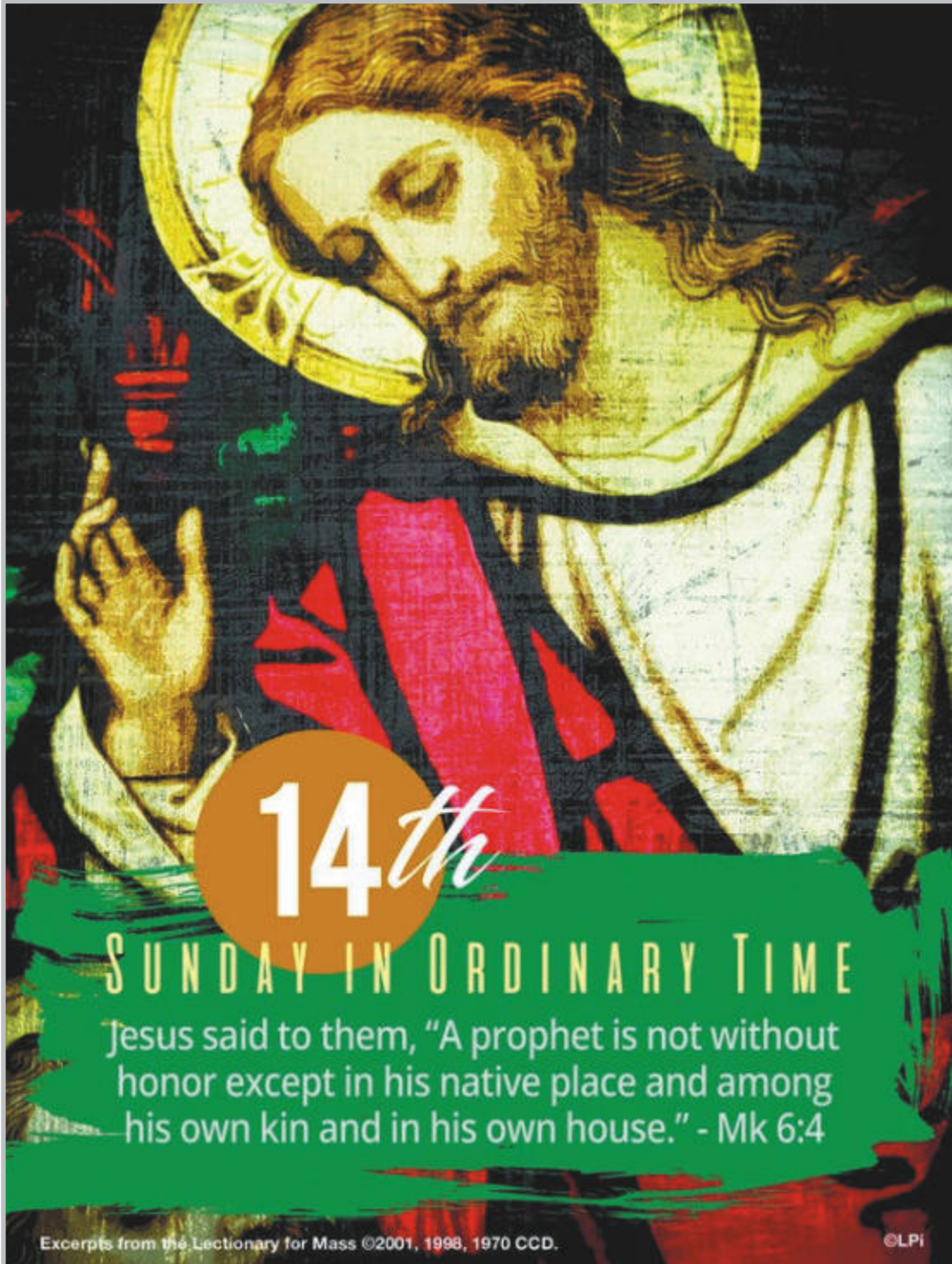




SUNDAY, JULY 4, 2021 | FOURTEENTH SUNDAY IN ORDINARY TIME



14<sup>th</sup>

SUNDAY IN ORDINARY TIME

Jesus said to them, "A prophet is not without honor except in his native place and among his own kin and in his own house." - Mk 6:4

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI

### WELCOME

With joy we welcome all who have gathered here with us to worship God.

