



SUNDAY, SEPTEMBER 26, 2021 | 26TH SUNDAY IN ORDINARY TIME



MARRIAGE CONVALIDATION
SEPTEMBER 18, 2021

CONGRATULATIONS
TO OUR LOVELY
COUPLES!

MAY GOD'S LOVE
CONTINUE TO BE
WITH YOU AND
GUIDE YOU.

WELCOME

With joy we welcome all who have gathered here with us to worship God.

"How good to sing praise to our God; how pleasant to give fitting praise." (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am*
9:00 am* | 10:45 am
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm*
First Friday: 6:30 pm*

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Mon-Fri, 6:00 am-12:00 pm

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.

Next Mass: October 2, 2021

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass
Next Mass: October 1, 2021

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, SEPTEMBER 26 | 26TH SUNDAY IN ORDINARY TIME

Nm 11:25-29/Ps 19:8, 10, 12-13, 14 [9a]/Jas 5:1-6/Mk 9:38-43, 45, 47-48

5:00 pm (Vigil Mass)	† Souls in Purgatory, † Teresa Dziechciarz, † Giuse Tham Van Nguyen
7:15 am	For the People of Holy Spirit Parish
9:00 am	Lyle Crawford, Josie De Torres, † Ememorita Gonzales
10:45 am	† Luis Amaral, † Eugenia T. Mano, † Nolan Gatchalian
12:30 pm	Rob & Rica Paglieri, Constanca Vina Puntero, † Robert Batacan
5:00 pm	Butch Guerrero, † Corazon Joves, † Jesus Mendoza

MONDAY, SEPTEMBER 27 | MEMORIAL OF SAINT VINCENT DE PAUL, PRIEST

Zec 8:1-8/Ps 102:16-18, 19-21, 29 and 22-23 [17]/Lk 9:46-50

7:00 am	Anton De Jesus, † Armando Cargado Sr., † Naval Gonzales
8:15 am	Bienvenida Valdellon, † Naval Gonzales, Gerald Domingo

TUESDAY, SEPTEMBER 28 | TUESDAY OF THE 26TH WEEK IN ORDINARY TIME

Zec 8:20-23/Ps 87:1b-3, 4-5, 6-7 [Zec 8:23]/Lk 9:51-56

7:00 am	Ventura Family, Albert Guerrero, Celene D. Domingo
8:15 am	† Lorraine Cortez, † Gloria Tellez, † Daniel Moreno

WEDNESDAY, SEPTEMBER 29 | FEASTS OF SAINTS MICHAEL, GABRIEL, AND RAPHAEL, ARCHANGELS

Dn 7:9-10, 13-14 or Rv 12:7-12a/Ps 138:1-2ab, 2cde-3, 4-5 [1]/Jn 1:47-51

7:00 am	Jocelyn Saenz, † Batecan Family, † Elizabeth Edward
8:15 am	† Millie A. Engalla, Lyca Guerrero, † Cesar Huamani Oscco
6:30 pm	Bennie Valdellon, Alvin Paras, † Cesar Yatco

THURSDAY, SEPTEMBER 30 | MEMORIAL OF SAINT JEROME, PRIEST AND DOCTOR OF THE CHURCH

Neh 8:1-4a, 5-6, 7b-12/Ps 19:8, 9, 10, 11[9ab]/Lk 10:1-12

7:00 am	† Aida Zaragoza, † Rafael Hechanova, Terrence Salonga
8:15 am	Azel Guerrero, † Alberto Concepcion, Jose Llanaza

FRIDAY, OCTOBER 1 | MEMORIAL OF SAINT THERESE OF THE CHILD OF JESUS, VIRGIN AND DOCTOR OF THE CHURCH

Bar 1:15-22/Ps 79:1b-2, 3-5, 8, 9 [9]/Lk 10:13-16

7:00 am	† Jose Calo Jr., Vince Wang, † Joseph Tran Thach An/Anna Nguyen Thi Hanh
8:15 am	† Fortunato Granda, † Cine Vitus Chu, Teofista Reyes Lapuz
6:30 pm	† Antonio Cabangangan, Isaias Miranda, † Romeo Cruz

SATURDAY, OCTOBER 2 | MEMORIAL OF THE HOLY GUARDIAN ANGELS

Bar 4:5-12, 27-29/Ps 69:33-35, 36-37 [34]/Mt 18:1-5, 10

7:00 am	Thanksgiving for our Guardian Angels, † Juan Sumulong III, Marie Tran
8:15 am	† Katrina Hizon, † Antony Joseph, † Nelly Gianan Sarmiento
12:00 pm	† Jose Pepito Esquivel, † Linda Kaye Junior, † Tony Berdal



FROM THE DESK OF DN. BERNARD...

