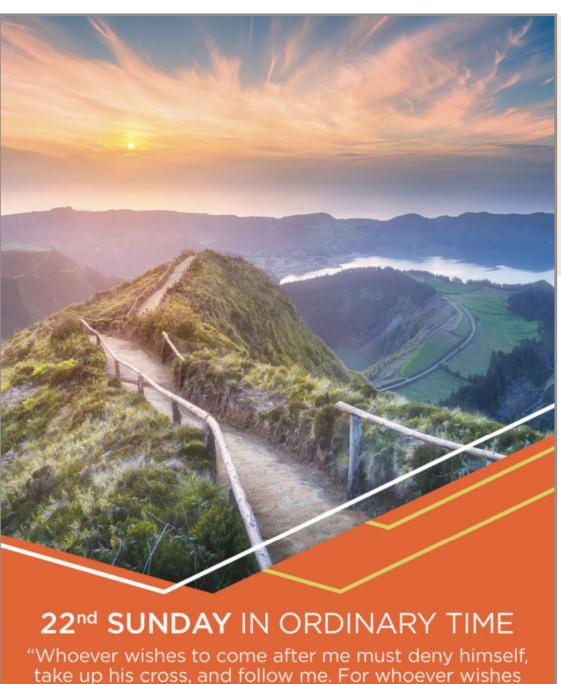


SUNDAY, SEPTEMBER 3, 2023 | 22ND SUNDAY IN ORDINARY TIME



"Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it." - Mt 16:24b-25

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

WELCOME

With joy we welcome all who have gathered here with us to worship God.

"How good to sing praise to our God; how pleasant to give fitting praise." (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd. Fremont, CA 94536

Parish: 510.797.1660 School: 510.793.3553 Preschool: 510.793.2013 info@holyspiritfremont.org holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am Saturday Vigil: 5:00 pm Sunday: 7:15 am 9:00 am* | 10:45 am* 12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am Wednesday: 6:30 pm First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm

Thursday before First Friday: 3:30 pm (except if it falls on Holy

Thursday)

Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.

Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend. Next Mass: October 7, 2023

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is <u>no</u> Mass on Good Friday.

Next Mass: October 6, 2023

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, SEPTEMBER 3 | TWENTY-SECOND SUNDAY IN ORDINARY TIME

Jer 20:7-9/Ps 63:2, 3-4, 5-6, 8-9 (2b)/Rom 12:1-2/Mt 16:21-27

5:00 pm (Vigil Mass) For the People of Holy Spirit Parish

7:15 am Mollie Eastwood, † Magdaleno Ulibas, † Teresa Son Nguyen

9:00 am For the People of Holy Spirit Parish

10:45 am Nena Ladrillono & Family, Lola Seli-Gerson, † Vicente Camacho,

† Manuel De Pinna, † Anunciacion T. Padua

12:30 pm Fred & Ofelia Eclipse, Jose Castrejon, † Eugenia T. Mano, † Ligaya Bamford

5:00 pm † Reynaldo Avelino, † Paul Ho

MONDAY, SEPTEMBER 4 | MONDAY OF THE 22ND WEEK IN ORDINARY TIME

1 Thes 4:13-18/Ps 96:1 and 3, 4-5, 11-12, 13/Lk 4:16-30

7:00 am † Michael Keily, † George A. Arce 8:15 am Florante Asis, Marina Ladrillono

TUESDAY, SEPTEMBER 5 | TUESDAY OF THE 22ND WEEK IN ORDINARY TIME

1 Thes 5:1-6, 9-11/Ps 27:1, 4, 13-14/Lk 4:31-37

7:00 am For the People of Holy Spirit Parish

8:15 am Orlando Y. Lingad, Justiniano Regidor, † Gerson Miranda

WEDNESDAY, SEPTEMBER 6 | WEDNESDAY OF THE 22ND WEEK IN ORDINARY TIME

Col 1:1-8/Ps 52:10, 11/Lk 4:38-44

7:00 am Linda Greco, † Pamela Papa Pacla, † Andy Chan

8:15 am Levi Eidelberg, Joseph Gianan Aguilar, † Potenciana C. Arce

6:30 pm Benica Tulio

THURSDAY, SEPTEMBER 7 | THURSDAY OF THE 22ND WEEK IN ORDINARY TIME

Col 1:9-14/Ps 98:2-3ab, 3cd-4, 5-6/Lk 5:1-11

7:00 am Rosemarie Yunzal, † Perla Martin, † Agripina Goce

8:15 am Rosemarie Yunzal, Kyle Atikus Isidore Barnes, † James Curcuro Sr.

