



HOLY SPIRIT FREMONT

SUNDAY, MARCH 15, 2020 | THIRD SUNDAY OF LENT

**IF YOU
HEAR
HIS VOICE,
DO NOT
HARDEN
YOUR
HEARTS.**

PSALM 95



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS

SCHEDULE

Weekend

Saturday: 7:00 & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am | 9:00 am
10:45 am | 12:30 pm
5:00 pm

Weekday

Mon. - Fri.: 7:00 & 8:15 am
Wednesday: 6:30 pm
1st Friday: 7:30 pm

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before 1st Friday:
3:30 pm
Weekdays: Call for an appointment.

Eucharistic Adoration

Perpetual Adoration is ongoing in the Adoration Chapel, located in Governo House.
Hours: 6:00 am to 9:00 pm

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: April 4

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass

Next Mass: April 3

New to Holy Spirit?

Welcome! To register, please visit the Parish Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, MARCH 15 | THIRD SUNDAY OF LENT

Ex 17:3-7/Ps 95:1-2, 6-7, 8-9/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

5:00 pm (Vigil Mass)	Larry Hulse †, Joan Flannigan, Bella Kaiklian Francisco †
7:15 am	For the People of the Holy Spirit Parish
9:00 am	Bridget Glendon †, Roland W. Manalo, Menchu Rebosura †
10:45 am	Imelda Baumgard, Maria Miranda & Family, James Rodriguez Sr. †
12:30 pm	Jose & Simeona Albano †, Tapia Castaneda Family, Miko Revilla Palanca †
5:00 pm	Jet & Lillian Librodo, Lucy Verducci †, Annamarie Rousseau †

MONDAY, MARCH 16 | MONDAY OF THE THIRD WEEK OF LENT

2 Kgs 5:1-15b/Ps 42:2, 3; 43:3, 4 [cf. Ps 42:3]/Lk 4:24-30

7:00 am	Vincent R. Manalo, Eduardo Abay
8:15 am	Anthony Shagday, Loc & Nhat Vu †

TUESDAY, MARCH 17 | TUESDAY OF THE THIRD WEEK OF LENT

Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9 [6a]/Mt 18:21-35

7:00 am	Manuel N. Gallegos Sr. †, Kyle Atikus Isidore Barnes
8:15 am	Jesus Saenz †, Kevin & Lilian Librodo

WEDNESDAY, MARCH 18 | WEDNESDAY OF THE THIRD WEEK OF LENT

Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20 [12a]/Mt 5:17-19

7:00 am	Joseph & Catherine Rowe †, Lila & James Chrystal †
8:15 am	Patricia Carmona †, Sofio B. Orias Jr.
6:30 pm	Manuel P. & Maria Margarida de Vargas †, Renato Velasquez †

THURSDAY, MARCH 19 | SOLEMNITY OF SAINT JOSEPH, HUSBAND OF THE BLESSED VIRGIN MARY

2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4-5, 27 and 29/Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24a or Lk 2:41-51a

7:00 am	Frank & Emma Marra †, Lui Sisters & Soak-Fong Chan †
8:15 am	Josefina Raguindin †, Joseph Victor Shagday †

FRIDAY, MARCH 20 | FRIDAY OF THE THIRD WEEK OF LENT

Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17 [cf. 11 and 9a]/Mk 12:28-34

7:00 am	Mario Yankiling Sr †, Rodolfo Castaneda †
8:15 am	Amando & Evangeline Bayani, Gloria Lat

SATURDAY, MARCH 21 | SATURDAY OF THE THIRD WEEK OF LENT

Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab [cf. Hos 6:6]/Lk 18:9-14

7:00 am	Barbara Pesek †, Lucy Verducci †
8:15 am	Krystal Sigmon, Oscar Fabunan †

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF DCN. STEVE...

Have you ever thought about how Jesus would treat us when we meet Him?

How many of us struggle with deep secrets that we are so afraid will be discovered by others? We worry that God will condemn us and will not be happy by our choices in life.

The story of the Samaritan woman gives us a look at what Jesus is all about and how He takes us for who we are. Jesus starts the conversation already knowing her story and yet He does not condemn her.

Once her secrets are revealed, Jesus shows His compassion by not making her feel small and worthless. Jesus treats her with respect and is there to listen. His calmness allows her to talk without fear and encourages her to discover more about her newfound faith.

