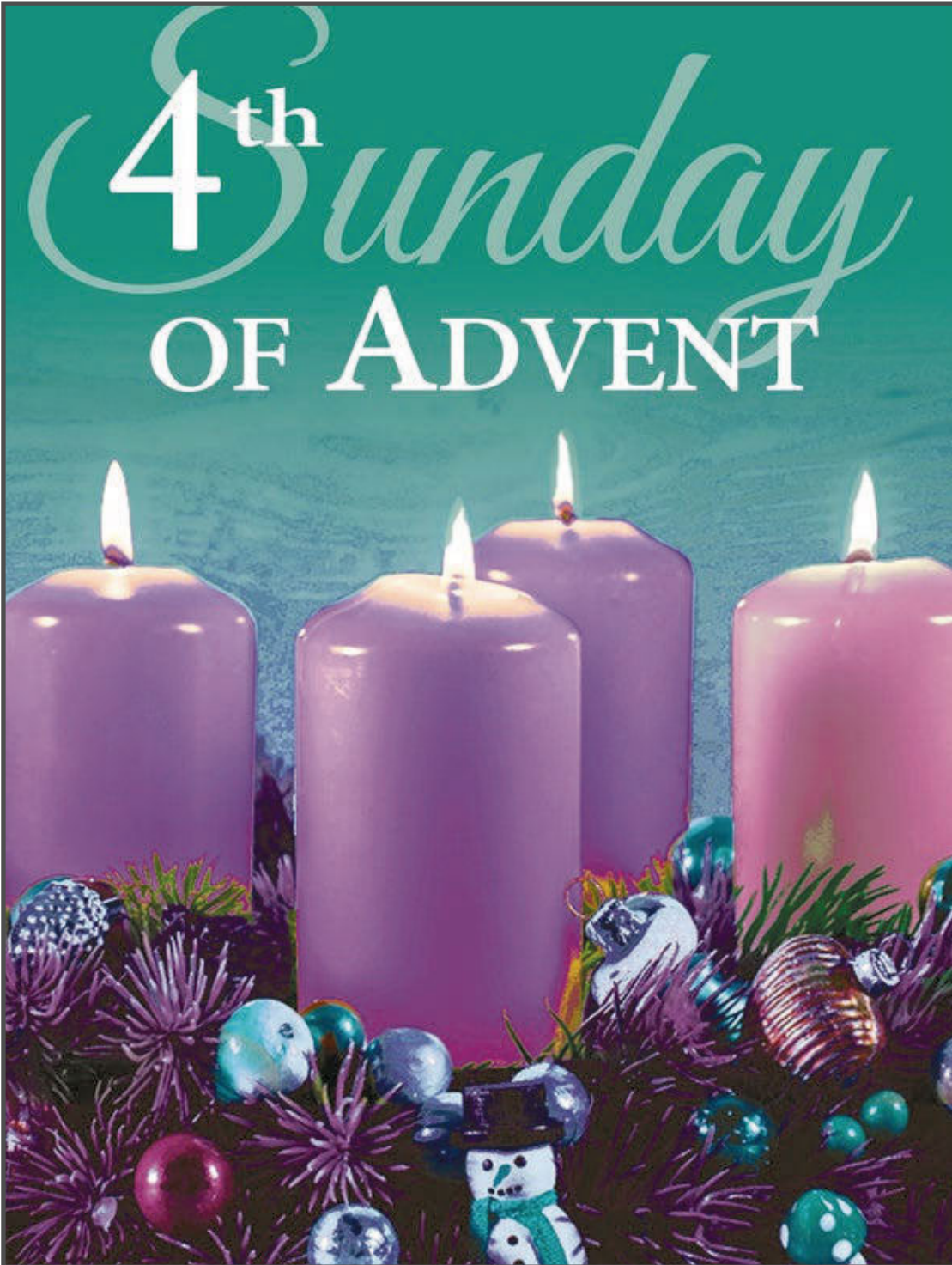




SUNDAY, DECEMBER 19, 2021 | FOURTH SUNDAY OF ADVENT



### WELCOME

With joy we welcome all who have gathered here with us to worship God.

*“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)*

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

### CONTACT

37588 Fremont Blvd.  
Fremont, CA 94536  
Parish: 510.797.1660  
School: 510.793.3553  
Preschool: 510.793.2013  
info@holyspiritfremont.org  
holyspiritfremont.org

### MASS SCHEDULE

#### Weekend

Saturday: 7:00\* & 8:15 am  
Saturday Vigil: 5:00 pm  
Sunday: 7:15 am\*  
9:00 am\* | 10:45 am  
12:30 pm | 5:00 pm

#### Weekday

Mon.-Fri.: 7:00\* & 8:15 am  
Wednesday: 6:30 pm\*  
First Friday: 6:30 pm\*

\*Masses are livestreamed on our Facebook page and YouTube channel.

