Let us prepare our hearts for the coming of our Lord.

<table>
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<th>Weekend</th>
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<td>5:00 pm (Saturday Vigil)</td>
<td>Mon. - Fri.: 7:00 &amp; 8:15 am</td>
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<td>7:15 am</td>
<td>9:00 am</td>
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<td>10:45 am</td>
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Our Vision:
Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession
Saturday: 3:30 pm
Thursday before 1st Friday: 3:30 pm
Weekdays: Call for an appointment.

Eucharistic Adoration
Perpetual Adoration is ongoing in the Adoration Chapel located in Governo House. Open 6 am to 9 pm.

Anointing of the Sick
First Saturday (except January) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: January 11

Sacraments
For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass
Next Mass: January 3

New to Holy Spirit?
Welcome! To register, please visit the Rectory Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?
To learn about the Catholic faith, please call 510.456.4975

Pray for Our Recently Departed
Francisco Quirim, Grace Siu, Marina McFerran Priest, Janel Marie Kostol

Pray for Our Sick
Les Carscadden, Eugene & Elaine Dias, Marilyn Russo, Steve Vargas

Birthday Blessings
Cathy Belardo, Marcia Deepti

Sunday, December 1 | First Sunday of Advent
Is 2:1-5; Ps 122:1-9; Rom 13:11-14; Mt 24:37-44
5:00 pm (Saturday Vigil) Gina Lopez †, Maria S. Brasil †, Caroline & Sonia Tchakedjian †
7:15 am Eric Victor Martinez, Jan Magdalik †, Maria Vencelova †
9:00 am Frand & Emma Marra †, Anthony Joseph Nicholas †, Ruby & Justin Jatiram
10:45 am Jose Bautista †, Tony Cimino Family †
12:30 pm For the People of Holy Spirit Parish
5:00 pm Stephen Sugay, Maria S. Brasil †, Maria Lomota

Monday, December 2 | Monday of the First Week of Advent
Is 4:2-6; Ps 122:1-9; Mt 8:5-11
7:00 am Kyle Aticus Isidore Barnes, Benjamin Gabel †
8:15 am Paulina Castaneda †, Jason L. Valerio †

Tuesday, December 3 | Memorial of Saint Francis Xavier, Priest
Is 11:1-10; Ps 72:1-2, 7-8, 12-13, 17; Lk 10:21-24
7:00 am Kathleen Barrett, Carlos Gil †
8:15 am Johnny Vu, Norma & Joe Luksich

Wednesday, December 4 | Wednesday of the First Week of Advent
Is 25:6-10a; Ps 23:1-6; Mt 15:29-37
7:00 am Benjamin Gabel †, Fr. Mathew Vellankal †
8:15 am Julio J. Bruno †, Angelina Paras †
6:30 pm Alicia Ong †, David Bettencourt †

Thursday, December 5 | Thursday of the First Week of Advent
Is 26:1-6; Ps 118:1, 8-9, 19-21, 25-27a; Mt 7:21, 24-27
7:00 am Hector Antonio Hernandez-Ibarra †, Xavier Baeza †
8:15 am Xavier Baeza †, Lena Rinetti †

Friday, December 6 | Friday of the First Week of Advent
Is 29:17-24; Ps 27:1, 4, 13-14; Mt 9:27-31
7:00 am Ricardo P. Hizon †, Joseph Hop Do †
8:15 am Ferdie Soriano, Leticia Felarca †
11:00 am Irene Drobick †, Merita Rey †
7:30 pm Tessie Sugay, Fr. Mat Vallankal †

Saturday, December 7 | Memorial of Saint Ambrose, Bishop and Doctor of the Church
Is 30:19-21, 23-26; Ps 147:1-6; Mt 9:35 — 10:1
7:00 am Gregorio Tafoya †, Bayani Family
8:15 am Mercy Maganito, Marina Mellows †
12:00 pm Carmelita Tan, Cacacho Family

Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

holyspiritfremont.org  12/1/19
What’s Happening at Holy Spirit?

Shepherds Field Olive Wood Hand Crafts

This weekend, a group from the Holy Land is selling religious articles Nov. 30-Dec. 1 to help Catholic Christian minorities facing financial hardship. Sales will help support families struggling to preserve the Catholic identity in Bethlehem and Jerusalem.

Filipino Society $5 Meal Deal

December 1 | Peace Center

The Filipino Society is hosting their $5 Meal Deal after all the morning and 12:30 pm Masses. Get a great meal for a great deal! “Grab-n-go” service is available after the 9:00 and 10:45 am Masses. Proceeds will help fund the baptismal font project. Thank you for your support!

