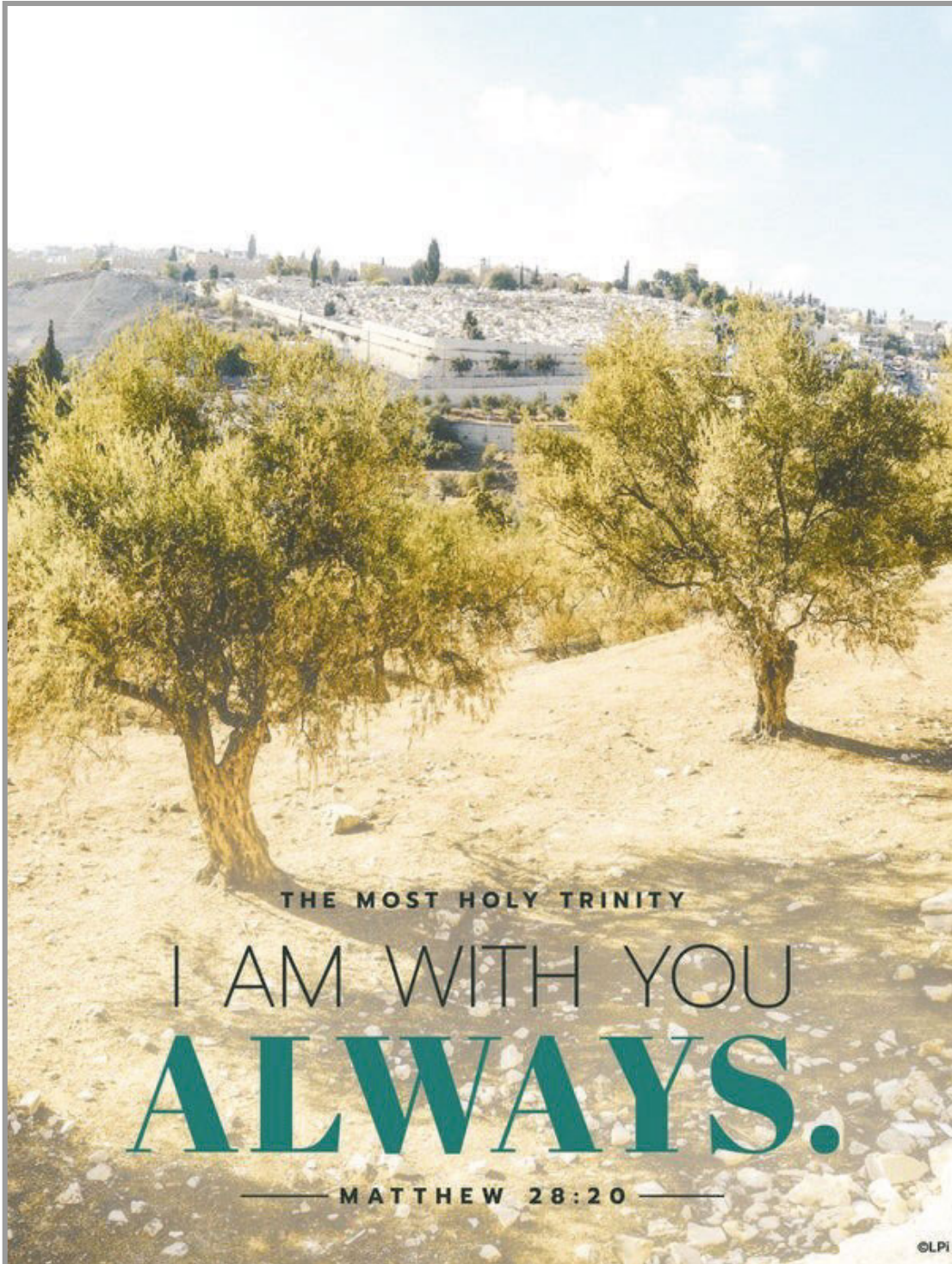




SUNDAY, MAY 26, 2024 | SOLEMNITY OF THE MOST HOLY TRINITY



WELCOME
With joy we welcome all who have gathered here with us to worship God.
“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)
Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT
37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE
Weekend
Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm
Weekday
Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm (except on Holy Saturday)

Thursday before First Friday: 3:30 pm (except if it falls on Holy Thursday)

Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.

Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.

Next Mass: June 1, 2024

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.

