



SUNDAY, OCTOBER 10, 2021 | 28TH SUNDAY IN ORDINARY TIME

# October 2021

RESPECT LIFE MONTH



## WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

## CONTACT

37588 Fremont Blvd.  
Fremont, CA 94536  
Parish: 510.797.1660  
School: 510.793.3553  
Preschool: 510.793.2013  
info@holyspiritfremont.org  
holyspiritfremont.org

## MASS SCHEDULE

### Weekend

Saturday: 7:00\* & 8:15 am  
Saturday Vigil: 5:00 pm  
Sunday: 7:15 am\*  
9:00 am\* | 10:45 am  
12:30 pm | 5:00 pm

### Weekday

Mon.-Fri.: 7:00\* & 8:15 am  
Wednesday: 6:30 pm\*  
First Friday: 6:30 pm\*

\*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



# WORSHIP

## OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

## Confession

Saturday: 3:30 pm  
Thursday before First Friday:  
3:30 pm  
Weekdays: call for an appt.

## Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.  
Mon-Fri, 6:00 am-12:00 pm

## Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.

Next Mass: November 6, 2021

## Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or [holyspiritfremont.org](http://holyspiritfremont.org)

## First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass  
Next Mass: November 5, 2021

## Mass Intentions

To request a Mass, contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or 510.797.1660

## New to Holy Spirit?

Welcome! To register, contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or go to [holyspiritfremont.org/join-our-community](http://holyspiritfremont.org/join-our-community)

## Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

### SUNDAY, OCTOBER 10 | 28TH SUNDAY IN ORDINARY TIME

Wis 7:7-11/Ps 90:12-13, 14-15, 16-17 [14]/Heb 4:12-13/Mk 10:17-30 or 10:17-27

- 5:00 pm (Vigil Mass) Agnes Velasquez & James Curcuro Jr., † Josefina Cole, † Souls in Purgatory, Rafael Agredano
- 7:15 am Ana Licad, † Mario Concepcion, † Eugenia T. Mano
- 9:00 am † Fr. Matthew Vellankal, † Tony Bruno, † Buenaflor & Velasquez Family
- 10:45 am For the People of Holy Spirit Parish
- 12:30 pm † Fortunata Elep, † Fr. T. O. Jose, † Estrada Family, † Edgardo Ibane
- 5:00 pm † Renato Castaneda, † Bayani Salindong, Alexander Quiambao

### MONDAY, OCTOBER 11 | MONDAY OF THE 28TH WEEK IN ORDINARY TIME

Rom 1:1-7/Ps 98:1, 2-3ab, 3cd-4 [2a]/Lk 11:29-32

- 7:00 am † Rey Punzalan, † Ruben Vasquez Aguilar, Sunil & Mary Palamuttam
- 8:15 am † Pilar Bruno, † Pilar Bungcayao, † William Bagunu

### TUESDAY, OCTOBER 12 | TUESDAY OF THE 28TH WEEK IN ORDINARY TIME

Rom 1:16-25/Ps 19:2-3, 4-5 [2a]/Lk 11:37-41

- 7:00 am Neil Sugay, † Rey Punzalan, † Lillian & George Legier
- 8:15 am † Shirley Schwab, † Pilar Torres, Romeo, Kevin & Jamil Alvidera

### WEDNESDAY, OCTOBER 13 | WEDNESDAY OF THE 28TH WEEK IN ORDINARY TIME

Rom 2:1-11/Ps 62:2-3, 6-7, 9 [13]/Lk 11:42-46

- 7:00 am † Godofredo Domingo, Brandon Miranda, † Eleanor O'Malley
- 8:15 am Jon Tambaoan, Lux Leano, Mila, Tess & Lito Velasco
- 6:30 pm Jose Jr. & Letty R. Aguirre, Geoff and Pat Saturnio, † Andy Chan

### THURSDAY, OCTOBER 14 | THURSDAY OF THE 28TH WEEK IN ORDINARY TIME

Rom 3:21-30/Ps 130:1-2, 3-4, 5-6 [7]/Lk 11:47-54

- 7:00 am † All Souls in Purgatory, Patrick & Marvi Bajet, Javier Andres Saavedra
- 8:15 am † Fortunato Flores Muolic, † Dr. Bert Gancayco, Justino Reyes Lapuz

### FRIDAY, OCTOBER 15 | MEMORIAL OF SAINT TERESA OF JESUS, VIRGIN AND DOCTOR OF THE CHURCH

Rom 4:1-8/Ps 32:1-2, 5, 11 [cf. 7]/Lk 12:1-7

- 7:00 am Rosemarie Saenz, † Ken Newell, Maricar, Joan & Lourdes
- 8:15 am † Veronica Nicholas, † Gerry Palabyab, † Terry Adlong

