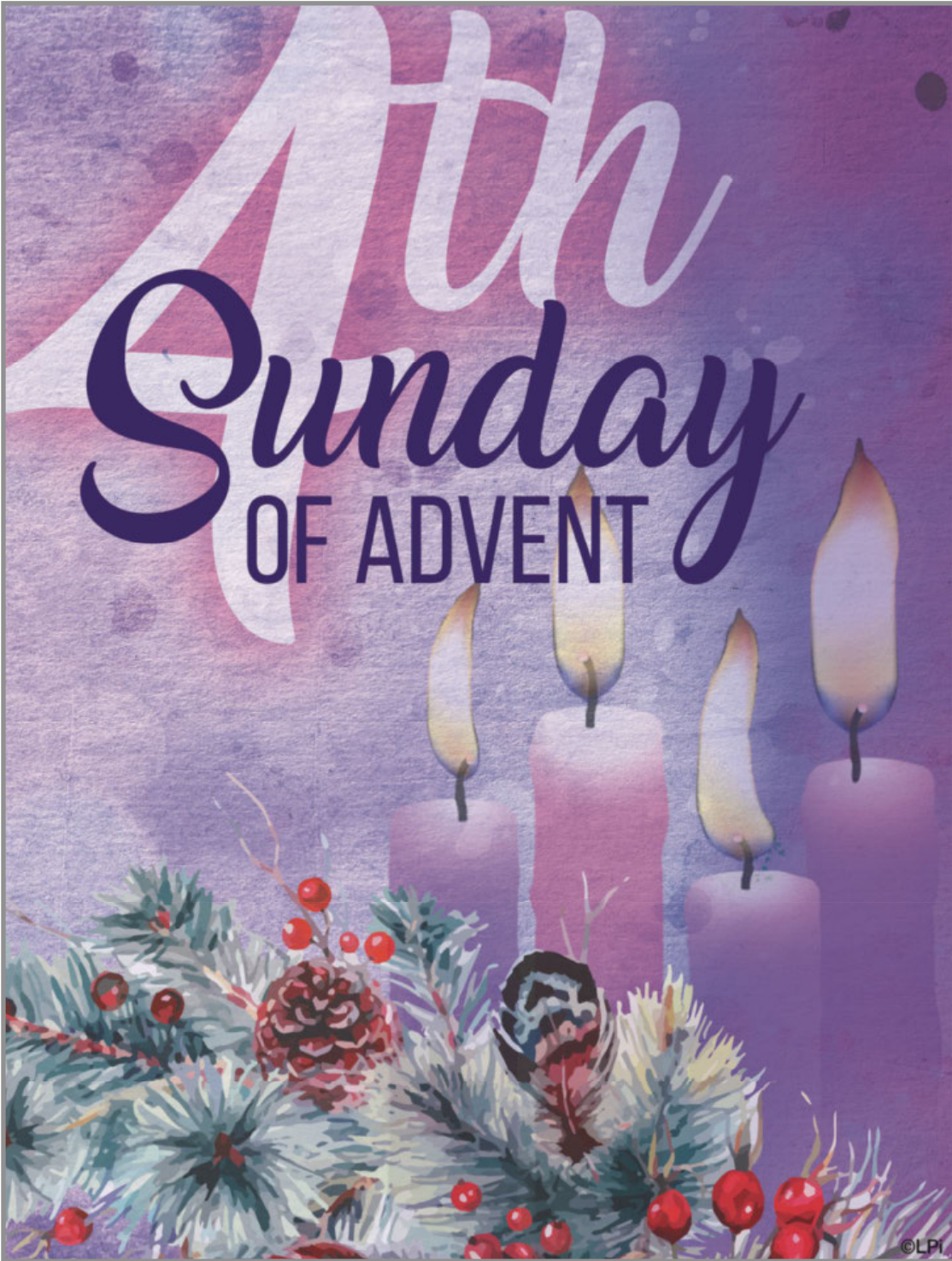




SUNDAY, DECEMBER 18, 2022 | FOURTH SUNDAY OF ADVENT



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am
9:00 am* | 10:45 am*
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Mon. to Fri.: 6:00 am to 12:00 pm
Sat.: 9:00 am to 1:00 pm
Sun.: 12:00 to 5:00 pm

Anointing of the Sick

First Saturday at 12:00 pm (except if it falls on January 1). All seniors and those who are seriously ill or anticipating surgery are invited to attend.

