

SUNDAY, FEBRUARY 11, 2024 | SIXTH SUNDAY IN ORDINARY TIME



WELCOME

With joy we welcome all who have gathered here with us to worship God.

"How good to sing praise to our God; how pleasant to give fitting praise." (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd. Fremont, CA 94536

Parish: 510.797.1660 School: 510.793.3553 Preschool: 510.793.2013 info@holyspiritfremont.org holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am Saturday Vigil: 5:00 pm Sunday: 7:15 am 9:00 am* | 10:45 am* 12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am Wednesday: 6:30 pm First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm

Thursday before First Friday: 3:30 pm (except if it falls on Holy

Thursday)

Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.

Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.

Next Mass: March 2, 2024

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is <u>no</u> Mass on Good Friday.

Next Mass: March 1, 2024

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, FEBRUARY 11 | SIXTH SUNDAY IN ORDINARY TIME

Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 (7)/1 Cor 10:31—11:1/Mk 1:40-45

5:00 pm † Rose & Patrick Marron, † Noel Marron, † Sebastian & Concetta Manzitto,

(Vigil Mass) † Cora & Brian Duffy

7:15 am Menchavez Family birthday celebrants, † Raymundo & Rolindo Agbulos,

† Jaime Sigua, † Luis Caetano Dias

9:00 am Elvira Abat / Benjamin, John Benigar, Knights of Columbus, † Helen Hewitt

10:45 gm † Ruben Vasquez Aguilar, † Alex Ip, † Eduardo & Gregoria Concepcion,

Espiritu Family

12:30 pm Carlota P.E. Rodriguez, † Caridad Dino, † Rogelio Malonzo Tulao,

† Wilfrido J. Trias

5:00 pm For the People of Holy Spirit Parish

MONDAY, FEBRUARY 12 | MONDAY OF THE SIXTH WEEK IN ORDINARY TIME

Jas 1:1-11/Ps 119:67, 68, 71, 72, 75, 76/Mk 8:11-13

7:00 am Alberto S. Buccat, Jr., † Ruben Vasquez Aguilar, † Lorna Arachea 8:15 am Mary Lou Catapang, Emelie & Melissa Sanchez, † Celeste Fung

TUESDAY, FEBRUARY 13 | TUESDAY OF THE SIXTH WEEK IN ORDINARY TIME

Jas 1:12-18/Ps 94:12-13a, 14-15, 18-19/Mk 8:14-21

7:00 am † Andrew P. Javier, † Edmundo Palao, † Ruben Vasquez Aguilar 8:15 am † Matias Balajadia, † Rodolfo Jose Castaneda, † Caksi Veloso

WEDNESDAY, FEBRUARY 14 | ASH WEDNESDAY

JI 2:12-18/2 Cor 5:20—6:2/Ps 51:3-4, 5-6ab, 12-13, 14 and 17/Mt 6:1-6, 16-18

7:00 am Jack Lattie, Kathleen Barrett, † Pablo Macias

8:15 am † Victoria L.G. Quinata, † Ruben Vasquez Aguilar, † Ashley Cocanour

11:00 am For the People of Holy Spirit Parish
12:30 pm For the People of Holy Spirit Parish
4:00 pm † Conrado Jaballas, † German Palabyab

6:00 pm John Tumampos & Pinky Padlan, † Valentina Asis, † Jaime Sigua

8:00 pm † Dennica Rowe, † Caitlin Carmen P. Torre

THURSDAY, FEBRUARY 15 | THURSDAY AFTER ASH WEDNESDAY

Dt 30:15-20/Ps 1:1-2, 3, 4 and 6/Lk 9:22-25

7:00 am † Thuan Thi Ngo, † James Michael Leary, † Alejandro Caburnay

8:15 am † Ruben Vasquez Aguilar

FRIDAY, FEBRUARY 16 | FRIDAY AFTER ASH WEDNESDAY

Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19/Mt 9:14-15

7:00 am † Angela & James Harry Leary, † Dominador Barrientos 8:15 am † Ruben Vasquez Aquilar, † Fremioth Miranda, † Rogelio Cortes