Cut off your hands if it causes you to sin! Are you serious? Does Jesus really mean this?

It was a beautiful quiet morning when a 27-year-old avid adventurer and outdoorsman named Aron Ralston, fell into a narrow gap in Utah's Bluejohn Canyon and was trapped when a falling 800-pound boulder pinned his right hand to the canyon wall. He knew immediately that he was in deep trouble. Bluejohn Canyon was well within his technical and physical ability, but that freak accident had him trapped. Even worse, He broke his own first rule: He had failed to mention to anyone where he was going that day. His family and friends were used to him going away for days without contacting anyone, so they were not even looking for him.

With his arm still wedged beneath the boulder, Ralston even recorded a video message to his parents telling them goodbye, hoping that someone would advise his family if he didn't make it out alive.

Trapped for more than five days and having run out of food and water, Ralston suffered not only from the pain in his hand but from dehydration and hypothermia, as well as blood loss. However, he made a remarkable choice. Ralston decided to amputate his arm in order to save himself. It was a painful decision; using only a pocketknife (*what an amazing display of courage and determination*), he was able to free himself and applied tourniquet to his arm and rappelled nearly 70 feet to the canyon floor. After which he hiked for about 5 miles before he was able to encounter a family of three hikers who came to his rescue. Despite being trapped by the rock, he says "boulders" in life come at us from all directions,

be it dealing with financial struggles, grappling with a family member's medical diagnosis, or going through a divorce. "The boulders can be burdens, they absolutely feel like that," Ralston said. "And at the same time, you know they also bring life's greatest blessings."

Aron Ralston made the obviously excruciating decision to amputate his right arm to save his life. It's an amazing story, especially because a majority, if not all of us, would not make the same choice. We would rather scream and die in pain than detach ourselves. "If your hand causes you to sin, cut it off. It is better for you to enter into life maimed than with two hands to go into hell." Aron Ralston certainly made the right choice; he severed his arm in order to live. There are choices we must make in life and the choice we make determines our destiny. The gospel tells us that if we are to follow Christ, we must make the right choices, and if there are hindrances such as evil things that obstruct us from following Him, we should cut/detach ourselves from them.

Jesus tells us that we should not allow any other thing in this world to distract/prevent us from the path that leads to God's Kingdom. Reminding us that if we hold dearly in our hearts things that lead us to sin, we should let them go, and instead allow God to reign in our hearts.

If something causes you to sin, cut it off! Yes, Jesus is serious, and He really means it! He instructs this to us, because He loves us so much and wants us to be with Him in His Kingdom.

Lord, lead us not into temptation but deliver us from evil, Amen.

Love & Prayers,
Dn. Bernard & Jean

FORMED PICK OF THE WEEK

THE AUGUSTINE INSTITUTE SHOW—THE ART OF LIVING WITH DR. EDWARD SRI

<https://watch.formed.org/the-augustine-institute-show/videos/the-augustine-institute-show-8-31-21>



What does it mean to live well? Dr. Edward Sri joins the Augustine Institute Show with Dr. Tim Gray to discuss his new book, *The Art of Living: The Cardinal Virtues and the Freedom to Love*, available on CatholicMarket.



SERVE

Special Collection: Bishops Emergency Disaster Fund

September 25-26, 2021

We are taking up a special collection in support of humanitarian relief efforts taking place in Haiti, which was struck by an earthquake and followed soon after by a storm.

The funds collected in this special appeal will become part of the Bishops Emergency Disaster Fund and will be used to support pastoral and reconstruction needs of the Church. In addition, proceeds will benefit Catholic Relief Services and/or Catholic Charities USA (and their agencies) as they respond to immediate emergency needs and aid in long-term rebuilding and recovery efforts.

