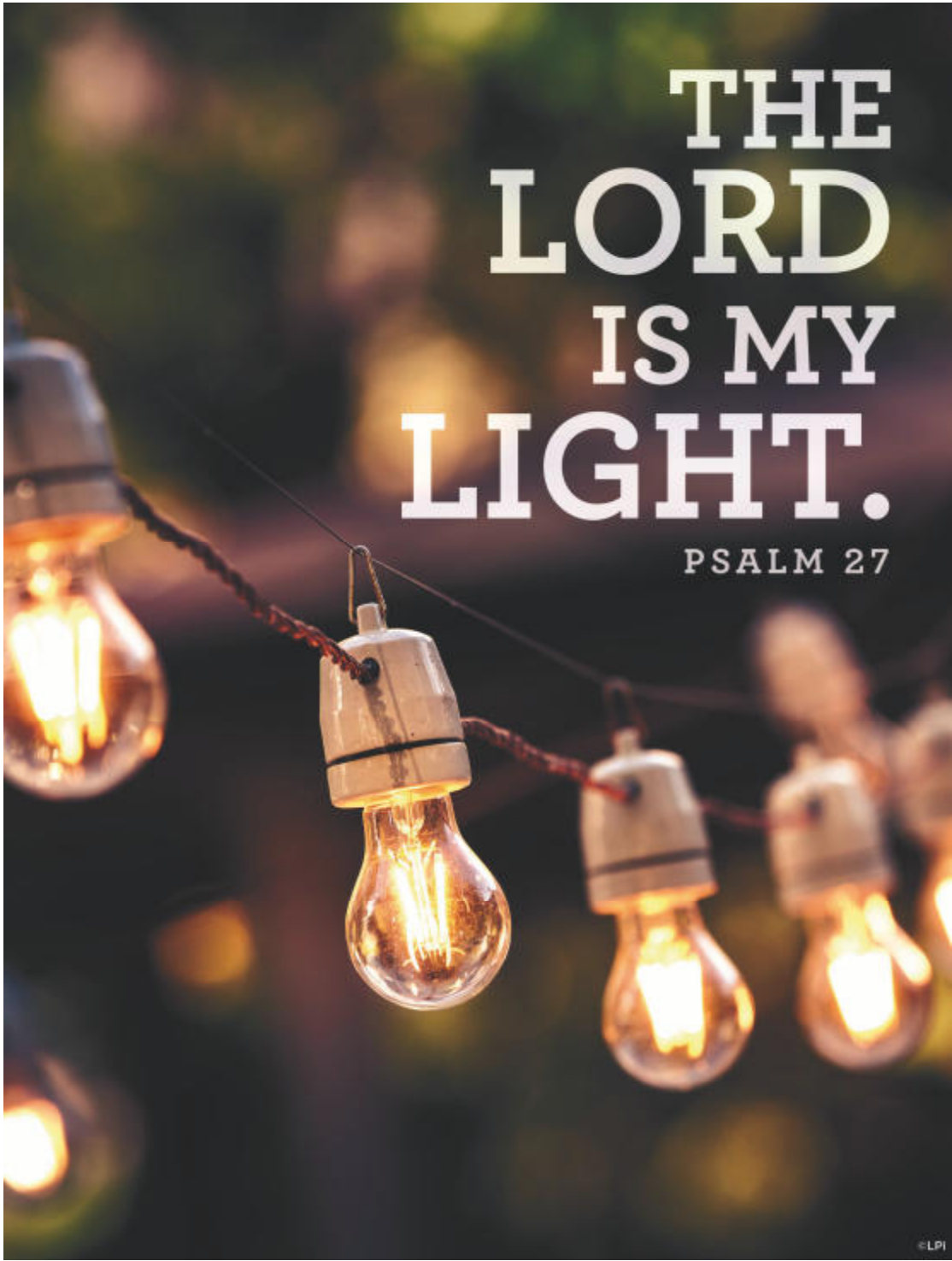




SUNDAY, JANUARY 26, 2020 | THIRD SUNDAY IN ORDINARY TIME



WELCOME

With joy we welcome all who have gathered here with us to worship God.

“How good to sing praise to our God; how pleasant to give fitting praise.” (Psalm 147:1)

Let us lift up our minds, hearts, and spirits to our loving and merciful God, from whom all good things come.

