



**HOLY SPIRIT
FREMONT**

SUNDAY, JANUARY 28, 2024 | FOURTH SUNDAY IN ORDINARY TIME

CATHOLIC SCHOOLS WEEK



JAN. 28 - FEB. 3, 2024

WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

**37588 Fremont Blvd.
Fremont, CA 94536**
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

**Masses are livestreamed on our Facebook page and YouTube channel.*

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm (except if it falls on Holy Thursday)
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: February 3, 2024

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.
Next Mass: February 2, 2024

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, JANUARY 28 | FOURTH SUNDAY IN ORDINARY TIME

Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 (8)/1 Cor 7:32-35/Mk 1:21-28

5:00 pm (Vigil Mass)	† Joseph and Catherine Rowe, † Serran-Nicolau-Madamba Family, † George Allen Kuntc
7:15 am	Jacqueline Reece, † Takashi Kamei, † I.Y. Kunju, † Maria Loida Guevarra
9:00 am	Rick & Mary Catapang, Bridget Froula, † Mr. & Mrs. Nicholas, † Vicente Concordia Llamas III
10:45 am	For the People of Holy Spirit Parish
12:30 pm	Lito & Aida Ramos, Linh Hoang, † Leonardo Monterola, Sr., † Filomena Amaral
5:00 pm	For the People of Holy Spirit Parish

MONDAY, JANUARY 29 | MONDAY OF THE FOURTH WEEK IN ORDINARY TIME

2 Sm 15:13-14, 30; 16:5-13/Ps 3:2-3, 4-5, 6-7/Mk 5:1-20

7:00 am	Dinh Family, Karyn Makana Bambo Quinones, † Casey Mary Morgan
8:15 am	† Maria Lourdes Brum

TUESDAY, JANUARY 30 | TUESDAY OF THE FOURTH WEEK IN ORDINARY TIME

2 Sm 18:9-10, 14b, 24-25a, 30—19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-43

7:00 am	Grace Villo-Robbins, † Binay Gallevo, † Nikha De Guzman
8:15 am	Alex & Amy Nitafan & Family, † Vicente Concordia Llamas III, Rosemarie Lee

WEDNESDAY, JANUARY 31 | MEMORIAL OF SAINT JOHN BOSCO, PRIEST

2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk 6:1-6

7:00 am	Sun Chung (Lucic), † Katrina Hizon
8:15 am	† Maria Lourdes Brum
6:30 pm	Saavedra Family, William Nicholson

THURSDAY, FEBRUARY 1 | THURSDAY OF THE FOURTH WEEK IN ORDINARY TIME

1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13

7:00 am	Myrna Adriano, † Joefrey Bulabon
8:15 am	Rowena Ignacio, Elizabeth Aguirre, † Josefina Casabar

FRIDAY, FEBRUARY 2 | FEAST OF THE PRESENTATION OF THE LORD

Mal 3:1-4/Heb 2:14-18/Ps 24:7, 8, 9, 10/Lk 2:22-40 or 2:22-32

7:00 am	For the People of Holy Spirit Parish
8:15 am	† Wai-Hing Lo
6:30 pm	For the People of Holy Spirit Parish

SATURDAY, FEBRUARY 3 | SATURDAY OF THE FOURTH WEEK IN ORDINARY TIME

1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34

7:00 am	Ofelia Marquez, † Lance Timbreza, † Domingo Marquez
8:15 am	For the People of Holy Spirit Parish
12:00 pm	For the People of Holy Spirit Parish

NOURISH



FROM THE DESK OF DN. CHUCK...

Trust in Me

The Gospel today speaks to the power of God's Word to transform lives. The man possessed by an unclean spirit recognizes Jesus as the Holy One of God and he is immediately cleansed at the command of Jesus.

With this we are challenged to reflect on if or how we give God the authority in our lives. Do we submit ourselves to Him or do we fight it and think we have control? Do we allow His teachings and leadership to cast out any darkness that may be affecting our lives?

Today is the start of Catholic Schools Week. We celebrate the education of children in a faith-filled environment. This is not to disparage public schools; rather, we give credit to our own school at Holy Spirit as well as the other Catholic schools throughout the world that put God before all else.

