October
Life and Dignity of the Human Person Month

"Even in the midst of difficulties and uncertainties, every person sincerely open to truth and goodness can, by the light of reason and the hidden action of grace, come to recognize in the natural law written in the heart (cf. Rom 2:14-15) the sacred value of human life from its very beginning until its end, and can affirm the right of every human being to have this primary good respected to the highest degree."

~Pope John Paul II, Evangelium Vitae

Mass Schedule

<table>
<thead>
<tr>
<th>Weekend</th>
<th>Weekday</th>
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<tbody>
<tr>
<td>5:00 pm (Saturday Vigil)</td>
<td>Mon. - Fri.: 7:00 &amp; 8:15 am</td>
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<tr>
<td>7:15 am</td>
<td>9:00 am</td>
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<tr>
<td>10:45 am</td>
<td>12:30 pm</td>
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<tr>
<td>5:00 pm</td>
<td>Saturday: 7:00 &amp; 8:15 am</td>
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Our Vision:
Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession
Saturday: 3:30 pm
Thursday before 1st Friday: 3:30 pm
Weekdays: Call for an appointment.

Eucharistic Adoration
Perpetual Adoration is ongoing in the Adoration Chapel located in Governo House. Open 6 am to 9 pm.

Anointing of the Sick
First Saturday (except January) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: December 7

Sacraments
For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510.797.1660 or holyspiritfremont.org.

First Friday Mass
Next Mass: December 6

New to Holy Spirit?
Welcome! To register, please visit the Rectory Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?
To learn about the Catholic faith, please call 510.456.4975

<table>
<thead>
<tr>
<th>Sunday, October 27</th>
<th>Thirtieth Sunday in Ordinary Time</th>
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<tbody>
<tr>
<td>Sir 35:12-14, 16-18; Ps 34:2-3, 17-19, 23; 2 Tm 4:6-8, 16-18; Lk 18:9-14</td>
<td></td>
</tr>
<tr>
<td>5:00 pm (Saturday Vigil)</td>
<td>Sebastian &amp; Concetta Manzitto †, Margaret Cunningham, Pearl Maxim Carvalho †</td>
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<tr>
<td>7:15 am</td>
<td>Salud Martinez †, Gerry Goodman, Clelie Wilkerson †</td>
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<tr>
<td>9:00 am</td>
<td>Amanda &amp; Patrick Lingle, Reinhold Emrich †, Ememorita Gonzales †</td>
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<tr>
<td>10:45 am</td>
<td>Lourdes Agleham †, Manuel Sanchez Alvarez †, Olga Rodriguez †</td>
</tr>
<tr>
<td>12:30 pm</td>
<td>Tessie Seli †, Teodora &amp; Numeriano Jacoban †, Margarito Yap †</td>
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<tr>
<td>5:00 pm</td>
<td>For the People of Holy Spirit Parish</td>
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<tr>
<th>Monday, October 28</th>
<th>Feast of Saints Simon and Jude, Apostles</th>
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<tbody>
<tr>
<td>Eph 2:19-22; Ps 19:2-5; Lk 6:12-16</td>
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<tr>
<td>7:00 am</td>
<td>Carola Giles †, Nathalie Grace Ciudadano Langreo †</td>
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<tr>
<td>8:15 am</td>
<td>Teresa Thomas †, Francesca Rooney</td>
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<tr>
<th>Tuesday, October 29</th>
<th>Tuesday of the Thirtieth Week in Ordinary Time</th>
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<tbody>
<tr>
<td>Rom 8:18-25; Ps 126:1b-6; Lk 13:18-21</td>
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<tr>
<td>7:00 am</td>
<td>Suniga Family, Cherry Escolastico</td>
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<tr>
<td>8:15 am</td>
<td>Jessica Herpick, Christine Vu †</td>
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<tr>
<th>Wednesday, October 30</th>
<th>Wednesday of the Thirtieth Week in Ordinary Time</th>
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<tbody>
<tr>
<td>Rom 8:26-30; Ps 13:4-6; Lk 13:22-30</td>
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</tr>
<tr>
<td>7:00 am</td>
<td>Wilfredo E. Faustino Jr., Lolita Punzalan †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Dana Acoba, Pimentel, Lio, &amp; Linda</td>
</tr>
<tr>
<td>6:30 pm</td>
<td>Victor Jose Da Silva, Domingo &amp; Linda Agbuya</td>
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<tr>
<th>Thursday, October 31</th>
<th>Thursday of the Thirtieth Week in Ordinary Time</th>
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<tbody>
<tr>
<td>Rom 8:31b-39; Ps 109:21-22, 26-27, 30-31; Lk 13:31-35</td>
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</tr>
<tr>
<td>7:00 am</td>
<td>Lucila Concepcion †, Alberto Espirito †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Sol Ordonez †, Julius Acoba †</td>
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<tr>
<th>Friday, November 1</th>
<th>Solemnity of All Saints</th>
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<tr>
<td>Rv 7:2-4, 9-14; Ps 24:1-6; 1 Jn 3:1-3; Mt 5:1-12a</td>
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<tr>
<td>7:00 am</td>
<td>Rodolfo Mariano †, Alejandro Javier †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Rhoderick Rivera †, Pilar Torres †</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Victor Franco †, Luke &amp; Maria Nguyen †, Langston Bakke</td>
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<tr>
<td>7:30 pm</td>
<td>Victor Franco, Tito Mendoza †</td>
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<tr>
<th>Saturday, November 2</th>
<th>The Commemoration of All the Faithful Departed (All Souls)</th>
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<tr>
<td>Wis 3:1-9; Ps 23:1-6; Rom 5:5-11 or 6:3-9; Jn 6:37-40, or any readings from no. 668 or from the Masses for the Dead, nos. 1011-1016</td>
<td></td>
</tr>
<tr>
<td>7:00 am</td>
<td>Anne Murray †, Pilar D. Bruno &amp; Julio J. Bruno †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Joseph V. Shaqday †, Miller &amp; Orias Family †</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Hermie Dimasano †, Joselito S. Cabral †</td>
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Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: 510.797.1660

