



SUNDAY, MAY 21, 2023 | SEVENTH SUNDAY OF EASTER



ASCENSION

of the Lord

©LPI

WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm (except if it falls on Holy Thursday)
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: June 3, 2023

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.
Next Mass: June 2, 2023

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, MAY 21 | THE ASCENSION OF THE LORD

Ascension: Acts 1:1-11/Ps 47:2-3, 6-7, 8-9 (6)/Eph 1:17-23/Mt 28:16-20
Seventh Sunday of Easter: Acts 1:12-14/Ps 27:1, 4, 7-8 (13)/1 Pt 4:13-16/Jn 17:1-11a

5:00 pm (Vigil Mass)	Jonathan Mano, † Demetria Domingo, † Gliceria Embalzado, † Virginia Miranda Marcelo
7:15 am	Maria Archuleta, Ansy Antony & Ignatius Thomas, † Joseph & Helen Kane, † Consuelo Tolosa
9:00 am	Terry Griese, John Paul Marbella, † Naida Pavlakovich, † Servillano Bruce, † Gabe Rey
10:45 am	Espiritu Family, Noah & Aiden Mesia, Melina Tambaoan, † Alberto Matibag & Angelina Galapin
12:30 pm	Andrew Advincula, † Eugenia T. Mano, † Danilo Guevarra, † Carmelita Guevarra, † Salvador Ambayec
5:00 pm	† Nolasco Laxamana, † Narciso Garcia Fuertes, † Constacio Embalzado, † Numeriana Del Mundo

MONDAY, MAY 22 | MONDAY OF THE SEVENTH WEEK OF EASTER

Acts 19:1-8/Ps 68:2-3ab, 4-5acd, 6-7ab/Jn 16:29-33

7:00 am	Robbie & Carol Pascual, † Celia Montano, † Carmen Alcosoba
8:15 am	Javier Andres Saavedra, † Maria Teresa Del Rosario, † Francisco Villanueva

TUESDAY, MAY 23 | TUESDAY OF THE SEVENTH WEEK OF EASTER

Acts 20:17-27/Ps 68:10-11, 20-21/Jn 17:1-11a

7:00 am	Maria Mercedes Saenz, † Clayton & Francesca Nagle, † Rodolfo Maraya
8:15 am	Brian Aguirre, Joseph Eidelberg, † Perfecto & Priscilla Rosete

WEDNESDAY, MAY 24 | WEDNESDAY OF THE SEVENTH WEEK OF EASTER

Acts 20:28-38/Ps 68:29-30, 33-35a, 35bc-36ab/Jn 17:11b-19

7:00 am	Fr. Ben Wonganant, Fr. Lee Chompoochan, † Faustino Gatmaitan
8:15 am	† Genie & Edison Gacula, † Margarita Monteroso, † Celestino Tolores
6:30 pm	† Andy Chan, † Carmen Alcosoba, † Clara Villafuerte

THURSDAY, MAY 25 | THURSDAY OF THE SEVENTH WEEK OF EASTER - ASCENSION

Acts 22:30; 23:6-11/Ps 16:1-2a and 5, 7-8, 9-10, 11/Jn 17:20-26

7:00 am	† Concha Lopez Sunga, † Carmen Alcosoba, † Clara Villafuerte
8:15 am	† Marieta A. Tan, † Mr. & Mrs. Nicholas, † Estrella Tolores

FRIDAY, MAY 26 | MEMORIAL OF ST. PHILIP NERI, PRIEST

Acts 25:13b-21/Ps 103:1-2, 11-12, 19-20ab/Jn 21:15-19

7:00 am	Graciela O. Montes, † Mario Yankiling, Sr.
8:15 am	Geoff & Pat Saturnio, David Souza, † Edwina Soniega, † Arcangelina D. Velasquez

SATURDAY, MAY 27 | SATURDAY OF THE SEVENTH WEEK OF EASTER

Morning: Acts 28:16-20, 30-31/Ps 11:4, 5 and 7/Jn 21:20-25

7:00 am	Graciela O. Montes, † Leonor Sese
8:15 am	† Jose T. Bautista, † Vicente Atienza, † Yolanda Vicente



Gospel Meditation

Encourage Deeper Understanding of Scripture

Traditionally, the four writers of the Gospels are symbolized by four creatures that make their way into Church art and architecture: Matthew, an angel; Mark, a lion; Luke, an ox; and John, an eagle. These images can be found in churches across the world, a nod to those who recorded the stories of Jesus for us, thousands of years ago.

