



SUNDAY, APRIL 23, 2023 | THIRD SUNDAY OF EASTER



3rd SUNDAY OF EASTER

They set out at once and returned to Jerusalem where they found gathered together the eleven and those with them who were saying, "The Lord has truly been raised and has appeared to Simon!" - Lk 24:33-34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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WELCOME

With joy we welcome all who have gathered here with us to worship God.

"How good to sing praise to our God; how pleasant to give fitting praise." (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm (except if it falls on Holy Thursday)
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Hours: 6:00 am to 6:00 pm daily

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: May 6, 2023

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass. There is no Mass on Good Friday.
Next Mass: May 5, 2023

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, APRIL 23 | THIRD SUNDAY OF EASTER

Acts 2:14, 22-33/Ps 16:1-2, 5, 7-8, 9-10, 11 (11a)/1 Pt 1:17-21/Lk 24:13-35

- 5:00 pm (Vigil Mass) † Calixto Fruelda, † Bernadette Sabalvaro Tan, † Luz Teodosio
- 7:15 am † Joseph & Helen Kane, † Daniel Derby, † Severina Lopez, † Mary Beth Lewis
- 9:00 am For the People of Holy Spirit Parish
- 10:45 am Matt Trieu, † Linda Agbuya, † Holinda Supandi, † Tedja Kusuma Widya
- 12:30 pm † Michael Bert Perona, † Jaysan Tyler Mendoza Mercado, † Ligaya Bamford, † Joseph Albert
- 5:00 pm Suman Kukreja, † Maria V. Poma, † Mary Jo Hildenbrand

MONDAY, APRIL 24 | MONDAY OF THE THIRD WEEK OF EASTER

Acts 6:8-15/Ps 119:23-24, 26-27, 29-30/Jn 6:22-29

- 7:00 am † Florencio Bucu Salvador, † Calixto Fruelda, † Kathleen Hoey
- 8:15 am Graciela O. Montes, Domen Family, † Adoracion Lim Lu

TUESDAY, APRIL 25 | FEAST OF SAINT MARK, EVANGELIST

1 Pt 5:5b-14/Ps 89:2-3, 6-7, 16-17/Mk 16:15-20

- 7:00 am Melissa Honrado, Ariel Garalza, Jr., † Ricardo Pasaoa
- 8:15 am Graciela O. Montes, Christian Oblena, † Thomas R. Uraan

WEDNESDAY, APRIL 26 | WEDNESDAY OF THE THIRD WEEK OF EASTER

Acts 8:1b-8/Ps 66:1-3a, 4-5, 6-7a/Jn 6:35-40

- 7:00 am † Domingo L. Chua Sr., † Florencio Bucu Salvador, † Dennis Gallofin
- 8:15 am Graciela O. Montes, † Michael Bologna, † Danilo Malonzo Apostol
- 6:30 pm Sandee Overstreet, † Chapman Hui, † John Visintainer

THURSDAY, APRIL 27 | THURSDAY OF THE THIRD WEEK OF EASTER

Acts 8:26-40/Ps 66:8-9, 16-17, 20/Jn 6:44-51

- 7:00 am Graciela O. Montes, † Calixto Fruelda, † Elvira Delos Angeles
- 8:15 am † Claire Liska, † Robert C. Young, † Truong & Cuong Pham

FRIDAY, APRIL 28 | FRIDAY OF THE THIRD WEEK OF EASTER

Acts 9:1-20/Ps 117:1bc, 2/Jn 6:52-59

- 7:00 am Jean Cunningham, † Ramon Orduno, † Florencio Bucu Salvador
- 8:15 am † Prudencia Raguindin, † Priscilla Cabantac Rosete, † Hung & Ninh Pham

SATURDAY, APRIL 29 | MEMORIAL OF SAINT CATHERINE OF SIENA, VIRGIN AND DOCTOR OF THE CHURCH

Acts 9:31-42/Ps 116:12-13, 14-15, 16-17/Jn 6:60-69

- 7:00 am Catherine Aydellote, Juanito Cabangangan, † Nancy Albrecht
- 8:15 am Rency Ignacio, Ramon Sugay, † Loc & Nhat Vu

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF SR. ANNETTE...

Companion on the Journey

Today's Gospel is one of my favorites. I like to think of these two disciples, "one named Cleopas" (it was not customary to mention the names of women), as a married couple because when they arrive home in Emmaus, they invite Jesus in to dine with them.

It is so easy to identify with these two disciples discussing their most recent experiences of the arrest, death and burial of Jesus. All their hopes dashed and feeling lost, bewildered, depressed, frustrated! Trying to help each other understand what went wrong, they study the story as they walk along.

