



SUNDAY, JULY 12, 2020 | FIFTEENTH SUNDAY IN ORDINARY TIME



15th Sunday IN ORDINARY TIME

“Some seed fell among thorns, and the thorns grew up and choked it. But some seed fell on rich soil, and produced fruit, a hundred or sixty or thirtyfold.” - Mt 13:7-8

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
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Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS

SCHEDULE

All Masses are livestreamed on our Facebook page.

Weekend

Saturday: 7:00 am
Saturday Vigil: 5:00 pm
Sunday: 7:30 am | 10:00 am | 12:30 pm | 5:00 pm

Weekday

Mon. - Fri.: 7:00 am

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Thursdays, 3:30-4:30 pm

St. Francis Plaza

Please wear a face covering or mask. Ushers will be on hand to direct you.

Eucharistic Adoration

During the COVID-19 health crisis, the Adoration Chapel is closed, until further notice.

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.

Next Mass: TBD

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass

7:00 am & 6:30 pm

Next Mass: August 7

New to Holy Spirit?

Welcome! To register, please visit the Parish Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, JULY 12 | FIFTEENTH SUNDAY IN ORDINARY TIME

Is 55:10-11/Ps 65:10, 11, 12-13, 14 [Lk 8:8]/Rom 8:18-23/Mt 13:1-23 or 13:1-9

5:00 pm (Vigil Mass) Maria Yap Tan †, Sebastian & Concetta Manzitto †, Patricia Zapanta †

7:30 am Michael & Ria Domingo, Michael & Anna Orias, Nico Orias

10:00 am Arthur Faial †, Grace Gonzales †, Marie Fernandes, Keiko & Kai Ladrillono, Jovita Amable †, Marcy M. Flores, Violeta Abar †

12:30 pm Almeida Family, Augusto Escobar †, Manuel Melvin Braga †, Carmo B. Fernandes †

5:00 pm For the People of Holy Spirit Parish

MONDAY, JULY 13 | MONDAY OF THE FIFTEENTH WEEK IN ORDINARY TIME

Is 1:10-17/Ps 50:8-9, 16bc-17, 21 and 23 [23b]/Mt 10:34—11:1

7:00 am Jesus C. Miranda †, Carmo B. Fernandes †, Julian Marc Saenz, Cornelio Pascual †, Napoleon A. Ancheta †, Tran Thach An / Nguyen Thi Hanh †

TUESDAY, JULY 14 | MEMORIAL OF SAINT KATERI TEKAKWITHA, VIRGIN

Is 7:1-9/Ps 48:2-3a, 3b-4, 5-6, 7-8 [cf. 9d]/Mt 11:20-24

7:00 am Kyle Atikus Isidore Barnes, Eva Romero †, Bon Abarquez †, Hung & Ninh Pham †

WEDNESDAY, JULY 15 | MEMORIAL OF SAINT BONAVENTURE, BISHOP AND DOCTOR OF THE CHURCH

Is 10:5-7, 13b-16/Ps 94:5-6, 7-8, 9-10, 14-15 [14a]/Mt 11:25-27

7:00 am Eva Romero †, Loc Nhat Vu †, Michael & Ria Domingo, Johnpillai Family †, Melanie Anne H. Paragas, Elsa E. Astilla †

THURSDAY, JULY 16 | THURSDAY OF THE FIFTEENTH WEEK IN ORDINARY TIME

Is 26:7-9, 12, 16-19/Ps 102:13-14ab and 15, 16-18, 19-21 [20b]/Mt 11:28-30

7:00 am Carmen M. Calara †, Eva Romero †, All Carmelites, Francis Vu †

FRIDAY, JULY 17 | FRIDAY OF THE FIFTEENTH WEEK IN ORDINARY TIME

Is 38:1-6, 21-22, 7-8/Is 38:10, 11, 12abcd, 16 [cf. 17b]/Mt 12:1-8

7:00 am Thomas Matthew Macasaet, Kathleen Seemann, Cesar A. Macasero, Lena Rinetti †

SATURDAY, JULY 18 | SATURDAY OF THE FIFTEENTH WEEK IN ORDINARY TIME

Mi 2:1-5/Ps 10:1-2, 3-4, 7-8, 14 [12b]/Mt 12:14-21

7:00 am Leilani Buccat, Christine Vu †, Dennis Oliveira †, Mario Concepcion †

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



FROM THE DESK OF DCN. RIGO...