Today's Gospel was written by John. There are a few reasons why John is symbolized by an eagle, but my favorite explanation is that his writings soar like an eagle into the sky with their beautiful, poetic language. The prayer we hear today is no different — Jesus invokes God in a long discourse that might seem mystifying at times, the same way that a poem can be perplexing to understand when we are unfamiliar with the pacing or format.

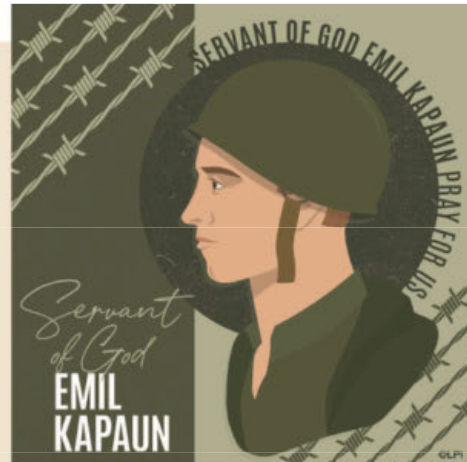
Consider holding onto the shortest sentence in this prayer: "I pray for them."

Jesus prays for us. For me. For you.

Let that sink deep into your being.

Jesus is on your side. He is aware of what you are holding at this moment. He is aware of your pain, your faith, your mission. And He's rooting for you. This prayer was recorded thousands of years ago, far before you were born. Since before you were born, you were held in prayer. With that certainty, we live.

— Father John Muir



Saint of the week

Servant of God Fr. Emil Kapaun was an American military chaplain who served heroically on the battlefield as well as inside of a POW camp in North Korea until his death. While a POW, he cared for other prisoners bodily with stolen food and medicine, and spiritually as a priest.

Prayer

Lord Jesus,

In the midst of the folly of war, your servant, Chaplain Emil Kapaun, spent himself in total service to you on the battlefields and in the prison camps of Korea, until his death at the hands of his captors. We now ask you, Lord Jesus, if it be your will, to make known to all the world the holiness of Chaplain Kapaun and the glory of his complete sacrifice for you by signs of miracles and peace. In your name, Lord, we ask, for you are the source of peace, the strength of our service to others, and our final hope.

Amen.

(Prayer Source: www.FatherKapaun.org)

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



SERVE

St. Joseph the Worker: Sister Parish Dispatch



Images of Divine Mercy Sunday celebration at our Sister Parish.

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Festival Booth

Stop by the Sister Parish booth at the Parish Festival on June 4th and write a letter to one of our students! We will mail them to Fr. Elipenda. Hope to see you there!

Second Collection: USCCB Communications May 20-21, 2023

Half of the collected funds remain in our diocese to support local communications projects. The other half supports the collective communication work of the bishops of the United States as well as other national projects in the United States and around the world.

From our Youngest Stewards
I helped someone, I prayed,
I studied my lessons:

Abbey, Ellie

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Chili
- ⇒ Ramen Soup—Chicken
- ⇒ Tuna

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Stephen Ministry

Are you looking for a way to serve our parish?

The Stephen Ministry of Holy Spirit Church prayerfully and lovingly ministers to parishioners mourning the loss of a loved one. Stephen ministers support families through the funeral rites and assist with the planning process.

