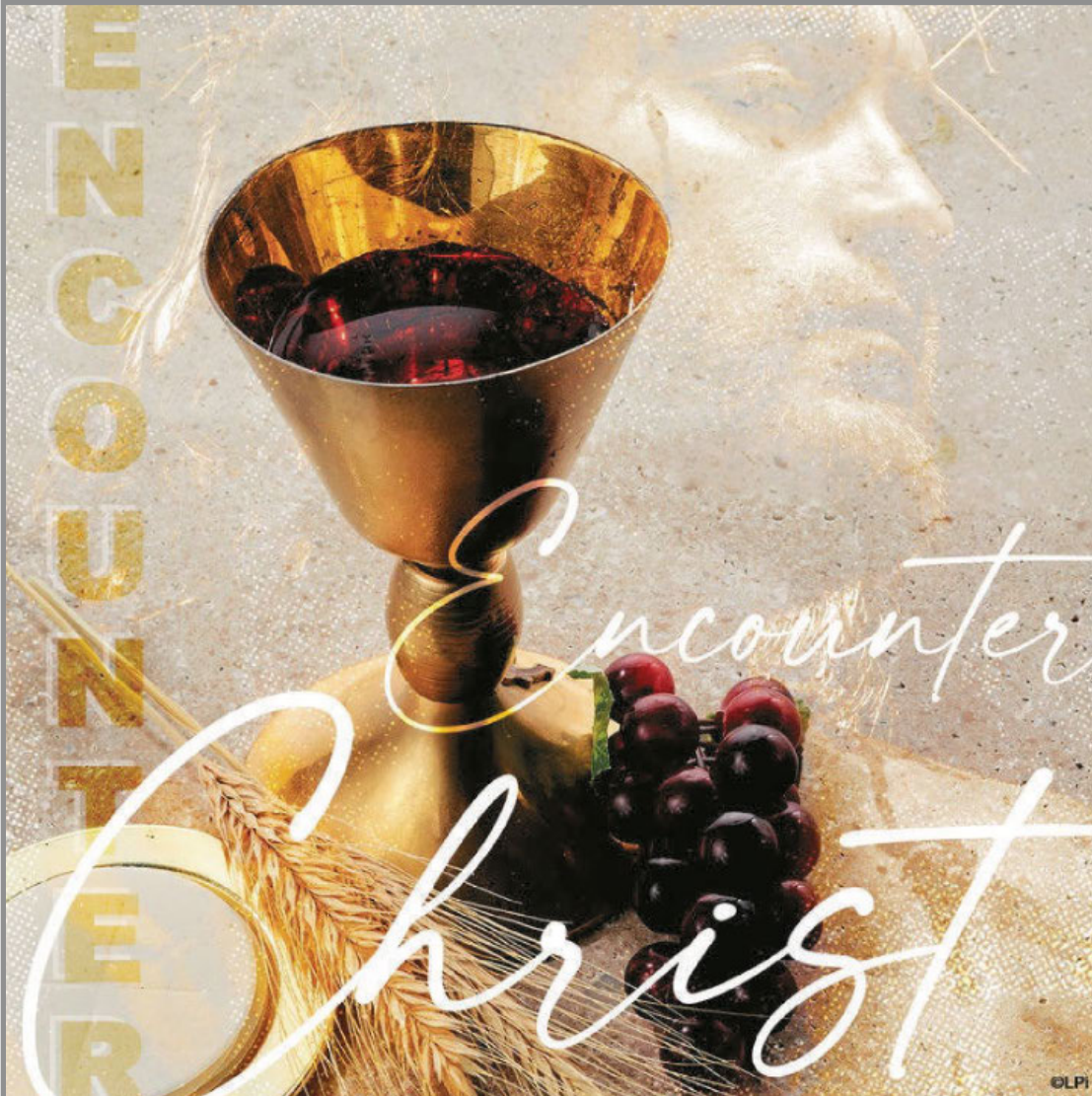




HOLY SPIRIT FREMONT

SUNDAY, JUNE 11, 2023 | THE MOST HOLY BODY AND BLOOD OF CHRIST



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

CORPUS CHRISTI

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm (except if it falls on Holy Thursday)
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: July 8, 2023

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.
Next Mass: July 7, 2023

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, JUNE 11 | SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

