



HOLY SPIRIT FREMONT

SUNDAY, MAY 31, 2020 | PENTECOST SUNDAY



PENTECOST SUNDAY

Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." - Jn 20:21

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

WELCOME

With joy we welcome all who have gathered here with us to worship God.

"How good to sing praise to our God; how pleasant to give fitting praise." (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS

SCHEDULE

All Masses are private and livestreamed on our Facebook page.

Weekend

Saturday: 7:00 am
Saturday Vigil: 5:00 pm
Sunday: 7:30 am | 10:00 am | 12:30 pm

Weekday

Mon. - Fri.: 7:00 am

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

During the COVID-19 health crisis, Confessions are available by appointment only, until further notice.

Eucharistic Adoration

During the COVID-19 health crisis, the Adoration Chapel is closed, until further notice.

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend. Next Mass: TBD

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass

Next Mass: TBD

New to Holy Spirit?

Welcome! To register, please visit the Parish Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, MAY 31 | PENTECOST SUNDAY

Vigil: Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/Ps 104:1-2, 24, 35, 27-28, 29, 30 [cf. 30]/Rom 8:22-27/Jn 7:37-39

Extended Vigil: Gn 11:1-9/Ps 33:10-11, 12-13, 14-15/Ex 19:3-8a, 16-20b/Dn 3:52, 53, 55, 56 [52b] or Ps 19:8, 9, 10, 11/Ez 37:1-14/Ps 107:2-3, 4-5, 6-7, 8-9 [1]/Jl 3:1-5/Ps 104:1-2, 24, 35, 27-28, 29, 30 [cf. 30]/Rom 8:22-27/Jn 7:37-39

Day: Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34 [cf. 30]/1 Cor 12:3b-7, 12-13/Jn 20:19-23

5:00 pm
(Vigil Mass)

Patricia Ahern †, Petronila Domingo †

7:30 am

Pauline Hammill †, Petronila Domingo, Suzanne Doran †

10:00 am

Griese Family †, Angie Paras †, Ememorita Gonzales †, Nestor Villamor & Family, Luis Amaral †, Maria Miranda & Family

12:30 pm

Joseph Victor Shagday †, Bud Schafer †, Almeida Family Souls †

5:30 pm

For the people of Holy Spirit Parish

MONDAY, JUNE 1 | MEMORIAL OF THE BLESSED VIRGIN MARY, MOTHER OF THE CHURCH

Gn 3:9-15, 20 or Acts 1:12-14/Ps 87:1-2, 3 and 5, 6-7/Jn 19:25-34

7:00 am

Mary Bazar †, Rose Naftaly †, Angie Paras †

TUESDAY, JUNE 2 | TUESDAY OF THE NINTH WEEK IN ORDINARY TIME

2 Pt 3:12-15a, 17-18/Ps 90:2, 3-4, 10, 14 and 16 [1]/Mk 12:13-17

7:00 am

Weihua Wang, Rose Naftaly †, Angie Paras †

WEDNESDAY, JUNE 3 | MEMORIAL OF SAINT CHARLES LWANGA AND COMPANIONS, MARTYRS

2 Tm 1:1-3, 6-12/Ps 123:1b-2ab, 2cdef [1b]/Mk 12:18-27

7:00 am

Mary Bazar †, Rose Naftaly †, Angie Paras †, Gloria Aguila, Vicente Francisco Magno †, Cristina T. Concepcion, Julia Villanueva †, Rose Naftaly †, Francisco Macasero †, Angie Paras †, Alicia Ong †, Jose & Letty Aguirre

THURSDAY, JUNE 4 | THURSDAY OF THE NINTH WEEK IN ORDINARY TIME

2 Tm 2:8-15/Ps 4-5ab, 8-9, 10 and 14 [4]/Mk 12:28-34

7:00 am

Rose Naftaly †, Obinna Mbah, Angie Paras †

FRIDAY, JUNE 5 | MEMORIAL OF SAINT BONIFACE, BISHOP AND MARTYR

2 Tm 3:10-17/Ps 119:157, 160, 161, 165, 166, 168 [165a]/Mk 12:35-37

7:00 am

Hector Antonio Hernandez-Ibarra †, Dannie Reece, Joseph Abreu †, Bud Schafer †, Rose Naftaly †

SATURDAY, JUNE 6 | SATURDAY OF THE NINTH WEEK IN ORDINARY TIME

2 Tm 4:1-8/Ps 71:8-9, 14-15ab, 16-17, 22 [cf. 15ab]/Mk 12:38-44

7:00 am

Rose Naftaly †, Tony Pratts †, Donna Hinds †

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF DCN. RIGO...

