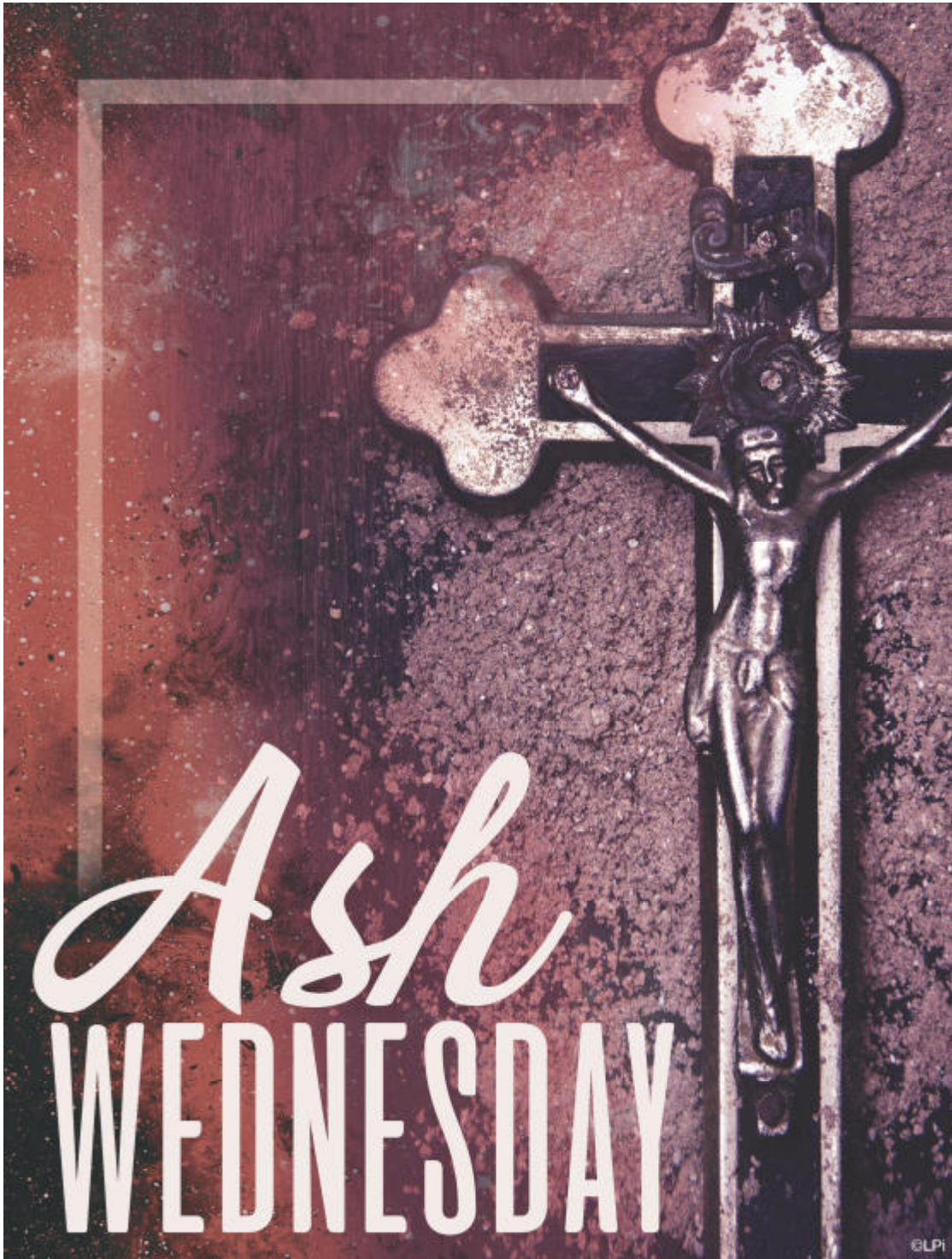




SUNDAY, FEBRUARY 23, 2020 | 7TH SUNDAY IN ORDINARY TIME



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS

SCHEDULE

Weekend

Saturday: 7:00 & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am | 9:00 am
10:45 am | 12:30 pm
5:00 pm

Weekday

Mon. - Fri.: 7:00 & 8:15 am
Wednesday: 6:30 pm
1st Friday: 7:30 pm

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before 1st Friday:
3:30 pm
Weekdays: Call for an appointment.