**BE SPIRIT FILLED AND MAKE DISCIPLES!**



# WORSHIP

## OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

## Confession

Saturday: 3:30 pm  
Thursday before First Friday: 3:30 pm  
Weekdays: call for an appt.

## Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.  
Mon-Fri, 6:00 am-12:00 pm

## Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.

Next Mass: TBD

## Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or [holyspiritfremont.org](http://holyspiritfremont.org)

## First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass  
Next Mass: January 7, 2022

## Mass Intentions

To request a Mass, contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or 510.797.1660

## New to Holy Spirit?

Welcome! To register, contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or go to [holyspiritfremont.org/join-our-community](http://holyspiritfremont.org/join-our-community)

## Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

### SUNDAY, DECEMBER 19 | FOURTH SUNDAY OF ADVENT

Mi 5:1-4a/Ps 80:2-3, 15-16, 18-19 [4]/Heb 10:5-10/Lk 1:39-45

5:00 pm (Vigil Mass)	† Sebastian & Concetta Manzitto, Crisanto & Aileen Cargado, † Souls in Purgatory
7:15 am	For the People of Holy Spirit Parish
9:00 am	† Phyllis Dyer, † Mary L. Rose, † Eugenia T. Mano, † Richard Proo
10:45 am	† Domingo B. Isidro, † Cecil Marzan, † Cora & Brian Duffy, † Marina Imelda A. Tugelida
12:30 pm	† Victoriano Abelgas, Dorijan Ilijic, † Lucio Menor, † Mary Y. Avila
6:30 pm	† Leo & Lucerio Sr., † Balz & Mary Senn, † Salvador Vera, † Nemesio R. Avila

### MONDAY, DECEMBER 20 | MONDAY OF THE FOURTH WEEK OF ADVENT

Is 7:10-14/Ps 24:1-2, 3-4ab, 5-6 [cf. 7c and 10b]/Lk 1:26-38

7:00 am	† Robert Vun Yau Lee, Arnaldo & Carmen Agcaoili, Holy Trinity
8:15 am	† Robert Vun Yau Lee, Elisabeth Eklou-Bocconi, † Licerio Valencia

### TUESDAY, DECEMBER 21 | TUESDAY OF THE FOURTH WEEK OF ADVENT

Sg 2:8-14 or Zep 3:14-18a/Ps 33:2-3, 11-12, 20-21 [1a; 3a]/Lk 1:39-45

7:00 am	† Feliciano Calderon, Holy Trinity, † Manuel Ledesma Jr
8:15 am	Kyle Atikus Isidore Barnes, Elisabeth & Guy Bocconi's Family, † Josefina Tulabing

### WEDNESDAY, DECEMBER 22 | WEDNESDAY OF THE FOURTH WEEK OF ADVENT

1 Sm 1:24-28/1 Sm 2:1, 4-5, 6-7, 8abcd [cf. 1a]/Lk 1:46-56

7:00 am	De Jesus Family, † Virginia V. Noguera, Holy Trinity
8:15 am	† Marquez & Sanchez Family, † Nickolas Borg, † Marcos Padilla & deceased Family members
6:30 pm	† Salvador Vera, † Andy Chan, † Eutropia Hulleza

### THURSDAY, DECEMBER 23 | THURSDAY OF THE FOURTH WEEK OF ADVENT

Mal 3:1-4, 23-24/Ps 25:4-5ab, 8-9, 10 and 14 [cf. Lk 21:28]/Lk 1:57-66

7:00 am	Juliet Herpick, † Purita Albores, † Manuel Ledesma Jr
8:15 am	† Maria Sandoval, † Anastacia T. & Alfonso V. Seli, † Marcos Padilla & deceased Family members

### FRIDAY, DECEMBER 24 | FRIDAY OF THE FOURTH WEEK OF ADVENT

Morning: 2 Sm 7:1-5, 8b-12, 14a, 16/Ps 89:2-3, 4-5, 27 and 29 [2]/Lk 1:67-79

7:00 am	† Stanley Motha, † Eugenia T. Mano, † Manuel Ledesma Jr
8:15 am	† Jesus Estavillo, † Jesus Emmanuel Cueto
3:00 pm	For the People of Holy Spirit Parish
5:00 pm	For the People of Holy Spirit Parish
8:00 pm	For the People of Holy Spirit Parish

