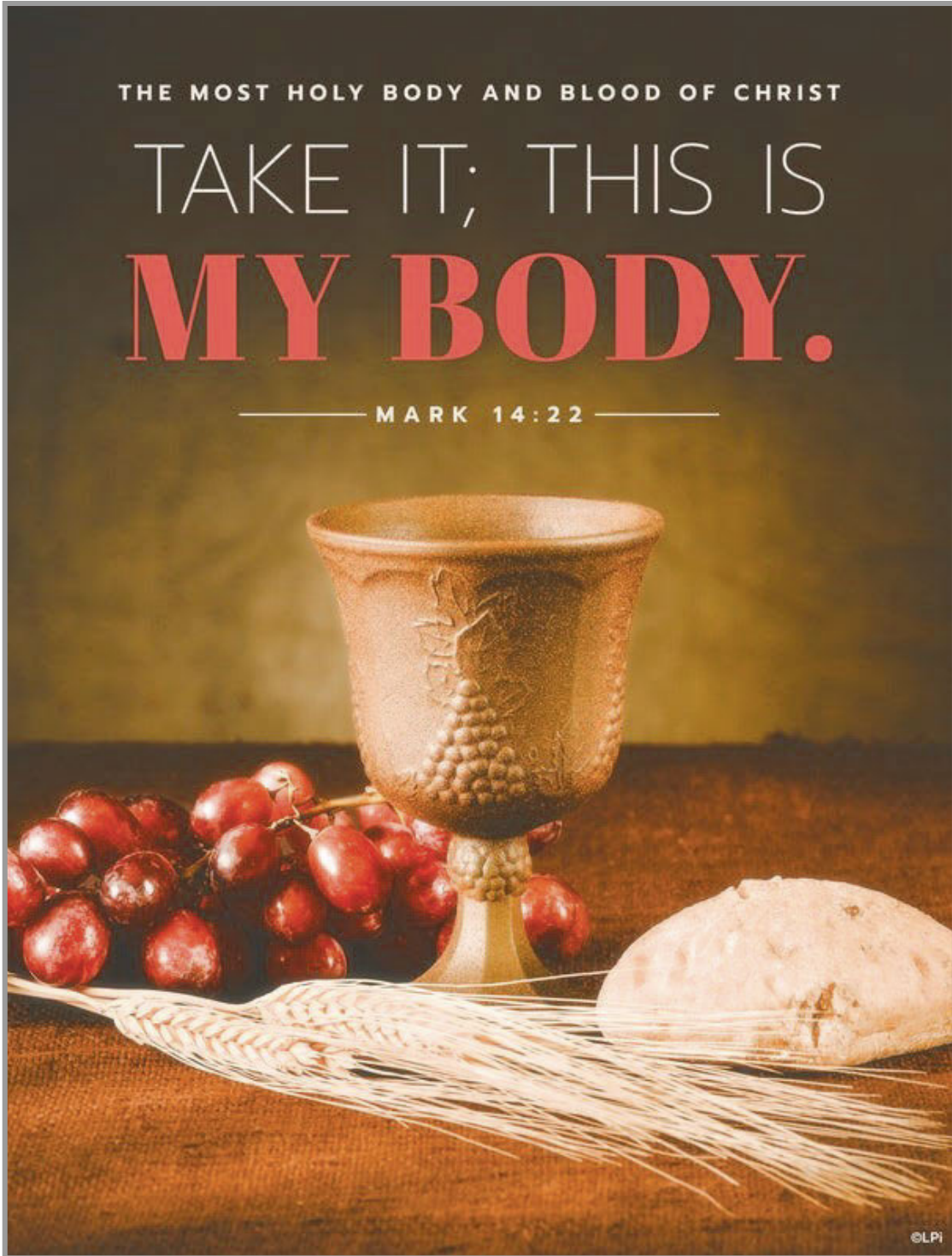




SUNDAY, JUNE 2, 2024 | THE MOST HOLY BODY AND BLOOD OF CHRIST



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm (except on Holy Saturday)

Thursday before First Friday: 3:30 pm (except if it falls on Holy Thursday)

Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.

Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.

Next Mass: July 6, 2024

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.

