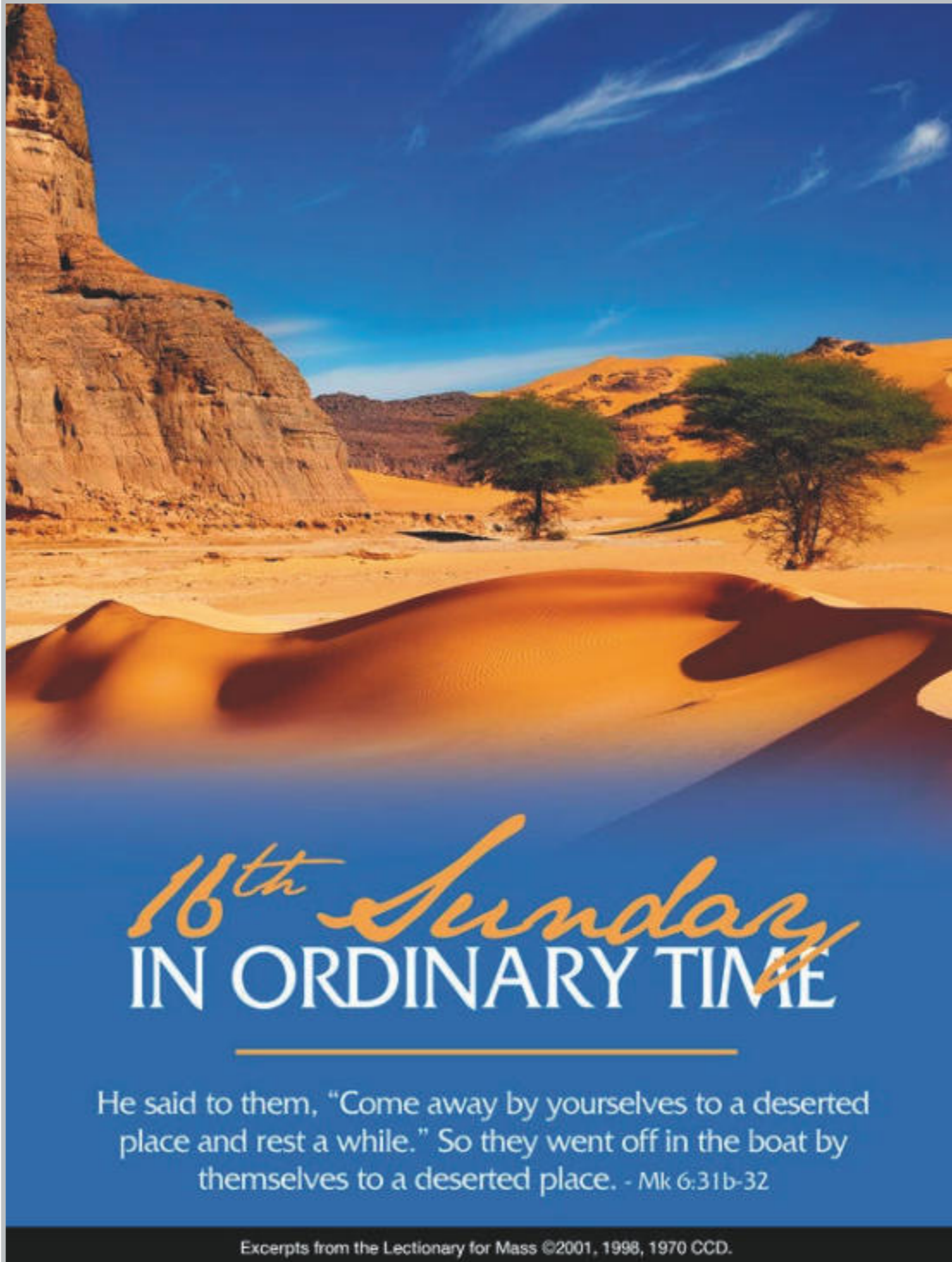




SUNDAY, JULY 18, 2021 | SIXTEENTH SUNDAY IN ORDINARY TIME



## WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

## CONTACT

37588 Fremont Blvd.  
Fremont, CA 94536  
Parish: 510.797.1660  
School: 510.793.3553  
Preschool: 510.793.2013  
info@holyspiritfremont.org  
holyspiritfremont.org

