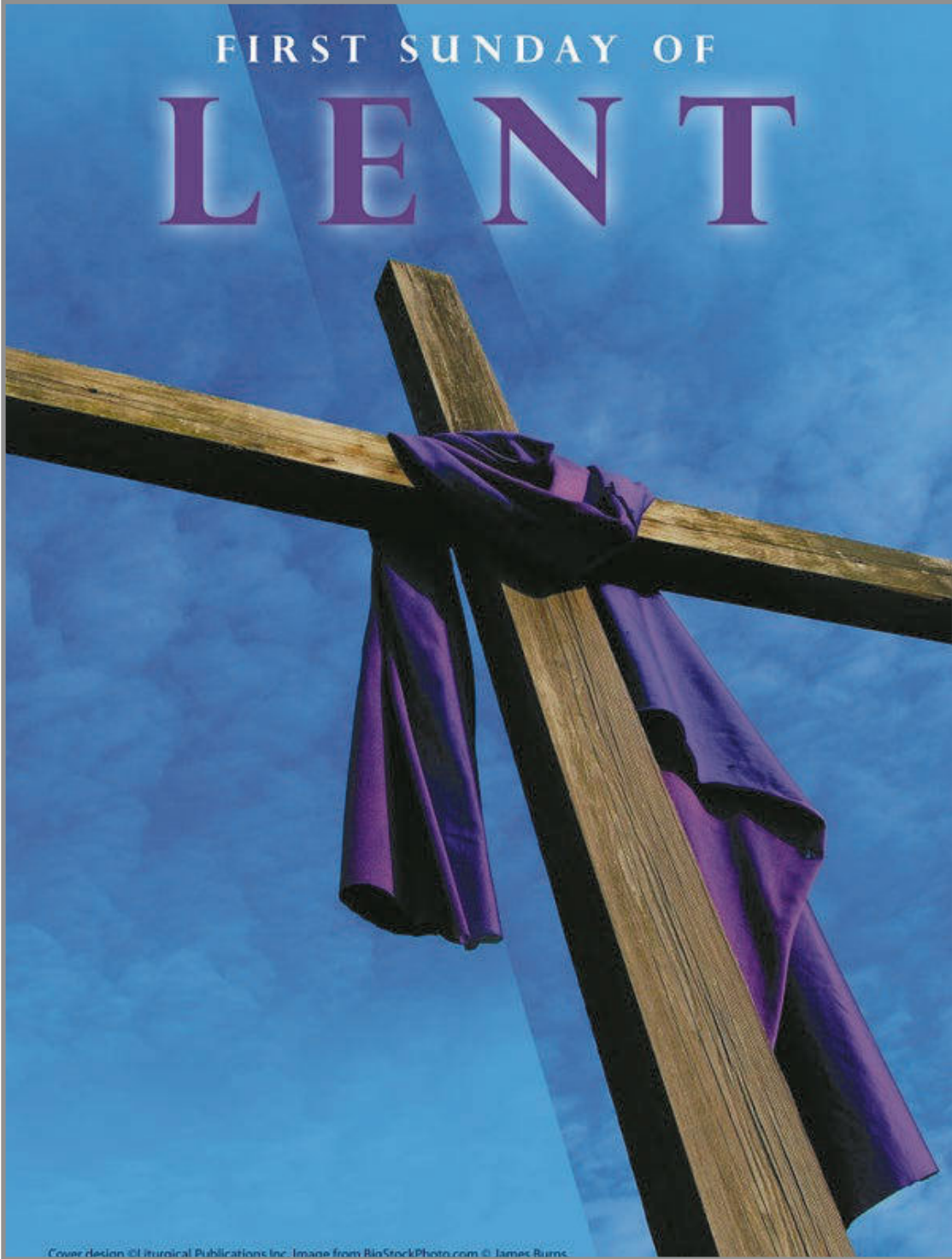




SUNDAY, FEBRUARY 18, 2024 | FIRST SUNDAY OF LENT



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WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm (except if it falls on Holy Thursday)
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: March 2, 2024

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.
Next Mass: March 1, 2024

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, FEBRUARY 18 | FIRST SUNDAY OF LENT

Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 (see 10)/1 Pt 3:18-22/Mk 1:12-15

5:00 pm (Vigil Mass)	For the People of Holy Spirit Parish
7:15 am	For the People of Holy Spirit Parish
9:00 am	Isaiah Froula, † Ruben Vasquez Aguilar, † Rose Makkos, † David Lee, † Estrella Paldeng
10:45 am	† Ramon & Andrea Concepcion, † Isabel & Marion Pat Mina, Marina Ladrillono & Family, Espiritu Family
12:30 pm	Sonia Mathew, † Ortiz Family, † Joseph An Do, † Yvette Macayan
5:00 pm	† Gregory Rasure

MONDAY, FEBRUARY 19 | MONDAY OF THE FIRST WEEK OF LENT

Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46

7:00 am	Guy Boccovi, † Julian P. Saenz, † Ruben Vasquez Aguilar
8:15 am	Jemellee Grace Catapang, † Diane Lewellyn, † Emilio G. Miranda Sr.

TUESDAY, FEBRUARY 20 | TUESDAY OF THE FIRST WEEK OF LENT

Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-15

7:00 am	Stephanie Sagredo, † Everilda Reyes, † Arely & Claude Ratcliff
8:15 am	Andrew Sy, † Doctor Family, † Anton Vu Q. Tam

WEDNESDAY, FEBRUARY 21 | WEDNESDAY OF THE FIRST WEEK OF LENT

Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32

7:00 am	Gabriel Miranda Jr., † Maria Luisa Aguilar, † Guy Kleess
8:15 am	† Paciencia Avelino, † Julie Ha Buan Roberto & Lina Guarin, † Truong & Cuong Pham
6:30 pm	† Agustinus & Bernadette Mustika, † Lourdes Tankeh, † John Carlos Jabier

THURSDAY, FEBRUARY 22 | FEAST OF THE CHAIR OF SAINT PETER, APOSTLE

1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6/Mt 16:13-19

7:00 am	† Leonora Bulabon, † Robert Villamor, † Henry Banaga Sr.
8:15 am	Gabrielle Poma, † Rudy Liska, † Hung & Ninh Pham

FRIDAY, FEBRUARY 23 | FRIDAY OF THE FIRST WEEK OF LENT

Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/Mt 5:20-26

7:00 am	Melissa Miranda, † Arturo Rivas Mena, † Guy Kleess
8:15 am	† Manuel N. Silva & Family, † Consuelo L. Valerio, † Joseph Nha Nguyen

SATURDAY, FEBRUARY 24 | SATURDAY OF THE FIRST WEEK OF LENT

Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48

7:00 am	† Al Pinto & Ted Bellamy, † Guy Kleess
8:15 am	† Mercedes & Bjorn Werring, † Estellita Cati & Emerito Sicat, † Eileen Marks

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF FR. BINH...

You may think Lent is a quiet season in the Liturgical calendar.

Lent began last Wednesday, the same time as Valentine's Day. Fans of the holidays probably weren't happy with this coincidence. Likewise, they might miss the Christmas and New Year celebrations and might not be pleased with the purple linen colors and no flowers in the sanctuary during Lent.

Lent is not a quiet season at all. We will be busy.

The Church reminds us that Lent is a 40-day season for prayer, fasting, and almsgiving.

Of course, the Church encourages us to apply these devotions throughout the year but during Lent, we highlight these activities to get us ready to celebrate Jesus' Resurrection at the feast of Easter.

The word "lent" comes from an old English word that means 'lengthen'. Lent always begins when the daytime starts to get longer as we approach summer. It is also a time for us to see God's great love for us in his patience.

In His covenant with Noah, God promised, "I will recall the covenant I have made between me and you and all living beings, so that the waters shall never again become a flood to destroy all mortal beings."

In His covenants with His people, God revealed His love and power. His love always came with patience. In the covenant with Noah, God emphasized His patience when He promised

that He would not destroy all mortal beings in the world again.

He had never done that before Noah's time and promised to never do it again, even in His wrath.