Have you ever been so overwhelmed or hurt that you keep going over what happened again and again? Trying to understand what went wrong? Looking for a clue? A glimmer of hope? These disciples are so blinded by their turmoil, caught up in their pain, they do not recognize Jesus. "Are you the only stranger in Jerusalem who does not know the things that have taken place there in these days?" And Jesus replies "What things?" encouraging them to share their stories, to express their feelings of sadness, disappointment, and all that was blinding them

before gently chiding them. "Oh, how foolish you are!...Then beginning with Moses and all the prophets," Jesus began revealing the Scriptures about himself, a true companion on their journey.

As Jesus dined with them, "...he took bread, said the blessing, broke it, and gave it to them. With that their eyes were opened and they recognized him, but he vanished from their sight. Then they said to each other, 'Were not our hearts burning within us while he spoke to us on the way and opened the Scriptures to us?'" They hurried back to Jerusalem to tell the others what happened on the road and how they recognized him in the "breaking of the bread."

Like these disciples, we all need a companion on our journey. A spouse, a good friend, a mentor, or a spiritual companion. It is so easy for us to bind ourselves and be blinded to the ways God is acting in our lives. How foolish we can be. In spiritual direction, it is the Holy Spirit who does the directing, and the companion helps us to see and reflect the action of the Spirit in our lives.

May you be blessed with a good spiritual companion! May you be able to say, "Was not my heart burning?" And may you recognize Jesus "in the breaking of the bread!"

“Oh, how foolish you are! How slow of heart to believe all that the prophets spoke! Was it not necessary that the Christ should suffer these things and enter into his glory?” (Luke 24:25-26)





SERVE

Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week? Then join our Holy Spirit Parish Office Ministry as a volunteer receptionist. Contact Josephine at info@holyspiritfremont.org or 510.797.1660.

Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. You may drop off your donation at the Parish Office or send by mail. For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

Vocations Crucifix Program

We are looking for parishioners to host the Vocations Crucifix and pray for the men and women discerning to enter the priesthood or religious life. Twice monthly on the second and fourth weekend of the month, families or an individual are invited to pray at home for two weeks. To participate in this important prayer ministry, please sign up on Flocknote or call the Parish Office at 510.797.1660.

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St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Fruit
- ⇒ Dry Pinto Beans—1-lb. bags
- ⇒ Vienna Sausage

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Mandatory Meeting for Eucharistic Ministers to the Sick and Homebound April 24, 2023 | 5:30 pm

If you missed the April 19th Mandatory Meeting, you must attend the next meeting in the de Sousa Theater. This applies to all volunteers who are on the regular rotation, if you bring Communion to your family, or if you are interested in being part of this ministry. Contact Jean Liwanag at 510.415.0647 or brightjg459@gmail.com for more information.

Mandatory Workshop for Lectors and Eucharistic Ministers

All current Lectors and Eucharistic Ministers must attend a required workshop in the church on:

Wednesday, April 25 at 7:00 pm
OR
Saturday, April 29 at 9:00 am

Please contact Dn. Chuck Glover at dcnchuck@holyspiritfremont.org for more details.

Giving

Easter Sunday, April 9

\$79,266

Special Collection coming up:
St. Vincent de Paul | April 30

Our pledged weekly amount (excluding special collections):
\$31,963

Corner

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

PRAY



Sunday's Readings

First Reading:

"This man, delivered up by the set plan and foreknowledge of God, you killed, using lawless men to crucify him. But God raised him up, releasing him from the throes of death, because it was impossible for him to be held by it." (Acts 2:23-24)

Psalm:

Lord, you will show us the path of life. (Ps 16) Or Alleluia.

Second Reading:

Conduct yourselves with reverence during the time of your sojourning, realizing that you were ransomed from your futile conduct, handed on by your ancestors, not with perishable things like silver or gold but with the precious blood of Christ as of a spotless unblemished lamb. (1 Pt 1:17-19)

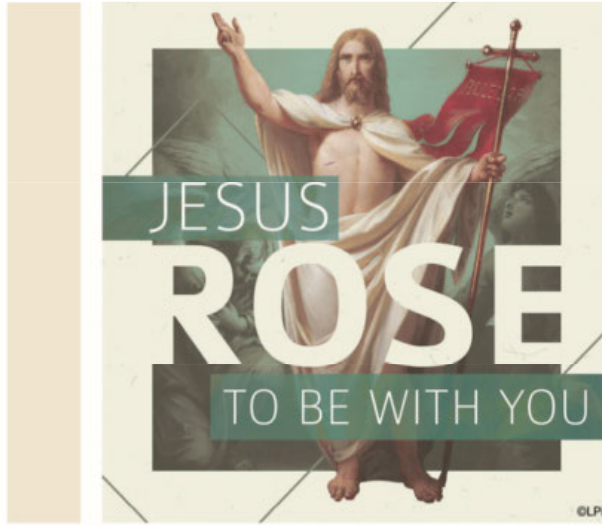
Gospel:

And it happened that, while he was with them at table, he took bread, said the blessing, broke it, and gave it to them. With that their eyes were opened and they recognized him, but he vanished from their sight. (Lk 24:30-31)

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Live The Liturgy Inspiration of the Week

It wasn't until Christ spoke the words of blessing over the bread that the eyes of the disciples were opened, and they saw him for who he was — God in flesh and blood before them. The Eucharist makes real what we otherwise would fail to see.



