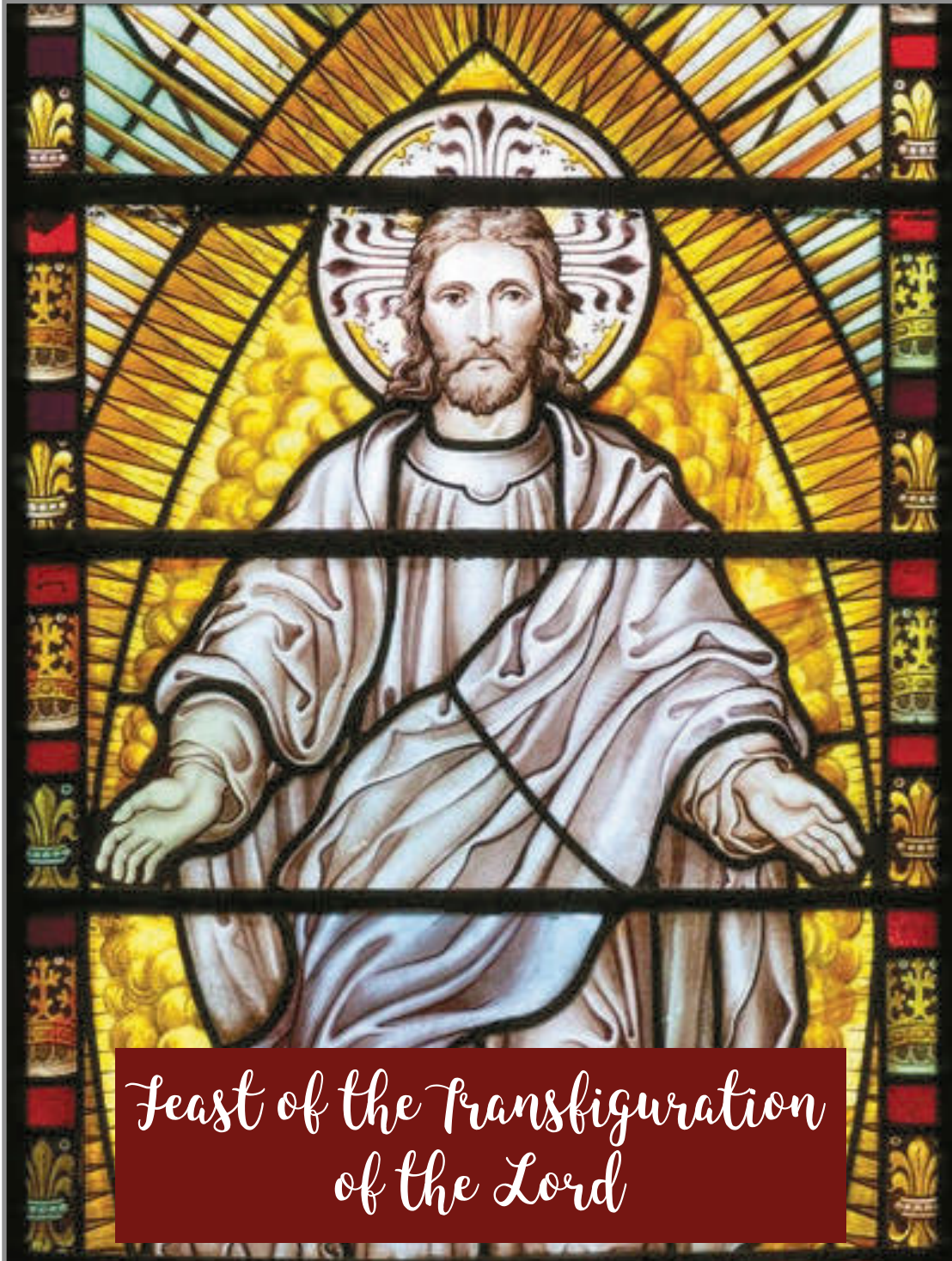




SUNDAY, AUGUST 6, 2023 | TRANSFIGURATION OF THE LORD



*Feast of the Transfiguration
of the Lord*

WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm (except if it falls on Holy Thursday)
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: September 2, 2023

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.
Next Mass: September 1, 2023

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, AUGUST 6 | FEAST OF THE TRANSFIGURATION OF THE LORD

Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9/2 Pt 1:16-19/Mt 17:1-9

5:00 pm (Vigil Mass)	† Melinda Caronongan, † Consuelo Y. Avila, † Maria Thu Thi Hoang
7:15 am	† Maria Luong Mun, † George C. Ho, † Leonora Bulabon
9:00 am	Oliver Pat Cruzada, † Junior Mahusay, † Malcolm Dominick, † Jose Lito Sarte, Jr
10:45 am	Rachel & Dylan Mesia, † Elsa & Russell Burfitt, † Joseph Victor Shagday, † Cecilia Catapang
12:30 pm	For the People of Holy Spirit Parish
5:00 pm	Alana Avila, Susana Garcia - Fuertes, † Robert Leal, † Melinda Caronongan, † Malati Biswas

