

St. Maria Faustina Kowalska

Novena

September 26 – October 4



**HOLY SPIRIT
FREMONT**

Day I
The Knowledge of the Mystery of Divine Mercy

Jesus: *Your life is to be modeled on Mine, from the crib to My death on the Cross. Penetrate My mysteries, and you will know the abyss of My mercy towards creatures and My unfathomable goodness – and this you shall make known to the world (Diary 438).*

Sr.F.: *O God, how I desire that souls come to know You and to see that You have created them because of Your unfathomable love; I feel that I am going to remove the veil of heaven so that the earth will not doubt Your goodness (Diary 483).*

Saint Faustina, obtain for me the grace of penetrating more and more deeply into the mystery of God's mercy in the work of creation, salvation, and glory so that, like you, I may make it known to the world.

Day II
The Contemplation of Mercy in Everyday Life

Jesus: *When you reflect upon what I tell you in the depths of your heart, you profit more than if you had read many books. Oh, if souls would only want to listen to My voice when I am speaking in the depths of their hearts, they would reach the peak of holiness in a short time (Diary 584).*

Sr.F.: *God, I look for no happiness beyond my own interior where You dwell. I rejoice that You dwell within me; here I abide with You unendingly; it is here that my greatest intimacy with You exists; here I dwell with You in safety; here is a place not probed by the human eye. The Blessed Virgin encourages me to commune with You in this way. (cf. Diary 454).*

Saint Faustina, teach me to abide with the Lord in my own soul, to listen to His voice and to experience with Him all the moments of my life. Obtain for me the grace of contemplating mercy in everyday life.

Day III **The Attitude of Trust toward God**

Jesus: *My daughter, if I demand through you that people revere My mercy, you should be the first to distinguish yourself by this confidence in My mercy (Diary 742). I assure you of a permanent income on which you will live. Your duty will be to trust completely in My goodness, and My duty will be to give you all you need. I am making Myself dependent upon your trust: if your trust is great, then My generosity will be without limit (Diary 548).*

Sr.F.: *God, One in the Holy Trinity, I want to love You as no human soul has ever loved You before; and although I am utterly miserable and small, I have nevertheless cast the anchor of my trust deep down into the abyss of Your mercy, O my God and Creator! In spite of my great misery I fear nothing but hope to sing You a hymn of glory forever. (Diary 283)*

Saint Faustina, obtain for me the grace of childlike trust so that I may always and in everything faithfully fulfill God's will, which is mercy itself for us.

Day IV **The Attitude of Mercy toward Neighbor**

Jesus: *My daughter, (...) I demand from you deeds of mercy, which are to arise out of love for Me. You are to show mercy to your neighbors always and everywhere. You must not shrink from this or try to excuse or absolve yourself from it. I am giving you three ways of exercising mercy toward your neighbor: the first – by deed, the second – by word, the third – by prayer. In these three degrees is contained the fullness of mercy, and it is an unquestionable proof of love for Me. By this means a soul glorifies and pays reverence to My mercy. (Diary 742)*

Sr.F.: *My Jesus, penetrate me through and through so that I might be able to reflect You in my whole life. Divinize me so that my deeds may have supernatural value. Grant that I may have love, compassion, and mercy for every soul without exception. O my Jesus, each of Your saints reflects one of Your virtues; I desire to reflect Your compassionate heart, full of mercy; I want to glorify it. Let Your mercy, O Jesus, be impressed upon my heart and soul like a seal, and this will be my badge in this and the future life. (Diary 1242)*

Saint Faustina, intercede for me before the Lord so that my life, too, may be transformed into mercy exercised toward my neighbour by deed, word, and prayer. May my eyes, ears, mouth, hands, feet, and heart be merciful.

