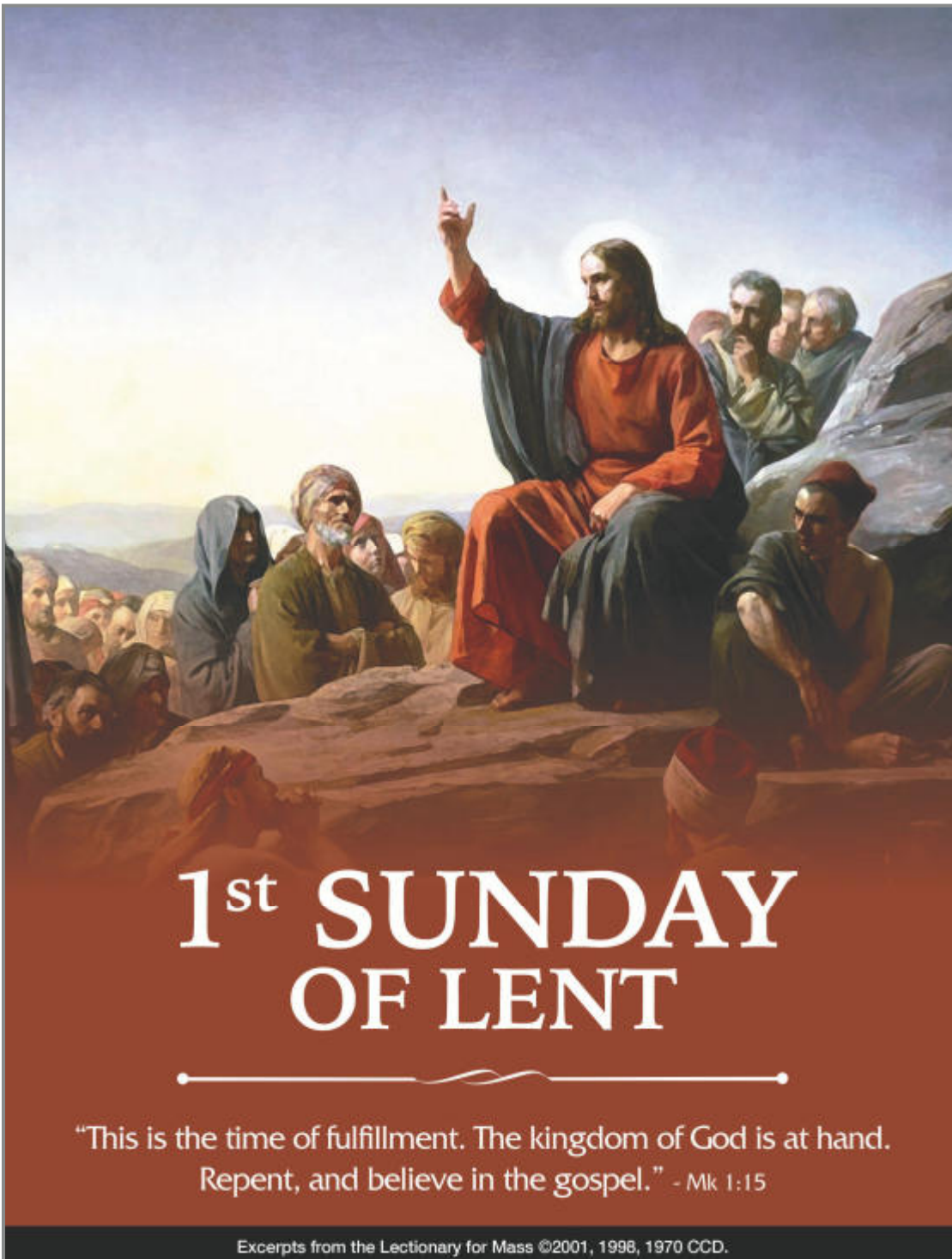




SUNDAY, FEBRUARY 21, 2021 | FIRST SUNDAY OF LENT



1st SUNDAY OF LENT

“This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.” - Mk 1:15

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS

SCHEDULE

Weekend

Saturday: 7:00* & 8:15 am

Saturday Vigil: 3:30 pm*

Sunday: 7:15 am* | 9:00 am | 10:45 am | 12:30 pm

Weekday

Mon.-Fri.: 7:00* & 8:15 am

*Masses are livestreamed on our Facebook page and YouTube channel.

