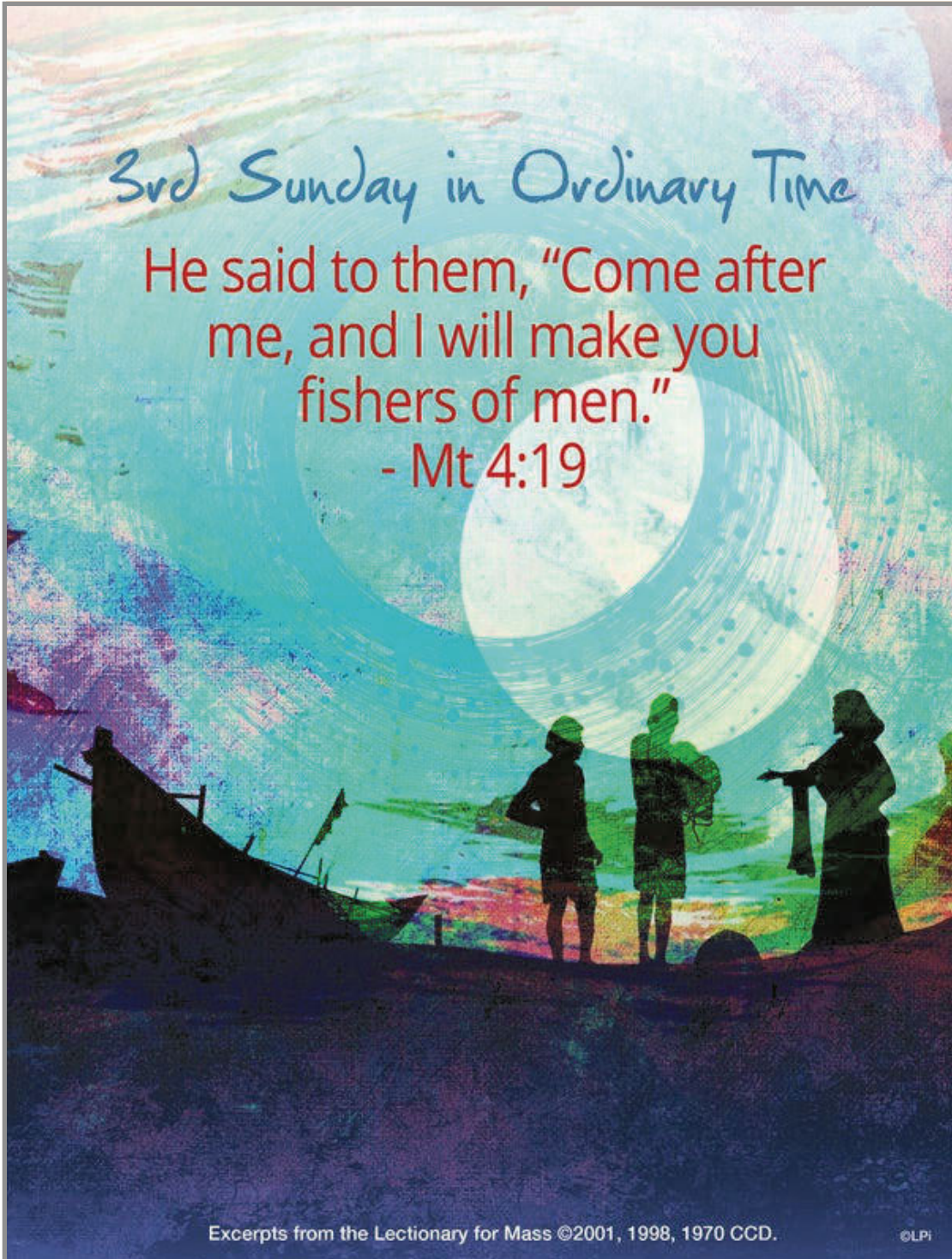




SUNDAY, JANUARY 22, 2023 | THIRD SUNDAY IN ORDINARY TIME



WELCOME

With joy we welcome all who have gathered here with us to worship God.

