



HOLY SPIRIT FREMONT

SUNDAY, JULY 25, 2021 | 17TH SUNDAY IN ORDINARY TIME



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am*
9:00 am* | 10:45 am
12:30 pm | 5:00 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm*
First Friday: 6:30 pm*

*Masses are livestreamed on our Facebook page and YouTube channel.

17TH SUNDAY IN ORDINARY TIME

“There is a boy here who has five barley loaves and two fish; but what good are these for so many?” Then Jesus took the loaves, gave thanks, and distributed them to those who were reclining, and also as much of the fish as they wanted. - Jn 6:9, 11

Excerpts from the Lectionary for Mass © 2001, 1998, 1970 CCD.

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BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before First Friday:
3:30 pm
Weekdays: call for an appt.

Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.
Mon-Fri, 6:00 am-12:00 pm

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.

Next Mass: August 7, 2021

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org

First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass
Next Mass: August 6, 2021

Mass Intentions

To request a Mass, contact us at info@holyspiritfremont.org or 510.797.1660

New to Holy Spirit?

Welcome! To register, contact us at info@holyspiritfremont.org or go to holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, JULY 25 | SEVENTEENTH SUNDAY IN ORDINARY TIME

2 Kgs 4:42-44/Ps 145:10-11, 15-16, 17-18 [cf. 16]/Eph 4:1-6/Jn 6:1-15

- 5:00 pm (Vigil Mass) † Greg Tumamos, † Tess del Rosario, † Souls in Purgatory, † Ester & Jose Domingo Sr.
- 7:15 am † Eugenia T. Mano, † Olympia Romarate, † Mario Romarate
- 9:00 am † Ememorita Gonzales, Jurisha Tambaoan, † Billie Calcagno
- 10:45 am † Christine Vu, † Luis Amaral, Paul Laksmana & Family
- 12:30 pm † Victoria C. Radam, † Leonora P. Ilog, † Danilo Gancayco
- 5:00 pm For the People of Holy Spirit Parish

MONDAY, JULY 26 | MEMORIAL OF SAINTS JOACHIM AND ANNE, PARENTS OF THE BLESSED VIRGIN MARY

Ex 32:15-24, 30-34/Ps 106:19-20, 21-22, 23 [1a]/Mt 13:31-35

- 7:00 am Noel Reyes, † Nicetas Cabral, † Zenaida Barreiro
- 8:15 am † Jose Luns & Lina Javier, Linda Agbuya, † Nolan Gatchalian

TUESDAY, JULY 27 | TUESDAY OF THE SEVENTEENTH WEEK IN ORDINARY TIME

Ex 33:7-11; 34:5b-9, 28/Ps 103:6-7, 8-9, 10-11, 12-13 [8a]/Mt 13:36-43

- 7:00 am Ton & Grace Ogi-Robbins, † Bartolome Mercado, † Marcos Padilla
- 8:15 am Jose Ely S. Descalzo, † Arcangel Lavarias, Maricel Villanueva & Family

WEDNESDAY, JULY 28 | WEDNESDAY OF THE SEVENTEENTH WEEK IN ORD. TIME

Ex 34:29-35/Ps 99:5, 6, 7, 9 [cf. 9c]/Mt 13:44-46

- 7:00 am † Numeriano Jacaban, Victoria Evangelista, † Bartolome Mercado
- 8:15 am † Victor & Guillerma Gianan, Ramille Nomorosa, Stephanie-Anne Carrera Delarosa & Family
- 6:30 pm † Johnny Zamora, Andrew Refuerzo

THURSDAY, JULY 29 | MEMORIAL OF SAINTS MARTHA, MARY, AND LAZARUS

Ex 40:16-21, 34-38/Ps 84:3, 4, 5-6a and 8a, 11 [2]/Jn 11:19-27 or Lk 10:38-42

- 7:00 am † Mitsue Kamei, Allan Shaji, † Jose Domingo Jr.
- 8:15 am Claire Cabal Kahrobae, † James Lobo, † Hanafi David