Our children learn the lessons of Jesus everyday as it is woven into their academic instructions in addition to their religious learning. I invite all of

you to visit Holy Spirit School's Open House this Sunday and meet some of the teachers and staff. They are an amazing group of people.

Even if your child does not attend Holy Spirit School, please help with your donation during the special collections for the school. For every dollar spent to provide a Catholic education, it saves the public schools a dollar and a half (from a presentation by Matthew Kelly, LA Religious Education Congress, 2011).

I also invite you to attend a Mass where the school is in attendance. They come to Mass on Mondays and Fridays at 8:15 am or on First Friday and holy days of obligation at 11:00 am. Hearing them recite the prayers with confidence and pride is very heartwarming. And at the 11:00 am Masses, they sing like the angels they are.

No matter how dark and angry the world seems, the joy of children will bring us peace. And the power of God will keep us safe. We only need to give Him authority over our lives. Remember, the will Of God won't take you to a place His grace can't keep you.

Dn. Chuck & Sherry

FORMED PICK OF THE WEEK



A Critical Look at Catholic Education with
Andrea Chavez-Kopp

[Watch formed.org](http://Watchformed.org)

What happens to Catholic schools when the economic model guarantees that it loses money? Andrea Chavez-Kopp takes a critical look at the challenges facing the fragile Catholic school ecosystem...

She argues that resolving these problems is going to take solutions that attract people to the faith and disrupt the current modern marketplace.



February 14, 2024

"For you are dust, and to dust you shall return." (Gen 3:19)

Join us for Mass as we mark the beginning of the Lenten season. Mass times are:

7:00, 8:15 and 11:00 am
12:30, 4:00, 6:00 and 8:00 pm

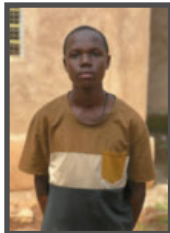


SERVE

St. Joseph the Worker: Sister Parish Dispatch

Meet Yuda Abel!

He attends St. Rita Secondary School, which is 2 km. from St. Joseph the Worker. Yuda receives a 75% scholarship.



You are in our prayers, Yuda!

Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

We thank our donor(s):
Jan. 28 ... In Memory of Takashi Kamei

Join the Art & Environment Ministry

We are looking for volunteers to help decorate and prepare our worship space for the different liturgical seasons. If you are interested in joining this ministry, please text Judy Young at 510.378.1933.

Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week?

Then join our Holy Spirit Parish Office Ministry as a volunteer receptionist. For more information, contact Josephine at info@holyspiritfremont.org or 510.797.1660.

From our Youngest Stewards

I helped someone, I prayed,
I studied my lessons:

Abbey, Ellie, Grace, Noah

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Breakfast Cereal
- ⇒ Pork & Beans
- ⇒ Ramen Soup - Chicken

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Acolyte Ministry Training Saturday, February 17, 2024

Training session for new acolytes will be held in the church **6:30 to 8:00 pm**.

All children 4th grade and above, who have received their First Communion are welcome and encouraged to join this ministry.

Please email Maria Acoba or Nars Bernardo at hsacolytes@gmail.com if you are interested or have any questions.



Second Collection: Holy Spirit School January 27-28, 2024

This weekend's second collection is for our Holy Spirit School. Proceeds benefit programs such as tuition assistance, staff development, special events and after school programs. Thank you for your generous support.

Giving

Sunday, January 7

\$42,690

Corner

Special Collection coming up:

Holy Spirit Youth & Young Adult Ministry | February 4

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



The Structure of the Mass, its Elements and its Parts

In a letter to the priests in the Diocese of Oakland, Bishop Michael C. Barber, SJ, wrote:

The General Instruction for the Roman Missal for the United States, No 43, states that "In the dioceses of the United States of America, they should kneel beginning after the singing or recitation of the Sanctus (Holy, Holy, Holy) until after the Amen of the Eucharistic Prayer, except when prevented on occasion by ill health, or for reasons of lack of space, of the large number of people present, or for another reasonable cause The faithful kneel after the Agnus Dei (Lamb of God) unless the Diocesan Bishop determines otherwise."

