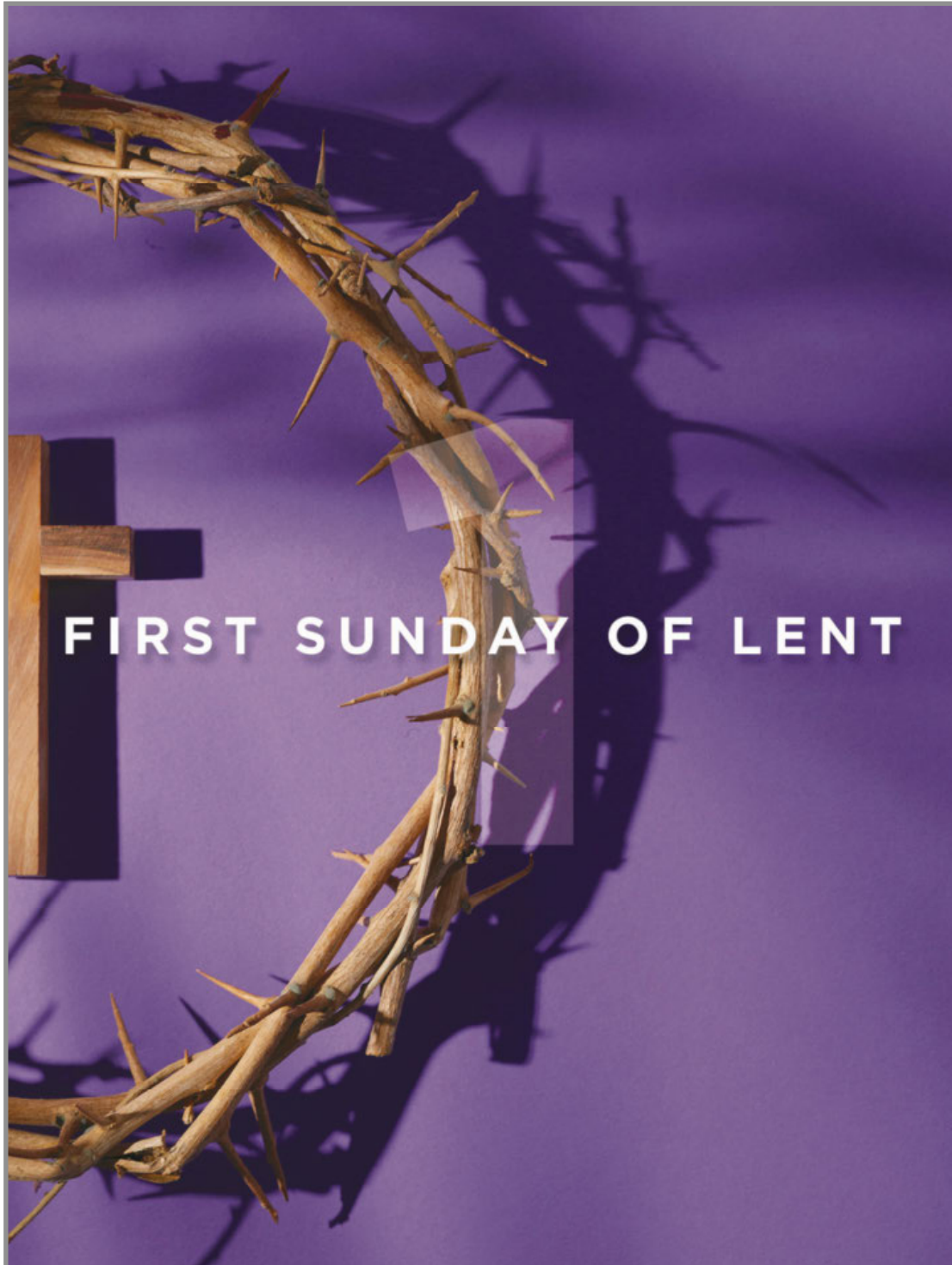




SUNDAY, MARCH 6, 2022 | FIRST SUNDAY OF LENT



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am*
9:00 am* | 10:45 am
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm*
First Friday: 6:30 pm*

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Mon. to Fri.: 6:00 am to 12:00 pm
Sat.: 9:00 am to 1:00 pm
Sun.: 12:00 to 5:00 pm

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: April 2, 2022

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass
Next Mass: April 1, 2022

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, MARCH 6 | FIRST SUNDAY OF LENT

Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 [cf. 15b]/Rom 10:8-13/Lk 4:1-13

