



HOLY SPIRIT FREMONT

SUNDAY, JUNE 7, 2020 | SOLEMNITY OF THE MOST HOLY TRINITY



SUNDAY, JUNE 7, 2020

THE MOST HOLY TRINITY



God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. - Jn 3:16

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS

SCHEDULE

All Masses are private and livestreamed on our Facebook page.

Weekend

Saturday: 7:00 am
Saturday Vigil: 5:00 pm
Sunday: 7:30 am | 10:00 am | 12:30 pm

Weekday

Mon. - Fri.: 7:00 am

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

During the COVID-19 health crisis, Confessions are available by appointment only, until further notice.

Eucharistic Adoration

During the COVID-19 health crisis, the Adoration Chapel is closed, until further notice.

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: TBD

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass

Next Mass: TBD

New to Holy Spirit?

Welcome! To register, please visit the Parish Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, JUNE 7 | THE SOLEMNITY OF THE MOST HOLY TRINITY

Ex 34:4b-6, 8-9/Dn 3:52, 53, 54, 55, 56 [52b]/2 Cor 13:11-13/Jn 3:16-18

- 5:00 pm (Vigil Mass) For the People of Holy Spirit Parish
- 7:30 am Lois Claire & Rudy Liska †, Emmanuel Conty & Lina Javier †, Alexander Abagat †
- 10:00 am Letty-Jose Jr Aguirre, Baby M †, Ester R. Escalante †, Rose Naftaly †, Jane Linggi †, Vu Family †, Agustino Escobar †, Praxedes Nano †
- 12:30 pm Serrao Family Souls †, Christian Derick D. Bayaca, Melvin & Maria Braga †, Rudy & Juanita Catalan †, Aaron & Mia Bacol, Salustiano & Melitona Bacol †

MONDAY, JUNE 8 | MONDAY OF THE TENTH WEEK IN ORDINARY TIME

1 Kgs 17:1-6/Ps 121:1bc-2, 3-4, 5-6, 7-8 [cf. 2]/Mt 5:1-12

- 7:00 am Federico Soriano †, Rose Naftaly †, Elpidia Calso †, Ben Calso †

TUESDAY, JUNE 9 | TUESDAY OF THE TENTH WEEK IN ORDINARY TIME

1 Kgs 17:7-16/Ps 4:2-3, 4-5, 7b-8 [7a]/Mt 5:13-16

- 7:00 am Kyle Atikus Isidore Barnes, Rose Naftaly †, Vicente G. Evangelista †

WEDNESDAY, JUNE 10 | WEDNESDAY OF THE TENTH WEEK IN ORDINARY TIME

1 Kgs 18:20-39/Ps 16:1b-2ab, 4, 5ab and 8, 11 [1b]/Mt 5:17-19

- 7:00 am Michael Keily †, Nancy Lorigan †, Jose Jr & Letty Aguirre, Subhas Sharma †

THURSDAY, JUNE 11 | MEMORIAL OF SAINT BARNABAS, APOSTLE

Acts 11:21b-26; 13:1-3/Ps 65:10, 11, 12-13 [2a]/Mt 5:20-26

- 7:00 am Tony Costa †

FRIDAY, JUNE 12 | FRIDAY OF THE TENTH WEEK IN ORDINARY TIME

1 Kgs 19:9a, 11-16/Ps 27:7-8a, 8b-9abc, 13-14 [8b]/Mt 5:27-32

- 7:00 am Luisa Dim †

SATURDAY, JUNE 13 | MEMORIAL OF SAINT ANTHONY OF PADUA, PRIEST AND DOCTOR OF THE CHURCH

1 Kgs 19:19-21/Ps 16:1b-2a and 5, 7-8, 9-10 [cf. 5a]/Mt 5:33-37

- 7:00 am Sean Keily †, Emilio Miranda †

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.



FROM THE DESK OF DCN. STEVE...

Today we celebrate Most Holy Trinity.

What is the Holy Trinity to you? Do you realize we say it every Sunday, and hopefully before and after we pray? We invoke the Trinity in many different ways.

But the best way is when we simply say, "In the name of the Father and the Son and the Holy Spirit. Amen."

Let's start with... God the FATHER: We know Him as the creator, the builder, the beginning and the end, and who has absolute Love for us.

God the SON: Jesus, God made flesh, teacher, savior, the Word (John 1:1), conqueror of death, and who sacrificed Himself for our sins.

