



SUNDAY, MARCH 8, 2020 | SECOND SUNDAY OF LENT



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS

SCHEDULE

Weekend

Saturday: 7:00 & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am | 9:00 am
10:45 am | 12:30 pm
5:00 pm

Weekday

Mon. - Fri.: 7:00 & 8:15 am
Wednesday: 6:30 pm
1st Friday: 7:30 pm

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before 1st Friday: 3:30 pm
Weekdays: Call for an appointment.

Eucharistic Adoration

Perpetual Adoration is ongoing in the Adoration Chapel, located in Governo House.
Hours: 6:00 am to 9:00 pm

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: April 4

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass

Next Mass: April 3

New to Holy Spirit?

Welcome! To register, please visit the Parish Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, MARCH 8 | SECOND SUNDAY OF LENT

Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22 [22]/2 Tm 1:8b-10/Mt 17:1-9

- 5:00 pm (Vigil Mass) For the People of Holy Spirit Parish
- 7:15 am Joe Chavez †, Frances Velasco †, Souls in Purgatory †
- 9:00 am Virginia Dittfeld, Victoria Pavlakovich †, Stacey Raab †
- 10:45 am Wilhermino Velasquez & Family †, Ariana Elefante †, Moises & Maria Miranda †
- 12:30 pm Moises & Maria Miranda †, Tapia Castaneda Family, Miko Revilla Palanca †
- 5:00 pm Antonio Mojica, Sr. †, Lucy Verducci †

MONDAY, MARCH 9 | MONDAY OF THE SECOND WEEK OF LENT

Dn 9:4b-10/Ps 79:8, 9, 11 and 13 [cf. Ps 103:10a]/Lk 6:36-38

- 7:00 am Ann O' Connor †, Donald Cooper †
- 8:15 am Cherry Escolastico, Richard Punzalan †

TUESDAY, MARCH 10 | TUESDAY OF THE SECOND WEEK OF LENT

Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21 and 23 [23b]/Mt 23:1-12

- 7:00 am Shirley Weeks †, Rose Family
- 8:15 am Sofio Jr. & Helen Orias, Provo C. Igros †

WEDNESDAY, MARCH 11 | WEDNESDAY OF THE SECOND WEEK OF LENT

Jer 18:18-20/Ps 31:5-6, 14, 15-16 [17b]/Mt 20:17-28

- 7:00 am Michael Kiely †, Robert Fearnough †
- 8:15 am James Gorre †, Danilo Quinto †
- 6:30 pm Leona Ventura †, Madelyn C. Passion †

THURSDAY, MARCH 12 | THURSDAY OF THE SECOND WEEK OF LENT

Jer 17:5-10/Ps 1:1-2, 3, 4 and 6 [Ps 40:5a]/Lk 16:19-31

- 7:00 am Nguyen Thi Hanh †, Arely & Claude Ratcliff †
- 8:15 am Sean Sanchez, Thomas Dy-Liacco †

FRIDAY, MARCH 13 | FRIDAY OF THE SECOND WEEK OF LENT

Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-17, 18-19, 20-21 [5a]/Mt 21:33-43, 45-46

- 7:00 am Paulina Bajet, Joseph Wu
- 8:15 am Grace Oblena, Bud Schafer †

SATURDAY, MARCH 14 | SATURDAY OF THE SECOND WEEK OF LENT

Mi 7:14-15, 18-20/Ps 103:1-2, 3-4, 9-10, 11-12 [8a]/Lk 15:1-3, 11-32

- 7:00 am Virginia V. Noguera †, Marlene D Curry †
- 8:15 am Lisa Maria, Raymund Anthony De Torres †

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF DCN. RIGO...

The Lord God directs us to do some things, most of which we barely understand and almost all are hidden from us. And we are called to trust as children do, so that we are able to do that which God asks of us.

That is where we find Abraham who, although not clear on what the project was, trusted and obeyed the voice he was hearing. For his obedience to God, he has been greatly rewarded throughout history. He is the father of many nations and considered the patriarch in many different parts of the world.

In the Gospel, we witness to one of Jesus' most remarkable and supernatural of events. He was transfigured and in conversation with two of the most respected and admired persons in Jewish history, Moses and Elijah. We hear very distinctly the Father saying: "This is my beloved Son, with whom I well pleased; listen to him."

And what is it Jesus says? "Rise, and do not be afraid."