MONDAY, AUGUST 7 | MONDAY OF THE 18TH WEEK IN ORDINARY TIME

Nm 11:4b-15/Ps 81:12-13, 14-15, 16-17/Mt 14:13-21

7:00 am	† Alejandro Marquez, † Gatmaitan Family, † Melinda Caronongan
8:15 am	Janet Ho, Kyle Atikus Isidore Barnes

TUESDAY, AUGUST 8 | MEMORIAL OF SAINT DOMINIC, PRIEST

Nm 12:1-13/Ps 51:3-4, 5-6ab, 6cd-7, 12-13/Mt 14:22-36 or 15:1-2, 10-14

7:00 am	Mathew Thekemuriyile, † Isabel Adona Abia, † Ramona Dote Esteves
8:15 am	† Leonidez Sandoval, † Lucita Tavisora, † Joseph Albert

WEDNESDAY, AUGUST 9 | WEDNESDAY OF THE 18TH WEEK IN ORDINARY TIME

Nm 13:1-2, 25—14:1, 26-29a, 34-35/Ps 106:6-7ab, 13-14, 21-22, 23/Mt 15:21-28

7:00 am	Andrew Barlow, † Regina Isabel Saenz, † Enneth Sunga Pineda
8:15 am	Louella Villo, † Florence & Joseph A. Fisher, † Melinda Caronongan
6:30 pm	Rolly & Marina Salazar

THURSDAY, AUGUST 10 | FEAST OF SAINT LAWRENCE, DEACON AND MARTYR

2 Cor 9:6-10/Ps 112:1-2, 5-6, 7-8, 9/Jn 12:24-26

7:00 am	Calvin Suva, † Marco K. Buenavides
8:15 am	† Ester Dimalanta, † Melinda Caronongan

FRIDAY, AUGUST 11 | MEMORIAL OF SAINT CLARE, VIRGIN

Dt 4:32-40/Ps 77:12-13, 14-15, 16 and 21/Mt 16:24-28

7:00 am	† Gloria & Pacita Flores, † Butch Pontillas, † Kenneth Drybrae
8:15 am	Eldie Sibal, † Steven Tipping, † Melinda Caronongan

SATURDAY, AUGUST 12 | SATURDAY OF THE 18TH WEEK IN ORDINARY TIME

Dt 6:4-13/Ps 18:2-3a, 3bc-4, 47 and 51/Mt 17:14-20

7:00 am	† Nic Dujmovic, † Cirilo & Estrelita Canlas, † Maria Danelia Estanol
8:15 am	Geoff Saturnio, † Thomas Griffin, † Lorna Arachea

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF SR. KAREN...

The Transfiguration of the Lord

...then from the cloud came a voice... "This is my beloved Son; listen to him." (Mt. 17:5)

What is the wisdom God wants to give us in this story from Matthew's Gospel?

As I reflected on this passage, I became aware of God's love for Jesus and Peter, James and John. All that Jesus was doing in His life was pleasing to the Father and God wanted to share that with the apostles.

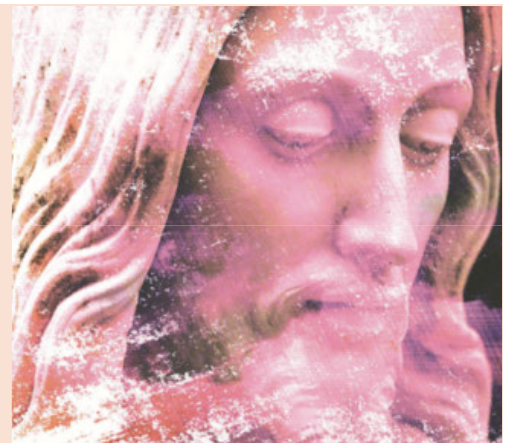
In our lives God loves us deeply, too, and wants to let us know it. Sometimes we can hear the affirmation through others but occasionally, God may reveal that love to us in moments that can be like visions. More people have visions than can be imagined. Some of these are quite simple but profound. They can be as simple as a dream either while asleep or awake. Sometimes God allows us to see things in nature that can be signs of God's special love for us. We can be given parables just for us that help us be at peace in times of stress or be filled

with love or joy. As I minister in the hospital with people in various stages in the journey of life, I have been privileged to hear the stories of those graced moments. Sometimes it was simply the words needed at the appropriate time. Other times it has been a dream with a deeply powerful awareness of some reality that was needed. One time it was in a dream of a loved one who died, alive in a beautiful place that brought comfort to the dreamer. At other times I heard of visions so life-changing that the receiver of these completely changed his or her life. One man in Vermont told me of Jesus showing him how much He suffered in His Passion. He asked me to help him return all the silverware he had stolen from his trays in the last month as a sign of his changed life. He intended to tell his story to all he would meet.

