



SUNDAY, SEPTEMBER 4, 2022 | 23RD SUNDAY IN ORDINARY TIME



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“Whoever does not carry his own cross and come after me cannot be my disciple.” - Lk 14:27

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WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am*
9:00 am* | 10:45 am
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
First Friday: 6:30 pm*

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Mon. to Fri.: 6:00 am to 12:00 pm
Sat.: 9:00 am to 1:00 pm
Sun.: 12:00 to 5:00 pm

Anointing of the Sick

First Saturday (except January) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: October 8, 2022

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass
Next Mass: October 7, 2022

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, SEPTEMBER 4 | 23RD SUNDAY IN ORDINARY TIME

Wis 9:13-18b/Ps 90:3-4, 5-6, 12-13, 14-17/Phlm 9-10, 12-17/Lk 14:25-33

- 5:00 pm (Vigil Mass) For the People of Holy Spirit Parish
- 7:15 am † Michael Keily, † Jose G. Reyes, Jr, † Eugenia T. Mano, † Ida Marie Schafer
- 9:00 am Ceferina Dumlaog, Joe & John Ho, † Sulpicia Reamon, † Acerboni/Eppler Family
- 10:45 am Nena Ladrillono, Florante Asis, † Anunciacion Padua, † Jovencio Amantiad
- 12:30 pm Nena Ladrillono, † Tam Nguyen, † Rosita Calo Alcantara, † Thomas Orion & John Mark Castillo
- 5:00 pm † Celia Reyes Ramos, † Aristeo Tesorero, † Maria Hernandez, † Joseph David Cruz

MONDAY, SEPTEMBER 5 | MONDAY OF THE 23RD WEEK IN ORDINARY TIME

1 Cor 5:1-8/Ps 5:5-6, 7, 12/Lk 6:6-11

- 7:00 am Sahar Karim, † Justiniano Regidor, † Maricel Juco Granda
- 8:15 am Orlando Y. Lingad, † Lolita Canada, † Felimi V. Rodis

TUESDAY, SEPTEMBER 6 | TUESDAY OF THE 23RD WEEK IN ORDINARY TIME

1 Cor 6:1-11/Ps 149:1b-2, 3-4, 5-6a and 9b/Lk 6:12-19

- 7:00 am Joseph Gianan Aguilar, Ofelia Marquez, † Greg Tesorero
- 8:15 am Gimenez & Calara Family, † Connie Tellez

WEDNESDAY, SEPTEMBER 7 | WEDNESDAY OF THE 23RD WEEK IN ORDINARY TIME

1 Cor 7:25-31/Ps 45:11-12, 14-15, 16-17/Lk 6:20-26

- 7:00 am † Perla Martin, † Patricia & James Sr Curcuro, † Agripina Goce
- 8:15 am † Pia Fest, † Rosa Marie De Los Reyes, † Rosalinda Oreo
- 6:30 pm † Evangelina Solis

THURSDAY, SEPTEMBER 8 | FEAST OF THE NATIVITY OF THE BLESSED VIRGIN MARY

Mi 5:1-4a or Rom 8:28-30/Ps 13:6ab, 6c/Mt 1:1-16, 18-23 or 1:18-23

- 7:00 am Lalaine Lanuza, Efigenia Gianan Aguilar, † Manuel N. Gallegos Jr.
- 8:15 am † Romeo Monteroso, † Julius Acoba, † Marta Veliz

FRIDAY, SEPTEMBER 9 | MEMORIAL OF SAINT PETER CLAVER, PRIEST

1 Cor 9:16-19, 22b-27/Ps 84:3, 4, 5-6, 12/Lk 6:39-42

- 7:00 am Bella Asis, Deus Suva, † Sonia Supremo
- 8:15 am Raguindin & Motas Family, † Lut Villaresis

SATURDAY, SEPTEMBER 10 | SATURDAY OF THE 23RD WEEK IN ORDINARY TIME

1 Cor 10:14-22/Ps 116:12-13, 17-18/Lk 6:43-49

- 7:00 am Kyle Atikus Isidore Barnes
- 8:15 am † Arlene Poma, † Diane Lewellyn

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

NOURISH



FIRST READING

Who can know God's counsel,
or who can conceive what the LORD
intends? (Wis 9:13)



PSALM

In every age, O Lord, you have been our
refuge. (Ps 90)