Paul advises us to face hardship with the strength that only God may provide and point us to Jesus who gave us eternal life by destroying death.

Holy Spirit, let us follow the advice of Paul, let us trust and be obedient like Abraham, let us listen to the Father who asks us to listen to His Son and to follow Him without fear. As Jesus' disciples, let us add our efforts to His and collaborate with Him in the building of the Kingdom of God, here and now.

Holy Spirit, listen to Jesus' voice and do not be afraid to be Christlike!!!

FORMED PICK OF THE WEEK OCEAN OF MERCY

<https://watch.formed.org/ocean-of-mercy>

At the dawn of the twentieth century, three voices rose up from Poland to proclaim an urgent message, a message powerful enough to alter the course of an age plunging into spiritual darkness...this true story examines and chronicles the phenomenal lives and spiritual legacy of St. Faustina Kowalska, St. Maximilian Kolbe, and Pope St. John Paul II, modern day "Apostles of Mercy."

MARRIAGE AND FAMILY LIFE

An excerpt from the U.S. Bishops' Pastoral Letter entitled [Marriage: Love and Life in the Divine Plan \(Abridged Version\)](#)

Marriage and Family: A Communion of Love

The Christian married couple, with their children, form an image of the Trinitarian God: Father, Son and Holy Spirit. Marriage and family life images the Trinity in two ways. First, like the Trinity, marriage is a communion of love between co-equal persons, beginning with husband and wife and extending to all the members of the family. Second, just as Trinity's love is life-giving, a married couple's love conceives and cares for children.

In addition to reflecting the Trinity, the family is a microcosm of the Church. The ancient expression "domestic church" accurately describes the family because it is a small communion of persons that draws its sustenance from the larger Church and reflects its life in unique ways. Within this domestic church, parents have a special responsibility to teach children the faith and help them to grow in virtue. The family matures as a domestic church by participating in the life and worship of the larger Church, especially Sunday Eucharist. In the Eucharist, members of the family are most fully united to Christ, to one another, and to their brothers and sisters throughout the world.



To read the document, go to <http://www.usccb.org/loveandlife/>



SERVE

Training for Lectors and Eucharistic Ministers

If you are currently serving as a Lector or Eucharistic Minister, your attendance is mandatory.

New volunteers are welcome! Join our Liturgical Ministry. Become a Lector or Eucharistic Minister.

Eucharistic Minister Training:

March 10 or March 24

7:00 pm | Church

Please attend either training day.

Lector Training:

March 17

7:00 pm | Church

You must attend this training if you missed the March 3 session.

Fingerprinting for All Members of Parish Ministries

Beginning this year, every Holy Spirit volunteer must be fingerprinted.

If you missed last Sunday's onsite Live Scan fingerprint opportunity, please visit our website for a list of approved vendors and to download the Live Scan form. Go to:

<https://holyspiritfremont.org/safe-environment/>

From our Youngest Stewards

I helped someone, I prayed,
I studied my lessons:

Abbey, Adiv, Celestina,
Ellie, Langston, Ohaan

St. Vincent de Paul Food Pantry

Heading to the store this week?

Consider picking up a few items

for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Jelly / Jam
- ⇒ Peanut Butter 16 oz.
- ⇒ Ramen Soup - Chicken

Please drop off non-perishable food donations at the Parish Office. Please note: All food donations must be in factory sealed packages and/or containers. Thank you for your support!



Fr. Mathew Vellankal Memorial Hike for the Hungry & Homeless

Information Meeting

March 10, 2020 | 6:00 pm

Please join us for our first information meeting about the Fr. Mathew Vellankal Memorial Hike for the Hungry & Homeless, benefiting St. Vincent de Paul and the Alameda County Community Food Bank.

We will meet in the Peace Center. All are welcome!

Sister Parish Dispatch

Recently, Fr. Sam Mvati took some young people of St. Joseph the Worker on a Youth Retreat in Tanga.



Giving

Corner

Ash Wednesday	12,045
Sunday, March 1	31,382

Special Collection coming up:
Holy Spirit School | March 15

Our pledged weekly amount (excluding special collections):
\$31,963

AmazonSmile

Do you have an Amazon account? Shop through AmazonSmile and support Holy Spirit Parish.



