



SUNDAY, MAY 24, 2020 | THE ASCENSION OF THE LORD



### WELCOME

With joy we welcome all who have gathered here with us to worship God.

*“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)*

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

### CONTACT

37588 Fremont Blvd.  
Fremont, CA 94536  
Parish: 510.797.1660  
School: 510.793.3553  
Preschool: 510.793.2013  
info@holyspiritfremont.org  
holyspiritfremont.org

### MASS

### SCHEDULE

All Masses are private and livestreamed on our Facebook page.

#### Weekend

Saturday: 7:00 am  
Saturday Vigil: 5:00 pm  
Sunday: 7:30 am | 10:00 am | 12:30 pm

#### Weekday

Mon. - Fri.: 7:00 am

## THE ASCENSION OF THE LORD



*“All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit.” - Mt 28:18b-19*

Excerpts from the Lctionary for Mass ©2001, 1998, 1970 CCD.

©LPI

**BE SPIRIT FILLED AND MAKE DISCIPLES!**



# WORSHIP

## OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

### Confession

During the COVID-19 health crisis, Confessions are available by appointment only, until further notice.

### Eucharistic Adoration

During the COVID-19 health crisis, the Adoration Chapel is closed, until further notice.

### Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend. Next Mass: TBD

### Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or [holyspiritfremont.org](http://holyspiritfremont.org).

### First Friday Mass

Next Mass: TBD

### New to Holy Spirit?

Welcome! To register, please visit the Parish Office or go online at [holyspiritfremont.org/join-our-community](http://holyspiritfremont.org/join-our-community)

### Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

## SUNDAY, MAY 24 | THE ASCENSION OF THE LORD SEVENTH SUNDAY OF EASTER

Ascension: Acts 1:1-11/Ps 47:2-3, 6-7, 8-9 [6]/Eph 1:17-23/Mt 28:16-20

7th Sunday of Easter: Acts 1:12-14/Ps 27:1, 4, 7-8 [13]/1 Pt 4:13-16/Jn 17:1-11a

5:00 pm Elmon Ledesma & Family, Rodolfo Maraya †, Ramon & Maria Teresa Del Rosario (Vigil Mass)

7:30 am Lucila Concepcion †, Joseph & Helen Kane †, Avendano Family †, Carmen Songcuan †, Teofilo Lazo Soriano †

10:00 am Behrens Family †, Maurillo Almeda †, Felicisima Buendia †, Lourdes Lombos †, Genie Gacula †, Juana Reduque †, Noah & Aiden Mesia, Corazon Rivera †, Fernando Reyes †

12:30 pm For the People of Holy Spirit Parish, Vitral Silveria Azeued Family, Michel Hreiz & Rose Hreiz †, Souls in Purgatory †

## MONDAY, MAY 25 | MONDAY OF THE SEVENTH WEEK OF EASTER

Acts 19:1-8/Ps 68:2-3ab, 4-5acd, 6-7ab [33a]/Jn 16:29-33

7:00 am Hector A. Hernandez-Ibarra †, Mary Bazar †, Zenaida G. Soriano †, Leonidez Sandoval †, Benjamin Gabel †

## TUESDAY, MAY 26 | MEMORIAL OF SAINT PHILIP NERI, PRIEST

Acts 20:17-27/Ps 68:10-11, 20-21 [33a]/Jn 17:1-11a

7:00 am Mario Yankiling Sr †, Reynaldo Oblena †, Angelina Galapin †, Mary Bazar †

## WEDNESDAY, MAY 27 | WEDNESDAY OF THE SEVENTH WEEK OF EASTER

Acts 20:28-38/Ps 68:29-30, 33-35a, 35bc-36ab [33a]/Jn 17:11b-19

7:00 am Mary Bazar †, Rose Naftaly †, Angie Paras †, Gloria Aguila, Vicente Atienza †, Brian - Brandon—Alexander