SATURDAY, FEBRUARY 17 | SATURDAY AFTER ASH WEDNESDAY

Is 58:9b-14/Ps 86:1-2, 3-4, 5-6/Lk 5:27-32

7:00 am † Ruben Vasquez Aguilar, † Maria Asuncion Aleligay, † Joshep An Do 8:15 am † Sugay Family, † Thomas & Charlote Cunningham, † Enrique Reyes

NOURISH





FROM THE DESK OF FR. KFN...

God Restores Us

In the Old Testament, any person suffering from the contagious disease of

leprosy was declared unfit for living within the community and for offering sacrifice and worship in the Jerusalem Temple (First Reading). Similarly, an unconfessed and unrepentant sinner becomes spiritually unclean, spiritually separated from the community of believers, and unfit to receive the Body and Blood of Christ in the Eucharist (1 Cor 11:27-29).

In the First Reading, God commands Moses and Aaron to judge whether a skin lesion was contagious. It was a tragedy for a covenant member to be diagnosed with a skin disease like leprosy. They were expelled from the community and forced to live alone or in groups with others in the same physically "unclean" state (Lk 17:12). They were required to show physical signs of their forced separation by shaving their heads, wearing torn garments, and covering their beards, all signs of death, penance, and mourning (Lev 10:6; Ez 24:17). They could not offer sacrifices in the desert sanctuary, nor, in Jesus' time, could they join the congregations of the local synagogues or worship in the Jerusalem temple because their unclean condition made them "unfit" for communal worship.

Like the psalmist in the Responsorial Psalm, we come before the Lord in the liturgy of worship to express repentance for our sins and, through His priestly representative, to offer God our sincere confession in the Penitential Rite. We seek forgiveness for our venial sins and the restoration of fellowship (mortal sins are forgiven in the Sacrament of Reconciliation). We acknowledge that sin is both the act and its injurious consequences. The psalmist reminds us that the humble contrition of the penitent sinner leads to forgiveness, and blessed is the sinner who experiences God's mercy and forgiveness,

allowing fellowship with a cleansed soul and a sincere heart.

In the Second Reading, St. Paul reminds us that every Christian is morally responsible for his actions and the negative or positive influence his actions might have on others. All human efforts should give glory to God by living "in imitation of Christ." In this way, others who view your life as sanctified to God may be encouraged to follow your example, which could lead them to a relationship with Christ and their eternal salvation.

In the Gospel Reading, Jesus stretches out His hand, pronounces His divine word, and cleanses a leper, restoring him to his community and making him fit to offer God worship in the temple. The same miracle happens in the Sacrament of Reconciliation (Penance). We confess our sins to the Lord, and through the outstretched hand and divine word spoken by the priest in Jesus' name, the Lord God takes away the "uncleanness" of our sins and restores us to fellowship with Him and the covenant community.

Like the repentant sinner in our Psalm Reading, we should rejoice in the Lord because He has forgiven us. And like the lepers in the First and Gospel Readings, we should show our gratitude by praising God, sharing the good news of His mercy and forgiveness, and by making a personal commitment to believe in Him and obedience to His commands.

We should testify to our spiritual healing by living in holiness, renouncing sin, and demonstrating in our actions our love for God and our neighbor (Mt 22:36-40). As St. Paul wrote in the Second Reading, we should show our gratitude to the Lord by doing even the littlest acts that give glory to God so that others who see our example might believe and be saved.

"And the Word was made flesh...and dwelt among us."

Peace and Blessings,

Fr. Ken

FORMED PICK OF THE WEEK

6th Sunday in Ordinary Time (Year B:) Clean and Unclean Watch formed.org



While we do need to take care of the daily necessities, sometimes we live a half-hearted life of "just getting by." But Jesus wants to give us life to the full. He wants to remove the things in our life that prevent us from appreciating the beauty around us, the gifts in our life, and truly experiencing the plans he has in store for us.