Gospel Meditation Encourage Deeper Understanding of Scripture

I always feel a little sad when someone begins to speak to me with the words, "Father, I know you're so busy, but ..." It happens a lot. And I get it. He or she is trying to be respectful of my time. But it saddens me because a priest makes Jesus present to people in a special way, and Jesus *always* has time for us. Don't we all feel at times that God just doesn't have time for us?

Nonsense. Just look at the stunning "Road to Emmaus" story we hear this week. It's the day Jesus rose from the dead. And the Risen One appears in disguise to two disciples. He walks with them, chats with them, and eventually eats with them. It could have been hours he spends with them — two unnamed persons — in the middle of nowhere. On the day he rose from the dead!

My friends, please take this to heart: The Risen Jesus is not too busy to spend time with you! He doesn't have "better things to do." You and I are members of this crucified and risen Body. He therefore has all the time in the world to be with us. So, I challenge you this week to approach him confidently in prayer and conversation. After all, being with you and me is the reason he rose from the dead.

— Father John Muir



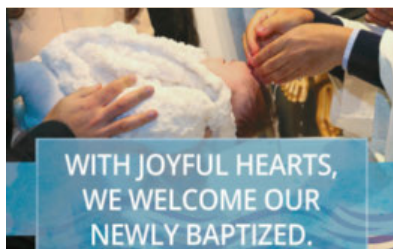
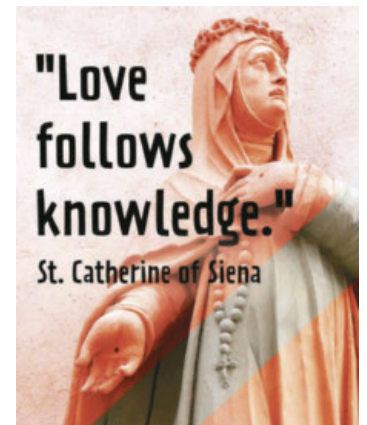
Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

Nicholas Becmer, Cliff Norona, Normina Norona, Steve Cho

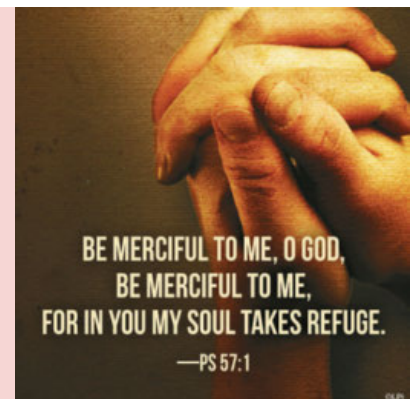
Pray for Our Recently Departed

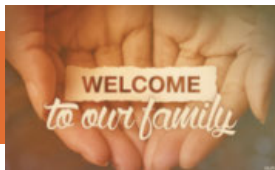
George Herro, alfredo Vega, Herminio Castillo, Edgardo Calibjo, Virginia Miranda Marcelo, Carmelita Buison, Michael Sanders, Irene Flores-Cusi



Dominic, Dani, Miguell, Elena, Hazel, Avery, Trinity, Penelope

That God may bless our parish and diocese, strengthen our faith, and grant us the spirit of Christian stewardship by opening our hearts to the Bishop's Ministries Appeal. *We pray to the Lord...*





INVITE

Parent Spiritual Enrichment Night

April 26, 2023 | 7:00 pm
De Sousa House Theater

Join us for an engaging conversation about Mary as the model of our faith as parents. This parent enrichment night is open to parents with children of all ages from newborn to adult.

Jocelyn and Rodney Pierre-Antoine will be sharing with us how we can enrich our own spiritual lives and be a model to our children through Mary, just in time for the month of May. Parent hours are available for parents of Holy Spirit School.

First Communion Gifts

Need a gift for your First Communicant? Our Parish Gift Shop has a wonderful selection of First Communion items to choose from. Also, check out our veils and neckties. Stop by the Gift Shop on Sundays, 8:30 am to 2:30 pm.