Next Mass: January 7, 2023 (note change)

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass
Next Mass: January 6, 2023

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, DECEMBER 18 | FOURTH SUNDAY OF ADVENT

Is 7:10-14/Ps 24:1-2, 3-4, 5-6 [7c, 10b]/Rom 1:1-7/Mt 1:18-24

5:00 pm (Vigil Mass)	† Sebastian & Concetta Manzitto, † Reynaldo Palacio, † Joemarie Reginald Halog, † Carmen Camacho
7:15 am	† Cora & Brian Duffy, † Eugenia T. Mano, † Ruben Real
9:00 am	Geoffrey Patrick Saturnio, Oscar & Josie De Torres, † Mariano & Steven Ladrillono, † Licerio C. Valencia
10:45 am	For the People of Holy Spirit Parish
12:30 pm	Almeida Fly, † Ememorita Gonzales, † Durante Family, † Joseph & Rose Caldeira
5:00 pm	† Balz & Mary Senn, † Cecil Marzan, † Mary Avila, † Nemesio Avila, † Raul Choa

MONDAY, DECEMBER 19 | MONDAY OF THE FOURTH WEEK OF ADVENT

Jgs 13:2-7, 24-25a/Ps 71:3-4a, 5-6ab, 16-17/Lk 1:5-25

7:00 am	Dovijan Ilijic, † Mary L. Rose, † Ma. Luisa Lopez
8:15 am	† Eufemia Palacio, † Demetrius Drane, † Crescencio Sr. & Anacleta Vasquez Aguilar

TUESDAY, DECEMBER 20 | TUESDAY OF THE FOURTH WEEK OF ADVENT

Is 7:10-14/Ps 24:1-2, 3-4ab, 5-6/Lk 1:26-38

7:00 am	† Robert Yun Yau Lee, † Paul Opper, † Rufina Idos Arenas
8:15 am	† Betty Jennings, † Eduardo & Vicenta Torres Gianan, † Narciso B. Miclat

WEDNESDAY, DECEMBER 21 | WEDNESDAY OF THE FOURTH WEEK OF ADVENT

Sg 2:8-14 or Zep 3:14-18a/Ps 33:2-3, 11-12, 20-21/Lk 1:39-45

7:00 am	† Virginia V. Noguera, † Tom Lopez, † Rufina Idos Arenas
8:15 am	† Rocco Filippone, † Magfedio & Inocencia Raymundo, † Carmen Tolentino
6:30 pm	Clyde Macasero, Henry & Mina Torres, Vivian & Butch Guerrero & children

THURSDAY, DECEMBER 22 | THURSDAY OF THE FOURTH WEEK OF ADVENT

1 Sm 1:24-28/1 Sm 2:1, 4-5, 6-7, 8abcd/Lk 1:46-56

7:00 am	De Jesus Thanksgiving, † Felisa Lim, † Richard & Aida Gargantilla
8:15 am	Fely & Angelo Guerrero & children, † Marquez & Sanchez Family, † Joemarie and Florentino Sr.

FRIDAY, DECEMBER 23 | FRIDAY OF THE FOURTH WEEK OF ADVENT

Mal 3:1-4, 23-24/Ps 25:4-5ab, 8-9, 10 and 14/Lk 1:57-66

7:00 am	Curcuro & Velaquez Living Family Members, † Conrad & Isabel Saturnio † Gregory Miller
8:15 am	† Lemuel Abelgas, † Eugenia T. Mano, Mary Yip & Secky Chiu

SATURDAY, DECEMBER 24 | SATURDAY OF FOURTH WEEK OF ADVENT

Morning: 2 Sm 7:1-5, 8b-12, 14a, 16/Ps 89:2-3, 4-5, 27 and 29/Lk 1:67-79

7:00 am	† Jesus Emmanuel Cueto, † Andrew Ballantyne, † Romeo de Silva
8:15 am	Charlize Macasero, † Jesus Estavillo, † Lydia Gapasin

NOURISH



FROM THE DESK OF DN. RIGO...

