



SUNDAY, SEPTEMBER 5, 2021 | 23RD SUNDAY IN ORDINARY TIME



**WELCOME**  
With joy we welcome all who have gathered here with us to worship God.  
  
“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)  
  
Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

**CONTACT**  
37588 Fremont Blvd.  
Fremont, CA 94536  
Parish: 510.797.1660  
School: 510.793.3553  
Preschool: 510.793.2013  
info@holyspiritfremont.org  
holyspiritfremont.org

**MASS SCHEDULE**  
**Weekend**  
Saturday: 7:00\* & 8:15 am  
Saturday Vigil: 5:00 pm  
Sunday: 7:15 am\*  
9:00 am\* | 10:45 am  
12:30 pm | 5:00 pm

**Weekday**  
Mon.-Fri.: 7:00\* & 8:15 am  
Wednesday: 6:30 pm\*  
First Friday: 6:30 pm\*

\*Masses are livestreamed on our Facebook page and YouTube channel.

## 23<sup>RD</sup> SUNDAY IN ORDINARY TIME

And people brought to him a deaf man who had a speech impediment and begged him to lay his hand on him. He took him off by himself away from the crowd. He put his finger into the man’s ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, “Ephphatha!”—that is, “Be opened!” - Mk 7:32-34

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.



**BE SPIRIT FILLED AND MAKE DISCIPLES!**



# WORSHIP

## OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

## Confession

Saturday: 3:30 pm  
Thursday before First Friday:  
3:30 pm  
Weekdays: call for an appt.

## Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.  
Mon-Fri, 6:00 am-12:00 pm

## Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.

Next Mass: October 2, 2021

## Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or [holyspiritfremont.org](http://holyspiritfremont.org)

## First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass  
Next Mass: October 1, 2021

## Mass Intentions

To request a Mass, contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or 510.797.1660

## New to Holy Spirit?

Welcome! To register, contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or go to [holyspiritfremont.org/join-our-community](http://holyspiritfremont.org/join-our-community)

## Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

### SUNDAY, SEPTEMBER 5 | 23RD SUNDAY IN ORDINARY TIME

Is 35:4-7a/Ps 146:7, 8-9, 9-10 [1b]/Jas 2:1-5/Mk 7:31-37

- 5:00 pm (Vigil Mass) † Teodoro J. Acejas, † Violeta Guarderas, † Bertha Morante
- 7:15 am † Jose Hizon, † Eugenia T. Mano, Rastrullo Family
- 9:00 am † Tony Bruno, † Sulpicia Reamon, † Maricel Juco- Granda, Ceferina Dumlaog
- 10:45 am Nena Ladrillono, Florante & Bella Asis, † Justiniano Regidor
- 12:30 pm For the People of Holy Spirit Parish
- 5:00 pm † Cine Vitus Chu, † Hung & Ninh Pham, † Jose Alaniz

### MONDAY, SEPTEMBER 6 | MONDAY OF THE 23RD WEEK IN ORDINARY TIME

Col 1:24—2:3/Ps 62:6-7, 9 [8]/Lk 6:6-11

- 7:00 am Joseph Gianan Aguilar, † La Thi Dang, † Mary Francis
- 8:15 am Linda Agbuya, † Loc & Nhat Vu, † Rio S. Deleon

### TUESDAY, SEPTEMBER 7 | TUESDAY OF THE 23RD WEEK IN ORDINARY TIME

Col 2:6-15/Ps 145:1b-2, 8-9, 10-11 [9]/Lk 6:12-19

- 7:00 am † Perla Martin, † Pia Fest, Rosemarie Yunzal
- 8:15 am † Patricia & James Curcuro Sr., † Agripina Goce

### WEDNESDAY, SEPTEMBER 8 | FEAST OF THE NATIVITY OF THE BLESSED VIRGIN MARY

Mi 5:1-4a or Rom 8:28-30/Ps 13:6ab, 6c [Is 61:10]/Mt 1:1-16, 18-23 or 1:18-23

- 7:00 am † Manuel Gallegos Jr., † Joseph Albert, Cristina & Maura Paredes
- 8:15 am † Julius Acoba, Efigenia Gianan Aguilar
- 6:30 pm † Francis Vu, † Connie Tellez

### THURSDAY, SEPTEMBER 9 | MEMORIAL OF SAINT PETER CLAVER, PRIEST

Col 3:12-17/Ps 150:1b-2, 3-4, 5-6 [6]/Lk 6:27-38

- 7:00 am † Jose Salvosa Torres, Divina Simpson, Maria Rosa Grosso
- 8:15 am † Raguindin - Motas Family, Miguel Guanchaj Rosario