### SATURDAY, OCTOBER 16 | SATURDAY OF THE 27TH WEEK IN ORDINARY TIME

Rom 4:13, 16-18/Ps 105:6-7, 8-9, 42-43 [8]/Lk 12:8-12

- 7:00 am Maria Consuelo Bautista, † Jolita Bernardo, † Linda Kaye Junior
- 8:15 am † Victor Eliazo, † Sylvia Sandalo, † Linda Kaye Junior

*Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.*

#### PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



## FROM THE DESK OF DN. CHUCK...

### Seven Deadly Sins

When I first started in formation for the diaconate, we were asked, as Christ asked the man in today's Gospel, if we were willing to give up everything and follow Christ. Of course, the immediate answer was, "Yes, I am." Later, a dose of reality set in. *How can I do that? As I get older, who will take care of me? Who will provide a place to stay or food to eat?*

But is it our material possessions that Christ is asking for us to give up? Or is it something more personal, something that we, in many cases, hold fast to even if we don't realize it?

I am going to posit that Jesus is asking us to give up seven things, things we don't need but often drive our lives in directions other than for what we are called. Those seven things are: greed, gluttony, envy, lust, anger, sloth, and pride. Yes, the Seven Deadly Sins. For this article, I will just focus on pride.

Pride has the ability to enhance the dangers of all the other deadly sins. Pride – the love of self,

the positioning of ourselves above all others. It is pride that makes us a legend in our own mind.

It is not sinful to like yourself or your actions. But when you start to think that you are more important than you actually are, that moves you into the realm of sinful behavior. Pride causes you to rationalize and make excuses for your actions.

Each of the deadly seven sins has an opposite attribute that Jesus calls us to follow, an attribute that serves others and not ourselves. For pride, that attribute is humility. Having humility means you recognize that all your talents, those abilities to make or do good things, are a gift from God and not from any self-actualization.

Ezra Taft Benson had this to say about pride: "With pride there are many curses. With humility, there come many blessings."

The seven sins are the possessions that Christ is directing us to give up. If we keep these in our lives, we are not serving others and therefore, cannot serve Christ.

## FORMED®

### FORMED PICK OF THE WEEK

#### THE ROSARY WITH VIN SCULLY

<https://watch.formed.org/the-rosary-with-vin-scully>

October is the month of the Rosary. Here is the opportunity to pray the Rosary with Vin Scully, who for 67 years was the voice of the LA Dodgers.

### HERE'S THE SITCH...

We are preparing to lease the property we own that Mark Stocking (our former general maintenance lead who relocated) used to rent from the parish. We are painting it inside and out, and sprucing everything up. We will use a property management company to maximize the rental income for our parish. We hope to have new tenants in by this month.

Blessings,  
Fr. Ken



# SERVE

## Ministry Update: Table of Plenty (Part 2)

Many generous Holy Spirit parishioners and others donate regularly to provide funds that are used to obtain supplies and provisions.

If you would like to show mercy to your fellow neighbor, here are some suggestions on how to get involved:

- sign up to spend a Saturday morning with us;
- donate fresh produce and/ or fruit from your garden or fruit trees;
- join our email list to receive notifications when a need is identified;
- donate online through the Holy Spirit website or drop off at the Parish Office. Donations are also gratefully accepted Saturday mornings at the Peace Center, 8:00-9:30am.

In addition, as the rainy season approaches (*hopefully!*), we would like donations of rain ponchos and umbrellas to provide to our guests. Please drop off donations at the Parish Office during regular business hours or Peace Center on Saturday mornings.

Contact Mary Marcellus 650.387.4086 or [marymarcellus57@gmail.com](mailto:marymarcellus57@gmail.com) for more info.

## Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933.

We thank the following donor(s):  
**October 9/10 - Alamparambil Family, Socorro Szto, Felicity Evangelista, Gemma Frediani**

## St. Vincent de Paul Food Pantry



Heading to the store this week?

Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Breakfast Cereal
- ⇒ Chef Boyardee / Canned Pasta
- ⇒ Ramen Soup - Chicken

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. *Thank you for your support!*

## Liturgy Ministries Retreat & Workshop

October 23, 2021  
8:00 am-2:00 pm

All members of our liturgical ministries—sacristans, lectors, eucharistic ministers, adult acolytes, ushers, greeters, and Art & Environment—are required to attend this faith enrichment event. We will begin with the 8:15 am Mass.

Coffee and morning refreshments will be provided. Please bring your own brown bag lunch.

More information to come. Additional details will be sent out to ministry leads.