2019 Advent Retreat with Dcn. Tim Roberto

As we prepare our hearts for the coming of the Lord, join us for this year’s Advent Retreat:

Come, Let Us Adore
Come, Let Us Rest in Him

This year’s presenter is Dcn. Tim Roberto. On Monday, December 2nd and Tuesday, December 3rd, the mission will be at 9:00 am and again at 7:00 pm.

Christmas Baby Needed

Christmas is fast approaching! It is our parish tradition to have an infant child represent the Christ Child and carried in by the presider during the procession at the Christmas Eve Masses. If you have a child who is between a month and 13 months old on Christmas Day, and your family would like to be part of the Mass procession, please contact Dcn. Chuck at 510-789-8652. We currently need one child for the Midnight Mass. This is a wonderful tradition that lends great meaning to our Christmas Eve celebration.

GivingTuesday: December 3, 2019

GivingTuesday was created in 2012 as a simple idea: a day that encourages people to do good. The Tuesday after Thanksgiving has since become a day dedicated to celebrating generosity, inspiring people to give. Visit our parish website for more information.
Greetings,

We the people of Holy Spirit begin our Advent by joyfully and gratefully proclaiming: “God has already sent his beloved Son Jesus in the flesh, fully human as each one of us. Jesus has fully experienced our way of living and is united to every one of us. His love and identification to each one is such that by his Death and Resurrection, Jesus has redeemed and saved every one of us. Jesus walks now with each of us.”

With this declaration ringing in our ears, warming our hearts and enlightening our Faith, we start our Advent Season here and now. So, with the Prophet Isaiah, we also begin our reception for the Second coming of Jesus. Like Isaiah we will see the “mountain of the Lord’s house established on the highest mountain and raised above the hills.” And so we gather in the House of the Lord so that He may instruct us in His Ways and walk in his paths. The Apostle Paul is here to help us this day, “Now is the hour for us to awake from sleep, and put on the armor of Light.”

My dear people, we are no longer living in darkness even if often our lives are full of problems. The truth is, Jesus has already redeemed us all; we can rejoice in spite of all our present and passing problems.

In our Gospel today, we find Jesus trying to wake us from our indifference. Jesus uses the story of Noah, who tried to warn the people of the coming danger but paid him little attention. In the days before the Flood, they were eating and drinking, marrying and giving in marriage, up to the day that Noah entered the Ark. “So too, you also must be prepared, for at an hour you do not expect, the Son of Man will come.”

My dear brothers and sisters, we are not preparing for a disaster; rather, we are getting ready for when Jesus will come in Glory. Then we shall see God face-to-face, we shall become like him. He will wipe away every tear from our eyes. Have a Faith-filled Advent!

FORMED Pick of the Week: Prepare The Way with Bob Rice

It's been said that Christmas is merely a pagan day that was Christianized by the early Church—and now the pagans want it back. Yet the holiday we call Christmas (and the season of Advent that precedes it) is marked by wonder, holiness, and beauty, which go beyond mere sentimentality. Preparing "the way of the Lord," as begun by John the Baptist, continues for us now, signaling the beginning of the Church year—and the next chapter in your teen's journey as a disciple.

Here’s the Sitch...

⇒ Stained-glass project: Side and large windows will be installed in 2 phases beginning this week. There is still opportunity to be a part of the legacy for Holy Spirit Parish. Please feel free to inquire further! Also, one of the large upper side entrances with “The Holy Spirit” will be dedicated to our beloved Fr. Mathew Vellankal. More information regarding sponsorship to come.

Blessings,
Fr. Ken
KidZone is Hiring!

KidZone is hiring for our pre-school Sunday program. Applicants must be 18+ years old, experience preferred but not required. Work hours are 1-2 Sundays per month, 10:30 am to 1:30 pm. Contact Fran at 510.456.4974 for info.

Lectors Needed

We need Lectors for the 12:30 pm Sunday Mass. Please contact Carolyn Suchoski 510.552.3182 or Vince Suchoski 510.366.0210.

Lector Workbooks

Attention, Lectors! Please pick up your copy of the 2020 Workbook from the Parish Office. The new Liturgical Cycle (A) begins this month.

Adoration Chapel Adorers Needed

_Spend one hour with the Lord._ Our Adoration Chapel is open 6:00 am to 9:00 pm everyday. All are welcome to sit, to reflect, and to pray with Jesus. We need Adorers to be with our Lord on a regular basis, especially on Fridays, Saturdays, and Sundays. To sign up for a weekly commitment, please visit the Parish Office.

