



SUNDAY, FEBRUARY 19, 2023 | 7TH SUNDAY IN ORDINARY TIME

ASH WEDNESDAY

MASS TIMES



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Mon. to Fri.: 6:00 am to 12:00 pm
Sat.: 9:00 am to 1:00 pm
Sun.: 12:00 to 5:00 pm

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: March 4, 2023

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass
Next Mass: March 3, 2023

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, FEBRUARY 19 | SEVENTH SUNDAY IN ORDINARY TIME

Lv 19:1-2, 17-18/Ps 103:1-2, 3-4, 8, 10, 12-13 (8a)/1 Cor 3:16-23/Mt 5:38-48

5:00 pm (Vigil Mass)	Graciela O. Montes, † Souls in Purgatory, † Dolores Munoz, † Barbara Norton
7:15 am	† Julian Saenz, † Charles Allen & Family, † Felisa Aguilan, † Francisco Tanega
9:00 am	For the People of Holy Spirit Parish
10:45 am	Espiritu Family, Agnes Mitchell, † Rose Makkos, † Ruben Vasquez Aguilar
12:30 pm	Jemellee Grace Catapang, † Joe Ortiz Family, † Natividad Amable, † Nenita Maniquis
5:00 pm	Graciela O. Montes, Donna Savage

MONDAY, FEBRUARY 20 | MONDAY OF THE SEVENTH WEEK IN ORDINARY TIME

Sir 1:1-10/Ps 93:1ab, 1cd-2, 5/Mk 9:14-29

7:00 am	Audrey Lizardo, Graciela O. Montes, † Louise C. Silva
8:15 am	Lu Family, Andrew Sy, † Mr. & Mrs. Tomas Doctor, † Anton Tam Q. Vu

TUESDAY, FEBRUARY 21 | TUESDAY OF THE SEVENTH WEEK IN ORDINARY TIME

Sir 2:1-11/Ps 37:3-4, 18-19, 27-28, 39-40/Mk 9:30-37

7:00 am	† Purita Jabidando, † Bayani Francisco, † Ora & Orris Ratcliff
8:15 am	Graciela O. Montes, Jim Phan, † Benigno Gopez

WEDNESDAY, FEBRUARY 22 | ASH WEDNESDAY

Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and 17/2 Cor 5:20—6:2/Mt 6:1-6, 16-18

7:00 am	Garalza Family, † Felipe Cantu Angeles, † Robert Villamor
8:15 am	Gabrielle Poma, Debbie Longarini, Margarita Pagkaliwangan
11:00 am	† Emilio Hortillosa
12:30 pm	Graciela O. Montes, Audrey Nguyen, † E. I. Pushpam
4:00 pm	John Tumamos & Pinky Padlan, Leonora Bulabon, † Elizabeth Bolanos Pastrano
6:00 pm	Rhea & Alex Asis, † Rudy Liska, † Andy Chan
8:00 pm	For the People of Holy Spirit Parish

THURSDAY, FEBRUARY 23 | THURSDAY AFTER ASH WEDNESDAY

Dt 30:15-20/Ps 1:1-2, 3, 4 and 6/Lk 9:22-25

7:00 am	Freddie Rodrigo, † Maria Luisa Aguilar
8:15 am	Graciela O. Montes, † Jose R. Calo, † Elizabeth Bolanos Pastrano

FRIDAY, FEBRUARY 24 | FRIDAY AFTER ASH WEDNESDAY

Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19/Mt 9:14-15

7:00 am	† Elizabeth Bolanos Pastrano
8:15 am	Brian Liz Tran Aguirre Family, Graciela O. Montes, Audrey Nguyen

SATURDAY, FEBRUARY 25 | SATURDAY AFTER ASH WEDNESDAY

Is 58:9b-14/Ps 86:1-2, 3-4, 5-6/Lk 5:27-32

7:00 am	Precy Abia Sanderson, Lynn Pisco, Jessica Dang
8:15 am	Graciela O. Montes, † Joseph Victor Shagday, † Arturo Rivas Mena

See [HERE'S THE SITCH](#) on Page 7 for our Campus Master Plan Update.



FROM THE DESK OF DN. BERNARD...