- 5:00 pm Vigil Mass) Joan Flannigan, Jerry Saklad, † Sebastian & Concetta Manzitto, † Souls in Purgatory
- 7:15 am Nicholi Reece, Capristo Family, Orlando Minas Eballo Jr., † Emilio Tenghal
- 9:00 am Ventura Family, De Los Reyes Family, † Sam Mitchell, † Vivian Inoue & Purification Sales
- 10:45 am Ruffy Gacula, † Moises & Maria Miranda, † Oscar & Jocelyn Ferrer, † Lorna Arachea
- 12:30 pm For the People of Holy Spirit Parish
- 5:00 pm Ava Almanzor, † Ruth & William Quinn Nicholson, † Eugenia T. Mano, † Florentina Villo

MONDAY, MARCH 7 | MONDAY OF THE FIRST WEEK OF LENT

Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46

- 7:00 am Virginia Dow, Orlando Minas Eballo Jr., † Veronica C. Sandoval
- 8:15 am † Victoria Pavlakovich, † Agustine Vu, † Carina Torres

TUESDAY, MARCH 8 | TUESDAY OF THE FIRST WEEK OF LENT

Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-15

- 7:00 am Paul Laksmana, Orlando Minas Eballo Jr., † Wilhermino Velasquez & Family
- 8:15 am William Harnedy, † Loc & Nhat Vu, † Veronica C. Sandoval

WEDNESDAY, MARCH 9 | WEDNESDAY OF THE FIRST WEEK OF LENT

Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32

- 7:00 am Marissa Cervantes, † Nick Dujmovic, † Gregoria Cabangangan
- 8:15 am Shaji & Nina, † Restituto A. Sandoval, † Francis Vu
- 6:30 pm John Lin, Anna Refuerzo, † James Diebert

THURSDAY, MARCH 10 | THURSDAY OF THE FIRST WEEK OF LENT

Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8/Mt 7:7-12

- 7:00 am Kyle Atikus Isidore Barnes, † Deacon Jim & Shirley Weeks, † Richard Punzalan
- 8:15 am Jun & Helen Orias, David Raley, † Terri Phan

FRIDAY, MARCH 11 | FRIDAY OF THE FIRST WEEK OF LENT

Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/Mt 5:20-26

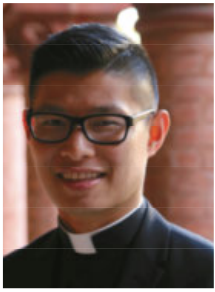
- 7:00 am Marivic Bruce, Anna Refuerzo, † Marciano Tarun
- 8:15 am † Ana Maria Arreola, † Agustin Vu, † Terri Phan

SATURDAY, MARCH 12 | SATURDAY OF THE FIRST WEEK OF LENT

Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48

- 7:00 am Ricardo de Jesus, † Gregoria Cabangangan, † Richard Mengollo
- 8:15 am Sean Sanchez, † Lorna Arachea, † Terri Phan

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF FR. PETER...

Friends,

Welcome to the first week of our Lenten Time!

When I was a child, I loved other seasons like Advent, Christmas, Easter, but Lent was not my favorite season. The parish priest where I grew up was always reminding us to give up the very things that we enjoyed the most, e.g., chocolate, meat, ice cream and. Also, there were no colorful decorations in the church during this time, no flowers, our church looking very sparse and dreary. On top of that, we were expected to do penances which were not my favorite pastime.

But, as I grew up, I left my childish ways behind, and I hope gracefully learned to appreciate and enjoy the temper of Lent.

The primary purpose of Lent is to prepare ourselves for the celebration of Jesus' Death and Resurrection. The Church invites us all to enter into the 'desert' experience like Jesus and the people of Israel to "reorder our priorities"; to redirect our values, ideals, and ambitions through fasting, prayer, and almsgiving.

Lent is the season when journey hand-in-hand with God in a very special way as He helps us

overcome whatever temptations and struggles that we are facing in our lives.

In our Gospel today, Jesus is led into the desert to pray. And in this experience, like all of us, Jesus, too, experiences temptations and is tested. There are three temptations (or the three "P's") that are mentioned in the scripture, namely: **PLEASURE** ("Command this stone to become bread"); **POSSESSION** ("All this will be yours, if you worship me"); and **POWER** ("If you are the son of God, throw yourself down from here"). Jesus perseveres and overcomes all these temptations.

We, too, can easily and unconsciously fall into these three P's. In this first week of Lent, let us allow the Holy Spirit to lead us into the desert and to turn Lent into a time for spiritual growth, to recognize what in our lives that needs to be healed, to be reordered, and to be redirected.

Also, let us fast, not only from food and material stuff that we enjoy, but more importantly to stop hating, causing division, being envious, giving way to anger, and being over critical.

May our loving Christ continue to Journey with you today and every day. Amen!

Many Blessings,

Fr. Peter

“You shall worship the Lord, your God,
and him alone shall you serve.”

