July 11 • Memorial of Saint Benedict of Nursia, Abbot

Help me, great St. Benedict, to live and die as a faithful child of God, to run in the sweetness of His loving will and to attain the eternal happiness of Heaven. Amen.
**Our Vision:**
Be a flourishing community of intentional disciples shining as beacons of Christ.

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**Confession**
Saturday: 3:30 pm
Thursday before 1st Friday: 3:30 pm
Weekdays: Call for an appointment.

**Eucharistic Adoration**
Perpetual Adoration is ongoing in the Adoration Chapel located in Governo House. Open 6 am to 9 pm.

**Anointing of the Sick**
First Saturday (except January) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: August 3.

**Sacraments**
For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510-797-1660 or holyspiritfremont.org.

**First Friday Mass**
Next Mass: August 2, 7:30 pm

**New to Holy Spirit?**
Welcome! To register, please visit the Rectory Office or go online at holyspiritfremont.org/join-our-community.

**Interested in Catholicism?**
To learn about the Catholic faith, please call 510-456-4975

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### Sunday, July 7 | Fourteenth Sunday in Ordinary Time

<table>
<thead>
<tr>
<th>Time</th>
<th>Prayer Requests</th>
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</thead>
<tbody>
<tr>
<td>5:00 pm</td>
<td>Sebastian &amp; Concetta Manzitto †, Feliciano Mislango †, Tam Vu †</td>
</tr>
<tr>
<td>7:15 am</td>
<td>For the People of Holy Spirit Parish</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Maria Fatima &amp; Valdemar Monteiro †, Officer Michael Krol &amp; Officer Patrick Zamarripa †, Officer Michael J. Smith, DPD †</td>
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<tr>
<td>10:45 am</td>
<td>Officer Lorne Ahrens, Dallas PD †, DART Officer Brent Thompson †, Rae Martinez</td>
</tr>
<tr>
<td>12:30 pm</td>
<td>Juli Ann Cordero †, Domingo Fernandes †, Michael Allan Felch Jr. †</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Lawrence Lucero †, Gentibano Family, Garcia Family</td>
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### Monday, July 8 | Monday of the Fourteenth Week in Ordinary Time
Gn 28:10-22a; Ps 91:1-4, 14-15ab; Mt 9:18-26

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<tr>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Julie Cruz †, Madeline Aguilar Bumagat</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Gary King †, Larry &amp; Maria Paragas</td>
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### Tuesday, July 9 | Tuesday of the Fourteenth Week in Ordinary Time
Gn 32:23-33; Ps 17:1b, 2-3, 6-7ab, 8b, 15; Mt 9:32-38

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Kyle Aticus Isidus Barnes</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Irene Drobick †</td>
</tr>
</tbody>
</table>

### Wednesday, July 10 | Wednesday of the Fourteenth Week in Ordinary Time
Gn 41:55-57; 42:5-7a, 17-24a; Ps 33:2-3, 10-11, 18-19; Mt 10:1-7

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<tr>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Jose Noe Tafoga Ortiz, Benjamin T. Carreon †</td>
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<tr>
<td>8:15 am</td>
<td>Fr. Joseph Homick, Valentin Morales †</td>
</tr>
<tr>
<td>6:30 pm</td>
<td>Jovita &amp; Armando Amable, David Bettencourt †</td>
</tr>
</tbody>
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### Thursday, July 11 | Memorial of Saint Benedict, Abbot
Gn 44:18-21, 23b-29; 45:1-5; Ps 105:16-21; Mt 10:7-15

<table>
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<tr>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Pia Cumagun</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Mike &amp; Annie Kennedy †</td>
</tr>
</tbody>
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### Friday, July 12 | Friday of the Fourteenth Week in Ordinary Time
Gn 46:1-7, 28-30; Ps 37:3-4, 18-19, 27-28, 39-40; Mt 10:16-23

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<tr>
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</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Anthony Uong †, Joseph Cabral †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Anna &amp; Michael Orias, Arthur Paial †</td>
</tr>
</tbody>
</table>

### Saturday, July 13 | Saturday of the Fourteenth Week in Ordinary Time
Gn 49:29-32; 50:15-26a; Ps 105:1-4, 6-7; Mt 10:24-33

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<tr>
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</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Napoleon &amp; Cresencia Ancheta †, Joe Periera †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Julian Marc Saenz, Nico Orias</td>
</tr>
</tbody>
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Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: (510) 797-1660.