Next Mass: June 7, 2024

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, MAY 26 | THE SOLEMNITY OF THE MOST HOLY TRINITY

Dt 4:32-34, 39-40/Ps 33:4-5, 6, 9, 18-19, 20, 22 (12b)/Rom 8:14-17/Mt 28:16-20

5:00 pm Steve & Letty Waterhouse, Michael Oblena, † Dn Richard Yee, † Fatima Obispo Barredo (Vigil Mass)

7:15 am For the People of Holy Spirit Parish

9:00 am † Victorian & Magdalena Avendano, † De Pinna Remedios Family, † Corazon Cinco Rivera, † Araceli Del Rosario

10:45 am † Jean Steele, † Dorothy Menez, † Corazon Cinco Rivera, † Engracio, Jr. Abagat

12:30 pm † German Acosta, † Joseph & Ana, Ouseph Kolath, † Sr. Mary My Le

5:00 pm May & Charlie Capati, † Arlene Poma, † Dn. Richard Yee, † Antonio Manguiat

MONDAY, MAY 27 | MONDAY OF THE EIGHTH WEEK IN ORDINARY TIME

1 Pt 1:3-9/Ps 111:1-2, 5-6, 9 and 10c/Mk 10:17-27

7:00 am † Julie He Buan & Rosario De Jesus, † Guillermo Salvador Lucas

8:15 am Bobby & Cezy Reyes, Magdalena Miranda Kline, † Vicente Atienza

TUESDAY, MAY 28 | TUESDAY OF THE EIGHTH WEEK IN ORDINARY TIME

1 Pt 1:10-16/Ps 98:1, 2-3ab, 3cd-4/Mk 10:28-31

7:00 am † Elena Canio & Conrado B. Canio, † Domingo Marquez, † Danilo Timajo

8:15 am † Marina & Virgilio Concepcion, † Dn. Richard Yee

WEDNESDAY, MAY 29 | WEDNESDAY OF THE EIGHTH WEEK IN ORDINARY TIME

1 Pt 1:18-25/Ps 147 :12-13, 14-15, 19-20/Mk 10:32-45

7:00 am Salvador & Ofie Flores, † Lauro Carreon, † Souls in Purgatory

8:15 am Norma Tamayo, Evans Wang, † Aquilino Domingo, Jr.

6:30 pm Arlene Saniano & Arthur Buan, † Wai Ying Wong Ng, † Antonio Aguirre

THURSDAY, MAY 30 | THURSDAY OF THE EIGHTH WEEK IN ORDINARY TIME

1 Pt 2:2-5, 9-12/Ps 100:2, 3, 4, 5/Mk 10:46-52

7:00 am † Teresa Sementer, † Elsa Binavice, † Dn. Richard Yee

8:15 am † Lucila T. Concepcion, † Patricia Ahern, † Juana & Flaviano Reduque

FRIDAY, MAY 31 | FEAST OF THE VISITATION OF THE BLESSED VIRGIN MARY

Zep 3:14-18a or Rom 12:9-16/Is 12:2-3, 4bcd, 5-6/Lk 1:39-56

7:00 am Emilio R. Garcia, † Dn. Richard Yee

8:15 am Nestor Villamor, † Petronila Domingo, † Samuel Cuellar

SATURDAY, JUNE 1 | MEMORIAL OF SAINT JUSTIN, MARTYR

Jude 17, 20b-25/Ps 63:2, 3-4, 5-6/Mk 11:27-33

7:00 am † Maria Luisa Thomas

8:15 am † Franz Jost, † Jan & Agatha Zawartica

12:00 pm For the People of Holy Spirit Parish

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF DN. CHUCK...

MOST HOLY TRINITY



You will not hear the word Trinity in the Bible. It is a concept that developed over time. At the Eleventh Synod of Toledo (Spain, 675 AD), the Holy Catholic Church declared the following:

"We confess and we believe that the holy and indescribable Trinity, Father, Son, and Holy Spirit is one only God in His nature, a single substance, a single nature, a single majesty and power. We acknowledge Trinity in the distinction of persons; we profess Unity because of the nature or substance. The three are one, as a nature, that is, not as person. Nevertheless, these three persons are not to be considered separable, since we believe that no one of them existed or at any time effected anything before the other, after the other, or without the other."