## MASS SCHEDULE

### Weekend

Saturday: 7:00\* & 8:15 am  
Saturday Vigil: 5:00 pm  
Sunday: 7:15 am\*  
9:00 am\* | 10:45 am  
12:30 pm | 5:00 pm

### Weekday

Mon.-Fri.: 7:00\* & 8:15 am  
Wednesday: 6:30 pm\*  
First Friday: 6:30 pm\*

\*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



# WORSHIP

## OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

## Confession

Saturday: 3:30 pm  
Thursday before First Friday:  
3:30 pm  
Weekdays: call for an appt.

## Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.  
Mon-Fri, 6:00 am-12:00 pm

## Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.

Next Mass: August 7, 2021

## Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or [holyspiritfremont.org](http://holyspiritfremont.org)

## First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass  
Next Mass: August 6, 2021

## Mass Intentions

To request a Mass, contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or 510.797.1660

## New to Holy Spirit?

Welcome! To register, contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or go to [holyspiritfremont.org/join-our-community](http://holyspiritfremont.org/join-our-community)

## Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

### SUNDAY, JULY 18 | SIXTEENTH SUNDAY IN ORDINARY TIME

Jer 23:1-6/Ps 23:1-3, 3-4, 5, 6 [1]/Eph 2:13-18/Mk 6:30-34

- 5:00 pm (Vigil Mass) † Tess del Rosario, † Souls in Purgatory, Wellord Ramos, † La Thi Dang
- 7:15 am Leilani L. Buccat, † Eugenia T. Mano, † Michael Lee Stewart
- 9:00 am † All Souls in Purgatory, † Mario Concepcion, † Dorothy Bettencourt
- 10:45 am Julia Nitafan & Family, † Joe Ortiz & Family, † Edda Cabrera
- 12:30 pm For the People of Holy Spirit Parish
- 5:00 pm † Christine Vu, Rey & Elaine Laurel, † Jaime Sanje

### MONDAY, JULY 19 | MONDAY OF THE SIXTEENTH WEEK IN ORDINARY TIME

Ex 14:5-18/Ex 15:1bc,-2, 3-4, 5-6 [1b]/Mt 12:38-42

- 7:00 am † Filomena "Me" Javier, † Souls in Purgatory, Nathaniel James Macasaet
- 8:15 am John Zowin, † Arturo & Amor Guerrero, † Maria Laksmana

### TUESDAY, JULY 20 | TUESDAY OF THE SIXTEENTH WEEK IN ORDINARY TIME

Ex 14:21—15:1/Ex 15:8-9, 10 and 12, 17 [1b]/Mt 12:46-50

- 7:00 am John Zowin, Brittney L. Buccat, Patrick & Marvi Bajet
- 8:15 am † Amada F. Adamos, † Maria Dieu-My Le, Melissa Jaballas

### WEDNESDAY, JULY 21 | WEDNESDAY OF THE SIXTEENTH WEEK IN ORDINARY TIME

Ex 16:1-5, 9-15/Ps 78:18-19, 23-24, 25-26, 27-28 [24b]/Mt 13:1-9

- 7:00 am Johnny Vu, † Angel, Josefina, Dolores Alfonso † Daniela Villas-Petilla
- 8:15 am Kyle Atikus Isidore Barnes, † Marianne Ingrid Thomsen
- 6:30 pm Julia Nitafan & Family, Marianne Pet-Berman

### THURSDAY, JULY 22 | FEAST OF SAINT MARY MAGDALENE

Sg 3:1-4b or 2 Cor 5:14-17/Ps 63:2, 3-4, 5-6, 8-9 [2]/Jn 20:1-2, 11-18

- 7:00 am Sunil Kunju, † John Buddy Trujillo, † Graciano Militante Jr., † Trevor Lovekin
- 8:15 am Nita Castaneda, † Fernando & Venania Datu