Pray for Our Sick
Les Carsacadden, Eugene & Elaine Dias, Barbara Rogers, Gloria Pianetta, Filomena Avila, Ann Curameng, Joe Lukshich

Pray for Our Recently Departed
Mary Freitas, Anthony Guzman, Albert Caspillo, Maria P. Medina
What’s Happening at Holy Spirit?

**Rosary for the Respect & Dignity of the Human Person**

During the entire month of October, join us in praying the rosary after each Sunday Mass to commemorate Respect Life Month.

**Oktoberfest 2019**

Join us this Sunday, October 27, 9:00 am to 2:00 pm for Oktoberfest 2019. Hosted by the Dept. of Faith Formation. *Come for food, fun, and fellowship!*

**November Memorial Altar**

During November, we will have a memorial altar with photographs of our faithful departed. Bring framed 4” x 6” (or smaller) pictures of your departed loved ones to the parish office. Include your name and phone number on the back of the frame so we can return the photo to you at the end of the month. If your loved one was in the military, please let us know as they will be honored in a designated space.

**All Saints Day—November 1, 2019**

All Saints Day is a holy day of obligation. The schedule of Masses on Friday, November 1st is as follows:

- **7:00 am; 8:15 am; 11:00 am (school Mass); and 7:30 pm**

**Virgen de Los Remedios—Patroness of Pampanga**

Join us for Mass in celebration of the 63rd Canonical Coronation Anniversary of the Virgen de Los Remedios on Sunday, November 10, 2019 at 2:00 pm. For information, please contact Alex Paras at a1errparas68@yahoo.com or 510.509.0585. Visit us Facebook at http://facebook.com/VirgenDeLosRemediosInNorCal

**Table of Plenty**

Table of Plenty continues to serve a healthy meal to 75-100 guests every Saturday morning in the Peace Center. As the weather gets cooler, we would like to provide our guests with some warm socks. Please bring donations of new socks to the Parish Office, labeled for Table of Plenty. *God bless you for your generosity!*

AmazonSmile

Do you have an Amazon account? Shop through AmazonSmile and support Holy Spirit Parish.
Here’s the Sitch...

My Dear Parishioners,

⇒ The work on the Baptismal Font is running behind schedule. It was deemed necessary to do extra testing on the finished materials to ensure that they meet a level of slip resistance as this will be a wet area. Safety is the highest priority. The new estimated date of completion is the end of January.

⇒ We had a major leak in our main water supply and had to do emergency repairs to fix the issue.

⇒ “We are celebrating National Vocations Awareness week starting November 3rd. Please join us in St. Francis Plaza for free hot cocoa and popcorn. There will be activity tables for kids and resources about vocations will be available. Seminarians from St. Patrick’s Seminary & University will be joining us at the 5:00 pm Mass on November 9th.