Dogma is defined as a doctrine concerning faith or morals formally stated and authoritatively proclaimed by a church. Therefore, as Church Dogma, the Trinity is a subject that we take on faith alone.

I challenge you to search for the painting titled "Trinity", by Andrei Rublev. Study the painting and decide which of the three figures Rublev meant to be a depiction of the Father, or the Son, or the Holy Spirit. Justify your decision keeping in mind the statement from the Eleventh Synod: "...these three persons are not to be considered separable."

So as we celebrate this Solemnity of the Most Holy Trinity, let us always remember, that no matter which of the Three Persons of the Trinity we invoke with our prayers, the other two are there also, to be with us in our time of need as well as to be there in our times of celebration.

Dn. Chuck and Sherry



Then Jesus approached and said to them, "All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you."

(Jn 10:14-15)

FORMED PICK OF THE WEEK

FORMED

Solemnity of the Most Holy Trinity (Year B)

Watchformed.org

Have you ever felt a tug to do something out of the ordinary? Maybe say something to someone you've never met before or call up an old friend to check in even though it's been years? This tug can make us feel uncomfortable, as we aren't sure why we have this feeling we need to act, but we feel almost disobedient if we don't follow through. Often times, this is the Holy Spirit. He puts things on our hearts in order for us to be Christ to others. Through Baptism and Confirmation, we have the Holy Spirit living in us. Next time you feel prompted to reach out to another, be bold in love and ask the Holy Spirit to give you the courage to follow through.



SERVE

St. Joseph the Worker: Sister Parish Dispatch

Fr. Sam continues his studies in Psychology and Theological Youth Ministry at the University of Salzburg. He is enjoying his time in Austria and as you can see, it's quite a change from Tanzania!



Special Collection: Catholic Communications / USCCB May 25-26, 2024

Through websites, social networks, television, radio, and print, the Catholic Communication Campaign (CCC) helps the Church spread the Gospel message through the media locally and nationally.

Half of all donations to the CCC collected in the Oakland Diocese stays in our diocese to support local communications needs, such as radio and television programming and diocesan publications.

Envelopes are available in the church for your use. Place your donation in one of the envelopes and drop it in the regular offertory basket. Donations may also be mailed to:
Catholic Communication Campaign
Office of National Collections
U.S.C.C.B.
P.O. Box 96278
Washington, DC 20090-6278

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Green Beans
- ⇒ Canned Spaghetti Sauce
- ⇒ Spaghetti Noodles—regular (no wheat or other)

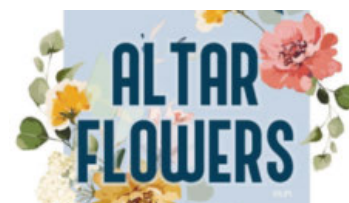
Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Second Collection for Maintenance & Improvement Fund June 1-2, 2024

Next weekend's Second Collection is for our Parish Maintenance & Improvement Fund.

Restricted funds collected will be used for the maintenance and improvements of our facilities and deferred maintenance, and repairs such as plumbing issues, roof leaks, campus lighting and improved security, just to name a few.

For more information, please contact Eric Hom at eric@holyspiritfremont.org.



Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary.

For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

We thank the following donors:

- May 25: Ashoka John & Allen Chacko
- May 26: In Memory of Joseph Nicholas

Giving

Corner

Sunday, May 5

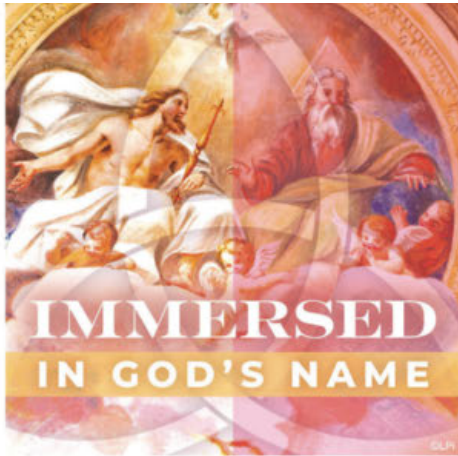
\$46,247

Second Collection coming up:
Maintenance & Improvement Fund | June 2

Our pledged weekly amount (excluding special collections):
\$34,210

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Gospel Meditation

Encourage Deeper Understanding of Scripture

Once I was at a meeting with representatives of various religions. On a coffee break, a man from another religion mused to me: "You know, with all our differences, all religions are really about being good people." I lowered my cappuccino and said as warmly as I could, "That's not what mine's about." His quizzical look begged for clarification. "Mine is about plunging into the life of God," I said.