There is something amazing about Joseph: his capacity to listen, his humility before the mystery of the angel coming to him in dreams. I have thought about this several times in my life and wondered what it is that I must learn from Joseph's way...

He is the best example of how to become a saint. Be a good listener, be patient, humble OBEDIENT to the prompts of the Lord. Just like Mary, who exemplifies the behavior of the faithful, Joseph also exemplifies the behavior of the faithful.

What is Rigo to do? Pray, listen to the Holy Spirit, do as told...

What do I mean by that? I use the Lectio Divina to pray the rosary.

First, I read aloud a passage of Scripture as I do the rosary, and I usually stick to just one mystery.

Second, I let the Word of God come to me and talk to me directly. I am in silence, waiting for a word, a phrase, a sentence, a paragraph or maybe the full passage that will let me know what it is the Lord wants me to pay attention to this time.

Third, I respond. I pray in my own words and converse with the Lord, seeking His will for me and my vocation for Him. I take my time in dialoguing with Him.

Fourth, I become silent again and quiet my mind as much as possible. I am waiting for His word for me. He wants to talk but usually I do not let Him do so, because I am constantly talking (you do not have to move your lips, you know; your mind is racing most of the time.)

Last, I do what He says.

Try it yourself, you may end up like Mary or Joseph, doing His will and doing it joyfully.

If you have any questions or need more information, come to de Sousa, I will more than joyful to have that conversation with you.

PRAYER TO ST. JOSEPH

TO YOU GOD ENTRUSTED HIS ONLY SON;

IN YOU MARY PLACED HER TRUST;

WITH YOU CHRIST BECAME MAN.

OBTAIN FOR US GRACE, MERCY

AND COURAGE. AMEN.

— POPE FRANCIS



The angel of the Lord appeared to him in a dream and said, "Joseph, son of David, do not be afraid to take Mary your wife into your home. For it is through the Holy Spirit that this child has been conceived in her."

Matthew 1:20





SERVE

St. Joseph the Worker: Sister Parish Dispatch



Here is Happiness Jacob!

She attends St. Rita Primary School and receives a 50% scholarship.

Holy Spirit Blood Drive

Jan. 8, 2023 | Peace Center
8:00 am - 12:00 pm

Because of you, life doesn't stop. Every two seconds, someone in the U.S. needs blood. All healthy donors are urged to donate blood now.

To schedule an appointment, go to donors.vitalant.org. Use the parish's unique blood drive code: holyholy.

Thank you for donating blood so others can live. Each blood donation can help up to 3 people!

Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. You may drop off your donation at the Parish Office or send by mail. For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.



St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Jelly / Jam
- ⇒ Peanut Butter—16 oz.
- ⇒ Ramen Soup—Chicken

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Adorers Needed

Spend time with Jesus in our Adoration Chapel. Become an Adorer! Please contact Juliet at 510.857.7199 to sign up for weekdays. To sign up for weekends, please contact Agnes at 303.638.6301

Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week? Then join our Holy Spirit Parish Office

Ministry as a volunteer receptionist. Contact Josephine at 510.797.1660 or info@holyspiritfremont.org

Eucharistic Ministers to the Sick and Homebound

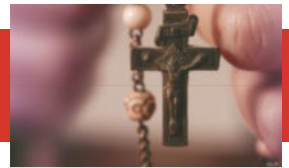
We are in need of more Eucharistic Ministers to the Sick and the Homebound. They bring the Holy Eucharist to those unable to attend Mass.