Lenten Season

Early Morning Lenten Retreat

Through Holy Thursday, April 9
De Sousa House

Join us Mondays to Fridays, 6:00 to 6:45 am, during Lent. Fr. Ken Sales will lead us in reflection on "Consoling the Heart of Jesus" by Fr. Michael Gaitley, MIC. Book price: \$20. All are welcome! Coffee will be provided. Please bring donuts, cookies, etc.

Staff Lenten Commitment

During this holy season, and for our Lenten penitence, our parish staff gathers together Mondays to Fridays, 11:30 am to 12:00 pm in the Adoration Chapel. Know that we are praying for you and our faith community. If you have specific intentions for which you would like us to pray, please let us know. And please join us in the Chapel.

Fridays During Lent

Pray with us on Fridays:

•7:00 pm - Stations of the Cross followed by Exposition and

Adoration of the Blessed Sacrament.

•April 3 (First Friday) - Stations of the Cross at 7:00 pm followed by Mass at 7:30 pm. Please note: there is no Exposition on First Friday.

Alpha: Lent & Easter Series

Wednesdays, 7:00 pm
Through May 20, 2020

The Alpha Team invites you to dinner on Wednesday evenings followed by a short video presentation and discussion.

Alpha is a series of sessions exploring the Christian faith. Talks are designed to engage and inspire conversation about faith, life, and Jesus. All faith levels welcome.

Alpha Weekend is on Saturday, April 18, 11:00 am to 4:00 pm.

For more information, please contact Dcn. Rigo Cabezas at dcnrigo@holyspiritfremont.org or 510.456.4975.

Lenten Reconciliation

During Lent, the Sacrament of Reconciliation is available on **Thursdays and Saturdays, through April 2, 2020, 3:30 to 4:30 pm.**



Pray For...

Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

Pray for Our Sick

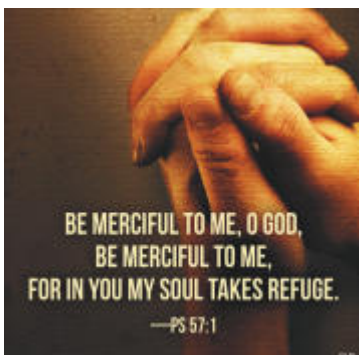
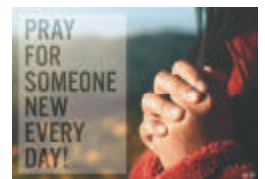
Les Carscadden,
Elaine Dias, Dixie Kibbee, Anette Erestain, Joseph Figueiredo, Juliana Domingo, Amy Morgan

Pray for Our Recently Departed

Leonardo Marbella, Jr., Donato Gandeza, Maria Alotaya, Ramon Abrego, Bob Galligani

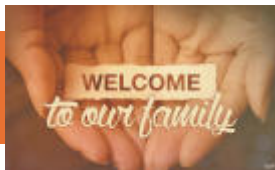
Birthday Blessings

Tomas Garcia



“Man has a noble task: that of prayer and love. To pray and love, that is the happiness of man on earth.”

- Saint Jean Marie Baptiste Vianney



INVITE

Indian Society \$5 Meal

March 8, 2020

The Indian Society is hosting its \$5 Meal Deal in the Peace Center. Stop by after the morning and 12:30 pm Masses—get a great meal for great deal!

Bereavement Support Group

Sundays | 2:30 to 3:30 pm

All of us experience heart-rending losses during our lives. These are not limited to deaths but also to loss of a job, health, a broken relationship, a home, a pet. Are you coping with such a loss? You are not alone. We all grieve differently, but pain is universal.

At our support group, you will meet others who are also mourning a loss and be able to listen or express your feelings in a safe, confidential, and non-threatening environment. Through prayer and sharing, burdens may be lightened and hearts start to heal. We meet in Fireside Lounge.

Mar. 8: Maturing Grief

Mar. 15: Sharing Memories

Mar. 22: Ritual & Healing

Mar. 29: Memorial Service

Couples in Cana

Pan de Vida Retreat | March 13-15, 2020

Couples in Cana Retreat is a Eucharist-centered retreat for couples to grow deeper in their relationship to each other and to Christ. \$150 per couple (inc. lunch and dinner on Saturday).

