SUNDAY, MARCH 15, 2020  |  THIRD SUNDAY OF LENT

WELCOME
With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT
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School: 510.793.3553
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info@holyspiritfremont.org
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MASS SCHEDULE
Weekend
Saturday: 7:00 & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am | 9:00 am
10:45 am | 12:30 pm
5:00 pm
Weekday
Mon. - Fri.: 7:00 & 8:15 am
Wednesday: 6:30 pm
1st Friday: 7:30 pm

IF YOU HEAR HIS VOICE, DO NOT HARDEN YOUR HEARTS.
Psalm 95
OUR VISION
Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession
Saturday: 3:30 pm
Thursday before 1st Friday: 3:30 pm
Weekdays: Call for an appointment.

Eucharistic Adoration
Perpetual Adoration is ongoing in the Adoration Chapel, located in Governo House.
Hours: 6:00 am to 9:00 pm

Anointing of the Sick
First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: April 4

Sacraments
For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass
Next Mass: April 3

New to Holy Spirit?
Welcome! To register, please visit the Parish Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?
To learn about the Catholic faith, please call 510.456.4975

SUNDAY, MARCH 15 | THIRD SUNDAY OF LENT
Ex 17:3-7/Ps 95:1-2, 6-7, 8-9/Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

5:00 pm (Vigil Mass)  Larry Hulse †, Joan Flannigan, Bella Kaiklian Francisco †
7:15 am  For the People of the Holy Spirit Parish
9:00 am  Bridget Glendon †, Roland W. Manalo, Menchu Rebosura †
10:45 am  Imelda Baumgard, Maria Miranda & Family, James Rodriguez Sr. †
12:30 pm  Jose & Simeona Albano †, Tapia Castaneda Family, Miko Revilla Palanca †
5:00 pm  Jet & Lillian Librodo, Lucy Verducci †, Annamarie Rousseau †

MONDAY, MARCH 16 | MONDAY OF THE THIRD WEEK OF LENT
2 Kgs 5:1-15b/Ps 42:2, 3; 43:3, 4 [cf. Ps 42:3]/Lk 4:24-30
7:00 am  Vincent R. Manalo, Eduardo Abay
8:15 am  Anthony Shagday, Loc & Nhat Vu †

TUESDAY, MARCH 17 | TUESDAY OF THE THIRD WEEK OF LENT
Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc, 8-9 [6a]/Mt 18:21-35
7:00 am  Manuel N. Gallegos Sr. †, Kyle Atikus Isidore Barnes
8:15 am  Jesus Saenz †, Kevin & Lilian Librodo

WEDNESDAY, MARCH 18 | WEDNESDAY OF THE THIRD WEEK OF LENT
Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20 [12a]/Mt 5:17-19
7:00 am  Joseph & Catherine Rowe †, Lila & James Chrystal †
8:15 am  Patricia Carmona †, Sofio B. Orias Jr.
6:30 pm  Manuel P. & Maria Margarida de Vargas †, Renato Velasquez †

THURSDAY, MARCH 19 | SOLEMNITY OF SAINT JOSEPH, HUSBAND OF THE BLESSED VIRGIN MARY
2 Sm 7:4-5a, 12-14a, 16/Ps 89:2-3, 4, 18-19, 20ab [cf. Hos 6:6]/Lk 18:9-14
7:00 am  Frank & Emma Marra †, Lui Sisters & Soak-Fong Chan †
8:15 am  Josefa Raguidin †, Joseph Victor Shagday †

FRIDAY, MARCH 20 | FRIDAY OF THE THIRD WEEK OF LENT
Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab, 14 and 17 [cf. 11 and 9a]/Mk 12:28-34
7:00 am  Mario Yankiling Sr †, Rodolfo Castaneda †
8:15 am  Amando & Evangeline Bayani, Gloria Lat

SATURDAY, MARCH 21 | SATURDAY OF THE THIRD WEEK OF LENT
7:00 am  Barbara Pesek †, Lucy Verducci †
8:15 am  Krystal Sigmon, Oscar Fabunan †

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.
FROM THE DESK OF DCN. STEVE...

Have you ever thought about how Jesus would treat us when we meet Him?

How many of us struggle with deep secrets that we are so afraid will be discovered by others? We worry that God will condemn us and will not be happy by our choices in life. The story of the Samaritan woman gives us a look at what Jesus is all about and how He takes us for who we are. Jesus starts the conversation already knowing her story and yet He does not condemn her.

Once her secrets are revealed, Jesus shows His compassion by not making her feel small and worthless. Jesus treats her with respect and is there to listen. His calmness allows her to talk without fear and encourages her to discover more about her newfound faith.