### FRIDAY, SEPTEMBER 10 | FRIDAY OF THE 23RD WEEK IN ORDINARY TIME

1 Tm 1:1-2, 12-14/Ps 16:1b-2a and 5, 7-8, 11 [cf. 5]/Lk 6:39-42

- 7:00 am † Maria Laksmana, † Otilia Carillo, Rosemary Chacon
- 8:15 am † Augustine Vu, Norma Rivera Navarro

### SATURDAY, SEPTEMBER 11 | SATURDAY OF THE 23RD WEEK IN ORDINARY TIME

1 Tm 1:15-17/Ps 113:1b-2, 3-4, 5a and 6-7 [2]/Lk 6:43-49

- 7:00 am † Louise C. Silva. Rahul Palamuttam. † Christine Vu
- 8:15 am † Maria Laksmana. † Agripina Goce. † Cine Vitus Chu

### PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

# NOURISH



## WORSHIP & MEDITATION



### FIRST READING

Then will the eyes of the blind be opened,  
the ears of the deaf be cleared;  
then will the lame leap like a stag,  
then the tongue of the mute will sing. (Is 35:5-6)



### PSALM

Praise the Lord, my soul! (Ps 146)  
Or Alleluia.



### SECOND READING

Did not God choose those who are poor in the world  
to be rich in faith and heirs of the kingdom  
that he promised to those who love him? (Jas 2:5)



### GOSPEL

"He has done all things well.  
He makes the deaf hear and the mute speak."  
(Mk 7:37)

*Excerpts from the Lectionary for Mass ©2001,  
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Responses from Lectionary for Mass © 1969, 1981,  
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### GOSPEL MEDITATION

#### Encourage Deeper Understanding of Scripture

From the time we are born into this world until we die, our human radar picks up signals about how to respond to life. What we picked up on when we were very young carries an even greater power. The messages we receive and process tell us what we are "supposed" to do with our feelings, how to understand and cope with disappointment, anxiety, failure, death, illness, and what to expect out of life. As life unfolds for us, these radar messages kick in and resonate in us at very deep levels. Sometimes what we have learned is helpful and sometimes it is not. The stories we have been told, especially when we are young, about how life is best lived and how to negotiate its pain carry a heavy weight.

Life can be challenging and frightening. Sometimes, it really hurts to be a human being. It also can be quite unpredictable and, at times, unfair. We face our vulnerability and brokenness of all kinds: physical, emotional, and spiritual. It doesn't take much for life to quickly fall apart. What we knew to be familiar and true is gone and something we relied upon, physically, emotionally, or spiritually, can be taken away. It is hard to confront our limitations and sit with our incompleteness. Often, life hurts us so much that we find ourselves sitting in a pool of sadness, not sure what we are supposed to do. It is particularly hard when the signals we have inherited tell us that we need to be successful in what we do, and we have to avoid life's unfairness. We can feel like a failure, wondering what precisely we did to deserve this fate, or ruminate about what we did not do correctly. But it's really not about us. We are part of a bigger picture and a much more fascinating story!

If we cease doing battle with life's incompleteness and see ourselves, as God does, on a journey toward wholeness and completeness we can better accept our disappointments and stand firm. The prophets told us, and Jesus reassured us: Be strong! Fear not! Sometimes we have to update our stories and replace them with newer, more accurate ones. When we make God's story our own and tune our radar into His voice, what we hear is all about restoration, healing, and rejuvenation! This is true even when we think we have hit rock bottom and can go no further. There is always hope. Remember the words of Julian of Norwich: God made us, God loves us, and God keeps us. Now, listen to God when He says, "be opened!" Be healed and allow your stories to change.



In observance of Labor Day, all parish departments  
will be closed on Monday, September 6, 2021.

We pray that you and your family have a safe and  
restful holiday.



# SERVE

## St. Joseph the Worker: Sister Parish Dispatch

Lonat Pre/Primary School & Secondary School is a new boarding school just 2 kilometers away from St. Joseph the Worker. A student can enter as early as Kindergarten and continue all the way through secondary school (Ordinary Level).

This is great news for our Sister Parish students because they can attend boarding school close to home and be closer to their families, all without incurring travel costs to Same near Mt. Kilimanjaro.



## Special Collection: Priest Retirement Trust September 11-12, 2021

It is the time of the year when we are reminded of the need and obligation to support our retired priests through the Priests Retirement Fund. Please join with parishes across Oakland Diocese next weekend in supporting this critical fund. Your generosity is a way to thank and honor these priests who have dedicated their lives to serving.

