



SUNDAY, JUNE 14, 2020 | FEAST OF CORPUS CHRISTI



THE MOST HOLY BODY AND BLOOD OF CHRIST



"Whoever eats my flesh and drinks my blood remains in me and I in him." - Jn 6:56

Excerpts from the Lctionary for Mass ©2001, 1998, 1970 CCD.

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WELCOME

With joy we welcome all who have gathered here with us to worship God.

"How good to sing praise to our God; how pleasant to give fitting praise." (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS

SCHEDULE

All Masses are private and livestreamed on our Facebook page.

Weekend

Saturday: 7:00 am
Saturday Vigil: 5:00 pm
Sunday: 7:30 am | 10:00 am | 12:30 pm

Weekday

Mon. - Fri.: 7:00 am

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

During the COVID-19 health crisis, Confessions are available by appointment only, until further notice.

Eucharistic Adoration

During the COVID-19 health crisis, the Adoration Chapel is closed, until further notice.

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend. Next Mass: TBD

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass

Next Mass: TBD

New to Holy Spirit?

Welcome! To register, please visit the Parish Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, JUNE 14 | THE SOLEMNITY OF THE BODY AND BLOOD OF CHRIST

Dt 8:2-3, 14b-16a/Ps 147:12-13, 14-15, 19-20 [12]/1 Cor 10:16-17/Jn 6:51-58

- 5:00 pm (Vigil Mass) Sebastian & Concetta Manzitto †, Crisencia G. Ancheta †, Stephen John Ho †
- 7:30 am For the People of Holy Spirit Parish
- 10:00 am Sarina Sigmon, Joseph & Manuel Abreu †, Charles & Sarah Herpick, Ladrillono deceased family members †, Luis & Lonceicae D'Silva †, Ramon & Maria Teresa del Rosario, Exaltation D'Sa †, Johnny Alphonso †
- 12:30 pm Seli Alfonso & Anastacia †, Almeida Family, Ludwina Tancioco & Ismaela Tanada †, Celia Guilhermina Fernandes †
- 5:30 pm Ismaela Tanada †, Emilio Miranda Sr. †, Rosalina Tortor †, Ruben Vasquez Aguilar †, Effie Gianan Aguilar

MONDAY, JUNE 15 | MONDAY OF THE ELEVENTH WEEK IN ORDINARY TIME

1 Kgs 21:1-16/Ps 5:2-3ab, 4b-6a, 6b-7 [2b]/Mt 5:38-42

- 7:00 am Patrocinia Abregana †, Elaine D'Sa, Tony Paiva †

TUESDAY, JUNE 16 | TUESDAY OF THE ELEVENTH WEEK IN ORDINARY TIME

1 Kgs 21:17-29/Ps 51:3-4, 5-6ab, 11 and 16 [cf. 3a]/Mt 5:43-48

- 7:00 am Julio Bruno †

WEDNESDAY, JUNE 17 | WEDNESDAY OF THE ELEVENTH WEEK IN ORDINARY TIME

2 Kgs 2:1, 6-14/Ps 31:20, 21, 24 [25]/Mt 6:1-6, 16-18

- 7:00 am Eugenia Morales Chavez †, Mathew & Midji Rovetta, Precy Sanderson

THURSDAY, JUNE 18 | THURSDAY OF THE ELEVENTH WEEK IN ORDINARY TIME

Sir 48:1-14/Ps 97:1-2, 3-4, 5-6, 7 [12a]/Mt 6:7-15

- 7:00 am Rita Kane Hylee †, Arlene A. Austria †

FRIDAY, JUNE 19 | SOLEMNITY OF THE MOST SACRED HEART OF JESUS

Dt 7:6-11/Ps 103:1-2, 3-4, 6-7, 8, 10 [cf. 17]/1 Jn 4:7-16/Mt 11:25-30

- 7:00 am Ruth & William Quinn Nickolson †, Filomena Medalle †, Marsh Mendez Sr. †, Remedios Mendez †, Richard & Patti Orduno, Lena & Al Rinetti †

SATURDAY, JUNE 20 | MEMORIAL OF THE IMMACULATE HEART OF THE BLESSED VIRGIN MARY

2 Chr 24:17-25/Ps 1 Sm 2:1, 4-5, 6-7, 8abcd [cf. 1]/Lk 2:41-51

- 7:00 am Lucio Vargas †, Yvette Moirris, Luis Amaral †

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



FROM THE DESK OF FR. JOHN...