SECOND READING

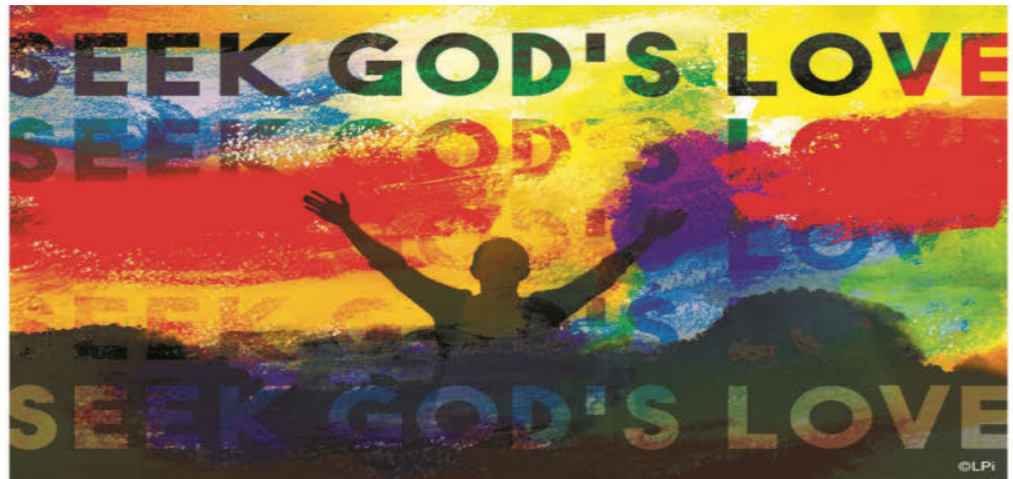
Perhaps this is why he was away from
you for a while,
that you might have him back forever,
no longer as a slave
but more than a slave, a brother.
(Phmn 9:15-16)



GOSPEL

"Anyone of you who does not
renounce all his possessions
cannot be my disciple." (Lk 14:33)

*Excerpts from the Lectionary for Mass ©2001,
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GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

What virtue is the cornerstone of discipleship? Love. Jesus preached about it, lived it, and summarized his greatest commandment featuring it. Love is in our DNA. To follow Jesus, then, is to follow the path of love. While this may appear to be an attractive and easy option, it most assuredly is not. Authentic love always comes with sacrifice. It is the complete giving of oneself to another. The sacrificial character of love always requires that we leave something aside and pursue something else. This is at the heart of self-denial. Love asks us to make choices that are often difficult.

There is a reason Jesus asks that the love of God come first. "Charity is the right attitude of mind which prefers nothing to the knowledge of God. If a man possesses any strong attachment to the things of this earth, he cannot possess true charity (St. Maximus the Confessor)." "If anyone comes to me without hating his father and mother, wife and children, brothers and sisters, and even his own life, he cannot be my disciple." A devoted disciple must be single-minded in her quest for God. She cannot allow anyone or anything to have more power over her soul than God. When any earthly attachments become more important than Love, we can get ourselves into trouble.

The Gospel calls us to walk boldly into the darkness, confusion, and emptiness of the world clothed in the mantle of love. We are asked to walk with others on their journey, offering a supportive, healing, challenging, and faithful presence. Ours is not to judge. To walk this sacrificial journey means that I must put myself aside and focus on the needs of others. "A sacrifice to be real must cost, must hurt and must empty ourselves (St. Teresa of Calcutta)." Love helps us walk straight and focus to see things more clearly and help others to do so as well. Many folks struggle to find joy and meaning in life. People may simply need someone with the freedom to sit with them in their pain, so they don't feel so alone. Through acts of kindness, gestures of acceptance, and words of compassion, burdens can be lightened. Believe in God's love and seek it above all other things!

“Whoever does not carry his own cross and come
after me cannot be my disciple.”

Luke 14:27





SERVE

St. Joseph the Worker: Sister Parish Dispatch

Our parishioner Conrad Sathiananyhen brought gifts for St. Joseph the Worker families.

St. Joseph the Worker youth seen here wearing t-shirts from last fall's Confirmation retreat.



Special Collection: Diocesan Priest Retirement Trust

September 10-11, 2022

It is that time once again when we are reminded of the need to support our retired priests. Diocesan priests play an important role doing relief work with their fellow priests, celebrating Mass and being called into service whenever needed. After years of parish leadership, the retired priests not only continue to serve but are able to enjoy a life of prayer, study and creative endeavors. Your generosity is a way to thank and honor these priests, who have dedicated their lives to serving.

