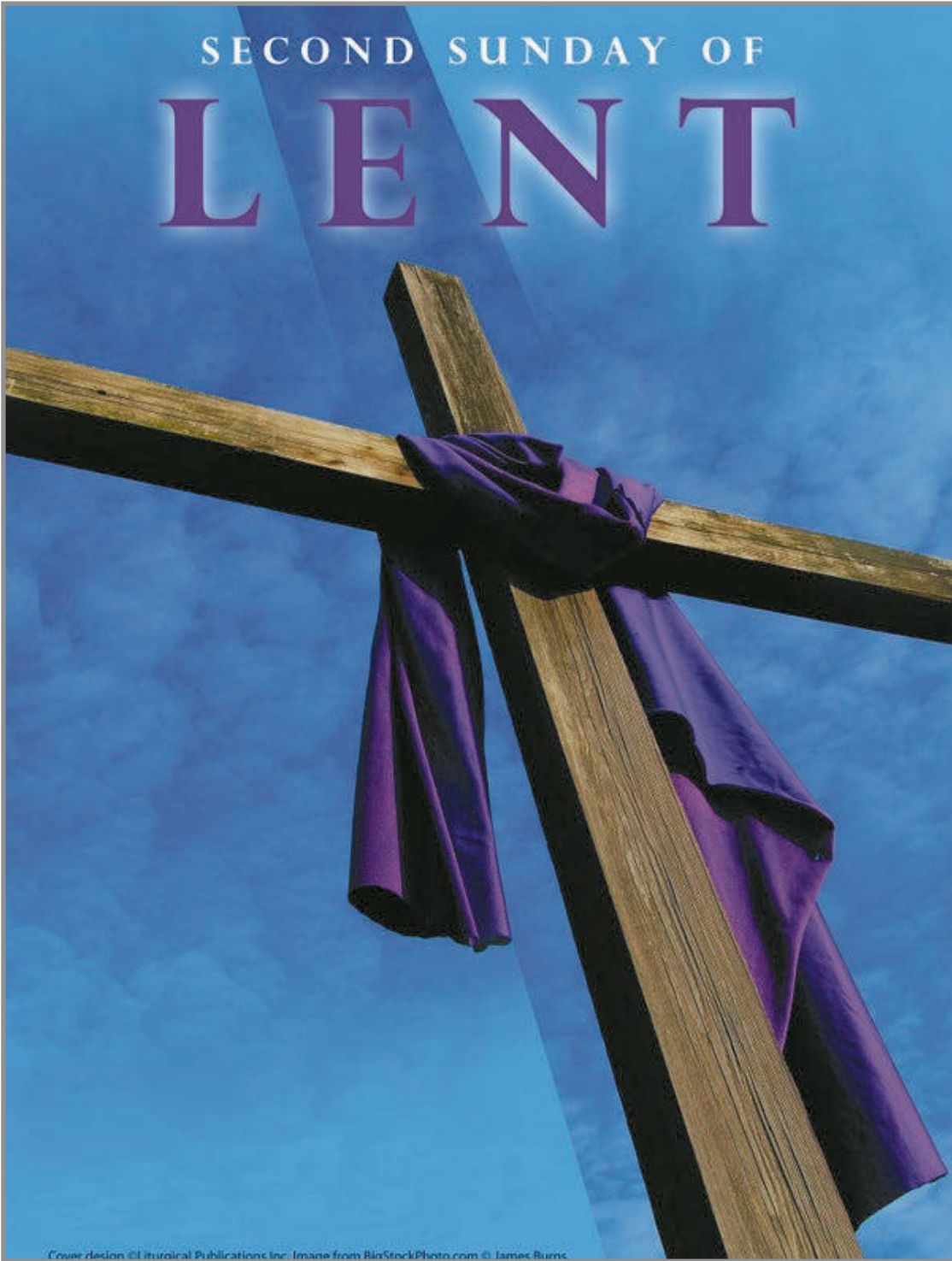




SUNDAY, FEBRUARY 25, 2024 | SECOND SUNDAY OF LENT



Course design © Liturgical Publications Inc. Image from iStockPhoto.com © James Burns

WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm (except if it falls on Holy Thursday)
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: March 2, 2024

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.
Next Mass: March 1, 2024

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, FEBRUARY 25 | SECOND SUNDAY OF LENT

Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 (116:9)/Rom 8:31b-34/Mk 9:2-10

5:00 pm (Vigil Mass)	† Vincenza Aguila, † Eusebio Domingo, † Lucas Villezar Sr., † Jose Florencio Salgado
7:15 am	For the People of Holy Spirit Parish
9:00 am	Thomas Capehart, † Demetrio Timbreza Sr., † Aquilina Agbuya, † Yin Yam Yee
10:45 am	Espiritu Family, Rufie Gacula & Family, † Adam & Wilma Abagat, † Lamberto & Mercedes Concepcion
12:30 pm	† Caesar M. Roque, † Nelson Pons, † Chelsea Galloway, † Diovanni Waters
5:00 pm	Esperanza Torres

MONDAY, FEBRUARY 26 | MONDAY OF THE SECOND WEEK OF LENT

Dn 9:4b-10/Ps 79:8, 9, 11 and 13/Lk 6:36-38

7:00 am	Esperanza Torres, † Nohemy & Matthew Harrington, † Guy Kleess
8:15 am	Estellita Buan & Alfred Richards, † Cezar Buan, † Loc & Nhat Vu

TUESDAY, FEBRUARY 27 | TUESDAY OF THE SECOND WEEK OF LENT

Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23/Mt 23:1-12

7:00 am	Dexter D'sa, † Ora & Orris Ratcliff, † Guy Kleess
8:15 am	Esperanza Torres, † Fernando Faial, † Jose Calo

WEDNESDAY, FEBRUARY 28 | WEDNESDAY OF THE SECOND WEEK OF LENT

Jer 18:18-20/Ps 31:5-6, 14, 15-16/Mt 20:17-28

7:00 am	† Guy Kleess, † Ernesto B. Bollozos, † Benjamin De la Paz Campos
8:15 am	Fe Del Rosario & Arleen Saniano, Leilani A. Luis, † Augustine Vu
6:30 pm	Esperanza Torres

THURSDAY, FEBRUARY 29 | THURSDAY OF THE SECOND WEEK OF LENT

Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk 16:19-31

7:00 am	† Manuel N. Silva, † Guy Kleess
8:15 am	Charlie & May Capati, † Francis Vu, † Patrick Sandoval

FRIDAY, MARCH 1 | FRIDAY OF THE SECOND WEEK OF LENT

Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17, 18-19, 20-21/Mt 21:33-43, 45-46

7:00 am	Cleo Reece, † Josefina Del Mar, † Zosima Jaballas
8:15 am	† Natividad Beech, † Christine Vu
6:30 pm	Sara Sugay

SATURDAY, MARCH 2 | SATURDAY OF THE SECOND WEEK OF LENT

Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10, 11-12/Lk 15:1-3, 11-32

7:00 am	Zaydon D'sa, † Guy Kleess, † Sofia Eugenio
8:15 am	† Christine Vu, † Victoria Rebugio, † Maura Robeniol
12:00 pm	For the People of Holy Spirit Parish



FROM THE DESK OF SR. ANNETTE...

The Loop of Grace

The first reading of today's Scripture reminds me of Bishop Barron's "loop of grace" in his book, *This Is My Body*, that we received as a Christmas gift from the parish. He describes the "loop of grace" as "what you have received as a gift, give as a gift." Robert Barron, *This Is My Body*, 16 Abraham received Isaac as God's gift, and yet the Lord instructed Abraham to sacrifice his son. Because he did not withhold Isaac from God, Isaac's life was spared. God's promise of many descendants was then fulfilled through Isaac because of Abraham's obedience. St. Paul tells us, "God did not spare his own Son but handed him over for us all." So, "if God is for us, who can be against us?" "How will he not also give us everything else along with him?" *Romans 8:31-32* God's gift of life pulses through our veins. God teaches us in every breath that we cannot hold on to it, but must surrender it, give it back to God in order to inhale again. A gift received that is given back, as a gift of gratitude. Inhaling we receive "yes", and exhaling we give "thanks." This "loop of grace" is a constant in our lives.