Do we at Holy Spirit Parish follow Jesus’ lead?

Do we allow others to feel comfortable for who they are, and gradually share the Lord’s love through His teachings?

Perhaps, from this day forward, we can show others the compassion of Jesus. We can try our best not to point fingers. We can attempt to be present to others and lend an ear, allowing the Holy Spirit to do the rest.

My prayer is that each one of us can help someone find and develop their faith. Let us be that example by treating others the way that Jesus treated the Samaritan woman.

I pray this Lenten season, is an eye-opening experience, where the Holy Spirit awakens a new chapter in you.

Pray on! Deacon Steve and Annette

FORMED PICK OF THE WEEK

3RD SUNDAY OF LENT

MARRIAGE AND FAMILY LIFE

An excerpt from the U.S. Bishops’ Pastoral Letter entitled Marriage: Love and Life in the Divine Plan (Abridged Version)

Marriage and Family: A Communion of Love

Christian spouses in a mixed marriage (between a Catholic and a baptized person who is not Catholic) witness to the universality of God’s love, even without sharing the Eucharist. They can make an important contribution towards Christian unity. Sometimes, Catholics marry non-Christians. These marriages are not sacramental, although the parties do commit to fidelity, permanence, and openness to children. Both types of unions face particular challenges, especially the religious upbringing of children. The Catholic party needs to take seriously the promise to maintain his or her Catholic faith and to do all in his or her power to have the children baptized and raised Catholic. Marriage is a vocation, or divine call, as necessary and valuable to the Church as other vocations. Discernment of and preparation for marriage is a process that begins early in life and continues through the engagement period. Because marriage is for the good of the Church and the entire community, the Church and the state have an obligation to help support and sustain marriage.

To read the document, go to http://www.usccb.org/loveandlife/
Training for Lectors and Eucharistic Ministers
If you are currently serving as a Lector or Eucharistic Minister, your attendance is mandatory. New volunteers are welcome! Join our Liturgical Ministry. Become a Lector or Eucharistic Minister.

**Lector Training:**
March 17
7:00 pm | Church
You must attend this training if you missed the March 3 session.

**Eucharistic Minister Training:**
March 24
7:00 pm | Church
Please attend either training day. You must attend this training if you missed the March 10 session.

Weekend Special Collection
Holy Spirit School
March 14-15, 2020
This weekend’s Special Collection benefits our Parish School. Proceeds benefit tuition assistance, enrichment programs, and other improvements. We appreciate your generosity and support.

St. Vincent de Paul Food Pantry
Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here’s this week’s grocery wish list:

- Jelly / Jam
- Peanut Butter 16 oz.
- Ramen Soup - Chicken

Please drop off non-perishable food donations at the Parish Office. Please note: All food donations must be in factory sealed packages and/or containers. Thank you for your support!

2020 Bishop’s Appeal
In keeping with last year’s theme, Rebuild My Church, Bishop Michael C. Barber, SJ calls on us to share our time, talent, and treasure with our sisters and brothers and our Church of the East Bay. We are asked to make sacrificial and thoughtful gifts—and those who are blessed with more are challenged to give more. The Bishop’s Appeal helps fund many ministries which provides services to parishes and throughout the Diocese of Oakland.

CRS Rice Bowls
As part of our Lenten commitment to Pray, Fast and Give, our parish is once again participating in the CRS Rice Bowls, which supports Catholic Relief Services, a leading international humanitarian agency since 1943. Proceeds from CRS Rice Bowls help alleviate hunger and poverty in our local diocese and support programs around the world. Here’s a factoid: $40 can feed a family for one month. For more info, go to crsricebowl.org

AmazonSmile
Do you have an Amazon account? Shop through AmazonSmile and support Holy Spirit Parish.

**Giving Corner**

| Sunday, March 8 | $27,466 |

Special Collection coming up:
St. Vincent de Paul | March 29

Our pledged weekly amount (excluding special collections):
$31,963

From our Youngest Stewards
I helped someone, I prayed, I studied my lessons:
Abbey, Celestina, Ellie, Joachim
Pray for Our Sick
Les Carscadden, Dixie Kibbee, Marie Wenster, Sandra Rankin, Danny Malarky, Father Nguyen, Joseph Figueiredo, Lucille Batto, Armando Cardoso, Clara Oaferina

Pray for Our Recently Departed
Ben Cassion, John Douglas Prior, III, Candida Apuya, Manny Zamora