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Spaghetti Sauce
- ⇒ Spaghetti Noodles—not wheat
- ⇒ Tomato Sauce

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Eucharistic Ministers to the Sick and Homebound

We are in need of more Eucharistic Ministers to the Sick and the Homebound. They bring the Holy Eucharist to those unable to attend Mass.

If you are interested in joining this ministry, please contact Jean Liwanag at brightjg459@gmail.com

Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week?

Then join our Holy Spirit Parish Office Ministry as a volunteer receptionist.

Contact Sahaya Josephine at info@holyspiritfremont.org or 510.797.1660.

Giving

Sunday, August 21

\$29,497

Corner

Special Collections coming up:

Diocesan Priest Retirement Trust | September 11

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



HERE'S THE WORD...

A Brief Commentary on the Gospel

23rd SUNDAY IN ORDINARY TIME (Cycle C)

Readings: Wisdom 9:13-18b; Psalm 90:3-6, 12-14, 17; Philemon 9-10, 12-17; Luke 14:25-33

Wisdom, Prudence, and the Demands of Discipleship

Wisdom and prudence are necessary skills for maneuvering through the obstacles of life. However, one cannot capture wisdom's depths and heights from books or even from life experience. This gift comes from God and leads to prudence in one's thoughts and actions through the guidance of the Holy Spirit. The first reading and the Gospel deal with the themes of wisdom and prudence.

In the First Reading, the inspired writer tells us that through their own merits, men and women cannot attain the wisdom of God because our reasoning powers are limited. Humankind is often led astray in its pursuit of wisdom by the temptations and cares of earthly life. True wisdom is a gift of the Holy Spirit that God sends from on high. With the miracle of the Incarnation of God the Son, we now recognize the blessings of true wisdom as manifest in the Word made flesh, Jesus Christ. By overcoming the curse of death and having brought the gift of God's saving grace to humanity, Jesus Christ has revealed Himself as the true Wisdom of God through whom our Lord reveals Himself to the world.

In the Psalm, the psalmist reflects upon the fact that only God can provide the wisdom that allows one to make sense of human life that is both short and marked by troubles and sufferings. The psalmist asks God to give His people an internal wisdom "of heart" and to "return" by revealing Himself again to His people, as He revealed Himself to the Exodus generation. The Advent of the Messiah, Jesus Christ, the Living Wisdom of God, fulfills the psalmist's plea for the Lord to return to an intimate relationship with His people.

In the Second Reading, St. Paul admits that in the wisdom of the times, slavery is a legal institution. However, while Paul is sending back Philemon's slave, who is also a Christian, he urges that, in light of their conversion to Christianity, and since they both view themselves as disciples of Christ, that master and slave should live as brothers who serve the same Master, Jesus Christ.

In the Gospel reading, Jesus says that anyone who is not willing to renounce all worldly possessions cannot become His disciple. One cannot belong to both the world and to Christ. Each person must prudently count the cost of discipleship; he or she must also have the wisdom to understand that what is worldly and material is only temporary and therefore cannot last. The wisdom of making the willing sacrifice of one's life in discipleship to Jesus Christ will result in the glorious riches of eternal blessings.

"And the Word was made flesh...and dwelt among us."

- Fr. Ken



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

Linda Agbuya, Anthony Alvarez, Lesli Griffiths, Adrian Javier, Sherry Higgs, Dorita Cornejo, Dona Schlueter

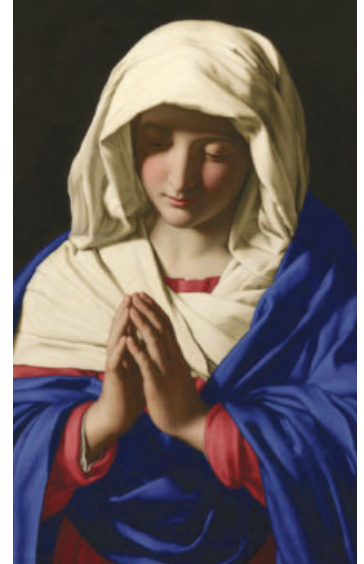
Pray for Our Recently Departed

Ligaya Romero, Adam Reeves Lewis, Rosario Falcon, Edgar Capistrano, Jesus Casio

Birthday Blessings

Cassidy Quilalang, Andrew C. Javier III

Nativity of the Blessed Virgin Mary





INVITE

Parish & School Fence Project

We are looking to put up wrought iron fencing around the campus. If you are a contractor and interested in submitting a bid or know anyone in the trade, please contact Jeff Van der Sluis at jeff@holyspiritfremont.org.