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Thursdays, 3:30-4:30 pm
de Sousa House 4-Plex
Please wear a face covering or mask. Ushers will be on hand to direct you.

Eucharistic Adoration

During the COVID-19 health crisis, the Adoration Chapel is closed, until further notice.

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: TBD

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass

7:00 am & 8:15 am
Next Mass: March 5, 2021

New to Holy Spirit?

Welcome! To register, please visit the Parish Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, FEBRUARY 21 | FIRST SUNDAY OF LENT

Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15

3:30 pm (Vigil Mass)	† Souls in Purgatory, † Oscar Y. Vizconde, † Tam Vu
7:15 am	† Eugenia Mano, † Jose Edel Coronel, † Maura V. Soriano, † Jose Lim Ma Yee, † Alejandra Esguerra, Rensel & Maridel Ascano
9:00 am	For the People of Holy Spirit Parish
10:45 am	Primo & Marion Pat Mina, † Soledad & John Mata, † Tony Durante Family, Daisy Iris B. Manapsal, † Noring Gotengco & Family, † Leonardo Marbella Jr., † Holinda Supandi, † Tedja Kusuma Widya
12:30 pm	† Luis Amaral, † Garrett Miranda, Kyle Atikus Isidore Barnes, † Joseph Rosario, † Dr. Oscar Espinas, † Norma Ong

MONDAY, FEBRUARY 22 | FEAST OF THE CHAIR OF SAINT PETER, APOSTLE

1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-19

7:00 am	Leonora Bulabon, † Angelito Ople Enriquez
8:15 am	Alexandere & Rhea Asis, † Fernando Batac

TUESDAY, FEBRUARY 23 | TUESDAY OF THE FIRST WEEK OF LENT

Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15

7:00 am	† Jose R. Calo, James Emilio Braziel, † Rodrigo Laureta
8:15 am	Denise Manzanera, Jose Ely Descalzo

WEDNESDAY, FEBRUARY 24 | WEDNESDAY OF THE FIRST WEEK OF LENT

Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

7:00 am	Dina Ilijic, Paulina Torres
8:15 am	† Silvino F. Cardoso, † Lorraine Cortez

THURSDAY, FEBRUARY 25 | THURSDAY OF THE FIRST WEEK OF LENT

Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8 [3a]/Mt 7:7-12

7:00 am	† Joseph V. Shagday
8:15 am	For the People of Holy Spirit Parish

FRIDAY, FEBRUARY 26 | FRIDAY OF THE FIRST WEEK OF LENT

Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

7:00 am	† Celia Santos, † Juliet Maliksi, † Rowelo Ferrer
8:15 am	† Cezar Buan, † Florence & Joseph A. Fisher, † Nolan Gatchalian

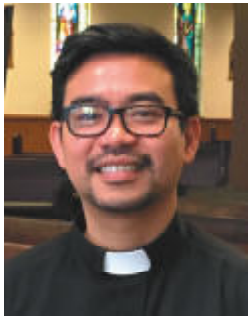
SATURDAY, FEBRUARY 27 | SATURDAY OF THE FIRST WEEK OF LENT

Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

7:00am	Charlie Glover
8:15 am	Dexter D'sa

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



FROM THE DESK OF FR. JOHN...

My dear friends, as we begin the Season of Lent, the gospel for this First Sunday of Lent gives us the story of Jesus being led by the Holy Spirit into the desert. After His baptism in the Jordan River, He withdrew into the desert and there He was tempted by Satan. This desert experience is a pretty common theme in the bible. Many great figures in the Old Testament – like Abraham, Moses and the Israelites, the prophets Elijah, and Isaiah – had to journey in and through the desert.

What is a desert? It is an arid and barren place, a place of hunger and thirst, a place of danger, a place of temptation. There are no comforts, no luxuries, no nice things in the desert.

But why did Jesus seek it? The simple answer is to pray! Jesus went to the desert not to be tempted by Satan. Not just to fast. But to pray. Jesus would always withdraw into desert places to pray to His Father. He went there to be in intimacy with the Father. He went there to commune with the Father, to be attuned to the divine will and deepen his mission to redeem the world through suffering and death.

