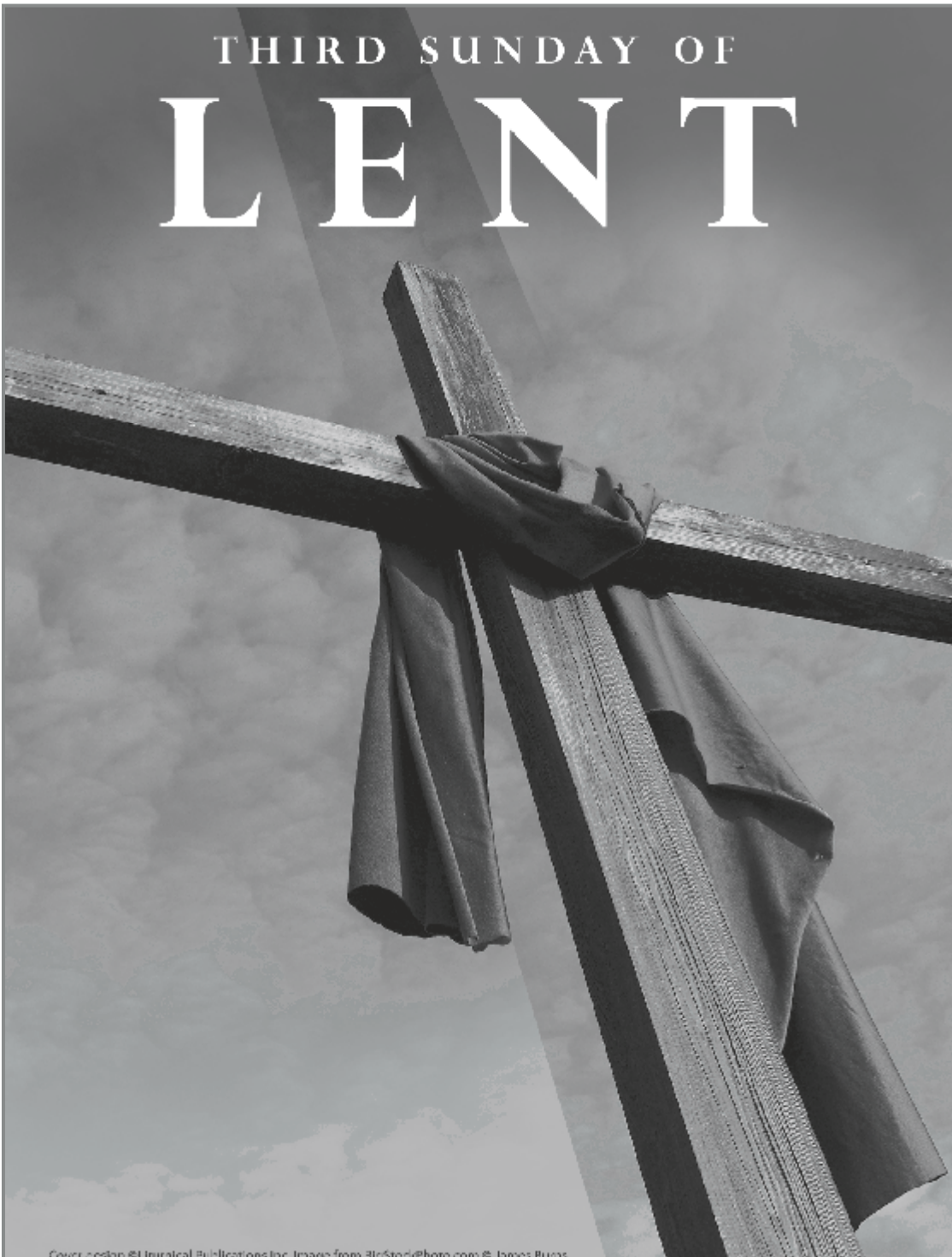




SUNDAY, MARCH 7, 2021 | THIRD SUNDAY OF LENT

THIRD SUNDAY OF LENT



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am
Saturday Vigil: 5:00 pm*
Sunday: 7:15 am* | 9:00 am | 10:45 am | 12:30 pm | 5:00 pm*

Weekday

Mon.-Fri.: 7:00* & 8:15 am
Wednesday: 6:30 pm
1st Friday: 6:30 pm

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Thursdays, 3:30-4:30 pm
de Sousa House 4-Plex
Please wear a face covering or mask. Ushers will be on hand to direct you.