Dt 8:2-3, 14b-16a/Ps 147:12-13, 14-15, 19-20 (12)/1 Cor 10:16-17/Jn 6:51-58

- 5:00 pm (Vigil Mass) † Laurie Marango & Deloris Carter, † Telly Sacramento, † Mariano Pineda
- 7:15 am Jonathan Mano, Lyca Guerrero & Family, Danilo De Castro, Brittany Thomas
- 9:00 am For the People of Holy Spirit Parish
- 10:45 am † Edmund Palao, † Alfonso V. Seli, † Elisa Castillo Magcale, † Encarnacion P. Becker
- 12:30 pm † Souls in Purgatory, † Jose Torres Jr., † Travasso Deceased Family Members, † Angelina Liling Valencia
- 5:00 pm † Edgar Santiago

MONDAY, JUNE 12 | MONDAY OF THE TENTH WEEK IN ORDINARY TIME

2 Cor 1:1-7/Ps 34:2-3, 4-5, 6-7, 8-9/Mt 5:1-12

- 7:00 am † Lorna Arachea, † Concepcion Legaspi, † Aurora De Guzman
- 8:15 am Anna & Michael Orias, Nico Orias, † Angelina Liling Valencia

TUESDAY, JUNE 13 | MEMORIAL OF SAINT ANTHONY OF PADUA, PRIEST AND DOCTOR OF THE CHURCH

2 Cor 1:18-22/Ps 119:129, 130, 131, 132, 133, 135/Mt 5:13-16

- 7:00 am Antonio Cabangangan, † Sean Keily, † Stephen John Ho, † Cora Gutierrez & Leticia Reyes
- 8:15 am Matthew Saturnio, Angel & Fely Guerrero, † Salvador Gomes

WEDNESDAY, JUNE 14 | WEDNESDAY OF THE TENTH WEEK IN ORDINARY TIME

2 Cor 3:4-11/Ps 99:5, 6, 7, 8, 9/Mt 5:17-19

- 7:00 am † Concepcion Legaspi, † Aurora De Guzman, † Telly Sacramento
- 8:15 am Joseph Buccat, † Exaltation D'sa, † Johnny Alphonso, † Rosita S. Buccat
- 6:30 pm Letty & Jose Jr. Aguirre, † Napoleon Ancheta Sr., † Telly Sacramento, † Joe Kie and Daniel Lega, † Andy Chan

THURSDAY, JUNE 15 | THURSDAY OF THE TENTH WEEK IN ORDINARY TIME

2 Cor 3:15—4:1, 3-6/Ps 85:9ab and 10, 11-12, 13-14/Mt 5:20-26

- 7:00 am Ava dela Cruz, Dean Lizardo, † Tony Paiva
- 8:15 am Joseph Zowin Family, Keiru Bakke, † Telly Sacramento

FRIDAY, JUNE 16 | SOLEMNITY OF THE MOST SACRED HEART OF JESUS

Dt 7:6-11/Ps 103:1-2, 3-4, 6-7, 8, 10 (see 17)/1 Jn 4:7-16/Mt 11:25-30

- 7:00 am Albano-Castro Families, † Julio Bruno, † Concepcion Legaspi
- 8:15 am Genyves Flores, † Romeo Aguila, † Telly Sacramento

SATURDAY, JUNE 17 | MEMORIAL OF THE IMMACULATE HEART OF MARY

2 Cor 5:14-21/Ps 103:1-2, 3-4, 9-10, 11-12/Lk 2:41-51

- 7:00 am † Dominic Bang Dinh, † Concepcion Legaspi, † Kenneth Penalver
- 8:15 am Matthew & Midji Rovetta, † Angela Gomes, † Telly Sacramento



FROM THE DESK OF FR. KEN...

The Theme of the Solemnity of the Most Holy Body and Blood of Jesus (Corpus Christi): Sharing in the Life of Christ

When Christians partake of the Eucharist, they receive and celebrate the mysterious Presence of Jesus Christ abiding within the community of His Church: "Whoever eats my flesh and drinks my blood will live in me and I in him, says the Lord" (Communion antiphon). In the Middle Ages, Christians wanted to joyfully commemorate Jesus' precious gift of the Eucharist in a Solemnity that was an echo of Holy Thursday. They introduced the Feast of Corpus Christi in the spring during a time when their faith communities could hold processions, street fairs, and other outdoor events. The bread of the Lord's Body was carried outdoors under a canopy, with music playing and the people joining in singing their favorite hymns of praise. Latin American and European Catholic communities continue to observe the Solemnity with joyous processions and displays.