Do we at Holy Spirit Parish follow Jesus' lead?

Do we allow others to feel comfortable for who they are, and gradually share the Lord's love through His teachings?

Perhaps, from this day forward, we can show others the compassion of Jesus. We can try our best not to point fingers. We can attempt to be present to others and lend an ear, allowing the Holy Spirit to do the rest.

My prayer is that each one of us can help someone find and develop their faith. Let us be that example by treating others the way that Jesus treated the Samaritan woman.

I pray this Lenten season, is an eye-opening experience, where the Holy Spirit awakens a new chapter in you.

Pray on! Deacon Steve and Annette

FORMED PICK OF THE WEEK

3RD SUNDAY OF LENT

<https://watch.formed.org/videos/3rd-sunday-of-lent-march-15-2020>

MARRIAGE AND FAMILY LIFE

An excerpt from the U.S. Bishops' Pastoral Letter entitled **Marriage: Love and Life in the Divine Plan (Abridged Version)**

Marriage and Family: A Communion of Love

Christian spouses in a mixed marriage (between a Catholic and a baptized person who is not Catholic) witness to the universality of God's love, even without sharing the Eucharist. They can make an important contribution towards Christian unity. Sometimes, Catholics marry non-Christians. These marriages are not sacramental, although the parties do commit to fidelity, permanence, and openness to children. Both types of unions face particular challenges, especially the religious upbringing of children. The Catholic party needs to take seriously the promise to maintain his or her Catholic faith and to do all in his or her power to have the children baptized and raised Catholic. Marriage is a vocation, or divine call, as necessary and valuable to the Church as other vocations. Discernment of and preparation for marriage is a process that begins early in life and continues through the engagement period. Because marriage is for the good of the Church and the entire community, the Church and the state have an obligation to help support and sustain marriage.



To read the document, go to <http://www.usccb.org/loveandlife/>



SERVE

Training for Lectors and Eucharistic Ministers

If you are currently serving as a Lector or Eucharistic Minister, your attendance is mandatory.

New volunteers are welcome! Join our Liturgical Ministry. Become a Lector or Eucharistic Minister.

Lector Training:

March 17

7:00 pm | Church

You must attend this training if you missed the March 3 session.

Eucharistic Minister Training:

March 24

7:00 pm | Church

Please attend either training day.

You must attend this training if you missed the March 10 session.

Weekend Special Collection

Holy Spirit School
March 14-15, 2020

This weekend's Special Collection benefits our Parish School. Proceeds benefit tuition assistance, enrichment programs, and other improvements. We appreciate your generosity and support.

From our Youngest Stewards
I helped someone, I prayed,
I studied my lessons:

Abbey, Celestina,
Ellie, Joachim

St. Vincent de Paul Food Pantry

Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Jelly / Jam
- ⇒ Peanut Butter 16 oz.
- ⇒ Ramen Soup - Chicken

Please drop off non-perishable food donations at the Parish Office. Please note: All food donations must be in factory sealed packages and/or containers. Thank you for your support!



2020 Bishop's Appeal

In keeping with last year's theme, *Rebuild My Church*, Bishop Michael C. Barber, SJ calls on us to share our time, talent, and treasure with our sisters and brothers and our Church of the East Bay. We are asked to make sacrificial and thoughtful gifts—and those who are blessed with more are challenged to give more. The Bishop's Appeal helps fund many ministries which provides services to parishes and throughout the Diocese of Oakland.

CRS Rice Bowls

As part of our Lenten commitment to Pray, Fast and Give, our parish is once again participating in the CRS Rice Bowls, which supports Catholic Relief Services, a leading international humanitarian agency since 1943. Proceeds from CRS Rice Bowls help alleviate hunger and poverty in our local diocese and support programs around the world. Here's a factoid: \$40 can feed a family for one month. For more info, go to csrricebowl.org

Giving

Sunday, March 8

\$27,466

Special Collection coming up:
St. Vincent de Paul | March 29

Our pledged weekly amount (excluding special collections):
\$31,963

Corner

AmazonSmile

Do you have an Amazon account? Shop through AmazonSmile and support Holy Spirit Parish.

PRAY



Early Morning Lenten Retreat

Through Holy Thursday, April 9
De Sousa House

Join us Mondays to Fridays, 6:00 to 6:45 am, during Lent. Fr. Ken Sales will lead us in reflection on "Consoling the Heart of Jesus" by Fr. Michael Gaitley, MIC. All are welcome!

