



SUNDAY, JULY 9, 2023 | FOURTEENTH SUNDAY IN ORDINARY TIME



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

14th SUNDAY IN ORDINARY TIME

“Come to me, all you who labor and are burdened, and I will give you rest.” - Mt 11:28

Excerpts from the Lectionary for Mass © 2001, 1998, 1970 CCD.

©LPI

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm (except if it falls on Holy Thursday)
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: August 5, 2023

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.
Next Mass: August 4, 2023

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, JULY 9 | FOURTEENTH SUNDAY IN ORDINARY TIME

Zec 9:9-10/Ps 145:1-2, 8-9, 10-11, 13-14 (see 1)/Rom 8:9, 11-13/Mt 11:25-30

5:00 pm (Vigil Mass)	For the People of Holy Spirit Parish
7:15 am	Jim & Lydia Allen, Graciela O. Montes, † Walter Szto, † Eduardo Naveda Lazarte
9:00 am	Sara & Stephen Sugay, Francisco Family, † Ely Sanchez, † Luz Mangubat Gopez
10:45 am	Keiko & Kai Ladrillono, Espiritu Family, † Endrino A. Parra, † Angelina Valencia
12:30 pm	Mayoralgo & Advincula Family, † Salvador Figueroa, † Baptist Fernandes, † Melinda Caronongan
5:00 pm	Marian & Claire Raines, Connie, † Leandro S. Panalangan, † Louie Sweet

MONDAY, JULY 10 | MONDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Gn 28:10-22a/Ps 91:1-2, 3-4, 14-15ab/Mt 9:18-26

7:00 am	Elizabeth Bayaca, Rufie Gacula, † Luz Mangubat Gopez
8:15 am	Rufie Gacula, † Ester Dimalanta, † Florentino Halog, Sr.

TUESDAY, JULY 11 | MEMORIAL OF SAINT BENEDICT, ABBOT

Gn 32:23-33/ Ps 17:1b, 2-3, 6-7ab, and 15/Mt 9:32-38

7:00 am	Vergara Family, † Daniela Villas-Petilla, † Graciano Militante Jr.
8:15 am	Leeanne Buccat, † Hung & Ninh Pham, † Cecilio Rivera, Jr.

WEDNESDAY, JULY 12 | WEDNESDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Gn 41:55-57; 42:5-7a, 17-24a/Ps 33:2-3, 10-11, 18-19/Mt 10:1-7

7:00 am	† Florencia & Dominga Flores, † Vicente Petilla Sr., † Henry Crockerham
8:15 am	† Arthur Faial, † Francis & Mila Mesia, † Lorna Arachea
6:30 pm	Leticia Aguirre, † Jovita Amable, † Demetria Domingo, † Margaret Rofkahr & Charlotte Opper

THURSDAY, JULY 13 | THURSDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Gn 44:18-21, 23b-29; 45:1-5/Ps 105:16-17, 18-19, 20-21/Mt 10:7-15

7:00 am	Julian Marc Saenz, † Antony Hien Uong, † Luz Mangubat Gopez
8:15 am	Aurora Villamil, † Erlinda Bautista, † Ernesto Kong Jr.
6:30 pm	Letty Aguirre, † Cresencia Ancheta, † Carmo B. Fernandes

FRIDAY, JULY 14 | MEMORIAL OF SAINT KATERI TEKAKWITHA, VIRGIN

Gn 46:1-7, 28-30/Ps 37:3-4, 18-19, 27-28, 39-40/Mt 10:16-23

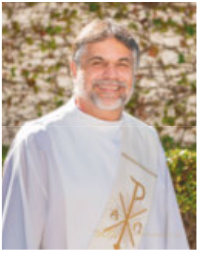
7:00 am	† Luz Mangubat Gopez, † Kenneth Drybrae, † Melinda Caronongan
8:15 am	Graciela O. Montes, † Bon Abarquez, † Loc & Nhat Vu

SATURDAY, JULY 15 | MEMORIAL OF SAINT BONAVENTURE, BISHOP AND DOCTOR OF THE CHURCH

Gn 49:29-32; 50:15-26a/Ps 105:1-2, 3-4, 6-7/Mt 10:24-33

7:00 am	† Ruperto Mendoza, † Elovy D' Sa, † Luz Mangubat Gopez
8:15 am	† Eugenia T. Mano, † Johnpillai family members, † Melinda Caronongan

NOURISH



FROM THE DESK OF DN. STEVE...

We just celebrated the 4th of July, our Freedom Day.

One of the most important freedoms we have here in the United States is the freedom of religion. We can worship our God without the fear of persecution or death.