Eucharistic Adoration

Perpetual Adoration is ongoing in the Adoration Chapel, located in Governo House.
Hours: 6:00 am to 9:00 pm

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: March 7

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass

Next Mass: March 6

New to Holy Spirit?

Welcome! To register, please visit the Parish Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, FEBRUARY 23 | SEVENTH SUNDAY IN ORDINARY TIME

Lv 19:1-2, 17-18/Ps 103:1-2, 3-4, 8, 10, 12-13 [8a]/1 Cor 3:16-23/Mt 5:38-48

5:00 pm (Vigil Mass)	Leonora Bulabon, Larry Hulse †, Erotida Mendoza †
7:15 am	Jose Calo †, Fr. Mathew Vellankal †, Gerry Lee †
9:00 am	Soledad & John Mata †, Ememorita Gonzales †, Warren J. Jennings †
10:45 am	Agnes Smith, Natividad Amable †, James Rodrigues †
12:30 pm	For the People of Holy Spirit Parish
5:00 pm	Antonio Mojica, Sr †, Pramod Chandra †, Juan Dumigpi †

MONDAY, FEBRUARY 24 | MONDAY OF THE SEVENTH WEEK IN ORDINARY TIME

Jas 3:13-18/Ps 19:8, 9, 10, 15 [9a]/Mk 9:14-29

7:00 am	Vital Silveria, John Mariana, Fr. Mathew Vellankal †
8:15 am	Teichert, Jonathan & Julie, Francis Vu †

TUESDAY, FEBRUARY 25 | TUESDAY OF THE SEVENTH WEEK IN ORDINARY TIME

Jas 4:1-10/Ps 55:7-8, 9-10a, 10b-11a, 23 [23a]/Mk 9:30-37

7:00 am	Precy Sanderson, Precy Abia Sanderson
8:15 am	Joseph Victor Shagday †, Albertb J. Rinetti †

WEDNESDAY, FEBRUARY 26 | ASH WEDNESDAY

Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and 17 [cf. 3a]/2 Cor 5:20—6:2/Mt 6:1-6, 16-18

7:00 am	Henry Schlueter †, Eugenia Valdez
8:15 am	Cezar Buan †, Julia Villanueva †
11:00 am	Jun Marbella, Leonardo Cabardo †
12:30 pm	Miko Revilla Palanca †, Consuelo B. Ferrer †
4:00 pm	Pinky Padlan & John Tumamos, Mariano & Glyceria Lee †
6:00 pm	Vincent Pillay †, Rosalia Villamor
8:00 pm	Anita Juan Labayag †, Teodora & Numeriano Jacaban †

THURSDAY, FEBRUARY 27 | THURSDAY AFTER ASH WEDNESDAY

Dt 30:15-20/Ps 1:1-2, 3, 4 and 6 [Ps 40:5a]/Lk 9:22-25

7:00 am	Rodolfo Mariano †, Edgardo David †
8:15 am	Fernando Faial †, Augustine Vu †

FRIDAY, FEBRUARY 28 | FRIDAY AFTER ASH WEDNESDAY

Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19 [19b]/Mt 9:14-15

7:00 am	Elciderio Berdos †, Grace O. Montes
8:15 am	Jun Marbella, Valerie & Jesson Duller

SATURDAY, FEBRUARY 29 | SATURDAY AFTER ASH WEDNESDAY

Is 58:9b-14/Ps 86:1-2, 3-4, 5-6 [11ab]/Lk 5:27-32

7:00 am	Mr & Mrs Lan Ngo & Fr. Chuc Tran †, Mr & Mrs Cap Do & Mrs Ba Nguyen †
8:15 am	Manuel Silva †, Ryan Nampeli



FROM THE DESK OF FR. LEE...

