



HOLY SPIRIT FREMONT

SUNDAY, MARCH 21, 2021 | FIFTH SUNDAY OF LENT



5TH SUNDAY OF LENT

Jesus answered them, "The hour has come for the Son of Man to be glorified. Amen, amen, I say to you, unless a grain of wheat falls to the ground and dies, it remains just a grain of wheat; but if it dies, it produces much fruit." - Jn 12:23-24

Excerpts from the Lectionary for Mass © 2001, 1998, 1970 CCD.

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WELCOME

With joy we welcome all who have gathered here with us to worship God.

"How good to sing praise to our God; how pleasant to give fitting praise." (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm*
Sunday: 7:15 am* | 9:00 am | 10:45 am | 12:30 pm | 5:00 pm*

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
1st Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before 1st Friday:
3:30 pm
Weekdays: call for an appointment

Eucharistic Adoration

During the COVID-19 health crisis, the Adoration Chapel is closed, until further notice.

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: TBD

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass

Next Mass: May 7, 2021

New to Holy Spirit?

Welcome! To register, contact us: info@holyspiritfremont.org or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, MARCH 21 | FIFTH SUNDAY OF LENT

Jer 31:31-34/Ps 51:3-4, 12-13, 14-15 [12a]/Heb 5:7-9/Jn 12:20-33 or Ez 37:12-14/Rom 8:8-11/Ps 130:1-2, 3-4, 5-6, 7-8 [7]/Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45

5:00 pm (Vigil Mass)	For the People of Holy Spirit Parish, † Souls in Purgatory
7:15 am	† Mark Dunakin & Ervin Romans, † Eugenia T. Mano, † Joseph Varkey, Lerr Paras, † Virginia Gilmore Pickell
9:00 am	† Daniel Sakai & John Hege, Krystal Sigmon, † Menchu Y. Rebosura, † Noring Gotengco & Family, Jianna Elise Salonga Llaneza
10:45 am	† Luis Amaral, Kyle Atikus Isidore Barnes, † Alfredo Visitacion, † Richard Mengollo
12:30 pm	† Domingo Fernandes, † Susana Guinto Canlas, † Jose Elayba, † Loreto Manansala Sr
5:00 pm	For the People of Holy Spirit Parish

MONDAY, MARCH 22 | MONDAY OF THE FIFTH WEEK OF LENT

Dn 13:1-9, 15-17, 19-30, 33-62 or 13:41c-62/Ps 23:1-3a, 3b-4, 5, 6 [4ab]/Jn 8:1-11

7:00 am	Jianna Llaneza & Joshua Dizon, † Dennis Oliveira, † Lila Chang
8:15 am	† Leslie Mendonsa, † Walter Fasolis

TUESDAY, MARCH 23 | TUESDAY OF THE FIFTH WEEK OF LENT

Nm 21:4-9/Ps 102:2-3, 16-18, 19-21 [2]/Jn 8:21-30

7:00 am	Marcelo & Vilma Peccin, † Antonio Anderson Mendiola
8:15 am	† Rosalia Y. Ramos, † Andres & Angel Gabrino

WEDNESDAY, MARCH 24 | WEDNESDAY OF THE FIFTH WEEK OF LENT

Dn 3:14-20, 91-92, 95/Dn 3:52, 53, 54, 55, 56 [52b]/Jn 8:31-42

7:00 am	Oziel Manzanera, † Shane Campos
8:15 am	Alexei Jonathan "AJ" Ramos, Bernadette Valdellon
6:30 pm	† Flaviano & Juana Reduque, † Sixto Gabrino & Antonio Pondon

THURSDAY, MARCH 25 | SOLEMNITY OF THE ANNUNCIATION OF THE LORD

Is 7:10-14; 8:10/Ps 40:7-8, 8-9, 10, 11 [8a, 9a]/Heb 10:4-10/Lk 1:26-38

7:00 am	Marilyn Russell, Liz & Letty Aguirre
8:15 am	Aileen Asis, Lorenzo Concepcion Motas