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**Pray for Our Recently Departed**
Judith Dumlao
Hector Antonio Hernandez-Ibarra

**Pray for Our Sick**
Walter Szo, Charles Chang, Leo & Tita Cruz, Hector A. Hernandez, Sr., Lucy Verducci, Janet Leon, Ben & Molly Gabel, Marina McFerran

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.
Dear Friends,

I am excited to begin as your new associate pastor here at Holy Spirit parish, my new home and my new family. I am thrilled about the new opportunities, challenges and friendships I will have with you. Although I was saddened about leaving my first parish in Alameda, I am happy to be here because I know, deep in my heart, that this is God’s will.

Just as in the Sunday gospel, I feel like one of the seventy-two disciples who were called by our Lord to give their lives in charity and become missionaries and proclaimers of the Kingdom of God without fear. These, I believe, are the same “marching orders” that I share with the many people in the parish.

You and your loved ones will always be in my prayers. May the grace bestowed upon us by God through the power of Holy Spirit lead us forward in our mission and our journey of faith.

In Christ,
Father John

Peter’s Pence Collection | July 7  
*Be a Witness of Charity*

Today is the Peter’s Pence Collection, a worldwide collection that supports the charitable works of Pope Francis. Funds from this collection help victims of war, oppression, and natural disasters. Take this opportunity to join with Pope Francis and be a witness of charity to our suffering brothers and sisters. Please be generous today. For more information, visit [www.usccb.org/peters-pence](http://www.usccb.org/peters-pence).

Our Lady of Fatima

As we continue to honor Our Lady of Fatima, please join us for the 5:00 pm Mass on Saturday, July 13. Mass will be followed by the Exposition of the Blessed Sacrament and Rosary.

New Stained-glass Windows  
*A Once-in-a-Lifetime Opportunity*

We are looking for sponsors to fund our latest beautification project—the installation of stained-glass windows in the St. John side of the church. We are excited to extend the sponsorship opportunity to our parishioners. For more details, informational brochures are available in the church or in the Parish Office. *Be a part of the history of Holy Spirit Church!*
Disciples went out 2 X 2. Being in pairs gives support when things may not go as you think they should. Remember, Jesus warned them that they might not be welcomed in some places. In fact, he even told them he was sending them “like lambs among wolves.”

If any hardships befell them, they would have each other to lean on, to support, and to share the problems and the joy that might happen along the way. The comfort in being with someone else is more than just an abstract idea.

Duke University Medical Center commissioned a study that found people who lived a solitary life were more than twice as likely to die early than those in long-term committed relationships. While long-term committed relationships are usually pointed toward married couples, single people who have long-term close relationships with friends also benefit from living longer.

We are a community united in worship, that proclaim the word and celebrate the Eucharist. Whatever we do, let’s do it together, both in church and in our life outside of the church.

Formed Pick of the Week: *The Elements of the Mass*. Thirty-one short snippets explaining the Mass parts and their origins. You can watch them all in one sitting or return to them when you have some time to spare. Easy to understand and helpful in helping to make us full, active, and conscious participants in our Catholic Liturgy.

Go to holyspiritfremont.formed.org, or go to our homepage at holyspiritfremont.org and click the link to be taken to FORMED. Our pick of the week will be on the top of the Community page.

*The Elements of the Mass*

Elements of the Catholic Mass is designed to help the faithful better appreciate the beauty of the Mass. Featuring Fr. Douglas Martis, former director of the Liturgical Institute, Elements of the Catholic Mass is ideal for personal faith formation or group discussion.

*Here’s the Sitch...*

⇒ Construction of the Baptismal Font has begun. Because of all the noise, dust, and everything else that comes along with construction, daily 7:00 am and 8:15 am Masses (Mondays-Fridays) are being celebrated in the DeSousa Theater from July 1st through August 16th. *We thank you for your blessed patience and holy flexibility during this period.*

⇒ We are pleased to announce—because of your generosity—we have reached 132% of our Bishop’s Appeal goal! As of June 15th, we’ve raised over $131,000. *Keep up the great work, Holy Spirit!!!*

Blessings,

Fr. Ken
Kidzone

9 am, 10:45 am, & 12:30 pm Masses

We offer free care for your preschooler every Sunday.