Lk 4:8





SERVE

St. Joseph the Worker: Sister Parish Dispatch



This is Fred Ibrahim. He was born in Ndungu Village, one of three children to parents Eva and Ibrahim.

Meet Braylan Kipimo. He is an only child and is currently receiving partial scholarship.



Both Fred and Braylan attend Archbishop Lebulu Pre/Primary School.

Adorers Needed

We are in need of Adorers to spend time with Jesus in the Adoration Chapel, especially on weekends.

Saturdays:

9:00-10:00 am—2 adorers
10:00-11:00 am—1 adorer
11:00 am-12:00 pm—1 adorer
12:00-1:00 pm—2 adorers

Sundays:

12:00- 1:00 pm—2 adorers
1:00 -2:00 pm—2 adorers
2:00-3:00 pm—2 adorers
3:00-4:00 pm—2 adorers
4:00-5:00 pm—2 adorers

To sign up as an Adorer, please contact our weekend Adoration coordinator, Agnes Lilles: lillescolorado@msn.com or 303.638.6301

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Fruit
- ⇒ Dry Pinto Beans—1-lb. bags
- ⇒ Spam

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

Preschool Catechists Needed

Are you interested teaching young children our Faith in a Montessori setting? Catechesis of the Good Shepherd is looking for adults available during the day to help grow this ministry. For more information, contact rosalyn@holyspiritfremont.org

Table of Plenty

We need donations of grocery bags (paper or plastic) that are clean and not ripped.

Please drop them off at the Peace Center any Saturday between 7:30-9:00 am, or at the Parish Office during regular business hours.

Giving

Sunday, February 20

\$27,951

Special Collections coming up:

Catholic Relief Services (Bishop's Overseas Appeal)| March 27

Our pledged weekly amount (excluding special collections):
\$31,963

Corner

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



Lenten Schedule

©LPI

Early Morning Retreat Through Holy Thursday

Gather with us at 6:00 am Mondays to Fridays in the de Sousa House for our Early Morning Retreat with “33 Days to Greater Glory” as our guide.

To purchase the book (\$15), please contact dcnrigo@holyspiritfremont.org

Stations of the Cross

Join us in prayer as we meditate on Christ’s sacrifice for us.

Fridays: March 11, 18 & 25; and April 8

12:00 & 6:30 pm - followed by Exposition and Adoration of the Blessed Sacrament

First Friday: April 1

12:00 pm and immediately after the 6:30 pm Mass

Alpha: Lent & Easter Series

Alpha is an opportunity to explore life and the Christian faith in a friendly, open and informal environment. Here at Holy Spirit, we meet on Wednesdays at 7:00 to 9:00 pm. The Lent/Easter session begins on March 9, 2022.

For more information, contact dcnrigo@holyspiritfremont.org or visit our parish website: <https://holyspiritfremont.org/learn/adult-formation/>

CRS Rice Bowls

As part of our Lenten practice of prayer, fasting, and almsgiving, we encourage all the faithful to participate in CRS Rice Bowls once again.

Rice Bowls can be found in the church. Or make a donation online: crricebowl.org/donate

What you give up for Lent changes lives!



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

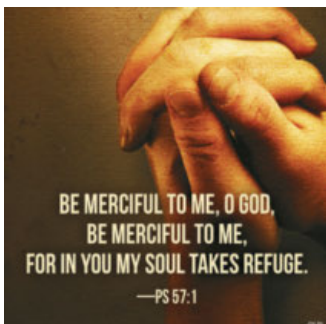
Leticia Aguirre, Ging Marchan, Cathy Kennedy, Merla Brayden, Barbara Loof, Bernie Hoercher, Sr Mary Mark, OP, Sr Carmel, OP, Maria Guevarra, Ermelinda Torrado, Rooplal Masih

Pray for Our Recently Departed

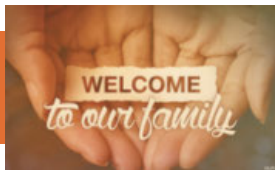
Jovencia Alday Rosal, Mary Lilibeth Villareal Mabutias, Cristina San Juan, George Sherlock, Laura Cisneros Famalett, Josefa Dizon, Antonio Aguilar, Lilia Rivera, Anthony Gerard, Maria Teixeira, Steven Rhuback, Carole Olivier

Birthday Blessings

Malcolm Glover, Cecilia Tarrant



For our parish community: May our prayer, fasting and almsgiving during this Lenten Season be a strong witness to those around us. *We pray to the Lord...*



INVITE

Filipino Society Food Sale

March 6, 2022

The Filipino Society is hosting their \$7 meal deal after the morning and 12:30 Masses. We'll be in front of the Parish Center, so please stop in and get a great meal at a deal.