## THURSDAY, MAY 28 | THURSDAY OF THE SEVENTH WEEK OF EASTER

Acts 22:30; 23:6-11/Ps 16:1-2a and 5, 7-8, 9-10, 11 [1]/Jn 17:20-26

7:00 am Paz Cruz-Santiago †, Hilda Manuel, Angie Paras †, Helen Villanueva †

## FRIDAY, MAY 29 | FRIDAY OF THE SEVENTH WEEK OF EASTER

Acts 25:13b-21/Ps 103:1-2, 11-12, 19-20ab [19a]/Jn 21:15-19

7:00 am James Sanderson †, Helen Villanueva †, Angie Paras †

## SATURDAY, MAY 30 | SATURDAY OF THE SEVENTH WEEK OF EASTER

Acts 28:16-20, 30-31/Ps 11:4, 5 and 7 [cf. 7b]/Jn 21:20-25

7:00 am Lucila Concepcion †, Theresa Sementer †, Angie Paras †

*Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.*

## PLEASE CONSIDER ONLINE GIVING

Please visit our parish website at <https://holyspiritfremont.org/give/> to enroll in Online Giving or Text-to-Give. For assistance with registration, please contact OSV at 800.348.2886 or our parish helpline at 510.456.4969.





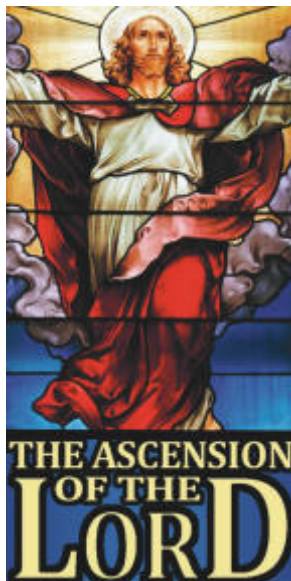
## FROM THE DESK OF FR. KEN...

### Human Life Exalted

Jesus prayed on the night before He died, "Father, give me the glory I had with you before the world began." How is the glory He has in the Ascension different from the glory He had "before the world began?" It differs only in that now, he has it in a human nature.

Our humanity has been taken to the heights of heaven, fulfilling the destiny God intended for human life from the beginning. Revelation 3:21 declares, "To the one who gains the victory, I will give the right to sit with me on my throne."

God's plan for us is not just that we will gather around the throne or fall down before the throne, but that we will sit with Him on the throne! This hope extended to the human family by the Gospel is directly contradicted when the same human beings destined for the heights of



heaven are attacked by violence, degraded in their dignity, or put to death by things like abortion.

The human nature Jesus brings to glory in the Ascension is the same human nature you and I share, and the same human nature that the babies in the womb share. Celebrating the Ascension in daily life means treating each human life as one destined to sit with Christ on His throne.

Peace and Blessings,

Fr. Ken

## FORMED®

**FORMED PICK OF THE WEEK**  
THE ASCENSION OF THE LORD

<https://watch.formed.org/videos/the-ascension-of-the-lord-may-28-2017>

Jesus returned to the right hand of the Father, not to leave us but to lead us all the way to heaven. The great paradox is because he has ascended, and he is able to remain with us in a profound new way.

**J**esus raised his eyes to heaven and said, "Father, the hour has come. Give glory to your son, so that your son may glorify you."  
John 17:1





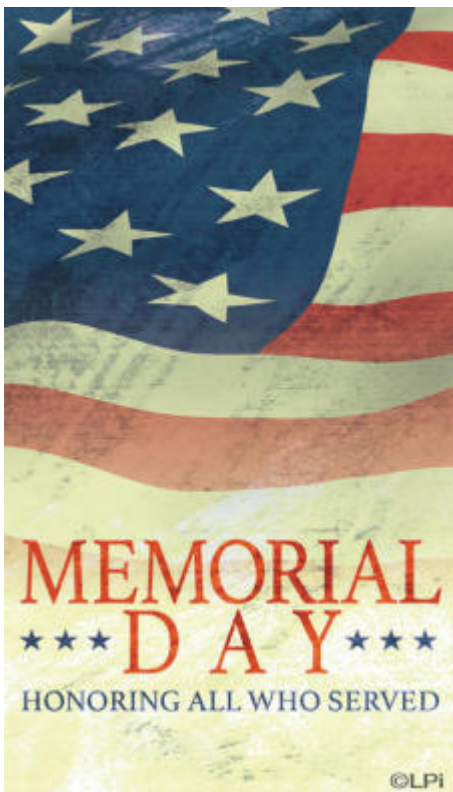
# SERVE

## St. Joseph the Worker Sister Parish Dispatch



Meet 2019 graduate Magreth Constantine. She completed Form 4.