Today we celebrate Friends, in this Solemnity of the Corpus Christi, I would like to share with you the story of a Vietnamese Cardinal named Francis Xavier Nguyen Van Thuan. He became a political

prisoner of Communist Vietnam and spent 13 years in prison.

While in prison, Cardinal Van Thuan found a way to celebrate Mass. He wrote in his book: "I was taken to prison empty-handed. Later on, I was allowed to request the basic necessities like clothing or toothpaste. So I wrote home saying 'Send me some wine as medication for stomach pains.' And they did with some hosts broken into small pieces."

Each day, Cardinal Thuan would take three drops of wine, a drop of water in the palm of his hand and a tiny particle of bread. Together with 50 prisoners, Cardinal Thuan would celebrate mass in secret every evening when the lights were out. Then the prisoners would take turns and spend time in adoration.

Those men risked their lives to say Mass and to pray before the Blessed Sacrament. They faced torture, persecution, and death for just a tiny piece of Communion. Why? Because, they knew that what they were receiving was more than just bread. They knew that this bread is not just a symbolic representation. It is more than a comforting memory extracted from the bible. It is real. It is God Himself. The Eucharist is Jesus Christ Himself.

My dear friends, just as Jesus was present to Cardinal Thuan and the prisoners, giving them strength, keeping them company, bringing them grace and hope in those most horrible times, Jesus is with us now, in whatever state we are in – in sickness and in health, in joys and sadness, in hope

and loneliness. He is present to us in the Eucharist.

Jesus says to us in the gospel: "I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." And on the night before He died, on the Last Supper, Jesus says, "Take and eat; this is my Body."

In the Jewish biblical world, the flesh or body pertains to the whole and entire person which includes its physicality. So, when Jesus says to us, "Take and eat; this is my Body," Jesus is telling us, "This is me, the total me. My whole self, my entire person, my entire being. I am giving myself to you fully and completely."

My dear friends, Jesus is fully present to us "body and blood, soul and divinity" in the Eucharist. And He wants us to receive Him. He invites us to take His body into our body, to take His blood into our blood. And when this happens, when His Body and Blood are coursing throughout our body and blood, and our soul, we become "one flesh, one body with Christ." In other words, we are entering in the most intimate relationship with God himself. This is what Jesus means: "Whoever eats my flesh and drinks my blood remains in me and I in him." This is what Holy Communion truly means.

So, let us reflect today on this great Solemnity of Corpus Christi: How do I receive our Lord in the Eucharist? Do I receive Him with wonder, with awe and delight, with reverence and love? When I receive Him, am I only 'going to communion' rather than 'I am in Holy Communion with Him'?

Right after the 5:30 pm Sunday Mass, we invite you to join us in adoration and procession of the Blessed Sacrament. Join us in proclaiming to the world God's love for us and our love for God. Let us entrust ourselves, our loved ones, our home, our church to His great goodness and mercy. And let us beg Him for the healing and conversion of the world. Amen.





SERVE

St. Joseph the Worker Sister Parish Dispatch



Meet 12-year-old Jesca and her mother. Jesca is one of our students who is doing home study due to the COVID-19 pandemic. She and the other students get their lessons twice a week and as of yet, there is no word when they will return to school.

Jesca wanted to let us know that she and everyone at St. Joseph the Worker is praying for all of us at Holy Spirit.



Blood Drive

June 28, 2020

Peace Center

In coordination with Vitalant, our parish is hosting a blood drive from 8:30 am to 12:30 pm. Blood donation is essential!

Here are some important details:

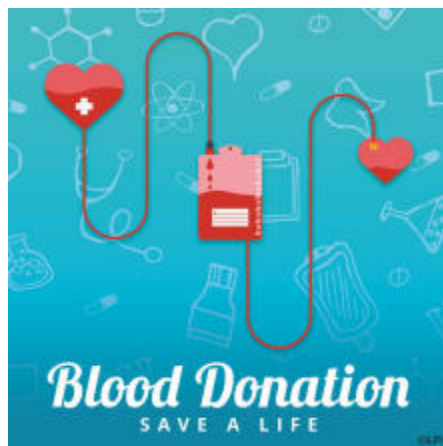
- Vitalant is taking additional safety measures due to COVID-19. Go to - <https://www.vitalant.org/COVID-FAQs>
- Please review Blood Donor Qualifications prior to making an appointment - <https://www.vitalant.org/Donate/Donor-Eligibility.aspx>
- Donors are encouraged to make an appointment - <https://www.bloodheroes.com>
- Walk-ins will be accepted only if space allows.
- Due to social distancing,

please arrive for your appointment on time.