Book price: \$20. Coffee will be provided. Please bring donuts, cookies, etc.

Alpha: Lent & Easter Series

Wednesdays, 7:00 pm
Through May 20, 2020

You are invited to dinner on Wednesday evenings followed by a short video presentation and discussion. Alpha is a series of sessions exploring the Christian faith. Talks are designed to engage and inspire conversation about faith, life, and Jesus. All faith levels welcome. Alpha Weekend is on Saturday, April 18, 11:00 am to 4:00 pm.

For more information, please contact Dcn. Rigo Cabezas at

dcnrigo@holyspiritfremont.org or
510.456.4975.

Lenten Reconciliation

During Lent, the Sacrament of Reconciliation is available on **Thursdays and Saturdays, through April 2, 2020, 3:30 to 4:30 pm.**

Fridays During Lent

Pray with us on Fridays:

•7:00 pm - Stations of the Cross followed by Exposition and Adoration of the Blessed Sacrament.

•April 3 (First Friday) - Stations of the Cross at 7:00 pm followed by Mass at 7:30 pm. Please note: there is no Exposition on First Friday.

Chrism Mass

Cathedral of Christ the Light'
April 2, 2020 | 6:30 pm

All parishes and members of the Diocese are invited to celebrate the annual Chrism Mass. Bishop Michael Barber, S.J., will bless the Oil of the Catechumens and the Oil of the Sick and consecrate the Sacred Chrism, all of which are taken back to the parishes for the celebration of the sacraments.



Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

Pray for Our Sick

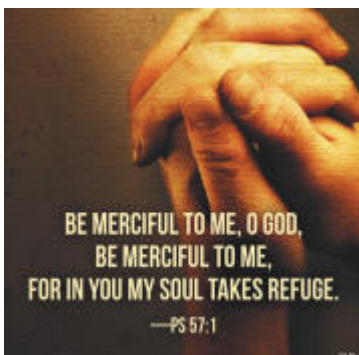
Les Carscadden, Dixie Kibbee, Marie Wenster, Sandra Rankin, Danny Malarky, Father Nguyen, Joseph Figueiredo, Lucille Batto, Armando Cardoso, Clara Oaferina

Pray for Our Recently Departed

Ben Cassion, John Douglas Prior, III, Candida Apuya, Manny Zamora

Birthday Blessings

Juli Fabella



“Virtues are formed by prayer. Prayer perseveres temperance. Prayer suppresses anger. Prayer prevents emotions of pride and envy. Prayer draws into the soul the Holy Spirit, and raises man to Heaven.”

- Saint Ephraem of Syria



INVITE

Bereavement Support Group

Sundays | 2:30 to 3:30 pm

All of us experience heart-rending losses during our lives. These are not limited to deaths but also to loss of a job, health, a broken relationship, a home, a pet. Are you coping with such a loss? You are not alone. We all grieve differently, but pain is universal. At our support group, you will meet others who are also mourning a loss and be able to listen or express your feelings in a safe, confidential, and non-threatening environment. Through prayer and sharing, burdens may be lightened and hearts start to heal. We meet in Fireside Lounge.

Mar. 15: Sharing Memories

Mar. 22: Ritual & Healing

Mar. 29: Memorial Service

Taize Lenten Evening Prayer

Wednesdays | 7:00 pm

March 18 & 25; April 1, 2020

San Damiano Retreat Chapel

Join us for Taize Prayer, a time for contemplation through music, song, and silence. Come away from your busy life to rest in the Lord. For more information: 925.837.9141

“Chose” - Christian Home Seminar

March 21, 2020 | 1:00 pm

Peace Center

Who is the center of your marriage and family life? Do you have a strong Christian home and family? Learn and know more about the role of the Christian family at this seminar. For more information, please contact 510.366.0584.

Lenten Friday Fish Fry

March 27 & April 3

The Knights of Columbus are hosting a Fish Fry on Fridays during Lent, 5:30 to 7:30 pm in the Parish Center. Choice of baked or fried fish, vegetarian pasta, salad, and more. Dine in or “to go” option available. \$10/adult & \$5/children

Casino Trip

March 28, 2020

The Filipino Society is hosting another fund-raising casino trip to Jackson Rancheria. Tickets are \$40 each, with a \$20 return. We’ll leave Holy Spirit at 7:30 am sharp for a day of fun and jackpots! Please contact Maryanne Gacusan at 510.289.0382 or Mung Bernardo at 510.710.8007.