"How good to sing praise to our God; how pleasant to give fitting praise." (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Mon. to Fri.: 6:00 am to 12:00 pm
Sat.: 9:00 am to 1:00 pm
Sun.: 12:00 to 5:00 pm

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1). All seniors and those who are seriously ill or anticipating surgery are invited to attend.
Next Mass: February 4, 2023

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass
Next Mass: February 3, 2023

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, JANUARY 22 | THIRD SUNDAY IN ORDINARY TIME

Is 8:23—9:3/Ps 27:1,4, 13-14 (1a)/1 Cor 1:10-13, 17/Mt 4:12-23 or 4:12-17

- 5:00 pm (Vigil Mass) Michele Javier-Poma, † Souls in Purgatory
- 7:15 am † Teofilo Bayaca, † Paz Villarosa, † Asunción Velasquez and family
- 9:00 am Ridenbaugh Family, † Veronica Nicholas, † Teresita Pingol, † Elizabeth D. Samson
- 10:45 am Alan Ladrillono, Brian Ignacio, Espiritu Family, † Marie Smith
- 12:30 pm For the People of Holy Spirit Parish
- 5:00 pm Maria de Jesus Garza, † Thobias Serrao

MONDAY, JANUARY 23 | DAY OF PRAYER FOR THE LEGAL PROTECTION OF UNBORN CHILDREN

Heb 9:15, 24-28/Ps 98:1, 2-3ab, 3cd-4, 5-6/Mk 3:22-30

- 7:00 am James L. Herpick, Raymunda Yankiling, † Ambrosio Santos
- 8:15 am † Felisa & Emilio Miller, † Francis Vu, † Ildefonso S. Bernardo

TUESDAY, JANUARY 24 | MEMORIAL OF SAINT FRANCIS DE SALES, BISHOP AND DOCTOR OF THE CHURCH

Heb 10:1-10/Ps 40:2 and 4ab, 708a, 10, 11/Mk 3:31-35

- 7:00 am † Patria Abia Baron, † Kay Matthewson, † Cam Thu-Thuy
- 8:15 am Kimberly Buhay, Jose & Letty Aguirre Family, † Wilfrido J. Trias

WEDNESDAY, JANUARY 25 | FEAST OF THE CONVERSION OF SAINT PAUL, APOSTLE

Acts 22:3-16 or Acts 9:1-22/Ps 117:1bc, 2/Mk 16:15-18

- 7:00 am † Vedasto & Elena Canio, † Clotilde Valerio, † Elodia Torres
- 8:15 am Dennis, Jeff, Michael Nolasco, † Josefa Ocampo, † Yauw Tjwan Kho
- 6:30 pm Liza Araza, † Andy Chan, † Agnes & Bill Brasfield

THURSDAY, JANUARY 26 | MEMORIAL OF SAINTS TIMOTHY AND TITUS, BISHOPS

2 Tm 1:1-8 or Tit 1:1-5/12/Ps 132:1-2, 3-5, 11, 12, 13-14/Mk 4:21-25

- 7:00 am Gerard & Smriti, † Dorothy M. Silva, † Frederick Luke Militante
- 8:15 am Steve Grande Family, Ned Barrett, † Marino Fernandez

FRIDAY, JANUARY 27 | FRIDAY OF THE THIRD WEEK IN ORDINARY TIME

Heb 10:32-39/Ps 37:3-4, 5-6, 23-24, 39-40/Mk 4:26-34

- 7:00 am † Jesus Rasca Aquino, † Pilar Bruno, † Victor Alotaya
- 8:15 am † Agustin Vu, † Mildred McBrian, † Michael Gut

SATURDAY, JANUARY 28 | MEMORIAL OF SAINT THOMAS AQUINAS, PRIEST AND DOCTOR OF THE CHURCH

Heb 11:1-2, 8-19/Lk 1:69-70, 71-72, 73-75/Mk 4:35-41

- 7:00 am † I. Y. Kunju, † Takeshi Kamei, † Josefina & Jose Bernardo
- 8:15 am Lito & Aida Ramos, Janet Mattison, † Christine Vu

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF DN. CHUCK...