There are many places in the world where Catholics are being persecuted and killed for believing in God and our faith in Him.

Our God is a God of love, not vengeance. Jesus teaches us to turn the other cheek, to love thy neighbor. Or we can just walk away from evil, kick the evil dust from our shoes and move forward toward God.

No one has an advantage over God's people, and Jesus left us with the Holy Spirit and a loving heart to lead us away from those who think they can control us.

In early American history and through the mid-1900s, Catholics were excluded from many opportunities of this new world, but we held on to our faith in God.

Because of this early persecution and hatred, we had to develop our own benefits in order to live a Catholic life. We started Catholic schools and universities, we opened Catholic hospitals to take care of our sick, we established our own insurances through the Knights of Columbus, opened food kitchens, orphanages, provided immigration services, and established many other organizations.

And because of our faith in our God, these institutions are still going strong, serving not just Catholics but all God's peoples.

Let us thank God for our freedom and pray for those who are persecuted because of their faith in God. Let us also thank God for inspiring us to help all of God's people with our own special gifts.

May God continue to bless our country as the Holy Spirit guides us with Jesus' examples of love and understanding for each other.

May God continue to bless you through these ever-changing times.

Deacon Steve and Annette

Never Miss Our Bulletin!

Have it emailed to you automatically every week.

1

Go to ParishesOnline.com and enter our parish in the search.

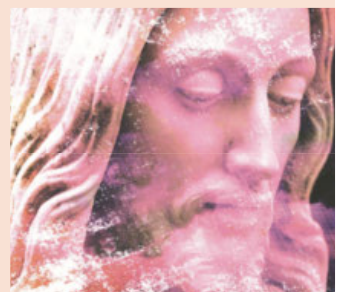
2

Click the  **Subscribe** button on our parish page.



“**T**ake my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves.”

(Matthew 11:29)





SERVE

Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. You may drop off your donation at the Parish Office or send by mail. For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

Vocations Crucifix Program

We are looking for parishioners to host the Vocations Crucifix and pray for men and women discerning to enter the priesthood or religious life. Twice monthly on the second and fourth weekend of the month, families or an individual are presented with the Vocations Crucifix and invited to pray for two weeks. To participate in this prayer ministry, please sign up on Flocknote or call the parish office at 510.797.1660.

No One Dies Alone

Washington Hospital has created a new volunteer program called No One Dies Alone to train and coordinate end of life companions for those who are passing away in our hospital. Volunteers sit vigil in the hospital room with patients actively dying at Washington Hospital. WHHS is seeking adults interested in becoming a NODA volunteer. For more info, please contact JB Goodier, Spiritual Care Coordinator, at jeremy_goodier@whhs.com or 510.818.6569.

From our Youngest Stewards
I helped someone, I prayed,
I studied my lessons:

Abbey, Ellie

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Macaroni & Cheese
- ⇒ Pork & Beans
- ⇒ White Rice

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Stephen Ministry

Are you looking for a way to serve our parish?

The Stephen Ministry of Holy Spirit Church prayerfully and lovingly ministers to parishioners mourning the loss of a loved one. Stephen ministers support families through the funeral rites and assist with the planning process.

When we help during funerals, each time commitment is typically about 2 hours, which includes setting up in the church, greeting guests, and

participating in the Mass. Any amount of time you can give is appreciated.

If you are interested in joining the Stephen Ministry, please contact the Parish Office at 510.797.1660 or info@holyspiritfremont.org

Eucharistic Ministers & Lectors Needed

We are in need of new Eucharistic Ministers and Lectors for the 5:00 pm Mass on Sundays. If interested in joining this ministry, contact Dee.francisco3@yahoo.com

Giving

Sunday, June 25

\$26,143

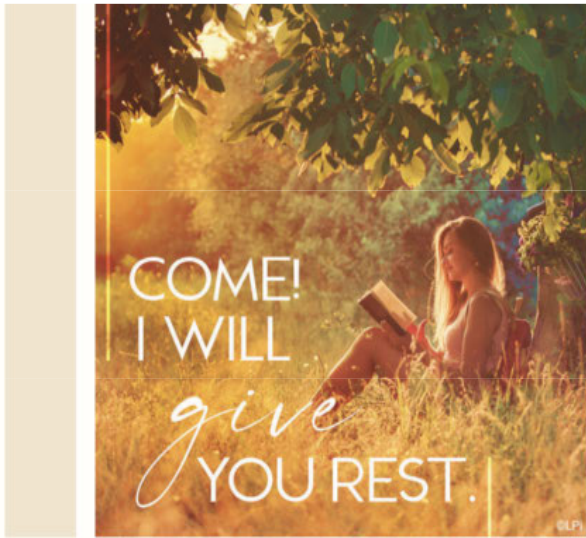
Corner

Special Collection coming up:
Mission Cooperative Plan | August 6

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



Gospel Meditation

Encourage Deeper Understanding of Scripture

Do you ever feel restless? I certainly do. Daily tasks and challenges, but also the more basic demand of simply existing — sooner or later, this can all feel crushing and tire us out.