### SATURDAY, DECEMBER 25 | THE NATIVITY OF THE LORD (CHRISTMAS)

Vigil: Is 62:1-5/Ps 89:4-5, 16-17, 27, 29 [2a]/Acts 13:16-17, 22-25/Mt 1:1-25 or 1:18-25  
Night: Is 9:1-6/Ps 96:1-2, 2-3, 11-12, 13 [Lk 2:11]/Ti 2:11-14/Lk 2:1-14  
Dawn: Is 62:11-12/Ps 97:1, 6, 11-12/Ti 3:4-7/Lk 2:15-20  
Day: Is 52:7-10/Ps 98:1, 2-3, 3-4, 5-6 [3c]/Heb 1:1-6/Jn 1:1-18 or 1:1-5, 9-14

12:00 midnight	For the People of Holy Spirit Parish
7:15 am	For the People of Holy Spirit Parish
9:00 am	For the People of Holy Spirit Parish
10:45 am	For the People of Holy Spirit Parish
12:30 pm	For the People of Holy Spirit Parish



## FROM THE DESK OF DN. BERNARD...

### The Visitation

Growing up, I was always told to never make impulse decisions so as to avoid consequences.

Mary went in haste to visit her cousin Elizabeth.

In haste? Yes, she went without any reservations at all. Sometimes doing things in haste can be a good thing. In the case of Mary, aside from her desire to visit and help Elizabeth who was advanced in years, went in haste to share her joy about the miracle of her own unexpected pregnancy. She was the very first to share the good news of the promise of a Messiah being fulfilled.

There are several Gospel accounts wherein haste leads to a glorious encounter.

Mary's visit with Elizabeth becomes a joyful exchange not only between Mary and Elizabeth but with Jesus and John as well... At the sound of Mary's voice, the baby in Elizabeth's womb leaped with joy and Elizabeth was filled with the Holy Spirit.

After the shepherds were visited by the Angel of the Lord and were told of what had taken place, they went in haste to visit the Holy Family and were amazed. They returned glorifying and praising God for all they had heard and seen.

When was the last time we went in haste to visit a dear friend, a sick relative or an elderly person who needed company, to console a grieving family, or to listen to stranger who needed to be

heard? Was there a time when we made ourselves completely available to others in their loneliness?

A visit doesn't require much, and it doesn't even have to be costly. Your mere presence is the very gift that you can give. It is the giving of oneself for the other that makes that moment special (resplendent of Jesus' giving of Himself for us all).

How often do we visit the Divine Presence of God in the Blessed Tabernacle? Jesus is constantly waiting for us to visit Him.

Much like Mary and the shepherds' encounters, in our own visitations, especially those in line with the corporal works of mercy, we certainly bring God's joyful presence to others, though we may not realize it at times.

God speaks to us not only through scripture but also through the people and events we meet in our everyday life. But to see the hands of God, we need to encounter others with the eyes of faith knowing that every moment is a moment of God's grace working in our lives.

Christmas is to celebrate Jesus' arrival into our lives and share His gift of peace, love, joy, and hope to all.

Take a moment this Christmas season and visit those who are most in need. Surely you will be sharing the joy of the season, not with material gifts, but with the gift of God's grace working through you.

We wish you all a Joyous and Blessed Christmas!

Love & Prayers,

Dn. Bernard & Jean

## FORMED PICK OF THE WEEK

MOTHER TERESA

<https://watch.formed.org/mother-teresa-1>

In an acclaimed film portrayal, Olivia Hussey illuminates the life story of Mother Teresa of Calcutta, the selfless missionary who brought hope, love, and salvation to the poorest of the poor. The movie examines the fundamental moments of Mother Teresa's life from her childhood in Albania in the 1920s to her first calling as a nun, the decision to leave her order and live with the poorest of the poor, the challenges of founding the Congregation of the Missionaries of Charity, and her great work of service in Calcutta and the rest of the world.

FORMED®





# SERVE

## St. Joseph the Worker: Sister Parish Dispatch



Witness Robert graduated from Social

Studies (History, Language, Geography).

Congratulations, Witness, and best wishes on your future endeavors!