Pilgrimage with Fr. Ken Sales

September 26 to October 7, 2020

Join Fr. Ken in Rome, Assisi, Lourdes and several Shrines. Cost: \$4900/double occupancy. For more info, contact Alex Paras at 510.509.0585 or alexparasromepilgrim@yahoo.com

Camp Monte Stella

July 19-24, 2020

Camp Monte Stella is a leadership camp for girls entering Grades 5-9. Deepen your leadership and faith through virtue talks, daily Mass and the Rosary. Other activities include sports, drama, and arts & crafts. For more information, send an email to ask@campmontestella.com or go to campmontestella.com

Movie “Knights” ~ Fridays @ 7:00 pm

In partnership with the Knights of Columbus, the Faith Formation Department is hosting movie screenings. Join us in the de Sousa Theater!

- May 8 - “We Were Soldiers”
- May 15 - “Liberating a Continent”
- May 22 - “For Greater Glory”
- May 29 - “Shane”



AROUND THE PARISH



Kidzone

10:45 am & 12:30 pm Masses

We offer free care for your preschooler every Sunday. We are located downstairs beneath the church. Please stop by and visit us! More info call Fran at 510.456.4974

Gift Shop

Need an Easter gift? Visit our Parish Gift Shop and see our beautiful selection of rosaries, figurines, prayer cards, and so much more! Please note: The Gift Shop will be closed during Holy Week and Easter weekend.

The Gift Shop will also be open for extra hours to assist our Faith Formation families with their First Communion needs.

March 25: 4:00 to 5:30pm

March 26: 6:30 to 8:00 pm

March 28: 9:00 to 10:30 am

April 27 & 28: 6:00 to 7:00 pm

We look forward to seeing you in the Gift Shop!

Adoration Chapel Etiquette

Thank you for spending time with our Lord in Adoration.

While in the Chapel, we ask Adorers not to touch the Tabernacle.

Please turn off your mobile phones. If you are using an electronic tablet or your phone to read and pray, we ask that you turn the volume down.

Food or drinks are not allowed in the Chapel.

Please refrain from talking in the hallway directly outside or near the Chapel. Noise travels and permeates through the walls of Governo House.

We're Open!

Parish Office

Mon.-Sun. | 9:00 am-5:00 pm

Faith Formation &
Youth Ministry

Tues.-Fri. | 8:30 am-4:30 pm

Gift Shop

Sat. | 6:00-7:00 pm

Sun. | 8:30 am-2:30 pm

Parish Library

Sun. | 9:00 am-12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964

Fr. Lee Chompoochan,
Parochial Vicar
510.797.1660

Fr. John Carillo,
Parochial Vicar
510.456.4965

Dcn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975

Dcn. Chuck Glover,
Pastoral Care
510.789.8652

Dcn. Steve Lewellyn, RCIA
510.797.1660

Dcn. Tim Roberto, RCIA
510.598.7408

Dcn. Emeritus Richard Yee,
Retired

Departments

Business/Maintenance

Jeff Van der Sluis
510.456.4970

Facilities Scheduling

Rosalyn Jose | 510.456.4995

Faith Formation &
Youth Ministry Office
510.456.4974

Music

Paul Orella | 510.673.3873
Safe Environment

Keiru Bakke | 510.456.4972

St. Vincent de Paul
510.797.3672

HERE'S THE SITCH...

My dear parishioners,

We still have stained-glass windows available for sponsorship:

- Modesty, Gentleness, Self-Control, Chastity – \$10,000 each. Sponsor(s) will receive a dedication on the glass.
- South side windows next to the side entrance door (below the large "Holy Spirit" window) – \$12,000 for the narrow window and \$15,000 for the wide window.
- Seven Gifts of the Holy Spirit stained-glass windows flanking the St. John's side entrance doors – the two inner windows are \$12,000 each.

Please see Jeff Van der Sluis in the Parish Office to discuss sponsorships. Dedications can be added anytime.

Blessings,
Fr. Ken

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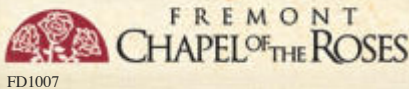
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