Just before Jesus ascends into heaven, he commands the eleven apostles, "Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you; and behold, I am with you always, until the end of the age." (Matthew 28:19-20). The word "baptize" means "to immerse in, to plunge into." It presupposes the use of water. But what does it mean to be immersed in God's name? In the Bible, God's name is identical to God Himself. So, to be baptized into water, using Jesus' formula, is to be plunged into the life of God. Said another way, it is to die with Jesus and rise with him as a member of his body.

The Trinity isn't a doctrine simply to accept and ponder. It's more like an ocean: a mystery into which we are baptized ... inserted, immersed, dunked, plunged. Baptism gives us power to live our lives as beloved children of God, patterned after Jesus himself, who is always with us, until the end of the ages. Hardly the same as being good people. Stranger, but much better.

— Father John Muir

Saint of the week

Blessed Mary Magdalene of the Incarnation was an Italian sister who founded the Order of the Sisters of Perpetual Adoration of the Most Blessed Sacrament. After many ecstatic visions of Jesus, she knew her life's mission would be to make Christ in the Eucharist available to everyone.

Prayer of the Trinity

What a mystery you are, God.
God the Father, help me to root my identity in You as my father.
God the Son, help me to live as Your beloved.
God the Holy Spirit, help me to know You as closely as the breath in my lungs.
Amen.

Pray for Our Sick

- Balleca De Leon
- Alejandro Leon
- Junaid Safi
- Luis Barrera
- Isabel Rivera
- Sarah Maya
- Estrella S. Lomogda
- Bong Rivera
- Diane Sandoval
- Lilia Caalim

Pray for Our Recently Departed

- Paulina Martina Rivera

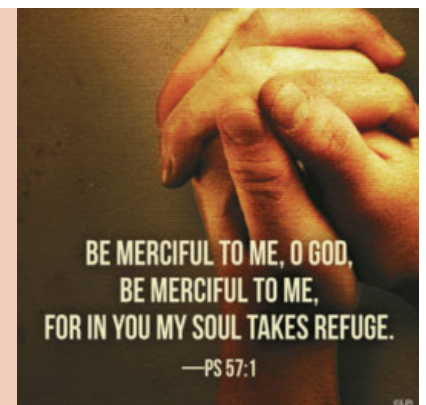
Birthday Blessings

- Dn. Tim Roberto
- Cecilia Macasero



Lord, please bless our Vacation Bible School volunteers. Fill their hearts with your love and patience. Be with our staff as they plan and prepare for our Vacation Bible School this year. Bless them with health and creative ideas to engage the children. Give them peace and fill their heart with joy.

Amen.





INVITE



Fr. Ken's 20th Ordination Anniversary

June 1, 2024
12:00 pm

Let's celebrate Fr. Ken's 20th anniversary in the priesthood.

Mass will be followed by a reception in St. Francis Plaza.

Alpha

May 22-August 14, 2024 | 7:00 pm

Alpha provides guests an opportunity to connect with one another while sharing thoughts, ideas, and opinions in a safe and caring environment.

It is a space for honest conversation around some of life's biggest questions, while providing the chance to encounter Jesus.

Join us for dinner. Bring a friend. For more info, contact Rosalyn@holyspiritfremont.org.

Spiritual Direction

Have you ever wondered how God might be working in your life? Do you have questions about discernment? Do you have special concerns about your prayer experience? Are you looking for a spiritual director?

Sr. Annette Burkart, SND is a spiritual companion who may be able to aid you in finding answers or direction. For more information, please contact Sr. Annette at 408.390.7184.

Grief Support Group Meetings

Sundays Through June 9, 2024
2:30-3:30 pm | Fireside Lounge

If you have had a loss, please consider allowing us to walk with you as you work through your grief in a safe and confidential environment. No RSVP is necessary; all are welcome.

For more information, contact Helen Campbell at 510.795.7958.

