



SUNDAY, MARCH 5, 2023 | SECOND SUNDAY OF LENT



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

©LPi

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
During the Season of Lent, the Adoration Chapel is open 6:00 am to 6:00 pm daily.

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1 and Holy Saturday). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: April 1, 2023

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass.
There is **no** Mass on Good Friday.
Next Mass: May 5, 2023

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, MARCH 5 | SECOND SUNDAY OF LENT

Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22 (22)/2 Tm 1:8b-10/Mt 17:1-9

- 5:00 pm (Vigil Mass) Joan Flannigan, Rance Pascual
- 7:15 am † Monino De Guzman, † Felina Robino, † Letty Disioco Reyes, Beth Hankins
- 9:00 am Fr. Gerard Moran, † Sam Mitchell, Colby Knox, † Maria Gloria Pedroza
- 10:45 am † Flaviano & Juana Reduque, Espiritu Family, Noah Kennedy, † Marina Imelda Andrada Tugelido
- 12:30 pm For the People of Holy Spirit Parish
- 5:00 pm Jonathan Mano, † Alfonso L. Engalla, † Linda Agbuya

MONDAY, MARCH 6 | MONDAY OF THE SECOND WEEK OF LENT

Dn 9:4b-10/Ps 79:8, 9, 11 and 13/Lk 6:36-38

- 7:00 am Nicholi Reece, † Elpidio Igarta
- 8:15 am † Emilio Tanghal, † Rodrigo B. Concepcion, † Linda Agbuya

TUESDAY, MARCH 7 | TUESDAY OF THE SECOND WEEK OF LENT

Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23/Mt 23:1-12

- 7:00 am † Laurie Marango & Deloris Carter
- 8:15 am † Victoria Pavlakovich, Kyle Atikus Isidore Barnes, † Linda Agbuya

WEDNESDAY, MARCH 8 | WEDNESDAY OF THE SECOND WEEK OF LENT

Jer 18:18-20/Ps 31:5-6, 14, 15-16/Mt 20:17-28

- 7:00 am For the People of Holy Spirit Parish
- 8:15 am Castaneda Family, † Wilhermino Velasquez and family, † Linda Agbuya
- 6:30 pm † Aufrida Susminah

THURSDAY, MARCH 9 | THURSDAY OF THE SECOND WEEK OF LENT

Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk 16:19-31

- 7:00 am † Cresecencia & Garzo Reidy, † Gregoria Cabangangan
- 8:15 am Shaji & Nina, Zenaida Salonga Pelimiano, † Linda Agbuya

FRIDAY, MARCH 10 | FRIDAY OF THE SECOND WEEK OF LENT

Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17, 18-19, 20-21/Mt 21:33-43, 45-46

- 7:00 am † Linda Agbuya
- 8:15 am Richard Punzalan, Sofio Jr. & Helen Orias, Paul Lim

SATURDAY, MARCH 11 | SATURDAY OF THE SECOND WEEK OF LENT

Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10, 11-12/Lk 15:1-3, 11-32

- 7:00 am † Nathalin Moniz
- 8:15 am Marivic Bruce, † Eugenia T. Mano, † Victoria Cogliano

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF SR. ASHA...

Here we are in the Blessed Season of Lent!

The word blessing is so soothing... Isn't the blessing of our Lord drawing us Sunday after Sunday to church? Abraham, Father of faith who left behind everything to follow our God was so blessed to hear the following words from God: *"I will bless you.... You will be a blessing.... I will bless them who bless you.... All the communities of the earth shall find blessing in you...."* (Genesis 12:2-3)

St. Paul's says in his blessing and greeting to his beloved disciple Timothy, *"Bear your share of hardship for the Gospel with the strength that comes from God"* (2 Timothy 1:8b).

Does being blessed mean no hardship? For our naked eyes, yes, but in the eyes of faith, bearing hardship for the Gospel is a blessing, because this kind of hardship can lift us to be holy, a real blessing to others.