Be open to receive God's love for you by any means Abba may choose to reassure you of that love that is beyond understanding. It is true, visions are still being given by our gracious God who deeply loves each and every one of us personally.

Has God given you a vision sometime in your life? Be open for them to happen for God wants to give them to us but we are not always open to receive them.

And he was transfigured before them; his face shone like the sun and his clothes became white as light...then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased..." (Mt. 17:2, 5)





SERVE

Special Collection: Mission Cooperative Plan Weekend Appeal August 5-6, 2023

Every year, all parishes in the Diocese of Oakland participate in the Missionary Cooperative Plan Weekend Appeal which is held during the summer months.

Each parish is assigned one visiting missionary from a mission society, religious congregation, mission diocese, or a lay missionary organization so they can share stories with the parish community of their mission activities and invite us to participate with our prayers and our financial support.

Donations directly assist missionaries in efforts to share the faith in various countries around the world. We ask that you prayerfully consider giving generously towards this weekend's appeal.



I AM WITH YOU ALWAYS
BISHOP'S MINISTRIES APPEAL 2023

The Bishop's Ministries Appeal supports the ministries that go out into the parishes: faith formation and evangelization, CYO sports, formation of priests to serve parishioners, care of the retired priests, and meeting the unexpected needs of schools and parishes. We invite you to learn more about how your support makes a difference, and donate in a way that works for you – be it a recurring gift, a one-time gift, or a pledge. Scan the QR



code or go to <https://www.oakdiocese.org/bishops-appeal-donation-page>

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Corn
- ⇒ Chef Boyardee / Canned Pasta
- ⇒ Ramen Soup—Chicken

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Join Our Acolyte Ministry

The Acolyte Ministry will be holding a training session for new youth and adult acolytes on Saturday, August 26, 2023, 6:30 to 8:00 pm in the church.

This ministry is open to youth (4th grade and above) and adults who have received their First Communion.

For more information, please contact Maria Acoba and Nars Bernardo at hsacolytes@gmail.com

Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week?

Then join our Holy Spirit Parish Office Ministry as a volunteer receptionist.

Contact Josephine at 510.797.1660 or info@holyspiritfremont.org

Giving

Sunday, July 23

\$26,902

Corner

Special Collection coming up:
Mission Cooperative Plan | August 6

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



6:15 am: Veneration and Biblical Rosary

7:00 & 8:15 am: Mass

8:45 am: Exposition and Adoration of the Blessed Sacrament

9:00 am - 4:00 pm: Biblical Rosary (hourly intervals)

12:00 pm: Angelus

3:00 pm: Divine Mercy Chaplet

5:45 pm: Reposition of the Blessed Sacrament

6:30 pm: Mass



OUR LADY OF FATIMA PILGRIM VIRGIN STATUE

TUESDAY, AUGUST 15, 2023

In lieu of the previously scheduled OLF Mass on Aug. 14, 2023



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

Anthony Alvarez, Dr. Will Wyman, Lynn Ceresa, Ellie Jean Castillo, Irene Pelobello, Ligaya Lovino

Pray for Our Recently Departed

Antonio Aumentado, Sr., Gloria Nuesa, Manuel Asis Andres

Wedding Anniversary Blessings

Rodney & Jocelyn Pierre-Antoine

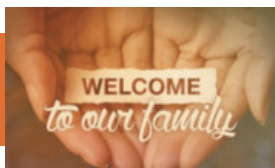


Adoration of the Blessed Sacrament & Sacrament of Reconciliation Tuesdays and Thursdays | 8:45 to 9:30 am

Spend time with our Lord in the Blessed Sacrament. God invites all of us to offer our joys and sorrows to Him.

Is there something holding you back from accepting His love? Our merciful God invites us to reconcile with Him in the Sacrament of Confession.

Join us in the church on Tuesdays and Thursdays beginning August 15, 2023.



INVITE

2024 Mass Intentions

We are now accepting 2024 Mass Intention requests.

Please go to our website and download the request form or pick up a form at the Parish Office then return via:

- 1. Email:** Submit the completed form to ricardo@holyspiritfremont.org and attach the receipt of your Mass intention stipend donation made via online giving.
- 2. Mail:** Send the completed form with check donation to 37588 Fremont Blvd, Fremont, CA 94536.
- 3. Drop-off:** Stop by the Parish Office and drop off the completed form with check donation in the mail slot.

Make all checks payable to **“Holy Spirit”**.

The Mass Intention Request form must be filled out completely. Incomplete information/requirements may delay the processing of requests. Requests received without stipend offering will not be processed.