### FRIDAY, JULY 23 | FRIDAY OF THE SIXTEENTH WEEK IN ORDINARY TIME

Ex 20:1-17/Ps 19:8, 9, 10, 11 [cf. Jn 6:68c]/Mt 13:18-23

- 7:00 am John Michael Cortez Inocencio, † Flaviano Lapuz, † Vicente Petilla Sr.
- 8:15 am † Rosario F. Tengsico, † Carolina De Dios, Linda Agbuya

### SATURDAY, JULY 24 | SATURDAY OF THE SIXTEENTH WEEK IN ORDINARY TIME

Ex 24:3-8/Ps 50:1b-2, 5-6, 14-15 [14a]/Mt 13:24-30

- 7:00 am † Emmanuel & Dennis Conty, Manny and Nancy Salonga, † Jovencio Antolin
- 8:15 am † Stanley Motha, † Anna Endres Thomsen, † Trevor Lovekin

*Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.*

### PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



## FROM THE DESK OF DN. CHUCK & SHERRY GLOVER...

The Lord is My Shepherd:

Today's readings are all geared toward that internal voice we have that calls us to take care of others, in other words, "being a shepherd." It starts with the reading from Jeremiah and continues on through Ephesians and then into John.

You may need to look at Ephesians a little closer to recognize the call to be a shepherd. But it starts in the first line, "...you who once were far off have become near by the blood of Christ." Isn't that what a shepherd does? Do they not bring the scattered flock together?

The Gospel reading tells us that Jesus wanted to get away with his disciples and rest. But the people followed them and Jesus saw them and took pity of them. Parents, isn't that what you do for your children? After a long day, taking care of them and the other work that needs to be done, you just want a time to be able to rest and recharge. But if your children come to you and want attention, you also will take pity on them and turn aside your needs. In doing so, you follow in the footsteps of Jesus and tend to those who look to you for comfort, protection, and teaching.

And while I used parents as an example, there are other ways we emulate Jesus. Teachers, friends, classmates, anyone with a relationship with another can do the same. We are called to be a shepherd for others in all we do. And after you have taken care of others, you can also do what Jesus did. Go be by yourself and spend some time talking with God in prayer.

## FORMED®

### FORMED PICK OF THE WEEK

#### THREE MIRACLES OF HAPPINESS

<https://watch.formed.org/videos/companions-in-shipwreck>

*In the era of cancel culture and shunning of our neighbors, we should look back at how friendship should be integrated into our lives. It may be as simple as getting to know someone, or going further and visiting them regularly. What can we learn of the true principles of friendship? Who can we learn it from? Look no further than the life of famed author and Catholic, J.R.R. Tolkien. The relationships he exhibited are a wonderful example for all of us to follow, especially with those we may disagree with. As Tolkien described marriage, it's all about being "companions in shipwreck."*

## What's HAPPENING?

In response to Bishop Barber's latest updates regarding the re-opening of parishes, we are excited about the changes that go into effect this weekend!

The 9:00 am, 10:45 am, and 12:30 pm Masses are now celebrated indoors. We invite our faithful parishioners back inside the church, to worship around the altar, to hear the Word and receive the Eucharist.

Livestreamed Masses: Sundays, 7:15 am and 9:00 am; Mondays to Saturdays, 7:00 am.