Day V
Proclaiming the Message of Mercy

Jesus:*In the Old Covenant I sent prophets wielding thunderbolts to My people. Today I am sending you with My mercy to the people of the whole world. I do not want to punish aching mankind, but I desire to heal it, pressing it to My Merciful Heart. I use punishment when they themselves force Me to do so; My hand is reluctant to take hold of the sword of justice. Before the Day of Justice, I am sending the Day of Mercy. (Diary 1588).*

Sr.F.:*O my God let everything that is in me praise You, my Lord and Creator; and with every beat of my heart I want to praise Your unfathomable mercy. I want to tell souls of Your goodness and encourage them to trust in Your mercy. That is my mission, which You yourself have entrusted to me, O Lord, in this life and in the life to come. (Diary 1325)*

Following your example, Saint Faustina, I want to proclaim to the world the message of Mercy by the witness of my life and word so that it may reach all the peoples of the earth and fill their hearts with hope. May Jesus' promise be fulfilled in my life as well:

Souls who spread the honor of My mercy I shield through their entire life as a tender mother her infant, and at the hour of death I will not be a Judge for them, but the Merciful Savior. (Diary 1075).

Day VI
Imploring God's Mercy for the World

Jesus:*My daughter, I have inclined My heart to your requests. Your assignment and duty here on earth is to beg for mercy for the whole world. (Diary 570) You will join prayers, fasts, mortifications, labors and all sufferings to My prayer, fasting, mortification, labors and sufferings and then they will have power before My Father. (Diary 531) I am making you the administrator of My mercy. (Diary 570)*

Sr.F.:*O my God, I am conscious of my mission in the Holy Church. It is my constant endeavor to plead for mercy for the world. I unite myself closely with Jesus and stand before Him as an atoning sacrifice on behalf of the world. God will refuse me nothing when I entreat Him with the voice of His Son. My sacrifice is nothing, but when I join it to the sacrifice of Jesus Christ, it becomes all-powerful and has the power to appease divine wrath. God loves us in His Son; the painful Passion of the Son of God constantly turns aside the wrath of God. (Diary 482)*

Together with you, Saint Faustina, I want to plead for mercy for the whole world, particularly for sinners as well as for priests and religious so that, living in the world, they may lead the people of God on the paths of salvation.

Day VII
Love for the Church – the Mystical Body of Christ

Jesus: *My daughter consider the life of God which is found in the Church for the salvation and the sanctification of your soul. Consider the use that you make of these treasures of grace, of these efforts of My love. (Diary 1758)*

Sr.F.: *Jesus, I am striving for sanctity, because in this way I shall be useful to the Church. I make constant efforts in practicing virtue. I try faithfully to follow Jesus. And I deposit this whole series of daily virtues – silent, hidden, almost imperceptible, but made with great love – in the treasury of God’s Church for the common benefit of souls. I feel interiorly as if I were responsible for all souls. I know very well that I do not live for myself alone, but for the entire Church. (Diary 1505)*

Grateful for all the gifts of God’s mercy available to me in the Church, I want to make use of them like you, Saint Faustina, in order to become a saint and so draw other souls to the founts of God’s mercy.

Day VIII
Meeting with Jesus in the Sacraments

Jesus: *Oh, how painful it is to Me that souls so seldom unite themselves to Me in Holy Communion. I wait for souls, and they are indifferent toward Me. I love them tenderly and sincerely, and they distrust Me. I want to lavish My graces on them, and they do not want to accept them. They treat Me as a dead object, whereas My Heart is full of love and mercy. In order that you may know at least some of My pain, imagine the most tender of mothers who has great love for her children, while those children spurn her love. Consider her pain. No one is in position to console her. This is but a feeble image and likeness of My love. (Diary 1447)*

Sr.F.: *Jesus, there is one more secret in my life, the deepest and dearest to my heart: it is You yourself when You come to my heart under the appearance of bread. Herein lies the whole secret of my sanctity. Here my heart is so united with Yours as to be but one. There are no more secrets, because all that is Yours is mine, and all that is mine is Yours. Such is the omnipotence and the miracle of Your mercy. (Diary 1489). All the good that is in me is due to Holy Communion. I owe everything to it. I feel that this holy fire has transformed me completely. Oh, how happy I am to be a dwelling place for You, O Lord! My heart is a temple in which you dwell continually. (Diary 1392)*

Saint Faustina, obtain for me the grace of living faith so that each sacrament be for me a privileged place of meeting with the Lord, and may the Eucharist be at the very center of my entire life, transforming it into love.

