum6>. Admission and parking are separate.

Filipino Society Annual Camping Trip

August 30 - September 2, 2024

Join Fr. Ken and the Filipino Society during the Labor Day Weekend at Lake Don Pedro in La Grange.

Come for the day or for the whole weekend!

For more information, please contact Danny Zenarosa at 510.468.7980.

Bishop's Ministries Appeal 2024



The Bishop's Ministries Appeal supports the 70+ ministries that serve our diocese faithful as well as the greater communities where our parishes are located.

This includes faith formation and evangelization, CYO sports, formation of priests to serve parishioners, care of the retired priests, parishes in action programs, and meeting the unexpected needs of schools and parishes.

To learn more about how your support makes a difference, and donate in a way that works for you—be it a recurring gift, a one-time gift, or a pledge—go to <https://oakdiocese.org/bishops-ministries-appeal>

Parish Gift Shop Closures

Our parish gift shop will be closed beginning Father's Day, June 16 through July 7, 2024, and will re-open on Sunday, July 14th.

Parish Office

Mondays to Fridays
9:00 am to 5:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Edilberto Castañás,
Parochial Vicar
510.456.4965
Fr. Hoa Binh Ha
Parochial Vicar
510.797.1660
Fr. Frank Kuwornu
In Residence
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Departments

Business Operations
Eric Hom
510.456.4970
Faith Formation & Evangelization
Roselyn Jose
510.456.4975
Safe Environment
Peter Scampavia
510.456.4995
Facilities Scheduling
Peter Scampavia
510.456.4995
Youth & Young Adult Ministry
Mario Castellanos
510.456.4971
Music
Paul Orella
510.673.3873

Return to Distribution of the Precious Blood at Holy Communion

Beginning the weekend of August 3-4, 2024, we will once again offer Holy Communion under both species (bread and wine) here at Holy Spirit Parish.

Bishop Michael C. Barber, SJ, released a statement in May 2023 allowing the distribution of the Precious Blood, at the discretion of each pastor. The decision to reintroduce the offering of the chalice post-pandemic here at Holy Spirit has not been made lightly, and we are buoyed by the fact that, according to the CDC, we have "...more tools and resources than ever before to better protect ourselves and our communities."

Each of us should make our own decision when it comes to receiving one or both species. If you are immunocompromised, have respiratory symptoms, or may have been exposed to COVID or flu, it may be best to receive only the host.

We will begin by offering four chalices at each Vigil/Sunday Mass. Please be patient should we run out of the Precious Blood before you come to receive. We will adjust the amount of wine that is consecrated at each Mass as we gain experience with the number of people who seek to receive it.

Please note: One does not need to receive Holy Communion under both species to receive the full grace of the sacrament. The Catechism of the Catholic Church states: "Since Christ is sacramentally present under each of the species, communion under the species of bread alone makes it possible to receive all the fruit of Eucharistic grace." (CCC, No. 1390)



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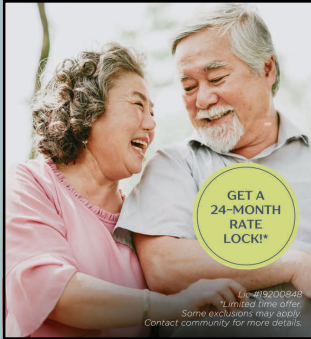
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