Blessings,
Fr. Ken

God sees what is in us.

If we try our best to live decently as good Christians who serve God well, would we still deserve a scolding from God? The message of today says – Yes! What is really our attitude before God? Do we think God should be grateful to us for all the things we have done for Him? Do we look down on others who fail, who are weak, or who make wrong choices? Are we aware that they also do good things? God sees what is good in them and He loves them for it.

We pray that Jesus may give us an attitude of honesty with ourselves, with God, and with people. God hears the prayer of the humble who are aware of how poor they are before God. And God rejects the prayer of the self-righteous person but listens to that of the sinner who is aware of his inner poverty.

Prayer

Kind and merciful Father,
we stand before you empty-handed and we feel small and frail before you.
Forgive us for the times we boast of the good that you gave us the grace to do.
Fill our poverty with your gifts, keep us from looking down on any of our brothers and sisters, and give us grateful hearts for all that we have received from you.
We ask this through Jesus Christ our Lord.
Amen.

Peace and Blessings,
Fr. Ken

FORMED Pick of the Week: Deep Conversion/Deep Prayer

Fr. Thomas Dubay is one of the most popular and respected retreat masters and spiritual directors in the USA. He is the author of the perennial best-selling book on prayer and contemplation, Fire Within. In this book, he responds to the call to priests by Popes John Paul II and Benedict XVI to help believers and all those interested in spirituality to develop a deeper prayer life and union with God.
We’re Open!
Parish Office
Mon.-Sun.
9:00 am-5:00 pm
Faith Formation/de Sousa House Office
Tues.-Fri.
8:30 am-4:30 pm
Gift Shop
Sat. 6:00-7:00 pm
Sun. 8:00 am-2:30 pm
Parish Library
Sun.
9:00 am-12:30 pm

Kidzone
9 am, 10:45 am, & 12:30 pm Masses
We offer free care for your preschooler every Sunday.
We are located downstairs beneath the church. Please stop by and visit us! More info call Fran at 510.456.4974

Clergy
Fr. Kenneth L. Sales, Pastor
510.456.4964
Fr. Lee Chompoochan, Parochial Vicar
510.797.1660
Fr. John Carillo, Parochial Vicar
510.456.4965
Dcn. Rigo Cabezas, Dir. of Rel. Ed.
510.456.4975
Dcn. Chuck Glover, Pastoral Care
510.789.8652
Dcn. Steve Lewellyn, RCIA
510.797.1660
Dcn. Tim Roberto, RCIA
510.598.7408
Dcn. Emeritus Richard Yee, Retired

Departments
Business/Maintenance:
Jeff Van der Sluis
510.456.4970
Facilities Scheduling:
Rosalyn Jose
510.456.4995
Faith Formation and Youth Ministry Office:
510.456.4974
Music:
Paul Orella
510.673.3873
Safe Environment:
Keiru Bakke
510.456.4972
St. Vincent de Paul:
510.797.3672

What’s Happening at Holy Spirit?

Parish & School Shoe Drive through November 30th

Did you know that 70 percent of the global population uses repurposed shoes and clothing?
Donations of gently worn and/or new shoes will be sent to developing nations to help people start small businesses. This program helps families create a path out of poverty in countries where there are limited job opportunities that pay a living wage. If you are able to collect 25 pairs of shoes from friends and family, please stop by the parish office and pick up a bag.

Veterans’ Mass
November 10, 2019, 9:00 am
Veterans are being honored for your service. Wear your military uniform and/or attire, and bring photos. Coffee/donut reception to follow. Organized by the Knights of Columbus.

Lectors Needed
We need Lectors for the 10:45 am and 12:30 pm Sunday Masses. Contact Carolyn Suchoski 510.552.3182 or Vince Suchoski 510.366.0210.

Filipino Society Casino Trip
The Filipino Society is hosting another fundraising casino trip—to Jackson Rancheria on November 23, 2019. Tickets are $40 each, with a $20 return. We’ll leave Holy Spirit at 7:30am sharp for a day of fun and jackpots! For tickets or info, contact Maryanne Gacusan at 510.289.0382 or Mung Bernardo 510.710.8007

Parish Library
Sun 9:00 am-12:30 pm
Governor House near the Adoration Chapel
Who is your favorite Saint?
Our parish library has a variety of books on saints like St. Joseph, St. Francis of Assisi, St. Padre Pio, St. Edith Stein, Pope St. John XXIII, to name a few.
We also have books on the wisdom of saints. As St. Teresa of Avila said, “Whoever risks all for God will find they have both lost all and gained all.”
Read about how saints struggled with their humanness and spirituality. Be inspired by their witness and good examples on how to live.