Next Mass: June 7, 2024

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, JUNE 2 | THE SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

Ex 24:3-8/Ps 116:12-13, 15-16, 17-18 (13)/Heb 9:11-15/Mk 14:12-16, 22-26

5:00 pm (Vigil Mass) Guerrero Family, † Dn. Richard Yee, † Andrea Heermann

7:15 am Joaquin Catapang

9:00 am For the People of Holy Spirit Parish

10:45 am † Dorotea Espiritu, † Rocco Filippone, † Inocencia Raymundo, † Teodora Dela Cruz

12:30 pm Victor & Gladys Duller, † Virgilio Lopez, † Sr. Mary My Le

5:00 pm † Dn. Richard Yee

MONDAY, JUNE 3 | MEMORIAL OF ST. CHARLES LWANGA & COMPANIONS, MARTYRS

2 Pt 1:2-7/Ps 91:1-2, 14-15b, 15c-16/Mk 12:1-12

7:00 am Elaine D' sa, Ofelia Marquez, † Domingo Marquez

8:15 am Elvira & Benjamin Abat, † Truong & Cuong Pham, † Erlinda De Vera

TUESDAY, JUNE 4 | TUESDAY OF THE NINTH WEEK IN ORDINARY TIME

2 Pt 3:12-15a, 17-18/Ps 90:2, 3-4, 10, 14 and 16/Mk 12:13-17

7:00 am † Francis Swaminathan, † Alejandro Marquez

8:15 am † Tim Zowin, † Dn. Richard Yee, † Hung & Ninh Pham

WEDNESDAY, JUNE 5 | MEMORIAL OF ST. BONIFACE, BISHOP & MARTYR

2 Tm 1:1-3, 6-12/Ps 123:1b-2ab, 2cdef/Mk 12:18-27

7:00 am Donnie Reece, † Bonifacio Sales, † Maria Loida Guevarra

8:15 am Valerie Oblena, † Desmond & Cecilia Gomes

6:30 pm For the People of Holy Spirit Parish

THURSDAY, JUNE 6 | THURSDAY OF THE NINTH WEEK IN ORDINARY TIME

2 Tm 2:8-15/Ps 25:4-5ab, 8-9, 10 and 14/Mk 12:28-34

7:00 am † Rogelio de Jesus, † Elvira E. Cervantes, † Joseph H. Zamora

8:15 am Giliben A. Luis, † Donna Hinds, † Samuel Cuellar

FRIDAY, JUNE 7 | SOLEMNITY OF THE MOST SACRED HEART OF JESUS

Hos 11:1, 3-4, 8c-9/Ps 12:2-3, 4, 5-6 (3)/Eph 3:8-12, 14-19/Jn 19:31-37

7:00 am † Baby M, † Dn. Richard Yee

8:15 am Jose Jr - Letty Aguirre, † Ross Bacica, † Marilou Vasquez

6:30 pm For the People of Holy Spirit Parish

SATURDAY, JUNE 8 | MEMORIAL OF THE IMMACULATE HEART OF THE BLESSED VIRGIN MARY

2 Tm 4:1-8/1 Sm 2:1, 4-5, 6-7, 8abcd/Lk 2:41-51

7:00 am Alice Garcia, † Thomas Pillai

8:15 am † Loc & Nhat Vu

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF SR. KAREN...

Have you ever moved away from a place where you lived for years near friends and family? When that happens, many feelings flood our beings; sadness, fears, and deep grief at the fact of not seeing them or being in places you loved. I moved recently from Vermont back here to Fremont after 30 years. I experienced separation anxiety as I realized I would probably never see some of the people I loved in those places again. I wanted a way to take something with me and leave something behind for those I left.

Today's Gospel reminds us of Jesus' feelings as He realized His time here was coming to an end and wishing to provide some way to stay and help His friends cope with the loss of His physical presence.

As I was leaving Vermont, I spent quality time with all my family and friends before I left and gave each one a blessing that they could keep as a way of remembering me. As Jesus was

leaving His close friends and mother, He wanted a way to stay with them and for them to celebrate His abiding presence always.

Jesus' ritual began at the Passover meal the night before His arrest. He took ordinary unleavened bread and wine and said the blessing. Jesus told those gathered that the wine and bread were now His Body and Blood and invited His followers to eat and drink. Jesus then instructed them that each time they performed this ritual in His memory, they would be united with Him.

Do we truly believe Jesus' words, that He is always with us in the Eucharist? We are so privileged to be able to receive Him when come to liturgy or when Holy Communion is administered outside of Mass (e.g., when we are homebound or ill). Our loving Brother desires to be with us and help us live God's life of love and compassion.