FRIDAY, MARCH 26 | FRIDAY OF THE FIFTH WEEK OF LENT

Jer 20:10-13/Ps 18:2-3a, 3bc-4, 5-6, 7 [cf. 7]/Jn 10:31-42

7:00 am	† Eugenio Lu, Erin Liz R. Araza, † Julia Villanueva, † Severina Mamauag, Marc Anthony Catapang
8:15 am	† Vlado Pavlakovich, † Monica Daco, † Nolan Gatchalian, † Severina Mamauag

SATURDAY, MARCH 27 | SATURDAY OF THE FIFTH WEEK OF LENT

Ez 37:21-28/Jer 31:10, 11-12abcd, 13 [cf. 10d]/Jn 11:45-56

7:00am	† Ruperto Bohol, † All Unborn Babies
8:15 am	Chito & Emelie Sanchez, Dr. Marietta Yumena DeAlday, † Teodulo C. Quiambao

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



FROM THE DESK OF FR. PETER...

Friends,

Today we celebrate the Fifth Sunday of Lent. We have all been trying to be good. We have been faithful in our devotions, saying our rosary and imploring Divine Mercy, abstaining from all the things we like most. By now, we should be feeling very holy. But instead, we are still flopping around trying to understand if we are any better now than we were five weeks ago? The readings on this Fifth Sunday aim to enlighten and help us in our quest for holiness. The readings address the struggle between good and evil, which comes up in many forms: the body and soul, flesh and spirit, good and evil, life and death, God and Satan. So, what does it mean to be holy?

The prophet Ezekiel from our first reading announces the future of the Israelites while they were in exile. He describes how God will bring them out of the grave and infuse the spirit of life into them so that they are truly one with HIM. This promise remains true for all of us today. At times, we, too, can be “spiritually exiled and separated from God.”

In the second reading, when Paul wrote to the Romans, he refers to “the flesh” as sin itself. He does not mean our bodies are sinful, but that sinfulness can permeate us. Paul calls it “living in the flesh.” We are all called to live in the Spirit, to be good, to be holy. And without the

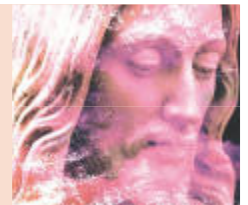
Spirit of God living within us, one is no different from being dead. Paul emphasizes that only the spirit of Jesus can restore us to life. Jesus is God Incarnate – God enfleshed – and it is to Him we must look to help us find true holiness.

In our Gospel story for this Sunday, we listen to the story of Jesus bringing Lazarus back from the grave to a life of grace. The story is long and contains many details, just as our lives are also a bit complicated. Most of us by now have survived many Lents; we know each one of the many events, large and small, that we experience in our lives reveal something to us or about us.

The actions and words of Jesus in our story and those of the disciples, the behavior of Martha and Mary and their friends, are similar to those in our everyday lives. And we know how others can interpret them. But our Scripture readings for this Fifth Sunday clearly reveal that the God in all three readings is the same God, the ONE who gives life to the body, who brings us back from the grave, who frees us from our sinfulness, thus making us saintly. By infusing his Spirit “Life” into us, Jesus redeems and saves us.

One great consoling truth we receive from today’s readings, my dear people, is that Love is the source of miracles: “The man you love is ill.” Despite all the distractions in our lives, and regardless of our many weaknesses and multiple failures, God in Christ Jesus shares with us His Spirit and restores our lives. Holiness is revealed, so as to love and be loved by God and others.

“I am the resurrection and the life...” John 11:25





SERVE

St. Joseph the Worker: Sister Parish Dispatch

Here's a fun fact!

Fr. Samwel's brother, Rev. Edward Mvati was given a new assignment in the Catholic Diocese of Same.

As luck would have it, he is now Manager of the Kilomen Girls Secondary School in Kilimanjaro where the following St. Joseph the Worker youth attend: Angel Damiani, Angela Kamote, Imakulath Joseph, Joynce P Pinja, Navoneiwa Kilangiro and Mery Salim.

How nice it must be for the students to have a little piece of home while away at boarding school!