When is Ordinary more than ordinary? When it is associated with the Ordinary Time of the Liturgical Year.

No matter how many times I hear that Ordinary Time is not “ordinary” or whenever I hear “Ordinary Time”, it requires me to stop and think. Ordinary Time does not refer to “ordinary” but to the position of the weeks in our Liturgical Year that do not fall into one of the other seasons. The numbers used to show positions are called Ordinals, such as 1st Week, 2nd Week, etc.

So why didn’t they just use the term Ordinal time? Then we probably wouldn’t have to be reminded each year that Ordinary doesn’t mean “ordinary.”

However, no matter what term we use for these weeks, they are not ordinary. These are the weeks that we follow Jesus in his ministries. Each Sunday and during daily weekday Masses, we hear proclaimed about the amazing work that Jesus does during his short period of ministry.

Even the periods when he would rest from his labors were more than ordinary. He went to the desert to rest and was tempted by the devil. He stayed at the well as his Disciples went to get food and he was confronted by a Samaritan woman.

So as we go through this Ordinary Time, take the time to reflect on the not-so-ordinary events in the ministry of the Lord that we hear proclaimed each week.

Dn. Chuck & Sherry

FORMED PICK OF THE WEEK

Changing Sides

<https://watch.formed.org/changing-sides>



Can hearts really be changed on the issue of abortion?

This film tells the powerful true story of the conversion of a dedicated Planned Parenthood director to a leading Pro-life Activist. Abby Johnson was the director of the abortion facility that was the launching pad of the bold new pro-life effort - 40 Days for Life.

Abby believed that she was helping women by working for the nation's largest abortion operation, Planned Parenthood. She quickly rose in the ranks to become the director of an abortion facility and was even given an "Employee of the Year" award.

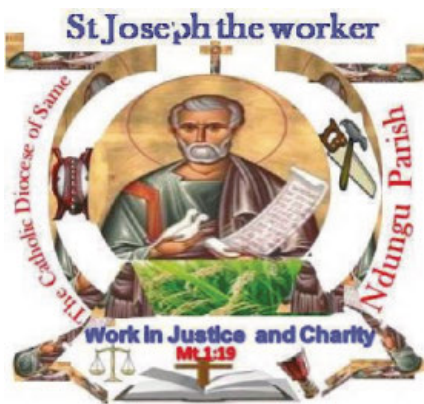


But one Fall morning everything changed.

This film reveals what happens when people pray, fast, sacrifice, love their enemies and take a stand on the most controversial issue of our time - abortion. Fences come down, hearts change, and the love of God shines light in the darkest, most unexpected places.



SERVE



St. Joseph the Worker: Sister Parish Dispatch

Last month, we wired \$32,502 for 73 students and \$3,173 for 8 adult vocational students to the Diocese of Same for the 2023 schoolyear scholarships, benefitting children and young adults of St. Joseph the Worker.

I would like to thank you so much for your donations during the year! I am always humbled by the contributions that you make to our Sister Parish as you live out our Parish Prayer, "... united in faith, mission and service."

I hope you know how much those families appreciate your support and what a blessing it is in their lives.

~ Amy Wilhelm

From our Youngest Stewards

I helped someone, I prayed,
I studied my lessons:

Abbey, Celestina, Ellie, Langston



St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Green Beans
- ⇒ Chef Boyardee / Canned Pasta
- ⇒ Pork & Beans

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Second Collection: St. Vincent de Paul Society

January 21-22, 2023

This weekend's Special Collection benefits St. Vincent de Paul. Your contributions help our less fortunate neighbors with food, utilities, rent, and other emergency needs. Our Society thanks our Holy Spirit families who support us through monetary contributions, pantry food, and prayers.

Thank You!

Thank you for helping to save lives!

A big thank you to all those who were able to donate blood at our Parish Blood Drive Jan. 8. We had a full schedule and with your help, we were able to collect many pints of blood.

Please mark your calendar for our next Blood Drive on Sunday, May 21, 2023. Thank you for taking the time to help others in our community!