In the **First Reading**, Moses presents the forty years the Israelites spent in the wilderness as a test of faith and trust in God. Yahweh disciplined His people in the hardships they experienced just like a human father would chastise and train his children in good behavior. God's discipline is always for our spiritual benefit. The wilderness experience taught the new generation of Israelites to have faith and trust in God's word and to develop the virtue of perseverance. Faith, trust, and perseverance are virtues that New Covenant believers also need on their journey to eternal salvation. God tests His people by giving them trials to humble their proud and selfish hearts and to teach them to turn to Him, to depend upon Him, and to trust Him to provide for their wants and needs, materially

and spiritually. He knows how we will fare in His test, but the purpose is for us to discover for ourselves how much we need God.

In the **Second Reading**, St. Paul teaches that the Eucharist is not only communion with the Lord Jesus Christ and necessary for salvation, but it is also the means of communion with the Church that is the Body of Christ. Communion with Christ in receiving the Eucharist is exclusively unique, and one cannot compare it with any other form of communion/fellowship. Our word "communion" comes from this passage of St. Paul's letter to the Corinthian Christians and defines us as one with the Lord Jesus Christ by receiving Him Body, Blood, Soul, and Divinity. St. John Chrysostom, Bishop of Constantinople (martyred c. 403 AD), made this point concerning these verses when he wrote: "What in fact is the bread? The Body of Christ. What do they become who receive communion? The Body of Christ" (Homilies on 1 Corinthians, 24).

The **Gospel Reading** is from the "Bread of Life Discourse" Jesus gave after the miracle feeding of the five thousand and just before the second Passover and Unleavened Bread festivals of His ministry. Jesus' message to the Jewish crowd in the first century AD and us is explicit: consuming His Body and Blood is necessary for eternal salvation. In the discourse, Jesus identifies His flesh as the "Bread of Life." The offering of Christ's flesh in sacrifice for the life of the world connects the Incarnation, "the Word made flesh" (Jn 1:14), and the peace/communion sacrifice of the Old Covenant Toda ("thanksgiving" in Hebrew) to the New Covenant communion sacrifice we call the Eucharist (from the Greek word for "thanksgiving"). The early Church recognized the words Jesus spoke to the crowd in John 5:51 as a Eucharistic formula. Both the Old Latin and the Syriac liturgies still contain this verse in their Eucharistic prayers: This bread which I shall give is my body for the life of the world.

FORMED PICK OF THE WEEK

The Most Holy Body and Blood of Christ (Year A)



When we receive Holy Communion, we hear the words, "This is my Body" and "This is my Blood," to which we dutifully answer, "Amen." But have you ever considered exactly what those words mean?



SERVE

Vocations Crucifix Program

We are looking for parishioners to host the Vocations Crucifix and pray for men and women discerning to enter the priesthood or religious life.

Twice monthly on the second and fourth weekend of the month, families or an individual are presented with the Vocations Crucifix and invited to pray for two weeks.

To participate in this prayer ministry, please sign up on Flocknote or contact the Parish Office at 510.797.1660.

Stephen Ministry

Are you looking for a way to serve our parish?

The Stephen Ministry of Holy Spirit Church prayerfully and lovingly ministers to parishioners mourning the loss of a loved one. Stephen ministers support families through the funeral rites and assist with the planning process.

When we help during funerals, each time commitment is typically about 2 hours, which includes setting up in the church, greeting guests, and participating in the Mass. Any amount of time you can give is appreciated.

If you are interested in joining the Stephen Ministry, please contact the Parish Office at 510.797.1660 or info@holyspiritfremont.org




St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Breakfast Cereal
- ⇒ Canned Spaghetti Sauce
- ⇒ Spam

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672



Dear friends of Sister Parish Fremont, We wish you a blessed and a happy feast of Pentecost, may the coming of the Holy Spirit be of much benefit for the renovation of our faith in Christ. He promised and it is now happening, this should be to us a day to pray for the indwelling of the Holy Spirit with the Gifts which will strengthen our love to God.

*St. Joseph the worker Parish—
Ndungu*

Sunday, May 28	\$27,905
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Special Collection coming up:
Holy Spirit Youth & Young Adult Ministry | June 18

Our pledged weekly amount (excluding special collections):
\$31,963

Corner

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



Gospel Meditation

Encourage Deeper Understanding of Scripture

Years ago, a woman at daily Mass approached me in the communion procession. She had her arms crossed, indicating she wanted a blessing instead of the Sacred Host. She had tears in her eyes. I gave her a little blessing. She returned the next day. And the next. The same thing repeated. After a few weeks, I asked her why she didn't receive Holy Communion. She said she wasn't Catholic yet and was preparing to become so. I asked her why she wanted to be Catholic. She said, "Because I long to be in a real communion with Christ and with everyone I love." That, I submit, is a darn good reason. A few months later, she became Catholic and received the Body and Blood of Christ with unspeakably great joy and still does to this day.