If you are interested in joining this ministry, please contact Jean Liwanag at brightjg459@gmail.com

Giving	Sunday, December 4	\$35,727
Corner	Second Collections coming up: Diocesan Seminarians January 8	
	Our pledged weekly amount (excluding special collections): \$31,963	

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

Melissa Sanguinetti,
Leticia Dicioco Reyes,
Maria Borillo, Bernie
Hoercher, Ernesto Kong Jr.

Pray for Our Recently Departed

Rev. Richard Gagliardi,
Rodolfo Mina, Felicidad
Javier, Oscar & Carmen
Ocampo

Birthday Blessings

Edna Ahern, Kevin
Anderson, Leanna Nicolas



GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

An entire town is wiped out by fire, a tornado rips through several neighborhoods, a bomb claims a maternity hospital and a sudden heart attack takes the life of a soul mate. Life is unpredictable and dramatic. Many buy into the sad illusion that the securities and familiarities we see around us today will remain forever: our homes, our friends, our spouses, our churches, and even our health. We are stunned and shaken by a sudden change, finding ourselves bewildered, mortified, and even embittered. We do not like change, especially change driven by sources beyond our control. Are there any guarantees in life? We often live as if our lives come with lifetime warranties. When they break, they can be fixed or replaced. Such is not the case. Many things are irreplaceable and unable to be fixed. During life's inevitable chaos, God says: "Do not be afraid." Seriously? How can one not be afraid when things are falling apart?

Fear is normal and it has a purpose. It is unrealistic, and somewhat unhealthy, to strive to live without any fear. Fear teaches us lessons and can be a catalyst to discovering more profound things. What we do with fear and how we understand it is critical. Fear can either cripple us or move us forward. God does not want fear to cripple us. If we look around at all that can change in our lives and consider what we might have to do, we can easily wallow in the mire of self-misery. Or we can step up to the challenge, as Mary did, and do what needs doing! We can stand tall, as did Joseph, and do the right and just thing! What gives us this courage? Faith.

God is with us. This is the focus of our Advent preparations. We need to be reminded that we are not in this alone. God not only made us and loves us, but God keeps us! In the person of Jesus Christ, God is the sign we need to persevere! Do not be afraid and do not be unbelieving! Hold fast to what God has done in giving us His only begotten Son. We do not have to anxiously attempt to control life's unpredictability. God has blessed us with the birth of His Son. Trust that He is with us and will not abandon us, even in death.



INVITE

Christmas Baby

It is a tradition at Holy Spirit to have a child process in for the Christmas Eve Masses to represent the Christ Child.

This is a wonderful tradition that lends great meaning to our Christmas Eve celebration.

The Presider carries the child as the mother and father process in at the same time.

If you have a child between one (1) month and 13 months old by Christmas Day and would like your family to participate in one of our Christmas Eve Mass processions, please contact Justin Ma at jckma90@gmail.com.

The WORD in Other Words Bible Diary | \$20 each

Would you like to deepen your faith in 2023? Are you looking for a meaningful Christmas or New Year gift for your loved ones?

“The WORD in Other Words” contains daily scripture readings and reflections by SVD priests, Blue Sisters, and Pink Sisters in the Philippines.

Purchase a copy from the Parish Office or place your order via email at info@holyspiritfremont.org. We only have a limited number of books—so get your copy right away!

Simbang Gabi

December 15-23, 2022 | 6:30 pm

Join us for our traditional Simbang Gabi Masses in preparation for the coming of Jesus, our Lord and Savior.

To support our Simbang Gabi Novena, please contact:

- **Mass intentions** - Jennie Visitacion, 650.219.6417 or Maryanne Gacusan, 510.289.0382
- **Souvenir booklet** - Bella Asis, 510.791.6121
- **Lector/Eucharistic Minister** - Femy Fonacier, 408.307.0359
- A sign-up sheet can also be found near the church main entrance.

For more information, contact Pat Saturnio at 510.468.7321.