We are located downstairs beneath the church. Please stop by and visit us! More info call Fran at (510) 456-4974.

Clergy

Fr. Kenneth L. Sales, Pastor
510-456-4964
Fr. Lee Chompoochan, Parochial Vicar
510-797-1660
Fr. Matthew Murray, Parochial Vicar
510-456-4965
Dcn. Rigo Cabezas, Dir. of Rel. Ed.
510-456-4975
Dcn. Chuck Glover, Pastoral Care
510-789-8652
Dcn. Steve Lewellyn, RCIA
510-797-1660
Dcn. Tim Roberto, RCIA
510-598-7408
Dcn. Emeritus Richard Yee, Retired

Departments

Business/Maintenance: Jeff Van der Sluis (510) 456-4970

Facilities Scheduling: Rosalyn Jose (510) 456-4995

Faith Formation and Youth Ministry Office: (510) 456-4974

Music: Paul Orella (510) 673-3873

Safe Environment: Keiru Bakke (510) 456-4972

St. Vincent de Paul: (510) 797-3672

What’s Happening at Holy Spirit?

Beautiful in God’s Eyes

The Holy Spirit Women’s Fellowship is hosting a women’s retreat on Saturday, July 27, 2019, 8:30 am to 3:30 pm, at the MSJ Dominican Sisters Motherhouse in Fremont. Women of all ages are welcome! Cost: $30/person, incl. lunch. For more info: BeautifulHSW@gmail.com | contact Rosalyn at 510.797.1660 | or go to https://holyspiritfremont.org/announcements/

Jackson Rancheria Casino Trip

The Filipino Society is hosting another fund-raising casino trip to Graton Resort & Casino on Saturday, July 27th. Tickets are $40 each, with a $20 return. We’ll leave Holy Spirit at 8am sharp for a day of fun and jackpots!

For tickets or info, contact: Maryanne Gacusan 510.289.0382 or Mung Bernardo 510.710.8007

Lost and Found

We have a few things in our Lost & Found bin that remain unclaimed, including a couple of valuable items: a tablet and a woman’s ring. To claim your lost item, please visit the Parish Office and provide a detailed description of the article.

Parish Library

Come visit our Holy Spirit Library located inside the Governo House. We lend out spiritual books and CDs and DVDs on a variety of topics such as the Catechism, the Bible, Marian apparitions, prayers, devotions, Church and parish history, spirituality, the saints, and much more.

Bereavement Support

Are you dealing with the death or illness of a loved one, a divorce, a job or other life-changing loss? Sharing your story with others in a confidential environment may speed healing and lighten the burden. Your story is unique, but pain is universal.

Our deanery-sponsored support group meets on Sundays, 2:30-3:30 pm, in the Fireside Lounge:

July 7 - Sharing Memories; July 14 - Ritual & Healing; and concluding on July 21 - Memorial Service.

For more information, please contact Helen Campbell, 510.795.7958.
News and Events

Adoration Chapel

*Spend one hour with the Lord.* Our Adoration Chapel is open 6:00 am to 9:00 pm everyday. All are welcome to sit, to reflect, and to pray with Jesus. We need Adorers to be with our Lord on a regular basis, especially on Saturdays and Sundays. To sign up for a weekly commitment, please visit the Parish Office.

Holy Spirit Preschool

Holy Spirit Preschool offers a partnership between home and school. We are dedicated to developing the whole child by providing quality, well-rounded Catholic education for the preschool-aged child focusing on spiritual, academic, social, emotional, and physical growth in a safe, caring environment. To schedule a tour, call (510) 793-2013. Space is limited.

KidZone

KidZone is hiring! Applicants must be 18+ yrs. and have experience working with preschool-age children. Work 1-2 Sundays each month, 8:30 am-2:00 pm. *If you love working with kids and have a lot of energy,* please contact Fran at 510.456.4974.