FRIDAY, JULY 30 | FRIDAY OF THE SEVENTEENTH WEEK IN ORDINARY TIME

Lv 23:1, 4-11, 15-16, 27, 34b-37/Ps 81:3-4, 5-6, 10-11ab [2a]/Mt 13:54-58

- 7:00 am † Emilia Simoes, † Efigenia Correa Paguia
- 8:15 am † Angelita Betonio Rodis, † Benjamin Gabel

SATURDAY, JULY 31 | MEMORIAL OF SAINT IGNATIUS OF LOYOLA, PRIEST

Lv 25:1, 8-17/Ps 67:2-3, 5, 7-8 [4]/Mt 14:1-12

- 7:00 am † Cotilda Martins, † Lillian & George Legier, Pete Abrian
- 8:15 am Jurisha Tambaoan, † Christopher Anthony Flack, † Benjamin Gabel

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



FROM THE DESK OF FR. KEN...

17th Sunday in Ordinary Time
Year B – “The Sacrament of
Love”

The readings for today exhort us to be generous with what God has given us, to follow His truth, and to trust in God’s providential care.

In the first reading, against objections, the prophet Elisha trusts that God will provide for the sustenance of one hundred people with only twenty barley loaves. This reading reminds us that when we place our trust in the Lord, offering generously what God has given us, He will provide for us in abundance.

Likewise, the responsorial psalm for today reminds us that it is the Lord, not ourselves, who feeds us and answers all our needs. The Lord is just, hearing us if we call upon Him in truth, satisfying our deepest desires. We need not be anxious about many things, only diligent in calling upon the Lord in truth, confident that

He will be with us to provide for our needs, even in times of hardship.

In the Letter to the Ephesians, St. Paul writes from prison, exhorting those who receive his letter to live in a manner worthy of the call they have received as Christian disciples. He exhorts the Ephesians, and us, to practice the virtues of humility, gentleness, patience, and love in our dealings with one another, as we live in the Holy Spirit, united in the one faith we have received from the One God—the God who is truly in control because He “is over all and through all and in all.”

In the Gospel today, we are told that a large crowd follows Jesus across the Sea of Galilee because they saw him healing the sick. Through these healings, Jesus, who is the truth that sets us free, shows that God truly does hear and answer all our needs.

See you at Mass!

Fr. Ken

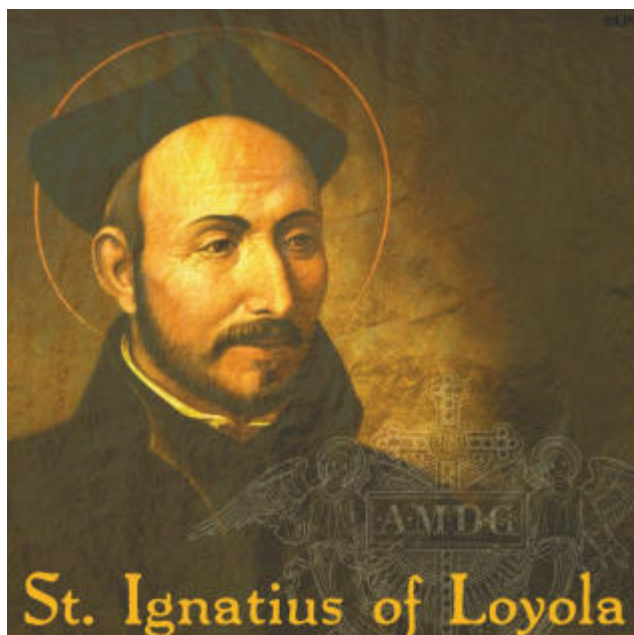
FORMED PICK OF THE WEEK



OPENING THE WORD: 17TH SUNDAY IN ORDINARY
TIME (YEAR B)

<https://watch.formed.org/videos/17th-sunday-of-ordinary-time-july-29-2018>

When was the last time you experienced a situation that you thought, “there is no solution—it is impossible”? Often we feel cornered by circumstances in life and that there is no possible way out. And yet, miraculously, things all end up working out, for our good. Today’s Gospel highlights Jesus’ love for his people as he makes a seemingly impossible task of feeding 5,000 people come to fruition with hardly any food to begin. Let’s work this week on placing our trust in God’s love for us.