CONTACT

37588 Fremont Blvd.
Fremont, CA 94536
Parish: 510.797.1660
School: 510.793.3553
Preschool: 510.793.2013
info@holyspiritfremont.org
holyspiritfremont.org

MASS

SCHEDULE

Weekend

Saturday: 7:00 & 8:15 am
Saturday Vigil: 5:00 pm
Sunday: 7:15 am | 9:00 am
10:45 am | 12:30 pm
5:00 pm

Weekday

Mon. - Fri.: 7:00 & 8:15 am
Wednesday: 6:30 pm
1st Friday: 7:30 pm

BE SPIRIT FILLED AND MAKE DISCIPLES!



WORSHIP

OUR VISION

Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession

Saturday: 3:30 pm
Thursday before 1st Friday: 3:30 pm
Weekdays: Call for an appointment.

Eucharistic Adoration

Perpetual Adoration is ongoing in the Adoration Chapel, located in Governo House.
Hours: 6:00 am to 9:00 pm

Anointing of the Sick

First Saturday (except January and May) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: February 1

Sacraments

For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass

Next Mass: February 7

New to Holy Spirit?

Welcome! To register, please visit the Parish Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?

To learn about the Catholic faith, please call 510.456.4975

SUNDAY, JANUARY 26 | THIRD SUNDAY IN ORDINARY TIME

Is 8:23—9:3/Ps 27:1, 4, 13-14 [1a]/1 Cor 1:10-13, 17/Mt 4:12-23 or 4:12-17

- 5:00 pm (Vigil Mass) For the People of Holy Spirit Parish
- 7:15 am Arthur & Eugenie Camire †, Wilfredo C. Faustino Sr. †, Percival Picardo †
- 9:00 am Enrique R. Escalante †, Ned Barrett, Peggy Curry †
- 10:45 am Cathy Kennedy & Family, Dorothy Silva †, Alan Ladrillono
- 12:30 pm Julia Villanueva †, Ememorita Gonzales †, Luis Amaral †
- 5:00 pm Phoebe Aesaphine D, Lemuel S. Abelgas †, Rose & Michel Hreiz †

MONDAY, JANUARY 27 | MONDAY OF THE THIRD WEEK IN ORDINARY TIME

2 Sm 5:1-7, 10/Ps 89:20, 21-22, 25-26 [25a]/Mk 3:22-30

- 7:00 am John Anthony Alvarez, Romeo Rivera †
- 8:15 am Pilar Bruno †, Hammel Family

TUESDAY, JANUARY 28 | MEMORIAL OF SAINT THOMAS AQUINAS, PRIEST AND DOCTOR OF THE CHURCH

2 Sm 6:12b-15, 17-19/Ps 24:7, 8, 9, 10 [8]/Mk 3:31-35

- 7:00 am Jacqueline Reece, Ramiro Alvarez & Family †
- 8:15 am Mercedes Eguia †, Lito & Aida Ramos

WEDNESDAY, JANUARY 29 | WEDNESDAY OF THE THIRD WEEK IN ORDINARY TIME

2 Sm 7:4-17/Ps 89: 4-5, 27-28, 29-30 [29a]/Mk 4:1-20

- 7:00 am Milagros Garcia †, Geraldine Dutra †, Simon Kunju †
- 8:15 am Benjamin Gabel †, Jurisha & Marco Tambaoan
- 6:30 pm Orlando Abelgas, Sonia Macasaet

THURSDAY, JANUARY 30 | THURSDAY OF THE THIRD WEEK IN ORDINARY TIME

2 Sm 7:18-19, 24-29/Ps 132:1-2, 3-5, 11, 12, 13-14 [Lk 1:32b]/Mk 4:21-25

- 7:00 am Joseph & Catherine Rowe †, Terencio E. Faustino †
- 8:15 am Emilio & Felisa Miller †, Truong & Cuong Pham †

FRIDAY, JANUARY 31 | FRIDAY OF THE THIRD WEEK IN ORDINARY TIME

2 Sm 11:1-4a, 5-10a, 13-17/Ps 51:3-4, 5-6a, 6bcd-7, 10-11 [cf. 3a]/Mk 4:26-34

- 7:00 am Geraldine Dutra †, Zerafina Cleope Zumarraga †
- 8:15 am Teichert, Jonathan & Julie, Loc & Nhat Vu †

SATURDAY, FEBRUARY 1 | SATURDAY OF THE THIRD WEEK IN ORDINARY TIME

2 Sm 12:1-7a, 10-17/Ps 51:12-13, 14-15, 16-17 [12a]/Mk 4:35-41

- 7:00 am Trinidad & Ignacio Yumena †, Lorraine F. Manalo
- 8:15 am Elizabeth Aguirre, Anthony Joseph Nicholas †

Come, Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.