Which is why Jesus' words are such stunningly good news: "Come to me all you who labor and are burdened and I will give you rest" (Matthew 11:28). How vastly weird that this man speaks as though he is capable of giving us the deep repose we desire. Is his claim the height of absurd grandiosity? No, because next he immediately proclaims that he is "meek and humble of heart." We here touch a mystery: Jesus is capable of giving us rest because he is the one who forever reposes in the heart of God the Father. He is "yoked" to the Father in his divinity. But he is humbly "yoked" to us, sharing in our humanity.

The good news, my fellow tired-out friends: we don't have to despair in our burdens and exhaustion, no matter how heavy they feel. This week, join me in opening our hearts to hear him say to us, "Come! I will give you rest." We come to him in the Church, Eucharist, the Scriptures, prayer, in the poor. There he will give us rest.

— Father John Muir



Saint of the week

Venerable John Augustus (Gus) Tolton was born into slavery and escaped with his mother early in his life. He went to seminary in Rome and returned to the U.S. to form a black national church in Chicago. He is considered to be the first priest in the USA who was publicly known to be black.

Prayer

Venerable Father Tolton, when confronted with the hatred of a brother and the taunts of a few, you imitated the Lamb of God and did not open your mouth against them.

Help us, Father Gus, to follow your example of long-suffering compassion and silent perseverance, to love our enemies and to pray for our persecutors.

Teach us to be noble servants of Christ until he calls us into the presence of his majesty, there to look upon the Master's loving face.

Who lives and reigns with the Father and the Holy Spirit, one God, forever and ever. Amen.

(Prayer Source: <https://tolton.dio.org/prayer.html#:~:text=A%20Prayer%20to%20the%20Venerable%20Augustine%20Tolton&text=Teach%20us%20to%20be%20noble,Amen.>)



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

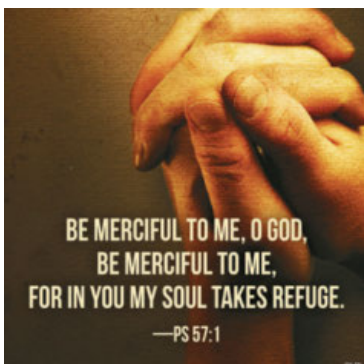
Brittany Thomas, Graciela Montes, Lawrence Acosta, Barry Magsanay, Majeste Hansberry, Roberto Villanueva, Michael Alvarez, Fernando Javier

Pray for Our Recently Departed

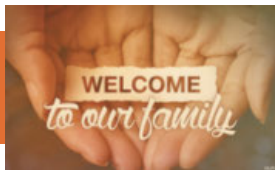
Ken Drybrae, Glenn M. Ponce, Bayani Del Mundo

Birthday Blessings

Joe Cimino, Donalyn Deeds, Nathan Javier, Jennifer Nagatoishi, Kim Q. Le



For the strength to welcome Christ as He comes to us in the stranger, the sick, the imprisoned, and the unborn child. *We pray to the Lord...*



INVITE

Filipino Society Meal Deal

July 9, 2023

The Filipino Society is hosting their \$7 Meal Deal after the morning and 12:30 Masses. Stop by the Parish Center— get a great meal at a deal! We thank you for your support! Proceeds benefit parish special projects.

Our Lady of Fatima

Through October 2023

Join us for Mass in honor of Our Lady of Fatima:

- Thursday, July 13 @ 6:30 pm
- Monday, August 14 @ 6:30 pm
- Wednesday, September 13 @ 6:30 pm (*in lieu of Our Lady of Perpetual Help*)
- Friday, October 13 @ 6:30 pm (*Mass to be followed by International Rosary*)

St. Vincent de Paul Back-to-School Drive

St. Vincent de Paul Society is collecting backpacks and gift cards to help families and their children that need assistance this academic year.

Please help donating one or more items listed below:

- **New Backpack - size 9.8" x 6.3" x 16.9"**
- **\$25 Target gift card or \$25 Walmart gift card for school supplies**

Cash, check, and online contributions are also welcome! Checks should be made out to "Vincent de Paul Society" and write "backpack drive" on the memo line.