- Donors need photo identification with first and last name.
- Donors are required to wear a face mask or reasonable cloth-based face covering. We encourage donors to bring their own face coverings.

For more information or to make an appointment, go to <https://www.vitalant.org>

Because of you, life doesn't stop.



Giving

Sunday, May 31	\$35,934
St. Vincent de Paul	\$1,258

Corner

Special Collections coming up:
Holy Father (Peter's Pence) | June 28

Our pledged weekly amount (excluding special collections):
\$31,963

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PRAY



FIRST READING

"Not by bread alone does one live, but by every word that comes forth from the mouth of the LORD." (Dt 8:3b)



PSALM

Praise the Lord, Jerusalem. (Ps 147) or Alleluia



SECOND READING

Because the loaf of bread is one, we, though many, are one body, for we all partake of the one loaf. (1 Cor 10:17)



GOSPEL

"For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him." (Jn 6:55-56)

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GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

It is no wonder that followers of Christ are called the Body of Christ. After all, sharing in the same spiritual food and sacred meal, they become what they eat and reveal the Divine Image. There is so much power for healing in the community of believers. Through the Eucharist, Christ becomes as present in those who have partaken of his Body and Blood as he has the elements themselves. The very presence of God touches the depths of the human soul and visits a part of us that no human being can ever hope to explore. We are God's. The sacred Eucharistic meal is a celebration of intimacy, the reunion of two loves in constant search of and longing for the other.

The community of believers receives the power and the presence to touch and heal in the name of the One they have welcomed within. It is now within their grasp to change the way life is lived and to more intentionally put into practice the Beatitudes that the Divine Guest has revealed. We are asked to be like Christ and work to create a world of sufficiency, where the greed of some no longer creates the want of others but where all of God's children can find a home and a place at the table of life. The One who makes a home within calls us to live a life that transforms. We are changed ourselves and now become agents of change for others. We are the Body of Christ. God is with us. We have been nourished.

Sadly, many are afraid to try. We know what we are called to do, but we struggle with feelings of doubt as to whether God really is the Way, the Truth, and the Life. Do our systems have to change? Is it possible that we somehow missed the mark when we put all of our social networks in place and established the business of our lives? Perhaps we have to radically rethink our approach and that can scare us. We might have to give something up or change, and we don't want to. As long as want, injustice, division, prejudice, and scarcity still exist, there is tremendous work for the Body of Christ.



Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

Pray for Our Sick

Les Carscadden, Dixie Kibbee, Joseph Figueiredo, Andrew P. Javier, Carina A. Javier, Maxeen Caballa

Pray for Our Recently Departed

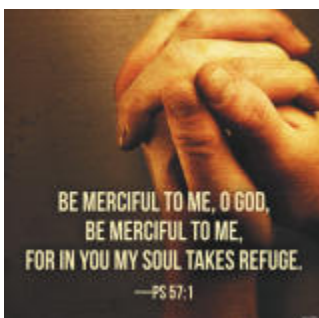
Anthony Bradford, Violeta Abar

Birthday Blessings

Fr. John Carillo, A.J. Javier-Dunbar, Alexi Letona, Anthony Ongsiaco

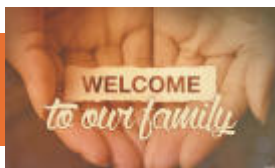
Wedding Anniversary Blessings

Mathew & Midji Rovetta



'Seek by reading and you will find by meditating. Knock by praying, and it will be opened to you in contemplation.'

~ Saint John of the Cross



INVITE

HERE'S WHAT'S HAPPENING

Faith Formation, Prayer, and Worship

Though we can not be together here at Holy Spirit Parish because of the COVID-19 "Shelter-in-Place" order, we have parishioners a variety of spiritual enrichment opportunities.

These are available to you, in the comfort and safety of your own homes, via Zoom webinars and/or livestreaming on our Facebook page. Take a look! (Dates/events are subject to change.)

Mass, Novena, and Holy Hour

Daily Masses: Mondays to Saturdays
Join us for daily Mass at 7:00 am immediately followed by Novena. Celebrated in private and livestreamed on our Facebook page (replayed at 8:15 am).

Sunday Masses

The Saturday (Vigil) Mass at 5:00 pm; and Sunday Masses at 7:30 am, 10:00 am, and 12:30 pm are immediately followed by Holy Hour. Celebrated in private and livestreamed on our Facebook page.

