



# HOLY SPIRIT FREMONT

SUNDAY, MAY 29, 2022 | SEVENTH SUNDAY OF EASTER



*The Ascension of the Lord*

## WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

## CONTACT

37588 Fremont Blvd.  
Fremont, CA 94536  
Parish: 510.797.1660  
School: 510.793.3553  
Preschool: 510.793.2013  
info@holyspiritfremont.org  
holyspiritfremont.org

## MASS SCHEDULE

### Weekend

Saturday: 7:00\* & 8:15 am  
Saturday Vigil: 5:00 pm  
Sunday: 7:15 am\*  
9:00 am\* | 10:45 am  
12:30 pm | 5:00 pm

### Weekday

Mon.-Fri.: 7:00\* & 8:15 am  
Wednesday: 6:30 pm  
First Friday: 6:30 pm\*

\*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



# WORSHIP

## OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

## Confession

Saturday: 3:30 pm  
Thursday before First Friday:  
3:30 pm  
Weekdays: call for an appt.

## Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.  
Mon. to Fri.: 6:00 am to 12:00 pm  
Sat.: Closed thru June 4, 2022  
Sun.: 12:00 to 5:00 pm

## Anointing of the Sick

First Saturday (except January) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.  
Next Mass: June 4, 2022

## Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or [holyspiritfremont.org](http://holyspiritfremont.org)

## First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass  
Next Mass: June 3, 2022

## Mass Intentions

To request a Mass, contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or 510.797.1660

## New to Holy Spirit?

Welcome! To register, contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or go to [holyspiritfremont.org/join-our-community](http://holyspiritfremont.org/join-our-community)

## Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

### SUNDAY, MAY 29 | THE ASCENSION OF THE LORD / SEVENTH SUNDAY OF EASTER

Ascension: Acts 1:1-11/ Ps 47:2-3, 6-7, 8-9 [6]/Eph 1:17-23 or Heb 9:24-28; 10:19-23/Lk 24:46-53 / Seventh Sunday of Easter: Acts 7:55-60/Ps 97:1-2, 6-7, 9 [1a, 9a]/Rv 22:12-14, 16-17, 20/Jn 17:20-26

5:00 pm (Vigil Mass)	† Mary Jane Herrera-Raya, † John Mariano Herrera, † Jose Souza, † Souls in Purgatory
7:15 am	† Lauro M. Carreon, † Charles & Jennie Allen, † Eugenia T. Mano, † Carlos Marbella
9:00 am	Vanessa Barrett, † James Sanderson, † Aquilino Domingo, † Sophie Longarini
10:45 am	Nestor Villamor & Family, Paulina Torres, † Juana & Flaviano Reduque, † Ememorita Gonzales
12:30 pm	For the People of Holy Spirit Parish
5:00 pm	† Florencio Jun Medina, † Cecila Diaz Molina, † Albert Caces, † Steve Varholik

### MONDAY, MAY 30 | MONDAY OF THE SEVENTH WEEK OF EASTER

Acts 19:1-8/Ps 68:2-3ab, 4-5acd, 6-7ab/Jn 16:29-33

7:00 am	Liliana Munoz, † Lody V. Cangayda, † Rodolfo B. Canio, † Theresa Sementer
8:15 am	Evans Wang, † Lucila Concepcion, † Orides Prando

### TUESDAY, MAY 31 | FEAST OF THE VISITATION OF THE BLESSED VIRGIN MARY

Zep 3:14-18a or Rom 12:9-16/Is 12:2-3, 4bcd, 5-6/Lk 1:39-56

7:00 am	Ted C. Domingo, † Petronila Domingo, † Joseph V. Shagday
8:15 am	† Petronila Domingo, † Patricia Ahern, † Helton Garcia

### WEDNESDAY, JUNE 1 | MEMORIAL OF SAINT JUSTIN, MARTYR

Acts 20:28-38/Ps 68:29-30, 33-35a, 35bc-36ab/Jn 17:11b-19

7:00 am	Ida Pasaoa, † Franz Jost, † Nicolas, Alfredo & Hermilo Cabrera
8:15 am	Brenda DeCosta, † Orlando Garcia, † Cristina Dikitanan
6:30 pm	† John P. McQueen, † Demetria Domingo, † Maxine Marzan