FRIDAY, SEPTEMBER 8 | FEAST OF THE NATIVITY OF THE BLESSED VIRGIN MARY

Mi 5:1-4a or Rom 8:28-30/Ps 13:6ab, 6c/Mt 1:1-16, 18-23 or 1:18-23

7:00 am Deus Suva, Lalaine Lanuza, † Evangelina Celeste-Solis, † Manuel N.

Gallegos Jr.

8:15 am Efigenia Gianan Aguilar, † Pilar Torres, † Julius Acoba

SATURDAY, SEPTEMBER 9 | MEMORIAL OF SAINT PETER CLAVER, PRIEST

Col 1:21-23/Ps 54:3-4, 6 and 8/Lk 6:1-5

7:00 am Jonathan Mano, † Alejandro Marquez, † Jose S. Torres, Jr.

8:15 am Bella Asis, Melinda Caronongan, Alvin & Patrick Aguirre, † Marta Veliz

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

NOURISH



FROM THE DESK OF DN. BERNARD...

To be a disciple of Jesus, three imperatives are required.

First, denying oneself.

We must deny ourselves whatever we are holding on to, so that we can freely carry the cross.

To die to oneself is hard for it means saying "no" to yourself. It means a change in lifestyle and saying "yes" to Jesus in total surrender.

Jesus said, "For whoever wishes to save his life will lose it, but whoever loses his life for My sake will find it. What profit would there be for one to gain the whole world and forfeit his life?"

The call is tough, but the reward is unmeasurable.

Second, "we must take up our cross."

We all have our crosses in life.

Sometimes we hear people say that my husband/wife is my cross, or my mother-in-law is my cross. They may be jokes but as we utter these words, we are indicating that the cross is a burden.

Crosses come in many forms: a failed relationship, an unsatisfying job, a physical illness, and so on. On a positive side, it can become opportunities for us to grow closer to Jesus and give Him glory.

Taking up the cross should be our daily priority, focus, and direction in following Jesus at any cost and without reservations.

If you bear your crosses in life with regret, it will become for you a heavy burden, but if you bear your cross with faith and trust in Christ, then you lift your soul with joy.

If you feel the cross you bear is heavy, then by all

means, pray and call on the Lord for help. God will surely come to your aid and walk with you on your journey.

By embracing your cross, by grace, you find yourself depending on God more and more each day. This is where the "empowered" position of faith comes in. God wants to give us His own divine grace to help us embrace the crosses of life.

Jesus said, "whoever does not take his cross and follow after Me is not worthy of Me."

The cross is life-giving. It should not be feared. It opens the gate to eternal life. It is, in itself, the tree of life.

Finally, we must follow Jesus.

Following Jesus means to be dedicated to Him.

It means following His examples and teachings, and obeying God's laws.

Our true commitment to Jesus is revealed during times of trial, and following Him is an everyday challenge, but a humbling experience.

Jesus once told St. Paul: "My grace is sufficient for you, for power is made perfect in weakness."

When we answer the call to follow Him, it's going to turn our lives in a different direction. We can't follow unless we go where He leads.

If we really want to follow Christ, we should really have that positive reaction to deny ourselves, take up the cross and follow Jesus.

After all, that positive symbol is the sign of the cross.

God bless us all.

Dn. Bernard & Jean



FORMED PICK OF THE WEEK

<u>"Follow Me"</u>





SERVE



Maui Relief

Second Collection: Maui Wildfires 2023 -Relief, Recovery and Rebuild

September 9-10, 2023

Bishop Michael Barber, SJ, asks us to prayerfully consider the following request for assistance from Bishop Larry Silva of the Diocese of Honolulu. (Bishop Silva, who was born in Honolulu, was raised in San Lorenzo and ordained a priest of the Oakland Diocese.) Next weekend's Second Collection will go towards relief and recovery efforts.

"Today our thoughts and prayers are with all those affected by the devastating wildfires that have ravaged the island of Maui. As a community of faith, we are called to come together and provide unwavering support to those who are suffering...Maria Lanakila (Our Lady of Victory), pray for us!"

-Bishop Larry Silva, Diocese of Honolulu

Hawai'i Catholic Community Foundation (HCCF) was established in 2008 as a 501(c)(3) nonprofit corporation to support our parish and school communities. HCCF will process and distribute your gift to support Maui wildfires relief, recovery and rebuild efforts.

Donations can be made at <u>ti-nyurl.com/MauiCatholic</u>. Thank you for your prayers and your generosity!

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Green Beans
- \Rightarrow Jelly / Jam
- \Rightarrow Peanut Butter—16 oz.

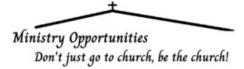
Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. Do not leave donations outside. Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. PLEASE, NO EXPIRED FOOD. Thank you for your support! For information or assistance: 510.797.3672

Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week?