Holy Spirit Ethnic Groups

To further celebrate and recognize the diversity of our community, we hope to form Chinese, Indonesian, and Vietnamese ministries here at Holy Spirit Parish.

If you are interested in helping organize these ministries, please contact Fr. Peter Lawongkerd at 510.797.1660, ext. 206 or send him an email, frpeter@holyspiritfremont.org

St. Vincent de Paul Food Pantry



Heading to the store this week?

Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Green Beans
- ⇒ Chef Boyardee / Canned Pasta
- ⇒ Pork & Beans

Please drop off non-perishable food donations at the Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside the Governo House.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. Thank you for your support—especially during this challenging time!

Donation Envelope / ID Number

When you register with us as a parishioner, you are given an ID number which appears on your donation envelopes.

If you are an online donor, please be sure to include your ID number.

If you place your donation in standard envelopes, please

write your name and ID number. You may also request us to send you personalized monthly donation envelopes.

Your ID number helps us document your donations accurately for your end-of-year donor substantiation report. If you do not know your ID, call 510.456.4969.

We appreciate your kindness and continued support.

Giving

Sunday, March 7

30,707

Corner

Special Collections coming up:
Holy Spirit Youth Ministry | April 18

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

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PRAY



PARISH RETREAT

"Relentless" with Fr. Luke Leighton, CFR
March 26-27, 2021

Friday, March 26

5:30 pm: Stations of the Cross

7:00 pm: Session 1

7:30 pm: Eucharistic Adoration and Confessions

Saturday, March 27

7:00 am: Mass

8:15 am: Mass & Anointing of the Sick

9:15 am: Session 2

11:30 am: Eucharistic Adoration

12:35 pm: Session 3

2:00 pm: Session 4

3:15 pm: Eucharistic Adoration and Confessions

5:00 pm: Palm Sunday (Vigil) Mass

- A goodwill offering will be greatly appreciated.
- Pre-ordered boxed lunch available on Saturday - \$10. To place your order, go to <https://forms.gle/LuyqDD3Ka63xNSUH9> - you may also contact Maisie at 510.456.4971 or Maisie@holyspiritfremont.org



Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

Pray for Our Sick

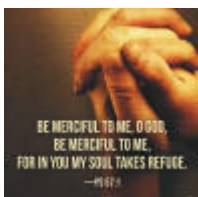
Les Carscadden, Dixie Kibbee, Joseph Figueiredo, Andrew P. Javier, Carina A. Javier, Maxeen Caballa, Lesli Griffiths, Natalie Castillo, Nathaniel Rivera, Nina Monela, Dcn. Steve Lewellyn, Arlene Poma, Giselle Genovata, Brielly Renteria, Fran Antonio, Jun Caringal, Manuel Ledesma, Rolando Piblete, Fran Nelson

Pray for Our Recently Departed

Marilou A. Pascual, Macaria Mercado, Wing Chee Lam

Birthday Blessings

Jianna Llaneza, Fernando P. Javier, Jr., Joshua Dizon, Ian Que, Derek Velasco, Sylvia Chacon, James McGee, Holly Marsh, Jessie Boado



We pray for everyone who is sick or afraid, bereaved or isolated around the world; and we pray for all who support them. May God grant each of them peace and comfort, courage and perseverance. Lord, in your mercy...



INVITE



LENT

Pray With Us

Join us for this last Friday of Lent:

Indoors/Church (limited capacity)

12:00 pm* - Stations of the Cross followed by Adoration and Exposition of the Blessed Sacrament

3:00 pm* - Divine Mercy Chaplet followed by Benediction and Reposition

Outdoor Stations of the Cross

5:30 pm* - Stations of the Cross will be led by our clergy

In the event of rain, the Stations will be prayed in the church (limited capacity)

*Livestreamed on our Facebook page and YouTube channel

If joining us in person, follow COVID-19

guidelines. Wear a face covering and maintain social distance. If you are unwell, please stay home.

Lenten Alpha Series

Wednesdays, 7:00 pm

Alpha is a series of sessions exploring the Christian faith. Each talk looks at a different question around faith and is designed to create conversation. The Lenten series runs through May 12.