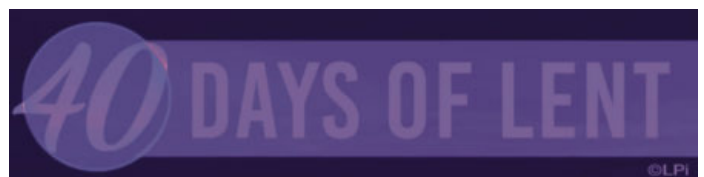
God created the world, and He loved it. He corrected His people many times. He always allowed them to repent and come back with Him. Noah's Ark tells us about that. He punished the world but saved Noah's family and the animals. After the flood, God let the rainbow arise.

I would like you to remember God's promise: God will never again destroy all mortal beings. We will always have a chance to repent or improve ourselves. God is faithful and keeps His promises.

Taking advantage of His promises, we should seek the Lord by reading Sacred Scripture. We should serve the Lord by giving alms, and we should practice self-control through fasting.

We are also invited to live the spirit of Lent. We should put all decorations and celebrations aside and spend time with God. As Jesus spent His Lent with His Father, we should spend time with God.

Jesus is waiting for us in the desert. We will be alone but not lonely. We will have Him, and we will see it is true that the "kingdom of God is at hand."





SERVE

St. Joseph the Worker: Sister Parish Dispatch

This is Francisco Charles.

He attends St. Joachim Boys Secondary School and is in Form III. Francisco receives 75% scholarship.



Audio/Visual Team

We are hiring! Join our parish audio/visual team. We need help for Saturday and Sunday Masses. Must be at least 18 years old to apply.

If interested, contact Eric Hom at eric@holyspiritfremont.org or 510.456.4970.

Stephen Ministry

Are you looking for a way to serve our parish?

The Stephen Ministry of Holy Spirit Church prayerfully and lovingly ministers to parishioners mourning the loss of a loved one. Stephen ministers support families through the funeral rites and assist with the planning process.

For more information about this important ministry, contact the Parish Office at info@holyspiritfremont.org or 510.797.1660.



St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Fruit
- ⇒ Macaroni & Cheese
- ⇒ Spam

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Vocations Crucifix Program

We are looking for parishioners to host the Vocations Crucifix and pray for men and women discerning to enter the priesthood or religious life.

Twice monthly on the second and fourth weekend of the month, families or an individual are presented with the Vocations Crucifix and invited to pray for two weeks.



To participate in this prayer ministry, please sign up on Flocknote or contact the Parish Office at 510.797.1660.

Adult Acolytes Needed

If you are 18 years and older and a fully initiated Catholic, consider joining our ministry. Please contact Anh Tran at anh_tth@yahoo.com for more information.

Flowers in the Church and Chapel

During the season of Lent, please do not place flowers in the Church and Chapel niches.

We are accepting donations towards Easter floral arrangements. For more information, please text Judy Young at 510.378.1933.

Giving

Sunday, January 28 (excluding online giving)	\$17,533
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Special Collection coming up:

Catholic Relief Services (Bishop's Overseas Appeal) | March 10

Our pledged weekly amount (excluding special collections):
\$31,963

Corner

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



Lenten Schedule ©LPI

Stations of the Cross Fridays During Lent

Stations
February 23
March 8, 15, 22
12:00 & 6:30 pm

First Friday
March 1
12:00 pm - Stations
5:30 pm - Exposition and Adoration of the Blessed Sacrament
6:30 pm - Mass immediately followed by Stations

When You Pray: A Clear Path to a Deeper Relationship with God February 21-March 27, 2024 Wednesdays | 9:00 am & 7:30 pm

You know prayer is important, but you still find it challenging. Perhaps it's hard to find time to pray, or you're unsure what to do when you do pray. Or maybe you feel restless and distracted and don't feel close to God. Even the saints struggled in prayer...

Join us in the De Sousa House for a seven-part study. Inspired by the real example of the saints, we will learn how to pray with the same consistency, trust, peace, and passion that led to deep transformation in their souls. Books are available for purchase at the Parish Office or at DSH (\$20). Contact Rosalyn@holyspiritfremont.org for more info.

Outdoor Stations of the Cross

We have relocated our outdoor Stations of the Cross to the grassy areas between the DeSousa House and Governo House. Journey with Jesus to the Cross, in private prayer or with your family.