Prayers and best wishes on your future endeavors. Congratulations, Magreth!



# RESPONDING *to the Call*

## EVERYDAY STEWARDSHIP Recognize God In Your Ordinary Moments Everlasting Easter

The Easter season is almost over. This season is always a tougher one for us Catholics. We get Advent and Lent: preparation. We are on board with Christmas, mainly because we like to keep up our decorations until someone tells us the exact day we must take them down. But Easter as a season is a bit more difficult to observe. The rest of the world has moved on. There are no Easter eggs left in store windows and all those religious movies on television have given way to reruns or season-ending episodes. It just feels like Easter anywhere ... except in the Church.

The truth is that it should feel like Easter all year-round in the Church. Every Sunday, we celebrate a mini-Easter. Our Lord is ALIVE! He is risen and alive, and we need to celebrate. We also need to be about the work of the Lord. We are an Easter people who bear witness to his resurrection through our stewardship. If he had never risen, then we would be called to nothing by no one. But he lives! As this Easter season is drawing to a close, it is prudent to reflect on what his death and resurrection mean for each of us. How has it changed us? How does it motivate us? It doesn't look like Easter in most corners of the world, so it is up to us to bring a little Easter to every place we go and to everyone we meet.

— Tracy Earl Welliver, MTS

Giving

Sunday, March 10

37,546

Corner

Special Collections coming up:  
Catholic Communications | May 24  
St. Vincent de Paul | May 31

Our pledged weekly amount (excluding special collections):  
\$31,963

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# PRAY



## FIRST READING

All these devoted themselves with one accord to prayer. (Acts 1:14a)



## PSALM

I believe that I shall see the good things of the Lord in the land of the living. (Ps 27) or Alleluia



## SECOND READING

Rejoice to the extent that you share in the sufferings of Christ, so that when his glory is revealed you may also rejoice exultantly. (1 Pt 4:13)



## GOSPEL

"I glorified you on earth by accomplishing the work that you gave me to do. Now glorify me, Father, with you, with the glory that I had with you before the world began." (Jn 17:4-5)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.



## GOSPEL MEDITATION

### Encourage Deeper Understanding of Scripture

What does faith and religion do for us? Ultimately, they remind us of some truths we conveniently forget: we are created by a loving God, we have imperfections, we sin, we need to be forgiven, we have a mission and a purpose, it's not just about us, and we hunger for the joy of salvation. These are human truths that are not dependent upon whether we like them. Ignoring them places us on the paths of comfort and satisfaction as we blindly pursue the busyness and superficiality of our empty lives. Instead of pursuing supernatural and lasting pleasure, we choose things that are easier and quicker to obtain: sex, drugs, travel, houses, cars, fame, popularity, self-achievement and satisfaction, physical enjoyment, and the like.

We may also find ourselves falling victim to more negative responses to what life brings us: anger, envy, lust, pride, gluttony, greed, and apathy. Human hearts can become so hardened to the truth that violence becomes the response of first choice. Being a Christian is hard! Yet, as Pope Francis reminds us, the Church needs to be a field hospital that has to be prepared to provide people with the remedy they need. What we need is Jesus Christ. The Church, with all of the glory of the sacraments, exists to help make Christ present and real for us. Once we find Christ, we find joy. Joy is a matter of the heart that is beyond pleasure and happiness. It is not found in some earthly satisfaction, only in Christ.