FROM THE DESK OF DCN. RIGO...

The Light of Christ guides us to our salvation.

He calls us to repent, to come after Him, to proclaim the gospel of the kingdom, and to heal diseases and illnesses. And to perform these deeds, all we need is faith in Him. We look upon Him hanging from the cross, and thru His death and resurrection we obtain access to salvation.

What do we do in response to this salvific action? We follow, we become disciples, we learn the teachings and take them to heart, then execute on a set of very specific actions:

The Corporal and Spiritual Acts of Mercy
Corporal: feed the hungry, give drink to the

thirsty, clothe the naked, visit the imprisoned, shelter the homeless, visit the sick, and bury the dead.

Spiritual: admonish the sinner, instruct the ignorant, counsel the doubtful, comfort the sorrowful, bear wrongs patiently, forgive all injuries, and pray for the living and the dead.

Wake up Holy Spirit! Hands to the plow! Let us altogether perform these two very clear and distinct sets of acts and we will be faithful disciples of Jesus!!!

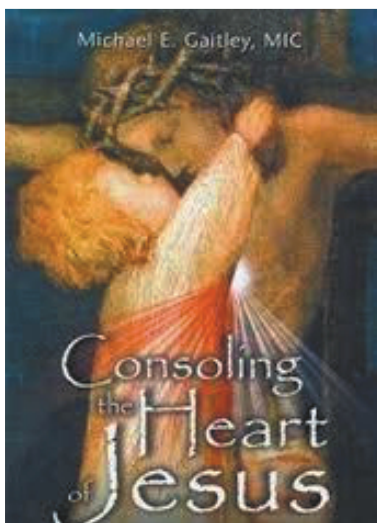
Fr Ken invites all of us to get a head start on Lent. Join us on Mondays to Fridays, 6:00 to 6:45 am, starting February 24th through the season of Lent. We will be reflecting on "Consoling the Heart of Jesus" by Fr. Michael E Gaitley, MIC. Make this year's Lent an excellent preparation for the Easter Triduum.

FORMED®

FORMED PICK OF THE WEEK

CONSOLING THE HEART OF JESUS

<https://watch.formed.org/consoling-the-heart-of-jesus-1>



"33 Days to Morning Glory led us to the Immaculate Heart of Mary in Stage One, Part I. In Part II, Consoling the Heart of Jesus, we will learn about God's infinite mercy and how we can give him joy, consoling his heart, by accepting his love and trusting in him completely. We'll discover how suffering can actually help us grow spiritually closer to the Sacred Heart of Jesus."

As he was walking by the Sea of Galilee, he saw two brothers, Simon who is called Peter, and his brother Andrew, casting a net into the sea; they were fishermen. He said to them, "Come after me, and I will make you fishers of men." At once they left their nets and followed him.

- Matthew 4:18-20



SERVE



Sister Parish Dispatch

Thank you once again for extending such a warm welcome to Fr. Samwel Mvati of our sister parish, St. Joseph the Worker. He very much appreciated the hospitality and kindness that our parish showered upon him.

And because of your financial support, our parish raised \$29,872 for the children of St. Joseph the Worker. This generous gift will help offset the costs of tuition and boarding in private schools for these children. Thank you so much!



From our Youngest Stewards
I helped someone, I prayed,
I studied my lessons:

Abbey, Celestina,
Ellie, Langston

St. Vincent de Paul Food Pantry

Heading to the store this week? Consider picking up a few items for our SVdP food pantry. Here's this week's grocery wish list:

- ⇒ Canned Green Beans
- ⇒ Macaroni & Cheese
- ⇒ Tuna

Please drop off non-perishable food donations at the Parish Office. Please note: All food donations must be in factory sealed packages and/or containers. Thank you for your support!



Drive-Thru Prayer

Our Drive-Thru Prayer Ministry needs more volunteers. If you can share one hour of your time each week, please contact Debra Longarini at 510.396.7826 or debralongarini@gmail.com

Children's Liturgy of the Word

Do you feel called to teach the littlest among us? Then perhaps Children's Liturgy of

the Word is what you are looking for. If you are interested in helping at the 9:00 am or 10:45 am Mass, contact Alanna Carbis at alannab@gmail.com.