"How good to sing praise to our God; how pleasant to give fitting praise." (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

### CONTACT

37588 Fremont Blvd.  
Fremont, CA 94536  
Parish: 510.797.1660  
School: 510.793.3553  
Preschool: 510.793.2013  
info@holyspiritfremont.org  
holyspiritfremont.org

### MASS SCHEDULE

#### Weekend

Saturday: 7:00\* & 8:15 am  
Saturday Vigil: 5:00 pm\*  
Sunday: 7:15 am\* | 9:00 am | 10:45 am | 12:30 pm | 5:00 pm\*

#### Weekday

Mon.-Fri.: 7:00\* & 8:15 am  
Wednesday: 6:30 pm\*  
First Friday: 6:30 pm\*

\*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



# WORSHIP

## OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

## Confession

Saturday: 3:30 pm  
Thursday before First Friday:  
3:30 pm  
Weekdays: call for an appt.

## Eucharistic Adoration

Visit the Adoration Chapel in the Governo House.  
Mon-Fri, 6:00 am-12:00 pm

## Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.

Next Mass: August 7, 2021

## Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or [holyspiritfremont.org](http://holyspiritfremont.org)

## First Friday Mass

Adoration of the Blessed Sacrament at 5:30 pm immediately followed by Mass  
Next Mass: August 6, 2021

## Mass Intentions

To request a Mass, contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or 510.797.1660

## New to Holy Spirit?

Welcome! To register, contact us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) or go to [holyspiritfremont.org/join-our-community](http://holyspiritfremont.org/join-our-community)

## Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

### SUNDAY, JULY 4 | FOURTEENTH SUNDAY IN ORDINARY TIME

Ez 2:2-5/Ps 123:1-2, 2, 3-4 [2cd]/2 Cor 12:7-10/Mk 6:1-6a

- 5:00 pm (Vigil Mass) † Myra Jose, Alfaro Family, † Tess del Rosario
- 7:15 am † Frank & Margaret Kane Family, † Jose Hizon, † Eugenia T. Mano
- 9:00 am For the People of Holy Spirit Parish
- 10:45 am † Meetje & Dachlan Tan, † Maria Miranda, † Moises Miranda, † Helen Cheung
- 12:30 pm † Dorothy Bettencourt, † Rosita & Edwin Gianan Lim, † Conrado Cruz
- 5:00 pm Edwin Jurado, † Patricia Dominguez-Cruz, † Hung & Ninh Pham

### MONDAY, JULY 5 | MONDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Gn 28:10-22a/Ps 91:1-2, 3-4, 14-15 ab [cf. 2b]/Mt 9:18-26

- 7:00 am † Magdalena Ramos, † Patricia Dominguez-Cruz, Lawrence & Thais Aljentera
- 8:15 am † Honesto Tria, † Conrado Cruz, Tresa Mariya Ignatius

### TUESDAY, JULY 6 | TUESDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Gn 32:23-33/Ps 17:1b, 2-3, 6-7ab, 8b and 15 [15a]/Mt 9:32-38

- 7:00 am † Rogelio De Jesus, Isabel Fernandes, Melissa Villo
- 8:15 am Grace O. Montes, † Lawrence Lucero, Cynthia Salaysay

### WEDNESDAY, JULY 7 | WEDNESDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Gn 41:55-57; 42:5-7a, 17-24a/Ps 33:2-3, 10-11, 18-19 [22]/Mt 10:1-7

- 7:00 am † Brent Thompson, † Leona Dela Calsada, Johan Reyes
- 8:15 am † Lorne Ahrens & Michael Smith, † Michael Krol & Patrick Zamarripa, † Orlyno Bundang
- 6:30 pm Letty R. Aguirre, † Alicia Ong, † Nicasio Magno

### THURSDAY, JULY 8 | THURSDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Gn 44:18-21, 23b-29; 45:1-5/Ps 105:16-17, 18-19, 20-21 [5a]/Mt 10:7-15

- 7:00 am Lety Agustin, † Patricia Dominguez-Cruz, Larry Stallworth
- 8:15 am Madeline Aguilar Bumagat, † Conrado Cruz

### FRIDAY, JULY 9 | FRIDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Gn 46:1-7, 28-30/Ps 37:3-4, 18-19, 27-28, 39-40 [39a]/Mt 10:16-23

- 7:00 am † Patricia Dominguez-Cruz, † Loc & Nhat Vu
- 8:15 am Teresa Do & Kris Kopriva, † Conrado Cruz

### SATURDAY, JULY 10 | SATURDAY OF THE FOURTEENTH WEEK IN ORDINARY TIME

Gn 49:29-32; 50:15-26a/Ps 105:1-2, 3-4, 6-7 [cf. Ps 69:33]/Mt 10:24-33

- 7:00 am † Ruben & Lourdes De Los Reyes, † Baptist Fernandes, † Francis Vu
- 8:15 am Rufina Gacula & Family, Apolonia Leano, † Conrado Cruz

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## FROM THE DESK OF DN. BERNARD...