Greetings,

The Gospel reading for this Sunday is on Jesus' Sermon on the Mount. Jesus is speaking to his disciples about the type of perfection or holiness that should characterize his followers. He had already reminded them that their holiness should surpass that of the scribes and Pharisees. According to what they had always been taught, revenge for having been affronted was quite acceptable according to the law of "an eye for an eye and a tooth for a tooth." But Jesus tells them that as his followers, more is asked of them – a higher level of holiness or perfection. Instead of seeking revenge, the followers of Jesus are challenged to love their enemies. Surely, this is far beyond and above the level of holiness of the scribes and Pharisees.

And to make sure that we don't miss the point of what Jesus is trying to say, he adds as a final word: "So, you must be perfect as your heavenly Father is perfect." It is certainly legitimate for us to wonder if what Jesus is asking of us is at all realistic. Is it possible for us to be perfect as our heavenly Father

is perfect? It is reasonable for us to ask if Jesus is asking the impossible of us. The answer to that question is a yes and a no. What Jesus is proposing in his Sermon is impossible if we rely on our own power and strength. But perhaps that is exactly the point that Jesus wants us to consider. By relying merely on our own power and strength, we will not be able to surpass the holiness of the scribes and Pharisees; rather, we will live our lives according to their norms. But with the help that God can give us, we can hope to rise above the holiness level of the scribes and Pharisees. After all, we have heard the Lord remind us that "nothing is impossible with God."

To be able to rise to Jesus' challenge in today's Gospel, it is important to have a real desire to grow towards the ideal He is presenting. Along with that desire to grow, patience and courage are necessary. And here again we have the assurance that God can give us courage. "I am always with you," says the Lord. "Do not be afraid because I am with you." Jesus' Sermon today helps us appreciate what our life of love should and can be. Our life of love, loved as we are by the Lord, is the way of holiness.

Peace and blessings,
Fr. Lee

MARRIAGE AND FAMILY LIFE

An excerpt from the U.S. Bishops' Pastoral Letter entitled **Marriage: Love and Life in the Divine Plan (Abridged Version)**

Marriage as a Christian Sacrament

Although marriage remains a blessing from God, Original Sin has had grave consequences for married life. As a break with God, it ruptured the original communion between man and woman.

Jesus healed this rupture when he raised marriage to the dignity of a sacrament. In marriage a man and woman become one flesh. They love each other as they love themselves and cherish each other's bodies as their own. This union is an image of Christ's love for his Church. Spouses are called to give themselves to each other as fully as Christ gave himself to his Church.



To read the document go to <http://www.usccb.org/loveandlife/>



SERVE

Training for Lectors and Eucharistic Ministers

If you are currently serving as a Lector or Eucharistic Minister, your attendance is mandatory.

New volunteers are welcome! Join our Liturgical Ministry. Become a Lector or Eucharistic Minister.

Lector Training:

March 3 or March 17

7:00 pm | Church

Please attend either training day.

Eucharistic Minister Training:

March 10 or March 24

7:00 pm | Church

Please attend either training day.

Mission Doctors Association

March 27-29, 2020

Mission Doctors Association will offer the **2020 Spring Retreat/Seminar** at Loyola Marymount University in L.A. for Catholic Physicians, Dentists, Nurse Practitioners, Physician Assistants, and their spouses who are interested in short-term mission service in Africa and Latin America. For more information: 213.368.1872 or www.MissionDoctors.org

From our Youngest Stewards

I helped someone, I prayed,
I studied my lessons:

Abbey, Ellie

St. Vincent de Paul Food Pantry

Heading to the store this week?

Consider picking up a few items

for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Spaghetti Sauce
- ⇒ Spaghetti Noodles—not wheat
- ⇒ Vienna Sausages

Please drop off non-perishable food donations at the Parish Office. Please note: All food donations must be in factory sealed packages and/or containers. Thank you for your support!



Sister Parish Dispatch

Fr. Sam Mvati's Visit

During his visit back in November, Fr. Sam dropped in on all the classrooms at Holy Spirit School and Preschool.

He also spoke with all the Faith Formation classes. He told the children about the vehicle that St. Joseph the Worker was able to acquire with our support. It's been invaluable for the church and the community. The van seats 13 people!

Giving

Sunday, February 16

\$29,053

Special Collection coming up:

Holy Spirit School | March 15

Our pledged weekly amount (excluding special collections):
\$31,963

Corner

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Do you have an Amazon account? Shop through AmazonSmile and support Holy Spirit Parish.