Ushers and Greeters

Our parish continuously needs Ushers and Greeters to assist during our Masses. To volunteer, please stop by the Parish Office and complete an application.

Giving

Corner

Sunday, January 19	\$29,812
Holy Spirit Youth Ministry	\$3,356

Special Collection coming up:
Holy Spirit School | March 8

Our pledged weekly amount (excluding special collections):
\$31,963

AmazonSmile

Do you have an Amazon account? Shop through AmazonSmile and support Holy Spirit Parish.

PRAY



World Day of the Sick 2020

The Cathedral of Christ the Light
February 8, 2020

11:00 am Mass

World Day of the Sick was initiated by Pope Saint John Paul II and held annually worldwide.

Bishop Michael C. Barber, SJ invites all who are ill, as well as family members and caregivers to observe this day with him.

Be part of this special opportunity to pray for healing and hope in this fragile population.

Adoration Chapel Adorers Needed

Spend one hour with our Lord. Our Adoration Chapel is open 6:00 am to 9:00 pm everyday. All are welcome to sit, to reflect, and to pray with Jesus. We need Adorers to be with our Lord on a regular basis especially on weekdays 12:00 noon to 3:00 pm, as well as Fridays, Saturdays, and Sundays.

To sign up for a weekly commitment, please visit our Parish Office.

If you are already an Adorer, please remember to remain with Jesus for your scheduled full hour. Please do not leave our Lord unattended.

An Open Letter to Catholic School Students

(excerpt-LPi)

Do you know why you are going to a Catholic school? Your parents and grandparents saw the importance of a great education and saw the connection between their faith in God and his Church.

During Catholic Schools Week, in gratitude we pray...

God of knowledge and faith, thank you for the opportunity to go to a Catholic school.

When I go to Mass, I hear that knowledge is so important.

Thank you for my parents and grandparents who have built our school and supported it throughout the years.

Help me to be a good student and to become a good supporter of my parish, city, and country.

Please bless all those men and women who have spent their lives teaching in our Catholic schools.

Please bless my friends and teachers I learn with every day.

I ask for all these blessings in the name of God's Son, Jesus.

Amen.



Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

Pray for Our Sick

Les Carscadden,
Eugene & Elaine Dias,
Dixie Kibbee, Carlyn Escalante, Filomena Avila, Florencio Ignacio, Amelia S. Limjap & family, Kathryn Bersio, Andrew & Lorena Manuel, Rowena Limjap, Dolly Hearn, Shirley Abreu, Letty Aguirre

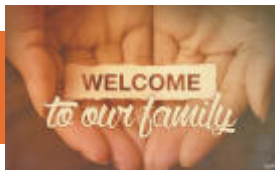
Pray for Our Recently Departed

Leona Ventura Pacis, Madelyn Pasion, Roger Poe, Cora Duffy, Lucy Verducci, Addon Nava



“The first task in life is this: Prayer. But not the prayer of words, like a parrot; but the prayer, the heart: gazing on the Lord, hearing the Lord, asking the Lord.”

- Pope Francis



INVITE

Filipino Society \$5 Meal

February 2, 2020

The Filipino Society is hosting their \$5 Meal Deal on Sunday, February 2 after all the morning and 12:30 pm Masses. Stop by the Peace Center and get a great meal for a great deal! There's more...

Superbowl Party Foods

Want to order your favorites for your Super Bowl Sunday party? Please call Danny Zenarosa at 510-468-7980 to pre-order lumpia, pancit, and/or BBQ. We'll have it ready for pick-up on February 2 at the Peace Center.

Grief Support

The death of a loved one is unlike any other loss. Join us on your healing journey at St. Elizabeth Seton, 4001 Stoneridge Drive, Pleasanton, 7:30 pm on Thursdays: February 13 and 27; and March 12 and 26. All are welcome regardless of religious affiliation. For more information, please contact Eleanor at 925.846.8708

Retrouvaille

February 21-23, 2020

Do you feel lost, frustrated, hurt, or angry with your spouse? Retrouvaille is a Marriage program that helps couples restore their marriage and rebuild a loving relationship.

Couples of all faiths or no faith background are welcome. For information or registration, go to HelpOurMarriage.com. or contact Gus and Edda Rivera at 510.709.6063. Our Weekends transform marriages!