### THURSDAY, JUNE 2 | THURSDAY OF THE SEVENTH WEEK OF EASTER

Acts 22:30; 23:6-11/Ps 16:1-2a and 5, 7-8, 9-10, 11/Jn 17:20-26

7:00 am	Elena Velasco, † Violeta Abar, † Felicitas Calicdan
8:15 am	† Francisco Macasero, † Alonzo Pineda & Vincent Pineda, † Ernestine Pineda

### FRIDAY, JUNE 3 | MEMORIAL OF ST. CHARLES LWANGA & COMPANIONS, MARTYRS

Acts 25:13b-21/Ps 103:1-2, 11-12, 19-20ab/Jn 21:15-19

7:00 am	Marissa Reyes, † Domingo Marquez, † Oscar & Flores Tanada
8:15 am	Elaine D'sa, William Robins, † Adriano Alimagno
6:30 pm	† Maria Estrella Santos, † Corazon Rivera, † Alejandro Marquez

### SATURDAY, JUNE 4 | SATURDAY OF THE SEVENTH WEEK OF EASTER

Morning: Acts 28:16-20, 30-31/Ps 11:4, 5 and 7/Jn 21:20-25

7:00 am	Obinna Mbah, † Michael Balinagay, † Tseng Fa Jiang
8:15 am	Melissa Villo, Melanie Mary DSilva, † Francis Swaminathan
12:00 pm	Jessie Marquez, † Corazon Rivera, † Benjamin Gabel



## FROM THE DESK OF FR. KEN...

Ascension of the Lord - Glorious  
Yet Still with Us

When someone good and close to us has died, we feel that this person is still with us and keeps inspiring and guiding us. Upon His Ascension when He left His disciples and passed to the glory of heaven, Jesus became more than a memory of a great person who had died. First, He is still alive as the Risen Lord. Second, He is gone but He stays with us by His Spirit of strength and wisdom and love. In this way, He is our companion in life. He still speaks His word to us, and He still gives Himself to us as our food and drink. He is alive in our communities. Listen to Him present among us here and let Him nourish us with His word and His body.

### An End and a New Beginning

Jesus showed us the way – in His preaching and the way He lived. And this is what should inspire us, this is how we should live, like Jesus. In His death He showed us the way of faithful love. He was the first to rise from the dead and gave us the assurance that we, too, will rise. In His ascension, He went ahead of us to live in the joy of the Father. In all these steps He is a living invitation: Come, follow me where I go. I am waiting for you after you have continued my

work. In this Eucharist we say in the Creed: “I believe in the resurrection of the dead and the life everlasting.”

The Lord Jesus tells us, as He told the apostles: “Be my witnesses to the whole world.” Let us not stare at heaven but be His message of hope to people on earth by the way we live His gospel.

And let us ask for God’s blessing...

**May we bring the Lord’s message to our time  
and to our people.**

**R/ Amen.**

**May he go about doing good through us and  
may we make him visible today.**

**R/ Amen.**

**May he stay with us through his Spirit now  
and till the end of time.**

**R/ Amen.**

**And may almighty God bless you all, the  
Father, and the Son, and the Holy Spirit.**

**R/ Amen.**

**Go in peace to love and serve the Lord in the  
people around us.**

**R/ Thanks be to God.**

Yours in Christ,

Fr. Ken

**“I** have given them the glory you gave me, so that they may be one, as we are one, I in them and you in me, that they may be brought to perfection as one.” Jn 17:22-23a





# SERVE

## St. Joseph the Worker: Sister Parish Dispatch

The Chicken Coop project is near completion.

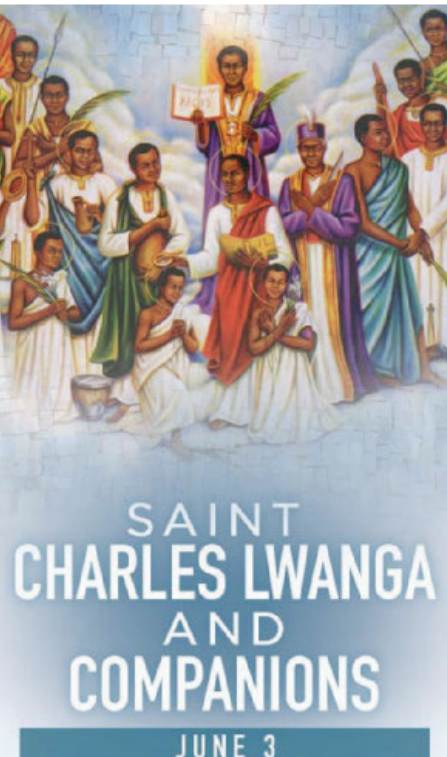


Due to material shortages, the wiring/electrical system, feeders, and water system still need to be finished.