Birthday Blessings
Juli Fabella


- Saint Ephraem of Syria
Bereavement Support Group
Sundays | 2:30 to 3:30 pm
All of us experience heart-rending losses during our lives. These are not limited to deaths but also to loss of a job, health, a broken relationship, a home, a pet. Are you coping with such a loss? You are not alone. We all grieve differently, but pain is universal. At our support group, you will meet others who are also mourning a loss and be able to listen or express your feelings in a safe, confidential, and non-threatening environment. Through prayer and sharing, burdens may be lightened and hearts start to heal. We meet in Fireside Lounge.
Mar. 15: Sharing Memories
Mar. 22: Ritual & Healing
Mar. 29: Memorial Service

Taize Lenten Evening Prayer
Wednesdays | 7:00 pm
March 18 & 25; April 1, 2020
San Damiano Retreat Chapel
Join us for Taize Prayer, a time for contemplation through music, song, and silence. Come away from your busy life to rest in the Lord. For more information: 925.837.9141

“Chose” - Christian Home Seminar
March 21, 2020 | 1:00 pm
Peace Center
Who is the center of your marriage and family life? Do you have a strong Christian home and family? Learn and know more about the role of the Christian family at this seminar. For more information, please contact 510.366.0584.

Lenten Friday Fish Fry
March 27 & April 3
The Knights of Columbus are hosting a Fish Fry on Fridays during Lent, 5:30 to 7:30 pm in the Parish Center. Choice of baked or fried fish, vegetarian pasta, salad, and more. Dine in or “to go” option available. $10/adult & $5/children

Casino Trip
March 28, 2020
The Filipino Society is hosting another fund-raising casino trip to Jackson Rancheria. Tickets are $40 each, with a $20 return. We’ll leave Holy Spirit at 7:30 am sharp for a day of fun and jackpots! Please contact Maryanne Gacusan at 510.289.0382 or Mung Bernardo at 510.710.8007.

Pilgrimage with Fr. Ken Sales
September 26 to October 7, 2020
Join Fr. Ken in Rome, Assisi, Lourdes and several Shrines. Cost: $4900/double occupancy. For more info, contact Alex Paras at 510.509.0585 or alexparasrome@gmail.com

Camp Monte Stella
July 19-24, 2020
Camp Monte Stella is a leadership camp for girls entering Grades 5-9. Deepen your leadership and faith through virtue talks, daily Mass and the Rosary. Other activities include sports, drama, and arts & crafts. For more information, send an email to ask@campmontestella.com or go to campmontestella.com

Movie “Knights” ~ Fridays @ 7:00 pm
In partnership with the Knights of Columbus, the Faith Formation Department is hosting movie screenings. Join us in the de Sousa Theater!
- May 8 - “We Were Soldiers”
- May 15 - “Liberating a Continent”
- May 22 - “For Greater Glory”
- May 29 - “Shane”
**Kidzone**

10:45 am & 12:30 pm Masses
We offer free care for your preschooler every Sunday. We are located downstairs beneath the church. Please stop by and visit us! More info call Fran at 510.456.4974

**Gift Shop**

Need an Easter gift? Visit our Parish Gift Shop and see our beautiful selection of rosaries, figurines, prayer cards, and so much more! Please note: The Gift Shop will be closed during Holy Week and Easter weekend. The Gift Shop will also be open for extra hours to assist our Faith Formation families with their First Communion needs.
- March 25: 4:00 to 5:30pm
- March 26: 6:30 to 8:00 pm
- March 28: 9:00 to 10:30 am
- April 27 & 28: 6:00 to 7:00 pm
We look forward to seeing you in the Gift Shop!

**Adoration Chapel Etiquette**

Thank you for spending time with our Lord in Adoration. While in the Chapel, we ask Adorers not to touch the Tabernacle. Please turn off your mobile phones. If you are using an electronic tablet or your phone to read and pray, we ask that you turn the volume down. Food or drinks are not allowed in the Chapel. Please refrain from talking in the hallway directly outside or near the Chapel. Noise travels and permeates through the walls of Governo House.

**HERE'S THE SITCH...**

My dear parishioners,

We still have stained-glass windows available for sponsorship:
- Modesty, Gentleness, Self-Control, Chastity – $10,000 each. Sponsor(s) will receive a dedication on the glass.
- South side windows next to the side entrance door (below the large “Holy Spirit” window) – $12,000 for the narrow window and $15,000 for the wide window.
- Seven Gifts of the Holy Spirit stained-glass windows flanking the St. John’s side entrance doors – the two inner windows are $12,000 each.

Please see Jeff Van der Sluis in the Parish Office to discuss sponsorships. Dedications can be added anytime.

Blessings,
Fr. Ken
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