Due to our large prayerful community here at Holy Spirit, it is absolutely **FIRST COME, FIRST SERVED!** Requests are processed according to the date the application was received.

Ministry Leads Meeting

August 8, 2023 | 6:30 pm

Our next in-person meeting will be held in the Peace Center. The meeting should last approximately 45 minutes.

If the lead member(s) are unable to attend, kindly request a representative to take your place.

CYO Boys Basketball and CYO Cheerleading

Registration is now OPEN! Registration is open until teams are filled or August 20, 2023, whichever comes first.

Go to www.holyspiritcyo.com to access the online registration link. Spots fill up fast, so do not wait until the last minute to sign up.

Family Retreat with Fr. Antony Parankimalil, VC

August 11-13, 2023 | Holy Spirit Parish Center

All are invited—come experience the power of God’s unconditional love. Each day will include Holy Mass, inspirational talks, praise and worship, and Eucharistic Adoration.

Fr. Antony is a Vincentian Congregation priest and conducts retreats through the Divine Retreat Centre in Rwanda, UK, and India.

Registration is free—lunch and snacks provided.

Scan the QR code or contact: Kavitha, 408.818.0782; Eugene, 510.925.8910; Roby, 484.995.5341; Junita, 408.636.85 74; or Sherrin, 408.480.3816



Family Weekend Getaway

September 1-4, 2023

Holy Spirit Filipino Society is hosting this getaway on Labor Day weekend. Join Fr. Ken and our Holy Spirit families for some R & R at Lake Don Pedro in La Grange! For more information, contact Danny at 510.468.7980

Diocesan Eucharistic Revival Congress 2023: “I Am With You Always”

Bishop Michael C. Barber, SJ, invites the faithful in the Diocese of Oakland *“to join in the National Eucharistic Revival to reflect upon the centrality of the Eucharist in our lives and to reaffirm our call to be a people nourished, fed, and renewed by the Eucharist itself.”* (Oct. 2022).

Join us for what is sure to be an amazing event for youth and adults, which will include talks, Adoration, Holy Mass, and more!

- September 8-9: Spanish track
- September 15-16: English track

Registration is now open. Also seeking volunteers, sponsors, vendor participants, and donors.

For more information, go to <https://oakdiocese.org/eucharisticrevival2023>

AROUND THE PARISH



Filipino Society Meal Deal

August 13, 2023

The Filipino Society will be hosting their \$7 Meal Deal next Sunday after the morning and 12:30 Masses. Stop by the Parish Center—get a great meal at a deal! Proceeds benefit parish special projects. For large orders, please email us by Thursday, August 10 at hsfs.communications@gmail.com

Women Gather

August 19, 2023 | 10:00 am

Women Gather is an opportunity to pray, share faith, lunch and help others. We hope you will be able to join us. For more information, please RSVP to Sr. Annette at 408.390.7184

Rachel's Vineyard Retreat

August 25-27, 2023

Our Lady of Refuge Retreat Center | Cupertino

This program offers a weekend of support to women, men and couples whose lives have been impacted by pregnancy loss, abortion, or miscarriage.

The weekend includes two nights lodging, meals, and all retreat materials. All information remains confidential.

Contact us at hope@realoptions.net for more information. Register at <https://secure.fundeasy.com/ministrysync/event/home.php?e=25772>

Parish Office

Mondays to Fridays
9:00 am to 4:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Edilberto Castañás,
Parochial Vicar
510.456.4965
Fr. Hoa Binh Ha
Parochial Vicar
510.797.1660
Fr. Frank Kuwornu
In Residence
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Departments

Business/Maintenance

Jeff Van der Sluis
510.456.4970

Faith Formation & Evangelization

Rosalyn Jose
510.456.4975

Safe Environment

Peter Scampavia
510.456.4995

Facilities Scheduling

Peter Scampavia
510.456.4995

Faith Formation & Youth Ministry

Mario Castellanos
510.456.4974

Music

Paul Orella
510.673.3873

HERE'S THE SITCH...

It's been a very busy summer here at Holy Spirit! We have completed and initiated several new projects:

- Painted the school
- New wayfaring signage
- Installation of light pole brackets and banners
- Replaced all the projectors in the church, Peace Center, Parish Center, and de Sousa House Theater with new state-of-the-art units
- New domain server and many pc upgrades
- New carpeting installed in the de Sousa House offices
- New irrigation controls and repairs to our irrigation systems
- New flooring installed in the Business Manager's office and Rectory dining room
- Replaced the broken fire roll-up door in the Parish Center
- Repaired a major leak to our water main
- New sail coverings for the St Francis Plaza picnic tables

Additionally, we are working on getting cost estimates for our Campus Master Plan, as well as for perimeter gates and fencing, and new access control systems.

Along with making our campus beautiful and safe, these improvements allow us to carry out our parish mission.

In Christ,

Fr. Ken



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