Friends, this is the main purpose of Lent. Like Jesus, we are also being led by the Holy Spirit to

go to the desert to pray. And I don't mean giving God a grocery list of our demands and wishes. No. Prayer means relationship, and the key to any relationship is communication, time, and presence. *(Just ask any married couple!)* Imagine a husband saying to his wife, "I love you. I care about you, but I don't want to spend time with you, or talk to you, or listen to you." We would immediately conclude that this is a relationship that needs work! Yet, when we take time to pray, when we commune with God and hear Him speak, often in the silence of our hearts, we encounter His abiding presence, His wondrous love and mercy.

To be sure, being in the desert is not easy. Truly praying can be hard. In the desert, we are forced to confront ourselves and our sinfulness. In prayer, we face our own inner demons, our own ugly and dark side. But this is a good thing because it helps us see the essentials of our life, what truly matters. We strip off layers upon layers of self-deception and come to grips with the simple basic truth about who we are and who God is.

Friends, the Season of Lent is our desert. May we allow ourselves to be led by the Holy Spirit to go to a place of prayer, a place of purification and enlightenment where our spirits and our will are strengthened by the grace of God. A place where we truly encounter the One who redeemed us. Jesus awaits us in the desert: let us not leave Him alone during this time.

“This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.”

Mark 1:15





SERVE



Sister Parish—Be Part of the Mission

Join the Sister Parish Mission and be a part of the ministry that supports our sister parish, Saint Joseph the Worker in Tanzania.

If interested or for more information, please contact Amy Wilhelm at amy@holyspiritfremont.org.

Be part of the mission—join us!

AVAILABLE NOW!

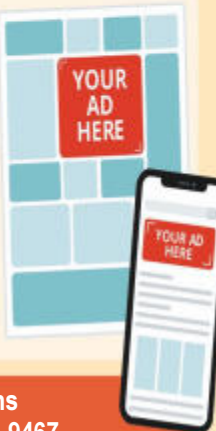
PRINT & DIGITAL AD SPACES

The Support of Your Business is Greatly Appreciated

Kathy Dickens from LPi, our bulletin printer, will be working securing new ads for our church over the next several weeks. It is the support of the business community that helps to make our church

Church bulletin advertising is a cost-effective way to advertise 52 times per year and show support for your local community; in turn, parishioners will support you!

Digital advertising allows your business to be front and center to anyone who visits a church profile page on ParishesOnline.com — that's approximately 500,000 page views per month!



Kathy Dickens
Cell: 719-650-9467

St. Vincent de Paul Food Pantry



Heading to the store this week?

Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Fruit
- ⇒ Ramen Soup - Chicken
- ⇒ Tuna

Please drop off non-perishable food donations at the Governo House on Saturdays, 9:00-10:00 am only. **Do not leave donations outside the Governo House.** Please note: We do not accept perishable, fresh foods (e.g., meats, produce, dairy, etc.). All food donations must be in factory sealed packages and/or containers. Thank you for your support—especially during this challenging time!

Holy Spirit Ethnic Groups

To further celebrate and recognize the diversity of our community, we hope to form Chinese, Indonesian, and Vietnamese ministries here at Holy Spirit Parish.

If you are interested in helping organize these ministries, please contact Fr. Peter Lawongkerd at 510.797.1660, ext. 206 or send him an email, frpeter@holyspiritfremont.org

Holy Spirit School Alumni Association

Holy Spirit School would like to start an Alumni Association and we are looking for volunteers to get it started. Some responsibilities will include creating a more complete alumni database, provide members information about school activities, share updates about our graduates, and organize alumni events. For more information, contact aaroncbakke@gmail.com

Giving

Sunday, February 7

31,103

Our pledged weekly amount (excluding special collections):
\$31,963

Corner

PLEASE CONSIDER ONLINE GIVING

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PRAY



FIRST READING

I will establish my covenant with you,
that never again shall all bodily creatures
be destroyed
by the waters of a flood;
there shall not be another flood to devastate
the earth. (Gn 9:11)



PSALM

Your ways, O Lord, are love and truth to those
who keep your covenant. (Ps 25)