## St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Fruit
- ⇒ Pork & Beans
- ⇒ Tuna

Please drop off non-perishable food donations at the Parish Office during regular business hours or Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. *Thank you for your support!*

## St. Patrick Seminary Fundraiser

For our annual fundraiser, we are selling beautiful queen-size prayer pillowcases.

Proceeds of the fundraiser will benefit seminarians in the Diocese of Oakland who are attending St Patrick Seminary & University in Menlo Park.

These pillowcases are made in the USA—designed and printed in California!

To place your order, go to [www.prayerpillowcases.com](http://www.prayerpillowcases.com). Please use the code "HSF945" at checkout. This will ensure that 50% of the proceeds will go to Holy Spirit Church.

Please place your order by September 20, 2021.

### Giving

Sunday, August 22

27,761

#### Special Collections coming up:

Diocesan Priest Retirement Benefit Trust | September 12

Our pledged weekly amount (excluding special collections):  
\$31,963

Corner

#### PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

# PRAY



## Our Lady of Fatima

We invite our faithful parishioners to join us for Mass in the church in honor of Our Lady of Fatima.

- Monday, September 13 - 6:30 pm
- Wednesday, October 13 - 6:30 pm
- The International Rosary\*\* will be prayed immediately after the 5:00 pm Mass on Saturday, October 16.

\*\*We are looking for volunteers to recite the "Hail Mary" in different languages.

If you would like to take part in the International Rosary and pray in your native tongue (language), please contact Marina at 510.792.9621 or Bella at 510.791.6121.



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

## Pray for Our Sick

Estrella Lomogda, Mark Oboyle, Savanna Hogan, Bernie Hoercher, Patricia Bagwell, Ernest Fonacier, Kent Endaya

## Pray for Our Recently Departed

Orlando Sarmiento, Eloise Sanchez, Nickola "Nick" Dujmovic, David Garcia

## Birthday Blessings

Sherry Glover, Ellie Boyle, Armin Paras, Aloysius Paras, Edith Gonzalez, Lourdes C. Nilmeier, Libertad Neri Concepcion, Andrew C. Javier III



## Adoration Chapel

Be in the presence of our Lord in the Blessed Sacrament.

Visit our Adoration Chapel in the Governo House! Hours are: Mondays to Fridays, 6:00 am to 12:00 pm.

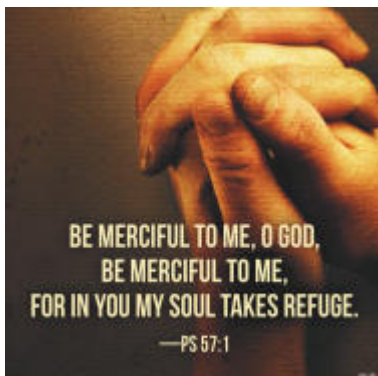
To sign up as an Adorer or for more information, go to <https://holyspiritfremont.org/adoration-chapel/>

## Drive-Thru Prayer

Need someone to pray with you in the comfort and safety of your care?

If you would like us to pray with you and lift up your intentions, please find us by the school green porch 5:00 to 6:00 pm on Fridays.

If you are interested in joining our ministry, contact Debbie Longarini at 510.745.8123.



**I**t is simply impossible to lead, without the aid of prayer, a virtuous life.

~ Saint John Chrysostom



# INVITE

## Feast of *Our Lady of Velankanni*

You are cordially invited to the Festival of Our Lady of Velankanni at Holy Spirit Church to receive blessings of good health.

### Novena Continues through September 7, 2021

Novena and Rosary will be prayed after 7:00 am daily Mass and Sunday 7:15 am Mass.

### Feast Day (observed)

Saturday, September 11, 2021 | 5:00 pm Mass

Mass will be followed by Marian Procession & Rosary, Exposition & Benediction. Join us afterwards for dinner and fellowship. Please RSVP by September 8, 2021- <http://evite.me/gbrMasmsjf>



## Rites of Christian Initiation for Adults

RCIA is a program for any non-Catholic and those who have received a Trinitarian baptism, and who would like to grow their relationship with God through the Catholic Church.

2021-2022 classes begin September 7.