Eucharistic Adoration

During the COVID-19 health crisis, the Adoration Chapel is closed, until further notice.

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: April 3, 2021

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass

Next Mass: April 2, 2021

New to Holy Spirit?

Welcome! To register, contact us: info@holyspiritfremont.org or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, MARCH 7 | THIRD SUNDAY OF LENT

Ex 20:1-17 or 20:1-3, 7-8, 12-17/Ps 19:8, 9, 10, 11 [Jn 6:68c]/1 Cor 1:22-25/Jn 2:13-25 or Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 [8]/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

- 5:00 pm (Vigil Mass) Joan Flannigan, † Souls in Purgatory, † Elpidio Igarita, † Concepcion Devera Dequinia
- 7:15 am Virginia Dow, † Jose Hizon, Julian Llanaezza, Melinda Ontimara, † Angela Amantiad
- 9:00 am Bakke Family, † Sam Michell, † Victoria Pavlakovich, † Noring Gotengco & Family, Julian Troy Salonga Llanaezza
- 10:45 am Noah Kennedy, † Marcela and Nestorio Ferrer, † Jerry Eppler, † Benjamin Rivera, † Emiliano Jose Jr
- 12:30 pm † For the People of Holy Spirit Parish, 500 Years of Christianity in the Philippines Novena Mass
- 5:00 pm † Julian B. Ocampo

MONDAY, MARCH 8 | MONDAY OF THE THIRD WEEK OF LENT

2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3, 4 [cf 42:3]/Lk 4:24-30

- 7:00 am † Prudencia Vispo, † Modesto Velasco, Nelson Velasco
- 8:15 am † Wilhermino & Velasquez Family

TUESDAY, MARCH 9 | TUESDAY OF THE THIRD WEEK OF LENT

Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9 [6a]/Mt 18:21-35

- 7:00 am Zenaida Pelimiano
- 8:15 am † Gregorio Cabangangan Cherry Escolastico

WEDNESDAY, MARCH 10 | WEDNESDAY OF THE THIRD WEEK OF LENT

Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20]/Mt 5:17-19

- 7:00 am † Shirley & Deacon Jim Weeks, † Richard Punzalan
- 8:15 am Sofio Jr. & Helen Orias
- 6:30 pm For the People of Holy Spirit Parish

THURSDAY, MARCH 11 | THURSDAY OF THE THIRD WEEK OF LENT

Jer 7:23-28/Ps 95:1-2, 6-7, 8-9 [8]/Lk 11:14-23

- 7:00 am † Nathalin Moniz, Caroline Oladeinde
- 8:15 am Jose Jr. & Letty Aguirre & Family

FRIDAY, MARCH 12 | FRIDAY OF THE THIRD WEEK OF LENT

Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17 [cf. 11 and 9a]/Mk 12:28-34

- 7:00 am Ricky De Jesus, Simao Family
- 8:15 am Sean Sanchez, † Gregoria Cabangangan

SATURDAY, MARCH 13 | SATURDAY OF THE THIRD WEEK OF LENT

Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab [cf. Hos 6:6]/Lk 18:9-14

- 7:00am † Rodrigo Santos, † Catalina Evangelista, † Cayetano Sales
- 8:15 am Grace Calara-Oblena, Mikaela Jasmine Torres

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF FR. KEN...

Welcome to the 3rd Sunday of Lent everyone!

This Sunday, our Lord speaks to us about His Father's house. He says to us, if a Christian comes to Mass on Sundays but for the rest of the week does not care about Christ, cheats in business or in school, lies, shows no love, then the religion of this person is not genuine.