Once we accept that we are destined to be in Christ, then we will discover eternal life. Namely, "that they should know you, the only true God, and the one whom you sent, Jesus Christ." It is easy to conveniently forget truth and pursue illusions immediately within our grasp, but at what price? A man celebrating 60 years of marriage remarked that it took so much effort and so many attempts to convince his wife that they were meant to be together. Even his friends told him he was foolish. He easily could have given up and pursued other interests. He chose to persevere and is so grateful that he made that choice because he now has a pearl of great price. Do we see a value in persevering in our faith regardless of the cost? If we don't take the risk, we could lose more than we know.



Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

## Pray for Our Sick

Les Carscadden, Dixie Kibbee, Joseph Figueiredo, Andrew P. Javier, Carina A. Javier, Maxeen Caballa, Merci Fuentes

## Pray for Our Recently Departed

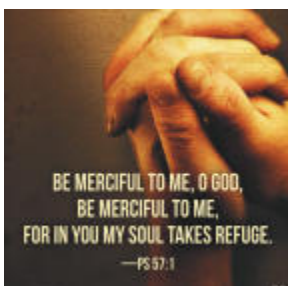
Helen Villanueva, Estrellita Puntero, Cornelio Batoon, Jr., Jason Goff, Pete Banchieri, Eugenia Morales Chavez, Peter Hoang

## Birthday Blessings

Jalen Panopio, Lydia Antonio, Angela Buchanan

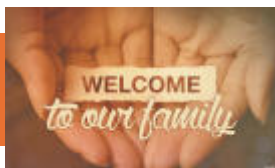
## Wedding Anniversary Blessings

Ramon & Tess Del Rosario, Mr. & Mrs. John Varon U. Limjap



*'Many cry to God, but not with the voice of the soul, but with the voice of the body; only the cry of the heart, of the soul, reaches God.'*

~ Saint Augustine



# INVITE

## HERE'S WHAT'S HAPPENING

### Faith Formation, Prayer, and Worship

Though we can not be together here at Holy Spirit Parish because of the COVID-19 "Shelter-in-Place" order, we are excited to offer a variety of spiritual enrichment opportunities.

These are available to you, in the comfort and safety of your own homes, via Zoom webinars and/or livestreaming on our Facebook page. Take a look! (Dates/events are subject to change.)

### Mass, Novena, and Holy Hour

**Daily Masses:** Mondays to Saturdays  
Join us for daily Mass at 7:00 am immediately followed by Novena. Celebrated in private and livestreamed on our Facebook page (replayed at 8:15 am).

### Sunday Masses

The Saturday (Vigil) Mass at 5:00 pm; and Sunday Masses at 7:30 am, 10:00 am, and 12:30 pm are immediately followed by Holy Hour. Celebrated in private and livestreamed on our Facebook page.

### Divine Mercy Chaplet

**Mondays to Fridays, 3:00 pm**  
You and your family are invited to pray the Divine Mercy Chaplet with our Priests and Staff members. Livestreamed on our Facebook page. Join us in prayer in the comfort and safety of your own home.

### Formed

**Mondays and Wednesdays, 2:00 pm**  
View videos on Formed.org and participate in livestreamed discussions. For more information, please contact Dcn. Rigo Cabezas at [dcnrigo@holyspiritfremont.org](mailto:dcnrigo@holyspiritfremont.org) or 510.366.4444

### Family Rosary Night

**Mondays, Thursdays, Saturdays, and Sundays 7:00 pm**  
You and your family are invited to pray the Holy Rosary with our Priests and Staff members. Livestreamed on our Facebook page. Join us in prayer in the comfort and safety of your own home.

### Word on Fire

**Tuesdays and Fridays, 10:00 am**  
View Bishop Robert Barron's videos and take part in livestreamed discussions. Contact Dcn. Rigo Cabezas at [dcnrigo@holyspiritfremont.org](mailto:dcnrigo@holyspiritfremont.org) or 510.366.4444 for registration and information.

### Family Catechesis

**Tuesdays, 7:00 pm**  
Families with children are invited to pray and reflect through the beautiful practice of Lectio Divina on Tuesday evenings via Zoom. Please contact Dcn. Rigo Cabezas for registration and information at [dcnrigo@holyspiritfremont.org](mailto:dcnrigo@holyspiritfremont.org) or 510.366.4444.