Isaiah informs us that the Lord says: “...my word shall not return to me void, but shall do my will, achieving the end for which I sent it.”

Jesus tells us: “...blessed are your eyes, because they see, and your ears, because they hear...the seed sown on rich soil is the one who hears the word and understand it, who indeed bears fruit and yields a hundred or sixty or thirtyfold.”

Jesus is the only Word of God, sent to announce the reconciliation of the people of God to the Father thru the salvific and redemptive action of the Word made flesh. Those that hear the Word and understand it will bear good fruit and each will yield according to their own capacity, some thirty, some sixty, some one hundred.

My question to you is simple: Do you listen to the Word made flesh in your daily reflection? And listening to His Word, do you account for it in your decision- making? The Gospel clearly

says that those that listen to Him will yield good fruit. What is your own yield capacity? Do you know yourself that well?

FORMED®

FORMED PICK OF THE WEEK

YDISCIPLE—CALLED: DISCOVER YOUR VOCATION

<https://watch.formed.org/ydisciple-called-discover-your-vocation>

My **Formed** recommendation is the series “Called” from **YDisciple**. It is an interesting short series that walks you thru a process of vocation discernment.

All of us must discern, through constant dialogue with the Lord, why we are here, what we are supposed to do for Him, and how we are going to achieve our purpose. As always, I invite you to reflection and to call me at 510.456.4974 so we may engage personally about your own Christian personal development, that you may achieve the mission the Lord God has for you.

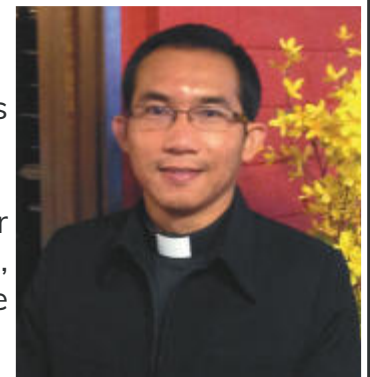
May He continue showering blessings on you.

GOODBYE, FATHER LEE

Sadly, we must bid Fr. Lee “Adieu!” Effective July 6, 2020, Fr. Lee begins his priestly duties as Parochial Vicar at Christ the King Church in Pleasant Hill.



In his 5+ years here at Holy Spirit, Fr. Lee touched our lives. He prayed, with us, ministered to us, taught us, laughed and cried with us. His gentle and humble servant heart was a gift to the Holy Spirit community.



Fr. Lee, you will truly be missed and we know that you will be blessing to Christ the King as you have been a God-send to Holy Spirit.

Go in peace! The journey you are making is under the eye of the Lord. (Judges 18:6)



SERVE

St. Joseph the Worker Sister Parish Dispatch



Here's Fr. Samwel Mvati giving out chocolates to the children of St. Joseph the Worker.

Medjugorje Prayer Group

The Medjugorje Prayer Group prays together every Tuesday at 7:00 pm for our Blessed Mother's intentions. Currently, we are each praying from home.

Current and new members can contact Eileen Ringelman to receive a copy of the prayer booklet: meringelman@yahoo.com or 510.673.6485



Blood Drive

July 28, 2020
de Sousa House
10:00 am-3:00 pm

Our parish is hosting another blood drive in coordination with Vitalant.

Here are some important details:

- Vitalant is taking additional safety measures due to COVID-19. Go to - <https://www.vitalant.org/COVID-FAQs>
- Please review Blood Donor Qualifications prior to making an appointment - <https://www.vitalant.org/Donate/Donor-Eligibility.aspx>
- Donors are encouraged to make an appointment - <https://www.bloodheroes.com>
- Walk-ins will be accepted only if space allows.
- Due to social distancing, please arrive for your appointment on time.
- Donors need photo identification with first and

last name.

- Donors are required to wear a face mask or reasonable cloth-based face covering. We encourage donors to bring their own face coverings.

For more information or to make an appointment, go to <https://www.vitalant.org>

A HUGE thank you to all who donated at our Parish Blood Drive, June 28th!!! We were able to collect 36 units which can help up to 108 people. Blood is at a critically low supply and we appreciate all who took the time to help save lives!