### “Crab Mentality or Crab Effect”

When crabs are placed in a bucket, there is a natural tendency for them to climb their way out of the bucket. While any of them could easily escape one at a time, its efforts become difficult because others pull them down, inevitably ensuring the group’s collective demise.

In the human sense, when members of the same group attempt to reduce, or discredit the advancement or success of another person, they do so purely out of envy. Selfishness or resentment come to the surface through downplaying, criticism, discouragement, and unkind actions. *(All of these are the very same attitudes that caused Jesus His death.)*

### “Familiarity Breeds Contempt”

Extensive knowledge of or close association with a person/situation can easily lead to a loss of respect for that person or carelessness in that particular situation.

This was very true for the townsmen of Jesus of Nazareth, and it is still true for many of us today. Do we really appreciate the spiritual beauty of those close to us? Sometimes when we say to close friends, coworkers, social groups, or even our own family members that we serve at church, they are *turned off* and we often hear some discouraging remarks from them.

The Ten Commandments of God specifically tell us that before all others, God is to be the utmost first, but society discredits this, even in our very own Christian world. We tend to discredit God and put Him on the side. Even when we know that we are going against God, but we still deviate from His commands to suit our own needs and satisfaction. This is simply a way of rejecting God.

### “Jesus was amazed at their lack of faith”

God does not look at familiarity or social status, but desires our faithfulness. Having faith is believing, trusting, relying on God in everything and in every situation.

We tend to look for God elsewhere when, in fact, God is inside each and every one of us. He waits for us to unbox our hearts, to open and welcome Him.

In Jesus, the people of Nazareth could have seen their potential. They could have praised God for raising a prophet in Jesus from among them. And with Jesus as an example, they could have proven that, indeed, good things can come from Nazareth. Instead, they simply confined themselves to where they were. As the saying goes, *“If I can’t have it, neither should you!”* We, too, must look beyond ourselves, beyond our poverty and limitations.



God’s grace is sufficient for us. For when we are weak, in Jesus Christ we are strong.

God bless us all!  
Dn. Bernard & Jean

## FORMED PICK OF THE WEEK

### THREE MIRACLES OF HAPPINESS

<https://watch.formed.org/three-miracles-of-happiness>



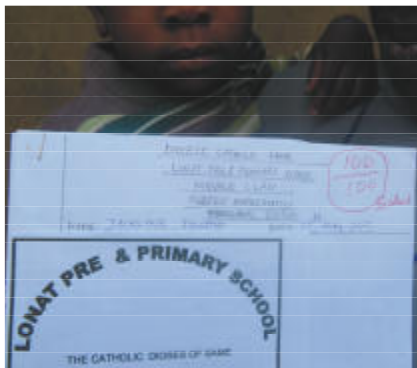
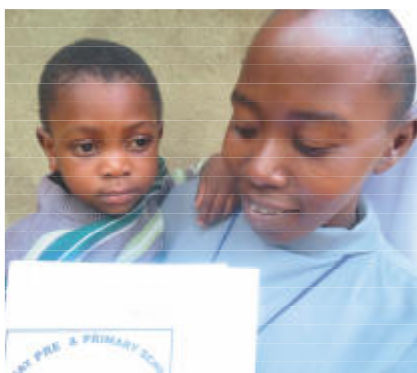
*A devoted husband and father, Coach Faust has become a popular inspirational speaker who weaves the dramatic story of his own life into lessons for every life, always placing faith in God in the center of the huddle.*



# SERVE

## St. Joseph the Worker: Sister Parish Dispatch Meet Jackline

Meet Jackline Josephat. She will begin Standard One next year. Looking at these fantastic grades, she is going to be a great student with a very bright future!



All parish departments will be closed on Monday, July 5, 2021, in observance of Independence Day. On behalf of Fr. Ken, Fr. Peter, and the parish staff, have a safe holiday.

## St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Jelly / Jam
- ⇒ Peanut Butter
- ⇒ Spam

Please drop off non-perishable food donations at the Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside the Governo House.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. Thank you for your support—especially during this challenging time!