Camp Monte Stella

July 21-25, 2019

Camp Monte Stella is a leadership camp for girls entering Grades 5-9. Join us for a fun week of excellence in leadership, character and spiritual development. Activities will also include sports, drama, and arts & crafts. For information, send us an email - ask@campmontestella.com - or go to campmontestella.com

St. Vincent de Paul Food Pantry

Heading to the store this week? Consider picking up a few items for our SVdP food pantry:

⇒ Canned Green Beans
⇒ Macaroni & Cheese
⇒ Vienna Sausages

Please drop off non-perishable food donations at the rectory office. Thanks for your support!

*Please note: All food donated must be in factory sealed packages/containers.*

Vocations Cross Program

We invite parishioners to receive the Vocations Cross and commit themselves to pray daily for one week for the gift of more priests, deacons, sisters, and brothers to serve in our Oakland Diocese. Individuals, couples, and families are all encouraged to pray for the vocations of priesthood and religious life. If you and/or your family would like to participate in this prayer ministry, please enter your information in the Log Book which can be found by the stained-glass window in the St. John side of the church.

Ushers and Greeters

Holy Spirit needs Ushers and Greeters to assist during our Masses. If you would like to volunteer, please stop by the Parish Office and complete an application.

Special Collections coming up:

- HS Youth Ministry | August 4

Our pledged weekly amount (excluding special collections): $31,963
Fourteenth Sunday in Ordinary Time

First Reading – Is 66:10-14c

Thus says the LORD:
Rejoice with Jerusalem and be glad because of her,
all you who love her;
exult, exult with her,
all you who were mourning over her!
Oh, that you may suck fully
of the milk of her comfort,
that you may nurse with delight
at her abundant breasts!
For thus says the LORD:
Lo, I will spread prosperity over Jerusalem like a river,
and the wealth of the nations like an overflowing torrent.
As nurslings, you shall be carried in her arms,
and fondled in her lap;
as a mother comforts her child,
so will I comfort you;
in Jerusalem you shall find your comfort.
When you see this, your heart shall rejoice
and your bodies flourish like the grass;
the LORD's power shall be known to his servants.

Responsorial Psalm – Ps 66:1-3, 4-5, 6-7, 16, 20

R. (1) Let all the earth cry out to God with joy.

Shout joyfully to God, all the earth,
sing praise to the glory of his name;
proclaim his glorious praise.
Say to God, "How tremendous are your deeds!" R.

"Let all on earth worship and sing praise to you,
sing praise to your name!"
Come and see the works of God,
his tremendous deeds among the children of Adam. R.

He has changed the sea into dry land;
through the river they passed on foot;
therefore let us rejoice in him.
He rules by his might forever. R.

Hear now, all you who fear God, while I declare
what he has done for me.
Blessed be God who refused me not
my prayer or his kindness! R.

Second Reading – Gal 6:14-18

Brothers and sisters:
May I never boast except in the cross of our Lord Jesus Christ,
through which the world has been crucified to me,
and I to the world.
For neither does circumcision mean anything, nor does uncircumcision,
but only a new creation.
Peace and mercy be to all who follow this rule
and to the Israel of God.
From now on, let no one make troubles for me;
for I bear the marks of Jesus on my body.
The grace of our Lord Jesus Christ be with your spirit,
brothers and sisters. Amen.

Alleluia – Col 3:15a, 16a

R. Alleluia, alleluia.

Let the peace of Christ control your hearts;
let the word of Christ dwell in you richly. R.

Gospel – Lk 10:1-12, 17-20

At that time the Lord appointed seventy-two others
whom he sent ahead of him in pairs
to every town and place he intended to visit.
He said to them,
"The harvest is abundant but the laborers are few;
so ask the master of the harvest
to send out laborers for his harvest.
Go on your way;
held, I am sending you like lambs among wolves.
Carry no money bag, no sack, no sandals;
and greet no one along the way.
Into whatever house you enter, first say,
'Peace to this household.'
If a peaceful person lives there,
your peace will rest on him;
but if not, it will return to you.
Stay in the same house and eat and drink what is offered
to you,
for the laborer deserves his payment.
Do not move about from one house to another.
Whatever town you enter and they welcome you,
eat what is set before you,
cure the sick in it and say to them,
'The kingdom of God is at hand for you.'
Whatever town you enter and they do not receive you,
go out into the streets and say,