I understand it had been the policy in our diocese set by a previous bishop to remain standing following the Lamb of God. However, I see no valid reason for us to diverge from the common practice of the Church in the United States.

Therefore, I ask that in our diocese we join the rest of the faithful in our country in kneeling after the Lamb of God in order to prepare ourselves reverently for reception of Holy Communion.

Following reception of Holy Communion, each person may stand, sit or kneel as they choose, until the priest asks everyone to stand for the Prayer After Communion.

– Bishop Michael C. Barber, SJ
(January 5, 2024)

As per Bishop Barber's directive, here at Holy Spirit Fremont, we will implement this change immediately. To read GIRM 43, visit the [Announcements](#) page of our website.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

- Anthony Alvarez
- Tom Alvarez
- Charlie Glover
- Nelson Tobias

Pray for Our Recently Departed

- Connie Soto
- Dave Durante
- Lolita Baya
- Lawrence Virzi
- Jose Manuel Bolado Somolonos
- Boboy Bautista
- Nieves David

Birthday Blessings

- Dn. Ernie Dandan
- Danny Devera
- Edward Letona
- Teresa Uong
- Robert Alberto
- Christopher Delarosa
- Kaydence Delarosa

Wedding Anniversary Blessings

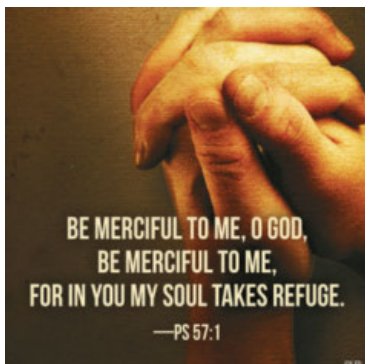
- Ricardo & Mary Catapang (48 years)
- Teresa Uong & Peter Dinh (35 years)

Adoration & Reconciliation

Tuesday and Thursdays
8:45 to 9:30 am

Spend time with our Lord in the Blessed Sacrament. God invites all of us to offer our joys and sorrows to Him.

Our priests are available for Confession during this time of Adoration.



“If today you hear his voice, harden not your hearts.”

(Psalms 95:7-8)



INVITE

Filipino Society Food Sale

January 28, 2024

The Holy Spirit Filipino Society is hosting their \$10 Meal Deal after the morning and 12:30 pm Masses. Stop by the Parish Center—get a good meal at a great deal! For large orders, please email us by Thursday, January 25, at hsfs.communications@gmail.com.

Proceeds benefit parish special projects. Thank you for your support!

Mandatory Lector and Eucharistic Minister Training

January 30, 2024

All new and current Lectors and Eucharistic Ministers are required to attend this training at 6:30 pm in the church. Please contact Dee Francisco at dee@holyspiritfremont.org should you have questions.

Parents Date Night

Saturday, February 10, 2024

5:00-9:00 pm

Parents of children ages 4-12 yrs. are invited to drop off their children at the DeSousa House 4-Plex for a fun movie, crafts and pizza night while parents enjoy an evening out for Valentine's Day.

Pricing as follows:

- \$20 for One Child
- \$30 for Two Siblings
- \$12/each for Three or More Siblings

For more details, contact Rosalyn@holyspiritfremont.org.

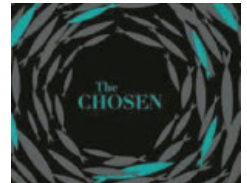
Holy Spirit School Fundraiser

Jan. 31, 2024 | 12:00-8:00 pm

Come join us at Billy Roy's Burger Co. in Fremont! Invite your friends and family to help support Holy Spirit School. 10% of the proceeds goes to support our students!

The Chosen: An Interactive Bible Study

Mondays | 7:00 to 9:00 pm
de Sousa House Theater



Join Dn. Steve and Annette Lewellyn in reflection and study on the life of Jesus as portrayed in the groundbreaking series. Registration forms available in the Parish Office. Purchase the study guide for Season 2 through [Amazon](#).

Spiritual Direction

Have you ever wondered how God might be working in your life? Do you have questions about discernment? Do you have special concerns about your prayer experience? Are you looking for a spiritual director?

Sr. Annette Burkart, SND is a spiritual companion who may be able to aid you in finding answers or direction. Please contact Sr. Annette at 408.390.7184 for more information.