Giving

Corner

Special Collections coming up:
Holy Spirit Youth Ministry | July 19

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



FIRST READING:

So shall my word be
that goes forth from my mouth;
my word shall not return to me void,
but shall do my will,
achieving the end for which
I sent it. (Is 55:11)



PSALM:

The seed that falls on the good ground
will yield a fruitful harvest. (Ps 65)



SECOND READING:

I consider that the sufferings of this
present time are as nothing
compared with the glory to be
revealed for us. (Rom 8:18)



GOSPEL:

"But some seed fell on rich soil,
and produced fruit,
a hundred or sixty or thirtyfold.
Whoever has ears ought
to hear." (Mt 13:8-9)

Excerpts from the Lectionary for Mass ©2001,
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GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

Using the best seeds doesn't always guarantee the best plants. An older Italian gentleman straight from Italy gave me these amazing tomato seeds that he claimed produced the best tomatoes ever grown. Without doubt, the fruit he shared with me was a testament to that fact. These tomatoes were amazing! I couldn't wait until the next growing season to plant these seeds and harvest my own tomatoes. The whole experiment ended up a failure. I did everything the gentleman said, but my fruit didn't even come close. What happened? At first I was perplexed, then some years later the light dawned. The problem wasn't the seeds, it was the soil!

You cannot sow seeds in any old place and in a haphazard way and expect them to be at their best. It doesn't work that way. Planting the seeds is the easiest part. Preparing the soil is the challenge. Tilling, mulching, enriching, and building up the nutrients are all required for good fruit. Then after the seeds are planted, more care is required in order to maintain that healthy, nutrient rich environment for those seeds to sprout, grow, and flourish. God happily sows the seeds of his Word. What do we do with them?

If we expect to be a passive bystander and have good fruit magically grow, we are mistaken. Bearing the good fruit of God's Word requires preparation and work. We have to cultivate the soil of our lives so that those seeds can find a proper home. This one thing alone takes a great deal of patience, time, and effort. What kind of preparation have we put into our lives so that we can be a recipient of God's seed? It takes a great deal of soul-searching and ego-checking to properly prepare. God is the ever faithful and persistent sower. If the seeds do not bear fruit the first time, God will come back time and time again, giving it another try.

If we have created a suitable bed for sowing, then once the seed is sown, we must properly maintain them. What is our maintenance plan for the seeds of God's Word? We need not only a source for water but a watering schedule. We need to weed, aerate the soil, nurture the young plants, protect them, and provide proper nutrients. What does our spiritual maintenance plan look like? If we have done all things well, imagine what the seeds of God's Word could produce in us!



Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

Pray for Our Sick

Les Carscadden, Dixie Kibbee, Joseph Figueiredo, Andrew P. Javier, Carina A. Javier, Maxeen Caballa, Vince Ramirez, Jay Esperanza, Jr., Alfred Visitacion, Jesse Manibusan, Rosemary Gaunt, Lynda & Harold Joseph, Sharlene & Gary Park, Angie & Jon Heywood

Pray for Our Recently Departed

Babu Philip

Birthday Blessings

Nathan Javier, Abigail Javier, Alfred Visitacion

PRAY FOR OUR COMMUNITY



'It is simply impossible to lead, without the aid of prayer, a virtuous life.' ~ Saint John Chrysostom



WELCOME BACK

Mass Guidelines for Parishioners

Weekdays - 7:00 am

Saturdays (Vigil) - 5:00 pm

Sundays - 7:30 & 10:00 am, 12:30 & 5:00 pm

All Masses are livestreamed on our Facebook page.

Dispensation: Bishop Barber's dispensation from the obligation to attend Mass will remain in place until further notice.

You must be **pre-registered** to attend a Saturday Vigil or Sunday Mass. To register, visit our website - <https://holyspiritfremont.org/announcements/> - or call 510.456.4969.

We will adhere to all COVID-19 guidelines:

1. Face coverings or masks are required for those age 3 years and over.
2. Six (6) feet of distance must be maintained between every individual. A family counts as 1 individual.
3. The church will be sanitized after every Mass to prepare for the next Mass.
4. Sanitize your hands upon entry into the church.
5. In order to maintain social distancing, do not congregate before or after Mass.
6. You must take the seat given to you by the usher. You cannot pick your seat or save seats.
7. Refrain from using the church bathrooms.
8. Only one person is allowed in the restroom at any time, unless a parent is accompanying a child or if you are assisting someone.
9. Dismissal from the church will be by Section and Row at the end of Mass, you cannot leave until dismissed by an usher.

