



SUNDAY, MARCH 12, 2023 | THIRD SUNDAY OF LENT



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

©LPi

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
During the Season of Lent, the Adoration Chapel is open 6:00 am to 6:00 pm daily.

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: April 1, 2023

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass.
There is **no** Mass on Good Friday.
Next Mass: May 5, 2023

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, MARCH 12 | THIRD SUNDAY OF LENT

Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

- 5:00 pm (Vigil Mass) Reynaldo and Maria Wong, Pearl Robinson, † Frances Barrios Estella, † Linda Agbuya
- 7:15 am Ricardo de Jesus, † Gregoria Cabangangan, † Linda Agbuya, † Milagros Tavisora
- 9:00 am John Benigar, Michael & Sharon Estrellanes, † Shirley Clark, † Lorna Arachea
- 10:45 am Cora Rafael, Sean Sanchez, Espiritu Family, † Aquilina Rosario, † Lorrniza Angara Andrada
- 12:30 pm Santiago Ramirez Marimon, Mayoralgo Family, Mark Hankins, Jaime Cooley, † Brigitte Nager
- 5:00 pm For the People of Holy Spirit Parish

MONDAY, MARCH 13 | MONDAY OF THE THIRD WEEK OF LENT

2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3, 4/Lk 4:24-30

- 7:00 am † Jose & Ella Orbeta
- 8:15 am † Jose & Simeona Albano

TUESDAY, MARCH 14 | TUESDAY OF THE THIRD WEEK OF LENT

Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9/Mt 18:21-35

- 7:00 am Paulina Bajet
- 8:15 am Lisa Maria Ignatius, † Raymund Anthony De Torres, † Virginia Noguera

WEDNESDAY, MARCH 15 | WEDNESDAY OF THE THIRD WEEK OF LENT

Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/Mt 5:17-19

- 7:00 am † Mary Jane H. Raya, † Lancelot J. Timbreza
- 8:15 am † Caye Katigbak
- 6:30 pm † Inez Cruz

THURSDAY, MARCH 16 | THURSDAY OF THE THIRD WEEK OF LENT

Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23

- 7:00 am Ferdie & Zita Soriano, Flora Salas, † Manuel Ledesma Jr.
- 8:15 am † Norma Rifner

FRIDAY, MARCH 17 | FRIDAY OF THE THIRD WEEK OF LENT

Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17/Mk 12:28-34

- 7:00 am † Manuel N. Gallegos Sr., † Jesus Saenz, Sr., † Beatriz Apacible
- 8:15 am Kevin & Lilian Librodo, Nathan Palamuttam, Salvador Taroy Gianan

SATURDAY, MARCH 18 | SATURDAY OF THE THIRD WEEK OF LENT

Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14

- 7:00 am Veronica Bakke, † Pat Carmona, † Rosario Devera
- 8:15 am Sofio B. Orias Jr., † Demetria Domingo

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF FR. EDDIE...

Beloved parishioners,

The grace of our Lenten journey is an opportunity to open our hearts to the Lord, allowing our Redeemer to enter and transform us. On this Third Sunday of Lent, we recall the encounter between Jesus and a woman of Samaria at the well. *What can we make of this gospel's account of the meeting between Jesus and the Samaritan woman? Can we sense a "love story" and "a conversion moment"?*

Sometimes, we experience deep frustration with ourselves and with our life. We find things in life so tough to deal with that we try to escape from them. We are fully aware that our problems and struggles are there and they're not going away, but the messiness is too overwhelming and dingy to face, so we try to cover it up. This may be true of the so many unwanted things that we store in our garages, closets, and cabinets; we try to hide them and so we become hoarders of things that we don't need and don't like to have. More seriously, it can also be true with our spiritual life that needs some cleansing and renewal for we have been holding on to our sinful ways. When we deny ourselves of God's grace of mercy, we find our lives devoid of meaning and with so much burden to bear.