To read the latest directives from Bishop Michael C. Barber, SJ, visit our parish website - <https://holyspiritfremont.org/>



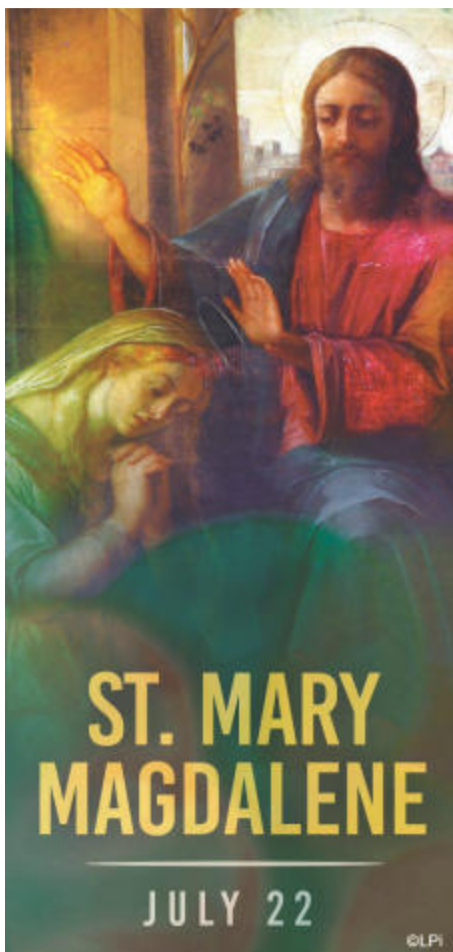
# SERVE

## St. Joseph the Worker: Sister Parish Dispatch

Nine-year-old Zenobia Samweli received the Sacrament of First Holy Eucharist on May 1st.

The red necklace she is wearing is called a TAJI[UA] in Swahili.

Congratulations, Zenobia, and may God continue to bless you and your family!



## St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Jelly / Jam
- ⇒ Peanut Butter
- ⇒ Spam

Please drop off non-perishable food donations at the Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside the Governo House.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. Thank you for your support—especially during this challenging time!

## Holy Spirit Acolyte Ministry

Holy Spirit Acolyte Ministry is welcoming new and returning acolytes to serve during Sunday Mass.

If your child would like to be trained as a new acolyte or would like a refresher on serving at the Lord's Table, please join us on Friday, July

23 at 7:00pm in the church. For more information, please contact Maria Acoba and Nars Bernardo at [hsacolytes@gmail.com](mailto:hsacolytes@gmail.com)



### Giving

Sunday, July 4

37,034

**Special Collections coming up:**  
Mission Cooperation Plan | August 1

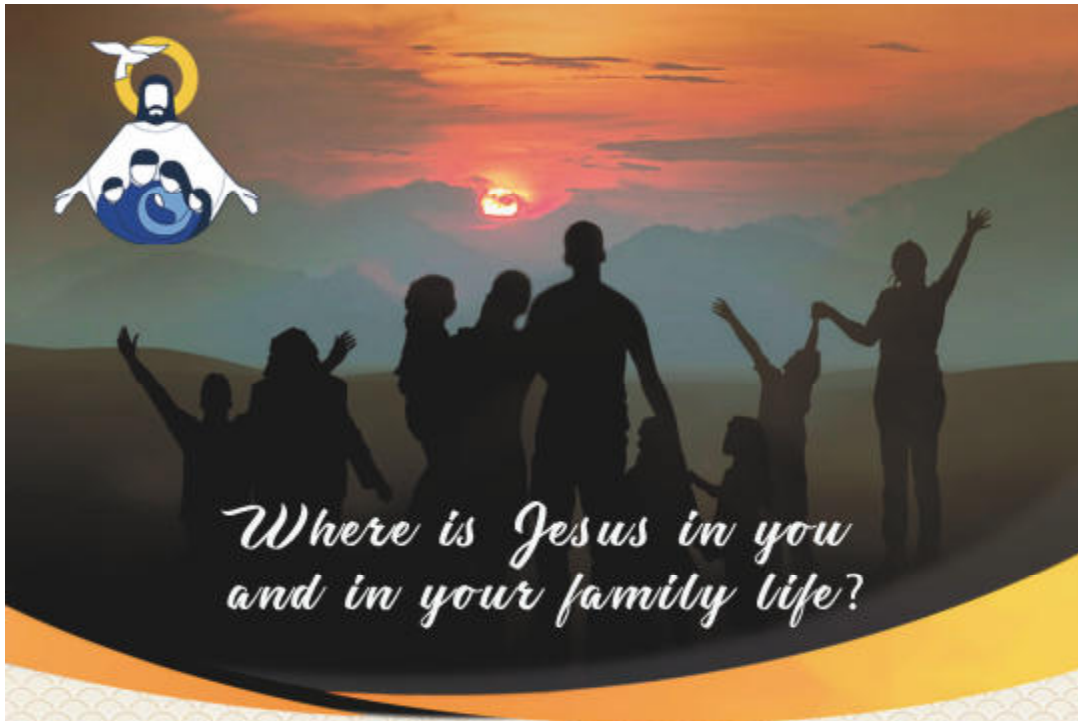
Our pledged weekly amount (excluding special collections):  
\$31,963