Gospel: Jn 20:19-23

On the evening of that first day of the week, when the doors were locked, where the disciples were, for fear of the Jews, Jesus came

and stood in their midst and said to them, "Peace be with you." When he had said this, he showed them his hands and his side. The disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." And when he had said this, he breathed on them and said to them, "Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained."

These past few weeks, we have been hearing John the Beloved Disciple's accounts of Jesus. John's version culminates with Jesus breathing the Holy Spirit on His disciples and imparting the commandment to forgive sins.

It is through the Peace of the Lord and His Spirit that the disciples are ordained with the task of reconciling the world to the Father. They are

now the first bishops that will from here on ordain both presbyters and deacons, the former to do the spiritual, the latter to do the corporal acts of mercy.

The Holy Spirit is here then to console, to comfort, to counsel, to advocate for us, and for us to allow the Spirit to guide every one of our thoughts, words and deeds. All are called to reconcile the world to the Father. All. Together we will if we do so faithfully.

FORMED

I am conducting a retreat that you all can do in the safety of your homes. It is Fr Michael Gaitley's "33 Days to Morning Glory."



Go to <https://watch.formed.org/33-days-to-morning-glory-1>

Do the retreat on your own. Or if you wish to do the retreat together with me in a group setting, email me at dcnrigo@holyspiritfremont.org



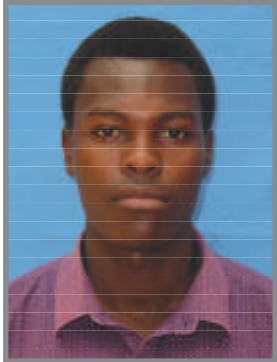
Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." And when he had said this, he breathed on them and said to them, "Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained."

John 20:21-23



SERVE

St. Joseph the Worker Sister Parish Dispatch



Meet 2019 graduate Elias Massawe. He completed Form 4.

Prayers and best wishes on your future endeavors. Congratulations, Elias!

Special Collection St. Vincent de Paul

Many families are struggling during this pandemic. The Society of St. Vincent de Paul has continued to assist these families with food, groceries, and other necessities. This Sunday's 2nd collection will help us continue in our efforts to assist these families. Thank you for your generous support.



RESPONDING to the Call

EVERYDAY STEWARDSHIP

Recognize God In Your Ordinary Moments

We Are Never Alone

My children want my help sometimes, and other times, not so much. I remember being a teenager and young adult myself. At times, I thought I knew everything. I didn't need help because I was just so darn smart. Truth is, I needed to find my own way. I needed to stretch my wings and prove to myself and my family I could fly. I assume that is what is happening with my own children as well. It just seems so different now that I'm the parent.

Human beings need help. We need community, and we need to rely on one another. At Pentecost, we reflect on Jesus sending to the Church a helper, the Holy Spirit. God interacting with us in this manner means we are never truly alone. We focus most of the time on the Spirit of God as the assistance we need, and we do need Him for sure. However, since it is that very same Spirit that turned us into "Church" from a band of people looking to carry on after Jesus' ascension, at Pentecost we gained more than divine help: we gained each other.

Today, the Church needs help in a profound way. We need to lean on the Holy Spirit to blow through the Church with a profound renewal. But we cannot forget that we have been given each other to lean on as well. We are a gift to each other, and together with the Spirit's help, we are the Body of Christ here on earth. We must be strong and stand for one another. If we do that, this Pentecost will bear fruit that will be with us for many Pentecosts to come.

— Tracy Earl Welliver, MTS

Giving

Sunday, May 3 (date correction)	\$22,843
Sunday, May 10 (date correction)	\$37,546

Corner

Special Collections coming up:
St. Vincent de Paul | May 31

Our pledged weekly amount (excluding special collections):
\$31,963

PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.

PRAY



FIRST READING

And they were all filled with the Holy Spirit and began to speak in different tongues, as the Spirit enabled them to proclaim. (Acts 2:4)



PSALM

Lord, send out your Spirit, and renew the face of the earth. (Ps 104) or Alleluia



SECOND READING

As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ. (1 Cor 12:12)



GOSPEL

And when he had said this, he breathed on them and said to them, "Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained." (Jn 20:22-23)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.



GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

You can feel so small standing by the seashore. The vastness of all that is before you expands much farther than your eye can see. What is happening on the other side? As tides continue to ebb and flow, what occurs as they come and go remains largely a mystery and the effects of their presence unknown in your sight. Yet, things are moving and changing as you gaze upon the water, as the thumbprint of their presence is left behind. The greater the wind and wave, the greater the effect. But even a gentle breeze leaves its humble mark upon the seashore on which you stand. The smallest pebble still makes a ripple in the great blue expanse of ocean waters. It doesn't need to be big.

You never know the full impact of your smallest gesture or simplest of words. A yes or no, agree or disagree, here or there, this or that can influence time and history in ways you may never know. The Holy Spirit is like that: fierce and torrential, and then almost still and silent, creating and recreating nonetheless. Coming as a gentle breeze or a gusty wind, God's Holy Spirit continues to move over, around, and into the waters of our lives. The Spirit brings fruit and unknown possibilities to what we humbly bring with us and that same Spirit eventually brings all to fulfillment in Christ.

The first disciples didn't have much. They possessed simple faith and a willingness to go into uncharted territory with a love of their friend-God, humble offerings, and a knowledge that they were not alone. This allowed them to do amazing things with very little. Do you believe that you are being led and that you have a purposeful life? We often do not realize our value because we do not think that the little we have is good enough. How wrong we are! A little flour mixed with water and embraced by a prayer of blessing transforms simple offerings into the magnificent Eucharistic presence of God. If the Holy Spirit can do such amazing things with these humble gifts of the earth, even more can happen with you. Don't underestimate the value of the smile you gave a stranger, the door held open for an elderly widow, the listening ear offered to one who was lonely, the tolerance given to the wounded soul who is angry, and the loving shoulder you offered as a cradle under the head of someone in pain. Modest gifts offered with love can be transformed by the Spirit into wondrous blessings you may never know. It's Pentecost. Trust. You are not alone.



Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

Pray for Our Sick

Les Carscadden, Dixie Kibbee, Joseph Figueiredo, Andrew P. Javier, Carina A. Javier, Maxeen Caballa, Nora Armijo, Tony Bruno

Pray for Our Recently Departed

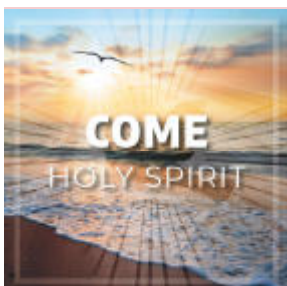
Celia Fernandez

Birthday Blessings

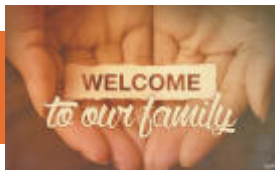
Dcn Rigo Cabezas, Dcn. Tim Roberto, Marvie Torres

Wedding Anniversary Blessings

Fred & Linda Brusaca, Joseph & Rosemary O'Toole



"Without the Spirit, Jesus remains a personage from the past; with the Spirit, he is a person alive in our own time. Without the Spirit, Scripture is a dead letter; with the Spirit it is a word of life." ~ Pope Francis (June 9, 2019)



INVITE

HERE'S WHAT'S HAPPENING

Faith Formation, Prayer, and Worship

Though we can not be together here at Holy Spirit Parish because of the COVID-19 "Shelter-in-Place" order, we are excited to offer a variety of spiritual enrichment opportunities.

These are available to you, in the comfort and safety of your own homes, via Zoom webinars and/or livestreaming on our Facebook page. Take a look! (Dates/events are subject to change.)

Mass, Novena, and Holy Hour

Daily Masses: Mondays to Saturdays
Join us for daily Mass at 7:00 am immediately followed by Novena. Celebrated in private and livestreamed on our Facebook page (replayed at 8:15 am).

Sunday Masses

The Saturday (Vigil) Mass at 5:00 pm; and Sunday Masses at 7:30 am, 10:00 am, and 12:30 pm are immediately followed by Holy Hour. Celebrated in private and livestreamed on our Facebook page.

Divine Mercy Chaplet

Mondays to Fridays, 3:00 pm
You and your family are invited to pray the Divine Mercy Chaplet with our Priests and Staff members. Livestreamed on our Facebook page. Join us in prayer in the comfort and safety of your own home.