Giving

Sunday, January 1 (correction)	\$39,862
Sunday, January 8	\$35,044

Corner

Second Collections coming up:
Holy Spirit School | January 29

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



HERE'S THE WORD...

A Brief Commentary on the Gospel

The Liturgical Year of the Church

There are five Church seasons: Advent, Christmas, Lent, the Paschal Triduum (a three-day season), and Easter. There are also two blocks of "Ordinary Time." Ordinary Time isn't a season; it is a way to describe the weeks between seasons.

The word "ordinary" means regular or plain, but it also means "counted." Ordinal numbers are 1st, 2nd, 3rd, and so on, and this is the meaning of "Ordinary Time", since we count the weeks between the Church's seasons.

The Sundays of the major seasons of the Liturgical Year are distinguished by their relationship to the Solemnities of Christmas (Advent and Christmas) and Easter (Lent and Easter). The other parts of the year called Ordinary Time refer to all the Sundays of the year outside of the Christmas and Easter seasons, which fall under the heading of celebrations of the "Day of the Lord."

The weeks of Ordinary Time number thirty-three or thirty-four depending on the year and are divided into two parts. The first part begins with the Sunday after Epiphany (although the Feast of the Baptism of the Lord perpetually impedes the First Sunday) and continues until Ash Wednesday.

With the date of Easter varying every year, this first part of Ordinary Time may include as few as four weeks and as many as nine weeks. Part II of Ordinary Time begins the day after Pentecost and continues to the Saturday before the First Sunday of Advent.

Each year during Ordinary Time, we read through one of the Gospels. One year we read cycle A, which is the Gospel of St Matthew. The next year we read Cycle B, which is St. Mark's Gospel, and the following year we read St. Luke's Gospel until we repeat the cycle.

"And the Word was made flesh...and dwelt among us."

Peace and Blessings,

Fr. Ken



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

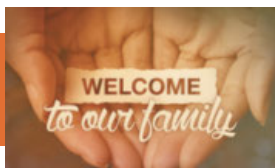
Jorge Trevino, Jr., Maria Espinoza, Elivra Trevino, Robert Leger, Leslie Vega, Bernie Hoercher

Pray for Our Recently Departed

Rudy Lagera, Nenita Maniquis, Magdalena Pascual



DAY OF PRAYER
FOR THE
LEGAL
PROTECTION
OF UNBORN CHILDREN



INVITE

Filipino Society Food Sale

January 22, 2023 | Parish Center

The Filipino Society is hosting their \$7 Meal Deal this Sunday after the morning and 12:30 Masses. Get a great meal at a deal! Proceeds benefit parish special projects. Thank you for your support.

Donate to Abode Services

January 28-29, 2023 | St. Francis Plaza

MJ Johnson and Amy Wilhelm, our parish representatives on Abode's Winter Relief Rapid Re-Housing Committee, will be collecting much-needed household items and personal hygiene products after all the Masses, all of which will go to the less fortunate in our community.

Donations may include: laundry baskets, mops, brooms, laundry detergent, bleach, dryer sheets, paper towels, napkins, sponges, dish soap, gloves, toilet scrub brushes, toilet cleaners, window cleaners, surface cleaners, bath soap, liquid hand soap, toothbrushes, toothpaste, etc.

Your generosity as always is very much appreciated.

Memorial Altar Photos

If you placed a photo of your deceased loved on the November Memorial Altar, please stop by the Parish Office to claim your picture.

Unfortunately, due to a lack of space, we will only keep the remaining photos until January 31, after which they will be disposed of.

Sanctuary Candles—\$7 Each

Purchase your candles—just in time for Candlemas on February 2, 2023—and have them blessed at Mass!

The candles are made of beeswax and burn up to 5 days. Stop by the Parish Office during regular business hours or see one of our sacristans in the Sacristy after Mass.