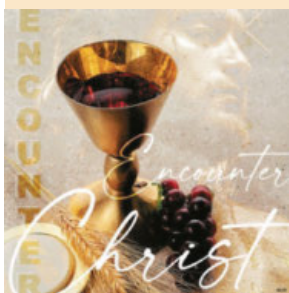
This is the gift we celebrate today – God's abiding presence in the Eucharist, Corpus Christi. Let us always be thankful for the gift of Jesus in our lives.

“Take it; this is my body.”

Then he took a cup, gave thanks, and gave it to them, and they all drank from it.

He said to them, "This is my blood of the covenant, which will be shed for many.”

(Mk 14:22-24)



Bishop's Ministries Appeal 2024

The Bishop's Ministries Appeal supports the 70+ ministries that serve our diocese faithful as well as the greater communities where our parishes are located.



This includes faith formation and evangelization, CYO sports, formation of priests to serve parishioners, care of the retired priests, parishes in action programs, and meeting the unexpected needs of schools and parishes.

To learn more about how your support makes a difference, and donate in a way that works for you—be it a recurring gift, a one-time gift, or a pledge—go to <https://oakdiocese.org/bishops-ministries-appeal>



SERVE

St. Joseph the Worker: Sister Parish Dispatch

A Message of Thanksgiving and Appreciation (December 2023)



Dear friends,

My name is Nicolasi Ayubu Sanga from St Joseph the Worker Parish-Ndungu in Tanzania.



I have currently joined the University of Dar Es Salaam Institute of Technology (DIT), whereby I'm taking over a Bachelor of Engineering in Compute Engineering.

Dear friends, I would like to deliver my thanks for being kind to me and all student till this time, as you have proceed [sic] providing fees to other students. Surely I appreciate your assistance.

God bless you.



Eucharistic Ministers Needed



We are in need of new Eucharistic Ministers at ALL Masses on Sundays.

Please contact Dee Francisco at dee@holyspiritfremont.org if interested in joining this ministry.

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Green Beans
- ⇒ Canned Spaghetti Sauce
- ⇒ Spaghetti Noodles—regular (no wheat or other)

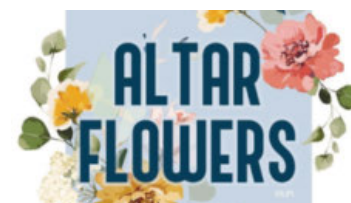
Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Second Collection for Maintenance & Improvement Fund June 1-2, 2024

This weekend's Second Collection is for our Parish Maintenance & Improvement Fund.

Restricted funds collected will be used for the maintenance and improvements of our facilities and deferred maintenance, and repairs such as plumbing issues, roof leaks, campus lighting and improved security, just to name a few.

For more information, please contact Eric Hom at eric@holyspiritfremont.org.



Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

We thank the following donors:

- May 25: Ashika John & Allen Chacko (correction)
- May 26: In memory of Joseph and Veronica Nicholas (correction)

Giving

Sunday, May 12

\$33,201

Corner

Second Collection coming up:
St. Vincent de Paul Society | June 30

Our pledged weekly amount (excluding special collections):
\$34,210

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

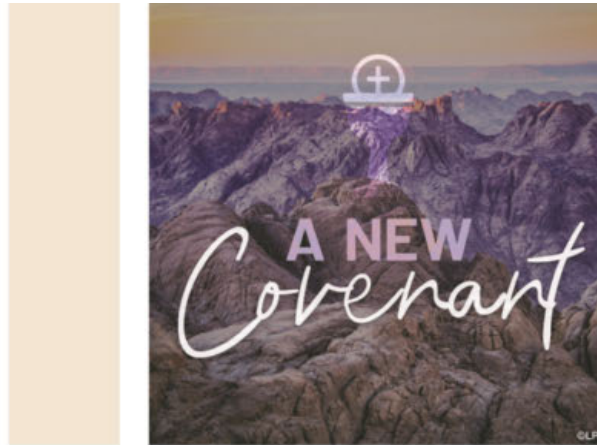


Saint of the week

Throughout the late 20th century and into recent times, there have been many stories of Chinese Catholic heroism — priests, bishops, and laypeople who have been martyred by anti-Catholic government officials. We remember and honor those who have died for their faith in China.

Prayer of the True Presence

My Lord and my Love —
Bread of Life, nourish me.
Pascal Lamb, restore me.
Jesus in the Blessed
Sacrament, consume me as I
consume you.
Amen.