For information or to register, please go to www.pandavidaretreat.com/marriage-retreat

Lenten Friday Fish Fry

March 13, 27 & April 3

The Knights of Columbus are hosting a Fish Fry on Fridays during Lent, 5:30 to 7:30 pm in the Parish Center. Choice of baked or fried fish, vegetarian pasta, salad, and more. Dine in or “to go” option available. \$10/adult & \$5/children

Casino Trip

March 28, 2020

The Filipino Society is hosting another fund-raising casino trip to Jackson Rancheria. Tickets are \$40 each, with a \$20 return. We’ll leave Holy Spirit at 7:30 am sharp for a day of fun and jackpots! Please contact Maryanne Gacusan at 510.289.0382 or Mung Bernardo at 510.710.8007.

Pilgrimage with Fr. Ken Sales

September 26 to October 7, 2020

Join Fr. Ken in Rome, Assisi, Lourdes and several Shrines. Cost: \$4900/double occupancy (typo in previous bulletin issue). For more information, please contact Alex Paras at 510.509.0585 or alexparasromepilgrim@yahoo.com

Camp Monte Stella

July 19-24, 2020

Camp Monte Stella is a leadership camp for girls entering Grades 5-9. Deepen your leadership and faith through virtue talks, daily Mass and the Rosary. Other activities include sports, drama, and arts & crafts. For info, send an email to ask@campmontestella.com or go to campmontestella.com

Movie “Knights” ~ Fridays @ 7:00 pm

In partnership with the Knights of Columbus, the Faith Formation Department is hosting movie screenings. Join us in the de Sousa Theater!

- May 8 - “We Were Soldiers”
- May 15 - “Liberating a Continent”
- May 22 - “For Greater Glory”
- May 29 - “Shane”



AROUND THE PARISH



Kidzone

10:45 am & 12:30 pm Masses

We offer free care for your preschooler every Sunday. We are located downstairs beneath the church. Please stop by and visit us! More info call Fran at 510.456.4974

Cold & Flu Season

During this extended cold and flu season, our parish will suspend the following, until further notice:

- holding hands during the “Our Father”
 - shaking of hands at the Sign of Peace
 - distribution of the Precious Blood at Communion
- If you are ill, you are not obligated to attend Sunday Mass. Please stay home.

U.S. Census 2020

U.S. Bishops on the Census
“Our country conducts a Census every ten year to count the

number of men, women and children residing in the United States. Census data helps direct more than \$800 billion annually to key programs designed to advance the common good, strengthen families and reduce poverty. The Catholic Church and other service providers rely on the national Census to provide an accurate count in order to effectively serve those in need.”

Census 101:

- Everyone counts.
- It’s in the Constitution.
- Taking part is your civic duty—it’s mandatory.
- Your privacy is protected.

HERE’S THE SITCH...

My dear parishioners,

We still have stained-glass windows available for sponsorship:

- Modesty, Gentleness, Self-Control, Chastity – \$10,000 each. Sponsor(s) will receive a dedication on the glass.
- South side windows next to the side entrance door (below the large “Holy Spirit” window) – \$12,000 for the narrow window and \$15,000 for the wide window.
- Seven Gifts of the Holy Spirit stained-glass windows flanking the St. John’s side entrance doors – the two inner windows are \$12,000 each.

Please see Jeff Van der Sluis in the Parish Office to discuss sponsorships. Dedications can be added anytime.

Blessings,
Fr. Ken

We’re Open!

Parish Office
Mon.-Sun. | 9:00 am-5:00 pm
Faith Formation &
Youth Ministry
Tues.-Fri. | 8:30 am-4:30 pm
Gift Shop
Sat. | 6:00-7:00 pm
Sun. | 8:30 am-2:30 pm
Parish Library
Sun. | 9:00 am-12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Lee Chompoochan,
Parochial Vicar
510.797.1660
Fr. John Carillo,
Parochial Vicar
510.456.4965
Dcn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975
Dcn. Chuck Glover,
Pastoral Care
510.789.8652
Dcn. Steve Lewellyn, RCIA
510.797.1660
Dcn. Tim Roberto, RCIA
510.598.7408
Dcn. Emeritus Richard Yee,
Retired

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970
Facilities Scheduling
Rosalyn Jose | 510.456.4995
Faith Formation &
Youth Ministry Office
510.456.4974
Music
Paul Orella | 510.673.3873
Safe Environment
Keiru Bakke | 510.456.4972

St. Vincent de Paul
510.797.3672

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