Divine Mercy Chaplet

Mondays to Fridays, 3:00 pm
You and your family are invited to pray the Divine Mercy Chaplet with our clergy and staff members. Livestreamed on our Facebook page. Join us in prayer in the comfort and safety of your own home.

Formed

Mondays and Wednesdays, 2:00 pm
View videos on Formed.org and participate in livestreamed discussions. For more information,

please contact Dcn. Rigo Cabezas at dcnrigo@holyspiritfremont.org or 510.366.4444

Family Rosary Night

Saturdays and Sundays, 7:00 pm
You and your family are invited to pray the Holy Rosary with our clergy and staff members. Livestreamed on our Facebook page. Join us in prayer in the comfort and safety of your own home.

Word on Fire

Tuesdays and Fridays, 10:00 am
View Bishop Robert Barron's videos and take part in livestreamed discussions. Contact Dcn. Rigo Cabezas at dcnrigo@holyspiritfremont.org or 510.366.4444 for registration and information.

Family Catechesis

Tuesdays, 7:00 pm
Families with children are invited to pray and reflect through the beautiful practice of Lectio Divina on Tuesday evenings via Zoom. Please contact Dcn. Rigo Cabezas for registration and information at dcnrigo@holyspiritfremont.org or 510.366.4444.

Holy Spirit @ Home Webinar

Wednesday, June 17, 2020
7:00 pm
Join Dcn. Tim Roberto and Joe Nufable for another prayerful webinar. Learn how to better live out the Catholic faith at home. Livestreamed on our Facebook page.

AmazonSmile

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AROUND THE PARISH



Feast of Corpus Christi

Sunday, June 14, 2020

Private Livestreamed Masses are as follows:

- Saturday (Vigil) - 5:00 pm
- Sunday - 7:30 am, 10:00 am, and 12:30 pm

Outdoor Sunday Mass with Eucharistic Procession - 5:30 pm

We cordially invite our faithful parishioners of Holy Spirit to celebrate a special outdoor Sunday Mass with Eucharistic Procession in the main parking lot. It will also be livestreamed on our Facebook page.

We will adhere to all COVID-19 guidelines:

1. The church gate will open at 4:45 pm and will close at 5:20 pm.
2. You must enter through the Central Avenue or Parish Avenue.
3. Parking spaces are extremely limited and admittance is on a "first come, first served" basis.
4. You will be guided to a parking spot by our team.
5. Stay inside your car at all times.
6. Wear a face covering or mask.
7. Come prepared to livestream the Mass through your cellphones.
8. The clergy will approach your vehicle for Holy Communion.
9. No foot traffic will be allowed.
10. The following vehicles are prohibited: convertibles with the top down, motorcycles, doorless cars, bicycles.

11. All passengers in your vehicle must be members of the same household.

12. Avoid using the restrooms on campus.

13. After the Eucharistic Procession, you will be directed by our team to exit the parking lot.

Please be respectful and patient. We ask that you comply with these guidelines so that all will have a reverent and safe experience.

Mass Intentions

We are accepting daily and weekend Mass requests.

Please email us at info@holyspiritfremont.org and we will confirm your request via phone or email.

The suggested stipend is \$10— send by mail or make an online donation at holyspiritfremont.org Provide the following information:

- Name of person for whom Mass will be offered
- Name of person requesting Mass
- Telephone Number
- Email (optional)
- Date of Mass requested
- Time of Mass requested

There is no guarantee of Mass availability.

Currently, we are only accepting Mass requests for this year (2020). Mass requests for 2021 will not open until August.

We Are Currently Closed

Parish Office
Mon.-Sun. | 9:00 am-5:00 pm
Faith Formation & Youth Ministry
Tues.-Fri. | 8:30 am-4:30 pm
Gift Shop
Sat. | 6:00-7:00 pm
Sun. | 8:30 am-2:30 pm
Parish Library
Sun. | 9:00 am-12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Lee Chompoochan,
Parochial Vicar
510.797.1660
Fr. John Carillo,
Parochial Vicar
510.456.4965
Dcn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975
Dcn. Chuck Glover,
Pastoral Care
510.789.8652
Dcn. Steve Lewellyn, RCIA
510.797.1660
Dcn. Tim Roberto, RCIA
510.598.7408
Dcn. Emeritus Richard Yee,
Retired

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970
Facilities Scheduling
Roselyn Jose | 510.456.4995
Faith Formation & Youth Ministry Office
510.456.4974
Music
Paul Orella | 510.673.3873
Safe Environment
Keiru Bakke | 510.456.4972

St. Vincent de Paul
510.797.3672

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