SERVE

Special Collection: Mission Cooperative Plan Weekend Appeal August 1, 2021

Every year, all of our parishes in the Diocese of Oakland participate in the Missionary Cooperative Plan Weekend Appeal which is held during the summer months. Each parish is assigned one visiting missionary from a mission society, religious congregation, mission diocese, or a lay missionary organization so they can share stories with the parish community of their mission activities and invite us to participate with our prayers and our financial support. Donations directly assist missionaries in efforts to share the faith in various countries around the world. All funds collected, less administrative costs, are pooled and dispersed in equal shares to participating missions.

Next week, we will be joined by Fr. Morris Ibiko, a priest from the Catholic Diocese of Tombura-Yambio-South Sudan.

We ask that you prayerfully consider giving generously towards this appeal.

THANK YOU
for your generosity

St. Vincent de Paul Food Pantry



Heading to the store this week?

Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Jelly / Jam
- ⇒ Peanut Butter
- ⇒ Spam

Please drop off non-perishable food donations at the Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside the Governo House.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. Thank you for your support—especially during this challenging time!

St. Joseph the Worker: Sister Parish Dispatch

Meet *Nicholaus Ayoub!* He has been one of our scholarship students since 2017. He was enrolled at Chajale Seminary from 2017-2020.



Born in 2001, Nicholaus is the oldest of three children. His

father, Ayoub Simon Sanga, passed away in 2008.

Nicholaus' father would be very proud that he passed the National Examination of Tanzania with excellent marks! He has been selected to join Form Five Advanced Level at Kibaha High School.

We are so proud of Nicholaus here at Holy Spirit!

Giving

Sunday, July 11

30,566

Corner

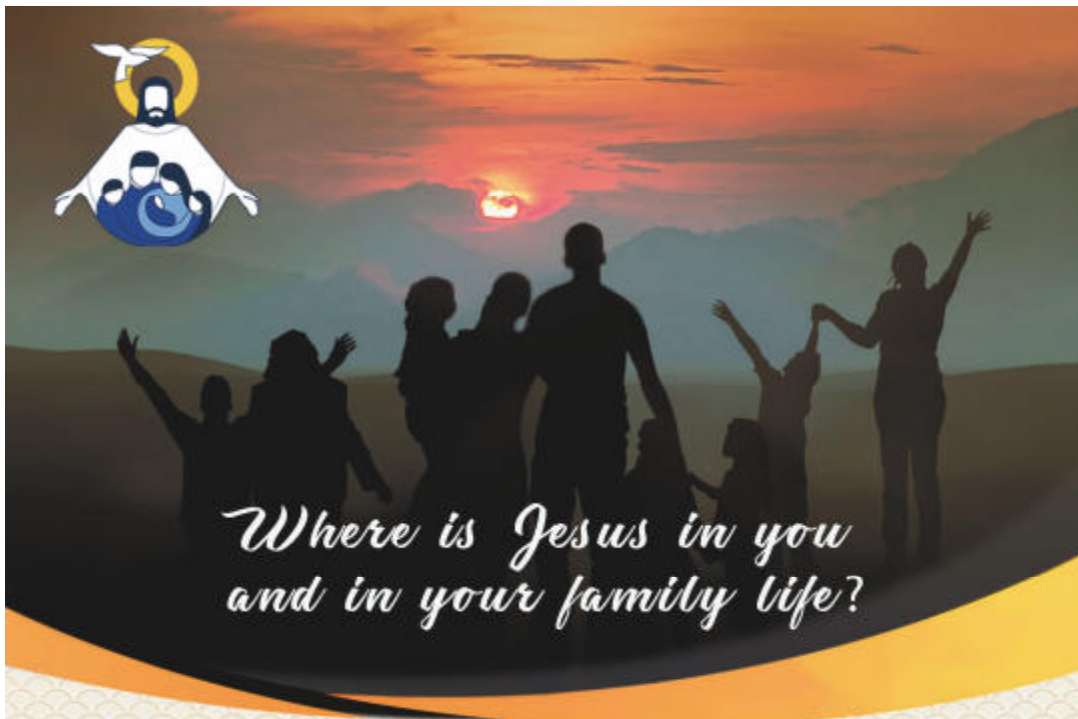
Special Collections coming up:
Mission Cooperation Plan | August 1