June 2 - Understanding ritual and healing

June 9 - Memorial service

Ladies in Stitches

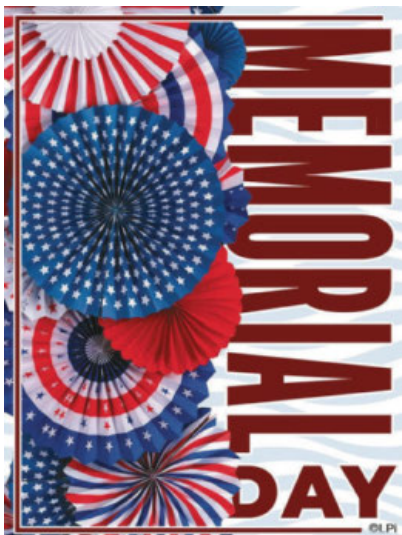
The Ladies in Stitches Ministry meets on the second Friday of the month, 2:00-4:00 pm in the Fireside Lounge. We knit and crochet, and all of our handmade items are sold or donated. The money raised from sales is donated to different charitable organizations.

If you are interested, come and join us! If you cannot join us, but enjoy knitting or crocheting, drop off your handmade items at the Parish Office and we will pick them up.

Masses in Honor of Our Lady of Fatima Through October 2024

In honor of Our Lady of Fatima, join us:

- Thursday, June 13 @ 6:30 pm
- Friday, July 12 @ 6:30 pm
- Tuesday, August 13 @ 6:30 pm
- Friday, September 13 @ 6:30 pm
- Monday, October 14 @ 6:30 pm (Mass to be followed by International Rosary)



Vacation Bible School | Summer Series



Hometown Nazareth

June 10-14, 2024 | 8:00 am-3:00 pm



Experience what life was like for Jesus as a child in ancient Nazareth. Meet Mary and hear her stories about Jesus. VBS is open to students in Grades 1-6.



Basic Elements

July 8-12, 2024 | 8:00 am-3:00 pm

Science Inspired, Christ Focused. Explore the world of science – from launching rockets to squishing slime — while walking through BASIC elements of faith — Believe, Ask, Serve, Impact, Celebrate.

Volunteers needed for both sessions! Youth in Grades 7-12 and adults are welcome!

AROUND THE PARISH



Priestly Ordination

May 25, 2024 | 11:00 am
Cathedral of Christ the Light,
Oakland

Join us for the ordination of Transitional Deacons, Juan Carlos Ponce and John Paul Rabago to the order of Priesthood. Please keep these young men in prayer as they begin their ministry.

Memorial Day | Parish Department Closures

May 27, 2024

All parish departments, including the Parish Office & Rectory and de Sousa House, will be closed on Monday, May 27th, in observance of Memorial Day.

On this day, we remember and honor those who died in service to our country and for their families' sacrifices.

Solemn Corpus Christi Mass and Outdoor Eucharistic Procession

June 2, 2024 | 11:00 am
Cathedral of Christ the Light,
Oakland

Bishop Michael C. Barber, S.J., would like to invite all children who have received First Holy Communion to participate in the Corpus Christi Mass and outdoor Eucharistic Procession. Children are invited to wear their First Communion garments.

Priesthood Evenings of Discernment

St Michael's Parish, Livermore

Join Fr. Carl Arcosa and Fr. Matthew Murray for an evening of Prayer and Reflection for vocations to the Priesthood. Schedule begins at 3:00pm and includes coffee & chat, testimony & prayer, Mass, and dinner.

- June 22, 2024
- August 24, 2024
- December 28, 2024

Table of Plenty

As of June 1, 2024, the Table of Plenty pantry will be closing. We want to thank all of you who have supported the pantry since March 2020.

We will no longer need donations of grocery bags or egg cartons.

The Table of Plenty will continue to serve a sit-down, hot meal every Saturday inside the Peace Center, served by our various groups.

Eucharistic Ministers Needed

We are in need of new Eucharistic Ministers at the 12:30 and 5:00 pm Masses on Sundays.

Please contact Dee Francisco at dee@holyspiritfremont.org if interested in joining this ministry.

Parish Office

Mondays to Fridays
9:00 am to 5:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Edilberto Castañás,
Parochial Vicar
510.456.4965
Fr. Hoa Binh Ha
Parochial Vicar
510.797.1660
Fr. Frank Kuwornu
In Residence
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Departments

Business/Maintenance

Eric Hom
510.456.4970

Faith Formation & Evangelization

Rosalyn Jose
510.456.4975

Safe Environment

Peter Scampavia
510.456.4995

Facilities Scheduling

Peter Scampavia
510.456.4995

Youth & Young Adult Ministry

Mario Castellanos
510.456.4971

Music

Paul Orella
510.673.3873

Bishop's Ministries Appeal 2024

The Bishop's Ministries Appeal supports the 70+ ministries that serve our diocese faithful as well as the greater communities where our parishes are located.