If you are interested in joining any of our liturgical ministries, please contact Fr Peter before the workshop:  
[frpeter@holyspiritfremont.org](mailto:frpeter@holyspiritfremont.org)

## Giving

Sunday, September 26

26,685

### Special Collections coming up:

Holy Spirit Youth & Young Adult Ministry | October 17

Our pledged weekly amount (excluding special collections):  
\$31,963

Corner

### PLEASE CONSIDER ONLINE GIVING

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# PRAY



## Our Lady of Fatima

October 13, 2021

We invite our faithful parishioners to join us for Mass in honor of Our Lady of Fatima on Wednesday, October 13 at 6:30 pm.

Please note: Mass for Our Lady of Perpetual Help will resume the following Wednesday, October 20.

## Señor de los Milagros

October 17, 2021 | 12:30 pm

The Brotherhood of Fremont is pleased to invite our faithful to the Solemn Mass and Procession in honor of Señor de los Milagros.

## International Rosary

October 30, 2021

In celebration of the Month of the Holy Rosary, please join us at the 5:00 pm Mass followed by International Rosary.\*

\*We are looking for volunteers to recite the "Hail Mary" in different languages. If you would like to take part in the International Rosary and pray in your native tongue (language), please contact Marina at 510.792.9621 or Bella at 510.791.6121.

## The WORD in Other Words

Bible Diary 2022 - \$20 each

Would you like to deepen your faith in 2022? Are you looking for a meaningful Christmas or New Year's gift for your loved ones?

"The WORD in Other Words" Bible Diary contains daily scripture readings and reflections by SVD priests, Blue Sisters, and Pink Sisters in the Philippines.

To order by 10.29.2021, please email [rjose@holyspiritfremont.org](mailto:rjose@holyspiritfremont.org)

## November Memorial Altar

During November, we will have a memorial altar with photographs of our faithful departed. Bring framed 4" x 6" (or smaller) pictures of your departed loved ones to the Parish Office.

If your loved one was in the military, please let us know as they will be honored in a designated space.

Include your name and phone number on the back of the frame. Please pick up your picture frame by November 30, 2020.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

## Pray for Our Sick

Rose Torres, Tricia Fuentes, Medali Tapia, John Angeles

## Pray for Our Recently Departed

Lowell deBarras  
Tumampos, John  
Sanguinetti, Michael  
Navato, Sherman Angeles,  
Dr. Samuel Serrano, Julian Bongat, Nerio Flores  
Paulo, Gloria David Tan,  
Mauro Venezuela Jr., John Mendez Rodrigues,  
Amparo Martinez, Daniel Kennerk, Edgardo Camacho Ibarra, Mary Ramos

## Birthday Blessings

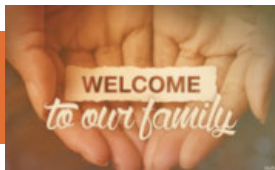
Annalisa Convento David,  
Benjamin Huerta, Anatole Roussere, Tiffany Ongsiaco

## Wedding Anniversary Blessings

Nancy Flores & Andrew Mai



**T**hat during this Respect Life Month our resolve will be strengthened to cherish and protect the gift of every human life. *We pray to the Lord...*



# INVITE

## Filipino Society Food Sale

October 10, 2021

The Filipino Society is hosting their \$5 meal deal this Sunday after the morning and 12:30 pm Masses. Stop by the Parish Center—get a great meal at a great deal! Proceeds benefit parish special projects. Thank you for your support!

## Holy Spirit Grandparents Club

October 14, 2021 | 9:00 am | Fireside Lounge

Attention, Grandparents! You are invited to be part of this wonderful ministry. Our goal is to help pass on our Catholic faith and values to our grandchildren. For more information, please contact: Nancy, 510.673.3168; Cynthia, 510.378.2083; Pat, 510.468.7321

## Knights of Columbus Tootsie Roll Drive

October 16-17, 2021

Knights of Columbus members will be accepting donations after all the Masses next weekend for their Campaign for People with Intellectual Disabilities Fund - more commonly known as the Tootsie Roll Drive.

Funds raised support local organizations such as Holy Spirit SPRED and the Special Olympics Road Runners Team. Thank you for your support!

## Parish Mission: Vocation Discernment

October 23, 2021

We invite all unmarried men (18+ years old) among our faithful to discern the call to priesthood. Please join Fr. Carl Arcosa and the Diocesan Vocation Team for an afternoon of prayer and reflection.