Formed

Mondays and Wednesdays, 2:00 pm
View videos on Formed.org and participate in livestreamed discussions. For more information, please contact Dcn. Rigo Cabezas at dcnrigo@holyspiritfremont.org or 510.366.4444

Family Rosary Night

**Saturdays and Sundays
7:00 pm**
You and your family are invited to pray the Holy Rosary with our Priests and Staff members. Livestreamed on our Facebook page. Join us in prayer in the comfort and safety of your own home.

Word on Fire

Tuesdays and Fridays, 10:00 am
View Bishop Robert Barron's videos and take part in livestreamed discussions. Contact Dcn. Rigo Cabezas at dcnrigo@holyspiritfremont.org or 510.366.4444 for registration and information.

Family Catechesis

Tuesdays, 7:00 pm
Families with children are invited to pray and reflect through the beautiful practice of Lectio Divina on Tuesday evenings via Zoom. Please contact Dcn. Rigo Cabezas for registration and information at dcnrigo@holyspiritfremont.org or 510.366.4444.

"Resound"

**Friday - June 12, 2020
7:00 pm**
We invite you and your family to join us for an evening of prayer and song in the comfort of your own home. Livestreamed on our Facebook page.

AROUND THE PARISH



Feast of Pentecost

134th Anniversary of Holy Spirit Parish, Sunday, May 31, 2020

Private Livestreamed Masses are as follows:

- Saturday (Vigil) - 5:00 pm
- Sunday - 7:30 am, 10:00 am, and 12:30 pm

Outdoor Sunday Mass with Eucharistic Procession - 5:30 pm

We cordially invite our faithful parishioners of Holy Spirit to celebrate a special outdoor Sunday Mass with Eucharistic Procession in the main parking lot. It will also be livestreamed on our Facebook page.

We will adhere to all COVID-19 guidelines:

1. The church gate will open at 4:45 pm and will close at 5:20 pm.
2. You must enter through the Central Avenue entrance.
3. Parking spaces are extremely limited and admittance is on a "first come, first served" basis.
4. You will be guided to a parking spot by our team.
5. Stay inside your car at all times.
6. Wear a face covering or mask.
7. Come prepared to live-stream the Mass through your cellphones.
8. The clergy will approach your vehicle for Holy Communion.
9. No foot traffic will be allowed.
10. The following vehicles are prohibited: convertibles with the top down, motorcycles, doorless cars, bicycles.

11. All passengers in your vehicle must be members of the same household.

12. Avoid using the restrooms on campus.

13. After the Procession and Holy Communion, you will be directed by our team to exit the parking lot.

Please be respectful and patient. We ask that you comply with these guidelines so that all will have a reverent and safe experience.

Mass Intentions

We are accepting daily and weekend Mass requests. **Please email us at info@holyspiritfremont.org and we will confirm your request via phone or email.**

The suggested stipend is \$10—send by mail or make an online donation at holyspiritfremont.org Provide the following information:

- Name of person for whom Mass will be offered
 - Name of person requesting Mass
 - Telephone Number
 - Email (optional)
 - Date of Mass requested
 - Time of Mass requested
- There is no guarantee of Mass availability.*

Currently, we are only accepting Mass requests for this year (2020). Mass requests for 2021 will not open until August.

We Are Currently Closed

Parish Office
Mon.-Sun. | 9:00 am-5:00 pm
Faith Formation & Youth Ministry
Tues.-Fri. | 8:30 am-4:30 pm
Gift Shop
Sat. | 6:00-7:00 pm
Sun. | 8:30 am-2:30 pm
Parish Library
Sun. | 9:00 am-12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Lee Chompoochan, Parochial Vicar
510.797.1660
Fr. John Carillo, Parochial Vicar
510.456.4965
Dcn. Rigo Cabezas, Dir. of Rel. Ed.
510.456.4975
Dcn. Chuck Glover, Pastoral Care
510.789.8652
Dcn. Steve Lewellyn, RCIA
510.797.1660
Dcn. Tim Roberto, RCIA
510.598.7408
Dcn. Emeritus Richard Yee, Retired

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970
Facilities Scheduling
Rosalyn Jose | 510.456.4995
Faith Formation & Youth Ministry Office
510.456.4974
Music
Paul Orella | 510.673.3873
Safe Environment
Keiru Bakke | 510.456.4972

St. Vincent de Paul
510.797.3672

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