### Holy Spirit @ Home Webinar

**Wednesday - May 27, 2020 7:00 pm**  
Learn about inspirational and practical insights to living the Catholic faith at home. Livestreamed on our Facebook page. Join us in the comfort and safety of your own home.

### "Resound"

**Friday - May 29, 2020 7:00 pm**  
We invite you and your family to join us for an evening of prayer and song in the comfort of your own home. Livestreamed on our Facebook page.

# AROUND THE PARISH



## Feast of Pentecost

134th Anniversary of Holy Spirit Parish, Sunday, May 31, 2020

Private Livestreamed Masses are as follows:

- Saturday (Vigil) - 5:00 pm
- Sunday - 7:30 am, 10:00 am, and 12:30 pm

## Outdoor Sunday Mass with Eucharistic Procession - 5:30 pm

We cordially invite our faithful parishioners of Holy Spirit to celebrate a special outdoor Sunday Mass with Eucharistic Procession in the main parking lot. It will also be livestreamed on our Facebook page.

We will adhere to all COVID-19 guidelines:

1. The church gate will open at 4:45 pm and will close at 5:20 pm.
2. You must enter through the Central Avenue entrance.
3. Parking spaces are extremely limited and admittance is on a "first come, first served" basis.
4. You will be guided to a parking spot by our team.
5. Stay inside your car at all times.
6. Wear a face covering or mask.
7. Come prepared to live-stream the Mass through your cellphones.
8. The clergy will approach your vehicle for Holy Communion.
9. No foot traffic will be allowed.
10. The following vehicles are prohibited: convertibles with the top down, motorcycles, doorless cars, bicycles.

11. All passengers in your vehicle must be members of the same household.

12. Avoid using the restrooms on campus.

13. After the Procession and Holy Communion, you will be directed by our team to exit the parking lot.

Please be respectful and patient. We ask that you comply with these guidelines so that all will have a reverent and safe experience.

## Mass Intentions

We are accepting daily and weekend Mass requests. **Please email us at [info@holyspiritfremont.org](mailto:info@holyspiritfremont.org) and we will confirm your request via phone or email.**

The suggested stipend is \$10—send by mail or make an online donation at [holyspiritfremont.org](http://holyspiritfremont.org) Provide the following information:

- Name of person for whom Mass will be offered
  - Name of person requesting Mass
  - Telephone Number
  - Email (optional)
  - Date of Mass requested
  - Time of Mass requested
- There is no guarantee of Mass availability.*

**Currently, we are only accepting Mass requests for this year (2020). Mass requests for 2021 will not open until August.**

## We Are Currently Closed

Parish Office  
Mon.-Sun. | 9:00 am-5:00 pm  
Faith Formation & Youth Ministry  
Tues.-Fri. | 8:30 am-4:30 pm  
Gift Shop  
Sat. | 6:00-7:00 pm  
Sun. | 8:30 am-2:30 pm  
Parish Library  
Sun. | 9:00 am-12:30 pm

## Clergy

Fr. Kenneth L. Sales, Pastor  
510.456.4964  
Fr. Lee Chompoochan, Parochial Vicar  
510.797.1660  
Fr. John Carillo, Parochial Vicar  
510.456.4965  
Dcn. Rigo Cabezas, Dir. of Rel. Ed.  
510.456.4975  
Dcn. Chuck Glover, Pastoral Care  
510.789.8652  
Dcn. Steve Lewellyn, RCIA  
510.797.1660  
Dcn. Tim Roberto, RCIA  
510.598.7408  
Dcn. Emeritus Richard Yee, Retired

## Departments

Business/Maintenance  
Jeff Van der Sluis  
510.456.4970  
Facilities Scheduling  
Rosalyn Jose | 510.456.4995  
Faith Formation & Youth Ministry Office  
510.456.4974  
Music  
Paul Orella | 510.673.3873  
Safe Environment  
Keiru Bakke | 510.456.4972  
  
St. Vincent de Paul  
510.797.3672



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