Catholic Relief Services Rice Bowl

As part of our Lenten practice of prayer, fasting, and almsgiving, we encourage the faithful to participate in CRS Rice Bowl.

Your support changes lives globally and in our own community. Rice Bowls are available in the church or the Parish Office. Checks accepted. You may also give online at <https://www.csricebowl.org/>

Lenten Evening of Reflection Hearing God's Call: Turning Your Heart and Mind to Accompany Jesus to the Cross March 22, 2024 | 6:00 pm De Sousa House

We invite all parents to join us for an evening of reflection with Dn. Tim Roberto as we enter into Holy Week. While the parents are with Dn. Tim, children will have their own Lenten reflection and crafts with our HS School principal, Mrs. Marsh. Contact Tom Fezler at tfezler@ampf.com for more details.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

- Vincent Koh
- Junaid Safi
- Dustin Riefler
- Christine Fleisher
- Connie Castaneda
- Diane Lusch
- Meya Taylor
- Lesli Griffiths

Pray for Our Recently Departed

- Engr. Ernesto B. Bollozos
- Ednar Mateo Cox
- Genevieve Todacheeny
- Victoriano Perez
- The De Leon Family
- Leonor Medellin

Birthday Blessings

- Anthony Banez Jr.
- Candice Javier Letona
- Gabrielle Poma
- Layla Ja Javier
- Stan Deeds
- Althea Advincula

Lenten Penance Service

March 19, 2024

In preparation for Easter, we invite all to receive God's divine mercy and forgiveness through the Sacrament of Reconciliation & Penance.

Priests will be available in the church for Confessions at 1:30 to 3:00 pm for those who need assistance and the elderly, and then again at 6:30 pm for all.

What to do at Mass

In this section, we want to take to the opportunity to remind the faithful of some of our practices during mass.

Holy Communion: After the ministers of Holy Communion say, "The Body of Christ" or "The Blood of Christ", bow and respond with "AMEN". If receiving a blessing, respond with "AMEN".

Look out for the next issue of "What to do at Mass".





INVITE

Girl Scout Cookie Sale

February 17-18, 2024 & March 2-3, 2024

Our Girl Scout Troops #31674 and #30056 are selling their famous cookies after all the Masses in St. Francis Plaza.

Please support our young girls' fundraising efforts.

Holy Spirit Grandparents Club: Lenten Recollection

Thursday, February 22, 2024
9:00am to 12:00 noon

All grandparents: are welcome! Join us in the de Sousa House for a Lenten Recollection. We will be led in prayer and reflection by Sister Mary Peter, ASSF.

Reserve your seat now! Contact: Nancy, 510.673.3168; Cynthia, 510.378.2083; or Pat: 510.468.7321.

The Missionary Families of Christ February 24, 2024 | 1:00 pm

The Missionary Families of Christ (MFC) invites you to the Christian Life Seminar on Family Life Renewal Program. Sessions will be held at:

St. Anne Catholic Church
Parish Hall, Rm. 104
32223 Cabello Street
Union City, CA 94587

For more information please contact:

- Ed Pineda - eggaypin@hotmail.com or (510) 566-6289
- Alain Sese - alsese@yahoo.com or (510) 935-1122

Mandatory Lector and Eucharistic Minister Training

February 27, 2024 | 6:30 pm | Church

If you missed the January 30th training, you must attend this session in order to remain active in ministry. This training is being facilitated by our priests. Please contact Dee Francisco at dee@holyspiritfremont.org should you have questions.

Knights of Columbus Friday Fish Fry

March 8 & 22, 2024 | 5:00 to 7:00 pm

Join us in the Parish Center for a sit down dinner and fellowship. Meals include 8-10 oz. of fried fish, pasta, tater tots, green beans, and coleslaw.

Adult Meal - \$20
Kid's Meal - \$10

Holy Spirit Blood Drive

March 10, 2024 | 8:30 am to 12:00 pm
Peace Center

Please take the time out of your busy week to help save a life. Only 5% of the population donates blood and there is no substitute for human blood.

By the time you have finished reading this notice, someone has needed a blood transfusion. Won't you please make an appointment to help?