Collection dates: July 15-30, 2023. Vincentians will be in St. Francis Plaza after all the weekend Masses to accept you donations. Thank you for your love and generosity!

Women Gather

July 15, 2023

Take some summer time with Women Gather! Join us for sisterhood and faith sharing beginning at 10:00 am, followed by lunch and a couple of hours of community service. Space at Casa Julie is limited. Please RSVP to Sr. Annette at 408.390.7184 for more information or details.

An Evening of Prayer and Reflection for Vocation to Diocesan Priesthood

July 22, 2023 | St. Michael's Parish

Come and See! Join us at St. Michael's Parish in Livermore as we pray for vocations to diocesan priesthood.

Minors must be accompanied by parents. All men 18-40 years old are especially welcome to this prayerful event!

Schedule includes:

- **2:00 pm** - Assembly
- **3:00 pm** - Adoration of the Blessed Sacrament, Reflection and Sharing
- **4:30 pm** - Break
- **5:00 pm** - Mass in the Church
- **6:15 pm** - Dinner followed by Vocation presentation

For more information or to register, please contact Rev. Carl Arcosa at: Carlarcosa@stmichaellivermore.com



Parish Raffle 2023

And the winners are...

- **1st ... Maria Lara**
- **2nd ... Tina Cristobal**
- **3rd ... Amy Mantione**

Congratulations! Much gratitude to all our ministries for selling tickets and many thanks to all who participated in our annual raffle!



I AM WITH YOU ALWAYS
BISHOP'S MINISTRIES APPEAL 2023

The Bishop's Ministries Appeal supports the ministries that go out into the parishes: faith formation and evangelization, CYO sports, formation of priests to serve parishioners, care of the retired priests, and meeting the unexpected needs of schools and parishes. We invite you to learn more about how your support makes a difference, and donate in a way that works for you – be it a recurring gift, a one-time gift, or a pledge. Scan the QR code or go to <https://www.oakdiocese.org/bishops-appeal-donation-page>



AROUND THE PARISH



Diocese of Oakland Consecration to Jesus through Mary, Mother of the Eucharist July 20 to August 22, 2023

The easiest, shortest and most perfect way of approaching Jesus is through Consecration to Jesus through Mary.

We give to God, through the hands of Mary, all our good works. She purifies, beautifies, and makes them acceptable to Her Son. Mary will bring us to the Eucharist.

In preparation for the Eucharistic Revival Congress (in September), His Excellency, Bishop Michael Barber, SJ encourages all the parishes and schools in the Diocese to participate in this program, beginning July 20. All are invited—adults, youth, and children (5 yrs. and up).

Consecration Day Mass will be held in the Cathedral of Christ the Light and presided by Bishop Barber on August 22.

Register now and receive email instructions, daily prayers, and video links. Go to consecrationgroup.org—available in English and Spanish.



Diocesan Eucharistic Revival Congress 2023: “I Am With You Always”

Bishop Michael C. Barber, SJ, invites the faithful in the Diocese of Oakland “to join in the National Eucharistic Revival to reflect upon the centrality of the Eucharist in our lives and to reaffirm our call to be a people nourished fed, and renewed by the Eucharist itself.” (Oct. 2022).

Join us for what is sure to be an amazing event for youth and adults, which will include talks, Adoration, Holy Mass, and more!

- September 8-9: Spanish track
- September 15-16: English track

Registration is now open. Also seeking volunteers, sponsors, vendor participants, and donors.

For more information, go to <https://oakdiocese.org/eucharisticrevival2023>

Parish Office

Mondays to Fridays
9:00 am to 4:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Edilberto Castañás,
Parochial Vicar
510.456.4965
Fr. Hoa Binh Ha
Parochial Vicar
510.797.1660
Fr. Frank Kuwornu
In Residence
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Departments

Business/Maintenance

Jeff Van der Sluis
510.456.4970

Faith Formation & Evangelization

Rosalyn Jose
510.456.4975

Safe Environment

Peter Scampavia
510.456.4995

Facilities Scheduling

Peter Scampavia
510.456.4995

Faith Formation & Youth Ministry

Mario Castellanos
510.456.4974

Music

Paul Orella
510.673.3873

Give to Holy Spirit Parish

A wonderful way for you to support Holy Spirit Parish is to leave a bequest in your will. Your gift to our parish can make a meaningful impact on our mission. If you have included or are considering including a gift to the parish as part of your estate plan or in the form of another gift, please let us know. We would like to recognize you for your support.



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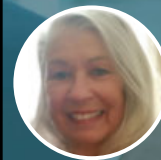


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