The disciples experienced a moment of blessing in today's Gospel. After witnessing the transfiguration of our Lord, Peter – always the spokesperson of the disciples – offered Jesus that he can make a tent for Jesus, Moses, and Elijah, without fully knowing what he is saying. Peter does not want to leave that divine presence and

wants to stay forever. Along with Jesus, the disciples heard the blessing from heaven: *"This is my beloved Son, with whom I am well pleased; listen to Him."* Jesus knew what that meant!

Luke's gospel account tells us that Elijah and Moses were conversing with Jesus about the upcoming suffering and crucifixion that Jesus had to undertake. The willingness of Jesus to take up His cross made Him the beloved Son of the Father!

Dear ones, come to reality! Our life is a life of blessing, though it may not be in the world's eyes. But we know where we are heading, the divine life, the resurrected life. Our mortal bodies are destined for a transfigured, elevated beauty. We will live in the eternal now of God's life in heaven, transcending space and time like Jesus in transfiguration.

Have you ever noticed that even as we appreciate all that is wonderful about this life, we are never really "home"? There is a permanent restlessness about human life. But a higher, richer, more beautiful, and more spiritually fulfilling life awaits us. Now, with confidence, let us immerse ourselves in this blessed season of Lent by embracing all hardships in anticipation of the blessed resurrected life with our Lord in heaven.

Blessings,

Sr. Asha

FORMED PICK OF THE WEEK

Second Sunday of Lent | FORMED in the Word

<https://watch.formed.org/formed-in-the-word/season:1/videos/second-sunday-of-lent-formed-in-the-word>

Dr. Jim Prothro and Dr. Israel McGrew invite you to join them and reflect upon the upcoming Sunday Mass readings this Lent!

Readings discussed in this episode: Gn 12: 1-4; Psalm 33; 2 Tim 1:8-10; Mt 17: 1-9

Check out
"Here's the
Sitch" on Page 7.
Read about the
maintenance
and upkeep of
our facilities.



SERVE

St. Joseph the Worker: Sister Parish Dispatch

Meet Gladness Peter!



She is one of our adults attending the Arusha Utalii College of Tourism for Hotel Management. She will be attending this college for two years.

Study hard and do your best, Gladness!

Art & Environment Ministry: Help Needed

We are looking for more volunteers for our Art & Environment Ministry.

Are you available to help during the weekdays and/or Saturday mornings? The number of volunteer hours will vary depending on the Liturgical season.

Help maintain our inventory of liturgical materials and objects. We are especially in need of persons able to move and lift large objects (up to 25 lbs.), and we welcome those who have some carpentry and electrical skills.

For more information, contact Judy Young at 510.378.1933

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St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Soup
- ⇒ Spaghetti Noodles—not wheat
- ⇒ Tomato Sauce

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

CGS Catechists Needed

Become a catechist for our Catechesis of the Good Shepherd program here at Holy Spirit Parish.

Help 3- to 6-year-old children to know Jesus and to build a relationship with God.

If interested in becoming a catechist, please contact the Faith Formation Office at 510.456.4974 or faithformation@holyspiritfremont.org. Help is needed on Saturdays, 9:00 to 10:00 am.

Volunteer Artists Needed

Our parish is looking for face painters, balloon artists, and other merry makers for our Easter Egg Hunt on Sunday, April 9, 2023. 9:45 to 10:45 am.

Come share your time and talent—and bring joy to the young children in our parish!

For more information, contact the Parish Office at 510.797.1660 or info@holyspiritfremont.org

Giving

Corner

Sunday, February 19

\$28,554

Special Collection coming up:
Holy Spirit School | March 12

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



Stations of the Cross Fridays During Lent

We invite you to pray and journey with us with us through Lent.

March 10, 17, 24 & 31
12:00 & 6:30 pm

Adoration Chapel Hours Extended

During Lent, our Adoration Chapel hours have been extended so as to allow our parishioners more opportunity to spend time with our Lord Jesus Christ in the Blessed Sacrament.