Join Children’s Liturgy of the Word

Do you feel called to teach the littlest among us? Then perhaps Children’s Liturgy of the Word is just what you are looking for. If you are interested in helping at the 9:00 am or 10:45 am Mass, please contact Alanna Carbis at alannab@gmail.com. _Be part of this joyful ministry!_

Simbang Gabi

It’s time to prepare for Simbang Gabi, a Filipino tradition of novena Masses on December 16-24, 2019, at 5:30 am. Volunteers are needed for the following...

Mass sponsors: contact Irma Saturnino/408.206.1212 or Jennie Visitacion/650.219.6417
Music: contact Nitz Agbayani/510.676.3912
Breakfast: contact Nancy Flores/510.514.9693 or Pat Saturnio/510.468.7321
Souvenir Booklet: contact Bella Asis/510.791.6121
Liturgy: Sylvia Aljentera/510.507.2135 or Femy Fonacier/408.307.0359
Sign-up sheet for Eucharistic Ministers and Lectors is in the All Saints side vestibule.
News and Events

Virgen de Los Remedios

2019

St. Vincent de Paul Food Pantry

Headling to the store this week? Consider picking up a few items for our SVdP food pantry:

⇒ Pork & Beans
⇒ Tomato Sauce
⇒ Canned Soup

Please drop off non-perishable food donations at the rectory office. Thanks for your support!

Please note: All food donated must be in factory sealed packages/containers.

Share Christmas

The Share Christmas Program has begun!

PLEASE put your gifts in a gift bag with the self-adhesive tag attached to it. If you wrap the gifts we will have to unwrap them to check the gift inside. Unfortunately, in past years we had several people receive the wrong gifts. Gift bags allow us to check gifts more easily and avoid that issue.

Please bring your gifts to the church BEFORE Sunday, December 15. On Sundays, please put them under the trees inside the church. During the week please drop them off in the Parish Office.

Thank you for your cooperation and your participation in this program.

Saturday Night with Jesus

Come join us for our annual Mass—“Saturday Night with Jesus”—on December 14, 2019 at 7:30 pm.

The Filipino Society Thanks You!

We wish to thank all of our event leaders, sponsors, benefactors, volunteers, golfers for our first annual golf tournament, San Lorenzo Ruiz Novena/Fiesta, Casino trips, spiritual journey, and other events during 2019. Thank you for supporting our parish fundraising mission.

Giving Corner

Special Collections coming up:

Retirement Fund for Religious | December 8

Our pledged weekly amount (excluding special collections): $31,963
Top Ten Things to Promote Vocations

For all Catholics:
1. Pray for an increase in vocations to the priesthood and consecrated life. Jesus says in Matthew 9:38 “to beg the master of the harvest to send laborers into the vineyard.” If we want more priests, sisters and brothers, we all need to ask.
2. Teach young people how to pray. Pope Benedict XVI said that unless we teach our youth how to pray, they will never hear God calling them into a deeper relationship with Him and into the discipleship of the Church.
3. Invite active young adults and teens to consider a vocation to the priesthood or consecrated life. A simple, sincere comment should not be underestimated.
4. Make it attractive. Show the priesthood for what it truly is – a call to be a spiritual father to the whole family of faith. Similarly, the consecrated life for a young woman is a call to be united to Christ in a unique way, and to be a spiritual mother to those she encounters in her life and service. The challenge for priests and religious is to be joyful models of their vocations.
5. Preach it, brother! Vocations must be talked about regularly if a “vocation culture” is to take root in parishes and homes. This means, first and foremost, the people need to hear about vocations from priests through homilies, prayers of the faithful, and discussions in the classroom.

For those considering a vocation:
6. Practice the faith. We all need to be reminded that the whole point of our lives is to grow in a deep, intimate and loving relationship with God. This is the first step for any young person desiring to discern any call in life.
7. Enter into the Silence. Silence is key to sanity and wholeness. We can only “hear” the voice of God if we are quiet. Young people should try to spend 15 minutes of quiet prayer each day – this is where you can begin to receive clear direction in your lives.
8. Be a good disciple. Some bishops say, “We do not have a vocation crisis; we have a discipleship crisis.” Young people can become true followers of Jesus Christ by serving those around them.
9. Ask God. Ask God what He wants for your life and know He only wants what is good for you. If, in fact, you are called to the priesthood or consecrated life, it will be the path to great joy and contentment.
10. In the immortal words of a famous sneaker manufacturer: “Just do it!” If you feel that God is inviting you to “try it out,” apply to the seminary or religious order. Remember, the seminary or convent is a place of discernment.

Please pray for our 2019-2020 Seminarians

www.usccb.org