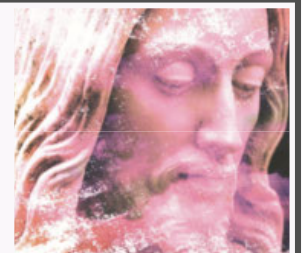
The gospel shares a moment in the life of Jesus and the apostles when they were "caught up." Peter, James, and John are caught up by the vision of a transfigured Jesus, dazzling white,

talking with Moses and Elijah on a mountain top. A sight so overwhelming, they are stopped in their tracks. Peter wants to hold on to the vision by setting up three tents. "Then a cloud came, casting a shadow over them; from the cloud came a voice, 'This is my beloved Son. Listen to him.'" Suddenly looking around, they no longer saw anyone, but Jesus alone with them." *Mark 9:7-8*

There are times in our lives when we are stopped in our tracks or catch our breath. Have you ever been "caught up" by a thought, a work of art, the vastness of the sky at night, the beauty of a flower? "Transformation occurs each time we open our hearts to another or notice the incredible beauty in a sunrise or a small child's smile." *Mary Ellen Higgins, IHM* I like to think of these moments as God moments. "The presence of God exudes a joy, peace, strength, tranquility beyond human explanations. We are transformed" *Carroll Sthulmueller, CP* Like Peter, James, and John, we must come down from the mountain, but the experience needs to have changed us, stays with us, informs us, and influences our lives. This is what spiritual direction or spiritual companioning is all about: recognizing the gifts God gives us, reflecting on the God moments in our lives, accepting the gifts that are given us, and sharing them with others are all part of the "loop of grace."

May you grow in awareness of the loops of grace each day! May you share freely the gifts you receive! May "God moments" transform your life!

“This is my beloved Son. Listen to him.” (Mk 9:7)

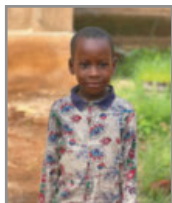




SERVE

St. Joseph the Worker: Sister Parish Dispatch

Meet Moses Anthony. He was born in Ndungu and is the oldest in his family.



Moses attends Henry Winkelmolen Pre/Primary School and receives a 75% scholarship.

Audio/Visual Team

We are hiring! Join our parish audio/visual team. We need help for Saturday and Sunday Masses. Must be at least 18 years old to apply. If you are interested, contact Eric Hom at eric@holyspiritfremont.org or 510.456.4970.

Adult Acolytes Needed

If you are 18 years and older and a fully initiated Catholic, consider joining our ministry. Please contact Anh Tran at anh_th@yahoo.com for more information.

Flowers in the Church and Chapel

During the season of Lent, please do not place flowers in the Church and Chapel niches. We are accepting donations towards Easter floral arrangements. For more information, please text Judy Young at 510.378.1933.



St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Fruit
- ⇒ Macaroni & Cheese
- ⇒ Spam

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

God is Hiring!

The Society of St. Vincent de Paul-HS Conference is a network of like-minded people inspired by Gospel values, by serving Christ in the indigent with love, respect, justice, hope and joy, and by working to shape a more just and compassionate society.

Are you being called? Do you like to help others? Can you spare a few hours a month?

We are recruiting new faces, fresh perspectives, and open hearts to respond to neighbors who need help. Please consider joining this ministry to serve our neighbors. We especially invite multilingual speakers, including Mandarin, Cantonese, Spanish, and Hindi.

Please contact Cynthia Eugene at cynthia.eugene7@gmail.com or leave a message at 510.542.7036 if interested in joining our ministry.

Vocations Crucifix Program

We are looking for parishioners to host the Vocations Crucifix and pray for men and women discerning to enter the priesthood or religious life. Twice monthly on the second and fourth weekend of the month, families or an individual are presented with the Vocations Crucifix and invited to pray for two weeks.

To participate in this prayer ministry, please sign up on Flocknote or contact the Parish Office at 510.797.1660.

Giving

Sunday, February 4

\$36,362

Special Collection coming up:

Catholic Relief Services (Bishop's Overseas Appeal) | March 10

Our pledged weekly amount (excluding special collections):
\$31,963

Corner

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



Lenten Schedule ©LPI

Stations of the Cross Fridays During Lent

Stations
March 8, 15, 22
12:00 & 6:30 pm

First Friday
March 1
12:00 pm - Stations
5:30 pm - Exposition and Adoration of the Blessed Sacrament
6:30 pm - Mass immediately followed by Stations

When You Pray: A Clear Path to a Deeper Relationship with God Wednesdays | 9:00 am & 7:30 pm Through March 27, 2024

You know prayer is important, but you still find it challenging. Perhaps it's hard to find time to pray, or you're unsure what to do when you do pray. Or maybe you feel restless and distracted and don't feel close to God. Even the saints struggled in prayer...