SERVE

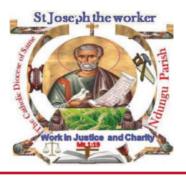
St. Joseph the Worker: Sister Parish Dispatch

For the 2024 school year, \$32,106 was wired last November for 73 students and \$2,408 was wired for 8 Adult Vocational students.

This is our eighth year giving scholarships to the students of St. Joseph the Worker.

Many thanks to the Sisters of the Holy Family for their generous donation of \$30,000 in December 2023 which is being used for the 2024 school year.

Also, much gratitude to our monthly donors from our amazing Holy Spirit parishioners! We love you!



Adult Acolytes Needed

If you are 18 years and older and a fully initiated Catholic, consider joining our ministry. Please contact Anh Tran at anh_tth@yahoo.com for more information.

Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary.

For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

We thank our donor(s):

Feb. 11 ... Divina Sales

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Fruit
- ⇒ Macaroni & Cheese
- ⇒ Vienna Sausage

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am <u>only</u>. Do not leave donations outside. <u>Please note</u>: We do <u>not</u> accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. <u>PLEASE</u>, NO <u>EXPIRED FOOD</u>. Thank you for your support! For information or assistance: 510.797.3672

Acolyte Ministry Training Saturday, February 17, 2024

Training session for new acolytes will be held in the church **6:30 to 8:00 pm**.

All children 4th grade and above, who have received their First Communion are welcome and encouraged to join this ministry.

Please email Maria Acoba or Nars Bernardo at hsacolytes@gmail.com if you are interested or have any questions.



Vocations Crucifix Program



We are looking for parishioners to host the Vocations

Crucifix and pray for men and women discerning to enter the priesthood or religious life.

Twice monthly on the second and fourth weekend of the month, families or an individual are presented with the Vocations Crucifix and invited to pray for two weeks.

To participate in this prayer ministry, please sign up on Flocknote or contact the Parish Office at 510.797.1660.

Giving

Sunday, January 21

\$30,353

Special Collection coming up:

Catholic Relief Services (Bishop's Overseas Appeal) | March 10

Our pledged weekly amount (excluding special collections): \$31,963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at https://holyspiritfremont.org/give/ to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

PRAY





Lenten Schedule

OLP

Rite for the Burning of the Palms

February 11, 2024

Join us in St. Francis Plaza immediately after the 12:30 pm for the Rite for the Burning of the Palms. Please bring last year's palm's and place them in the baskets near the church entrances. The ashes from burnt old palms will be used for Ash Wednesday.

Ash Wednesday

Join us for Mass as we mark the beginning of the Lenten season. Mass times are:

- 7:00, 8:15 and 11:00 am
- 12:30, 4:00, 6:00 and 8:00 pm

24 Hours for the Lord

Exposition & Adoration of the Blessed Sacrament February 15, 2024 9:00 am to February 16, 2024 6:30 am

Bishop Michael C. Barber, SJ, invites all the faithful in the Diocese of Oakland to observe 24 Hours for the Lord. Join us in the church, to pray and reflect, to spend time in the presence of Jesus in the Blessed Sacrament. (During this time, the Adoration Chapel will be closed.)

<u>Please note</u>: There will be <u>no</u> Confessions on Thursday.

Stations of the Cross Fridays During Lent

Stations

February 16, 23 March 8, 15, 22 **12:00 & 6:30 pm**

First Friday

March 1

12:00 pm - Stations

5:30 pm - Exposition and Adoration of the Blessed Sacrament

6:30 pm - Mass immediately followed by Stations

When You Pray: A Clear Path to a Deeper Relationship with God

Feb. 21-Mar. 27, 2024 9:00 am & 7:30 pm

You know prayer is important, but you still find it challenging. Perhaps it's hard to find time to pray, or you're unsure what to do when you do pray. Or maybe you feel restless and distracted and don't feel close to God. Even the saints struggled in prayer...