Our Lord tells us today that true religion is worship in spirit and in truth, and it unifies our lives in such a way that there is no part reserved for God and another part for ourselves only. God is to be present in all we do, and Christ is our companion in all our life.

Our First Reading today talks about the Commandments as Charter of Covenant Fidelity. God gave his "ten words" to his people not so much as laws to be obeyed, but rather as a charter of their freedom. By following this, they expressed their loyalty to the faithful God of the covenant.

Our Second Reading today addresses that those looking from the outside see Jesus' death on the cross as either folly or a failure. But for those who believe, it is the source of life.

Our Gospel talks to us about working toward a New Temple. Christ purifies the Jewish Temple from being a place that confines God. The Romans will destroy it. For we can encounter the Risen Christ anywhere and he will be the foundation of the new People of God.

My dear brothers and sisters, by his words and actions, Jesus instructs that we must serve God as *he himself did: in spirit and in truth*. Our everyday living must correspond with what we believe, in loyal service to God and people. We must make ourselves free for him and people, in respect and love.

May God bless you and guide you: The Father, and the Son, and the Holy Spirit. **R/ Amen.** Let us go and build together the community in which Jesus lives.

Have a fruitful Lent and see you at Mass!

Fr. Ken

FORMED PICK OF THE WEEK

THE SPIRIT AND THE EUCHARIST

<https://watch.formed.org/videos/the-spirit-and-the-eucharist>



"At the center of the Church is the Eucharist, where Christ is present and active in humanity and in the whole world by means of the Holy Spirit." - Pope St. John Paul II

The Eucharistic liturgy is saturated with the presence of the Holy Spirit. From the moment you decide to go to Mass the Holy Spirit is active and alive. Sadly, many people don't experience the Holy Spirit, and attending Mass becomes a chore for them rather than a life giving encounter with Jesus. In this segment we will look at a few of the many ways that the Holy Spirit is present in the Mass that will enable you to encounter God when you attend the Liturgy.



SERVE

St. Joseph the Worker: Sister Parish Dispatch



Meet Magreth Moses Shewa.

Magreth completed Ordinary Level and has two (2) years of Advanced Level studies left before entering the university. She dreams of becoming a lawyer in the future.

We wish you all the best, Magreth!

Holy Spirit Ethnic Groups

To further celebrate and recognize the diversity of our community, we hope to form Chinese, Indonesian, and Vietnamese ministries here at Holy Spirit Parish.

If you are interested in helping organize these ministries, please contact Fr. Peter Lawongkerd at 510.797.1660, ext. 206 or send him an email, frpeter@holyspiritfremont.org

St. Vincent de Paul Food Pantry



Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Green Beans
- ⇒ Chef Boyardee / Canned Pasta
- ⇒ Pork & Beans

Please drop off non-perishable food donations at the Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside the Governo House.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. Thank you for your support—especially during this challenging time!

Donation Envelope / ID Number

When you register with us as a parishioner, you are given an ID number which appears on your donation envelopes.

If you are an online donor, please be sure to include your ID number.

If you place your donation in standard envelopes, please

write your name and ID number. You may also request us to send you personalized monthly donation envelopes.

Your ID number helps us document your donations accurately for your end-of-year donor substantiation report. If you do not know your ID, call 510.456.4969.

We appreciate your kindness and continued support.