Join us in the De Sousa House for a seven-part study. Inspired by the real example of the saints, we will learn how to pray with the same consistency, trust, peace, and passion that led to deep transformation in their souls. Books are available for purchase at the Parish Office or at DSH (\$20). Contact Rosalyn@holyspiritfremont.org for more info.

Parish Lenten Retreat Saturday | March 16, 2024 9:00 am to 11:00 am

Join us for our Lenten Retreat as we discuss Bishop Robert Barron's book, "This is My Body: A Call to Eucharistic Revival". *This is the same book that was gifted to our parish families at Christmastime.* We will reflect on Bishop Barron's threefold analysis of the Eucharist as a sacred meal, sacrifice, and Real Presence.

Lenten Evening of Reflection Hearing God's Call: Turning Your Heart and Mind to Accompany Jesus to the Cross March 22, 2024 | 6:00 pm

We invite all parents to join us in the de Sousa House for an evening of reflection with Dn. Tim Roberto as we enter into Holy Week. While the parents are with Dn. Tim, children will have their own Lenten reflection and crafts with our HS School principal, Mrs. Marsh. Contact Tom Fezler at tfezler@ampf.com for more details.

Outdoor Stations of the Cross

We have relocated our outdoor Stations of the Cross to the grassy areas between the DeSousa House and Governo House. Journey with Jesus to the Cross, in private prayer or with your family.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

- Junaid Safi
- Shinta Reynolds
- Pepito Palacios
- Antonio Sahagun
- Glicería Gullas Lucero
- Lilian Librodo

Pray for Our Recently Departed

- Chelsea Galloway
- Maria Alynn G. Mariano
- Anthony M. Cruz

Birthday Blessings

- Kaylani Aguilar Sahagun
- Debbie Longarini



Lenten Penance Service

March 19, 2024

In preparation for Easter, we invite all to receive God's divine mercy and forgiveness through the Sacrament of Reconciliation & Penance.

Priests will be available in the church for Confessions at 1:30 to 3:00 pm for those who need assistance and the elderly, and then again at 6:30 pm for all.

What to do at Mass

In this section, we want to take to the opportunity to remind the faithful of some of our practices during mass.

Holy Communion: After the ministers of Holy Communion say, "The Body of Christ" or "The Blood of Christ", bow and respond with "AMEN". **Please consume the Host in front of the Host Minister.** If receiving a blessing, respond with "AMEN".

Look out for the next issue of "What to do at Mass".





INVITE

Filipino Society Food Sale

February 25, 2024

The Holy Spirit Filipino Society is hosting their \$10 Meal Deal after the morning and 12:30 pm Masses. Stop by the Parish Center—get a good meal at a great deal!

Proceeds benefit parish special projects. Thank you for your support!

Mandatory Lector and Eucharistic Minister Training

February 27, 2024 | 6:30 pm | Church

If you missed the January 30th training, you must attend this session in order to remain active in ministry. This training is being facilitated by our priests. Please contact Dee Francisco at dee@holyspiritfremont.org should you have questions.

Girl Scout Cookie Sale

March 2-3, 2024

Our Girl Scout Troops #31674 and #30056 are selling their famous cookies after all the Masses in St. Francis Plaza.

Please support our young girls' fundraising efforts.

Knights of Columbus Friday Fish Fry

March 8 & 22, 2024 | 5:00 to 7:00 pm

Join us in the Parish Center for a sit down dinner and fellowship. Meals include 8-10 oz. of fried fish, pasta, tater tots, green beans, and coleslaw.

Adult Meal - \$20 / Kid's Meal - \$10

Holy Spirit Blood Drive

March 10, 2024 | 8:30 am to 12:00 pm

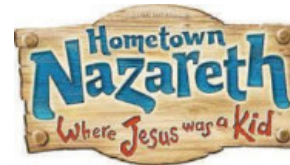
Peace Center

Change a life. Donate blood!