Our Lady of Velankanni

In anticipation of the Feast of Our Lady of Velankanni, we invite our parishioners to join us...

Now through September 7: Novena after Mass (Sun 7:15 am; Mon-Sat 7:00 am)

September 17: Feast Day observed at the 5:00 pm Mass

Knights of Columbus: "Into the Breach"

September 7, 2022 | 9:00 am
Fireside Lounge

What does it mean to be a Catholic Christian man and live in today's world? Catholic men 18+ years old are invited to a screening and discussion of "Into the Breach". Contact Albert Leano at 310.867.3266 for details.

Town Hall Forum: Respect Life

September 7, 2022 | 7:00 pm | Zoom

Catholics believe in protecting life at every age in every stage. California Bishops oppose any legislative efforts to expand abortion and allow for tax-payer funded late-term abortions.

Join resource speaker Molly Sheahan for a town hall session. Ms. Sheahan is the Associate Director for Respect Life at the California Catholic Conference, the official public policy voice of the Catholic Church in California.

**ZOOM info: Meeting ID: 896 5550 5226
Passcode: 109343**

Filipino Society Meal Deal

September 11, 2022

The Filipino Society will be hosting their \$7 meal deal next Sunday after the morning and 12:30 Masses. Stop by the Parish Center. Email us at hsfs.communications@gmail.com for large orders by Thursday, September 8. Proceeds benefit parish special projects.



Angelo, Aria, Lennon,
Sameera, Camila, Jayden

Faith Formation Registration for 2022-2023

Registration is now open for preschool-age children (CGS), Grades 1-12, and adults—including First Communion, Confirmation, ongoing religious education, and RCIA.

To register, go to our parish website - <https://holyspiritfremont.org/> - and look for the "Faith Formation" tab. You may also register in person—visit us at the de Sousa House, Mondays to Thursdays, 9:00 am to 5:00 pm.

Payment plans and scholarships available. Contact us at faithformation@holyspiritfremont.org if you have any questions.

AROUND THE PARISH



International Rosary

The International Rosary celebration will be held on Thursday, October 13, 2022 after the Our Lady of Fatima Mass at 6:30pm.

We are looking for volunteers to pray the holy rosary with us. If you are interested in reciting the Hail Mary in your native language, contact Marina at 510.792.9621 or Bella at 510.791.6121.

Women Gather

September 17, 2022

Would you like to meet with other women to share your faith and be supported in your spiritual journey?

Join us for Women Gather on Saturday, September 17. Prayer begins at 10:00 am followed by potluck lunch and an afternoon of service.

Please RSVP to Sr. Annette at 408.390.7184. Please call for more information, address, or other details.

Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. You may drop off your donation at the Parish Office or send by mail. For information or special requests, text Judy Young at 510.378.1933.

2023 Mass Intentions

We have begun accepting and processing 2023 Mass Intention requests. Download the Mass Intention request form on our website - <https://holyspiritfremont.org/mass-intentions/> - or pick up a blank form at the Parish Office.

Please ensure that your request form is completely filled out. Any missing information may delay of processing your requests. And please be sure to include your stipend offering.

Due to our large, prayerful community here at Holy Spirit, requests are absolutely FIRST COME, FIRST SERVED! We will process requests according to the date the request was received.

Parish Office

Mondays to Fridays
9:00 am to 4:00 pm
Sundays
9:00 am to 2:00 pm

Parish Gift Shop

Sundays
8:30 am to 2:30 pm

Parish Library

Sundays
9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964

Fr. Peter Lawongkerd,
Parochial Vicar

510.797.1660, ext. 206

Fr. Edilberto Castañas,
Parochial Vicar

510.456.4965
Fr. Frank Kuwornu
In Residence

Dn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975

Dn. Chuck Glover,
Pastoral Care
510.789.8652

Dn. Steve Lewellyn, RCIA
510.797.1660

Dn. Bernard Liwanag
510.797.1660

Dn. Tim Roberto, RCIA
510.598.7408

Dn. Richard Yee (ret'd.)

Departments

Business/Maintenance

Jeff Van der Sluis
510.456.4970

Safe Environment
Peter Scampavia
510.456.4968

Facilities Scheduling
Rosalyn Jose
510.456.4995

Faith Formation &
Youth Ministry
510.456.4974

Music
Paul Orella
510.673.3873

In observance of Labor Day, the Parish Office and all parish departments will be closed on Monday, September 5, 2022.

On behalf of our clergy and staff, have a safe holiday.





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