Funds will be used in response to the earthquake and Tropical Storm Grace calamities in Haiti and any other disasters that occur and will be distributed where they are most needed.



St. Vincent de Paul Food Pantry



Heading to the store this week?

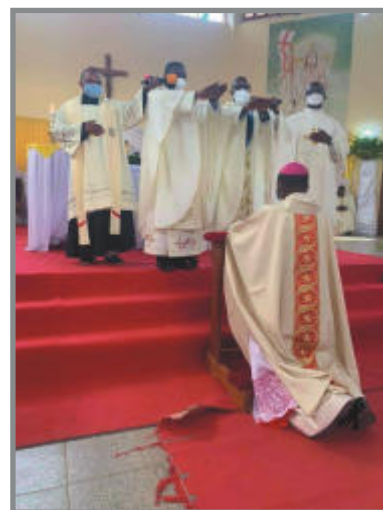
Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Fruit
- ⇒ Pork & Beans
- ⇒ Tuna

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. *Thank you for your support!*

St. Joseph the Worker: Sister Parish Dispatch

Meet Fr. Aron Mmbaga, the new Parochial Vicar for St. Joseph the Worker.



Giving	
Sunday, September 12	31,854
Special Collections coming up: Catholic Voice October 3	
Our pledged weekly amount (excluding special collections): \$31,963	

Corner

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

PRAY



Blessing of Healthcare Workers

September 25-26, 2021

In recognition and thanksgiving, we invite all who work in the healthcare field for a blessing at all the Masses.

Thank you for your sacrifice and for the care that you provide.

Feast of San Lorenzo Ruiz de Manila

September 26, 2021 | 12:30 pm

Please join us for Mass followed by procession in our Outdoor Worship Space as we celebrate the Feast of San Lorenzo Ruiz, the first Filipino saint and martyr.

And join us afterwards for a refreshments in the Parish Center.

Novena to St. Faustina

September 26-October 4, 2021

We invite our faithful parishioners to pray with us after the 7:00 am daily Masses and the 7:15 am Sunday Masses in anticipation of St. Faustina's Feast Day on October 5, 2021.

Our Lady of Fatima

October 13, 2021

We invite our faithful parishioners to join us for Mass in honor of Our Lady of Fatima on Wednesday, October 13 at 6:30 pm.

International Rosary

October 30, 2021

In celebration of the Month of the Holy Rosary, please join us at the 5:00 pm Mass followed by International Rosary.*

*We are looking for volunteers to recite the "Hail Mary" in different languages. If you would like to take part in the International Rosary and pray in your native tongue (language), please contact Marina at 510.792.9621 or Bella at 510.791.6121.

Adoration Chapel

Visit our Adoration Chapel in the Governo House! Hours are: Mondays to Fridays, 6:00 am to 12:00 pm

To sign up as an Adorer, go to <https://holyspiritfremont.org/adoration-chapel/>



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

Vilma & Lowell
Tumamos, Todd
Carscadden, Lori Santos,
Norma Navarro, Rowena
Anniversario, Rose
Mauricio, Cristyl Beltran

Pray for Our Recently Departed

Filomena Bernaldo,
Florante Enriquez, Precita
Tolentino Mendiola, P.M.
Jose, Chuck Slone, Rico
Jose A. Leuterio, Manell
Ian Menor, Lourdes
Valiquig, Eddie Uribe,
Ferdinand Bungcayao,
Josephine Ang, Adelaida
Rafal, Alejandro Salazar

Birthday Blessings

Paul Orella, Abbie Boyle



What prayer could be more true before God the Father than that which the Son, who is Truth, uttered with His own lips? ~ St. John Chrysostom



INVITE

Blessing of the Animals

October 4, 2021

In celebration of the Feast of Saint Francis of Assisi, the Blessing of the Animals will take place at 2:00 pm in St. Francis Plaza. Please be sure that all pets are leashed or properly restrained. Please wear a face covering and practice social distancing.