**3:30 pm:** Adoration and Confession

**4:15 pm:** Vocation Reflection

**4:30 pm:** Benediction

**5:00 pm:** Vigil Mass

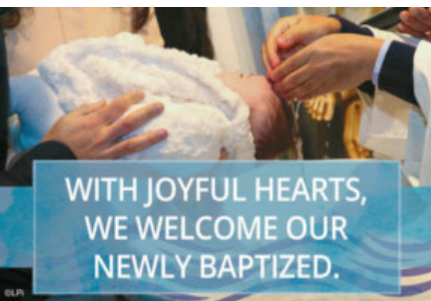
## Blood Drive

October 24, 2021 | 8:30 am to 12:45 pm  
Peace Center

Donating blood is one of the easiest way to give back to your community. There's an urgent need for all blood types. Advance appointments are encouraged. Go to [donors.vitalant.org](https://donors.vitalant.org) and use sponsor code: **HolyHoly** For more information, contact [Kendeehs@yahoo.com](mailto:Kendeehs@yahoo.com) or call 510.796.8956

## Eucharistic Ministers Needed

We are in need of more Eucharistic Ministers at our Youth & Young Adult Mass on Sundays at 5:00 pm. If interested, contact Dee at 510.565.4140 or [Dee.francisco3@yahoo.com](mailto:Dee.francisco3@yahoo.com)



Oliver, Thea  
Talia, Hailey

## Town Hall Meeting: Parish Redevelopment Plan

October 22, 2021 | 7:00 pm | Church

As we plan for the future redevelopment of our parish, we invite our faithful parishioners to our "town hall" meeting to learn about our goals and objectives. This is your opportunity to inquire, to give input, and to be part of the redevelopment process.

For more information, please contact [Jeff@holyspiritfremont.org](mailto:Jeff@holyspiritfremont.org)



# AROUND THE PARISH



## Diocese of Oakland: Mission Alignment Process

Recent declines in Mass attendance, baptisms, vocations to the priesthood and other factors are challenging Bishop Michael S. Barber, S.J. and Diocesan leaders to take an honest look at the situation in the Oakland

Diocese. Bishop Barber is asking every Catholic in our diocese to support the Mission Alignment Process (MAP).

Guided by the Holy Spirit, this process will help us align our precious resources: our wonderful lay faithful, our parishes and schools, our clergy, and our financial resources for missionary fruition.

Our participation as Catholics in the Oakland Diocese and as members of Holy Spirit Parish involves completing a 15-20 minute survey online. The survey can be accessed through <https://portal.catholicleaders.org/d/ky79t2> and will be available from October 14 through November 22.

If you prefer a paper copy, you may pick up a paper copy of the survey after the Masses on October 16/17 or at the Parish Office beginning Monday, October 18. To submit the completed paper survey, please drop off at the Parish Office by November 15.

It is important that you complete the survey. We want to get the highest response rate possible. Survey responses will affect the recommendations for our very own parish and the diocese at large. So *let your voices be heard!*

Visit the homepage for our website - <https://holyspiritfremont.org/> - for more information about MAP and to access the survey.

## Respect Life Events @ Holy Spirit

**October 10:** After the morning and 12:30 pm Masses - Stop by the Respect Life table in St. Francis Plaza for coffee, fellowship, resources, and information about joining our Respect Life Ministry.

**October 30:** Pumpkin Carving, 10:00 am to 12:00 pm - Join us in St. Francis Plaza for this fun family activity. We'll even have a photo booth! Bring your own pumpkin, a butter knife, and scoop. Volunteers will be available to help carve pumpkins. Light refreshments provided. To kick off our family event, please join us for a prayer service at the Respect Life Monument & Prayer Garden.



## Contact Us

In case of an emergency, call 510.797.1660 and follow the prompts.

## Gift Shop

Sundays  
8:30 am to 2:30 pm

## Clergy

Fr. Kenneth L. Sales, Pastor  
510.456.4964

Fr. Peter Lawongkerd,  
Parochial Vicar  
510.797.1660, ext. 206

Dcn. Rigo Cabezas,  
Dir. of Rel. Ed.  
510.456.4975

Dcn. Chuck Glover,  
Pastoral Care  
510.789.8652

Dcn. Steve Lewellyn, RCIA  
510.797.1660

Dcn. Bernard Liwanag  
510.797.1660

Dcn. Tim Roberto, RCIA  
510.598.7408

Dcn. Emeritus Richard Yee,  
Retired

## Departments

Business/Maintenance  
Jeff Van der Sluis  
510.456.4970

Safe Environment

Sr. Asha Kooliyadan, CMC  
510.456.4972

Facilities Scheduling  
Roselyn Jose  
510.456.4995

Faith Formation &  
Youth Ministry  
510.456.4974

Music  
Paul Orella  
510.673.3873

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