Giving

Sunday, February 21

32,746

Corner

Special Collections coming up:

Catholic Relief Services (Bishop's Overseas Appeal) | March 14

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

PRAY



In celebration of the 500 Years of Christianity in the Philippines, the combined Filipino-American Communities and the Filipino Clergy of the Diocese of Oakland invite you to celebrate these following Novena Masses:

March 7 Holy Spirit (12:30PM)
37588 Fremont Blvd, Fremont, CA 94536

8 Saint Anne (10AM)
32223 Cabello St, Union City, CA 94587

9 All Saints (4PM)
22824 2nd St, Hayward, CA 94541

10 Saint Raymond (12:15PM)
11555 Shannon Ave, Dublin, CA 94568

11 Saint Michael (6:45AM)
458 Maple St, Livermore, CA 94550

12 Saint Philip Neri - Saint Albert (6PM)
1022 Holy St, Alameda, CA 94502

13 Saint Catherine of Siena (9:30AM)
604 Mellus St, Martinez, CA 94553

14 Saint Joseph (9AM)
837 Tannett Ave, Pinole, CA 94564

15 Most Holy Rosary (7PM)
1313 A St, Astoria, CA 94509

16 Cathedral of Christ the Light (7PM)
2121 Harrison St, Oakland, CA 94612

NOTE: Pending Diocesan and country guidelines, we plan these Masses to be livestreamed and/or outdoors. We will send out more information, including the links, as we approach the dates. Mabuhay at maraming salamat po!

gifted to give
500 YEARS OF CHRISTIANITY IN THE PHILIPPINES



Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

Pray for Our Sick

Les Carscadden, Dixie Kibbee, Joseph Figueiredo, Andrew P. Javier, Carina A. Javier, Maxeen Caballa, Lesli Griffiths, Natalie Castillo, Nathaniel Rivera, Nina Monela, Dcn. Steve Lewellyn, Arlene Poma, Joan T. Wilson, Ric Ramirez, Rhea Montalbo, Lerr Paras, Virginia Gilmore, William Day, Katalina Day

Pray for Our Recently Departed

Lydia Domingo, Evaristo Santos, Aleth Paras, Bert Paras, Atharva Chinchwadkar, Kathleen Briscoe, Onofre Macasieb

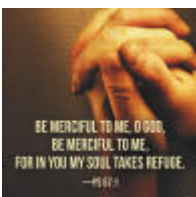
Birthday Blessings

Frances Marron, Nile Hamilton, Julian Llaneza, Natalie Lopez, Arnil Paras, Jan-Jan Liwanag, Avery Paras, Juli Fabella, Valerie D'Ignacio, Paige Doepke, Adelfo Cortez



LIVE THE LITURGY Inspiration for the week

With our world in such constant turmoil and conflict, it makes such good sense to return to the simple directives given in the Ten Commandments. God's unassuming guidelines provide the perfect recipe for ordering our relationships with God, others, and even ourselves. But yet, we are so quick to glance beyond them and even remove them from public view because we foolishly believe we can create something better. Arrogance runs far deeper in the members of our society than we can ever imagine. Lent is a perfect time to call ourselves back to our foundations and the basic relationships that comprise our lives. It is also a time to remember that Jesus is the true sign of God's presence. Everything he says and does, including his suffering and death, is a sign of the God who sent him. The anger we witness when Jesus exhorts those in the temple to stop making his Father's house a marketplace can equally be seen in his anger and frustration over humanity's constant mission to turn God's creation into a secular world. We have a lot of work to do for sure.



We pray for the Church throughout the world: that she may be a sign of God's love for all people and a beacon of hope for all who are in need. Lord, in your mercy...



INVITE

Updated Weekend Mass Times & Locations

We are happy to announce that we are back to our original Mass schedule:

- **Saturdays (Vigil) 5:00 pm*** – Masses are held indoors (church/limited capacity).
- **Sundays – 7:15 am* and 5:00 pm*** – Masses are held indoors (church/limited capacity).
- **Sundays – 9:00 am; 10:45 am; and 12:30 pm** – Masses are held our outdoor worship space. These Masses will not be livestreamed.

Note: Admittance for indoor Masses are on a “first come, first served” basis. Registrations no longer required.

If joining us for Mass in person, follow COVID-19 guidelines. Wear a face covering and maintain social distance. If you are unwell, please stay home.

*Livestreamed on our Facebook page and YouTube channel.

\$5 Meal Deal

March 7, 2021

Get a great meal for a great deal!