Holy Spirit School Crab Feed

February 25, 2023 | 4:30 pm | Parish Center

Save the date! Holy Spirit School Crab Feed is BACK! Join us for the return of our annual fundraiser. Enjoy fellowship and good food! Only \$80.00 per person for all-you-can-eat crab! For more information, contact us at HSSCrabFeed@gmail.com

Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. You may drop off your donation at the Parish Office or send by mail. For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

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9 Days for Life

January 19-27, 2023

Please join us as we continue praying the Rosary for Life immediately after the daily 7:00 am Mass and the 7:15 am Sunday Mass.

Also, we invite you to pray the 9 Days for Life Novena for the protection of human life. Each day's intention includes a reflection along with suggested activities and resources.

Go to www.respectlife.org/9-days-for-life for more information.



AROUND THE PARISH



St. Patrick's Seminary & University Discernment Retreat

January 27-29, 2023

Is God calling you? All single men 21+ years are invited to discern a vocation to the priesthood. The weekend conference will be led by Most Rev. Steven J. Lopes, Bishop of the Ordinate of the Chair of St. Peter.

To register, contact Rev. Carl Arcosa at vocations@oakdiocese.org. All meals and lodging provided.

Prison Re-Entry: Healing and Transformation

Jan. 28, 2023 | 10:00 am
Dominican Center

PREP is a Restorative Justice ministry with Archdiocese of Los Angeles, founded by Sister Mary Sean Hodges, OP. Sister Mary Jean will introduce us to three former inmates who will share their powerful stories.

Registration fee: \$30, lunch included. RSVP by January 26, 2023. To register or for more information, go to www.msjdominicans.org or contact 510.933.3546

World Day of the Sick Mass

February 11, 2023 | 11:00 am
The Cathedral of Christ the Light
Oakland

Pope John Paul II promulgated the World Day of the Sick on February 11, 1992. It is a way for believers to offer prayers for those suffering from illnesses.

The day coincides with the commemoration of Our Lady of Lourdes and is a time for those who serve in Catholic health ministry to reflect on caring for those who are sick as well as those who provide care to them.

To mark the 31st Annual World Day of the Sick, join Archbishop Salvatore Cordileone and Bishop Michael C. Barber, SJ as they concelebrate Mass for those seeking God's grace and mercy.

All are invited, all faiths—especially all those suffering and caring for sick, all those seeking God's grace and a life filled with goodness, truth, and beauty.

Nourish—Support for Caregivers

Nourish for Caregivers is a ministry created specifically to offer support to the unique challenges of in-home caregivers. This Christ-centered program brings resources and support to family caregivers who carry both the blessing and burden of providing comfort and healing to people who are ill, suffering, and need special care.

Caregivers can join local and/or national Zoom calls for support ([En Español](#)). Go to <https://oakdiocese.org/catholics-care> for additional information.

Current Schedule of Local Nourish Calls:

1st & 3rd Tuesday (2:00 pm)
3rd Wednesday (7:00 pm)
4th Thursday (7:00 pm)

Local Nourish Calls in Spanish:

2nd & 4th Viernes (7:00 pm)

National Nourish Calls:

Tuesday & Thursday (8:00 am)

Parish Office

Mondays to Fridays
9:00 am to 4:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964

Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206

Fr. Edilberto Castañas,
Parochial Vicar
510.456.4965

Fr. Frank Kuwornu
In Residence

Dn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975

Dn. Chuck Glover,
Pastoral Care
510.789.8652

Dn. Steve Lewellyn, RCIA
510.797.1660

Dn. Bernard Liwanag
510.797.1660

Dn. Tim Roberto, RCIA
510.598.7408

Dn. Richard Yee (ret'd.)

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970

Safe Environment
Peter Scampavia
510.456.4968

Facilities Scheduling
Roselyn Jose
510.456.4995

Faith Formation &
Youth Ministry
510.456.4974

Music
Paul Orella
510.673.3873

Give to Holy Spirit Parish

A wonderful way for you to support Holy Spirit Parish is to leave a bequest in your will. Your gift to our parish can make a meaningful impact on our mission. If you have included or are considering including a gift to the parish as part of your estate plan or in the form of another gift, please let us know. We would like to recognize you for your support.



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