SECOND READING

Christ suffered for sins once,
the righteous for the sake of the unrighteous,
that he might lead you to God. (1 Pt 3:18)



GOSPEL

The Spirit drove Jesus out into the desert,
and he remained in the desert for 40 days,
tempted by Satan. (Mk 1:12-13)

Excerpts from the Lectionary for Mass ©2001,
1998, 1970 CCD. The English translation of Psalm
Responses from Lectionary for Mass © 1969, 1981,
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GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

St. Oscar Romero said, "Aspire not to have more, but to be more." These powerful words provide the perfect framework for a conversion oriented Lenten experience. God is giving us this Lenten sign to stop being concerned about what you have and focus on who you are. This requires that we create a desert space and listen more attentively for God to reveal His presence. It is all so wonderfully simple on the one hand and so incredibly challenging on the other. The message is simple: love God, neighbor, and self. Those simple words make great sense, but we struggle translating them into reality. Our attachments, compulsions, obsessions, addictions, routines, and busyness all anchor us to the "idol of the self," keeping us mired in our compulsive need for self-aggrandizement. It's not about us!

God vowed, long ago, to nurture, sustain and protect the relationship He has with His people. He called us into being, nurtures us in being, and sustains us in being. Without the Loving Divine Presence, all life would cease. Once we slow down a bit and clear away some of the clutter, we can see how the journey of our life is unfolding. We can see what brings us in and out of tune with God's love and how we can better imitate God's loving fidelity in our relationship with Him. In short, we will see our myopic short sightedness and figure out how we can better share the Divine Fire within with others. Lent isn't just about giving stuff up for forty days and indulging again at Easter. We need to push things much farther and wrestle with the question of how we can be more. "Being more" means becoming more fully alive and in touch with the holiness of life and the divinity that lives in and empowers all beings and things. It is realizing that the "quality" of our presence is crucial to being an effective witness and herald of God's unconditional love.

The illusion we have bought into causes us to believe that the wrong things and systems matter. We tirelessly fight to keep things the way they are, to return to the former ways of doing things or restore some nostalgic fantasy memory of "life in the good old days." Lent isn't about maintaining what we have or returning to something that is gone. It's about becoming something new. It's about being more focused, centered, convicted, and grounded so that we can be a person who truly loves and treasures being made in the image of God. The secret to Gospel living is not found in accumulating anything for ourselves, even merit points for heaven. Gospel living means learning how to live with less so that others can live with more. The thought of permanently giving something up makes us feel uncomfortable. Truth often does.



Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

Pray for Our Sick

Les Carscadden, Dixie Kibbee, Joseph Figueiredo, Andrew P. Javier, Carina A. Javier, Maxeen Caballa, Lesli Griffiths, Natalie Castillo, Nathaniel Rivera, Nina Monela, Dcn. Steve Lewellyn, Arlene Poma, Kenny Freeman

Pray for Our Recently Departed

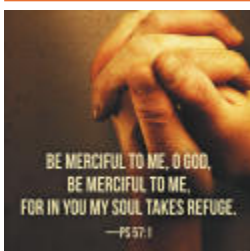
Benjamin Tran, Teofilo T. Bayaca, John Micheli, Margie Rose

Wedding Anniversary Blessings

Benjamin & Elvira Abat

Birthday Blessings

Gabrielle Poma, Benjamin Abat



For all those suffering from troubled or broken marriages: May they be fortified by the grace of the sacrament they have received in matrimony and obtain the assistance they need for healing.



INVITE

Revised Mass Times & Locations

Daily Masses (Mondays to Saturdays) are held indoors (in the church) and Mass times are as follows:

- **7:00 am* and 8:15 am**

Beginning Saturday, March 6, 2021 – weekend Masses are as follows:

- **Saturdays (Vigil) 5:00 pm*** – Masses will be held indoors (in the church). We will no longer have the 3:30 pm Mass.
- **Sundays – 7:15 am*** – Masses will be held indoors (in the church).
- **Sundays – 9:00 am; 10:45 am; 12:30 pm; 5:00 pm** – Masses will be held in our outdoor worship space. These Masses will not be livestreamed.

*Livestreamed on our Facebook page and YouTube channel.

If joining us for Mass in person, please follow all COVID-19 guidelines. Wear a face covering and maintain social distance.