## Be a Catechist

### Holy Spirit Faith Formation

Faith Formation is looking for people who would love to share their faith as a Catechist for the 2021-2022 school year teaching children Grades 1-6.

For more information, please contact Deacon Rigo at 510.366.4444 or [dcnrigo@holyspiritfremont.org](mailto:dcnrigo@holyspiritfremont.org)



## Giving

Sunday, June 20

27,761

### Special Collections coming up:

Holy Spirit Youth & Young Adult Ministry | July 18

Our pledged weekly amount (excluding special collections):  
\$31,963

### PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

Corner

# PRAY



## Our Lady of Fatima

We invite our faithful parishioners to join us for Mass in the church in honor of Our Lady of Fatima.

- Tuesday, July 13 - 6:30 pm
- Friday, August 13 - 6:30 pm
- Monday, September 13 - 6:30 pm
- Wednesday, October 13 - 6:30 pm

The International Rosary will be prayed immediately after the 5:00 pm Mass on Saturday, October 16.

## Drive-Thru Prayer

We are back! Our very own Drive-Thru Prayer ministry has returned.

If you would like us to pray with you and lift up your intentions, please find us by the school green porch 5:00 to 6:00 pm on Fridays.

If you are interested in joining our ministry, contact Debbie Longarini at 510.745.8123.

## Adoration Chapel

Be in the presence of our Lord in the Blessed Sacrament.

Visit our Adoration Chapel in the Governo House! Hours are: Mondays to Fridays, 6:00 am to 12:00 pm. Only up to six (6) people are allowed in the chapel at any given time.

To sign up as an Adorer or for more information, go to <https://holyspiritfremont.org/adoration-chapel/>

## Worldwide Marriage Encounter

“...and many who heard him were astonished.”

Jesus commands us to love one another. Learn to love your spouse more fully on the next Worldwide Marriage Encounter Experience. Both Virtual and In-Person Experiences are available. Go to [www.wwme.org](http://www.wwme.org) to find the Experience that is just right for you!



Please note: Our prayer list is refreshed every week. Feel free to contact us to include your loved one. Go to <https://holyspiritfremont.org/request-a-prayer/> or call the Parish Office at 510.797.1660

## Pray for Our Sick

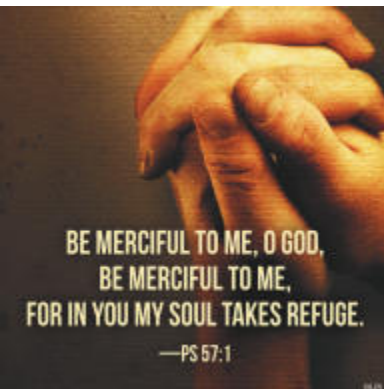
Melinda Ontimara,  
Estrella Lomogda, Tonya Fay

## Pray for Our Recently Departed

Rafael Baraan, Fr. Ricardo Chavez, James Hilbert, Nicasio Magno

## Birthday Blessings

Phil Poma, Dennis Nilmeier, Victoria Norwalk



**F**or the people of the United States, that we may be united in building a society in which everyone can have the opportunity to live with dignity and hope, we pray to the Lord. . . .

<https://www.usccb.org/resources/liturgy-and-prayer-suggestions>



# INVITE

## Filipino Society Meal Deal

July 11, 2021

The Filipino Society will be hosting their \$5 meal deal after the Sunday morning and 12:30 Masses.

We'll be outside the parish center—stop by and get a great meal for a great deal! We thank you for your support! Proceeds benefit parish special projects.

## Parish Gift Shop

Looking for that special gift for your Confirmandi or graduate? Come by and see us!

Gift shop hours are Sundays, 8:30 am to 2:30 pm. Shop our many wonderful selections for all occasions!

## Sanctuary Candles - \$5 each

Sanctuary candles are available for purchase. These are cleaner, dependable burning candles made of beeswax and are designed to burn up to 5 days.

Stop by the table near the Parish Center after one of our outdoor Masses. If you are attending an indoor Mass, see one of our sacristans in the Sacristy.

## Indian Society Grab & Go Meal

July 18, 2021

The Holy Spirit Indian Society will be hosting their Grab & Go Meal after the Sunday morning and 12:30 Masses.

Stop by the Parish Center and get a great meal for a great deal! We thank you for your support! Proceeds benefit parish projects.

## Nourish—Support for Caregivers

Nourish for Caregivers is a ministry created specifically to offer support to the unique challenges of in-home caregivers. This Christ-centered program brings resources and support to family caregivers who carry both the blessing and burden of providing comfort and healing to people who are ill, suffering, and need special care. Caregivers can join local and/or national Zoom calls for support ([En Español](#)). Go to <https://oakdiocese.org/catholics-care> for additional information.