Gospel Meditation

Encourage Deeper Understanding of Scripture

The best way to understand the Eucharist is to recall God's long, careful teaching process beginning in the Old Testament. This week in Exodus 24, we learn the basic pattern. Moses reads the dictates of God's law to the people, who profess their allegiance to it. Then Moses takes representatives of Israel's twelve tribes and splashes the sacrificed blood of animals in two directions: on the altar and on the people. It's clear and serious business: clear, because the participants are entering a blood-bond with God Himself; serious, because the dead animals symbolize the life-and-death stakes at play.

Many centuries later, God uses the experience at Sinai to teach us something new. At the Last Supper, like a new Moses, Jesus proposes to "pour out" blood as a new covenant. It will land on the altar of the cross and the lips of his disciples. They have promised to be obedient to him who is God's law in flesh. This renews and elevates the breath-taking romance God wants with His people, unfolding from Sinai to this Supper. The Body and Blood of Christ is the sacrificial action whereby this covenant is strengthened.

How hopeful that, like us, the Israelites and the apostles repeatedly fail to live up to their promises and discover that the blood of the covenant continually renews and refreshes them. Today the blood of Christ faithfully flows, to unite and renew, moving us forward toward where our great teacher is taking us. This week, we should say a renewed "amen" to God who so carefully teaches us how to be one with Him in this new covenant.

— Father John Muir



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

- Donna Alcantara
- Tom DeRoza
- Baby Hannah Buchanan
- Carol Robinson
- Alice Garcia

Pray for Our Recently Departed

- Roberto Padilla
- Annette Fagundes
- Pilar Noguera
- Mauro Monzon
- Randy Mass
- Teodora Dela Cruz

Birthday Blessings

- A.J. Javier-Dunbar

Adoration

Tues. and Thurs.

8:45 - 9:30 am

Spend time with our Lord in the Blessed Sacrament. God invites all of us to offer our joys and sorrows to Him.

Lord, we ask for your blessings over our parish's Vacation Bible School. We pray for the safety and wellbeing of each student, volunteer, and staff. May all hearts be open to receive the message of your love and mercy. May your Holy Spirit work in and through all involved. May all who come find community here and grow in their relationship with you. Amen!





INVITE

Corpus Christi Sunday

June 1-2, 2024

Join us on Corpus Christi Sunday. We will have an indoor procession with the Blessed Sacrament after each mass.



At the 12:30 pm mass, we will process outdoors around the Parish grounds.

Alpha

May 22-August 14, 2024 | 7:00 pm

Alpha provides guests an opportunity to connect with one another while sharing thoughts, ideas, and opinions in a safe and caring environment.

It is a space for honest conversation around some of life's biggest questions, while providing the chance to encounter Jesus.

Join us for dinner. Bring a friend. For more information, contact Rosalyn@holyspiritfremont.org.

Spiritual Direction

Have you ever wondered how God might be working in your life? Do you have questions about discernment? Do you have special concerns about your prayer experience? Are you looking for a spiritual director?

Sr. Annette Burkart, SND is a spiritual companion who may be able to aid you in finding answers or direction.

For more information, please contact Sr. Annette at 408.390.7184.

Grief Support Group Meetings

Sundays Through June 9, 2024

2:30-3:30 pm | Fireside Lounge

If you have had a loss, please consider allowing us to walk with you as you work through your grief in a safe and confidential environment. No RSVP is necessary; all are welcome.

For more information, contact Helen Campbell at 510.795.7958.

June 2 - Understanding ritual and healing

June 9 - Memorial service

Masses in Honor of Our Lady of Fatima

Through October 2024

In honor of Our Lady of Fatima, join us:

- Thursday, June 13 @ 6:30 pm
- Friday, July 12 @ 6:30 pm
- Tuesday, August 13 @ 6:30 pm
- Friday, September 13 @ 6:30 pm
- Monday, October 14 @ 6:30 pm (Mass to be followed by International Rosary)

St Queen Isabella Ministry

We're excited to announce our reimagined St. Queen Isabella Ministry, which is youth-driven and service-oriented.

For information on how young women and men grades 9-12 can participate, please scan the QR code or contact Mario Castellanos at mario@holyspiritfremont.org.



Ana
Rae Jolene
Santiago
Isla Beatriz

Vacation Bible School | Summer Series



Hometown Nazareth

June 10-14, 2024 | 8:00 am-3:00 pm

Experience what life was like for Jesus as a child in ancient Nazareth. Meet Mary and hear her stories about Jesus. VBS is open to students in Grades 1-6.