Corner

### PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

# PRAY



*Where is Jesus in you  
and in your family life?*

## **MISSIONARY FAMILIES OF CHRIST INVITES YOU TO A VIRTUAL CHRISTIAN LIFE SEMINAR**

SATURDAYS STARTING JULY 24 – AUGUST 7, 2021  
VIA ZOOM  
2:00 PM - 4:00 PM (PST)

For more information about MFC,  
please access this link;  
<https://forms.gle/tJRBivYC92kjCyFW8>

For online and early registration  
please access the link;  
<https://forms.gle/Km951PKnahWxkWEv8>

FOR MORE INFORMATION, PLEASE EMAIL OR LET'S MAKE IT CALL;

Tom Garcia at [tgarciajr@gmail.com](mailto:tgarciajr@gmail.com)  
or (510)-366-0584

Ed Pineda: [eggaypin@hotmail.com](mailto:eggaypin@hotmail.com)  
(510) 566-6289



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

### **Pray for Our Sick**

Melinda Ontimara, Nina Monela, John Angeles, Charlie Glover, Carina Javier, Andrew P. Javier, Fernando P. Javier, Cleo Carbonel, Estrella Lomogda, Bernie Hoercher, Lesli Griffiths

### **Pray for Our Recently Departed**

Ernawati Tedjorahardjo, Henry Soenoto Joyoputro, C.K. Wan, Noel Balbastro, Adela Andrade Suarez, Erlinda Torres, Catherine Lacayo

### **Birthday Blessings**

Abigail Javier, Victoria Norwalk, Kim Q. Le, Jasmin Mansalay, Sunil Kunju





# INVITE

## Filipino Society Meal Deal

July 25, 2021

The Filipino Society will be hosting their \$5 meal deal after the Sunday morning and 12:30 Masses.

We'll be outside the parish center—stop by and get a great meal for a great deal! We thank you for your support! Proceeds benefit parish special projects.

## Adoration Chapel

Be in the presence of our Lord in the Blessed Sacrament. Sign up as an Adorer. Go to <https://holyspiritfremont.org/adoration-chapel/>

The Adoration Chapel is open on Mondays to Fridays, 6:00 am to 12:00 pm. Only up to six (6) people are allowed in the chapel at any given time.

## Sanctuary Candles - \$5 each

Sanctuary candles are available for purchase. These are cleaner, dependable burning candles made of beeswax and are designed to burn up to 5 days. Stop by the table near the Parish Center after one of our outdoor Masses. If you are attending an indoor Mass, see one of our sacristans in the Sacristy.

## Indian Society Grab & Go Meal

August 1 & 29, 2021

The Holy Spirit Indian Society will be hosting their Grab & Go Meal after the Sunday morning and 12:30 Masses.

Stop by the Parish Center and get a great meal for a great deal! Proceeds benefit parish projects.

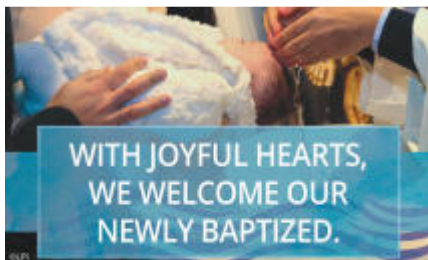
## Our Lady of Fatima

We invite our faithful parishioners to join us for Mass in the church in honor of Our Lady of Fatima.