And God the Holy Spirit: The wind beneath our wings. Is it our personal conscience that guides our mind, body, and soul, that feeling we get of knowing what is right from wrong? The Holy Spirit encourages and leads us to live up to our Baptismal promises to be Christ's ambassadors.

Today we live in an ever-changing time, self-

isolating ourselves to keep our mothers, fathers, sisters, and brothers safe from horrible sickness and possible death due to COVID-19. We wear face masks, stand six feet or more apart, and continually wash our hands to keep ourselves and others safe.

We read today in the second reading, "... encourage one another, agree with one another, live in peace, and the God of love and peace will be with you." Be kind to each other; a smile or a hello can go a long way. Just as the Most Holy Trinity is three in one through Love, we, too, need to love our family members, neighbors, and people around us.

Let us live the Trinity, let us do everything in the name of the Father, and of the Son, and of the Holy Spirit. AMEN.

FORMED

FORMED PICK OF THE WEEK

THE MOST HOLY TRINITY SUNDAY

<https://watch.formed.org/opening-the-word/videos/the-most-holy-trinity-sunday-june-7-2020>

This week's readings highlight two of the key actions of God: first his love, and second, his giving. Through this we learn that love is an action, not a feeling, and that love is expressed in giving.



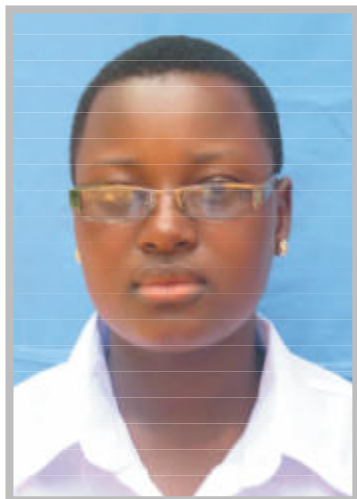
God so loved the world that he gave his only Son...

John 3:16



SERVE

St. Joseph the Worker Sister Parish Dispatch



Meet 2019 graduate Elizabeth Laurent. She completed Form 4. Prayers and best wishes on your future endeavors. Congratulations, Elizabeth!

“Let your words teach and your actions speak.”

— St. Anthony of Padua

Blood Drive

June 28, 2020
Peace Center

In coordination with Vitalant, our parish is hosting a blood drive from 8:30 am to 12:30 pm. Blood donation is essential!

Here are some important details:

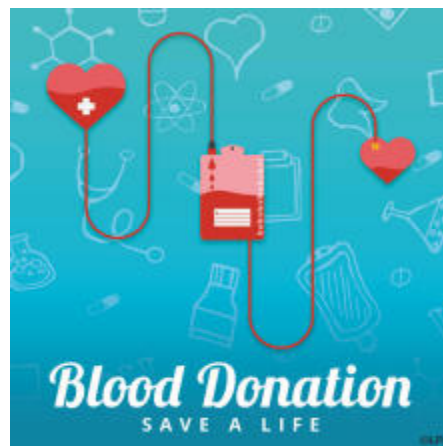
- Vitalant is taking additional safety measures due to COVID-19. Go to - <https://www.vitalant.org/COVID-FAQs>
- Please review Blood Donor Qualifications prior to making an appointment - <https://www.vitalant.org/Donate/Donor-Eligibility.aspx>
- Donors are encouraged to make an appointment - <https://www.bloodheroes.com>
- Walk-ins will be accepted only if space allows.
- Due to social distancing,

please arrive for your appointment on time.

- Donors need photo identification with first and last name.
- Donors are required to wear a face mask or reasonable cloth-based face covering. We encourage donors to bring their own face coverings.

For more information or to make an appointment, go to <https://www.vitalant.org>

Because of you, life doesn't stop.