Donors have helped change the life of countless people in our community, including a 58-year-old male with Anemia, a 33-year-old female whose labor had to be induced, and a 66-year-old female with a Triple Coronary Artery Bypass.

Help change a life by making an appointment to donate blood. Go to vitalant.org, click "Donate", and enter Sponsor Code: **HolyHoly**. You may also contact Kendee at kendeehs@yahoo.com. Walk-ins are welcome but those with an appointment will have priority.

Thank you for changing the life of someone in our community!



Vacation Bible School

June 10-14, 2024—Save the Date!

Experience what life was like for Jesus as a child in ancient Nazareth. Meet Mary and hear her stories about Jesus. VBS is open to students in Grades 1-6.

Calling all volunteers! Youth in Grades 7-12 and adults are welcome!

Stay tuned for more information.



Khylan

Building & Grounds Committee

Our parish is forming a Building & Grounds Committee that would help guide and prioritize various facility project initiatives while tackling and managing our deferred maintenance.

We are looking for skilled plumbers, electricians, carpenters, civil engineers, security professionals, HVAC specialists, architects, general contractors, etc.

Our goal is to have a committee comprised of both parishioners and school parents.

For more information please contact Eric Hom at eric@holyspiritfremont.org.



AROUND THE PARISH



HS School Crab Feed: Yacht Rock

Saturday, March 16, 2024
4:30 pm | Parish Center

Come one, come all to this year's Annual Holy Spirit School Crab Feed!

This year's theme is "Yacht Rock". Dress in your best maritime attire for this memorable event.

Tickets are on sale now for \$90.00. Another option is a table of 8 for \$1,000 which includes 2 bottles of wine, 40 raffle tickets, and 16 beverages. For tickets or more information: HSSCrabFeed@gmail.com

Marriage Convalidation

Couples who bring their marriage into the Church welcome God's grace and special blessings upon their marriage.

If your vows were exchanged in the presence of ministers from other religious traditions or civil officials, we invite you to bring new meaning to your relationship by embracing the vocation of marriage.

This year's Group Convalidation will be on Saturday, September 28. **Registration is open through March 31, 2024.** For more information, contact us at 510.797.1660 or info@holyspiritfremont.org

Adoration of the Blessed Sacrament & Reconciliation

Tuesday and Thursdays
8:45 to 9:30 am

Spend time with our Lord in the Blessed Sacrament. God invites all of us to offer our joys and sorrows to Him. Is there something holding you back from accepting His love? Our merciful God invites us to reconcile with Him in the Sacrament of Confession.



Pilgrimage to Portugal, Spain, and Italy October 6-19, 2024

Join Fr. Ken Sales on a faith-filled pilgrimage. Visit holy sites in Fatima and Santiago de Compostela, tour the Vatican Museum, and experience a Papal Audience in Rome!

The cost of \$4590 (dbl. occ. / additional \$550 for single occ.) includes round trip airfare (from SFO), accommodations, Holy Mass, guided tours, and breakfast and dinner daily.

\$500 deposit is required with your registration and the final balance is due by July 1st.

For more information, contact Alex Paras at 510.509.0585 or alerrparas68@gmail.com.

"Honoring the Covenant: Daily Mass Gospel Meditations for Busy Married Couples"

by Fr. Jerome Magat, SThD

Fr. Jerome's book is available for purchase in the Parish Office. Each copy is \$20 (unsigned).

Stop by during business hours.

Catholic Relief Services Rice Bowl

As part of our Lenten practice of prayer, fasting, and almsgiving, we encourage the faithful to participate in CRS Rice Bowl.

Your support changes lives globally and in our own community. Rice Bowls are available in the church or the Parish Office.

Checks accepted. You may also give online at <https://www.crsricebowl.org/>

Parish Office

Mondays to Fridays
9:00 am to 5:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Edilberto Castañás,
Parochial Vicar
510.456.4965
Fr. Hoa Binh Ha
Parochial Vicar
510.797.1660
Fr. Frank Kuwornu
In Residence
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Departments

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510.456.4970
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Rosalyn Jose
510.456.4975
Safe Environment
Peter Scampavia
510.456.4995
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Peter Scampavia
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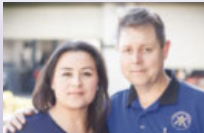
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