8th Grade Scholarship

The Knights of Columbus are offering a \$500 scholarship to a graduating 8th grader who is a parishioner of Holy Spirit Parish and/or a Holy Spirit School student, and who will be attending a Catholic high school this Fall 2023. For an application, please email scoschi2@gmail.com. Deadline is May 6, 2023.

Parish Festival

Holy Spirit Parish Festival - "Faith Restored, Renewed, Relived"

June 4, 2023

We invite you and your family to this year's Holy Spirit Parish Festival, celebrating the 137th Anniversary of our parish. Enjoy an array of foods, entertainment, and games. Be part of this blessed day of fellowship and fun!

Festival Banner Design Contest

We are holding a banner design contest that embodies this year's festival theme: "Faith Restored, Renewed, Relived". The competition is open to all children ages 9 to 14. If your design is chosen, you will win \$100. All entries must be received no later than 9:00 am on May 8, 2023. For more details, visit our parish website.

Holy Spirit Novena & Coronation Mass

Join us in praying the Novena to the Holy Spirit on May 19-27, 2023, in anticipation of Pentecost Sunday on May 28th. And join us at the 12:30 pm Mass on Sunday, June 4th, when we crown our 2023 St. Queen Isabel, Jewel Gerardo.

Holy Spirit Parish Raffle

Raffle tickets are now on sale. The Grand Prize is \$2000! The second and third prizes are \$1000 and \$500 respectively. Purchase tickets at the Parish Office or through our various parish ministries. Thanks for your support!

Festival Booth Sponsors

This year, our Parish Festival is open for business partners' booth sponsorship. Sell your products and services, or showcase your business. To reserve a booth, scan the QR code or go to <https://forms.gle/kqHMqSSDVb22sE959>. For more info, contact Tom Garcia at tngarciajr@gmail.com.



AROUND THE PARISH



Bring Your Marriage into the Church: Group Marriage Convalidation

Couples who bring their marriage into the Church welcome God's grace and special blessings upon their marriage. If your vows were exchanged in the presence of ministers from other religious traditions or civil officials, we invite you to bring new meaning to your relationship by embracing the vocation of marriage.

This year's Group Marriage Convalidation is on Saturday, September 30, 2023. Registration is open through May 31. For more details, contact us at 510.456.4969 or marriage.convalidation@holyspiritfremont.org

Divine Mercy Ministry

We invite you to join the Divine Mercy Ministry. We meet every Monday on Zoom. For more information, contact Alice Gonzales at 510.378.5449 or Jennie Visitacion at 650.219.6417.

Medjugorje Pilgrimage August 27-September 6, 2023

Join Fr. Thomas Vendetti, LC, on a blessed pilgrimage to the Queen of Peace in Medjugorje. The cost of \$2595 (dbl. room) includes round trip airfare (from SFO), accommodations, daily Holy Mass, guided tours, and breakfast and dinner daily. For more information, contact Agnes Lilles at 303.638.6301 or lillescolorado@msn.com

Diocesan Eucharistic Revival Congress 2023: "I Am With You Always"

Join us for what is sure to be an amazing event for youth and adults, which will include talks, Adoration, Holy Mass, and more!

- September 8-9: Spanish track
- September 15-16: English track

Seeking volunteers, sponsors, vendor participants, and donors. For more information, go to <https://oakdiocese.org/eucharisticrevival2023>

Parish Office

Mondays to Fridays
9:00 am to 4:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206
Fr. Edilberto Castañas,
Parochial Vicar
510.456.4965
Fr. Frank Kuwornu
In Residence

Dn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975
Dn. Chuck Glover,
Pastoral Care
510.789.8652

Dn. Steve Lewellyn, RCIA
510.797.1660

Dn. Bernard Liwanag
510.797.1660

Dn. Tim Roberto, RCIA
510.598.7408

Dn. Richard Yee (retd.)

Departments

Business/Maintenance

Jeff Van der Sluis
510.456.4970

Safe Environment
Peter Scampavia
510.456.4968

Facilities Scheduling
Rosalyn Jose
510.456.4995

Faith Formation &
Youth Ministry
510.456.4974

Music
Paul Orella
510.673.3873



I AM WITH YOU ALWAYS
BISHOP'S MINISTRIES APPEAL 2023

The Bishop's Ministries Appeal supports the ministries that go out into the parishes: faith formation and evangelization, CYO sports, formation of priests to serve parishioners, care of the retired priests, and meeting the unexpected needs of schools and parishes.

We invite you to learn more about how your support makes a difference, and donate in a way that works for you – be it a recurring gift, a one-time gift, or a pledge. Scan the QR code or go to <https://www.oakdiocese.org/bishops-appeal-donation-page>





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