Appointments are available at vitalant.org. Click "Donate" & enter Sponsor Code: **HolyHoly**. You can also contact Kendee at kendeehs@yahoo.com to make an appointment. Thank you for your support!



Malakai • Apollo • Penelope • Chloe
Faith • Micah • Isaiah
Anina • Camden

Building & Grounds Committee

Our parish is forming a Building & Grounds Committee that would help guide and prioritize various facility project initiatives while tackling and managing our deferred maintenance.

We are looking for skilled plumbers, electricians, carpenters, civil engineers, security professionals, HVAC specialists, architects, general contractors, etc.

Our goal is to have a committee comprised of both parishioners and school parents.

For more information please contact Eric Hom at eric@holyspiritfremont.org.



AROUND THE PARISH



Presidents' Day Closures Monday, February 19, 2024

In observance of Presidents' Day, the following will be closed:

- Parish Office & Rectory
- De Sousa House

On behalf of Fr. Ken, our clergy and staff, have a safe holiday!

Holy Spirit School News

Join us in congratulating our January Students of the Month!

Jason Strong, Preschool; **Dominic Mahoney**, Kinder; **Jayla Llanaez**, Gr. 1; **Lennox Li**, Gr. 2; **P.J. Delarosa**, Gr. 3; **William Ghiringhelli**, Gr. 4; **Grace Kong**, Gr. 5; **McKenzie Romero**, Gr. 6; **Maddy Realina**, Gr. 7; and **Marienne Montesa**, Gr. 8.

We are very proud of our young Spartans!



HS School Crab Feed: Yacht Rock

Saturday, March 16, 2024
4:30 pm | Parish Center

Come one, come all to this year's Annual Holy Spirit School Crab Feed!

This year's theme is "Yacht Rock". Dress in your best maritime attire for this memorable event.

Tickets are on sale now for \$90.00. Another option is a table of 8 for \$1,000 which includes 2 bottles of wine, 40 raffle tickets, and 16 beverages. For tickets or more information: HSSCrabFeed@gmail.com

Marriage Convalidation

Couples who bring their marriage into the Church welcome God's grace and special blessings upon their marriage.

If your vows were exchanged in the presence of ministers from other religious traditions or civil officials, we invite you to bring new meaning to your relationship by embracing the vocation of marriage.

This year's Group Convalidation will be on Saturday, September 28. **Registration is open through March 31, 2024.** For more information, contact us at 510.797.1660 or info@holyspiritfremont.org



Pilgrimage to Portugal, Spain, and Italy October 6-19, 2024

Join Fr. Ken Sales on a faith-filled pilgrimage. Visit holy sites in Fatima and Santiago de Compostela, tour the Vatican Museum, and experience a Papal Audience in Rome!

The cost of \$4590 (dbl. occ. / additional \$550 for single occ.) includes round trip airfare (from SFO), accommodations, Holy Mass, guided tours, and breakfast and dinner daily. \$500 deposit is required with your registration and the final balance is due by July 1st. For more information, contact Alex Paras at 510.509.0585 or alerrparas68@gmail.com.

Adoration of the Blessed Sacrament & Reconciliation Tuesday and Thursdays 8:45 to 9:30 am

Spend time with our Lord in the Blessed Sacrament. God invites all of us to offer our joys and sorrows to Him. Is there something holding you back from accepting His love? Our merciful God invites us to reconcile with Him in the Sacrament of Confession.

Parish Office

Mondays to Fridays
9:00 am to 5:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Edilberto Castañás,
Parochial Vicar
510.456.4965
Fr. Hoa Binh Ha
Parochial Vicar
510.797.1660
Fr. Frank Kuwornu
In Residence
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Departments

Business/Maintenance
Eric Hom
510.456.4970
**Faith Formation &
Evangelization**
Roselyn Jose
510.456.4975
Safe Environment
Peter Scampavia
510.456.4995
Facilities Scheduling
Peter Scampavia
510.456.4995
**Youth &
Young Adult Ministry**
Mario Castellanos
510.456.4971
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Paul Orella
510.673.3873



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Kristina Para Levy - Realtor

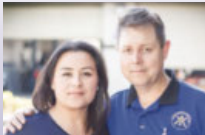
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