Virtual Retrouvaille

October 14-17, 2021

Retrouvaille is a program that helps couples restore their marriage and rebuild a loving relationship. For more information or to register for Virtual Retrouvaille, call 510.709.6063 or go to www.helpourmarriage.com

Blood Drive

October 24, 2021 | 8:30 am to 12:45 pm
Peace Center

Donating blood is one of the easiest way to give back to your community. There's an urgent need for all blood types. Advance appointments are encouraged. Go to donors.vitalant.org and use sponsor code: **HolyHoly** For more information, contact Kendeehs@yahoo.com or call 510.796.8956

Holy Spirit Grandparents Club

Attention, All Grandparents! How would you like to meet fellow grandparents, and help our children pass on our Catholic faith to our grandchildren? The Grandparents Club invites you to be a part of this wonderful ministry. We'd be most happy to see you! For information, contact: Nancy Salonga, 510.673.3168; Cynthia Bautista, 510.378.2083; or Pat Saturnio, 510.468.7321

Flower Fund

We are accepting donations towards floral arrangements for our church sanctuary. For information or special requests such as dates, colors, or events (e.g., anniversary, birthday, memorial, etc.), please text Judy Young at 510.378.1933. Drop off your donation in the mail slot at the parish office or send by mail: 37588 Fremont Boulevard, Fremont, CA 94536

Sanctuary Candles - \$5 each

Purchase clean, dependable burning candles made of beeswax and designed to burn up to 5 days. Stop by the Sacristy after Mass.



Davidson
Kaden
Alexander

Town Hall Meeting: Parish Redevelopment Plan

October | 22, 2021 7:00 pm | Church

As we plan for the future redevelopment of our parish, we invite our faithful parishioners to our "town hall" meeting to learn about our goals and objectives.

This is your opportunity to inquire, to give input, and to be part of the redevelopment process.

For more information, please contact Jeff@holyspiritfremont.org



AROUND THE PARISH



HERE'S THE SITCH...

As reported in last week's "Here's the Sitch," a campus master planning committee (CMPC) has been formed with the goal of planning out a roadmap for the future of the parish and parish school physical campus.

The planning committee is made up of school board members, clergy, staff, and others with a specialty-suited backgrounds (e.g., a civil engineer).

One of the first actions taken and completed was to do a full land and topographical survey of the entire campus.

The next decision made by the CMPC was to engage an architect and utilize the "Programming" process as we had done in 2015 for the church interior renovation. Programming is the process of defining all the activities that take place on the campus. This process gives the entire parish community the opportunity to provide input and be heard. All data collected will then be given to the architect who will design optimum spaces—including indoors, outdoors, parking, pedestrian walkways, etc.—to suit various parish activities and needs.

For more details, we invite you to the Town Hall Meeting in the church on Friday, October 22, 2021 at 7:00 pm. Please make your calendars. Be part of the process!

Blessings,
Fr. Ken

Prayer Pillow Cases

Pre-paid orders are now available for pick up.

Please stop by the Parish Office Mondays to Fridays, 9:00 am to 4:00 pm and Sundays, 9:00 am to 2:00 pm.

Thank you for supporting our yearly fundraiser for the seminarians of the Oakland Diocese.

The WORD in Other Words

Bible Diary 2022 - \$20 each

Would you like to deepen your faith in 2022? Are you looking for a meaningful Christmas or New Year's gift for your loved ones? "The WORD in Other Words" Bible Diary contains daily scripture readings and reflections by SVD priests, Blue Sisters, and Pink Sisters in the Philippines. Order by 10.29.2021. Please email rjose@holyspiritfremont.org

Contact Us

In case of an emergency, call 510.797.1660 and follow the prompts.

Gift Shop

Sundays
8:30 am to 2:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964

Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206

Dcn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975

Dcn. Chuck Glover,
Pastoral Care
510.789.8652

Dcn. Steve Lewellyn, RCIA
510.797.1660

Dcn. Bernard Liwanag
510.797.1660

Dcn. Tim Roberto, RCIA
510.598.7408

Dcn. Emeritus Richard Yee,
Retired

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970

Safe Environment
Sr. Asha Kooliyadan, CMC
510.456.4972

Facilities Scheduling
Roselyn Jose
510.456.4995

Faith Formation &
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510.456.4974

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Paul Orella
510.673.3873

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