"Sir, give me this water, so that I may not be thirsty..." Those were the words of the Samaritan woman when she comes face to face with a stranger in the person of our Lord.

Jesus speaks of giving living water although He has no bucket for drawing from a deep well. Yet the Lord sees the inner longings of the woman and there He invites her for personal conversion where she could find her true self and life's meaning.

Truly, we can learn from the encounter of Jesus and the Samaritan woman. What we need is a person who will help us get back to the right path towards holiness; that person is Jesus. We may be surprised to find Him already waiting for us at the wellspring of the Sacrament of Reconciliation. What can motivate us to approach the gift of mercy? It is the truth that God loves us first and He never ceases to seek for us.

I hope and pray that these forty days of Lent will guide us to find ourselves having a real experience of conversion. United with Christ, we can be renewed and there will always be hope to make amends of our sinful selves. Lent is penitential and that is the good news of the Gospel, that our Lord is here to quench our thirst for the grace to be made whole and pleasing before Him. Lent is a time to make an honest, more humble, and more sincere to return to the Lord.

"If today you hear his voice, harden not your hearts..." Let us ask for the grace to open our hearts for the call to repentance, that we may become more loving and faithful disciples of our Lord Jesus, the King of Mercy!

With my blessing to you and your families,

Father Eddie

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SERVE

St. Joseph the Worker: Sister Parish Dispatch



This is Julian Damian!

An adult Vocational student, she is in a two-year program at Moshi for Hotel Management.

Study hard and do your best in your studies, Julian!

Art & Environment Ministry: Help Needed

We are looking for more volunteers for our Art & Environment Ministry.

Are you available to help during the weekdays and/or Saturday mornings? The number of volunteer hours will vary depending on the Liturgical season.

Help maintain our inventory of liturgical materials and objects.

We are especially in need of persons able to move and lift large objects (up to 25 lbs.), and we welcome those who have some carpentry and electrical skills.

For more information, contact Judy Young at 510.378.1933

Eucharistic Ministers Needed

We are in need of new Eucharistic Ministers for the 5:00 pm Mass on Sundays.

To join this ministry, please contact Dee.francisco3@yahoo.com

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Soup
- ⇒ Spaghetti Noodles—not wheat
- ⇒ Tomato Sauce

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

CGS Catechists Needed

Become a catechist for our Catechesis of the Good Shepherd program here at Holy Spirit Parish.

Help 3- to 6-year-old children to know Jesus and to build a relationship with God.

If interested in becoming a catechist, please contact the Faith Formation Office at 510.456.4974 or faithformation@holyspiritfremont.org. Help is needed on Saturdays, 9:00 to 10:00 am.

Volunteer Artists Needed

Our parish is looking for face painters, balloon artists, and other merry makers for our Easter Egg Hunt on Sunday, April 9, 2023. 9:45 to 10:45 am.

Come share your time and talent—and bring joy to the young children in our parish!

For more information, contact the Parish Office at 510.797.1660 or info@holyspiritfremont.org

Giving

Corner

Sunday, February 26

\$30,304

Special Collection coming up:
Catholic Relief Services (Bishops Overseas Appeal | March 19

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



Stations of the Cross Fridays During Lent

We invite you to pray and journey with us with us through Lent.

March 17, 24 & 31
12:00 & 6:30 pm

Adoration Chapel Hours Extended

During Lent, our Adoration Chapel hours have been extended so as to allow our parishioners more opportunity to spend time with our Lord Jesus Christ in the Blessed Sacrament.

Daily hours are 6:00 am to 6:00 pm.

Consider being an Adorer. To sign up, visit our website or stop by the Parish Office during regular business hours.

Alpha: Lent & Easter Series

Alpha is a series of sessions exploring the Christian faith.

Alpha is completely free. Sessions are on Wednesdays, 7:00 to 9:00 pm in the de Sousa House.