“Women of the New Testament” Tea

February 29, 2020

The Women's Ministry is hosting afternoon tea on Saturday, February 29, 1:30-4:00 pm in the de Sousa House. Learn about the women of the New Testament as we share company with each other. Cost is \$35.00. Seats are limited. Funds raised will benefit Faith Formation. For information, please contact Nancy at beautifulhsw@gmail.com

Couples in Cana

Pan de Vida Retreat

March 13-15, 2020

Couples in Cana Retreat is a Eucharist-centered retreat for couples to grow deeper in their relationship to each other and to Christ. The weekend will include: Adoration of the Blessed Sacrament, Confession, and workshops to improve communication and deepen your understanding of Sacramental love. (\$150/ couple, inc. lunch and dinner on Saturday). To register: www.pandavidaretreat.com/marriage-retreat



Nolan, Zoey,
Wren, Donzel

Movie “Knights” ~ Fridays @ 7:00 pm

In partnership with the Knights of Columbus, the Faith Formation Department is hosting movie screenings. Join us in the de Sousa Theater!

- Jan. 31 - “Henry V”
- Feb. 7 - “The Mission”
- May 8 - “We Were Soldiers”
- May 15 - “Liberating a Continent”
- May 22 - “For Greater Glory”
- May 29 - “Shane”



AROUND THE PARISH



Kidzone

10:45 am & 12:30 pm Masses

We offer free care for your preschooler every Sunday. We are located downstairs beneath the church. Please stop by and visit us! More info call Fran at 510.456.4974

Parish Library

Recently donated to the parish library are over 20 new books, including the following:

- 2 books written by Fr. Matthew Vellankal: "From Humor to Inspiration" and "Sacerdotal Silver Jubilee"
 - "Catholic Answers to Protestant Questions"
 - "God Exists – Proofs from Science"
 - Books by Pope Francis, Bishop Robert Barron, Scott Hahn, C. S. Lewis, and Thomas Merton.
- We also have CDs and videos.

LIFE ElderCare / Meals on Wheels

On behalf of LIFE ElderCare and the older adults they serve, thank you for generous gift of \$2,510 for Meals on Wheels.

Friday AM Scripture Series @ 10:00 am

Walk through "The Mass" with Bishop Robert Barron and be transformed through insights on this most privileged, intimate encounter with our Lord. Join us in St. Mark's Room, de Sousa House.

We're Open!

Parish Office
 Mon.-Sun. | 9:00 am-5:00 pm
 Faith Formation & Youth Ministry
 Tues.-Fri. | 8:30 am-4:30 pm
 Gift Shop
 Sat. | 6:00-7:00 pm
 Sun. | 8:30 am-2:30 pm
 Parish Library
 Sun. | 9:00 am-12:30 pm

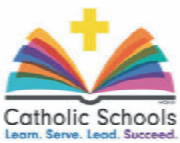
Clergy

Fr. Kenneth L. Sales, Pastor
 510.456.4964
 Fr. Lee Chompoochan, Parochial Vicar
 510.797.1660
 Fr. John Carillo, Parochial Vicar
 510.456.4965
 Dcn. Rigo Cabezas, Dir. of Rel. Ed.
 510.456.4975
 Dcn. Chuck Glover, Pastoral Care
 510.789.8652
 Dcn. Steve Lewellyn, RCIA
 510.797.1660
 Dcn. Tim Roberto, RCIA
 510.598.7408
 Dcn. Emeritus Richard Yee, Retired

Departments

Business/Maintenance
 Jeff Van der Sluis
 510.456.4970
 Facilities Scheduling
 Rosalyn Jose | 510.456.4995
 Faith Formation & Youth Ministry Office
 510.456.4974
 Music
 Paul Orella | 510.673.3873
 Safe Environment
 Keiru Bakke | 510.456.4972

 St. Vincent de Paul
 510.797.3672




Celebrate Catholic Schools Week at
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Since 1974, National Catholic Schools Week has been an annual celebration of Catholic education in the United States. Holy Spirit School will kick off the weeklong celebration with Masses, a school open house, and other activities for students, families, parishioners, and community members. Come join us on Sunday, January 26th and discover the value Catholic education provides to young people and its contributions to our church, our communities, and our nation.

Join Us Sunday, January 26, 2020!



Pancake Breakfast	8:15am - 1:00pm
Family Mass	9:00am
School Open House	10:00am - 1pm
Scholastic Book Fair	10:00am - 1pm

KINDERGARTEN INFO NIGHT

Wednesday, January 29th, 6:00pm - 7:00pm

3930 Parish Ave., Fremont, CA 94536 510-793-3553
 www.holyspiritschoolfremont.com

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