Giving

Sunday, May 17	\$28,727
Sunday, May 24	\$32,423

Corner

Special Collections coming up:
Holy Father (Peter's Pence) | June 28

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

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PRAY



FIRST READING

Thus the LORD passed before him and cried out: "The LORD, the LORD, a merciful and gracious God, slow to anger and rich in kindness and fidelity." (Ex 34:6)



PSALM

Glory and praise for ever!
(Dn 3:52, 53, 54, 55, 56 (52b))



SECOND READING

Mend your ways, encourage one another, agree with one another, live in peace, and the God of love and peace will be with you. (2 Cor 13:11b)



GOSPEL

God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. (Jn 3:16)

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GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

A well-choreographed dance can be truly inspirational. Each movement and step are interconnected, each contributing a piece of the unfolding artistic story. The beholder is caught up in the rhythms, music, and gestures, realizing that none are dispensable and all are necessary. The same is true of the Divine Dance of the Trinity. Each Person plays a part, using unique gestures and movements that are connected to the other Divine Partners. They tell a story of love. Every movement and step is born of love and flows on into eternity. The Divine Dance never ends.

God the Creator powerfully, yet with gentle love, leads. Creating and recreating, birthing and sustaining, He dances with the compassionate incarnate Son, guided by the breath of the Holy Spirit. They are three distinct Persons but move as One. On one hand, the cascading flow of their Presence appears motionless, yet on the other, flows and moves with effortless attention. They share one heart, one goal, and one purpose and invite all of creation to join in their dance, their joy.

The energy of the Trinity flows through all created things. It is a dance of the heart, not of the mind. It has to be experienced, not dissected, and contemplated, not understood. We stand in awe of the Divine Dance and find ourselves watching in amazement all that God creates and sustains. The dance continues in the majesty of a mountain, the power and wonder of an ocean, and the vastness of the universe. It moves in the cry of a newborn infant and in the soul of one who has been forgiven. It flows in the cry for justice and in the wounds of the oppressed. It circles through the changing of seasons, the cycles of birth and death, and the wisdom that one acquires when they love God.

The Dance never ends. Its movements and rhythms go on forever. The Trinitarian Dance sustains all things, endures all things, and brings hope. You are invited to dance. Don't just watch as if you were simply a spectator. Join in the dance and move as they move.



Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

Pray for Our Sick

Les Carscadden, Dixie Kibbee, Joseph Figueiredo, Andrew P. Javier, Carina A. Javier, Maxeen Caballa, Rowena Limjap, Patrick Bennett, Paul Rebelo, Kayla Barbuscia, Jose Valdes, Virginia Gilmore, Maria Ching, Merci Fuentes

Pray for Our Recently Departed

Loy Mariano, Domingo De Guzman, Thelma Bibay, Jason Goff, Carmo B. Fernandes, Teresita Gianan Rementería

Birthday Blessings

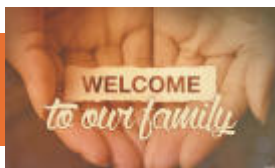
Keiru Bakke, Jill T. Paras, Ric Ramirez



BE MERCIFUL TO ME, O GOD,
BE MERCIFUL TO ME,
FOR IN YOU MY SOUL TAKES REFUGE.

—PS 57:1

'We meditate before, during and after everything we do. The prophet says: "I will pray, and then I will understand." This is the way we can easily overcome the countless difficulties we have to face day after day, which, after all, are part of our work. In meditation we find the strength to bring Christ to birth in ourselves and in others.' ~ Saint Charles Borromeo



INVITE

HERE'S WHAT'S HAPPENING

Faith Formation, Prayer, and Worship

Though we can not be together here at Holy Spirit Parish because of the COVID-19 "Shelter-in-Place" order, we are excited to offer a variety of spiritual enrichment opportunities.

These are available to you, in the comfort and safety of your own homes, via Zoom webinars and/or livestreaming on our Facebook page. Take a look! (Dates/events are subject to change.)

Mass, Novena, and Holy Hour

Daily Masses: Mondays to Saturdays

Join us for daily Mass at 7:00 am immediately followed by Novena. Celebrated in private and livestreamed on our Facebook page (replayed at 8:15 am).

Sunday Masses

The Saturday (Vigil) Mass at 5:00 pm; and Sunday Masses at 7:30 am, 10:00 am, and 12:30 pm are immediately followed by Holy Hour. Celebrated in private and livestreamed on our Facebook page.

Divine Mercy Chaplet

Mondays to Fridays, 3:00 pm

You and your family are invited to pray the Divine Mercy Chaplet with our Priests and Staff members. Livestreamed on our Facebook page. Join us in prayer in the comfort and safety of your own home.