Contact dcnriigo@holyspiritfremont.org for more information or visit our website for the Lent & Easter series.

Parish Lenten Mission & Retreat

March 27-28, 2023

To prepare our hearts for Holy Week and Easter, please join us for our Lenten Mission & Retreat, led by the Franciscan Friars of the Renewal.

The retreat will take place in the church, immediately after the 8:15 am Mass and then again at 6:30 pm.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

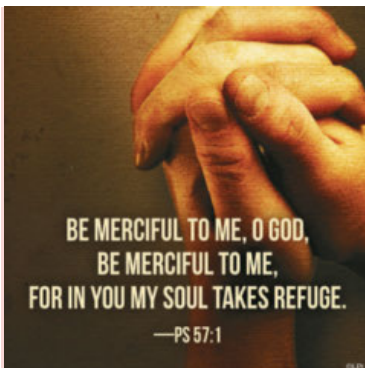
Rooplal Masih, Jerry Soto, Pearl Robinson, Reynaldo Wong, Maria Luisa Wong, Cleo Carbonel, Amory Morales, Letty Morales, Lisette Salazar, Reina Cabezas, Alex Paras, Bernie Hoercher, Wayne Young, Lily Son

Pray for Our Recently Departed

Nelson Pons, Michael Copeland, Jaysan Mendoza Mercado, Eugenia Pasco, Luna Hernandez, Esperanza Hernandez, Juanita Brooks

Birthday Blessings

Frances Marron, Dn Steve Lewellyn, Amy Wilhelm, Carolyn Oladeinde, Joe Virzi, Sofia Virzi



For all God's people, that we will have the strength to be faithful to his commandments. *We pray to the Lord...*





INVITE

Filipino Society Meal Deal

March 12, 2023

The Filipino Society is hosting their \$7 meal deal next Sunday after the morning and 12:30 pm Masses. Stop by the parish Center and get a great meal at a deal. Proceeds benefit parish special projects.

Soup Suppers for Young Adults

Instead of giving up something, let's DO something for Lent!

You are invited to Casa Julie for Soup Suppers on the following Fridays of Lent: **March 17, 24 & 31.**

Each night we view a part of "The Letter", a video invitation from Pope Francis, and reflect on his letter, "Laudato Si". Please RSVP to Sr. Annette at 408.390.7184

Men's Hiking Group

Saturday, March 18, 2023

Looking for men to join us for the Father Mathew Vellankal-Holy Spirit Men's Hiking Group! We will meet at 7:00 am at Coyote Hills in Fremont.

The hike will be followed by fellowship, bagels, coffee & Bible study in the de Sousa House (approximately. 9:00 to 10:00 am). Contact Tom Fezler for more information at tfeszler@ampf.com

Women Gather

Saturday, March 18, 2023

Join us for our next gathering. Prayer will begin at 10:00 am. Come early for coffee and greeting one another. We will have a potluck lunch and an afternoon of service. Space at Casa Julie is limited. Please RSVP to Sr. Annette at 408.390.7184 for more information or details.

Catholic Relief Services Rice Bowls

As part of our Lenten practice of prayer, fasting, and almsgiving, we encourage all the faithful to participate in CRS Rice Bowls. Rice Bowls can be found in the church. Turn in your monetary donations by Palm Sunday. You may also go online to make a donation: crsricebowl.org/donate

Knights of Columbus Friday Fish Fry

March 24 & 31, 2023

The Knights of Columbus is hosting their Walk-Thru Fish Fry!



Pre-Order

Pre-ordering will guarantee your meal. A very limited number of walk-up meals will be available.

Meals are \$15 and include 8-10 oz. of fried fish, tater tots, and coleslaw.

Orders must be picked up no later than one hour after Stations of the Cross at the Parish Center.