Saint Paul says of the Eucharistic bread, "**Is it not a participation in the body of Christ?**" For Paul, the answer is obvious. Yes, it is exactly that. Which is why he can say, "**we, though many, are one body.**" Jesus is truly, really, and substantially present in the Holy Eucharist. This is no magic trick, but a mystery of our salvation. He feeds us with the Sacrament of his body so that our communion with him — and with the other members of his body — is built up and becomes mature. That's why the Eucharist quenches our deep thirst for love and communion. The Body and Blood of Christ is the best reason to be Catholic. It's our participation of love in the one we love.

— Father John Muir



Saint of the week

Venerable Mario Hiriart helped develop the Schoenstatt Apostolic Movement in South America. As a civil engineer and devout Catholic, he wanted to help shape the world, stating in a letter that, "I want to be a personified encounter between heaven and earth!"

Prayer

Jesus, our Good Shepherd, we praise you because you desired to remain close to us in the sacrament of the Eucharist. We praise you for giving Mario Hiriart the vocation to be a living chalice, your bearer to all people according to Mary's example.

He followed you as your disciple in the midst of the world, heroically faithful to his Covenant of Love with the Mother Thrice Admirable of Schoenstatt. Confident that you hear his prayers we entrust ourselves to his intercession.

(mention the intention being praying for)
Lord, with gratitude we ask you to grant that Mario be recognized by the Church. May he be beatified to the benefit of all God's People, for your name's glory, and that of the Father and the Holy Spirit.
Amen.

(Prayer Source: <https://sites.google.com/site/hiriartfoundation/beatificationprayer>)



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

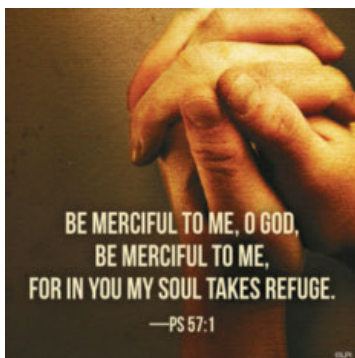
Lawrence Acosta, Celia Magaña López, Didi Padlan-Ylarde, Vera, Brenda Monlux

Pray for Our Recently Departed

Joseph Marra, Rooplal Masih, Bill Cesarini, Patricia Marie Adams, Maria Angela Ching, Allan Bosel

Birthday Blessings

Keiru Bakke, Alexi Letona



For our parish family, that as we reaffirm our belief in the real presence of Christ in the Holy Eucharist, we may also become the Body of Christ, visible through our love and compassion for those who are hungry, homeless, and abandoned. *We pray to the Lord...*



INVITE

Distribution of Holy Communion at Mass

Effective Sunday, June 11, 2023, we will change how we come forward for Communion distribution. For those who were here prior to the pandemic, you will recognize that our lines will be the same as before.

The center sections on each side of the church will come forward for Communion down the center aisles. The outside sections will continue to come forward using the aisles along the walls.

Fr. Peter's Farewell Gathering

June 17, 2023

Please join us in the de Sousa House 4-Plex immediately after the 5:00 pm Mass for a Potluck Gathering, in thanksgiving for his ministry and guidance these past 3 years. We will miss you, Fr. Peter!

Our Lady of Fatima Through October 2023

Join us for Mass in honor of Our Lady of Fatima:

- Wednesday, June 14 @ 6:30 pm—**changed** (in lieu of Our Lady of Perpetual Help)
- Thursday, July 13 @ 6:30 pm
- Monday, August 14 @ 6:30 pm
- Wednesday, September 13 @ 6:30 pm (in lieu of Our Lady of Perpetual Help)
- Friday, October 13 @ 6:30 pm (Mass to be followed by International Rosary)

Diocesan Eucharistic Revival Congress 2023: "I Am With You Always"

Bishop Michael C. Barber, SJ, invites the faithful in the Diocese of Oakland "to join in the National Eucharistic Revival to reflect upon the centrality of the Eucharist in our lives and to reaffirm our call to be a people nourished, fed, and renewed by the Eucharist itself." (Oct. 2022).

Join us for what is sure to be an amazing event for youth and adults, which will include talks, Adoration, Holy Mass, and more!