Join us in the De Sousa House for a sevenpart study. Inspired by the real example of the saints, we will learn how to pray with the same consistency, trust, peace, and passion that led to deep transformation in their souls. Books are available for purchase at the Parish Office or at DSH (\$20). Contact Rosalyn@holyspiritfremont.org for more info.

Pray For ...

Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to https://holyspiritfremont.org/request-a-prayer/ or call the Parish Office at 510.797.1660

Pray for Our Sick

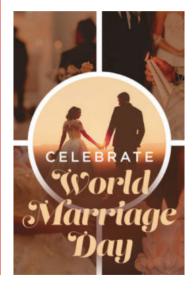
- Ricky Casino
- Felipe Garcia
- Estrelita Santiago
- Grace Mamuyac
- Gene Navasca
- Iunaid Safi
- Stephanie
- Viola Cleo Bradshaw
- Charlie Glover
- Carol Robinson
- Norma Malimban
- Christina Castaneda
- Karla
- Lurli Abelgas Dobzyniak

Pray for Our Recently Departed

- Dennica Rowe
- Guy Kleess
- Lydia Cedo Dela Vega
- Billy Hedden

Birthday Blessings

- Mary Catapang
- Alex Herrera
- Miles Francisco
- Rebecca De Tagle



What to do at Mass

In this section, we want to take to the opportunity to remind the faithful of some of our practices during mass.

Holy Communion: If you are not Catholic or are not prepared to receive Holy Communion at this time, you may instead receive a blessing. To receive a blessing, please come forward with your arms crossed over your chest.



Look out for the next issue of "What to do at Mass".



INVITE

Ministry Leads Meeting

February 13, 2024 | 6:30 pm

Please join us for our Ministry Leads meeting in the Peace Center. Our in-person meeting should last approximately 45 minutes. If the ministry lead is unable to attend, kindly request a representative to take your place.

Women Gather

February 17, 2024 | 10:00 am

Want to do something for Lent? This is a wonderful opportunity to meet other women and share your faith. As space is limited, please contact Sr. Annette at 408.390.7184.

Girl Scout Cookie Sale

February 17-18, 2024

Our Girl Scout Troops #31674 and #30056 are selling their famous cookies after all the Masses next weekend. Please support our young girls' fundraising efforts.

The Missionary Families of Christ

February 17 & 24, 2024 | 1:00 pm

The Missionary Families of Christ (MFC) invites you to the Christian Life Seminar on Family Life Renewal Program. Sessions will be held at:

St. Anne Catholic Church Parish Hall, Rm. 104 32223 Cabello St., Union City, CA 94587

For more information please contact:

- Ed Pineda eggaypin@hotmail.com or (510) 566-6289
- Alain Sese alsese@yahoo.com or (510) 935-1122

Holy Spirit Grandparents Club—Lenten Recollection

Thursday, February 22, 2024 9:00am to 12:00 noon

All grandparents: are welcome! Join us in the de Sousa for a Lenten Recollection. We will be led in prayer and reflection by Sister Mary Peter, ASSF.

Reserve your seat now! Contact: Nancy, 510.673.3168; Cynthia, 510.378.2083; or Pat: 510.468.7321.

Mandatory Lector and Eucharistic Minister Training

February 27, 2024 | 6:30 pm | Church

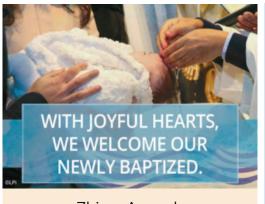
If you missed the January 30th training, you must attend this session in order to remain active in ministry.

This training is being facilitated by our priests. Please contact Dee Francisco at dee@holyspiritfremont.org should you have questions.

Lenten Evening of Reflection

Hearing God's Call: Turning Your Heart and Mind to Accompany Jesus to the Cross March 22, 2024 | 6:00 pm De Sousa House

We invite all parents to join us for an evening of reflection with Dn. Tim Roberto as we enter into Holy Week. While the parents are with Dn. Tim, children will have their own Lenten reflection and crafts with our HS School principal, Mrs. Marsh. Contact Tom Fezler at tfezler@ampf.com for more details.