## St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Spaghetti Sauce
- ⇒ Spaghetti Noodles - not wheat
- ⇒ Vienna Sausage

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. **PLEASE, NO EXPIRED FOOD.** Thank you for your support! For information or assistance: 510.797.3672

### Parish Office Ministry

Do you enjoy working with people? Are you looking for some meaningful work for a few hours a week? Then join our Holy Spirit Parish Office Ministry as a volunteer receptionist.

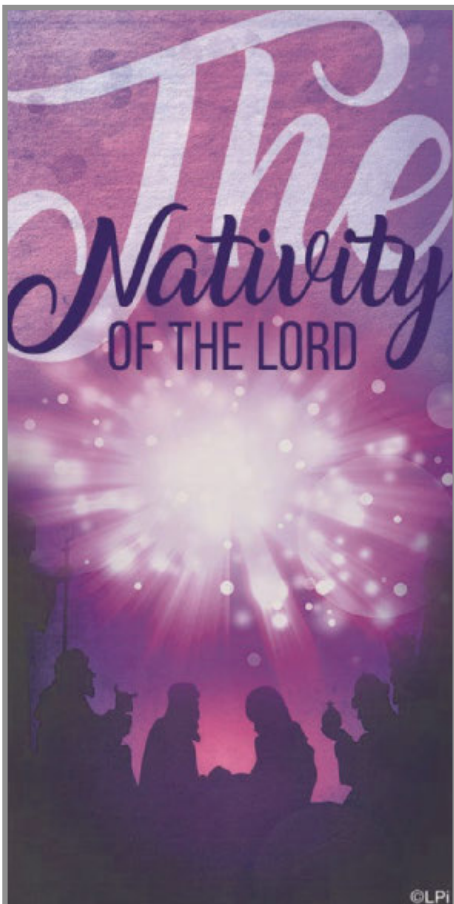
Contact Sahaya Josephine at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or 510.797.1660.

### Parish A/V Team

Our parish A/V Team is hiring! We need help for any/all of our weekend Masses.

If interested, please contact Jeff Van der Sluis at [jeff@holyspiritfremont.org](mailto:jeff@holyspiritfremont.org)

You must be at least 18 years old to apply. Join our team!



### Giving

Sunday, December 5

\$38,198

Corner

Special Collections coming up:  
Diocesan Vocations Program | January 9

Our pledged weekly amount (excluding special collections):  
\$31,963

### PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

# PRAY



## ADVENT



HOPE. LOVE. JOY. PEACE.



### Sacrament of Reconciliation During the Advent Season

To prepare our hearts for the coming of our Lord, Jesus Christ, we invite the faithful to receive the Sacrament of Reconciliation during Advent.

The last opportunity to go to Confession before Christmas is **Thursday, December 23, 3:30 to 5:00 pm.**

Please wear a face covering and maintain social distance. Ushers will be on hand - please follow their instructions.

### Simbang Gabi

December 15-23, 2021 | 6:30 pm

Join us for our traditional Simbang Gabi Masses in preparation for the coming of our Lord, Jesus Christ.

### No 5:00 pm Mass on December 19, 2021

In lieu of the 5:00 pm Mass, we invite you to join us for the Simbang Gabi Mass at 6:30 pm this Sunday, December 19.

Thank you for your understanding.

### Holy Spirit Gift Shop

Our Gift Shop now has Christmas items in stock! Check out our holiday selections and gift ideas.

Shop hours are Sundays, 8:30 am to 2:30 pm! Stop by and see us!



### Pray For...

Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

### Pray for Our Sick

Phung Le, Bernie Hoercher, Hannah Carbis

### Pray for Our Recently Departed

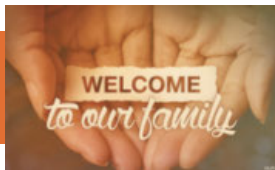
Marianita Kalaw, Leonora A. Mamaril, Antonio E. Zabarte, Jr., Francis Myles Palma, Tho Van Do, Alonzo Pineda, Al Yeager

### Birthday Blessings

Fr. Samwel Mvati



**T**hat all of us recognize the presence of Christ in others and embrace those around us with a spirit of welcome and hospitality. *We pray to the Lord...*



# INVITE

## Christmas Baby

It is a tradition at Holy Spirit to have a child process in for the Christmas Eve Masses to represent the Christ Child. This is a wonderful tradition that lends great meaning to our Christmas Eve celebration. The Presider carries the child as the mother and father process in at the same time.

If you have a child between one (1) month and 13 months old by Christmas Day and are interested, please contact Dn. Chuck at 510.789.8652.

## Parish Library

We are happy to announce that our Parish Library is now open. Discover some reading treasures and peruse our selection of family-oriented DVDs.