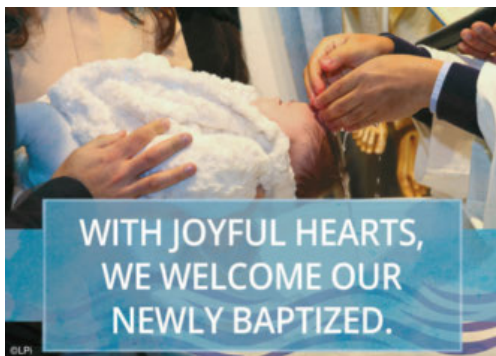
- September 8-9: Spanish track
- September 15-16: English track

Registration is now open. Also seeking volunteers, sponsors, vendor participants, and donors. For more information, go to <https://oakdiocese.org/eucharisticrevival2023>

St. Edward Bible Study

Come and see! We've started a new study of The Gospel of John. Each evening includes wonderful videos, fellowship, guiding questions and discussion.

Meetings are on Thursdays at 7:00 pm in St. Edward's Faith Formation Office, located between the rectory and the parish hall. (5788 Thornton Avenue, Newark)



Jazlene, Luna, Julian, Advit,
Reese. Jordan. Una, Aliyah



I AM WITH YOU ALWAYS
BISHOP'S MINISTRIES APPEAL 2023

The Bishop's Ministries Appeal supports the ministries that go out into the parishes: faith formation and evangelization, CYO sports, formation of priests to serve parishioners, care of the retired priests, and meeting the unexpected needs of schools and parishes.

We invite you to learn more about how your support makes a difference, and donate in a way that works for you – be it a recurring gift, a one-time gift, or a pledge. Scan the QR code or go to <https://www.oakdiocese.org/bishops-appeal-donation-page>



AROUND THE PARISH



HERE'S THE SITCH...

Clergy and Parish Staff Changes

Dear HS Community,

Effective July 1, 2023:

- We announced a few weeks ago that Fr. Peter Lawongkerd will begin his new assignment with the Catholic Community of Pleasanton. As we say “goodbye” to Fr. Peter, we wish him well, and our gratitude and prayers go with him.
- We look forward to welcoming the newly ordained Fr. Hoa Binh Ha to our parish.

It is with heavy hearts that we must say goodbye to our very own Sr. Asha Kooliyadan, CMC, effective June 15, 2023. Her congregation will terminate their mission and ministry in the Diocese of Oakland, as they feel called to other mission territories. We thank Sr. Asha for her ministry, contributions, and guidance these past 2+ years.

Dn. Chuck Glover has officially retired, but we will still be seeing him and Sherry around. They continue to be active in various ministries here at Holy Spirit. Thank you, Dn. Chuck and Sherry, for your dedication and time.

Dn. Rigo Cabezas has retired as Director of Faith Formation & Evangelization. He will continue to serve in the Diocese of Oakland in a different capacity. We send our prayers to Dn. Rigo and Reina, and we thank them for their ministry and service to Holy Spirit Parish.

I once read a quote that “sometimes God brings times of transition to create transformation”. Lynn Cowell brilliantly captures what I would like to share with you as update with your HS Staff and Team here in our parish.

Please take note of the following staff changes and updates, effective June 1, 2023:

- Rosalyn Jose has stepped into the role of Director of Faith Formation & Evangelization.
- Peter Scampavia is our new Facilities Coordinator, but he will continue as Safe Environment Coordinator.
- Dee Francisco is the new member of the team as Faith Formation Administrative Assistant (replacing Peter Scampavia in that role).

It will be an exciting year as we welcome and celebrate these changes. Let us stay focused on our mission – “to be Spirit-filled, and make disciples”!

Yours in Christ,

Fr. Kenneth L. Sales
Pastor

Parish Office

Mondays to Fridays
9:00 am to 4:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206
Fr. Edilberto Castañás,
Parochial Vicar
510.456.4965
Fr. Frank Kuwornu
In Residence
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag,
Sick & Homebound
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Departments

Business/Maintenance

Jeff Van der Sluis
510.456.4970

Faith Formation & Evangelization

Rosalyn Jose
510.456.4975

Safe Environment

Peter Scampavia
510.456.4968

Facilities Scheduling

Peter Scampavia
510.456.4995

Faith Formation & Youth Ministry

Mario Castellanos
510.456.4974

Music

Paul Orella
510.673.3873



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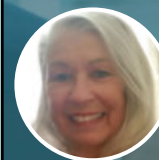
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