There are 110 chicks and 15 chickens housed.

The outside walls are awaiting sand and cement.



## St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Spaghetti Sauce
- ⇒ Spaghetti Noodles—not wheat
- ⇒ Tomato Sauce

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

### Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week?

Then join our Holy Spirit Parish Office Ministry as a volunteer receptionist.

Contact Sahaya Josephine at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or 510.797.1660.

### Eucharistic Ministers Needed

We are in need of new Eucharistic Ministers for the 5:00 pm Mass on Sundays.

Contact Dee Francisco at [Dee.francisco3@yahoo.com](mailto:Dee.francisco3@yahoo.com) if you are interested in joining this ministry.

### Giving

Sunday, May 15

\$26,606

Special Collections coming up:  
Holy Father (Peter's Pence) | June 26

Our pledged weekly amount (excluding special collections):  
\$31,963

Corner

### PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

# PRAY



**Mass of Thanksgiving with Fr. Ramon Urbina**  
May 29, 2022

Please join us at the 12:30 pm Mass as the newly ordained Father Ramon celebrates the Mass of Thanksgiving with the faithful here at Holy Spirit Parish.

## St. Queen Isabella Coronation Mass

Join us at the 12:30 pm Mass on Pentecost Sunday, June 5, when we crown our 2022 St. Queen Isabella, Maegan Lundag. Then join us after Mass at our Parish Festival.

## Synod Closing Liturgy Mass

June 8, 2022 | 7:00 pm  
Cathedral of Christ the Light, Oakland

Bishop Barber will celebrate the closing liturgy Mass of the Diocesan Synod Process. All are welcome. For more information, go to <https://oakdiocese.org/synod>

## Women Gather

June 11, 2022 | Casa Julie

You are invited to join Women Gather. We encourage you to arrive between 9:30 and 10:00 am so we can meet and greet one another before prayer begins. Prayer begins at 10:00 am, followed by lunch and an afternoon of service tending the earth. Space is limited. Contact Sr. Annette at 408.390.7184 to register or for more information.

## Adoration Chapel

The Chapel is closed on Saturdays through June 4, 2022. Saturday hours will resume June 11.

## Our Lady of Fatima

June to October 2022 | 6:30 pm

Join us for Mass in honor of Our Lady of Fatima on the 13th of each month (except for August).

Masses are on: June, 13; July 13; August 12; September 13; and October 13 (which will be followed by International Rosary).



Pray For...

Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

## Pray for Our Sick

Bernie Hoercher, Thea Cole, Charlie Glover, Tony Castaneda, Maria Guevarra

## Pray for Our Recently Departed

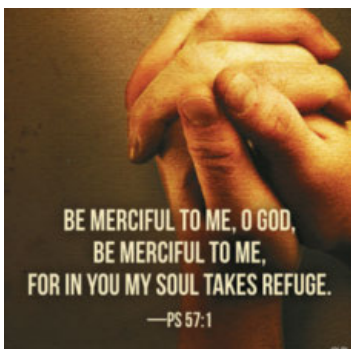
Elias Pereda, Angelo Alotaya, Manuel Alcantar, Ronald Sotelo, Felix Lopez, Brian Castanas, Eneida Gonzalez, Norma Deyro, Ofelia Quinto Gonzales, Cordelia Bautista, Wes Hunter, Teodoro Santos Garcia

## Wedding Anniversary Blessings

Primo & Cecilia Barcenas

## Birthday Blessings

Dn. Tim Roberto



**T**hat those who have given their lives in the service of our country may rejoice for all eternity in the glory of God's reign. *We pray to the Lord...*



# INVITE

## Holy Spirit Parish Raffle

Get your Raffle Tickets before they're all sold out! The Grand Prize is \$2000!!! And the second and third prizes are \$1000 and \$500 respectively. Stop by St. Francis Plaza after Mass to purchase your tickets—or see us in the Parish Office. Tickets are also sold through our various parish ministries.