For more information, please contact:

Deacon Steve -

[holyspiritdeaconsteve@gmail.com](mailto:holyspiritdeaconsteve@gmail.com)

Deacon Tim - [t.roberto@att.net](mailto:t.roberto@att.net)

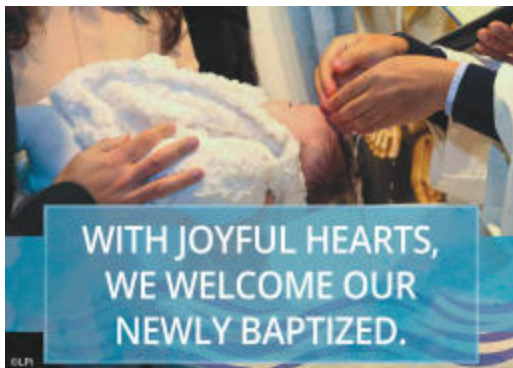
Fran - [frances@holyspiritfremont.org](mailto:frances@holyspiritfremont.org)

## Sanctuary Candles - \$5 each

Our parish is selling sanctuary candles. These are cleaner, dependable burning candles made of beeswax and are designed to burn up to 5 days. To purchase, see one of our sacristans in the Sacristy after Mass.

## Flower Fund

We are accepting donations towards flowers for our church sanctuary. Drop off your donation in the mail slot at the parish office or send by mail: 37588 Fremont Blvd., Fremont, CA 94536



Leo, Eliot,  
Diego, Kahlia,  
Avalee

## RELIGIOUS EDUCATION

NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS • NEWS

GLPI

Welcome to the 2021-2022 Faith Formation year!

Registration is now open for Grades 1-8, First Communion, and Confirmation classes. Please visit our parish website - <https://holyspiritfremont.org/> - to register. From the homepage, go to "Connect," choose "Faith Formation for Adults and Youth," then select the appropriate age group you would like to register for. Please send an email to [faithformation@holyspiritfremont.org](mailto:faithformation@holyspiritfremont.org) if you have additional questions.

# AROUND THE PARISH

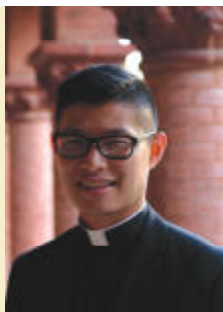


## Fr. Peter Lawongkerd's First Year Anniversary September 5, 2021

Today marks the first anniversary of Fr. Peter's priestly ordination.

We congratulate and thank you, Fr. Peter, for your devoted service and commitment to Holy Spirit Parish especially during this pandemic.

You have been a joy and a blessing to our faith community. May God continue to guide and direct you, strengthen and protect you. And may the peace of God be upon you.



We invite our faithful parishioners to join us for a reception in the de Sousa House 4-Plex from 9:30 am to 2:00 pm. Visit with Fr. Peter, take photos, and congratulate him on the first anniversary of his priesthood.



## Stop Abortion, All Lives Matter

We have brought a lot of problems upon ourselves because we have pushed God out of our lives, our schools, our homes and government buildings. We ignore His Ten Commandments and turn around and make our own laws. We act like we know more than our God does. In 1973, our U.S. Supreme Court legalized abortion, an evil law declaring it was OK to take the life of a baby in the womb of the Mother. But let's call it by its real name, murder. Since then, more than 62 million babies have been murdered here in the United States of America alone. This is something we should all be ashamed of. We talk of the terrorists and how they are such an evil threat to the world under the guise of religions. We have problems here on the streets between a few African American men and our police officers whose job is to protect us all. Yes, black lives matter, police lives matter, and babies' lives matter. All lives matter and are precious in God's sight. We mourn the lives of all who have died by violence. If we were obeying God's fifth Commandment, "Thou shalt not kill," none of this would have happened. We will all have to answer for our actions one day.

- Ruth Weber Davenport, Iowa

## Contact Us

In case of an emergency, call 510.797.1660 and follow the prompts.

## Gift Shop

Sundays  
8:30 am to 2:30 pm

## Clergy

Fr. Kenneth L. Sales, Pastor  
510.456.4964

Fr. Peter Lawongkerd,  
Parochial Vicar  
510.797.1660, ext. 206

Dcn. Rigo Cabezas,  
Dir. of Rel. Ed.  
510.456.4975  
Dcn. Chuck Glover,  
Pastoral Care  
510.789.8652

Dcn. Steve Lewellyn, RCIA  
510.797.1660

Dcn. Bernard Liwanag  
510.797.1660

Dcn. Tim Roberto, RCIA  
510.598.7408

Dcn. Emeritus Richard Yee,  
Retired

## Departments

Business/Maintenance  
Jeff Van der Sluis  
510.456.4970

Safe Environment  
Sr. Asha Kooliyadan, CMC  
510.456.4972

Facilities Scheduling  
Rosalyn Jose  
510.456.4995

Faith Formation &  
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510.456.4974

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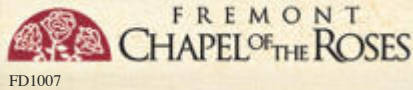
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