When we help during funerals, each time commitment is typically about 2 hours, which includes setting up in the church, greeting guests, and

participating in the Mass. Any amount of time you can give is appreciated. If you are interested in joining the Stephen Ministry, please contact the Parish Office at 510.797.1660 or info@holyspiritfremont.org

Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week? Then join our Holy Spirit Parish Office Ministry as a volunteer receptionist. Contact Josephine at 510.797.1660 or info@holyspiritfremont.org

Sunday, May 7	\$33,146
<p>Special Collection coming up: Holy Spirit School June 4</p> <p>Our pledged weekly amount (excluding special collections): \$31,963</p>	

Corner

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



10th Anniversary of the Installation of Bishop Barber

Thursday, May 25, 2023
12:00 pm

Please join us at the Cathedral of Christ the Light for Solemn Mass on the 10th anniversary of the episcopal ordination and installation of Bishop Michael C. Barber, SJ for the Diocese of Oakland.

Ordination to the Priesthood

Saturday, May 27, 2023

11:00 am

You are invited in prayers and presence to the priestly ordination of Deacon Hoa Binh Ha at the Cathedral of Christ the Light. Livestream will be broadcasted on the Christ the Light YouTube page: <https://www.youtube.com/@ctlcathedral>

Then on July 1, the newly ordained Fr. Hoa Binh Ha will begin his first year as Parochial Vicar here at Holy Spirit Parish.

Vocations Crucifix Program

We are looking for parishioners to host the Vocations Crucifix and pray for the men and women discerning the priesthood, diaconate, or religious life. The Vocations Crucifix is presented on the 2nd and 4th weekend of the month, and families or individuals are invited to pray at home for two weeks. Contact us via Flocknote or at 510.797.1660.

Our Lady of Fatima Through October 2023

Join us for Mass in honor of Our Lady of Fatima:

- Tuesday, June 13 @ 6:30 pm
- Thursday, July 13 @ 6:30 pm
- Monday, August 14 @ 6:30 pm
- Wednesday, September 13 @ 6:30 pm (in lieu of Our Lady of Perpetual Help)
- Friday, October 13 @ 6:30 pm (Mass to be followed by International Rosary)

Diocesan Eucharistic Revival Congress 2023: "I Am With You Always"

Bishop Michael C. Barber, SJ, invites the faithful in the Diocese of Oakland "to join in the National Eucharistic Revival to reflect upon the centrality of the Eucharist in our lives and to reaffirm our call to be a people nourished fed, and renewed by the Eucharist itself." (Oct. 2022). Join us for what is sure to be an amazing event for youth and adults, which will include talks, Adoration, Holy Mass, and more!

- September 8-9: Spanish track
- September 15-16: English track

Registration is now open. Also seeking volunteers, sponsors, vendor participants, and donors. For more info, go to <https://oakdiocese.org/eucharisticrevival2023>



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

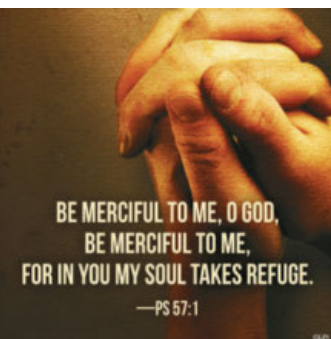
Brenda Monlux, Christiine Ocampo, Lesli Griffiths

Pray for Our Recently Departed

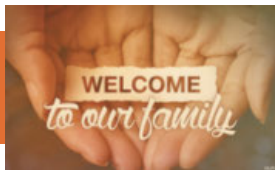
Concepcion Canda, Ernesto H. Kong, Angelina O. Valencia

Birthday Blessings

John Paul Marbella, Robyn De La Rosa, Griffin Devine



That through the missionary efforts of the Church, all who have never heard of the saving Gospel of Christ may hear and believe. *We pray to the Lord...*



INVITE

Filipino Society Meal Deal

Sunday, May 21, 2023

The Filipino Society is hosting their \$7 meal deal after the morning and 12:30 Masses. Stop by the Parish Center and get a great meal at a great deal. Proceeds benefit parish special projects. Thank you for your support.

Bring Your Marriage into the Church: Convalidation

Couples who bring their marriage into the Church welcome God's grace and special blessings upon their marriage.