The expression “an eye for an eye and a tooth for a tooth” – commonly known as “vendetta” – has been used to justify vengeful feelings. Some people claim that it is their duty to not let anyone take advantage of them, and so, it has been taught that the victim’s side should get even with those who have wronged them. Even worse is when other people exact their revenge by inflicting more than what was done... “Two eyes for an eye.” It is to do more evil for an evil.

Jesus in the “Sermon on the Mount” tells us otherwise: “... offer no resistance to one who is evil. When someone strikes you on your right cheek, turn the other one as well... Should anyone press you into service for one mile, go for two miles.” It is to do more good to counter for an evil done.

The “eye for an eye” attitude is not there to encourage retribution, nor does it justify seeking unjust personal retaliation for a slight offense. Rather, this principle is built on God’s sense of justice and mercy; likewise, it is used in legal justice in the court of law. The intent of the “eye for an eye” approach was to ensure that the punishment would fit the crime and to make sure that the penalty should not go beyond the crime committed.

St. Paul tells us: “Do not repay anyone evil for evil; be concerned for what is noble in the sight of all. If possible, on your part, live at peace with all. Beloved, do not look for revenge but leave room for the wrath; for it is written, “Vengeance is mine, I will repay, says the Lord.” Rather, “if your enemy is hungry, feed him; if he is thirsty, give him something to drink; for by so doing you will heap burning coals upon his head.” Do not be conquered by evil but conquer evil with good.” (Romans 12:17-21)

What does Jesus tell us? Not only to love our neighbor but to love our enemies too. He says, “I give you a new

commandment: love one another. As I have loved you, so you also should love one another. This is how all will know that you are my disciples, if you have love for one another.” (John 13:34-35)

To love one another is never to put barriers or be selective, but rather to love everyone. Yes, we should love and pray even for our enemies so that they may have conversion and be able to come to Christ. This is a way to holiness.

Instead of harboring any grudge, pray, and let God handle the situation. Of course, this does not mean that we allow evil to triumph and let criminals hurt or kill us. It’s not what Jesus intends.

The Lord is kind, merciful, compassionate, and loving to both the good and the bad. He paid the price for everyone’s sins for a crime He didn’t commit. Because of His great love for all of us, He accepted death so that we may all be saved.

Be reminded that salvation comes with acceptance.

Here are some suggestions on how to love your enemies: Try to understand them by placing yourself in their shoes. Every human being deserves dignity; thus, show each one respect. Reach out and have a conversation while finding a common ground. Pray for your enemy and pray for yourself that you may be able to accept the person. Forgive and reconcile.

Surely, to love our enemies is a difficult task. That is why we need help, help from the Lord. May we always be steadfast in our faith and keep that prayer communication with the Lord so that peace may reign in our heart and mind.

God bless us all.

Dn. Bernard & Jean

FORMED PICK OF THE WEEK

No Price Too High by Alex Jones

<https://watch.formed.org/videos/no-price-too-high-the-conversion-of-a-pentecostal-pastor-his-congregation-by-alex-jones>



In this stunning real-life drama, discover the sacrificial yet triumphant journey of a man of deep integrity and love for Christ. Reverend Alex Jones promised his congregation a real New Testament worship service. To prepare, he studied the works of the early Church Fathers. The astonishing events that followed culminated not only in his conversion to the Catholic Faith but also that of forty-two members of his flock.



SERVE

Abode Services

Many heartfelt thanks to all the generous parishioners who helped by donating items to fill our laundry baskets with cleaning supplies, toiletries, and monetary donations to purchase supplies.

Holy Spirit Church has been affiliated with Abode's Rapid Rehousing Committee along with over ten different churches and congregations in our area for almost two decades. The mission is to train homeless individuals for jobs and place them and their families into safe housing.

We are sincerely grateful for your continued support of this program.

Art & Environment Ministry: Help Needed

We are looking for more volunteers for our Art & Environment Ministry.

Are you available to help during the weekdays and/or Saturday mornings? The number of volunteer hours will vary depending on the Liturgical season.

Help maintain our inventory of liturgical materials and objects.

We are especially in need of persons able to move and lift large objects (up to 25 lbs.), and we welcome those who have some carpentry and electrical skills.

For more information, contact Judy Young at 510.378.1933

From our Youngest Stewards

I helped someone, I prayed,
I studied my lessons:

Abbey, Celestina, Ellie, Veronica

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Corn
- ⇒ Jelly / Jam
- ⇒ Peanut Butter—16 oz.