Grief Support

Are you dealing with the death or illness of a loved one, a divorce, the loss of a job or other life-changing loss? Sharing your story with others may speed healing and lighten the burden of loss. Your story is uniquely yours but pain is universal. Information shared is strictly confidential. For more information, please contact Helen Campbell at 510.795.7958.



Kit

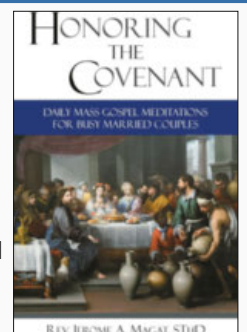
Celebrate World Marriage Day

Sunday, February 11, 2024

In celebration of World Marriage Day, we will be joined by Fr. Jerome Magat, SThD, at the **9:00** and **10:45 am**, and **12:30 pm** Masses.

Fr. Jerome is a member of the Diocese of Arlington, Virginia and is currently serving in the Archdiocese of San Francisco as a professor in moral theology at St. Patrick Seminary in Menlo Park.

A speaker and published author, Fr. Jerome will be signing his latest work, "Honoring the Covenant: Daily Mass Gospel Meditations for Busy Married Couples". His book will be available for purchase after Mass. You may also purchase "Honoring the Covenant" through [Amazon](#). Meet Fr. Jerome after Mass!



AROUND THE PARISH



Holy Spirit School Open House Sunday, January 28, 2024 | 10:00 am-2:00 pm

Join us for our Open House as we kick off Catholic Schools Week. Stop by and see our amazing parish school. Meet the faculty and staff, and receive information on kindergarten testing. We look forward to seeing you at the Open House!

CYO Girls Basketball

Get in the game! CYO Girls Basketball is accepting registrations for the 2024 season. Hoop enthusiasts in 3rd-8th grade can register through January 31 (or until teams are full). No experience required. To register, visit: <https://clubs.bluesombrero.com/Default.aspx?tabid=482484> For more information: rheascott.hscyo@yahoo.com

HS School Crab Feed Saturday, March 16, 2024

Come one, come all to this year's Annual Holy Spirit School Crab Feed! This year's theme is "Yacht Rock". Dress in your best maritime attire for this memorable event. Tickets are on sale now for \$90.00. Contact HSSCrabFeed@gmail.com.

December Students of the Month

Congratulations to the following Holy Spirit School students:

- Preschool: **Amelia Kwong**
- Kindergarten: **James Guinto**
- First: **Kawelo Noa**
- Second: **Gabriel Pugay**
- Third: **Kennedy Paras**
- Fourth: **Rithika Vijay**
- Fifth: **Maya Edwards**
- Sixth: **Eric Nguyen**
- Seventh: **Sierra Domondon**
- Eighth: **Matthew Johnson**

Congratulations!



ST. PATRICK'S
SEMINARY & UNIVERSITY

St. Patrick's Seminary Day of Giving: March 16, 2024

Save the date! Help raise \$200,000 in 24 hours! Ways to give:

- **Online** at <https://igfn.us/vf/PRIEST>
- **Text** PRIEST to 71777
- **Scan** the QR Code
- **By check** to 320 Middlefield Road, Menlo Park, CA 94025



Parish Office

Mondays to Fridays
9:00 am to 5:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

- Fr. Kenneth L. Sales, Pastor
510.456.4964
- Fr. Edilberto Castañás,
Parochial Vicar
510.456.4965
- Fr. Hoa Binh Ha
Parochial Vicar
510.797.1660
- Fr. Frank Kuwornu
In Residence
- Dn. Chuck Glover,
Pastoral Care
510.789.8652
- Dn. Steve Lewellyn, RCIA
510.797.1660
- Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
- Dn. Tim Roberto, RCIA
510.598.7408

Departments

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Jeff Van der Sluis
510.456.4970

Faith Formation & Evangelization

Rosalyn Jose
510.456.4975

Safe Environment

Peter Scampavia
510.456.4995

Facilities Scheduling

Peter Scampavia
510.456.4995

Youth & Young Adult Ministry

Mario Castellanos
510.456.4974

Music

Paul Orella
510.673.3873



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