Daily hours are 6:00 am to 6:00 pm.

Consider being an Adorer. To sign up, visit our website or stop by the Parish Office during regular business hours.

Alpha: Lent & Easter Series

Alpha is a series of sessions exploring the Christian faith.

Alpha is completely free. Sessions are on Wednesdays, 7:00 to 9:00 pm in the de Sousa House.

Contact dcnriigo@holyspiritfremont.org for more information or visit our website for the Lent & Easter series.

Parish Lenten Mission & Retreat

March 27-28, 2023

To prepare our hearts for Holy Week and Easter, please join us for our Lenten Mission & Retreat, led by the Franciscan Friars of the Renewal.

The retreat will take place in the church, immediately after the 8:15 am Mass and then again at 6:30 pm.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

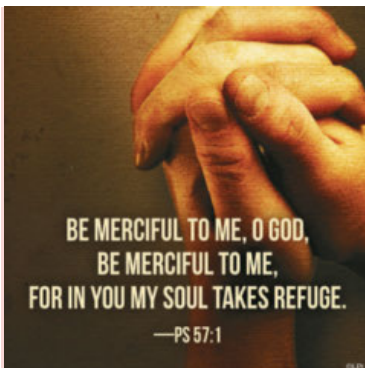
Bernie Hoercher, Ron Cavazos, Reina Cabezas, Adrian Javier, Lisette Salazar, Jerry Soto, Cynthia Gomez Hernandez, Michael Copeland, Lesli Griffiths

Pray for Our Recently Departed

Frances B. Estella, Paciencia Avelino, Jeff Loya, Jr. Clinton Stein, Linda Agbuya, Christian Igarta, Luigi Recinto, Luz Teodosio

Birthday Blessings

Cecelia Tarrant, Aidan Letona, Zenaida Salonga Pelimiano



For the grace of conversion as we journey through Lent. May your Spirit lead us to confront the demons in our lives with a strong faith that we may find a deeper holiness in our lives. *We pray to the Lord...*



MARCH 12, 2023





INVITE

Soup Suppers for Young Adults

Instead of giving up something, let's DO something for Lent!

You are invited to Casa Julie for Soup Suppers on the following Fridays of Lent: **March 10, 17, 24 & 31.**

Each night we view a part of "The Letter", a video invitation from Pope Francis, and reflect on his letter, "Laudato Si". Please RSVP to Sr. Annette at 408.390.7184

Knights of Columbus Friday Fish Fry

The Knights of Columbus will be hosting their Walk-Thru Fish Fry on the following Fridays during Lent:

March 10, 24 & 31

Pre-ordering will guarantee your meal. A very limited number of walk-up meals will be available. Meals are \$15 and include 8-10 oz. of fried fish, tater tots, and coleslaw.



Pre-Order

Orders must be picked up no later than one hour after Stations of the Cross at the Parish Center.

To pre-order your meal(s), scan the QR code or go to <https://knights-of-columbus-george-a-coit-council-2692.square.site/fish-fry>

Table of Plenty

The Table of Plenty team wants to thank all who donate to make this wonderful ministry possible!

We would also like to thank our corporate partners: Panera, Elite Bakery, 3D catering, Trader Joe's, and McDonald's (Mission Blvd. and Grimmer Blvd. locations). Mostly, we want to thank the Holy Spirit for His support of our ministry.

'Jesus looked at them and said, "For human beings it is impossible, but not for God. All things are possible for God."' (Mark 10:27)

Men's Hiking Group

Saturday, March 18, 2023

Looking for men to join us for the Father Mathew Vellankal-Holy Spirit Men's Hiking Group! We will meet at 7:00 am at Coyote Hills in Fremont.

The hike will be followed by fellowship, bagels, coffee & Bible study in the de Sousa House (approximately. 9:00 to 10:00 am).