Library hours: Sundays, 9:00 am to 12:30 pm

Stop by and visit us! The Parish Library is in the Governo House near the Adoration Chapel.

## Natural Family Planning Consultations

Ellen Holloway, NFP ambassador for Holy Spirit, Fertility awareness coach, and NFP instructor is offering free 15-minute consultations for anyone interested in learning more about NFP.

Have questions on how to get started, where to find an instructor, or how NFP works? Chat with Ellen about it! Consultations are free to Holy Spirit parishioners.

Email [ellenholloway100@gmail.com](mailto:ellenholloway100@gmail.com) or go to [calendly.com/eiholloway](http://calendly.com/eiholloway)

## Sanctuary Candles - \$5 each

Sanctuary candles are available for purchase. These are cleaner, dependable burning candles made of beeswax and are designed to burn up to 5 days.

To purchase a candle, see one of our sacristans in the Sacristy after Mass or stop by the Parish Office during regular business hours.



Viliani, Tuihoua, Ashley, Viviana, Layla, Melina, James, Allister

## Christmas Mass Times

**Friday, December 24 ~ Christmas Eve**  
3:00, 5:00 and 8:00 pm

**Saturday, December 25 ~ Christmas Day**  
12:00 midnight, 7:15, 9:00 and 10:45 am, 12:30 pm

**Please note:** There is **NO** 5:00 pm Mass on Christmas Day

*On behalf of Fr. Ken, Fr. Peter, Fr. Eddie, Fr. Frank, and the entire Parish Staff, we wish you and your family a very Merry Christmas! See you at Mass!*





# AROUND THE PARISH



## Parish Office Closed

In observance of Christmas, the Parish Office will be closed Christmas Eve through Christmas Monday—Friday, December 24, to Monday, December 27, 2021.

## Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. You may drop off your donation at the Parish Office or send by mail.

For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

## Plants for Our Parish

Help beautify our campus! We are looking for folks who would like to donate a variety of plants and greenery for our parish grounds.

For more information, contact [frpeter@holyspiritfremont.org](mailto:frpeter@holyspiritfremont.org) or 510.797.1660 ext. 206

## Memorial Altar Photos

If you placed a picture of your deceased loved one on the Memorial Altar, stop by the Parish Office to claim your photo.

## CYO Mass

This is a reminder to all CYO families that participating in CYO is not just about sports - it's about our ability to practice and share our faith in the same way that we practice for sports.

Sunday sporting events and/or practices do not start until 12:00 noon. The purpose is so families have adequate time on Sunday mornings to attend Mass!

This year, we would like to make our weekly 9:00 am Mass the "CYO Mass." We encourage ALL CYO families to attend this Mass. Athletes are invited to wear their uniform as well.

If you can not attend the 9:00 am Mass, please attend one of the other masses on Sunday or the Saturday Vigil Mass. For Mass times, go to <https://holyspiritfremont.org/mass-times/>

If we can come to practice regular basis, then we should be able to do the same for Mass. Play hard, pray harder!

Got questions? Contact your coach or a CYO board member.

## Parish Office

Mondays to Fridays  
9:00 am to 4:00 pm  
Sundays  
9:00 am to 2:00 pm

## Parish Gift Shop

Sundays  
8:30 am to 2:30 pm

## Parish Library

Sundays  
9:00 am to 12:30 pm

## Clergy

Fr. Kenneth L. Sales, Pastor  
510.456.4964  
Fr. Peter Lawongkerd,  
Parochial Vicar  
510.797.1660, ext. 206  
Fr. Edilberto Castañas,  
Parochial Vicar  
510.456.4965  
Fr. Frank Kuwornu  
In Residence

Dn. Rigo Cabezas,  
Dir. of Rel. Ed.  
510.456.4975  
Dn. Chuck Glover,  
Pastoral Care  
510.789.8652  
Dn. Steve Lewellyn, RCIA  
510.797.1660  
Dn. Bernard Liwanag  
510.797.1660  
Dn. Tim Roberto, RCIA  
510.598.7408  
Dn. Ramon Urbina  
510.797.1660  
Dn. Richard Yee (retd.)

## Departments

Business/Maintenance  
Jeff Van der Sluis  
510.456.4970  
Safe Environment  
Peter Scampavia  
510.456.4968  
Facilities Scheduling  
Rosalyn Jose  
510.456.4995  
Faith Formation &  
Youth Ministry  
510.456.4974  
Music  
Paul Orella  
510.673.3873



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