PRAY



Early Morning Lenten Retreat

February 24 to April 9, 2020

De Sousa House

Join us Mondays to Fridays, 6:00 to 6:45 am, during Lent. Fr. Ken Sales will lead us in reflection on "Consoling the Heart of Jesus" by Fr. Michael Gaitley, MIC. Book price: \$20. All are welcome! Coffee will be provided. Please bring donuts, cookies, etc.

Ash Wednesday

February 26, 2020

Ash Wednesday marks the beginning of Lent and is a day of fasting, abstinence, and prayer. Mass times are: **7:00 am, 8:15 am, 11:00 am, 12:30 pm, 4:00 pm, 6:00 pm, and 8:00 pm.**

24-Hour Adoration

February 28-29, 2020

At the request of Bishop Michael C. Barber, SJ, our parish is hosting 24-Hour Exposition and Adoration of the Blessed Sacrament.

Adoration will begin on Friday, February 28, 9:00 am, and conclude on Saturday, February 29, 3:30 pm. Please note: The Adoration Chapel will be closed during this time. Confessions will be available on Friday, 2:00-4:00 pm and Saturday, 9:00-11:00 am.

Sacrament of Confirmation

Please pray for our Confirmandi who will receive the Sacrament of Confirmation on Friday, February 28 at 7:00 pm. We are honored to have the Most Reverend Fidelis Layog, DD confer the Sacrament on our youth.

Lenten Reconciliation

According to the Rite of Penance, "It is therefore fitting to have several penitential celebrations during Lent, so that all the faithful may have an opportunity to be reconciled with God and their neighbor and so be able to celebrate the paschal mystery in the Easter Triduum with renewed hearts" (No. 13).

During this Lenten season, the Sacrament of Reconciliation will be available **March 5 through April 2, 2020, Thursdays and Saturdays, 3:30 to 4:30 pm.**



Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

Pray for Our Sick

Andrew P. Javier, Carina Javier, "Aley", Joseph Figueiredo, Juli Fabella

Pray for Our Recently Departed

Tam Q. Vu, Chanpen Hardwick, Sister Salome Joseph, Mary Shirley Collins, Josefina Inocencio

25th Diaconate Anniversary Blessings

Dcn. Bill Drobick (ret.),
Dcn. Richard Yee (ret.)

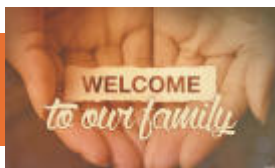
Birthday Blessings

Allerrie Paras, Lerr Paras,
Alyza Paras



"Prayer is the only channel through which God's great graces and favors my flow into the soul; and if this be once closed, I know no other way He can communicate them."

- Saint Teresa of Jesus



INVITE

Filipino Society \$5 Meal

February 23, 2020

The Filipino Society is hosting its \$5 Meal Deal after all the morning and 12:30 pm Masses. Stop by the Peace Center—grab a great meal for a great deal! Proceeds benefit parish special projects!

Lenten Fish Fry

February 28, 2020

The Knights of Columbus are hosting a Fish Fry this Friday, February 28, 5:30 to 7:30 pm in the Parish Center. You have a choice of baked or fried fish, vegetarian pasta, salad, and more. Dine in or “to go” option available.

Entering into Lent” with Fr. Paul Coleman

February 29, 2020

St. Edward Catholic Church, Newark

You are invited to a Lenten Day of Reflection on Saturday, February 29, 9:45 am to 2:45 pm. Cost: \$10 - includes refreshments and lunch. For tickets or more information, please contact St. Edward Parish Office at 510.797.0241.

Bereavement Support Group

All of us experience heart-rending losses during our lives. These are not limited to deaths but also to loss of a job, health, a broken

relationship, a home, a pet. Are you coping with such a loss?

You are not alone. We all grieve differently, but pain is universal. At our support group, you will meet others who are also mourning a loss and be able to listen or express your feelings in a safe, confidential, and non-threatening environment. Through prayer and sharing, burdens may be lightened and hearts start to heal.

Our deanery support group meets on Sundays, 2:30 to 3:30 pm in Fireside Lounge.