## Filipino Society Meal Deal

May 29, 2022 | Parish Center

The Filipino Society is hosting their \$7 meal deal after the morning and 12:30 Masses. Proceeds benefit parish special projects. Thank you for your support.

## Publicity Requests

Please submit any/all publicity requests (e.g., bulletin, Holy Spirit Happenings, etc.) via our parish website at <https://holyspiritfremont.org/publicityrequest/>

Requests must be submitted at least 2 weeks prior to the publication date. Please note: Selecting a Sunday does not guarantee publication on that weekend. Publication of an announcement is at the pastor's discretion.

## Memorial Day

May 30, 2022

We honor, remember, and thank all those who served. In observance of Memorial Day, all parish departments are closed on Monday, May 30. Regular office hours will resume Tuesday, May 31. On behalf of Father Ken, our clergy, and parish staff, we pray that you and your family have a safe holiday.

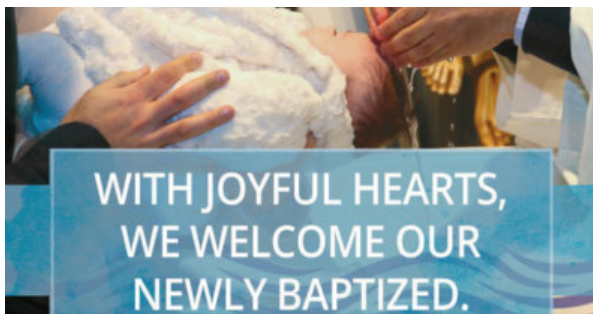
## Holy Spirit Preschool—Now Enrolling!

Come and join our preschool family! Just a few spots left! We are now accepting applications for our 2022-2023 school year. Our preschool offers a variety of opportunities for your child to learn and play! To be eligible, your child must be 3 years old by September 1, 2022, and fully potty trained. Contact Ms. Cecilia at 510.793.2013 or email [hspschool@csdo.org](mailto:hspschool@csdo.org)

## Join Our Moms Group

Tuesdays | 9:00 am | de Sousa House

Join us every Tuesday morning for a moms group. Kids are welcome! Bring toys and snacks, and join other Catholic moms for fellowship and community. No registration needed, just stop by.



Adrian, Ambrielle, Leone, Skylar, Amelia, Maleia, Joe, Bella, Tristan

## Father's Day Gift

We are now selling St. Joseph mugs—with a few goodies inside!

Makes for a great Father's Day gift.

Each mug is \$10. To purchase, stop by the Parish Office during regular business hours.



# AROUND THE PARISH



## Holy Spirit Annual Parish Festival



Pentecost Sunday  
June 5, 2022  
8:00 am to 2:30 pm

Enjoy fellowship, great food,  
and entertainment  
in celebration of the  
136th Anniversary of our parish!

Order your Grab & Go meals  
<https://holy-spirit-festival.square.site/>

### Parish Office

Mondays to Fridays  
9:00 am to 4:00 pm  
Sundays  
9:00 am to 2:00 pm

### Parish Gift Shop

Sundays  
8:30 am to 2:30 pm

### Parish Library

Sundays  
9:00 am to 12:30 pm

### Clergy

Fr. Kenneth L. Sales, Pastor  
510.456.4964  
Fr. Peter Lawongkerd,  
Parochial Vicar  
510.797.1660, ext. 206  
Fr. Edilberto Castañas,  
Parochial Vicar  
510.456.4965  
Fr. Frank Kuwornu  
In Residence

Dn. Rigo Cabezas,  
Dir. of Rel. Ed.  
510.456.4975  
Dn. Chuck Glover,  
Pastoral Care  
510.789.8652  
Dn. Steve Lewellyn, RCIA  
510.797.1660  
Dn. Bernard Liwanag  
510.797.1660  
Dn. Tim Roberto, RCIA  
510.598.7408  
Dn. Ramon Urbina  
510.797.1660  
Dn. Richard Yee (retd.)

### Departments

Business/Maintenance  
Jeff Van der Sluis  
510.456.4970  
Safe Environment  
Peter Scampavia  
510.456.4968  
Facilities Scheduling  
Rosalyn Jose  
510.456.4995  
Faith Formation &  
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510.456.4974  
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