If your vows were exchanged in the presence of ministers from other religious traditions or civil officials, we invite you to bring new meaning to your relationship by embracing the vocation of marriage through Convalidation.

This year's Group Marriage Convalidation is on September 30, 2023. Registration is open through May 31. For more information, contact us at 510.456.4969 or marriage.convalidation@holyspiritfremont.org

Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. You may drop off your donation at the Parish Office or send by mail. For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

Women Gather

Saturday, June 10, 2023

Join us for our next Women Gather. Arrive between 9:30 and 10:00 am to meet and greet one another before prayer.

Prayer is followed by lunch and an afternoon of service.

Space at Casa Julie is limited. To RSVP or for more info, contact Sr. Annette at 408.390.7184



Vacation Bible School: "Stellar"

June 12-16, 2023

Kick off the summer in **stellar** fashion!

We invite all children who are entering Grades 1-6 in the fall to join us. Learn how to shine Jesus' light in our world!

To register or for more information, go to the Announcements page of our website—<https://holyspiritfremont.org/announcements/>

Registration forms are also available in the Parish Office. Stop by during regular business hours.



Pablo, Paige



I AM WITH YOU ALWAYS
BISHOP'S MINISTRIES APPEAL 2023

The Bishop's Ministries Appeal supports the ministries that go out into the parishes: faith formation and evangelization, CYO sports, formation of priests to serve parishioners, care of the retired priests, and meeting the unexpected needs of schools and parishes. We invite you to learn more about how your support makes a difference, and donate in a way that works for you – be it a recurring gift, a one-time gift, or a pledge. Scan the QR code or go to <https://www.oakdiocese.org/bishops-appeal-donation-page>



AROUND THE PARISH



Holy Spirit Parish Festival - "Faith Restored, Renewed, Relived"

June 4, 2023 | 8:30 am-5:00 pm

We invite you and your family to this year's Holy Spirit Parish Festival, celebrating the 137th Anniversary of our parish.

Enjoy an array of foods, entertainment, and games. Be part of this blessed day of fellowship and fun!

Holy Spirit Novena & Coronation Mass

Join us in praying the Novena to the Holy Spirit on May 19-27, 2023, in anticipation of Pentecost Sunday on May 28th.

And join us at the 12:30 pm Mass on Sunday, June 4th, when we crown our 2023 St. Queen Isabella, Jewel Gerardo.

Holy Spirit Parish Raffle

Raffle tickets are now on sale!

The Grand Prize is \$2000! The second and third prizes are \$1000 and \$500 respectively.

Purchase tickets at the Parish Office or through our various parish ministries. Thanks for your support!

Festival Booth Sponsors

This year, our Parish Festival is open for business partners' booth sponsorship. This is a great opportunity to showcase your business and services.

To reserve a booth, scan the QR code or go to <https://forms.gle/kqHMqSSDVb22sE959>. For more information, contact Tom Garcia at tngarciajr@gmail.com



Table of Plenty

A heartfelt **thank you** to all who support Table of Plenty (ToP). Food insecurity in Alameda county (and everywhere) continues to grow. It is because of the generous donations of our parishioners we are able to serve those in need.

If you or someone you know still have fruit on your fruit trees, we would appreciate any donations. If you are planting a garden, consider planting a few extra plants and donate the excess produce to ToP.

Also, we are in continuous need of clean shopping bags (paper or plastic) and egg cartons. They can be dropped off at the Peace Center on Saturday mornings starting at 7:30 am, at the Parish Office Mondays-Fridays 9:00 am-4:00 pm, or placed in the labeled baskets in the St. John side of the church.

Ps 107: Give thanks to the Lord, for He is good!

Parish Office

Mondays to Fridays
9:00 am to 4:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206
Fr. Edilberto Castañas,
Parochial Vicar
510.456.4965
Fr. Frank Kuwornu
In Residence

Dn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970
Safe Environment
Peter Scampavia
510.456.4968
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Roselyn Jose
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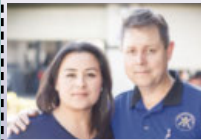
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