Self-Assessment before coming to Mass:

1. Have you or a household member been in close contact with a confirmed COVID-19 case in the past 14 days (2 weeks)?
2. In the last 48 hours, have you had any of the

following NEW symptoms? **Fever (100 F or 37.8 C) and Chills | Cough | Trouble breathing or Shortness of Breath | Wheezing | Muscle Aches | Sore Throat | Loss of Smell or Taste | Nausea, Vomiting, or Diarrhea | Headache**

3. If you answered "YES" to any of the above questions and are experiencing any of the listed symptoms, you are strongly encouraged to seek medical help. Please do not come for Mass.

To Attend Mass:

1. To attend a Saturday Vigil or a Sunday Mass, you must be **pre-registered**.
2. Pre-registered attendees will receive an email confirmation that you will need to provide.
3. No registration required to attend weekday Masses.
4. Please arrive at least 15-30 minutes before Mass to allow enough time to be screened and seated. **Please note: If you do not arrive 10 minutes before Mass begins, your reservation may be given away.**
5. The doors will be closed once Mass begins.
6. Please drive in through the Fremont Boulevard/Central Avenue gate.
7. Parishioners who have physical disabilities may park and enter from the Parish Avenue (Rectory) parking area.
8. Upon your arrival, you will be directed to the Welcome Station in St. Francis Plaza for a wellness check and registration verification.
9. Mass attendees will enter the church through the St. John doors.
10. You must take the seat given to you by the usher. You cannot pick your seat or save seats.

The Mass Experience:

1. Hymns will only be sung by the cantor. No public singing.
2. The collection basket will not be passed person to person. We will have a basket or collection box at the door.

(Continued on next page)

WELCOME BACK



3. No shaking of hands during the Sign of Peace or holding hands at the Lord's Prayer.
4. Holy Communion will be distributed at the conclusion of Mass.
5. The Eucharist should be received on the hand.
6. Masks are to be kept on until you receive the Body of Christ, then step aside and consume the Eucharist prior to leaving the church.
7. Immediately after consuming the Eucharist, you will be directed to the exit doors.

Communion Outside of Mass

Participate in the celebration of the liturgy by viewing the livestreamed Mass on our Facebook page.

Distribution of the Eucharist will take place at the following times: **Saturday 6:00-6:30 pm; Sunday 1:30-2:00 pm and 6:00-6:30pm.** *(Please note the time change.)*

A. Holy Communion in the Church:

1. Enter the church through the door on the right side of the St. John the Baptist stained-glass window.
2. While in line for Communion, stand six (6) feet apart and maintain social distance.
3. Masks are to be kept on until you receive the Body of Christ, then step aside and consume the Eucharist prior to leaving the church.
4. Immediately after consuming

the Eucharist, you will be directed to the exit doors.

B. Holy Communion in the Parking Lot:

1. Come to Holy Spirit Parish during times mentioned.
2. Please adhere to COVID-19 guidelines and wear a mask. Please note: If you have a compromised immune system or are unwell, please be safe and stay home.
3. When one of our clergy approaches your car, exit your vehicle, keep face covering on, stand an appropriate distance, and receive the Body of Christ on the hand.
4. After receiving Communion, please say a silent prayer in your car before leaving the premises.
5. Please observe reverence and proper decorum at all times.

To register for the upcoming Saturday (Vigil) or Sunday Mass, visit our website - <https://holyspiritfremont.org/announcements/> - or call **510.456.4969.**

Thank you for respecting these guidelines and for your patience! We ask for your compliance so that all will have a reverent and safe experience.

SEE YOU AT MASS!

We Are Currently Closed

Parish Office
Mon.-Sun. | 9:00 am-5:00 pm
Faith Formation & Youth Ministry
Tues.-Fri. | 8:30 am-4:30 pm
Gift Shop
Sat. | 6:00-7:00 pm
Sun. | 8:30 am-2:30 pm
Parish Library
Sun. | 9:00 am-12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Lee Chompoochan, Parochial Vicar
510.797.1660
Fr. John Carillo, Parochial Vicar
510.456.4965
Dcn. Rigo Cabezas, Dir. of Rel. Ed.
510.456.4975
Dcn. Chuck Glover, Pastoral Care
510.789.8652
Dcn. Steve Lewellyn, RCIA
510.797.1660
Dcn. Tim Roberto, RCIA
510.598.7408
Dcn. Emeritus Richard Yee, Retired

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970
Facilities Scheduling
Rosalyn Jose | 510.456.4995
Faith Formation & Youth Ministry Office
510.456.4974
Music
Paul Orella | 510.673.3873
Safe Environment
Keiru Bakke | 510.456.4972

St. Vincent de Paul
510.797.3672

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