Then join our Holy Spirit Parish Office Ministry as a volunteer receptionist.

Contact Josephine at 510.797.1660 or info@holyspiritfremont.org



Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary.

You may drop off your donation at the Parish Office or send by mail.

For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

Giving

Sunday, August 20

\$31,962

Special Collection coming up: Maui Relief & Recovery | September 10

Our pledged weekly amount (excluding special collections): \$31.963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at https://holyspiritfremont.org/give/ to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

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PRAY



Diocesan Eucharistic Revival Congress 2023: "I Am With You Always"

Bishop Michael C. Barber, SJ, invites the faithful in the Diocese of Oakland "to join in the National Eucharistic Revival to reflect upon the centrality of the Eucharist in our lives and to reaffirm our call to be a people nourished fed, and renewed by the Eucharist itself." (Oct. 2022).

Join us for what is sure to be an amazing event for youth and adults, which will include talks, Adoration, Holy Mass, and more!

- September 8-9: Spanish track
- September 15-16: English track

Registration is now open. Also seeking volunteers, sponsors, vendor participants, and donors.

For more information, go to https://oakdiocese.org/eucharisticrevival2023

Our Lady of Fatima

Through October 2023

Join us for Mass in honor of Our Lady of Fatima:

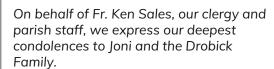
- Wednesday, September 13 @ 6:30 pm (in lieu of Our Lady of Perpetual Help)
- Friday, October 13 @ 6:30 pm (Mass to be followed by International Rosary)

Memorial Mass for Rev. Mr. William "Bill' Drobick † (1948-2023)

September 22, 2023 | 11:00 am Holy Spirit Fremont

Please join us for Mass in memory of Dn. Bill Drobick †.

Dn. Bill is survived by wife Joanne "Joni" (nee Reberg), daughter Holly Marsh, sons Matthew and Joseph Drobick, their spouses, and 11 grandchildren.



May Dn. Bill † rest in peace.

International Rosary

October 13, 2023

Please join us in praying the International Rosary immediately following the 6:30 pm Mass in honor of Our Lady of Fatima.

If you want to participate in the Rosary and recite the Hail Mary in your native language, please contact: Marina, 510.207.6395 or Bella, 510.791.6121



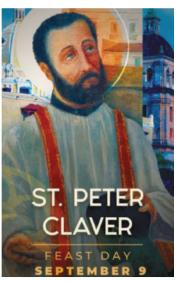
Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to https://holyspiritfremont.org/request-a-prayer/ or call the Parish Office at 510,797,1660

Pray for Our Sick

Frances & family, Maria Dao Thi Dung, Demi Espinoza, Dr. Will Wyman, Lesli Griffiths

Pray for Our Recently Departed

Daryl Boito, Rio S. Deleon, Jose Luis Fagundes





eavenly Mother, your birth gave great joy to all the world because it signaled the coming of Jesus Christ, who would save the whole world by His life, death and resurrection. Pray for me today that the feast of your birth may give great joy to my soul that I may be exceedingly patient with my family and loved ones.



INVITE

Labor Day

Monday, September 4, 2023

All parish departments will be closed in observance of Labor Day. Have a safe holiday!



Alpha

Wednesdays | 7:00-9:00 pm De Sousa House

Explore our Christian faith through conversation and dinner. Everyone is welcome! Each Alpha session begins with a meal, followed by a video then small group discussion and reflection.

Our Fall Series begins after Labor Day on September 6, 2023. For more information, contact us at faithformation@holyspiritfremont.org.

Faith Formation 2023-2024

Registration for Children's Faith Formation, First Communion, Middle School, High School Confirmation, and Adult Faith Formation (RCIA) is now open.

For information, visit our parish website - https://holyspiritfremont.org/. Go to the "Faith Formation " tab at the top right, then choose the appropriate learning level from the drop down menu.

You may also stop by the de Sousa House Mondays to Thursdays, 9:00 am to 5:00 pm, or contact the Faith Formation Department at 510.456.4974 or faithformation@holyspiritfremont.org.

Filipino Society Meal Deal

September 10, 2023

The Filipino Society is hosting their \$7 Meal Deal after the morning and 12:30 Masses. Stop by the Parish Center—get a great meal at a deal! Proceeds benefit parish special projects. For large orders, email us by Thursday, September 7th at hsfs.communications@gmail.com.

Grief Support

Are you dealing with the death or illness of a loved one, a divorce, the loss of a job or other life-changing loss? Sharing your story with others may speed healing and lighten the burden of loss. Your story is uniquely yours but pain is universal.