Contact Tom Fezler for more information at tfezler@ampf.com

Women Gather

Saturday, March 18, 2023

Join us for our next gathering. Prayer will begin at 10:00 am. Come early for coffee and greeting one another. We will have a potluck lunch and an afternoon of service.

Space at Casa Julie is limited. Please RSVP to Sr. Annette at 408.390.7184 for more information or details.

Family Bible Story Time

Sunday, April 2, 2023

Join us immediately after the 12:30 pm Palm Sunday Mass for Family Bible Story Time, hosted by our Faith Formation children and catechists.

Activities will include Bible storytelling, guided interactive Q&A, and a sing-along. All are welcome to this is a free event.

Catholic Relief Services Rice Bowls

As part of our Lenten practice of prayer, fasting, and almsgiving, we encourage all the faithful to participate in CRS Rice Bowls. Rice Bowls can be found in the church.

Turn in your monetary donations by Palm Sunday. You may also go online to make a donation: crsricebowl.org/donate

What you give up for Lent changes lives!

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AROUND THE PARISH



Movie Night: "Mother Teresa: No Greater Love" March 7, 2023 | 7:00 pm

The Knights of Columbus are sponsoring *Movie Knight* in the de Sousa House Theatre.

There is no charge. Seating is on a "first come, first served" basis.

Missionary Families of Christ

MFC Young Couples Group invites all young families and couples to a monthly teaching series every 2nd Friday of the month.

The next session is on March 10, 2023, 7:00-9:00 pm via Zoom:
Meeting ID: 8967649893
Passcode: mfcyc

Strengthen the foundation of faith of your family as the "future of humanity passes by way of the family..." - St. John Paul II on *Familiaris Consortio*

Filipino Society Meal Deal March 12, 2023

The Filipino Society is hosting their \$7 meal deal next Sunday after the morning and 12:30 Masses. Stop by the parish Center and get a great meal at a deal.

Proceeds benefit parish special projects. For large orders, email us by Thursday at hsfs.communications@gmail.com

Ladies in Stitches

Come and join us! The Ladies in Stitches Ministry meets on the 2nd Friday of the month, 2:00 to 4:00 pm in the Fireside Lounge. We knit and crochet, and all items are sold or donated. Money raised goes towards our Holy Spirit School scholarship fund and other charities.

If you can not join us but like to knit or crochet, drop off your finished handmade items at the Parish Office during regular business hours and one of our members will pick them up. For more information, contact Jo Ann at cudles3460@att.net

Parish Office

Mondays to Fridays
9:00 am to 4:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964

Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206
Fr. Edilberto Castañás,
Parochial Vicar
510.456.4965

Fr. Frank Kuwornu
In Residence

Dn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975

Dn. Chuck Glover,
Pastoral Care
510.789.8652

Dn. Steve Lewellyn, RCIA
510.797.1660

Dn. Bernard Liwanag
510.797.1660

Dn. Tim Roberto, RCIA
510.598.7408

Dn. Richard Yee (ret.)

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970

Safe Environment
Peter Scampavia
510.456.4968

Facilities Scheduling
Rosalyn Jose
510.456.4995

Faith Formation &
Youth Ministry
510.456.4974

Music
Paul Orella
510.673.3873

HERE'S THE SITCH...

Maintenance of Facilities

We are very fortunate to have the facilities that we do which allows our parish to flourish and support the many ministries we have. Each year, we allocate a significant amount of money in our budget for deferred maintenance – for projects such as repairs, remodeling, or the standard "sprucing up".

Some years there may be extraordinary expenses; this year seems to be one of them. Between the parish and the school, eight heaters required major service which cost over \$30,000. We've also needed plumbing, gutters, electrical, painting, and tree work totaling over \$40,000. We recently completed a \$90,000 audio-visual equipment overhaul of the outdated 15-year-old system in the de Sousa House-Religious Education Center.

This is all in an ongoing effort to keep our facilities in top-notch condition. This is particularly challenging as most of the buildings on our campus are over 60 + years old. It's important to understand that your weekly contribution to the church is what funds these projects and more.



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