Mar. 1: Consolation – Sharing a special reading

Mar. 8: Maturing Grief

Mar. 15: Sharing Memories

Mar. 22: Ritual & Healing

Mar. 29: Memorial Service

Couples in Cana

Pan de Vida Retreat

March 13-15, 2020

Couples in Cana Retreat is a Eucharist-centered retreat for couples to grow deeper in their relationship to each other and to Christ. The weekend will include: Adoration of the Blessed Sacrament, Confession, and workshops to improve communication and deepen your understanding of Sacramental love. \$150/ couple, includes lunch and dinner on Saturday. To register or for more information, go to: www.pandavidaretreat.com/marriage-retreat



Ezra

Movie “Knights” ~ Fridays @ 7:00 pm

In partnership with the Knights of Columbus, the Faith Formation Department is hosting movie screenings. Join us in the de Sousa Theater!

- May 8 - “We Were Soldiers”
- May 15 - “Liberating a Continent”
- May 22 - “For Greater Glory”
- May 29 - “Shane”



AROUND THE PARISH



Kidzone

10:45 am & 12:30 pm Masses

We offer free care for your preschooler every Sunday. We are located downstairs beneath the church. Please stop by and visit us! More info call Fran at 510.456.4974

Old Palms

Please drop off your old blessed palms by February 24 and place them in baskets located at the entrances of our church. They will be burned and used on Ash Wednesday.

Mardi Gras

Tuesday, February 25, 2020

6:30 to 8:30 pm

Join us for Mardi Gras or "Fat Tuesday" in the de Sousa House. Let us prepare for Lent together. We will also be burning the old blessed palms. Bring food to share!

Confirmation Gifts

Do you know a young person who'll be receiving the Sacrament of Confirmation on February 28? Stop by the Parish Gift Shop and find the perfect gift for your Confirmandi!

Gift Shop

Looking for Easter gifts? Visit our Parish Gift Shop and see our beautiful selection of rosaries, figurines, prayer cards, and so much more!

Please note: The Gift Shop will be closed during Holy Week and Easter weekend.

HERE'S THE SITCH...

My dear parishioners,

We still have stained-glass windows available for sponsorship:

- Modesty, Gentleness, Self-Control, Chastity – \$10,000 each. Sponsor(s) will receive a dedication on the glass.
- South side windows next to the side entrance door (below the large "Holy Spirit" window) – \$12,000 for narrow window and \$15,000 for wide window.
- Seven Gifts of the Holy Spirit stained-glass windows flanking the St. John's side entrance doors – the tall window and two shorter windows are each \$20,000 and \$12,000 respectively. Please see Jeff Van der Sluis in the Parish Office to discuss sponsorships. Dedications can be added anytime.

Blessings,
Fr. Ken

We're Open!

Parish Office
Mon.-Sun. | 9:00 am-5:00 pm
Faith Formation &
Youth Ministry
Tues.-Fri. | 8:30 am-4:30 pm
Gift Shop
Sat. | 6:00-7:00 pm
Sun. | 8:30 am-2:30 pm
Parish Library
Sun. | 9:00 am-12:30 pm

Clergy

Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Lee Chompoochan,
Parochial Vicar
510.797.1660
Fr. John Carillo,
Parochial Vicar
510.456.4965
Dcn. Rigo Cabezas,
Dir. of Rel. Ed.
510.456.4975
Dcn. Chuck Glover,
Pastoral Care
510.789.8652
Dcn. Steve Lewellyn, RCIA
510.797.1660
Dcn. Tim Roberto, RCIA
510.598.7408
Dcn. Emeritus Richard Yee,
Retired

Departments

Business/Maintenance
Jeff Van der Sluis
510.456.4970
Facilities Scheduling
Rosalyn Jose | 510.456.4995
Faith Formation &
Youth Ministry Office
510.456.4974
Music
Paul Orella | 510.673.3873
Safe Environment
Keiru Bakke | 510.456.4972

St. Vincent de Paul
510.797.3672

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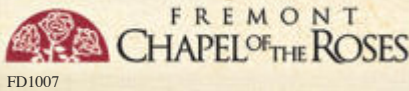
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