Our deanery-sponsored support group's first meeting after a 3-year hiatus will be held Sunday, September 10, 2023. Meetings are on Sundays at 2:30 pm in the Fireside Lounge (unless otherwise noted).

9/10/23: Sharing the Story of Your Grief 9/17/23: As You Deal with Your Loss

9/24/23: Anger & Regrets 10/1/23: Consolation 10/8/23: Maturing Grief 10/15/23: Sharing Memories 10/22/23: Ritual and Healing 10/29/23: Memorial Service 11/12/23: Coping with the Holidays

11/12/23. Coping with the Holidays

Information shared during the meetings is strictly confidential. For more information, please contact Helen Campbell at 510.795.7958.



The Chosen: An Interactive Bible Study

Mondays beginning October 9, 2023 7:00 to 9:00 pm | de Sousa House Theater

"The Chosen" centers on Jesus and the different people who met and followed or otherwise interacted with him. Join Dn. Steve and Annette Lewellyn in reflection and study on the life of Jesus as portrayed in the groundbreaking series.

Registration forms are available in the Parish Office and de Sousa House. Purchase the study guide for Season 1 through <u>Amazon</u>. For more info, contact us at info@holyspiritfremont.org.

AROUND THE PARISH





Join the Cub Scouts-Pack 154

Come have fun and play games while learning life skills in the cub scouts at Holy Spirit! Scouting supports faith, civic, and outdoor responsibility. Parent meeting on Sept. 8th at 7:00 pm in the Fireside Lounge. We have a park meetup at Dusterberry Neighborhood Park on Sept. 9th at 4:00 pm. For more info, email hspack154@gmail.com

Cross Country Sign-Ups

All Kinder-8th graders are welcome to join CYO Cross Country. Registration is open now until September 15, 2023.

Go to https://www.holyspiritcyo.com/ to sign up. For more information, email cdcanotal@yahoo.com or tfezler@ampf.com

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Catholic Coffee - Grounded in Faith Each item is \$14.95. Submit form and payment to the Parish Office.

Name	Phone ()			
Fmail	Total Amount Enclosed \$			

Coffee	Beans	Grounds	K Cups	Total Qty.	Cost (Qty x \$14.95)
St. Drogo Ethiopian Roast					
Our Lady of Guadalupe Mexican Mocha					
Padre Pio Espresso Roast					
St. Dymphna Half Decaf Blend					
St. Valentine Raspberry White Mocha					
St. Patrick Irish Cream					A
St. Therese of Lisieux Light Roast				i i	
St. Peter Parish Medium Roast					
St. Michael Dark Roast					
St. Joan of Arc French Blend					
All Saints Variety Pack K-Cups-Set of 12					
St. John Paul II Peruvian Dark Roast		×			
Our Lady of Mount Carmel Salted					
Caramel					
Sleeping St. Joseph Decaf					
St. Nicholas Christmas Blend					

Be inspired by the lives of the saints and energized by our coffee. We combine each of our delicious coffees with an extraordinary saint, making every roast a special treat for anyone who loves quality coffee. Catholic Coffee is from only fresh ethically sourced organically grown Peruvian and Guatemalan coffee beans. They are roasted and packaged in the US in Charlotte, NC.

Parish Office

Mondays to Fridays 9:00 am to 5:00 pm Saturdays 9:00 am to 12:00 pm Sundays 9:00 am to 2:00 pm

Parish Gift Shop

Sundays 8:30 am to 2:30 pm

Parish Library

Sundays 9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor 510.456.4964 Fr. Edilberto Castañas. Parochial Vicar 510.456.4965 Fr. Hoa Binh Ha Parochial Vicar 510.797.1660 Fr. Frank Kuwornu In Residence Dn. Chuck Glover, Pastoral Care 510.789.8652 Dn. Steve Lewellyn, RCIA 510.797.1660 Dn. Bernard Liwanag, Sick & Homebound 510.797.1660 Dn. Tim Roberto, RCIA 510.598.7408

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Departments

Business/Maintenance leff Van der Sluis 510.456.4970 Faith Formation & Evangelization Rosalyn Jose 510.456.4975 Safe Environment Peter Scampavia 510.456.4995 **Facilities Scheduling** Peter Scampavia 510.456.4995 Youth &

Young Adult Ministry

Mario Castellanos 510.456.4974

Music Paul Orella 510.673.3873

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Catholic Parishioners Mon - Fri 8:00 am - 5:00 pm

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- Hybrid Vehicles service
- Tires and Alignments
- Automotive Locksmith
- A/C service
- Check Engine Light Troubleshooting • Smog Training School
- Brake and Lamp inspection