Knights of Columbus Fish Fry

The Knights of Columbus is hosting a Walk-Thru Fish Fry every Friday of Lent: March 11, 18, and 25; April 1 and 8.



Pre-Order

Pre-ordering will guarantee your meal. A very limited number of walk-up meals will be available.

Meals are \$12 and include 8-10 oz. of fried fish, tater tots, and coleslaw.

Orders can be picked up no later than one hour after Stations of the Cross in front of the Parish Center.

<https://knights-of-columbus-george-a-coit-council-2692.square.site/>

Girl Scout Cookies Sale

March 12-13, 2022 | St. Francis Plaza

Our Girl Scout Troop #31674 is selling their famous cookies next weekend after all the Masses. Support our young girls' fundraising efforts.

Bring Your Marriage into the Church: Group Convalidation

If your vows were exchanged in the presence of ministers from other religious traditions or civil officials, we invite you to bring new meaning to your relationship by embracing the vocation of marriage.

Registration is open through March 31, 2022.

For more information, please contact us at marriage.convalidation@holyspiritfremont.org or 510.456.4969

Flower Fund for Easter

We are accepting donations towards Easter floral arrangements for our church sanctuary. You may drop off your donation at the Parish Office or send by mail.



Liliana, Aerim, Zion,
David, Landon, Lucas

500 Years of Christianity in the Philippines Gala

April 30, 2022 | San Ramon Marriott

Join Bishop Michael C. Barber, SJ and the Filipino clergy of the Diocese Oakland in celebration of 500 years of Christianity in the Philippines and Filipino heritage.

For underwriting and sponsorship opportunities, or to reserve seats or tables for the event, contact frken@holyspiritfremont.org or fred-die@holyspiritfremont.org, or stop by the Parish Office. You may also contact frjetvilla@srcdublin.org to be connected with the Steering Committee.



AROUND THE PARISH



Synod 2021-2023

In-Person Listening Session
March 13 | 9:00 am & 6:30 pm

Since the Synod's opening on October 10, 2021, Pope Francis invites the entire Church to reflect on a theme that is decisive for its life and mission: "It is precisely this path of synodality which God expects of the Church of the third millennium."

Synod may be interpreted as a path along which people of God walk together.

Bishop Michael C. Barber, SJ, and Oakland diocesan officials urge all of us to respond to our Holy Father's call for the synod.

As such, Fr. Ken invites you to an in-person listening session in the church. The goal is to listen, pray, and journey together.

We encourage Catholics to recall their experiences and discern the voice of the Holy Spirit and where it is leading us. How is our

journeying together realized today in the church?

We invite all Holy Spirit Parish ministry leads and members to attend either session. If the ministry lead is unavailable, please assign a representative.

10-Day Cruise to Alaska September 7-17, 2022

Join Fr. Ken Sales, and Dn. Chuck and Sherry Glover on an Alaskan cruise! Ports of call include Juneau, Ketchikan, Victoria (Can.)

Join Zoom Q & A session with Dn. Chuck and Sherry on **March 7, 2022 at 6:30 pm:**

<https://us02web.zoom.us/j/8745798692>

Meeting ID: 874 579 8692

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But you don't need to attend the session to make reservations.

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Email: info@zoescruises.com

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Oceanview, Balcony, Mini-Suite

\$200-\$800pp: Suites

Final payment is due 90 days prior to sailing.

Parish Office

Mondays to Fridays

9:00 am to 4:00 pm

Sundays

9:00 am to 2:00 pm

Parish Gift Shop

Sundays

8:30 am to 2:30 pm

Parish Library

Sundays

9:00 am to 12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor

510.456.4964

Fr. Peter Lawongkerd,

Parochial Vicar

510.797.1660, ext. 206

Fr. Edilberto Castañas,

Parochial Vicar

510.456.4965

Fr. Frank Kuwornu

In Residence

Dn. Rigo Cabezas,

Dir. of Rel. Ed.

510.456.4975

Dn. Chuck Glover,

Pastoral Care

510.789.8652

Dn. Steve Lewellyn, RCIA

510.797.1660

Dn. Bernard Liwanag

510.797.1660

Dn. Tim Roberto, RCIA

510.598.7408

Dn. Ramon Urbina

510.797.1660

Dn. Richard Yee (ret'd.)

Departments

Business/Maintenance

Jeff Van der Sluis

510.456.4970

Safe Environment

Peter Scampavia

510.456.4968

Facilities Scheduling

Rosalyn Jose

510.456.4995

Faith Formation &

Youth Ministry

510.456.4974

Music

Paul Orella

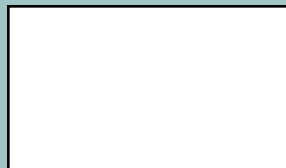
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