This includes faith formation and evangelization, CYO sports, formation of priests to serve parishioners, care of the retired priests, parishes in action programs, and meeting the unexpected needs of schools and parishes.

To learn more about how your support makes a difference, and donate in a way that works for you—be it a recurring gift, a one-time gift, or a pledge—go to <https://oakdiocese.org/bishops-ministries-appeal>





DENISE KASHYAP
REALTOR®

510-371-1383

DeniseKashyap@gmail.com

DRE #206539469



99 Tea House

3623 Thornton Ave
510-509-2315
99teahouse.com

Parishioner 10% OFF

ALLIANCE
BAY REALTY

37600 Central Ct. Ste. 264
Newark, CA 94560
510-928-7121 Cell
510-742-6600 Office
aidad@comcast.net
www.aidacares.com

Aida Cares

Aida C. Dizon
REALTOR®
DRE#01435690

SPECIAL
DISCOUNT
OFFERED

PARISHIONER
for 25 Years



ACV ROOFING INC., D.B.A.
THE SULLIVAN GROUP

Roof replacements | Preventive maintenance
Emergency repairs and service calls
New Construction | Residential & Commercial
Locally Owned & Operated
Official Roofer of Holy Spirit

510-774-0073

www.sullivangrouproofing.com

With the right financial advisor,
life can be brilliant.



Thomas R. Fezler, CRPC®, APMA®, CLTC®
Private Wealth Advisor
Managing Director
650.226.2098
tfezler@ampf.com
CA Insurance #0D82009

Ameriprise
Financial

Ameriprise Financial Services, LLC. Member FINRA and SIPC. © 2020 Ameriprise Financial, Inc.

catholicmatch®

California



CatholicMatch.com/CA

SUPPORT OUR
ADVERTISERS!



GET A
24-MONTH
RATE
LOCK!*

*12/19/2020-9/24/21, initial time offer.
Some exclusions may apply.
Contact community for more details.

COGIR | **FREMONT**
SENIOR LIVING

OFFERING INDEPENDENT
& ASSISTED LIVING

CALL US TO SCHEDULE A TOUR!
(510) 455-7427

COGIROFFREMONT.COM

Center For Implant Dentistry



\$14,990
per jaw

EXTREME *Smile* MAKE OVER

Free Consultation with CT Scan
Fixed Permanent Teeth
in 2-4 Days



Before



After

Serving California

Phone (510) 574-0496 www.bayareaimplantdentistry.com

Vintage
CATERING

FUNERAL AND MEMORIAL SERVICES
(510) 657-1149 • WWW.VINTAGECATERING.COM



COMPLETE AUTO REPAIR



37159 Moraine St • Fremont
(510) 552-1366

Catholic Parishioners
Mon - Fri 8:00 am - 5:00 pm

- General maintenance **\$10 Off Any Service**
- Smog Check
- Hybrid Vehicles service
- Tires and Alignments
- Automotive Locksmith
- A/C service
- Check Engine Light Troubleshooting
- Smog Training School
- Brake and Lamp inspection



FREMONT
CHAPEL OF THE ROSES

510 797-1900

Lic. #FD1007

1940 Peralta Blvd • Fremont, CA 94536

Graciously Serving Families Since 1958 • Family Owned Business
www.fremontchapeloftheroses.com • www.fremontmemorialchapel.com

FREMONT
MEMORIAL CHAPEL

CREMATION • BURIAL • PRE-PLANNING

510 793-8900

Lic. #FD1115

3723 Peralta Blvd • Fremont, CA 94536

real

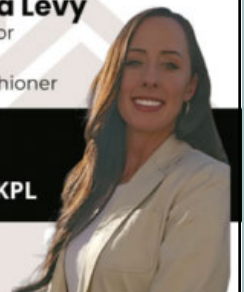
Kristina Para Levy

Local Realtor
and
Holy Spirit Parishioner

510.209.4442

@keepitrealestate.KPL

DRE#02035091



For ad info. call 1-800-950-9952 • www.4lpi.com

Holy Spirit, Fremont, CA

A 4C 05-1165