2021 Bishop's Appeal

In keeping with last year's theme, Rebuild My Church, Bishop Michael C. Barber, SJ calls on us to share our time, talent, and treasure with our sisters and brothers and our Church of the East Bay.

We are asked to make sacrificial and thoughtful gifts—and those who are blessed with more are challenged to give more. The Bishop's Appeal helps fund many ministries which provides services to parishes and throughout the Diocese of Oakland.

Please stay tuned for more information.

Lenten Friday Fish Fry

The Knights of Columbus is hosting a Drive Thru fish fry every Friday during Lent on February 26; March 5, 12, and 19. Meals are \$10 and include 8-10 oz of fried fish, tater tots, and coleslaw. Pre-Order will guarantee your meal. Only a limited number of walk-up meals will be available. To pre-order, go to <https://knights-of-columbus-george-a-coit-council-2692.square.site/> and click on the Fish Fry image. Or scan the QR code.



Pick up your order at the Parish Center immediately following the Stations of the Cross. All orders must be picked up by 7:00 pm. For more information, please contact Albert Leano at 310.867.3266.

Annual Knights of Columbus Mass February 28, 2021

The Knights and their families will receive a blessing at the 10:30 am Mass. This year, Blessed Fr. Michael McGivney, the organization founder, will be honored and prayers offered for the advancement of his canonization.

Consecration to Saint Joseph

We invite you to consecrate yourself to Saint Joseph. To consecrate oneself means that you acknowledge that Saint Joseph is your spiritual father, you want to be like him, and you entrust yourself entirely into his paternal care so that he can help you acquire his virtues and become holy.

Zoom meetings are on Tuesdays at 7:00 pm.

Zoom Meeting ID: 8128121531
Password: 121231

AROUND THE PARISH



Lenten Season

Pray With Us

During all Fridays in Lent, join us:

Indoors/Church (limited capacity)*

12:00 pm - Stations of the Cross followed by Adoration and Exposition of the Blessed Sacrament

3:00 pm - Divine Mercy Chaplet followed by Benediction and Reposition

Outdoor Stations of the Cross*

5:30 pm - Stations of the Cross will be led by our clergy

*Livestreamed on our Facebook page and YouTube channel

Catholic Relief Services Rice Bowls

Each Lent, Catholic families across the country unite to put their faith into action through prayer, fasting and almsgiving. Through CRS Rice Bowl, families learn about how our sisters and brothers across the globe overcome hardships like hunger and malnutrition, and how through Lenten alms, we have the power to make the world a better place for all.

Lenten Alpha Series

Alpha is a series of sessions exploring the Christian faith. Each talk looks at a different question around faith and is designed to create conversation.

The Lenten Alpha series is on Wednesdays, 7:00 pm, beginning February 24 and runs through May 12.

Visit our parish website - <https://holyspiritfremont.org/learn/adult-formation/> - for the calendar and to download the registration form. For more info, contact dcnrigo@holyspiritfremont.org

Stations of the Cross

Come and pray in our outdoor Stations of the Cross on your own or with your family anytime during this Lenten season.

As part of your prayer experience, we encourage you to bring stones or small rocks with your written intentions. Leave your rock at the last station as you lift up your prayers to our Lord.

Contact Us

In case of an emergency, call 510.797.1660 and follow the prompts.

Gift Shop

Sundays
8:00 am to 2:00 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964

Fr. John Carillo,
Parochial Vicar
510.456.4965

Fr. Peter Lawongkerd,
Parochial Vicar
510.797.1660, ext. 206

Dcn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975

Dcn. Chuck Glover,
Pastoral Care
510.789.8652

Dcn. Steve Lewellyn, RCIA
510.797.1660

Dcn. Bernard Liwanag
510.797.1660

Dcn. Tim Roberto, RCIA
510.598.7408

Dcn. Emeritus Richard Yee,
Retired

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970

Safe Environment
Sr. Asha Kooliyadan, CMC
510.456.4972

Facilities Scheduling
Rosalyn Jose | 510.456.4995

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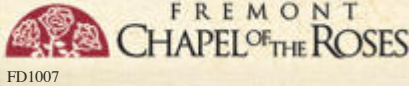
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