### Current Schedule of Local Nourish Calls:

1st & 3rd Tuesday (2:00 pm)

3rd Wednesday (7:00 pm)

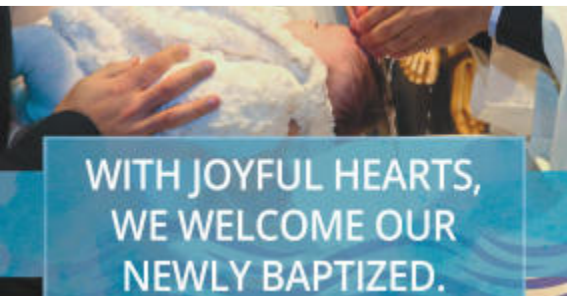
4th Thursday (7:00 pm)

### Local Nourish Calls in Spanish:

1st & 3rd Viernes (7:00 pm)

### National Nourish Calls:

Tuesday (8am) & Thursday (8:00 am)



Maddox, Noah, Maya, Ashley, Clara

## Flower Fund

We are accepting donations towards flowers for our church sanctuary.



Drop off your donation in the mail slot at the parish office or send by mail:

37588 Fremont Boulevard, Fremont, CA 94536

# AROUND THE PARISH



## HERE'S THE SITCH...

My dear parishioners,

In response to Bishop Barber's latest updates regarding the re-opening of parishes, the clergy and staff here at Holy Spirit are very excited about changes that will be taking place in the next few weeks:

- Starting Sunday, July 18, the 9:00 am, 10:45 am, and 12:30 pm Masses will be celebrated in the church. We invite you all back inside the church—especially as summer days heat up!
- Beginning the weekend of July 17 & 18, we will only be livestreaming the 7:15 and 9:00 am Masses on Sundays. We will continue to livestream the 7:00 am daily Masses.
- Confessions will be heard on the porch facing Fremont Boulevard beginning Saturday, July 17. Parishioners will be directed by ushers.

To read the latest directives from Bishop Michael C. Barber, SJ, visit our parish website - <https://holyspiritfremont.org/>

Blessings,  
Fr. Ken

## Did you know...about NFP?

Natural Family Planning or NFP is an important element in married relationships of Catholic couples. NFP Awareness Week is July 25-31, and leading up to that week, we're bringing you a short fact about NFP each week!

Natural Family Planning is the use of a Fertility Awareness Based Method alongside continual prayer and discernment with your spouse on family size. Fertility Awareness Based Methods use signs charted throughout the woman's cycle to identify times of relative fertility and infertility. A typical cycle begins with a time of infertility, followed by a time of fertility, followed by another time of infertility. This repeats on a cyclical basis. Fertility Awareness Based Methods are evidence-based scientific methods of tracking female fertility that a couple can use as a part of NFP within their marriage.

Interested in learning more about NFP? Go to [holyspiritfremont.org/nfp](https://holyspiritfremont.org/nfp) or email Holy Spirit's NFP ambassador [ellenholloway100@gmail.com](mailto:ellenholloway100@gmail.com).

## Contact Us

In case of an emergency, call 510.797.1660 and follow the prompts.

## Gift Shop

Sundays  
8:30 am to 2:30 pm

## Clergy

Fr. Kenneth L. Sales, Pastor  
510.456.4964

Fr. Peter Lawongkerd,  
Parochial Vicar  
510.797.1660, ext. 206

Dcn. Rigo Cabezas,  
Dir. of Rel. Ed.  
510.456.4975

Dcn. Chuck Glover,  
Pastoral Care  
510.789.8652

Dcn. Steve Lewellyn, RCIA  
510.797.1660

Dcn. Bernard Liwanag  
510.797.1660

Dcn. Tim Roberto, RCIA  
510.598.7408

Dcn. Emeritus Richard Yee,  
Retired

## Departments

Business/Maintenance  
Jeff Van der Sluis  
510.456.4970

Safe Environment  
Sr. Asha Kooliyadan, CMC  
510.456.4972

Facilities Scheduling  
Roselyn Jose  
510.456.4995

Faith Formation &  
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510.456.4974

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Paul Orella  
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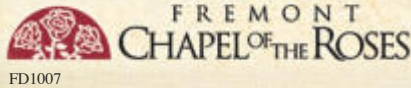
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