Visit our parish website - <https://holyspiritfremont.org/learn/adult-formation/> - for the calendar and to download the registration form. For more info, contact dcnrigo@holyspiritfremont.org

Stations of the Cross

Come and pray in our outdoor Stations of the Cross on your own or with your family during this Lenten season. As part of your prayer experience, we encourage you to bring stones or small rocks with your written intentions. Carry the rock with you as you pray the Stations of the Cross, then deposit your rock at the last station.

Register as a Holy Spirit Parishioner

We invite our visitors who would like to continue coming to Holy Spirit Church to register with us as parishioners. This helps us keep in touch with you and communicate the services we offer. It also helps us document your donations to give you your end of the year donor substantiation report. Thank you for being a part of our Holy Spirit community!

Divine Mercy Novena

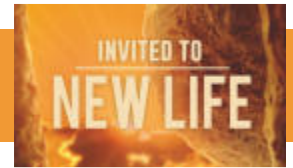
April 2-10, 2021 | 3:00 pm

We invite the faithful to join us inside the church or via livestream in praying the Divine Mercy Novena, in anticipation of the Feast of the Divine Mercy (on Sunday, April 11).

Jesus asked St. Faustina that the Novena be prayed beginning on Good Friday. In her diary, St. Faustina noted that Jesus told her:

"On each day of the novena you will bring to My heart a different group of souls and you will immerse them in this ocean of My mercy ... On each day you will beg My Father, on the strength of My passion, for the graces for these souls."

HOLY WEEK & EASTER



Monday to Wednesday of Holy Week

March 29-31, 2021

7:00 am*: Mass (church)

8:15 am: Mass (church)

6:30 pm*: Stations of the Cross (church)

Holy Thursday

April 1, 2021

7:00 am*: Morning Prayer (church)

7:00 pm*: Mass of the Lord's Supper (outdoors)

8:30 pm*: Procession of the Blessed Sacrament

9:00-11:30 pm*: Eucharistic Adoration (Parish Center)

Note: No Confessions available.

Good Friday

April 2, 2021

7:00 am*: Morning Prayer (church)

1:00 pm*: Stations of the Cross (outdoors)

3:00 pm*: Divine Mercy Novena (church)

4:00 pm: The Lord's Passion (outdoors)

6:00 pm*: The Lord's Passion (outdoors)

8:00 pm: The Lord's Passion (church)

Holy Saturday

April 3, 2021

7:00 am*: Morning Prayer (church)

3:00 pm*: Divine Mercy Novena (church)

Note: No Confessions available.

Easter Vigil

April 3, 2021

8:00 pm*: Easter Vigil Liturgy (outdoors)

Easter Sunday

April 4, 2021

7:15 am*: Easter Sunday Liturgy (church)

9:00 am*: Easter Sunday Liturgy (outdoors)

10:45 am*: Easter Sunday Liturgy (outdoors)

12:30 pm: Easter Sunday Liturgy (outdoors)

3:00 pm*: Divine Mercy Novena (church)

Note: There is no 5:00 pm Mass.

***Livestreamed**

Contact Us

In case of an emergency, call 510.797.1660 and follow the prompts.

Gift Shop

Sundays
8:30 am to 2:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. John Carillo,
Parochial Vicar
510.456.4965
Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206
Dcn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975
Dcn. Chuck Glover,
Pastoral Care
510.789.8652
Dcn. Steve Lewellyn, RCIA
510.797.1660
Dcn. Bernard Liwanag
510.797.1660
Dcn. Tim Roberto, RCIA
510.598.7408
Dcn. Emeritus Richard Yee,
Retired

Departments

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Jeff Van der Sluis
510.456.4970
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Sr. Asha Kooliyadan, CMC
510.456.4972
Facilities Scheduling
Rosalyn Jose | 510.456.4995
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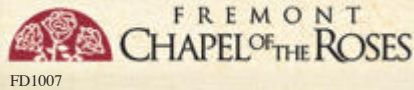
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