Our pledged weekly amount (excluding special collections):
\$31,963

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PRAY



*Where is Jesus in you
and in your family life?*

MISSIONARY FAMILIES OF CHRIST INVITES YOU TO A VIRTUAL CHRISTIAN LIFE SEMINAR

SATURDAYS STARTING JULY 24 – AUGUST 7, 2021
VIA ZOOM
2:00 PM - 4:00 PM (PST)

For more information about MFC,
please access this link;
<https://forms.gle/tJRBivYC92kjCyFW8>

For online and early registration
please access the link;
<https://forms.gle/Km951PKnahWxkWEv8>

FOR MORE INFORMATION, PLEASE EMAIL OR LET'S MAKE IT CALL;

Tom Garcia at tngarciajr@gmail.com
or (510)-366-0584

Ed Pineda: eggaypin@hotmail.com
(510) 566-6289



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

Pray for Our Sick

Melinda Ontimara, Max Calabrese, Mariam Wyman, Fran Ngan, Monina Salonga, Lowell & Vilma Tumamos, Estrella Lomogda

Pray for Our Recently Departed

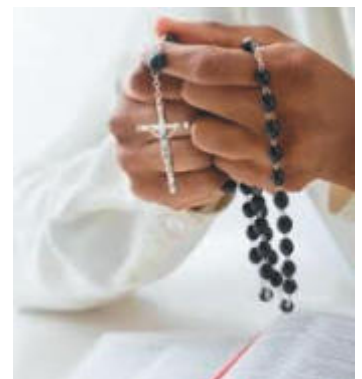
Joseph Thomas, May Ng, Maria Jocson Amon, Danilo Gancayco, Pete Abrian, Olga Terra

Birthday Blessings

Sabrina Quilalang, Charles, Tony Charles

Wedding Anniversary Blessings

Candice & Ed Letona





INVITE

Filipino Society \$5 Meal Deal

July 25, 2021

The Filipino Society is hosting their \$5 meal today in the Parish Center after the morning and 12:30 pm Masses. Come join us for fellowship and get a great meal at a great deal. Proceeds benefit parish special projects.

Meeting: Eucharistic Ministers to the Sick

We welcome back current or returning members! And we invite new members to be part of this very important ministry.

If you missed the July 20 meeting, please attend the Zoom session on July 30 at 6:00 to 7:00 pm

Contact Jean Gatan-Liwanag at 510.415.0647 or brightjg459@gmail.com for more information.

2022 Mass Intentions Book

We will be accepting 2022 Mass Intention requests starting August 2, 2021. Please go to our website and download the request form or pick up a form at the Parish Office then return via:

1. Email: Submit the completed form to ricardo@holyspiritfremont.org and attach the

receipt of your Mass intention stipend donation made via online giving.