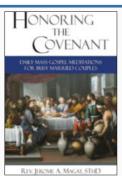


Zhia • Avayah Ariyah • Lucas

Celebrate World Marriage Day Sunday, February 11, 2024

In celebration of World Marriage Day, we will be joined by Fr. Jerome Magat, SThD, at the **9:00** and **10:45** am, and **12:30** pm Masses.

Fr. Jerome is a member of the Diocese of Arlington, Virginia and is currently serving in the Archdiocese of San Francisco as a professor in moral theology at St. Patrick Seminary in Menlo Park.



A speaker and published author, Fr. Jerome will be signing his latest work, "Honoring the Covenant: Daily Mass Gospel Meditations for Busy Married Couples". His book will be available for purchase after Mass. You may also purchase "Honoring the Covenant" through <u>Amazon</u>. Meet Fr. Jerome after Mass!

AROUND THE PARISH





Catholic Relief Services Rice Bowl

As part of our Lenten practice of prayer, fasting, and almsgiving, we encourage the faithful to participate in CRS Rice Bowl.

Your support changes lives globally and in our own community. Rice Bowls are available in the church beginning Ash Wednesday.



HS School Crab Feed: Yacht Rock

Saturday, March 16, 2024 4:30 pm | Parish Center

Come one, come all to this year's Annual Holy Spirit School Crab Feed!

This year's theme is "Yacht Rock". Dress in your best maritime attire for this memorable event.

Tickets are on sale now for \$90.00. Another option is a table of 8 for \$1,000 which includes 2 bottles of wine, 40 raffle tickets, and 16 beverages.

For tickets or more information: HSSCrabFeed@gmail.com



Presidents' Day Closures Monday, February 19, 2024

In observance of Presidents' Day, the following will be closed:

- Parish Office & Rectory
- De Sousa House
- Adoration Chapel

On behalf of Fr. Ken, our clergy and staff, have a safe holiday!

Adoration of the Blessed Sacrament & Reconciliation

Tuesday and Thursdays 8:45 to 9:30 am

Spend time with our Lord in the Blessed Sacrament. God invites all of us to offer our joys and sorrows to Him.

Is there something holding you back from accepting His love? Our merciful God invites us to reconcile with Him in the Sacrament of Confession.

Grief Support

Are you dealing with the death or illness of a loved one, a divorce, the loss of a job or other life-changing loss?

Sharing your story with others may speed healing and lighten the burden of loss. Your story is uniquely yours but pain is universal. Information shared is strictly confidential.

For more information, please contact Helen Campbell at 510.795.7958.

St. Patrick's Seminary Day of Giving ST. PATRICK'S

March 16, 2024

Save the date! Help raise \$200,000 in 24 hours! Ways to give:

- Online at https://igfn.us/vf/PRIEST
- Text PRIEST to 71777
- Scan the QR Code
- By check to 320 Middlefield Road, Menlo Park, CA 94025



Parish Office

Mondays to Fridays 9:00 am to 5:00 pm Saturdays 9:00 am to 12:00 pm Sundays 9:00 am to 2:00 pm

Parish Gift Shop

Sundays 8:30 am to 2:30 pm

Parish Library

Sundays 9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor 510.456.4964 Fr. Edilberto Castañas. Parochial Vicar 510.456.4965 Fr. Hoa Binh Ha Parochial Vicar 510.797.1660 Fr. Frank Kuwornu In Residence Dn. Chuck Glover. Pastoral Care 510.789.8652 Dn. Steve Lewellyn, RCIA 510.797.1660 Dn. Bernard Liwanag, Sick & Homebound 510.797.1660 Dn. Tim Roberto, RCIA 510.598.7408

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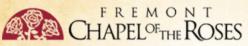
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