The Filipino Society is hosting its \$5 Meal Deal after the 7:15, 9:00, 10:45 am and 12:30 pm Sunday Masses. Stop by the Parish Center after

Mass and pick up your Grab & Go Meal. Proceeds will benefit parish projects.

Lenten Friday Fish Fry - \$10/Meal

The Knights of Columbus is hosting a Drive Thru fish fry on March 12 and 19. Meals include 8-10 oz of fried fish, tater tots, and coleslaw. Pre-Order will guarantee your meal. Limited walk-up meals available.

To pre-order, go to <https://knights-of-columbus-george-a-coit-council-2692.square.site/> and click on the Fish Fry image or scan the QR code.



Pick up your order at the Parish Center right after the evening Stations of the Cross. Orders must be picked up by 7:00 pm. Contact Albert Leano at 310.867.3266 for more info.

Register as a Holy Spirit Parishioner

We invite our visitors who would like to continue coming to Holy Spirit Church to register with us as parishioners. This helps us keep in touch with you and communicate the services we offer. It also helps us document your donations to give you your end of the year donor substantiation report.

Thank you for being a part of our Holy Spirit community!

Sanctuary Candles - \$5 each

These are cleaner, dependable burning candles made of beeswax and are designed to burn up to 5 days.

Purchase your candles after Mass. If attending one of our outdoor Masses, stop by the Parish Center. If you are attending an indoor Mass, see one of our sacristans in the Sacristy.



AROUND THE PARISH



Lenten Season

Pray With Us

During all Fridays in Lent, join us:

Indoors/Church (limited capacity)

12:00 pm* - Stations of the Cross followed by Adoration and Exposition of the Blessed Sacrament

3:00 pm* - Divine Mercy Chaplet followed by Benediction and Reposition

Outdoor Stations of the Cross

5:30 pm* - Stations of the Cross will be led by our clergy. In the event of rain, the Stations will be prayed in the church (limited capacity)

*Livestreamed on our Facebook page and YouTube channel

If joining us in person, follow COVID-19 guidelines. Wear a face covering and maintain social distance. If you are unwell, please stay home.

Lenten Alpha Series

Alpha is a series of sessions exploring the Christian faith. Each talk looks at a different question around faith and is designed to create conversation. The Lenten Alpha series is on Wednesdays at 7:00 pm and runs through May 12.

Visit our parish website - <https://holyspiritfremont.org/learn/adult-formation/> - for the calendar and to download the registration form. For more info, contact dcnrigo@holyspiritfremont.org

Stations of the Cross

Come and pray in our outdoor Stations of the Cross on your own or with your family during this Lenten season. As part of your prayer experience, we encourage you to bring stones or small rocks with your written intentions. Carry the rock with you as you pray the Stations of the Cross, then deposit your rock at the last station.

Contact Us

In case of an emergency, call 510.797.1660 and follow the prompts.

Gift Shop

Sundays
8:30 am to 2:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. John Carillo,
Parochial Vicar
510.456.4965
Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206
Dcn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975
Dcn. Chuck Glover,
Pastoral Care
510.789.8652
Dcn. Steve Lewellyn, RCIA
510.797.1660
Dcn. Bernard Liwanag
510.797.1660
Dcn. Tim Roberto, RCIA
510.598.7408
Dcn. Emeritus Richard Yee,
Retired

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970
Safe Environment
Sr. Asha Kooliyadan, CMC
510.456.4972
Facilities Scheduling
Rosalyn Jose | 510.456.4995
Faith Formation &
Youth Ministry
510.456.4974
Music
Paul Orella | 510.673.3873
Safe Environment
510.797.1660
St. Vincent de Paul
510.797.3672

Parish Gift Shop Re-Opening Sale

Stop by the Gift Shop and check out our storewide sale. Shop hours are Sundays, 8:30 am to 2:30 pm. Come and see us!



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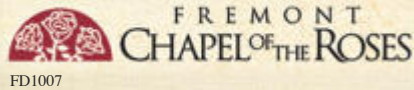
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