- Friday, August 13 - 6:30 pm
- Monday, September 13 - 6:30 pm
- Wednesday, October 13 - 6:30 pm
- The International Rosary will be prayed immediately after the 5:00 pm Mass on Saturday, October 16.

## Worldwide Marriage Encounter

Let Jesus feed your marriage! Deepen your communication, strengthen your relationship, rekindle your romance and renew your sacrament. Attend the Worldwide Marriage Encounter Experience.—virtual and in-person experiences are available. Go to [www.wwme.org](http://www.wwme.org) for more information.



Mason, Nylah, Marjorie,  
Diego, Gabriel

## Flower Fund

We are accepting donations towards flowers for our church sanctuary.

Drop off your donation in the mail slot at the parish office or send by mail:



37588 Fremont Boulevard, Fremont, CA 94536

# AROUND THE PARISH



LOVE,  
NATURALLY!

NATURAL FAMILY  
PLANNING

*Cooperating with God's  
design for married love*



## Did you know...about NFP?

Natural Family Planning (NFP) is an important element in the married relationships of Catholic Couples. It allows for a natural way for married couples to space pregnancies.

There are multiple different methods of NFP that track different signs. The beauty of God's design of humans is that we are all individual, thus some methods of NFP work better for some people. We have a wealth of knowledge about fertility at our fingertips and many different options to choose when selecting a method of NFP to use.

To learn more, go to [holyspiritfremont.org/nfp](http://holyspiritfremont.org/nfp) or email Holy Spirit's NFP ambassador at [ellenholloway100@gmail.com](mailto:ellenholloway100@gmail.com)

## NFP Awareness Week at Holy Spirit

To mark National Natural Family Planning Awareness Week, Holy Spirit is bringing you a range of information and activities to celebrate and raise awareness about NFP.

- **July 23 @ 7:00 pm:** Facebook Live event with Fr. Ken and Ellen Holloway – *The Theology of NFP* (video available after the event on our Facebook page)
- **July 24-25:** stop by the NFP table after Mass to ask questions and get information
- **July 26 @ 7:30 pm:** Zoom event\* with Ellen Holloway – *What is NFP anyway?*
- **July 29 @ 7:30 pm:** Zoom event\* with Ellen Holloway – *NFP in Your Marriage*



- **August 5 at 7:30 pm:** Free Symptothermal Method Introduction Class via Zoom\*

\*Email [ellenholloway100@gmail.com](mailto:ellenholloway100@gmail.com) for Zoom details. Go to [holyspiritfremont.org/nfp](http://holyspiritfremont.org/nfp) for more info.

## Contact Us

In case of an emergency, call 510.797.1660 and follow the prompts.

## Gift Shop

Sundays  
8:30 am to 2:30 pm

## Clergy

Fr. Kenneth L. Sales, Pastor  
510.456.4964

Fr. Peter Lawongkerd,  
Parochial Vicar  
510.797.1660, ext. 206

Dcn. Rigo Cabezas,  
Dir. of Rel. Ed.  
510.456.4975

Dcn. Chuck Glover,  
Pastoral Care  
510.789.8652

Dcn. Steve Lewellyn, RCIA  
510.797.1660

Dcn. Bernard Liwanag  
510.797.1660

Dcn. Tim Roberto, RCIA  
510.598.7408

Dcn. Emeritus Richard Yee,  
Retired

## Departments

Business/Maintenance  
Jeff Van der Sluis

510.456.4970

Safe Environment

Sr. Asha Kooliyadan, CMC

510.456.4972

Facilities Scheduling

Rosalyn Jose

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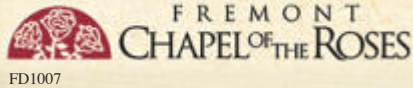
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