Please note: There is **NO** 5:00 pm Mass on Sunday, December 18. In lieu of the 5:00 pm, we invite you to join us for the Simbang Gabi Mass at 6:30 pm. Thank you for your understanding. We look forward to seeing you at Mass!

Parish Gift Shop & Library

The Parish Gift Shop and Parish Library will be closed on the next two Sundays: Sunday, December 25, 2022 for Christmas and Sunday, January 1, 2023 for New Year's Day. Sunday hours will resume January 8, 2023.



Neviah
Jessica
Noah
Galilea

Christmas Mass Times

Saturday, December 24, 2022 ~ Christmas Eve
2:30 pm, 5:00 pm, and 8:30 pm

12:00 midnight
Carols begin at 11:30 pm

Sunday, December 25, 2022 ~ Christmas Day
7:15 am, 9:00 am, 10:45 am, and 12:30 pm

*Please note: There is **NO** 5:00 pm Mass.*

On behalf of Fr. Ken, Fr. Eddie, Fr. Peter, Fr. Frank, our Clergy and the entire Parish Staff, we wish you and your loved ones a very Blessed and Merry Christmas! See you at Mass!

AROUND THE PARISH



New Year's Eve Vocation Discernment Night

December 31, 2022

3:00 - 8:00 pm

Diocesan Youth Retreat Center,
Lafayette

The day includes meeting diocesan clergy and seminarians, Adoration of the Blessed Sacrament, the Sacrament of Reconciliation, a Q&A session, lunch and dinner.

Register by emailing Father Carl Arcosa at CArcosa@oakdiocese.org. Please note this event is only for men 18 years and older.

Memorial Altar Photos

If you placed a photo of your deceased loved ones on the November Memorial Altar, please stop by the Parish Office to claim your picture.

Diaconate Formation Information Sessions

Bishop Michael C. Barber, SJ, has made the decision to call forth another class for Permanent Deacon formation.

Four information sessions will be held in January for all discerning a call to diaconal ministry.

For more details, go <https://oakdiocese.org/vocations>

Save the Date: Walk for Life Mass

January 21, 2023 | 9:00 am

Cathedral of Christ the Light

All the faithful are invited to join Bishop Michael C. Barber, SJ, as he celebrates Mass in preparation for the Walk for Life West Coast.

After the Mass, participants are encouraged to go as a procession to the San Francisco Walk For Life. All Diocese of Oakland parishes are encouraged to attend. For updates, go to <https://oakdiocese.org/life-justice>

Pilgrimage to the Holy Land & Egypt

March 5-17, 2023

Join Fr. Ken Sales on a pilgrimage to the Holy Land and Egypt!

Experience the Mysteries of the Holy Rosary as we visit holy sites in Bethlehem (including Mary's House, Cana, and the Mount of Olive) and Jerusalem (Via Dolorosa).

The cost (\$3690/double room) includes (but not limited to) airfare, Daily Mass, breakfast and dinner, and deluxe coach transportation.

For more details, stop by the Parish Office or contact Alex Paras at alerrparas68@gmail.com or 510.509.0585.

Parish Office

Mondays to Fridays
9:00 am to 4:00 pm
Saturdays
9:00 am to 12:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206
Fr. Edilberto Castañas,
Parochial Vicar
510.456.4965
Fr. Frank Kuwornu
In Residence

Dn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975
Dn. Chuck Glover,
Pastoral Care
510.789.8652
Dn. Steve Lewellyn, RCIA
510.797.1660
Dn. Bernard Liwanag
510.797.1660
Dn. Tim Roberto, RCIA
510.598.7408
Dn. Richard Yee (retd.)

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970
Safe Environment
Peter Scampavia
510.456.4968
Facilities Scheduling
Rosalyn Jose
510.456.4995
Faith Formation &
Youth Ministry
510.456.4974
Music
Paul Orella
510.673.3873

In observance of Christmas, the Holy Spirit Parish Office will be closed from Friday, December 23, through Monday, December 26, 2022. Regular office hours will resume Tuesday, December 27, 2022.

Have a blessed Christmas!

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