Day IX
Devotion to Our Lady

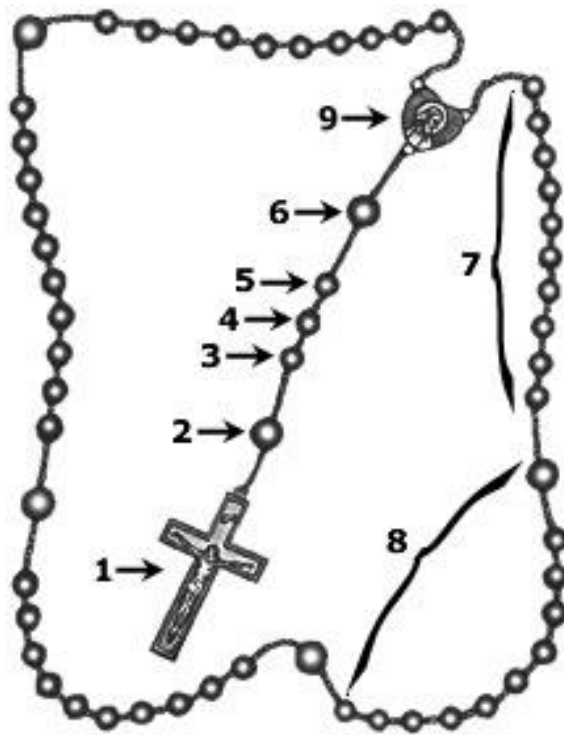
Jesus: *Your lives must be like Mine: quiet and hidden, in unceasing union with God, pleading for humanity and preparing the world for the second coming of God.* (Diary 625)

Sr.F.: *O sweet Mother of God, I model my life on You. You are for me the bright dawn; in You I lose myself enraptured. O Mother, Immaculate Virgin, in You the divine ray is reflected. Midst storms, it is You who teach me to love the Lord, O my shield and defense from the foe.* (Diary 1232)

Saint Faustina, most faithful daughter of the Mother of Mercy, hide me under Her mantle so that She may lead me to Jesus and teach me to participate in His life and mission of revealing to the world the mercy of the heavenly Father. Like Mary, I want to give Jesus – Mercy Incarnate – to people and prepare the world for His second coming.

The Divine Mercy Chaplet

The Chaplet of Mercy is recited using ordinary rosary beads of five decades. The Chaplet is preceded by two opening prayers from the Diary of Saint Faustina and followed by a closing prayer.



1. Make the Sign of the Cross

In the name of the Father, and
of the Son, and
of the Holy Spirit. Amen.

2. Optional Opening Prayers

You expired, Jesus, but
the source of life gushed forth for souls, and
the ocean of mercy opened up for the whole world.
O Fount of Life, unfathomable Divine Mercy,
envelop the whole world and empty
Yourself out upon us.

O Blood and Water,
which gushed forth from
the Heart of Jesus as
a fount of mercy for us,
I trust in You! (3X)

3. Our Father

Our Father, Who art in heaven,
hallowed be Thy name,
Thy kingdom come,
Thy will be done on earth as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses as
we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil,
Amen.

4. Hail Mary

Hail Mary, full of grace,
The Lord is with thee,
Blessed art thou amongst women, and
Blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death,
Amen.