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

CGS Catechists Needed

Become a catechist for our Catechesis of the Good Shepherd program here at Holy Spirit Parish.

Help 3- to 6-year-old children to know Jesus and to build a relationship with God.

If interested in becoming a catechist, please contact the Faith Formation Office at 510.456.4974 or faithformation@holyspiritfremont.org. Help is needed on Saturdays, 9:00 to 10:00 am.

Volunteer Artists Needed

Our parish is looking for face painters, balloon artists, and other merry makers for our Easter Egg Hunt on Sunday, April 9, 2023. 9:45 to 10:45 am.

Come share your time and talent—and bring joy to the young children in our parish!

For more information, contact the Parish Office at 510.797.1660 or info@holyspiritfremont.org

Giving

Corner

Sunday, February 5

\$35,759

Special Collection coming up:
Ash Wednesday | February 22

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



Rite for the Burning of the Palms

February 19, 2023

Join us in St. Francis Plaza immediately after the 12:30 pm for the Rite for the Burning of the Palms. The ashes from burnt old palms will be used for Ash Wednesday.

Stations of the Cross

Fridays During Lent

Stations

February 24
March 10, 17, 24, 31
12:00 & 6:30 pm

First Friday

March 3
12:00 pm - Stations
5:30 pm - Exposition and Adoration of the Blessed Sacrament
6:30 pm - Mass immediately followed by Stations

Adoration Chapel Hours Extended

During Lent, we are extending our Adoration Chapel hours so as to allow our parishioners opportunity to spend time with Jesus in the Blessed Sacrament.

Beginning Thursday, February 23, daily hours are 6:00 am to 6:00 pm.

Parish Lenten Mission & Retreat

March 27-28, 2023

To prepare our hearts for Holy Week and Easter, please join us for our Lenten Mission & Retreat, led by the Franciscan Friars of the Renewal.

The retreat will take place in the church, immediately after the 8:15 am Mass and then again at 6:30 pm.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

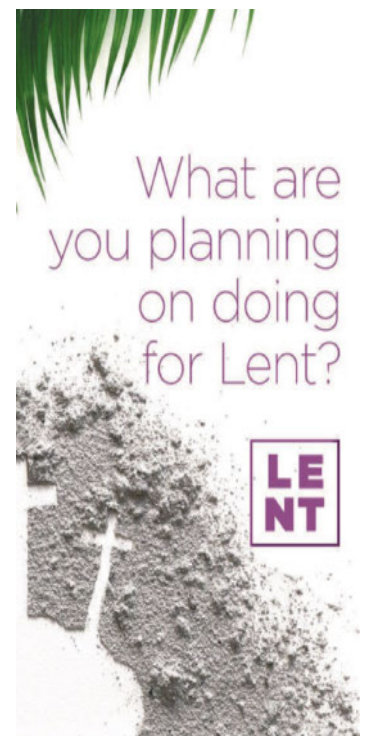
Robert Legier, Jamie Cooley, Audrey Nguyen, Jerry Dilan Soto, Inez Moran, Bernie Hoercher, Lawrence Acosta

Pray for Our Recently Departed

Guadalupe Martin, Joseph Michael Luippold, Tuyet Cao, Shae Steven, Alvin Javier, Corazon Abaya

Birthday Blessings

Ellie Gobel, Candice Javier Letona



24 Hours for the Lord

Exposition & Adoration of the Blessed Sacrament
February 24, 2023 9:00 am to February 25, 2023 3:00 pm

Bishop Michael C. Barber, SJ invites all the faithful in the Diocese of Oakland to observe 24 Hours for the Lord.

Join us in the church, to pray and reflect, to spend time in the presence of Jesus in the Blessed Sacrament. (During this time, the Adoration Chapel will be closed.)

Adoration will pause for Masses and previously scheduled services.



INVITE

Catholic Relief Services Rice Bowls

As part of our Lenten practice of prayer, fasting, and almsgiving, we encourage all the faithful to participate in CRS Rice Bowls once again.

Rice Bowls can be found in the church beginning Ash Wednesday. Turn in your monetary donations by Palm Sunday. You may also go online to make a donation: crsricebowl.org/donate

What you give up for Lent changes lives!

Soup Suppers for Young Adults

Instead of giving up something, let's DO something for Lent!

You are invited to Casa Julie for Soup Suppers on the six Fridays of Lent: February 24; March 3, 10, 17, 24 & 31.