Formed

Mondays and Wednesdays, 2:00 pm

View videos on Formed.org and participate in livestreamed discussions. For more information, please contact Dcn. Rigo Cabezas at dcnrigo@holyspiritfremont.org or 510.366.4444

Family Rosary Night

Saturdays and Sundays, 7:00 pm

You and your family are invited to pray the Holy Rosary with our Priests and Staff members. Livestreamed on our Facebook page. Join us in prayer in the comfort and safety of your own home.

Word on Fire

Tuesdays and Fridays, 10:00 am

View Bishop Robert Barron's videos and take part in livestreamed discussions. Contact Dcn. Rigo Cabezas at dcnrigo@holyspiritfremont.org or 510.366.4444 for registration and information.

Family Catechesis

Tuesdays, 7:00 pm

Families with children are invited to pray and reflect through the beautiful practice of Lectio Divina on Tuesday evenings via Zoom. Please contact Dcn. Rigo Cabezas for registration and information at dcnrigo@holyspiritfremont.org or 510.366.4444.

Holy Spirit @ Home: "Open Wide Our Hearts"

Wednesday, June 10, 2020

7:00 pm

Join Dcn. Tim Roberto and Joe Nufable in this thoughtful discussion on peace and justice. Learn how to better live out the Catholic faith at home. Livestreamed on our Facebook page.

"Resound"

Friday, June 12, 2020

7:00 pm

We invite you and your family to join us for an evening of prayer and song in the comfort of your own home. Livestreamed on our Facebook page.

AROUND THE PARISH



Feast of Corpus Christi

Sunday, June 14, 2020

Private Livestreamed Masses are as follows:

- Saturday (Vigil) - 5:00 pm
- Sunday - 7:30 am, 10:00 am, and 12:30 pm

Outdoor Sunday Mass with Eucharistic Procession - 5:30 pm

We cordially invite our faithful parishioners of Holy Spirit to celebrate a special outdoor Sunday Mass with Eucharistic Procession in the main parking lot. It will also be livestreamed on our Facebook page.

We will adhere to all COVID-19 guidelines:

1. The church gate will open at 4:45 pm and will close at 5:20 pm.
2. You must enter through the Central Avenue or Parish Avenue.
3. Parking spaces are extremely limited and admittance is on a "first come, first served" basis.
4. You will be guided to a parking spot by our team.
5. Stay inside your car at all times.
6. Wear a face covering or mask.
7. Come prepared to livestream the Mass through your cellphones.
8. The clergy will approach your vehicle for Holy Communion.
9. No foot traffic will be allowed.
10. The following vehicles are prohibited: convertibles with the top down, motorcycles, doorless cars, bicycles.

11. All passengers in your vehicle must be members of the same household.

12. Avoid using the restrooms on campus.

13. After the Eucharistic Procession, you will be directed by our team to exit the parking lot.

Please be respectful and patient. We ask that you comply with these guidelines so that all will have a reverent and safe experience.

Mass Intentions

We are accepting daily and weekend Mass requests.

Please email us at info@holyspiritfremont.org and we will confirm your request via phone or email.

The suggested stipend is \$10— send by mail or make an online donation at holyspiritfremont.org Provide the following information:

- Name of person for whom Mass will be offered
- Name of person requesting Mass
- Telephone Number
- Email (optional)
- Date of Mass requested
- Time of Mass requested

There is no guarantee of Mass availability.

Currently, we are only accepting Mass requests for this year (2020). Mass requests for 2021 will not open until August.

We Are Currently Closed

Parish Office
Mon.-Sun. | 9:00 am-5:00 pm
Faith Formation & Youth Ministry
Tues.-Fri. | 8:30 am-4:30 pm
Gift Shop
Sat. | 6:00-7:00 pm
Sun. | 8:30 am-2:30 pm
Parish Library
Sun. | 9:00 am-12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Lee Chompoochan,
Parochial Vicar
510.797.1660
Fr. John Carillo,
Parochial Vicar
510.456.4965
Dcn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975
Dcn. Chuck Glover,
Pastoral Care
510.789.8652
Dcn. Steve Lewellyn, RCIA
510.797.1660
Dcn. Tim Roberto, RCIA
510.598.7408
Dcn. Emeritus Richard Yee,
Retired

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970
Facilities Scheduling
Roselyn Jose | 510.456.4995
Faith Formation & Youth Ministry Office
510.456.4974
Music
Paul Orella | 510.673.3873
Safe Environment
Keiru Bakke | 510.456.4972

St. Vincent de Paul
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