Come browse and explore!
**News and Events**

**Filipino Society Thanks You!**

The Holy Spirit Filipino Society would like to thank the sponsors, golfers, and volunteers of our inaugural Golf Tournament. Your generosity and participation helped make our event a successful one, with proceeds benefiting the stained glass window project. We look forward to seeing everyone at next year’s tournament.

**St. Vincent de Paul Food Pantry**

Heading to the store this week? Consider picking up a few items for our SVdP food pantry:

- Canned Soup
- Jelly / Jam
- Peanut Butter

Please drop off non-perishable food donations at the rectory office. Thanks for your support!

**Please note:** All food donated must be in factory sealed packages/containers.

**Online Giving**

An easy way to manage your church giving is with Online Giving. Register through our parish website—holyspiritfremont.org. You can also manage your giving or give a one-time gift right from your phone. Search the App Stores for Online Giving or go to OLGapp.com and register with our parish.

**Thank You!**

Thank you very much to everyone who participated, donated, volunteered, and helped in one way or another to ensure the success of our International Rosary and Fatima Devotion.

*May our Blessed Mother intercede for us all.*

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**We welcome our newly baptized!**

*Amelia, Janet, Cody, Jace, Zoë*

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**St. Joseph the Worker**

**Sister Parish Dispatch**

*St. Joseph the Worker Logo*

**An Explanation**

**St. Joseph the Worker:** The patron saint of our sister parish.

**Cross and Bible:** They represent the Faith of the Ndungu people based on the Word of God and in Jesus Christ who died on the Cross.

**Shield and Drum:** These represent the culture of the people of Ndungu. The shield is for protection and the drum represents the traditional music.

**Hammer:** A working tool of St. Joseph.

**Green Puddy Plantations:** The economic activity of the Ndungu people.

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**Special Collections coming up:**

*Holy Spirit Youth Ministry | November 3*

**From our Youngest Stewards**

I helped someone, I prayed, I studied my lessons:

*Abbey, Celestina, Ellie, Langston*
Assisted Suicide

To live in a manner worthy of our human dignity, and to spend our final days on this earth in peace and comfort, surrounded by loved ones—that is the hope of each of us. In particular, Christians see these final days as a time to prepare for our eternal destiny.

Today, many people fear the dying process and there is a campaign to respond to these fears in a radically different way. It uses terms like “death with dignity” to describe a self-inflicted death, generally using a drug overdose prescribed by a doctor for the purpose of suicide.

Catholic teaching views suicide as a grave offense against love of self, one that also breaks the bonds of love and solidarity with family, friends, and God (Catechism of the Catholic Church [CCC], no. 2281). It even violates the Hippocratic Oath that has guided physicians: “I will not give a lethal drug to anyone if I am asked, nor will I advise such a plan.”

Catholics should be leaders in the effort to defend and uphold the principle that each of us has a right to “live with dignity” through every day of our lives. To assist another’s suicide is to take part in “an injustice which can never be excused, even if it is requested” (John Paul II, Evangelium Vitae, no. 66).

Euthanasia

Current efforts to legalize euthanasia have received growing public attention, due to highly publicized instances in which family members or physicians killed terminally ill persons or helped them kill themselves. We call on Catholics, and on all persons of good will, to reject proposals to legalize euthanasia.

As Catholic leaders and moral teachers, we believe that life is the most basic gift of a loving God—a gift over which we have stewardship but not absolute dominion. We are dealing here with "a violation of the divine law, an offense against the dignity of the human person, a crime against life, and an attack on humanity" (Declaration on Euthanasia, 1980).

We urge health care professionals, legislators, and all involved in this debate, to seek solutions to the problems of terminally ill patients and their families that respect the inherent worth of all human beings, especially those most in need of our love and assistance.

We urge families to discuss issues surrounding the care of terminally ill loved ones in light of sound moral principles and the demands of human dignity, so that patients need not feel helpless or abandoned in the face of complex decisions about their future. (USCCB Respect Life Program, 2019)

Let us pray... For all doctors, nurses and medical personnel, that God might change their hearts and give them the conviction of the Gospel of Life.