

IN SPIRIT AND TRUTH: THE MASS



Profession of Faith

This is article 7 of 21 of the Mass series

In the Liturgy of the word after the homily and a brief silence, the congregation recites the Creed.

The “Apostles' Creed is the faith of the Church professed personally by each believer and Nicene Creed is the faith of the Church confessed by the liturgical assembly of believers.” (ccc 166). The Nicene Creed was established by the Ecumenical church in 325 A.D followed by the Apostles Creed (Reardon J, 2008). The Nicene Creed is recited at all Sunday Masses and Solemnities. The Apostle’s Creed is prayed during Lent and Eastertide (Pope Francis, 2018).

Creed means a system of Christian beliefs. From the very beginning, the church has professed belief in our Lord, crucified and risen. The profession of faith in the creed includes what Jesus Christ said, His works, and the knowledge received at the promptings of the Holy Spirit. The content has stood the test of time and has become an irreplaceable inheritance (Ratzinger & Bertone, 1998).

Reciting the creed:

1. Gives life to the church and leads her into the fullness of the truth through the Holy Spirit (Ratzinger & Bertone, 1998).
2. We respond to what we have heard and received in the Bible readings and homily. “It bridges the sacraments of Baptism and Eucharist” (Pope Francis, 2018).
3. Renews our Baptismal Vows
4. Reflects a commitment aided by Baptism to stay strong through life’s trials and temptations (Pope Francis, 2018)

Let us profess this universal Christian prayer, to proclaim the Word of God and prepare for the Eucharist and life.