5. The Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth, and in
Jesus Christ, His only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried
He descended into hell on the third day
He rose again from the dead
He ascended into heaven, and
Is seated at the right hand of
God the Father almighty
from there He will come to judge
the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

6. The Eternal Father

Eternal Father,
I offer you the Body and Blood,
Soul and Divinity of
Your Dearly Beloved Son,
Our Lord, Jesus Christ,

In atonement for our sins and
those of the whole world.

7. On the 10 Small Beads of Each Decade

For the sake of His sorrowful Passion,

Have mercy on us and on the whole world.

8. Repeat for the remaining decades

Saying the "Eternal Father" (6)
on the "Our Father" bead and then
10 "For the sake of His sorrowful Passion" (7)
on the following "Hail Mary" beads.

9. Conclude with Holy God (Repeat three times)

Holy God,
Holy Mighty One,
Holy Immortal One,
have mercy on us and
on the whole world.

Jesus King of Mercy, I trust in You. (3X)

10. Optional Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion — inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.

St Faustina, pray for us

St John Paul II, pray for us

O Mary conceived without sin, pray for us that have recourse to thee
Sacred Heart of Jesus, have mercy on us

Jesus Divine Mercy, have mercy on us

Jesus, I trust in you (3X)

Litany of SAINT MARIA FAUSTINA

Lord have mercy.

Christ have mercy.

Lord have mercy.

Christ hear us.

Christ graciously hear us.

God the Father of heaven

have mercy on us.

God the Son, Redeemer of the world

God the Holy Spirit

Holy Trinity, one God

Holy Mary

pray for us.

Saint Faustina, living witness of the heavenly Father's mercy

Saint Faustina, humble servant of Jesus – Mercy Incarnate

Saint Faustina, obedient instrument of the Spirit, the Comforter

Saint Faustina, trustful daughter of the Mother of Mercy

Saint Faustina, confidante of the Divine Mercy message

Saint Faustina, faithful secretary of the words of the Merciful Jesus

Saint Faustina, great apostle of God's mercy

Saint Faustina, dispenser of God rich in mercy

Saint Faustina, gift of God for the whole world

Saint Faustina, perceiving the goodness of the Creator in every creature

Saint Faustina, glorifying God in the mystery of the Incarnation

Saint Faustina, partaker in the Lord's passion and resurrection

Saint Faustina, guide on the way of Jesus' cross

Saint Faustina, meeting with Jesus in the holy sacraments

Saint Faustina, united with the Spouse in your soul

Saint Faustina, enraptured by the mercy of God in Mary's life

Saint Faustina, loving the Church – the Mystical Body of Christ

Saint Faustina, powerful with genuine faith

Saint Faustina, persevering in unwavering hope

Saint Faustina, enkindled with ardent love

Saint Faustina, beautiful with true humility

Saint Faustina, simple with childlike trust

Saint Faustina, model of fulfilling God's will

Saint Faustina, example of generous service

Saint Faustina, caring protector of the souls of priests and religious

Saint Faustina, defender of young people and children against evil

Saint Faustina, hope of the fallen and the despairing

Saint Faustina, strength of the sick and the suffering

Saint Faustina, safeguarding trust in the hearts of the dying

Saint Faustina, offering yourself for sinners

Saint Faustina, solicitous for the salvation of all people

Saint Faustina, advocate of the suffering souls in purgatory

Saint Faustina, imploring God's mercy for the whole world.

Lamb of God, who take away the sins of the world

spare us, O Lord.

Lamb of God, who take away the sins of the world

graciously hear us, O Lord.

Lamb of God, who take away the sins of the world

have mercy on us.

V: Pray for us, Saint Faustina.

R: That we may proclaim the message of Mercy to the world with our life and words.

Let us pray:

Merciful God receive our thanksgiving for the gift of Saint Faustina's life and mission.

Grant, we beseech You, that by her intercession we may grow in the attitude of trust in

You and mercy toward our neighbour. Through Christ, our Lord. Amen.

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Archbishop of Cracow

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