To pre-order your meal(s), scan the QR code or go to <https://knights-of-columbus-george-a-coit-council-2692.square.site/fish-fry>

Easter Egg Hunt

April 9, 2023 | 10:15 am

**Grab your baskets for some Easter fun...
We're searching for eggs, for every last one!**

We invite families with children (12yrs. and under) to join us immediately after the 9:00 am Mass in the parking area near the Preschool.

Holy Spirit Preschool—Now Enrolling!

Come and join our preschool family! We are now accepting applications for our 2023-2024 school year. Our preschool offers a variety of opportunities for your child to learn and play!

Preschool children must be 3 years old and fully potty trained by Sept. 1, 2023 to be eligible. Please contact Ms. Cecilia at 510-793-2013 or email hspschool@csdo.org.

8th Grade Scholarship

The Knights of Columbus are offering a \$500 scholarship to a graduating 8th grader who is a parishioner of Holy Spirit Parish and/or a Holy Spirit School student, and who will be attending a Catholic high school this Fall 2023.

For an application, please email scoschi2@gmail.com. Deadline is May 6, 2023.

AROUND THE PARISH



St. Patrick's Seminary 2nd Annual Day of Giving March 16, 2023

Support the formation of future priests for our diocese. Scan the QR code or go to <https://igfn.us/vf/PRIEST> to make a donation.



St. Patrick's Day Decree

During the Season of Lent, Fridays are traditionally a day of fasting and abstaining from meat. The Feast of St. Patrick on March 17—often marked with celebrations—falls on a Friday in Lent this year. As such, Bishop Michael C. Barber, SJ, has granted all Catholics in the Diocese of Oakland a dispensation from the requirement to abstain from all meat on this day, and to consider a separate sacrificial or charitable act.

Cache Creek Casino Trip March 25, 2023

Come join us for our first fundraiser casino trip since 2019, hosted by the Filipino Society!

Tickets are \$50 each. We'll leave Holy Spirit at 8:00 am sharp for a 6-hour stay before returning to Holy Spirit. For tickets or information, please contact Maryanne Gacusan at 510.289.0382.

Family Bible Story Time Sunday, April 2, 2023

Join us immediately after the 12:30 pm Palm Sunday Mass for Family Bible Story Time, hosted by our Faith Formation children and catechists.

Activities will include Bible storytelling, guided interactive Q&A, and a sing-along. All are welcome to this is a free event.

Feast of the Divine Mercy

Join us as we celebrate the Feast of Mercy, instituted by Saint Maria Faustina Kowalska.

Novena
April 7-15, 2023 | 3:00 pm
We invite you to pray the Divine Mercy Novena inside the church in anticipation of the Feast of the Divine Mercy.

Divine Mercy Mass
April 16, 2023
2:00 pm: Join us in the church for Exposition and Adoration of the Blessed Sacrament.

3:00 pm: We will celebrate Mass to mark the Feast of the Divine Mercy. You may bring images of the Divine Mercy to be blessed after Mass.

Spiritual kits and food will be provided immediately after Mass.

Parish Office

Mondays to Fridays
9:00 am to 4:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206
Fr. Edilberto Castañas,
Parochial Vicar
510.456.4965
Fr. Frank Kuwornu
In Residence

Dn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408
Dn. Richard Yee (retd.)

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970
Safe Environment
Peter Scampavia
510.456.4968
Facilities Scheduling
Rosalyn Jose
510.456.4995
Faith Formation &
Youth Ministry
510.456.4974
Music
Paul Orella
510.673.3873

Bring Your Marriage into the Church: Group Convalidation

Couples who bring their marriage into the Church welcome God's grace and special blessings upon their marriage. If your vows were exchanged in the presence of ministers from other religious traditions or civil officials, we invite you to bring new meaning to your relationship by embracing the vocation of marriage.

This year's Group Convalidation will be on Saturday, September 30. **Registration is open through May 31, 2023.** For more information, contact us at 510.456.4969 or marriage.convalidation@holyspiritfremont.org



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