Each night we will view a part of "The Letter", a video invitation from Pope Francis and a reflection on his letter, "Laudato Si". Please RSVP to Sr. Annette at 408.390.7184

Holy Spirit School Crab Feed

February 25, 2023 | 4:30 pm | Parish Center

Holy Spirit School Crab Feed is JUST AROUND THE CORNER! Join us for the return of our annual fundraiser. Enjoy fellowship and good food! Only \$80.00 per person for all-you-can-eat crab! To order tickets, go to <https://myevent.com/HSSCrabFeed>

Filipino Society Meal Deal

February 26, 2023

The Filipino Society will be hosting their \$7 meal deal next Sunday after the morning and 12:30 Masses. Stop by the Parish Center and get a great meal at a deal.

Thank you for your support, and proceeds benefit parish special projects.

Alpha

Alpha is a series of sessions exploring the Christian faith.

Join us for our Lent & Easter series beginning March 1, 2023. Alpha is completely free. Sessions are on Wednesdays, 7:00 to 9:00 pm in the de Sousa House.

For more details, contact dcnriego@holyspiritfremont.org

Men's Hiking Group

Saturday, March 18, 2023

Looking for men to join us for the Father Mathew Vellankal-Holy Spirit Men's Hiking Group!

We will meet at 7:00 am at Coyote Hills in Fremont.

The hike will be followed by fellowship, bagels, coffee & Bible study in the de Sousa House (approximately. 9:00 to 10:00 am).

Contact Tom Fezler for more information: tfezler@ampf.com



Camila, Christian, Gianna, Alea, Celeste



Monday, February 20, 2023

In observance of Presidents Day, the Parish Office and Rectory will be closed. Have a safe holiday!

AROUND THE PARISH



Missionary Families of Christ

MFC Young Couples Group invites all young families and couples to a monthly teaching series every 2nd Friday of the month.

The next session is on March 10, 2023, 7:00-9:00 pm via Zoom:
Meeting ID: 8967649893
Passcode: mfcyc

Strengthen the foundation of faith of your family as the "future of humanity passes by way of the family..." - St. John Paul II on *Familiaris Consortio*

Medjugorje Pilgrimage August 27-September 6, 2023

Join Fr. Thomas Vendetti, LC, on a blessed pilgrimage to the Queen of Peace in Medjugorje.

The cost of \$2595 (dbl. room) includes round trip airfare (from San Francisco), accommodations, daily Holy Mass, guided tours, and breakfast and dinner daily.

For more information, contact Agnes Lilles at 303.638.6301 or lillescolorado@msn.com

Parish Office

Mondays to Fridays
9:00 am to 4:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206
Fr. Edilberto Castañas,
Parochial Vicar
510.456.4965
Fr. Frank Kuwornu
In Residence

Dn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408
Dn. Richard Yee (retd.)

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970
Safe Environment
Peter Scampavia
510.456.4968
Facilities Scheduling
Rosalyn Jose
510.456.4995
Faith Formation &
Youth Ministry
510.456.4974
Music
Paul Orella
510.673.3873

HERE'S THE SITCH... Campus Master Plan Update

After the November 15 Townhall meeting, the overwhelming feedback we received was that, although it would be the ideal project, the proposed master plan didn't fit within a realistic cost or timeline for Holy Spirit. A follow-up meeting with the Campus Master Planning Committee reinforced that sentiment.

It also became clear from our community's feedback that the highest priority projects include a safe playground for school kids, improved campus security in the form of physically closing off the campus, and an expanded preschool.

As a reminder, the master plan was created from the community's participation in the programming process and took into consideration current and future activities as well as priorities. Based on the feedback we received, the general sentiment was that the architect captured the ultimate plan from the data collected; however, it would come with too high a price tag, so compromises need to be considered.

Currently, we are working with the architects to develop a plan that considers the necessary compromises but still incorporates the data collected from the programming activities. We will also work to get accurate estimates of the costs of all aspects of each project.

Please stay tuned for updates as we continue to develop a plan that represents our community's wishes and dreams, which can be realized via a phased approach in a time frame that everyone can get excited about and embrace.

We want to continue to hear from our community to build this roadmap for the future of our parish. Feel free to send comments, suggestions, and thoughts to us: frken@holyspiritfremont.org or jeff@holyspiritfremont.org



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