Basic Elements

July 8-12, 2024 | 8:00 am-3:00 pm

Science Inspired, Christ Focused. Explore the world of science – from launching rockets to squishing slime — while walking through BASIC elements of faith — Believe, Ask, Serve, Impact, Celebrate.

Volunteers needed for both sessions! Youth in Grades 7-12 and adults are welcome!



AROUND THE PARISH



2024 Oakland Diocese Track & Field Championship Final Results

Boys:

Caleb Canotal 8th Grade: Tetherball 1st place
Matthew Johnson 8th Grade: Softball 4th place
Mathias Pinaula 7th Grade: 100m 2nd place/ 400m 4th place / Long Jump 3rd place
James Kennedy 7th Grade: 400m 5th place/ 800m 2nd place / Softball 3rd place
Benjamin Bachar 7th Grade: 1600m 4th place
Logan Yoshida 5th Grade: 200m 5th place/ 400m 5th place
Luke Kennedy 5th Grade: 400m 8th place / High Jump 2nd place / Tetherball 2nd place
Remy Yokogawa 3rd Grade: 400m 7th place

4x100 8th grade Relay Team 7th place Caleb Canotal, Matthew Johnson, Ryan Navarro, Joachim Boccovi
4x400 8th Grade Relay Team 3rd place Caleb Canotal, Ryan Navarro, James Kennedy, Mathias Pinaula

Girls:

Sophia Osanyinjobi 7th Grade: 200m 3rd place / 400m 1st place
Micah Long 7th Grade: 100m 1st place / 200m 9th place / LJ 4th place
Maia Wong 7th Grade: 800m 1st place / LJ 2nd place / HJ 1st place
Angela Valle 7th Grade: 400m 4th place / LJ 5th place
Samiksha Dani 6th Grade: 100m 3rd place / 400m 5th place / LJ 1st place
Dishti Bhat 6th Grade: 800m 1st place / 400m 7th place
Hannah Hussong 5th Grade: 100m 6th place / 200m 9th place / LJ 5th place
Lia Stowell 5th Grade: HJ 1st
Tamara Murguieta 4th Grade: 100m 3rd place / 400m 7th place
Brooklyn Dangerfield 4th Grade: 50m 4th place / 400m 6th place / LJ 5th place
Skye Harper 3rd Grade: 100m 3rd place / 200m 2nd place
Celestina Bakke 3rd Grade: 100m 2nd place / 400m 7th place / LJ 1st place
Kalina Kennedy 3rd Grade: 200m 4th place / 800m 4th place / Tether 4th place
Alessandra Aguilar 3rd Grade: 400m 6th place / LJ 5th place
Penelope Delarosa 3rd Grade: 800m 1st place / 400m 2nd place

4x100 Relay Team 7th Grade Girls 1st Place Isabella Phillips, Angela Valle, Micah Long, Maia Wong
4x100 Relay Team 5th Grade Girls 4th Place Hannah Hussong, Brielle Harper, Margaret Sandoval, Josefina Virzi
4x100 Relay Team 3rd Grade Girls 1st Place Celestina Bakke, Skye Harper, Alessandra Aguilar, Kalina Kennedy
4x400 Relay Team Girls 2nd Place Maia Wong, Micah Long, Angela Valle, Sophia Osanyinjobi



Parish Office

Mondays to Fridays
9:00 am to 5:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Edilberto Castañas,
Parochial Vicar
510.456.4965
Fr. Hoa Binh Ha
Parochial Vicar
510.797.1660
Fr. Frank Kuwornu
In Residence
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Departments

Business/Maintenance

Eric Hom
510.456.4970

Faith Formation & Evangelization

Rosalyn Jose
510.456.4975

Safe Environment

Peter Scampavia
510.456.4995

Facilities Scheduling

Peter Scampavia
510.456.4995

Youth & Young Adult Ministry

Mario Castellanos
510.456.4971

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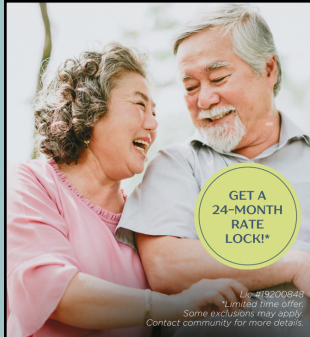
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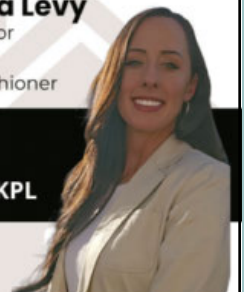
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