2. Mail: Send the completed form with check donation to 37588 Fremont Blvd, Fremont, CA 94536.

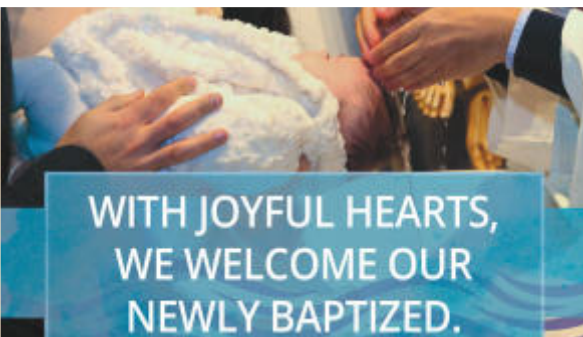
3. Drop-off: Stop by the Parish Office and drop off the completed form with check donation in the mail slot.

Make all checks payable to "Holy Spirit." The Mass Intention Request form must be filled out completely. Incomplete information/requirements may delay the processing of requests. Requests received without stipend offering will not be processed. Due to our large prayerful community here at Holy Spirit, it is absolutely **FIRST COME, FIRST SERVED!** Requests are processed according to the date the application was received.

Our Lady of Fatima

We invite our faithful parishioners to join us for Mass in the church in honor of Our Lady of Fatima.

- Friday, August 13 - 6:30 pm
- Monday, September 13 - 6:30 pm
- Wednesday, October 13 - 6:30 pm
- The International Rosary will be prayed immediately after the 5:00 pm Mass on Saturday, October 16.



Juliyann, Elias, Sebastian, Lily, Jilian, Eliana, Elaina

Flower Fund

We are accepting donations towards flowers for our church sanctuary.



Drop off your donation in the mail slot at the parish office or send by mail: 37588 Fremont Boulevard, Fremont, CA 94536

We thank the following donor(s):
July 24 & 25 - Susan Salaysay & Maureen Kamei

AROUND THE PARISH



LOVE,
NATURALLY!

NATURAL FAMILY
PLANNING

*Cooperating with God's
design for married love*



Did you know...about NFP?

Natural Family Planning (NFP) is an important element in the married relationships of Catholic Couples. It allows for a natural way for married couples to space pregnancies.

Is NFP even effective? Yes, it is! Modern methods of fertility awareness have been studied and shown to be 97-99.9% effective in avoiding pregnancy with perfect use. Typical use, which considers the human error, misunderstanding of method rules, and other factors leads to an effectiveness range of 90-99.9% effective in avoiding pregnancy.

To learn more, go to holyspiritfremont.org/nfp or email Holy Spirit's NFP ambassador at ellenholloway100@gmail.com

NFP Awareness Week at Holy Spirit

It's National Natural Family Planning Awareness Week!

Holy Spirit is bringing you a range of information and activities to celebrate and raise awareness about NFP.

- **July 24-25:** stop by the NFP table after Mass to ask questions and get information
- **July 26 @ 7:30 pm:** Zoom event* with Ellen Holloway – What is NFP anyway?
- **July 29 @ 7:30 pm:** Zoom event* with Ellen Holloway – NFP in Your Marriage
- **August 5 at 7:30 pm:** Free Symptothermal Method Introduction Class via Zoom*



*Email ellenholloway100@gmail.com for Zoom details. Go to holyspiritfremont.org/nfp for more information.

Contact Us

In case of an emergency, call 510.797.1660 and follow the prompts.

Gift Shop

Sundays
8:30 am to 2:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964

Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206

Dcn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975

Dcn. Chuck Glover,
Pastoral Care
510.789.8652

Dcn. Steve Lewellyn, RCIA
510.797.1660

Dcn. Bernard Liwanag
510.797.1660

Dcn. Tim Roberto, RCIA
510.598.7408

Dcn. Emeritus Richard Yee,
Retired

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970

Safe Environment
Sr. Asha Kooliyadan, CMC
510.456.4972

Facilities Scheduling
Rosalyn Jose
510.456.4995

Faith Formation &
Youth Ministry
510.456.4974

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Paul Orella
510.673.3873

St. Vincent de Paul
510.797.3672

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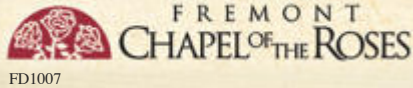
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